

  
pownal street press

# Íjè

An Immigrant's Voyage into Prince Edward Island Life



ELIZABETH IWUNWA

2023 Catalogue



*Fiona: Prince Edward Island  
Accounts from Canada's  
Biggest Storm*

ISBN: 9781778124594  
\$55 CAD | Hardback  
8.5" x 11.25" | 128 pages  
Pub Date: June 20, 2023

**On September 24th, post-tropical cyclone Fiona** made landfall as one of the most intense, powerful storms to ever hit the coastal shores of Prince Edward Island. Fiona left in her wake more than 95% of customers without power, in an unprecedented outage as Islanders struggled in the days and weeks that followed. This photographic & essay collection is a historical record of a weather event that will never be forgotten, and serves to capture the impact of climate change on Canada's smallest province.

*Royalties from the book's sales will be donated to the Island Nature Trust.*



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We are Pownal Street Press, PEI's newest boutique publishing house. Women-owned and women-led, Pownal Street Press publishes nonfiction and picture books. As co-founders, we have decades of experience with extensive backgrounds across editorial, book design, marketing and sales. With distribution by Raincoast Books, our titles have national reach, and local heart.

Do you have a story to tell? Your book could be next. We build our book; you build your legacy. For more information about our publishing mandate, the Press and its books, please visit: [www.pownalstreetpress.com](http://www.pownalstreetpress.com)

*Maureen & Jen*



## Going Steady: A Toolkit for Building Your Future Together

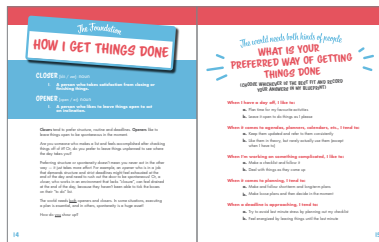
Written by Jacinta Gallant and Taylor Smiley

ISBN: 9781778124556

\$29.95 CAD | Paperback

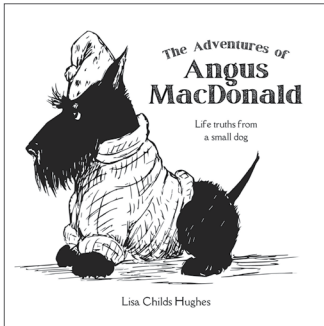
10" x 8" | 96 pages

Pub Date: September 19, 2023



**Whether in a new relationship** or continuing a longer romance, every couple can benefit from some new tools in their toolbox. This interactive workbook was created to help with the pressure of relationship “perfection” and to spark connection and conversations to help relationships thrive. *Going Steady* invites conversations, provokes deep belly laughs, and even some “aha!” moments to help couples build a healthy (and happy) future together. Filled with fun and meaningful exercises for couples to complete, *Going Steady* sets couples up for success.

Authors **Jacinta Gallant and Taylor Smiley** are innovative divorce lawyers at Waterstone Law Group in Charlottetown, Prince Edward Island, a law firm that specializes in helping clients resolve conflict out-of-court. They took what they learned from their work in divorce cases and created *Going Steady*, to help couples stay together — by creating touchstones around their values along the way.



## *The Adventures of Angus MacDonald*

Written by Lisa Childs Hughes

ISBN: 978738818242

\$29.95 CAD | Paperback/softback

7" x 7" | 64 pages

Pub Date: October 17, 2023



### ***Life truths from a small dog.***

Meet Angus MacDonald, the world's most witty and disgruntled Scottish Terrier. Angus takes center stage in this lovely little gift book by Lisa Child Hughes. For dog lovers everywhere, this little book illuminates what it feels like to be lost and to be found, through the moments of upset and peace that define the lives of our furry friends. Proceeds from this book will be donated to Sheba's Haven Dog Rescue, an organization in Kingston, Ontario which rescues palliative dogs with life-limiting illnesses so that they can live out their lives in a caring environment. Angus, for you babe, here's to just one more biscuit.

**Lisa Childs Hughes** is a passionate pet lover and animal advocate. *The Adventures of Angus MacDonald* is a composite of all the dogs she has had in her life; sweet, funny, smart, and with a tiny bit of attitude, and Angus was introduced to the world in the Toronto newspaper, *Urban Pets*. Lisa's passion for animals has kept her involved with dog rescue organizations: Lisa was on the Board of Directors with the Kingston Humane Society and now is a fierce supporter of Sheba's Haven Dog Rescue.



