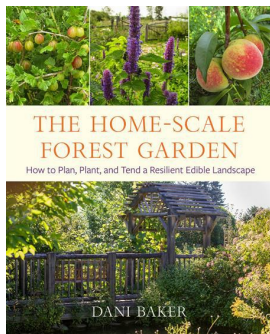


UTP GARDENING



1



9781645020981

- English
- 204 x 254 x 32 mm | 920 gr
- 336 pages
- Chelsea Green Publishing
- Carton quantity: 16
- GARDENING
- Distributor: UTP Distribution

The Home-Scale Forest Garden

How to Plan, Plant, and Tend a Resilient Edible Landscape
by Dani Baker

May 20, 2022 Paperback , Trade \$44.95 CAD

Learn how to create an edible forest garden—perfect for gardeners and growers at any scale!

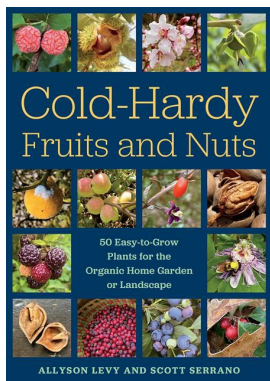
Includes over 100 cold-hardy berry bushes, fruit and nut trees, perennial vegetables, herbs, edible flowers, mushrooms, and more.

When market gardener Dani Baker attended a permaculture workshop at her local Cooperative Extension office in upstate New York, she was inspired by its message of working with nature to create a thriving edible garden ecosystem. She immediately launched a new experiment she dubbed the “Enchanted Edible Forest.” In *The Home-Scale Forest Garden*, Baker shares what she learned as she became a forest gardener, providing a practical, in-depth guide to creating a beautiful, bountiful edible landscape at any scale—from a few dozen square feet to an acre or more.

Baker provides information on planning, planting, and maintaining a resilient forest garden ecosystem, including:

- Using permaculture principles
- Observing and mapping your space
- Building planting beds, including hugobkultur mounds

2



9781645020455

- English
- 178 x 254 x 20 mm | 910 gr
- 384 pages
- Chelsea Green Publishing
- Carton quantity: 16
- GARDENING
- Distributor: UTP Distribution

Cold-Hardy Fruits and Nuts

50 Easy-to-Grow Plants for the Organic Home Garden or Landscape
by Allyson Levy, Scott Serrano

Mar 04, 2022 Paperback , Trade \$44.95 CAD

The easy-to-use resource for growing healthy, resilient, low-maintenance trees, shrubs, vines, and other fruiting plants from around the world—perfect for farmers, gardeners, and landscapers at every scale.

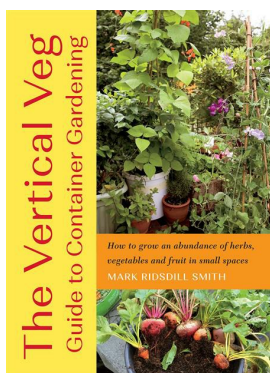
Illustrated with more than 200 color photographs and covering 50 productive edible crops—from Arctic kiwi to jujube, medlar to heartnut—this is *the* go-to guide for growers interested in creating diversity in their growing spaces.

“[Levy and Serrano] go way beyond the standard fare. . . . With their help, you’ll be growing persimmons, currants and hazelnuts in no time.”—*Modern Farmer*

Cold-Hardy Fruits and Nuts is a one-stop compendium of the most productive, edible fruit-and nut-bearing crops that push the boundaries of what can survive winters in cold-temperate growing regions. While most nurseries and guidebooks feature plants that are riddled with pest problems (such as apples and peaches), veteran growers and founders of the Hortus Arboretum and Botanical Gardens, Allyson Levy and Scott Serrano, focus on both common and unfamiliar fruits that have few, if any, pest or disease problems and an overall higher level of resilience.

