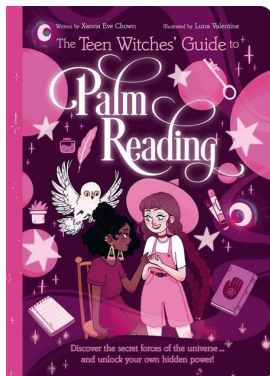


JAG MODERN MYSTIC



1



9781398815193

- English
- 5.28 x 7.44 in
- Arcturus
- JUVENILE NONFICTION
- Age (years) 10 - 14
- Distributor: Jaguar Book Group

The Teen Witches' Guides

The Teen Witches' Guide to Palm Reading

Discover the Secret Forces of the Universe... and Unlock your Own Hidden Power!

by Xanna Eve Chown, Luna Valentine

Sep 15, 2022 Paperback \$12.95 CAD

It will prompt kids to think about their own and their friends' traits of character, behaviour and its consequences.

Makes an ideal book to share with friends.

From *Harry Potter* to television shows such as *Sabrina* and *Merlin*, today's culture is filled with magic, which helps children develop an interest in all things esoteric from a very young age.

2



9781398815209

- English
- 5.28 x 7.44 in
- Arcturus
- JUVENILE NONFICTION
- Age (years) 10 - 14
- Distributor: Jaguar Book Group

The Teen Witches' Guides

The Teen Witches' Guide to Spells

Discover the Secret Forces of the Universe... and Unlock your Own Hidden Power!

by Xanna Eve Chown, Luna Valentine

Sep 15, 2022 Paperback \$12.95 CAD

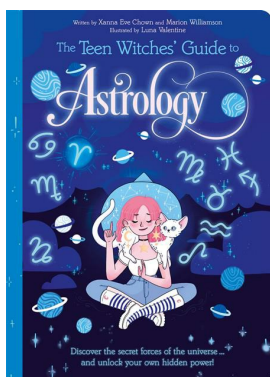
Ideal for fans of *Sabrina the Teenage Witch* and *Winx*.

A perfect party book for teens to share with friends.

Many of the spells and meditations in this book tap into mindfulness - a continually popular wellness idea.

From *Harry Potter* to television shows such as *Sabrina* and *Merlin*, today's culture is filled with magic, which helps children develop an interest in all things esoteric from a very young age.

3



9781398815179

- English
- 5.28 x 7.44 in
- Arcturus
- JUVENILE NONFICTION
- Age (years) 10 - 14
- Distributor: Jaguar Book Group

The Teen Witches' Guides

The Teen Witches' Guide to Astrology

Discover the Secret Forces of the Universe... and Unlock your Own Hidden Power!

by Xanna Eve Chown, Marion Williamson

Aug 15, 2022 Paperback \$12.95 CAD

Discover the secrets of the stars in this invaluable introductory guide to astrology. It's a must-have for every teen who's ready to explore the hidden wisdom of the cosmos... and shine a light on their own life!

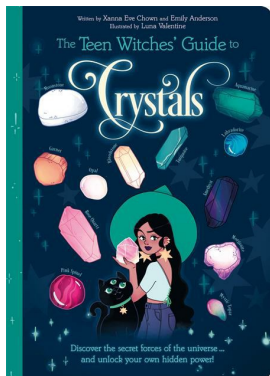
Inside you'll find everything that you need to get started with this exciting discipline. Discover the secrets of zodiac signs, astrological houses, and the power of the planets.

Find out what star lore says about your personality, what the universe has in store for you - and delight your friends by giving them predictions too.

Discover the mysterious ways that the stars shape everyday life as well as major events ... and take control of your own destiny.

ABOUT THE SERIES: Young witches-in-training can learn everything they need to know with the *Teen Witches' Guides*, from palm reading and crystal healing. With modern graphic illustrations, these practical guides are perfect for readers aged 10+.

4



9781398815186

- English
- 5.28 x 7.44 in
- Arcturus
- JUVENILE NONFICTION
- Age (years) 10 - 14
- Distributor: Jaguar Book Group

The Teen Witches' Guides

The Teen Witches' Guide to Crystals

Discover the Secret Forces of the Universe... and Unlock your Own Hidden Power!

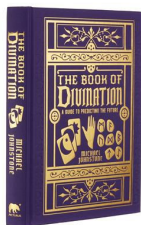
by Xanna Eve Chown, Luna Valentine

Aug 15, 2022 Paperback \$12.95 CAD

A perfect gift for any teen who is intrigued by the power of crystals and their properties.

A simple step-by-step approach to introducing teens to the fabulous world of crystals and stones.

5



9781398808829

- English
- 7.2 x 8.98 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Mystic Archives

The Book of Divination

A Guide to Predicting the Future

by Michael Johnstone

Jan 01, 2022 Hardcover \$32.95 CAD

This beautiful gold-embossed hardback reveals the hidden mysteries of divination, from tarot to palmistry.

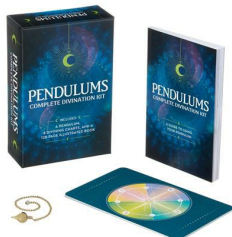
Since time immemorial, human beings have tried to understand the forces of fate through a variety of imaginative and mystical means. Whether it's reading tea leaves, using tarot or playing cards, palmistry, or crystal ball gazing, the history of fortune-telling is a long and fascinating one.

The Book of Divination is the perfect companion for mastering these prophetic arts, presented in an elegant Wibalin bound volume with gilded page edges. Illustrations, diagrams and charts are included to aid you as well as short histories of each divination tradition.

