

BREAKWATER BOOKS

SPRING 2020



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# The Little Red Shed

ADAM & JENNIFER YOUNG

**MAY | 2020**

ISBN 978-155081-833-8

English

**CHILDREN** Juvenile

36 pages | 7.5 x 9 PBK

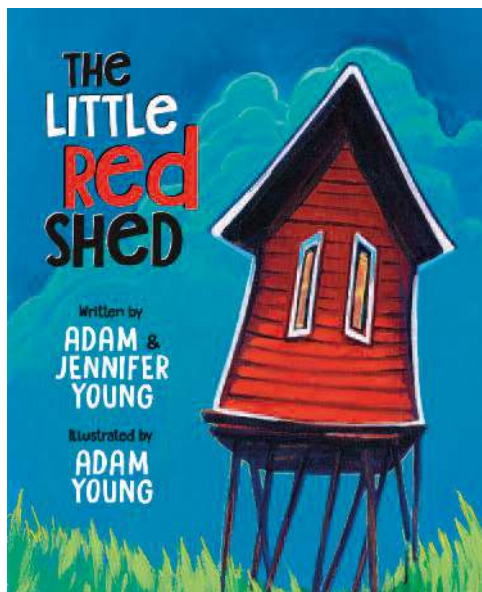
36 colour illustrations

\$14.95



DISTRIBUTOR: University of  
Toronto Press Distribution

CARTON QUANTITY: 100



## A LOOK INSIDE:



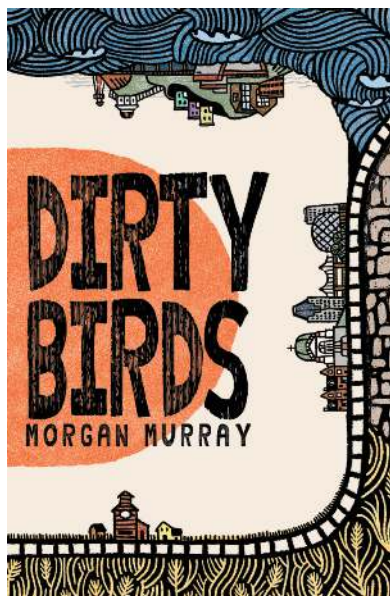
Once upon a fine morning, a little shed awakens to discover she isn't quite the same as she used to be. Uncertain and feeling as if she no longer fits in, she decides to leave home and sets out to sea. All alone on the wide, wide ocean, she meets an extraordinary new friend who sees how special she really is, and with newfound confidence, the little red shed returns home and inspires everyone to cherish their differences.



**ADAM AND JENNIFER YOUNG** live on Fogo Island, Newfoundland, with their two daughters and their dog, Johnny Cash. An accomplished visual artist, Adam is best known for his original, whimsical, and vividly colourful depictions of Eastern Canada.

# Dirty Birds

MORGAN MURRAY



**MAY | 2020**

ISBN 978-1-55081-807-9

English

**FICTION** Humorous / General

432 pages | 4.25 x 6.875 PBK

\$22.95



DISTRIBUTOR: University of  
Toronto Press Distribution

CARTON QUANTITY: 24

Hilariously ironic and irreverent, in *Dirty Birds*, Morgan Murray generates a quest novel for the twenty-first century—a coming-of-age, rom-com, crime-farce thriller—where a hero's greatest foe is his own crippling mediocrity as he seeks purpose in art, money, power, crime, and sleeping in all day.



**MORGAN MURRAY** was born and raised on a farm near the same west-central Alberta village as figure-skating legend Kurt Browning (Caroline). He now lives, works, plays, writes, and builds all sorts of crooked furniture in Cape Breton. In between, he has been a professional schemer, a farmer, a rancher, a roust-about, a secretary, a reporter, a designer, a Tweeter, and a student in St. John's, Calgary, Prague, Montreal, Chicoutimi, and Paris. He holds a Bachelor of Arts in Canadian Studies from the University of Calgary, a Certificate in Central and Eastern European Studies from the University of Economics, Prague, a Master of Philosophy in Humanities from Memorial University of Newfoundland, and a participation ribbon for beef-calf showmanship (incomplete) from the Little Britches 4-H Club.