Inside *Cold-Hardy Fruits and Nuts* you’ll find:

3



9781645021506

- English
- 178 x 247 x 20 mm | 740 gr
- 320 pages
- Chelsea Green Publishing
- Carton quantity: 20
- GARDENING
- Distributor: UTP Distribution

The Vertical Veg Guide to Container Gardening

How to Grow an Abundance of Herbs, Vegetables and Fruit in Small Spaces
by Mark Ridsdill Smith

Mar 24, 2022 Paperback , Trade \$44.95 CAD

***Winner of the Garden Media Guild's The Peter Seabrook Practical Book of the Year Award 2022**

From the creator of the wildly popular website “Vertical Veg” and with over 200k people in his online community of growers, comes the complete guide to growing delicious fruit, vegetables, herbs, and salad in containers, pots, and more—in any space, from window boxes to garden yards, no matter how small!

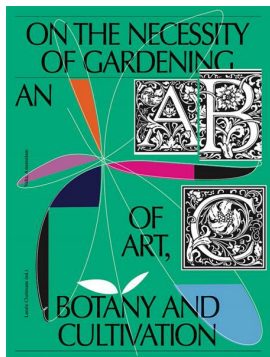
“[A] thorough and enthusiastic guide to vegetable gardening . . . both handy and hefty...Aspiring urban gardeners will want to give this a look.”—*Publishers Weekly*

If you long to grow your own tomatoes, zucchini, or strawberries, but thought you didn't have enough space, Mark Ridsdill Smith, aka the “Vertical Veg Man,” will show you how to make the most of walls, balconies, patios, arches, and windowsills.

Ridsdill Smith has spent over ten years teaching people to grow bountiful, edible crops in all kinds of containers in small spaces.

Inside *The Vertical Veg Guide to Container Gardening* you’ll find:

4



- 9789493246003
- English
 - 9.3 x 12.6 x 0.8 in | 920 gr
 - 240 pages
 - Valiz
 - Carton quantity: 6
 - GARDENING
 - Distributor: UTP Distribution

On the Necessity of Gardening

An ABC of Art, Botany and Cultivation
by Laurie Cluitmans, Marieke Barnas
Nov 23, 2021 Paperback , Trade \$47.00 CAD

From Arcadia to Guerilla Gardening, Bomarzo to Little Sparta, Roberto Burle Marx to Fritz Haeg, the Anthropocene to Vibrant Matter: a brilliant and radical A-Z of garden history and garden politics

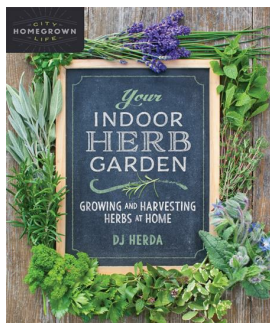
Organized as an inventive abecedarium, *On the Necessity of Gardening* tells the story of the garden as a rich source of inspiration.

Over the centuries, artists, writers, poets and thinkers from Capability Brown to Derek Jarman have each described, depicted and designed the garden in different ways. In medieval art the garden was a reflection of paradise, a place of harmony and fertility, shielded from worldly problems. By the 18th century this conception had shifted: the garden had become a symbol of worldly power and politics. Today, the Anthropocene, the era in which humankind dominates nature with disastrous consequences, forces us to radically rethink the role we have given the garden historically. As a result, there is renewed interest in the garden among contemporary makers, thinkers and writers, driven not by romantic desire for retreat but rather a call for a new awareness of our relationship with the earth.

Through essays, illustrations and an extensive abecedarium, *On the Necessity of Gardening* reflects on the garden as an abiding metaphor for society and culture.

Entries include: Anthropocene, Arcadia, Bouquet, Roberto Burle Marx, Compost, Dumbarton Oaks, Edible Estates, Ermenonville, Ian Hamilton Finlay, Herb Garden, Japanese Garden, Derek Jarman, Kew Gardens, Lawn, Park, Quaker Garden, Queer Ecology, Roots, Vita Sackville-West, Versailles, Vibrant Matter and Zen Garden

5



- 9780865719330
- English
 - Illustrations, color
 - 7.5 x 9 x 0.41 in | 0.78 lb
 - 144 pages
 - New Society Publishers
 - Carton quantity: 42
 - GARDENING
 - Distributor: UTP Distribution

Homegrown City Life

Your Indoor Herb Garden

Growing and Harvesting Herbs at Home
by D.J. Herda
May 05, 2020 Paperback , Trade \$24.99 CAD

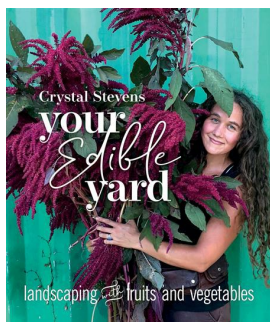
The complete how-to guide for growing herbs indoors for health, vitality, and culinary zest

Growing herbs indoors leads the list of the healthiest and most useful indoor activities we can do. Herbs can clean the air of toxins, provide oxygen and humidity, and help vanquish our psychoses. And they're tasty!