Includes:

- Tarot
- Tea leaf reading
- Crystal astrology
- I Ching
- Numerology
- Palmistry
- Runes
- Prophetic dreaming

6



9781398808546

- English
- 4.72 x 7.4 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Sirius Oracle Kits

Pendulums Complete Divination Kit

A Pendulum, 8 Divining Charts and a 128-Page Illustrated Book

by Emily Anderson

Nov 20, 2021 Paperback \$32.95 CAD

This pendulum kit contains everything you need to learn this dowsing technique including a guide book, divining cards and the pendulum itself, presented in a wonderful lidded box.

Pendulums have long been used to divine the future and communicate with the spirits. From finding hidden wells in the landscape, and lost pets and treasures, to identifying the root cause of physical distress in the body, pendulums have a venerable history of helping seekers find what they're looking for.

In this set, you will learn how to connect with the pendulum included and how to find the answer to almost anything you need to know through the movement of the swinging weight.

Includes

- A pendulum
- 8 full-color chart cards
- An instruction guide
- A ribbon to neatly remove these components from the box

This handy kit makes a wonderful gift for anyone new to pendulum dowsing or those who want to further explore its meanings.

7



9781398808836

- English
- 7.2 x 8.98 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Mystic Archives

The Book of Practical Witchcraft

A Compendium of Spells, Rituals and Occult Knowledge
by Pamela Ball

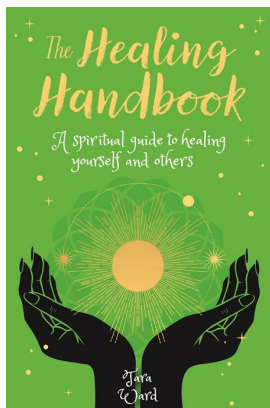
Jan 01, 2022 Hardcover , Imitation cloth \$32.95 CAD

An essential compendium that belongs in every Witch's library.

Includes in-depth explanations to all topics covered, allowing readers to tap into the supernatural, and the magical energy which is all around us.

Intended for those who want to practice magic without having to read long theoretical books.

8



9781398809291

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides

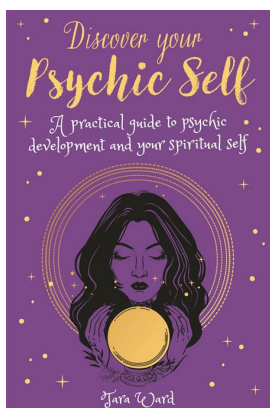
The Healing Handbook

A Spiritual Guide to Healing Yourself and others
by Tara Ward

Nov 01, 2021 Paperback \$16.95 CAD

Succinct text complemented by beautiful imagery and attractive design elements.

9



9781398809345

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides

Discover Your Psychic Self

A Practical Guide to Psychic Development and Spiritual Self
by Tara Ward

Nov 01, 2021 Paperback \$16.95 CAD

Have you ever felt you possessed a 'sixth sense' or intuition which you've found difficult to explain? Despite man's extraordinary advances throughout history, do you still feel something is missing: a deeper, more spiritual meaning to life?

Discover Your Psychic Self addresses these issues and much more by taking you into the realms of greater awareness; it shows you step by step how to uncover your own true potential, using both meditative and physical exercises. Most importantly, this book has been written in a simple, factual style, making this complex subject both easily accessible and fascinating.

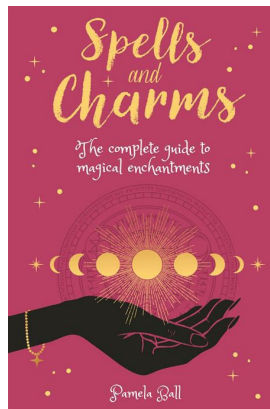
Includes:

- **Fortune telling:** tarot, palmistry, crystal gazing...
- **Meditation techniques:** breathing exercises, aura work, chakras...
- **Using psychic defences:** aural brushing, cleansing a room...
- **Psychic healing on yourself and others**

Take your first steps in this infinite journey and culture a new relationship with your inner self.

ABOUT THE SERIES: *Arcturus Inner Self Guides* are accessible introductions to transformative spiritual practices, including meditation, tarot, natural magic and more. With beautiful modern cover designs, this series makes a wonderful set for readers to take their first steps into the esoteric arts.

10



9781398809307

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides
Spells & Charms
The Complete Guide to Magical Enchantments
 by Pamela Ball
 Nov 01, 2021 Paperback \$16.95 CAD

Become a competent, confident spell-worker with this practical guide to witchcraft.

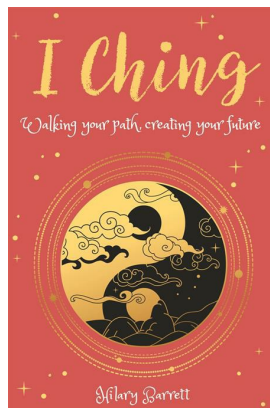
Containing an extensive collection of traditional spells and techniques, this book will help readers attract positive friendships, love and luck as well as promote healing, careers and protection. *The Book of Spells* is an essential reference for anyone wishing to master the incredible art of magic and spell-making.

The book includes:

- A section on tools used as well as information on how to consecrate them
- Correspondences for different spells
- A section on deities and archangels

ABOUT THE SERIES: *Arcturus Inner Self Guides* are accessible introductions to transformative spiritual practices, including meditation, tarot, natural magic and more. With beautiful modern cover designs, this series makes a wonderful set for readers to take their first steps into the esoteric arts.