# Field Guide to Newfoundland and Labrador

MICHAEL COLLINS

**JUNE | 2020**

ISBN 978-155081-356-2

English

**NONFICTION** Nature

480 pages | 4.5 x 8 PBK

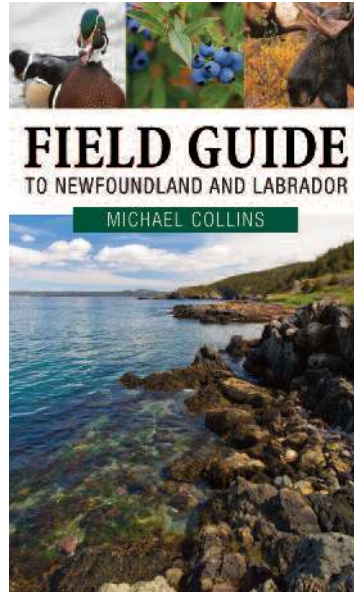
900 colour illustrations

\$34.95



DISTRIBUTOR: University of  
Toronto Press Distribution

CARTON QUANTITY: 24



## A LOOK INSIDE:



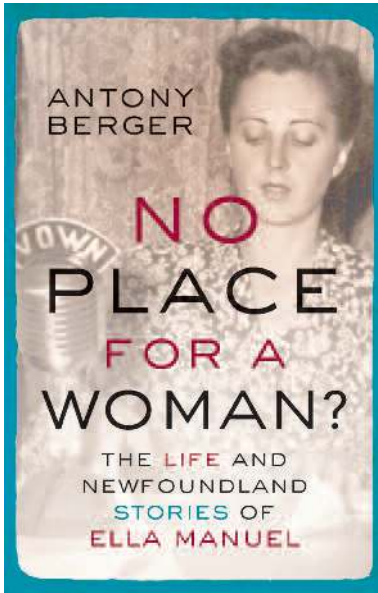
The most comprehensive guide of its kind on the market today. From flora and fauna to icebergs and weather, no stone is left unturned in this perfect introduction to the province's life and landscape. Compiled and edited by Memorial University biologist Michael Collins, with contributions from over twenty renowned experts, the guide is accessible, durable, perfectly sized, and indexed for ease of use in the field.

**MICHAEL COLLINS** is an Associate Professor of Biology at Memorial University and holds a Ph.D. in Science Education. The author of several nature books himself, Collins compiled the *Field Guide to Newfoundland and Labrador* with contributions from over twenty renowned experts.

# No Place For a Woman?

## The Life and Newfoundland Stories of Ella Manuel

ANTONY BERGER



**JUNE | 2020**

ISBN 978-155081-836-9

English

**NONFICTION** Biography

272 pages | 5.5 x 8.5 PBK

24 B&W illustrations

\$21.95



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DISTRIBUTOR: University of  
Toronto Press Distribution

CARTON QUANTITY: 32

As a young woman, the late Ella Manuel left the busy shipping community of Lewisporte, Newfoundland, for the wider world in the 1920s, but eventually returned to the island, as a single mother, to settle in Bonne Bay. An accomplished writer, broadcaster, journalist, advocate for peace, and staunch feminist, Manuel would leave an indelible mark on the culture she documented and celebrated in her work. Here, biographer Antony Berger expertly chronicles the life of Ella Manuel and incorporates unpublished radio scripts and brilliant extracts from her private journals to bring Manuel to the page in her own words. Brimming with insight and wit, *No Place for a Woman?* opens an illuminating window on life in twentieth-century Newfoundland, and preserves the work of a truly original Newfoundlander.