Learn how to grow herbs for health, for taste, and for life with *Your Indoor Herb Garden*, a comprehensive guide to growing herbs indoors. Featuring all the tips and guidance you'll need to grow and harvest organic culinary and medicinal herbs right in your own home. Coverage includes:

- Techniques for successfully growing herbs indoors
- Equipment, soil types, and feeding
- Why indoor herb gardens are an important part of life, from cooking to healing
- Herbal medicine
- Herbal history and lore

6



- 9780865719224
- English
 - Halftones, color
 - 7.5 x 9 x 0.69 in | 707.6 gr
 - 288 pages
 - New Society Publishers
 - Carton quantity: 20
 - GARDENING
 - Distributor: UTP Distribution

Your Edible Yard

Landscaping with Fruits and Vegetables
by Crystal Stevens
Feb 18, 2020 Paperback , Adhesive bound \$34.99 CAD

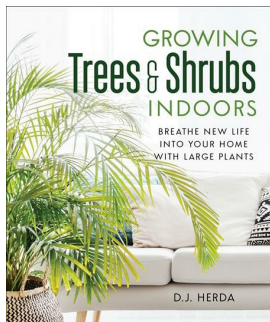
Unleash the potential of your yard by transforming it into a beautiful and vibrant space offering a continuous supply of food

Journey into the good food movement by unleashing the potential of your yard, transforming it into a beautiful and vibrant space that offers a continuous supply of food.

Using dozens of beautiful color photographs and watercolor planting charts, infographics, and landscaping designs, *Your Edible Yard* is the comprehensive how-to guide you need to turn your yard into a bountiful feast. It features:

- Practical gardening methods and maintenance from weeding to wintering, including foodscaping, container gardening, and saving seeds
- Permaculture principles including soil building techniques, garden preparation, raised beds, and natural/non-toxic DIY pesticide alternatives
- How to integrate culinary and medicinal herbs, edible flowers, mushrooms, fruits, vegetables, and

7



9780865719125

- English
- Plates, color, Illustrations, black and white
- 7.5 x 9 x 0.55 in | 527.04 gr
- 240 pages
- New Society Publishers
- Carton quantity: 26
- GARDENING
- Distributor: UTP Distribution

Growing Trees and Shrubs Indoors

Breathe New Life into Your Home with Large Plants
by D.J. Herda
Oct 15, 2019 Paperback , Trade \$24.99 CAD

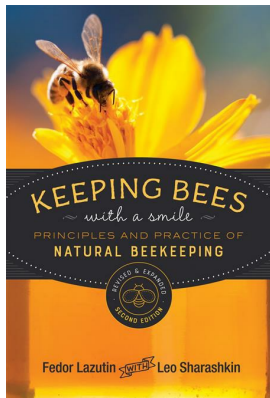
The complete guide to growing trees and shrubs indoors to beautify and purify your home

Some of the most polluted places on earth are where we spend 90% of our time: inside our homes. Science is continually uncovering more effective ways of improving the quality of our environment, and plants—specifically indoor trees and shrubs—are at the top of this list.

Growing trees and shrubs indoors might seem like a monumental challenge, but it's no different than growing any plants indoors. Written by master gardener DJ Herda, *Growing Trees and Shrubs Indoors* is a definitive guide on what makes these plants special and all the tips and tricks you need to help them survive and flourish in an indoor environment. It covers how they:

- Rid your environment of airborne pollutants
- Beautify your home
- Help you to live a longer, healthier, happier life.