11



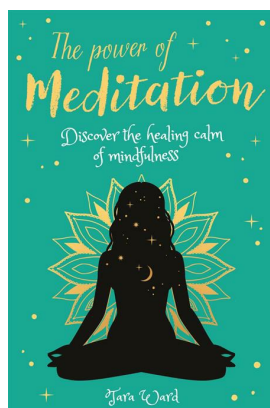
9781398809215

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides
I Ching
Walking Your Path, Creating Your Future
 by Hilary Barrett
 Oct 01, 2021 Paperback \$16.95 CAD

I Ching has exerted a living influence in China for 3,000 years, and interest in it has been rapidly spreading in the West.

12



9781398809284

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides
The Power of Meditation
Discover the Power of Inner Reflection and Dreams
 by Tara Ward
 Oct 01, 2021 Paperback \$16.95 CAD

Discover the life-altering power of meditation in this essential guide, packed with over 80 stimulating and mind-expanding exercises.

From dreamwork to spirit guides, this book will guide you through a variety of meditation practices which will help you on your journey to self-fulfillment. By completing the guided meditations, you will learn to transcend mundanity and enjoy and appreciate every single moment of your life.

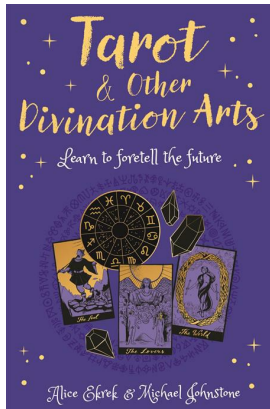
Includes:

- Chakra work
- Dream analysis
- Sleep exercises
- Karma meditations

Your path in life is yours alone, and *The Power of Meditation* will help you to tread it with confidence and joy.

ABOUT THE SERIES: *Arcturus Inner Self Guides* are accessible introductions to transformative spiritual practices, including meditation, tarot, natural magic and more. With beautiful modern cover designs, this series makes a wonderful set for readers to take their first steps into the esoteric arts.

13



9781398809352

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides
Tarot & Other Divination Arts
Learn to Foretell the Future
 by Alice Ekrek, Michael Johnstone
 Sep 01, 2021 Paperback \$16.95 CAD

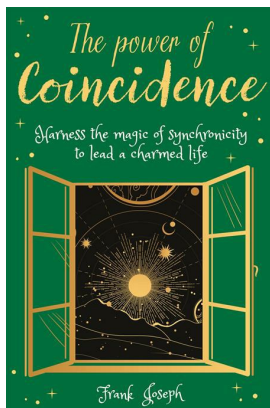
Catch a glimpse into future with this accessible guide to tarot and other divination arts.

This useful guide will teach you how to read the cards, the tea leaves, your palm, your stars and even a crystal ball in order to determine what is likely to happen. Become adept at predicting the future for yourself and others, and tap into a vein of mysterious guidance from universal divine energy.

These ancient forms of divination gave our ancestors the edge when going about their daily lives and now you too can benefit from mastering these hidden arts.

ABOUT THE SERIES: *Arcturus Inner Self Guides* are accessible introductions to transformative spiritual practices, including meditation, tarot, natural magic and more. With beautiful modern cover designs, this series makes a wonderful set for readers to take their first steps into the esoteric arts.

14



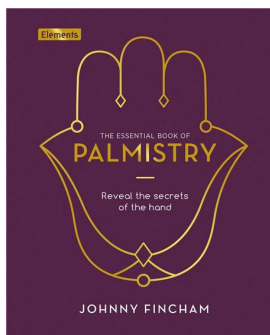
9781398809253

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides
The Power of Coincidence
The Mysterious Role of Synchronicity in Shaping Our Lives
 by Frank Joseph, Dale Graff
 Sep 01, 2021 Paperback \$16.95 CAD

23,870 words.

15



9781839406744

- English
- 5.04 x 6.3 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements
The Essential Book of Palmistry
Reveal the Secrets of the Hand
 by Johnny Fincham
 May 15, 2021 Hardcover, Imitation cloth \$16.95 CAD

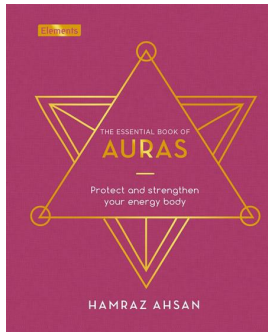
This book teaches in detail how to interpret all features of the hand, not simply the lines of the palm.

Presents the study and interpretation of the hand as a guide to self-fulfilment.

Johnny Fincham's palmistry books consistently top Amazon's international bestseller lists.

Arcturus has sold over half a million copies of this series worldwide!

16



9781839406737

- English
- 5.04 x 6.3 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements

The Essential Book of Auras

Protect and Strengthen Your Energy Body
by Hamraz Ahsan

May 15, 2021 Hardcover , Imitation cloth \$16.95 CAD

This luxurious gift edition contains all you need to know about the wondrous world of auras, written by expert spiritualist Hamraz Ahsan.

Discover how to see, interpret and strengthen auras in this beautiful, foil stamped, Wibalin-bound volume. Complete with meditations and full-color illustrations, this guide contains a wealth of knowledge surrounding these subtle aura bodies and how to harness their energies to improve your life.