*Come on Home: A Caregiver's Memoir*

Written by Vicki Reddin-Gauthier

ISBN: 9781738818259

\$24.95 CAD | Paperback

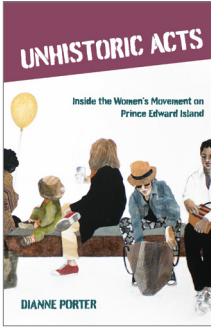
9" x 6" | 28 pages

Pub Date: November 14, 2023

**Through the eyes of a devoted wife,** *Come on Home* is a family story of marriage, illness, and pays special attention to the caregiver's journey. When author Vicki Reddin-Gauthier's husband Sonny is diagnosed with a rare form of brain cancer, she spends the next six years supporting her husband, while Sonny tries, over and over, to live.

The story of a man with a complex diagnosis, *Come on Home* documents the family's turmoil as they struggle to cope, how Sonny survived in the midst of losing himself, and how he came to accept his prognosis during his last days. A story of growth in spirit, this narrative weaves a tale of quiet courage and of beating the odds. *Come on Home* chronicles in its most tender moments — the disorientation of diagnosis and ultimately through to the healing power of love.

**Vicki Reddin-Gauthier** has a love of writing, and has worked in the fields of sustainable tourism and community development. In 2017, she published her first novel, *Emily's Letters*. She lives in Rustico, Prince Edward Island and has contributed to many health and parenting organizations over the years. She enjoys travel, music, and her three adult children.



## Unhistoric Acts: Inside the Women's Movement on Prince Edward Island

Written by Dianne Porter

ISBN: 9781778124570

\$34.95 CAD | Paperback with french flaps

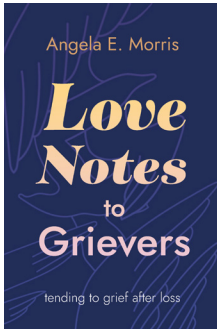
9" x 6" | 132 pages

Pub Date: June 6, 2023



**This title, *Unhistoric Acts*, is inspired by the work of unheralded women from George Elliot's famous novel, *Middlemarch*. This first-hand account by women's advocate Dianne Porter gives readers an inside perspective on the tireless efforts of building women's equality on Prince Edward Island. With profiles of front-liners in the fields of early childhood education, politics and social services, Porter honours the "unsung heroes" who collectively were able to transform the landscape, and shape the future for all women who came after.**

**Dianne Porter** was a founding member of the Canadian Child Care Federation and the first Executive Director of the P.E.I. Interministerial Women's Secretariat. Dianne is a member of the Order of P.E.I. Advisory Council, and has made it her life's work to improve the lives of women. Dianne has worked as a lecturer in gender studies at Carleton University, and in leadership roles at Red River Community College and Holland College.



*Love Notes to Grievors: Tending to Grief After Loss*

Written by Angela E. Morris

ISBN: 9781778124587

\$24.95 CAD | Paperback with french flaps

7.75" x 5.5" | 120 pages

Pub Date: June 13, 2023

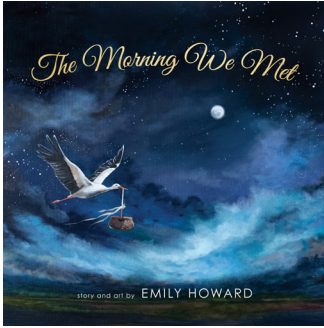
"In a society that encourages people to pretend, your grief is a rebellious act."

— *Angela E. Morris*

**Love Notes to Grievors** is a collection of poetic musings by Angela E. Morris, written following the death of her father, friend, and her beloved grandmother. She shares her passages with other grievors as love notes, which remind us to honour our love, and make space for our grief. In opposition to what Morris calls, "the dominant culture's influence of moving on quickly", Morris' losses left her on a quest to understand and make sense of her grief. *Love Notes to Grievors* offers solace and support to the individuals who need it the most. Her result: "The heaviness lifted when I gave my grief the attention it deserved."

**Angela E. Morris** is a writer and massage therapist who offers people a soft space to land as they navigate their grief.