8



9780865719279

- English
- Plates, color, Illustrations, black and white, Illustrations, color
- 6 x 9 x 0.96 in | 1.45 lb
- 400 pages
- New Society Publishers
- Carton quantity: 28
- TECHNOLOGY & ENGINEERING
- Distributor: UTP Distribution

Mother Earth News Wiser Living Series Keeping Bees with a Smile

Principles and Practice of Natural Beekeeping
by Fedor Lazutin, Leo Sharashkin
Apr 07, 2020 Paperback , Trade \$34.99 CAD

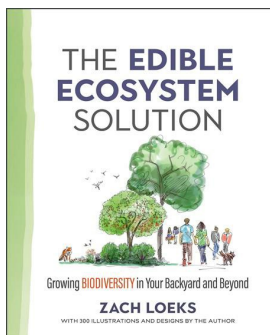
The updated bestselling guide to laid-back beekeeping for all, naturally!

Are you a beginner beekeeper curious about bees or a practicing beekeeper looking for natural alternatives that work? Then this book is for you!

In the second edition of the bestselling beekeeping guide *Keeping Bees with a Smile*, Fedor Lazutin, one of Europe's most successful natural beekeepers, shares the bee-friendly approach to apiculture that is fun, healthful, rewarding, and accessible to all. This new edition includes dozens of color photographs, new hive management techniques, and an updated version of "Lazutin hive" plans. Additional coverage includes:

- Keeping bees naturally without interfering in their lives
- Starting an apiary for free by attracting local bee swarms
- Building low-maintenance hives that mimic how bees live in nature

9



9780865719347

- English
- Illustrations, color
- 8 x 10 x 0.66 in | 680.4 gr
- 288 pages
- New Society Publishers
- Carton quantity: 20
- GARDENING
- Distributor: UTP Distribution

Mother Earth News Wiser Living Series The Edible Ecosystem Solution

Growing Biodiversity in Your Backyard and Beyond
by Zach Loeks 🍁
Dec 08, 2020 Paperback , Trade \$39.99 CAD

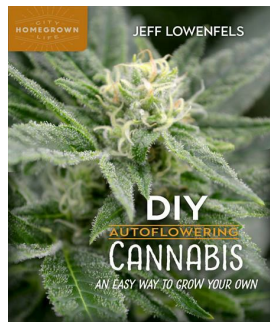
Start a peaceful revolution by planting an edible ecosystem and sharing the experience with your neighbors

Humans have always thrived in rich, diverse, edible ecosystems. Yet most cities and suburbs are blanketed by lawns, ornamentals, and a lack of biodiversity, let alone anything edible. It is within these sterile landscapes that seeds of an edible ecosystem lie.

The Edible Ecosystem Solution is a comprehensive, practical guidebook that looks at underutilized spaces to reveal the many opportunities for landscape transformation that are both far-reaching and immediately beneficial and enjoyable. Contents include:

- Hundreds of full-color infographics, illustrations, and photographs that clearly outline the principles and concepts of edible landscape design and benefits
- How to get started with as little as 25 square feet of land
- How to transition a garden plot into a place of edible abundance and an edible biodiversity hot spot

10



9780865719163

- English
- Halftones, color, Illustrations, color
- 7.5 x 9 x 0.41 in | 462.66 gr
- 176 pages
- New Society Publishers
- Carton quantity: 36
- GARDENING
- Distributor: UTP Distribution

Homegrown City Life

7

DIY Autoflowering Cannabis

An Easy Way to Grow Your Own

by Jeff Lowenfels

Oct 22, 2019 Paperback , Trade \$24.99 CAD

A totally new category of plants — as easy to grow as tomatoes, perfect for gardeners

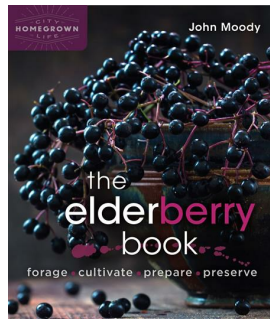
Cannabis prohibition is ending around the world, and there's a new bud in town — auto-flowering cannabis. As easy to grow as tomatoes, auto-flowering cannabis is the perfect new plant for the home gardener who has limited time and space.

Unlike commercially grown cannabis, auto-flowering cannabis plants are small, container-grown, day-neutral, require no special lights or equipment, and grow incredibly fast – from seed to harvest in as little as seven weeks.