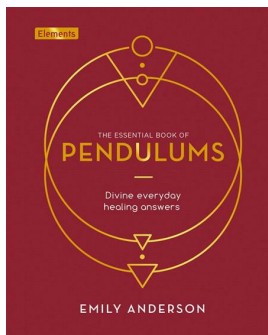
Includes:

- Classical western and eastern ideas about the aura
- The different layers within the 'auric egg' and how they affect our wellbeing
- Meditations to cleanse and strengthen your aura
- Everyday techniques to ensure your aura is protected from others

The Essential Book of Auras will help you align your energy field, make decisions based on the auras of those around you and live a more positive life.

ABOUT THE SERIES: *Elements* is a series of spiritual development titles, each focusing on different aspects of healing and divination. Written by a variety of experts, these beautifully illustrated foil-stamped hardbacks are the perfect entryway into ancient spiritual practices.

17



9781839406751

- English
- 5.04 x 6.3 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements

The Essential Book of Pendulums

Divine Everyday Healing Answers
by Emily Anderson

May 01, 2021 Hardcover , Imitation cloth \$16.95 CAD

Discover the remarkable divination power of pendulums with this deluxe illustrated guide with gold foil embossing.

Pendulums have been used for centuries to divine the future and communicate with the spirits. In this beautiful Wibalin-bound hardback, you will learn how to connect with your own pendulum and how to find the answer to almost anything you need to know through the movement of the swinging weight.

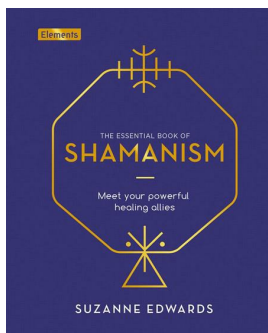
Includes:

- Pendulum-making and calibration
- Crystal pendulums and the correct way to use them
- Ways to deepen your connection to your pendulum
- How to take care of your pendulum and keep its energy clear

Featuring stunning full-color illustrations and gold-foil embossing, this luxurious gift edition is perfect for anyone wanting to get the most out of this mystical object.

ABOUT THE SERIES: *Elements* is a series of spiritual development titles, each focusing on different aspects of healing and divination. Written by a variety of experts, these beautifully illustrated hardbacks are the perfect entryway into ancient spiritual practices.

18



9781839406768

- English
- 5.04 x 6.3 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements

The Essential Book of Shamanism

Meet Your Powerful Healing Allies
by Suzanne Edwards

May 01, 2021 Hardcover , Imitation cloth \$16.95 CAD

Mental health issues are on the rise, and we face an environmental crisis. People long for a deeper sense of connection, a greater purpose, and a more sustainable and natural way of living. The practice of shamanism holds the answer.

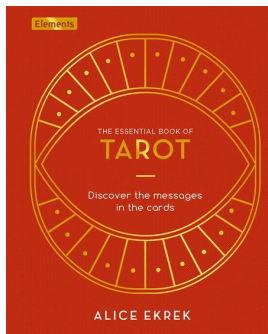
This book examines how to make shamanic practice relevant and central to our modern-day lives.

For those new to the subject, the book is a grounded, easy-to-read and yet comprehensive introduction to the ancient knowledge, wisdom and practices of shamanism.

It provides an easy-to-follow guide, with clearly-explained, practical exercises and suggestions about how to get started on the shamanic path.

Arcturus has sold over half a million copies of this series worldwide!

19



9781838576752

- English
- 5.04 x 6.3 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements

The Essential Book of Tarot

Discover the Messages in the Cards

by Alice Ekrek

Oct 15, 2020 Hardcover , Imitation cloth \$16.95 CAD

This is a clear and accessible guide to the tarot, revealing the history of the cards and explaining how to use them.

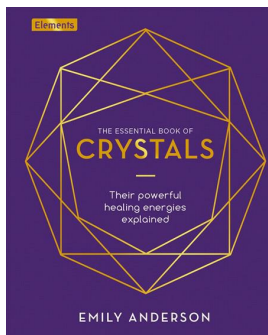
From a Relationship spread to the traditional Celtic Cross and a more modern Astrological spread, there are a number of ways to practice readings and learn to connect more fully with the cards. More detailed analysis is provided by the reader being shown how timing and reversed, or upside down, cards work.

Part of a series of books on classic Mind, Body, Spirit subjects, this full-color book will appeal to anyone who has a pack of tarot cards at home and is unable to decipher what they mean or how to use them.

Includes:

- Rarely seen Marseilles deck illustrations
- Clear card meanings with a defining slogan for each major arcana and court card
- History of tarot reading and information about the most popular decks

20



9781838576745

- English
- 5.04 x 6.3 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements

The Essential Book of Crystals

How to Use Their Healing Powers

by Emily Anderson

Oct 15, 2020 Hardcover , Imitation cloth \$16.95 CAD

Discover the properties and uses of healing crystals in this beautifully illustrated modern guide.

From amethysts to rhodochrosite, this elegant hardback introduces an array of crystals and their practical uses. Whether you wish to restore emotional balance, boost creativity or manifest desires, this is the ideal book to get you started on your journey with these sparkling energy allies.

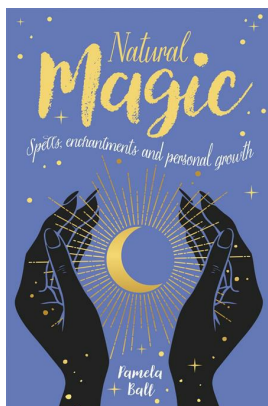
Includes:

- Beautiful full-color images of the listed crystals to help identify them
- Sections on using crystals in different areas, such as the home, in meditation and divination
- Tips on how to cleanse and charge your gems

Covering a range of crystals - from the well-known rose quartz to the more unusual amazonite - this essential guide passes on centuries-old wisdom, updated to suit the modern world.