**ANTONY BERGER** is a graduate of Dalhousie, the University of Melbourne, and Liverpool University and has lectured on every continent except Antarctica. The author and editor of numerous scientific books and articles and more recently *The Good and Beautiful Bay* (Flanker 2014), a history of Bonne Bay, Newfoundland, he divides his time between Woody Point, NL, and Wolfville, NS, where he is a keen choral singer.

# Hard Ticket

EDITED BY LISA MOORE

**JULY | 2020**

ISBN 978-1-55081-827-7

English

**FICTION** Anthologies

184 pages | 5.25 x 8 PBK

\$19.95



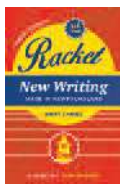
DISTRIBUTOR: University of  
Toronto Press Distribution

CARTON QUANTITY: 40



ALSO AVAILABLE:

Racket | 9781550816099



**hard ticket** *noun* (*Nfld*) a lively character, a tough or headstrong person, someone not easily controlled.

*Hard Ticket* showcases thirteen of the most exciting emerging writers in Newfoundland. Selected by critically acclaimed author Lisa Moore, these previously unpublished stories highlight the charged and magnetic work of Newfoundland's next generation of literary trailblazers.



**LISA MOORE** is the author of *Degrees of Nakedness*, *Open*, *Alligator*, *February*, *Caught*, *Something for Everyone*, and the young-adult novel *Flannery*. She lives in St. John's where she is a professor of Creative Writing at Memorial University.



# Some Good: Sweet Treats

JESSICA MITTON



In *Some Good: Sweet Treats*, Jessica Mitton follows the success of her first cookbook, *Some Good*, with the course that everyone's been waiting for—dessert! With decadent chocolate delights, oat-based goodies, muffins, cakes, squares, and cookies, these recipes will satisfy your sweet tooth without the guilt. Now you can make truly tasty treats that are gluten and dairy free, incorporating healthier ingredients that will make everyone feel *Some Good*!



**JESSICA MITTON** is a Culinary Nutrition Expert and an award-winning Certified Holistic Nutritional Consultant. She has been featured in multiple publications and media channels, including the Academy of Culinary Nutrition's From Scratch cookbooks, CBC radio, and the national magazine, *Optimyz*. Jessica is the author of the hit cookbook, *Some Good*, which was shortlisted for a Taste Canada award. When she is not busy creating in her kitchen, Jessica co-authors the lifestyle blog, *Some Good Living*, with her husband, Gareth. She lives in New Brunswick.

**JULY | 2020**

ISBN 978-1-55081-830-7

English

**NONFICTION** Cooking

144 pages | 7 x 9 PBK

100 colour illustrations

\$21.95



DISTRIBUTOR: University of  
Toronto Press Distribution

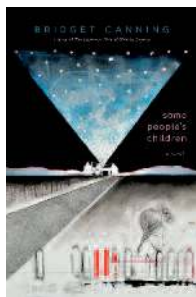
CARTON QUANTITY: 36

ALSO AVAILABLE:

*Some Good* | 9781550817430



## BACKLIST HIGHLIGHTS



### Some People's Children

BRIDGET CANNING

ISBN 9781550818123

Weaving through a maze of gossip, community, and the complications of

family, *Some People's Children* is a revealing and liberating novel about the way others look at us and the power of self-discovery.



### Lost in Newfoundland

MICHAEL WINSOR

ISBN 9781550818215

An artistic compendium of Newfoundland's visual wonders—its seascapes, landscapes, cityscapes, and natural inhabitants. This is a fine-art homage to an island where, as Winsor himself suggests, "Every cove, inlet, tickle, island, bay, peninsula, point, or arm is more beautiful than the next."



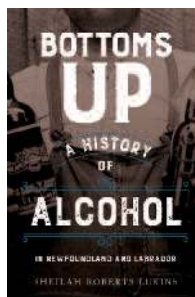
### Melt

HEIDI WICKS

ISBN 9781550818246

Shifting radiantly between the late nineties and the present day, *Melt* explores the

life-sustaining anatomy of friendship and the complex relationships we have with our pasts.