Written by gardening authority Jeff Lowenfels, *DIY Auto-flowering Cannabis* is a full-color, illustrated guide for everyone wanting to grow their own. It covers:

- The history and benefits of auto-flowering cannabis

11



9780865719194

- English
- Halftones, color
- 7.5 x 9 x 0.34 in | 377.56 gr
- 128 pages
- New Society Publishers
- Carton quantity: 42
- HEALTH & FITNESS
- Distributor: UTP Distribution

Homegrown City Life

8

The Elderberry Book

Forage, Cultivate, Prepare, Preserve

by John Moody

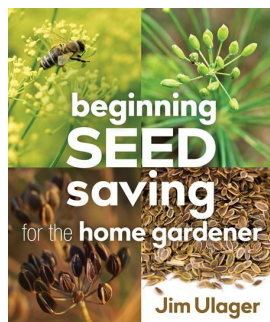
Sep 24, 2019 Paperback , Trade \$24.99 CAD

Your go-to guide for everything from cultivation to wine-making with one of humanity's oldest plant friends

Spanning history and geography, *The Elderberry Book* takes you on an adventure, deepening your appreciation of a plant that has played a crucial role across the world for thousands of years. Through this fun, inspirational, and educational resource, discover:

- Elderberry's amazing history
- Cultivating and foraging, from the balcony to the backyard
- Various traditional food and medicine preparations
- Simple wine-making techniques
- Traditional crafts and tools.

12



9780865719262

- English
- Illustrations, black and white, Plates, color
- 7.5 x 9 x 0.34 in | 226.8 gr
- 96 pages
- New Society Publishers
- Carton quantity: 52
- GARDENING
- Distributor: UTP Distribution

Beginning Seed Saving for the Home Gardener

by James Ulager

Sep 24, 2019 Paperback , Trade \$17.99 CAD

How home gardeners with limited time and garden space can reclaim the joy and independence of seed saving

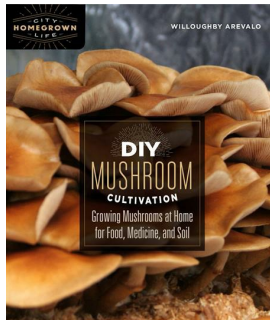
Beginning Seed Saving for the Home Gardener explores how seed saving is not only easier than we think, but that it is essential for vibrant, independent, and bountiful gardens.

Many home gardeners refuse to eat a grocery store tomato, but routinely obtain seeds commercially, sometimes from thousands of miles away. And while seed saving can appear mysterious and intimidating, even home gardeners with limited time and space can experience the joy and independence it brings, freeing them from industry and the annual commercial seed order.

Coverage includes:

- Why seed saving belongs in the home garden
- Principles of vegetative and sexual reproduction
- Easy inbreeding plants, including legumes, lettuce, tomatoes, and peppers

13



9780865718951

- English
- Halftones, color
- 7.5 x 9 x 0.71 in | 518.23 gr
- 208 pages
- New Society Publishers
- Carton quantity: 32
- NATURE
- Distributor: UTP Distribution

Homegrown City Life

6

DIY Mushroom Cultivation

Growing Mushrooms at Home for Food, Medicine, and Soil

by Willoughby Arevalo

Jul 16, 2019 Paperback , Trade \$29.99 CAD

Bring mushrooms into your life as you dive into the practice of home-scale mushroom cultivation

With applications in permaculture, urban farming, cooking, natural medicine, and the arts, interest in home-scale mushroom cultivation is exploding. Yet many beginners remain daunted by the perceived complexity of working with fungi.

DIY Mushroom Cultivation is the remedy, presenting proven, reliable, low-cost techniques for home-scale cultivation that eliminate the need for a clean-air lab space to grow various mushrooms and their mycelium.