ABOUT THE SERIES: *Elements* is a series of spiritual development titles, each focusing on different aspects of healing and divination. Written by a variety of experts, these beautifully illustrated hardbacks are the perfect entryway into ancient spiritual practices.

21



9781839404221

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Arcturus Inner Self Guides

Natural Magic

Spells, Enchantments and Personal Growth

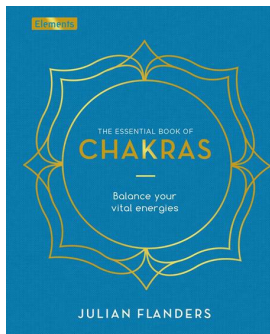
by Pamela Ball

Oct 01, 2020 Paperback \$20.95 CAD

This book deals with the magic of herbs and flowers, of the four elements, of numbers and colours, amulets and talismans, how to read cards, how to interpret dreams, and much more.

Both those who are new to the practice of natural magic and those with experience will find it a delightful handbook for use in daily life.

22



9781838576356

- English
- 5.04 x 6.3 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements

The Essential Book of Chakras

How to Focus the Energy Points of the Body
by C.W. Leadbeater, Julian Flanders

Oct 01, 2020 Hardcover, Imitation cloth \$16.95 CAD

This beautifully illustrated pocket-book provides a window into the subtle chakra energies within our bodies. Beginners can learn simple techniques to keep their chakras in balance, from yoga and meditation to essential oils and crystals.

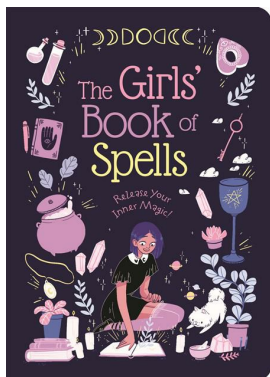
Illustrated with the famous chakra drawings of theosophist Charles Leadbeater.

Contains meditations for each of the seven chakras.

Section on yoga poses for balancing each chakra.

Arcturus has sold over half a million copies of this series worldwide!

23



9781839404238

- English
- 5.28 x 7.44 in
- Arcturus
- JUVENILE NONFICTION
- Age (years) 8 - 12
- Distributor: Jaguar Book Group

The Girls' Book of Spells

Release Your Inner Magic!

by Rachel Elliot, Robyn Neild

Sep 20, 2020 Paperback \$12.95 CAD

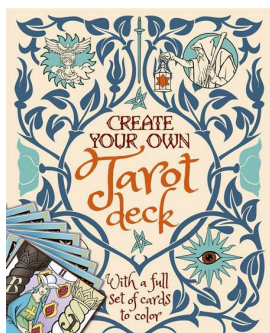
Draw on the unseen forces of the universe with this mindful spell book. Inside you will find everything you need to casts simple spells, including those to build confidence, bring success, give protection to a friend, make a lucky charm and find true love.

Discover:

- The rules of spellcasting
- Meditations that promote spellcasting
- Which days of the week to perform particular spells
- A guide to spell supplies, including crystals, herbs, oils and candles
- How to write your own incantations and create a personal spell book

This book is a must-have for every girl who's ready to release her inner magic and live a charmed life!

24



9781839404153

- English
- 7.99 x 9.92 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Create Your Own Tarot Deck

With a Full Set of Cards to Color

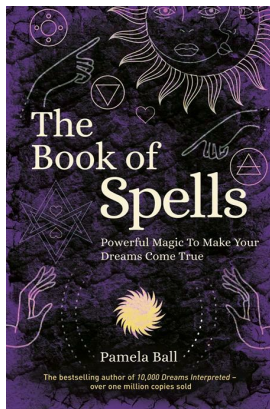
by Alice Ekrek

Sep 01, 2020 Paperback \$12.95 CAD

The finished cards can be pressed out to make a Tarot deck for divination.

A fascinating book full of intricate, mysterious images to entertain the coloring enthusiast.

25



9781839406904

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

The Book of Spells

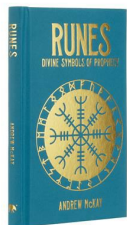
Powerful Magic to Make Your Dreams Come True
by Pamela Ball
Jul 01, 2020 Paperback \$16.95 CAD

This book shows readers how to tap into their inner power and make spell casting practical for their day-to-day lives.

With the variety of magical opportunities for enhancing the most important areas of life, there's something for everyone in this book.

From the best selling author of *10,000 Dreams Interpreted* (over one million copies sold).

26



9781398820975

- English
- 4.13 x 6.5 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Sirius Hidden Knowledge
Runes

Divine Symbols of Prophecy
by Andrew McKay
Nov 01, 2022 Hardcover , Imitation cloth \$16.95 CAD

Discover the magical potential of runes and how to cast them in this beautifully illustrated gold-embossed hardback.

The word rune means both 'letter' and 'mystery' and these wondrous symbols were gifted to the Norse god Odin who hung speared from the World Tree Yggdrasil in order to gain knowledge of these secret signs. The story of Odin's ordeal shows in what high regard knowledge of these symbols was held. Readers will learn the secrets of the runes in this well-researched look at the 24 runes of the Elder Futhark.

From the history and mythology surrounding the runes to how they are used in divination and as talismans, this guide will reveal myriad aspects to the famous symbols. With the meanings of each rune clearly laid out, instructions on how to cast them and information on traditional ways of working with them, the reader will peer deeply into the mystery the runes represent.