## *The Morning We Met*

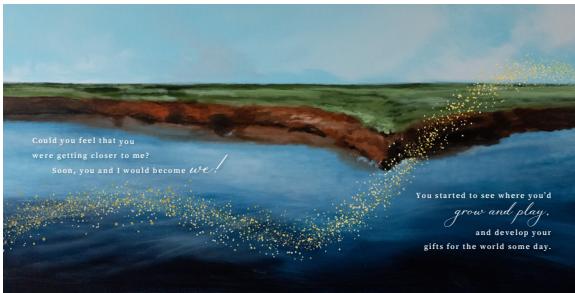
Written and illustrated by Emily Howard

ISBN: 9781778124518

\$24.95 CAD | Hardcover

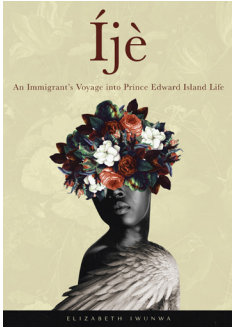
10" x 10" | 32 pages

Pub Date: March 28, 2023



**Welcome to the dreamscape** of Emily Howard's fine art. Set in the rich tones of sea and sky, *The Morning We Met* invites the reader into Baby's world, on their own journey from the cosmos to the rocking chair. In sweet hushed tones, Baby follows a glowing trail on their fascinating passage through star-filled skies, over wide open fields and gliding coastlines. Full of wonder, *The Morning We Met* acknowledges the patience of parents everywhere, the many ways our babies travel to us, and the absolute magic of holding them in our arms for the very first time.

**Emily Howard** is a renowned visual artist, who has produced and sold her artwork across Canada and the US for over twenty years. She finds her inspiration in the quiet landscapes of her home province of Prince Edward Island, translating the shades that surround her onto canvas.



*Íjè: An Immigrant's Voyage into  
Prince Edward Island Life*

Edited by Elizabeth Iwunwa

ISBN: 9781778124563

\$26.95 CAD | Paperback

9.5" x 6.75" | 130 pages

Pub Date: February 21, 2023

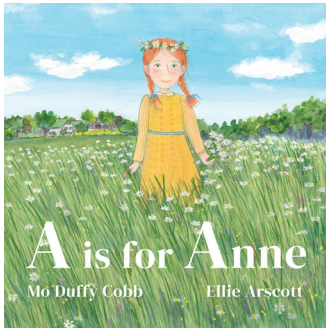


“Charming and charismatic, personable and penetrating, Iwunwa maps a community of Islanders whose odysseys have taught them that all of Earth is an island, one where we all must find refuge, amid the endless, bone-chilling ocean of space.”

— *George Elliott Clarke*

*Íjè: An Immigrant's Voyage into Prince Edward Island Life* takes its meaning from the Igbo word for journey, and spotlights the narratives of immigrants to Prince Edward Island. This collection of personal reflections, interviews, photo essays, and visual works of art includes themes of belonging, imposed and realized identities, cultural traditions, culinary symbols, living the contradictions of social norms.

**Elizabeth Iwunwa** was born in Lagos, Nigeria and lives in Charlottetown, PEI. After completing her primary and secondary education in her home country, she graduated with a Bachelor of Arts in Psychology and a Master of Business Administration in Global Leadership from the University of Prince Edward Island. *Íjè* is her first full length editorial publication.



## *A is for Anne*

Written by Mo Duffy Cobb

Illustrated by Ellie Arcscott

ISBN: 9781778124549

\$16.95 CAD | Board book

8.5" x 8.5" | 24 pages

Pub Date: February 28, 2023



**Celebrate the world of Anne** of Green Gables with this alphabet board book that explores Anne's life in Avonlea. In this voyage through Anne's alphabet, Anne meets the kindred spirits of Avonlea and falls in love with Prince Edward Island and all its beauty. All ages will love this modern tribute to Lucy Maud Montgomery's Canadian classic.

Written by Prince Edward Island author **Mo Duffy Cobb** and illustrated by Canadian visual artist **Ellie Arcscott**, *A is for Anne* will leave readers' hair flying in the wind. A story of identity, imagination and poise, *A is for Anne* will be enjoyed by all — from the very young to the eloquent Montgomery scholar. Ellie Arcscott won the SCBWI Canada East Crystal Kite Award for her illustrations in her debut picture book, *Night Walk*, and *The Chemistry of Innovation* by Mo Duffy Cobb was shortlisted for a PEI Book Award.