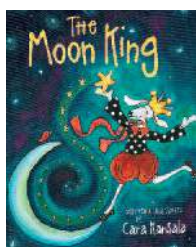
### Bottom's Up

SHELAH ROBERTS LUKINS

ISBN 9781550818017

*Bottoms Up* is the story of alcohol in Newfoundland and Labrador, and reveals how the

drink helped shape so much of the province's culture.



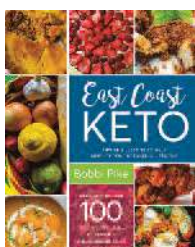
### The Moon King

CARA KARSALA

ISBN 9781550818185

When the magical Moon King tips over the night,

it spills across the land and sea, and he seeks the help of animals to collect the stars and return them to the sky. This beautifully illustrated bedtime story weaves an enchanting fable destined to become a children's classic—the perfect way to welcome the night and celebrate the wonder of dreams.



### East Coast Keto

BOBBI PIKE

ISBN 9781550817867

From the creative and culinary forces behind

the East Coast Keto community, comes the first cookbook that blends an East Coast way of life with ketogenic living. *East Coast Keto* contains over 100 keto recipes using flavours and ingredients of the East Coast, and with some traditional Newfoundland meals re-imagined as low-carb and ketogenic staples.

## BACKLIST HIGHLIGHTS

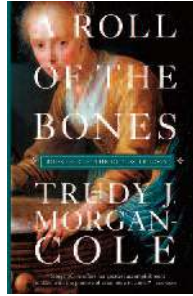


### We All Will Be Received

LESLIE VRYENHOEK  
ISBN 9781550818048

Leslie Vryenhoek offers a range of unforgettable characters—all hoping to reconstruct a truth

that's been shattered by perspective—and asks whether anyone can find peace or atonement in a contemporary world where technology makes the past ever present.



### A Roll of the Bones

TRUDY J. MORGAN-COLE  
ISBN 9781550817980

A vivid reimagining of settler life in the early seventeenth century, *A Roll of the Bones* is the

first in a trilogy of novels wrestling with the realities of colonization. Two worlds will collide, and the limits of love and loyalty will be tried in a harsh and unforgiving landscape.

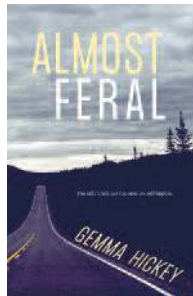


### Land Beyond the Sea

KEVIN MAJOR  
ISBN 9781550817522

Governor General Award winner Kevin Major reimagines the events of October 14,

1942, when a German U-boat sank the passenger ferry SS *Caribou* in the Gulf of St. Lawrence. A powerful and empathetic testament to the acts of destruction and the acts of heroism carried out in the name of home.

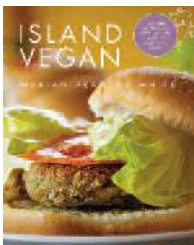


### Almost Feral

GEMMA HICKEY  
ISBN 9781550817775

A passionate humanist whose activism has changed the legal landscape of Canada, Hickey's

physical and personal journey through gender transformation and advocating for survivors of clergy sexual abuse is the subject of *Almost Feral*, exploring themes of transformation, identity, and survival.



### Island Vegan

MARIAN FRANCES WHITE  
ISBN 9781550817622

In *Island Vegan*, Newfoundland's original

trailblazing vegan chef returns with over 100 plant-based recipes. The culmination of over forty years of exquisite vegan cooking, every recipe in *Island Vegan* is health conscious, environmentally sound, and absolutely delicious!



### Rock Recipes Cookies

BARRY C. PARSONS  
ISBN 9781550817461

Bestselling home cook and food blogger Barry C.

Parsons has compiled his ultimate collection of cookie recipes. From teatime treats and no-bake cookies to drop cookies chock-full of comfort, *Rock Recipes Cookies* contains all you'll ever need when seeking a delectable bite-sized delight.

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