Featuring Wibalin binding, gilded page edges, and delightful illustrations, this wonderful guide will reveal myriad aspects to the famous symbols and how their power can be harnessed in daily life.

ABOUT THE SERIES: *Sirius Hidden Knowledge* series explores some of the most fascinating subjects in modern alternative thought and practice. Written by experts and renowned practitioners in their respective fields, this series brings the latest in developments in everything from spiritual

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Sirius Oracle Kits

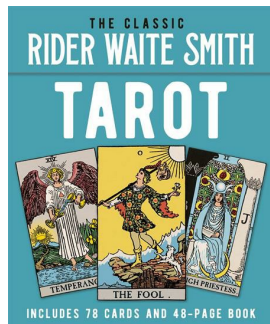
Moon Magic Book & Card Deck

Includes a 50-Card Deck and a 128-Page Guide Book
by Marie Bruce
Oct 11, 2022 Paperback \$32.95 CAD

With the uncertainty of recent times, more people have been turning to astrology for answers and moon-mapping has become increasingly popular, especially amongst young people.

Ideal for those wishing to deepen their connection with nature and the Divine, and to take their spiritual practice to a new level.

28



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- English
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The Classic Rider Waite Smith Tarot

Includes 78 Cards and 48-Page Book
by A E Waite, Pamela Colman Smith
Sep 01, 2022 Paperback \$25.95 CAD

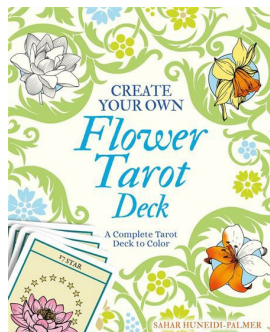
Tarot is back in style, featuring frequently on social media sites such as Instagram, inspiring literature, artworks and onstage readings which have captivated a new generation.

Tarot and other forms of fortune telling are especially popular amongst young people.

Tarot readings are becoming more and more popular on Tik Tok.

The Rider-Waite-Smith Deck is considered the most popular tarot set ever made.

29



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Create Your Own Flower Tarot Deck

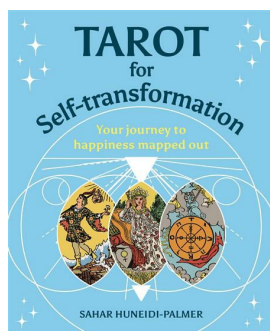
A Complete Tarot Deck to Color
by Sahar Huneidi-Palmer
Oct 01, 2022 Paperback \$12.95 CAD

This delightful book allows the reader to color and customize their own flower-themed tarot deck, containing 78 press-out cards.

Tarot cards are a powerful form of divination, and their intricate and beautiful images make them a treasure to keep. This pack uses elegant flower designs to decorate the deck, from a blooming lotus flower to a bold carnation. These have been selected by spiritual life coach Sahar Huneidi-Palmer to embody each card's meaning using the ancient wisdom flower lore.

Coloring the flower tarot deck will encourage deeper thinking about each card's meaning and is a great way to relax and meditate. For Tarot newcomers, the coloring exercise will introduce them to the Major and Minor Arcana and the many fascinating symbols in tarot. By the end of this book, readers will have mastered the basics of tarot reading and have their own beautifully personalized flower deck to get started with.

30



9781398820463

- English
- 6.89 x 8.46 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Tarot for Self-transformation

Your Journey to Happiness Mapped Out
by Sahar Huneidi-Palmer
Oct 01, 2022 Hardcover \$21.95 CAD

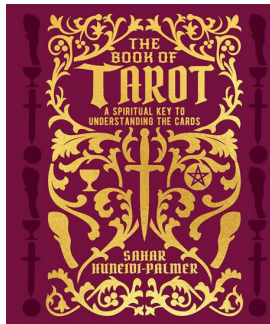
World-renowned psychic and life mentor Sahar Huneidi-Palmer shows you that it is possible to use the tarot for positive self-transformation in every area of your life.

This vibrantly illustrated hardback guide will help you discover your life path using the wisdom of the tarot. Using symbology and numerology to decode messages hidden within the 78 cards, you can identify your strengths and weaknesses, become inspired to meet life's challenges and learn how to rise above them and fulfil your purpose.

In the tarot, The Fool goes on a journey through the major arcana cards and ends at The World card - representing his transcendence beyond the earthly to the spiritual plane. You too can undertake this journey of transformation, resulting from the exercises given and the wise counsel you will find in this book.

With interactive, write-in exercises, *Tarot for Self-transformation* offers a unique and creative approach to this ancient divination art, perfect for anyone on their journey of self-discovery.

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9781398820739

- English
- 7.2 x 8.98 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Mystic Archives

The Book of Tarot

A Spiritual Key to Understanding the Cards
by Sahar Huneidi-Palmer
Nov 20, 2022 Hardcover \$32.95 CAD

This beautiful hardback with gilded page edges will reveal the secrets of tarot and tarot reading in detail.

From how to take care of your tarot cards to how to unlock your intuition when reading, this enthralling guide will appeal to anyone wanting to learn to read the cards or improve their readings. With plenty of information on the history of the tarot, the different types of card deck available, traditional and modern spreads to use, and methods of interpretation, this is an empowering look at the world of tarot, dispelling myths and developing the reader's skill in reading tarot. This will become an essential reference tool for anyone interested in tarot.