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**Pownal Street Press** is women owned and women led. Friendly, warm and highly professional: Pownal Street Press feels like family — we bring a warm and approachable perspective to book publishing.

We publish books that inspire and uplift: from stories of refugees making a life in PEI, to books that provide solace and help for those in grief, to books from women thought leaders changing their industries, Pownal Street Press publishes ideas that are creating positive change in local communities and beyond.

Based in Eastern Canada, Pownal Street Press is a traditional and hybrid publisher of nonfiction and picture books. We share beloved and new stories, and champion diverse cultures. The Press is rapidly building a reputation for exceptional quality and stories of heart. Pownal Street Press' publishing of high-quality trade titles further increases the reputation of hybrid books.

Pownal Street Press co-founders have extensive publishing backgrounds across editorial and sales, making the press an asset to both trade and hybrid authors, who benefit from this deep knowledge of the industry.

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We guide you through each step of the publishing process from editorial and design, to printing and sales. Whether you want to sell your book directly to your customers or through the retail trade market, Pownal Street Press can bring your book to life.



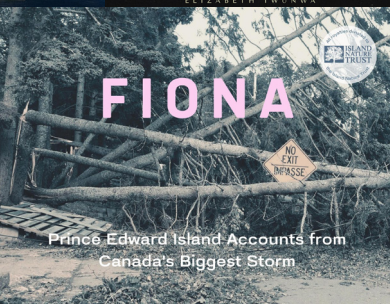
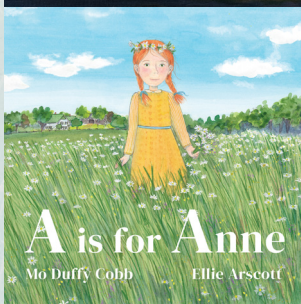
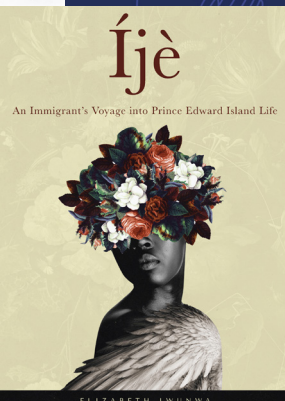
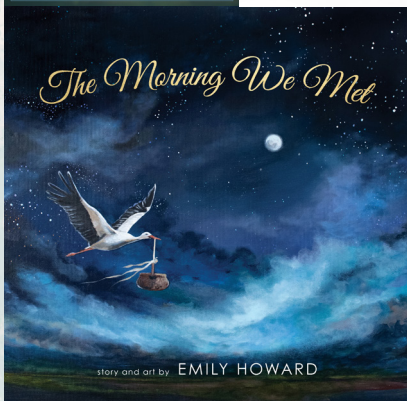
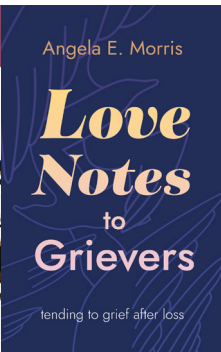
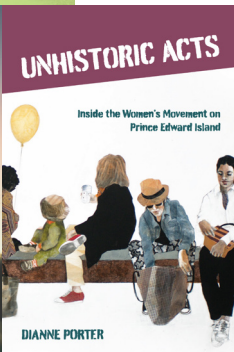
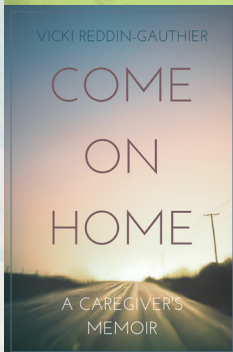
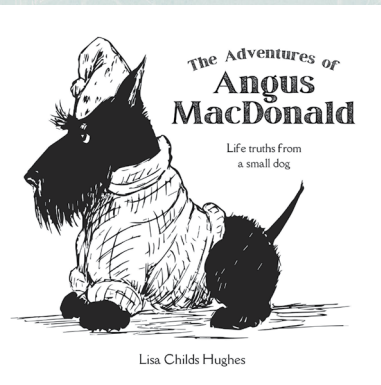


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