Beautiful full-color photos and step-by-step instructions accompany a foundation of mushroom biology and ecology to support a holistic understanding of the practice. Growing techniques are applicable year-round, for any space from house to apartment, and for any climate, budget, or goal. Techniques include:

• Growing on a home-scale mushroom

14



9780865718425

- English
- Plates, color
- 7.5 x 9 x 0.45 in | 466 gr
- 224 pages
- New Society Publishers
- Carton quantity: 30
- GARDENING
- Distributor: UTP Distribution

Homegrown City Life

1

The Food Lover's Garden

Growing, Cooking, and Eating Well

by Jenni Blackmore 🇨🇦, Jenni Blackmore 🇨🇦

Mar 31, 2017 Paperback , Trade \$24.99 CAD

Grow it, cook it, eat it! From the vegetable patch to the dinner table

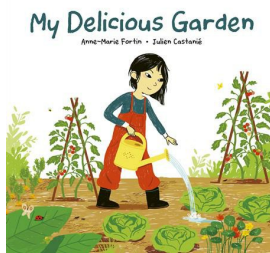
Put off by the origin-unknown, not-so-fresh, pesticide-laden herbs at the grocery store? Hungry for delicious high-quality vegetables and fragrant herbs, and looking to have some control over where your food comes from but you're a novice gardener?

Foodie meets novice gardener in this deliciously accessible, easy-to-use guide to planting, growing, harvesting, cooking, and preserving 20+ popular, easy-to-grow vegetables and herbs. Taking the novice gardener from growing herbs and vegetables to cooking delicious, nutritious, and affordable meals using these herbs and vegetables, this book is a celebration of food in all its stages.

The Food Lover's Garden guides novice gardeners through:

- Getting started with easy step-by-step growing instructions from balcony to backyard

15



9781771474689

- English, Translated from: French
- Illustrations, color
- 9 x 9 x 0.38 in | 369 gr
- 24 pages
- Owlkids
- Carton quantity: 30
- JUVENILE FICTION
- Age (years) 4 - 8
- Distributor: UTP Distribution

My Delicious Garden

by Anne-Marie Fortin 🇨🇦, Julien Castanié 🇨🇦

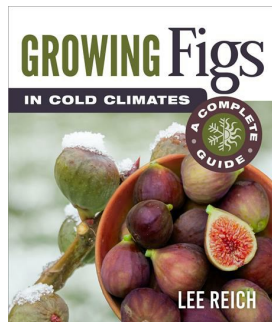
Mar 15, 2022 Hardcover , Picture book \$18.95 CAD

A girl lovingly tends to her garden through the seasons

In the depths of winter, one young girl is already dreaming of planting her very own vegetable garden. In January, she sketches out the rows of lettuce, the trellis for the peas, and a large plot for the tomatoes while she waits for warmer weather. March is time for sowing, and April gives way to the first leaves of her seedlings.

As the seasons change from spring to summer, she (with the help of her moms) spreads compost and turns up the soil to finally plant her veggies into the earth. As the months go by, she lovingly weeds, waters, and cares for her garden until it's time to harvest a bounty big enough to share with all their friends! *My Delicious Garden* celebrates the joy of growing food from seed and is a cozy exploration of the connections between nature, food, and community.

16



- 9780865719576
- English
 - Illustrations, color
 - 7.5 x 9 x 0.35 in | 0.7 lb
 - 128 pages
 - New Society Publishers
 - Carton quantity: 46
 - GARDENING
 - Distributor: UTP Distribution

Growing Figs in Cold Climates

A Complete Guide

by Lee Reich

Oct 05, 2021 Paperback , Trade \$24.99 CAD

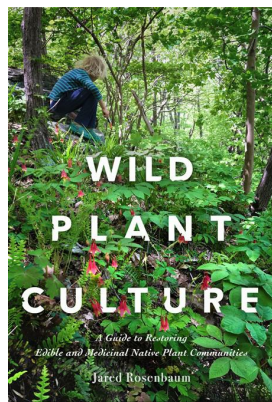
From Minnesota to Moscow — how to grow fresh figs in cold climates

Growing Figs in Cold Climates is a complete, full-color, illustrated guide to organic methods for growing delicious figs in cold climates, well outside the traditional hot, arid home of this ancient fruiting tree. Coverage includes:

- Five methods for growing figs in cold climates including overwintering
- Cultivar selection for cool and cold climates
- Pruning techniques for a variety of methods of growing figs in cold climates
- Pest problems and solutions
- Harvesting, including ways to speed ripening, identify ripe fruit, and manage an overabundance
- Small-scale commercial fig production in cold climates.