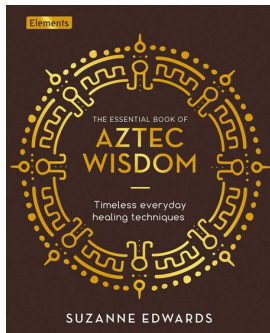
Includes:

- A section on selecting and taking care of tarot cards
- Practices to improve readings
- Different spreads to use for different queries

With striking gold-embossing, gilded page edges and beautifully designed endpapers, this informative book provides a wonderful introduction to tarot and makes a perfect gift.

ABOUT THE SERIES: The *Mystic Archives* are beautiful hardcover guides which reveal the hidden mysteries of esoteric arts, presented with foil-embossing, Wibalín binding, patterned endpapers and

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- English
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- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Elements

The Essential Book of Aztec Wisdom

Timeless Everyday Healing Techniques
by Suzanne Edwards
Nov 01, 2022 Hardcover, Imitation cloth \$16.95 CAD

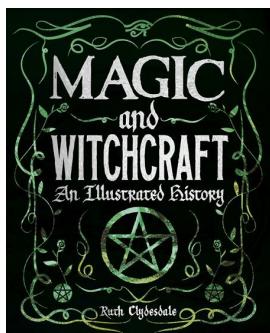
The mysterious Aztec civilization has left us with sacred ideas and practices that are relevant to the modern reader, as revealed in this fascinating full-color hardback guide.

From sacred sites to dreaming practices, Mexico City has been the center of some of the most magical of shamanic techniques. Examining these, and other traditions from South America, Suzanne Edwards passes on the knowledge that has been gifted to her over years of study with healers in Mexico.

There are sections on the Aztec calendar and their system of astrology, as well as on plant teachers and Day of the Dead celebrations. Discover the importance of crystals such as jade and obsidian in Aztec culture and how they can be used today for similar purposes. From divination to healing, the wealth and depth of the wisdom of these ancient people is here in abundance.

ABOUT THE SERIES: *Elements* is a series of spiritual development titles, each focusing on different aspects of healing and divination. Written by a variety of experts, these beautifully illustrated hardbacks are the perfect entryway into ancient spiritual practices.

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9781398820777

- English
- 8.86 x 11.02 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Magic and Witchcraft

An Illustrated History
by Ruth Clydesdale
Jan 03, 2023 Hardcover \$32.95 CAD

"A cogent, straight-talking and nuanced work to aid anyone who wants a solid understanding of the origins and evolution of witchcraft." - David Southwell, author and curator of @HooklandGuide

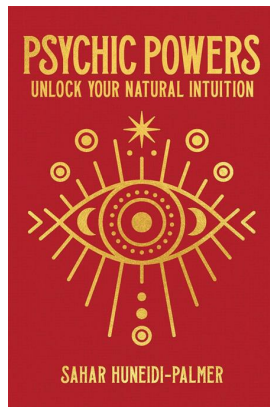
From ancient Greece and Rome to the birth of the New Witchcraft, the history of this enthralling subject is skillfully told in this richly illustrated full-color hardback.

Witchcraft was once used to influence the unpredictable aspects of life such as crops, health and livestock protection. With people feeling powerless against ill fortune, it became easy to blame malevolent magic and the figure of the witch. Witchcraft today is a benevolent religion that is unrelated to the historic fantasy, but which often employs ancient magical techniques such as poppets and charms.

This fascinating history enables the reader to see the timeline for how magic and witchcraft - and perceptions of it - has developed over the centuries. From the glamour of witches depicted in art, such as Circe, Medea, Morgan le Fay and Nimue, to famous historical incidents such as the witch trials and Christian suppression of Pagan temples, the reader will be led on a journey of discovery that is as visually exciting as it is informative.

Beautifully illustrated throughout, this book provides a readable and fresh approach to the extensive and complex history of witchcraft and magic.

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9781398820951

- English
- 4.13 x 6.5 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Sirius Hidden Knowledge
Psychic Powers
Unlock Your Natural Intuition
 by Sahar Huneidi-Palmer
 Nov 01, 2022 Hardcover \$16.95 CAD

Discover the power of psychic intuition with this beautiful hardback guide, presented with gold-foil embossing, gilded page edges and delightful illustrations.

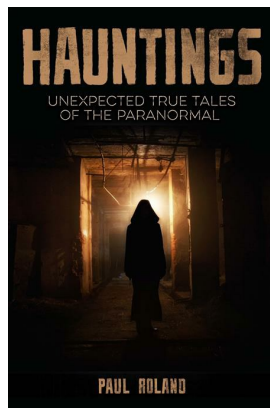
Written by professional psychic Sahar Huneidi-Palmer, this captivating guide will help you unlock your innate psychic gifts, tap into your subconscious and strengthen your intuition. It explores classic psychic techniques, accompanied by a host of tips and exercises to practice them in your everyday life.

- Includes:
- Meditation
 - Dreamwork
 - Affirmations
 - Aura and chakra work
 - Automatic writing

This inspiring book is the perfect companion on your psychic journey, featuring cloth-look binding, gold foil embossing, gilded page edges, patterned endpapers and beautiful illustrations. It will not only open your mind to these hidden realms but provide insight and guidance in your daily life.

ABOUT THE SERIES: *Sirius Hidden Knowledge Series* explores some of the most fascinating subjects in modern alternative thought and practice. *Mystic Archives* are beautiful hardcover guides which reveal the hidden mysteries of esoteric arts, presented with foil-embossing, Wibalin binding, patterned endpapers and gilded page edges.

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9781398820494

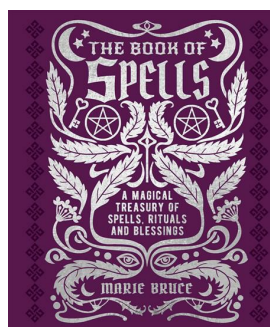
- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Hauntings
Unexpected True Tales of the Paranormal
 by Paul Roland
 Oct 11, 2022 Paperback \$16.95 CAD

Ghost stories have had a special place in many cultures throughout history.

Ideal for anyone interested in unexplained phenomena.

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9781398820722

- English
- 7.2 x 8.98 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Mystic Archives
The Book of Spells
A Magical Treasury of Spells, Rituals and Blessings
 by Marie Bruce
 Nov 20, 2022 Hardcover , Imitation cloth \$32.95 CAD

With over 250 spells and rituals to enhance all aspects of life, this beautiful hardback with gilded page edges will empower its readers with magical instruction.

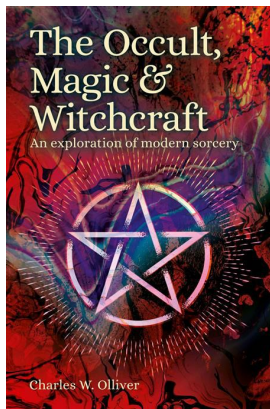
These awe-inspiring traditional and modern spells will clearly show readers how to bring more magic into their lives. From attracting love to finding success in business and careers, every aspect of modern living is touched upon and ancient ideas about magic are used to manifest positive change. This essential reference guide is sure to become a handy Book of Shadows for every practicing witch.

- Includes:
- A section on tools and techniques
 - Correspondences for different spells
 - Spellwork for manifesting wishes

Featuring decorative color touches and beautiful patterned endpapers, this spell-binding book provides a wonderful introduction into modern witchcraft.

ABOUT THE SERIES: The *Mystic Archives* are beautiful hardcover guides which reveal the hidden mysteries of esoteric arts, presented with foil-embossing, Wibalin binding, patterned endpapers and gilded page edges.

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9781398820470

- English
- 6.02 x 9.21 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Sirius Hidden Histories

The Occult, Magic & Witchcraft

An Exploration of Modern Sorcery

by Charles Olliver

Oct 11, 2022 Paperback \$16.95 CAD

Examining everything from occult symbols to mysterious magics to corrupt demonology, *Magic and Witchcraft* gives a comprehensive overview of the hidden histories of sorcery and superstition. With a careful and considered eye, Olliver surveys the origins of magic, considers its relationship to religion and spiritualism, and discusses how we should deal with experiences outside our understanding through the new science of metapsychics.

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9781398814752

- English
- 4.72 x 7.4 in
- Sirius
- BODY, MIND & SPIRIT
- Distributor: Jaguar Book Group

Manifesting Affirmations Book & Card Deck

Create Positive Change in Your Life. Includes 50 Affirmation Cards Plus a 128-Guidebook on Manifesting Effectively

by Emily Anderson

Nov 01, 2022 Paperback \$32.95 CAD

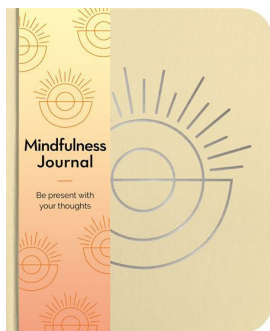
Use the power of manifestation to create your dream life with this essential kit.

Inside this beautiful gift box you will find a guidebook on how to manifest effectively using the law of attraction, as well as 50 affirmation cards which are a powerful and empowering tool for making your dreams reality. Use the cards to address any problems or obstacles that you may have in life, including:

- Love and relationships
- Work and career
- Money and prosperity
- Home
- Health and wellbeing
- Developing spirituality.

There are a wealth of ways in which to use the cards, as well as information on the principles of manifesting in general. Learn about vision boards and affirming positive beliefs on a daily basis, as well as how to ensure you get out of your own way when attempting to bring about lasting change.

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9781398821354

- English
- 6.89 x 8.46 in
- Sirius
- SELF-HELP
- Distributor: Jaguar Book Group

Sirius Wellbeing Journals

Mindfulness Journal

Be Present With Your Thoughts Every Day

by Emma Van Hinsbergh

Feb 28, 2023 Paperback \$19.95 CAD

Discover the delights of every moment with this beautiful guided journal, featuring elegant cloth-look binding and silver embossing.

Mindfulness is a simple but powerful tool which can help us to enjoy the lives we live, appreciating what we have with a renewed sense of wonder as we learn to be fully in the present moment. This beautiful silver-embossed journal is designed to help you to introduce mindfulness into your life every day, giving yourself time to focus and reflect on what brings you peace and joy.

The journal asks you to consider your goals and intentions for the day ahead each morning, and to reflect on what the day has taught you each evening, with space to record your thoughts, mantras and affirmations. Beautifully designed, it will be a joyful companion on your journey to making positive changes in your life every day.

- **THOUGHTFUL PROMPTS:** This guided journal includes prompts to stir your thoughts and reflections
- **UNDATED:** Don't worry if you miss a day! This journal lets you fill in each date to avoid blank pages
- **GIFT EDITION:** With cloth-look textured binding, silver embossing and colorful patterned pages, this journal makes filling it in a delight.

ABOUT THE SERIES: Find joy and fulfilment in every day with the *Sirius Wellbeing Journals*. These