Fresh figs are juicy, full-bodied, and filled with a honey-sweet flavor, and because truly ripe figs are

17



- 9780865719804
- English
 - Halftones, black and white, Halftones, color
 - 7.5 x 8.88 x 0.69 in | 1.3 lb
 - 296 pages
 - New Society Publishers
 - Carton quantity: 22
 - NATURE
 - Distributor: UTP Distribution

Wild Plant Culture

A Guide to Restoring Edible and Medicinal Native Plant Communities

by Jared Rosenbaum

Nov 22, 2022 Paperback , Trade \$39.99 CAD

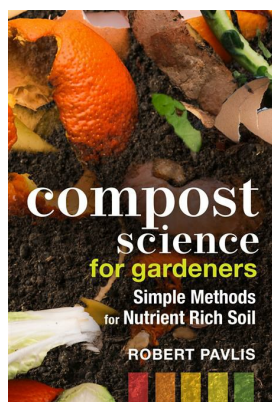
Reconnect. Restore. Reciprocate. Repairing landscapes and reconnecting us to the wild plant communities around us.

Integrating restoration practices, foraging, herbalism, rewilding, and permaculture, *Wild Plant Culture* is a comprehensive guide to the ecological restoration of native edible and medicinal plant communities in Eastern North America.

Blending science, practice, and traditional knowledge, it makes bold connections that are actionable, innovative, and ecologically imperative for repairing both degraded landscapes and our broken cultural relationship with nature. Coverage includes:

- Understanding and engaging in mutually beneficial human-plant connections
- Techniques for observing the land's existing and potential plant communities
- Baseline monitoring, site preparation, seeding, planting, and maintaining restored areas
- Botanical fieldwork restoration stories and examples
- Detailed profiles of 209 native plants and their uses.

18



- 9780865719767
- English
 - Illustrations, black and white
 - 6 x 9 x 0.52 in | 0.78 lb
 - 224 pages
 - New Society Publishers
 - Carton quantity: 52
 - GARDENING
 - Distributor: UTP Distribution

Compost Science for Gardeners

Simple Methods for Nutrient-Rich Soil

by Robert Pavlis 🍁

Jan 24, 2023 Paperback , Trade \$22.99 CAD

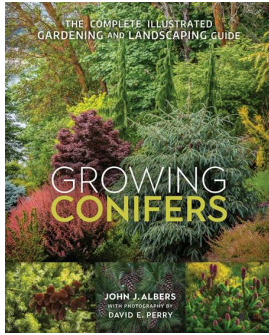
Create your own compost and grow better plants.

Create your own compost and grow better plants.

With breathtaking clarity, *Compost Science for Gardeners* demystifies composting practices and helps readers determine the best technique for their unique situation. This comprehensive science-based book is your key to building healthier soil and growing better plants.

Using plain language and easy-to-follow instructions, this essential resource distills and blends the latest scientific research with the author's many decades of knowledge and experience into manageable form, debunking a host of common gardening myths along the way. Learn about:

- The role of composting in the ecological cycle
- Compostable materials to incorporate and those to avoid
- Browns and greens vs the carbon-to-nitrogen ratio



9780865719569

- English
- Halftones, color
- 8 x 10 x 0.6 in | 1.4 lb
- 224 pages
- New Society Publishers
- Carton quantity: 24
- GARDENING
- Distributor: UTP Distribution

Growing Conifers

The Complete Illustrated Gardening and Landscaping Guide
by John J. Albers, David E Perry
May 18, 2021 Paperback , Trade \$39.99 CAD

Evergreen your landscape with the beauty and benefits of conifers

Growing Conifers is a beautifully photographed, comprehensive gardening guide for selecting and cultivating conifers. Coverage includes:

- Conifer taxonomy, classification, and geographic distribution
- Selecting conifers for size, shape, color, and texture
- Best practices for placement and planting of trees, shrubs, and groundcovers in urban and rural gardens
- Growing needs and low-input maintenance
- Building healthy soil, minimizing water stress, and integrated pest management
- Benefits of conifers including habitat, water and air quality, carbon sequestration, aesthetics, and food.

Conifers are often overlooked in gardening and landscaping in favor of deciduous trees and shrubs.