



BREAKWATER

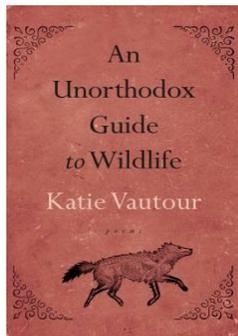
[www.breakwaterbooks.com](http://www.breakwaterbooks.com)



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9781550817683

- English
- 5 x 7.75 x 0.25 in
- 96 pages
- Breakwater Books

**Subject**

POETRY / Subjects &amp; Themes / Nature

**Other formats****Distributor**University of Toronto Press  
Distribution

Expected ship date: Mar 01, 2019

Carton quantity: 70

**An Unorthodox Guide to Wildlife**

By (author) Katie Vautour

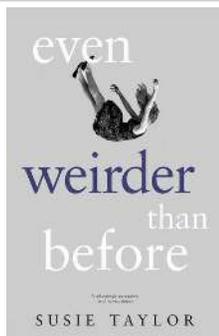
Mar 15, 2019 | Paperback \$19.95 |

Katie Vautour's extraordinary debut collection is an eclectic examination of the space where humans and animals meet, where migratory patterns encounter commercial flights, and birds appear as fishermen, security guards, and street performers. There are riffs on the chameleon and lyrebird, odes to buffalo and shark. With poems that are at once intuitive yet idiosyncratic, visceral yet cerebral, and that flourish an unconventional sense of effortless motion, *An Unorthodox Guide to Wildlife* considers how animals exist in our lives and imaginations: as autonomous beings, as mimics and metaphors of our own lives, and as bellwethers of environmental damage. At times humorous, tragic, or both, these poems tell the story of natural existence in a sometimes unnatural world.

**Contributor Bio**

Katie Vautour is a visual artist and writer published in a variety of literary journals, and though she dabbles in all genres (including fiction, non-fiction, and playwriting), her main focus is poetry. She is also the director of the Piper's Frith Writing Retreat. Katie graduated from the Nova Scotia College of Art and Design University with majors in Filmmaking, Painting, Drawing and Art History. She has participated in residencies in Oaxaca, Mexico, New Brunswick, and the Banff Centre. She exhibits her mixed-media work, paintings, and drawings throughout Atlantic Canada, and gladly repurposes offered used materials into art. She lives in St. John's.





9781550817713

- English
- 5.5 x 8.5 x 1.25 in
- 264 pages
- Breakwater Books

**Subject**

FICTION / Family Life / Marriage &amp; Divorce

**Other formats****Distributor**University of Toronto Press  
Distribution

Expected ship date: Mar 15, 2019

Carton quantity: 35

**Even Weirder Than Before**

By (author) Susie Taylor

Apr 01, 2019 | Paperback \$22.95 |

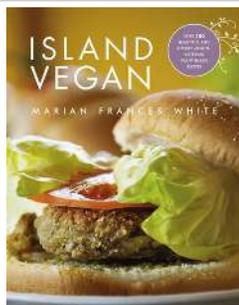
Daisy's job is to be as unobtrusive as possible. But when her father suddenly leaves and her mother breaks down, Daisy's old life disappears, and she is set free in the rift created between her parents. Susie Taylor's sharp, quick-witted prose carries Daisy through a family cataclysm, relationships with boys, and her increasingly confusing feelings towards girls, especially Wanda. A refreshingly perceptive and honest debut, *Even Weirder Than Before* explores the nature of family, friendships, and sexual awakenings—and introduces one of Newfoundland's most exciting new writers.

**Contributor Bio**

Susie Taylor's work has won the NLCU Fresh Fish Award for emerging writers, Riddle Fence's Leaside Fiction Prize and Newfoundland and Labrador Arts and Letters awards. *Even Weirder Than Before* is her first novel. She lives in Harbour Grace.



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9781550817652

- English
- 90 Colour illustrations
- 7 x 9 x 1.25 in
- 264 pages
- Breakwater Books

### Subject

COOKING / Vegan

### Distributor

University of Toronto Press  
Distribution

Expected ship date: Apr 15, 2019

Carton quantity: 18

## Island Vegan

By (author) Marian Frances White 🇨🇦

May 01, 2019 | Paperback \$29.95 |

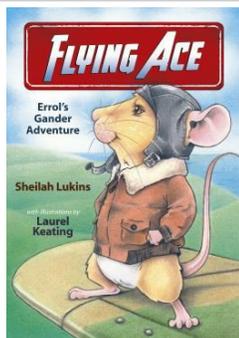
"In *Island Vegan*, Newfoundland's original trailblazing vegan chef, Marian Frances White, returns with over 100 beautiful and utterly mouth-watering, plant-based recipes. Using readily available ingredients with a blend of local and international flavours, Marian provides everything you need, whether you're a committed vegan or just starting out. Here you'll find soups, salads, sauces, smoothies, pastries, pancakes, main dishes, delectable desserts, and much more. And there are full-colour photographs to help you create the perfect setting. The culmination of over forty years of exquisite, tried-and-tested vegan cooking, every recipe in *Island Vegan* is health conscious, environmentally sound, and absolutely delicious!"

### Contributor Bio

Marian Frances White studied journalism at Carleton University and has worked in the Canadian arts scene as a poet, editor, and filmmaker. Marian has been a vegan since the mid-1970s and is the author of *The Eldamar Cookbook: A Fine Vegan Cuisine*. She's worked as a chef and studied at the Hippocrates Health Institute in Boston. She lives in St. John's.



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9781550817744

- English
- 8 Colour illustrations, 8 B&W illustrations
- 6 x 9 x 0.25 in
- 36 pages
- Breakwater Books

### Subject

JUVENILE FICTION / Action & Adventure / General

### Audience range

Age (years) from 7 - 12, Grade (CAN) from 2 - 6, Grade (US) from 2 - 6, Reading age from 7 - 12

### Distributor

University of Toronto Press  
Distribution

Expected ship date: Apr 15, 2019

Carton quantity: 100

## Flying Ace

*Errol's Gander Adventure*

By (author) Sheilah Lukins 🇨🇦, Illustrated by Laurel Keating 🇨🇦

May 01, 2019 | Paperback \$12.95 |

Errol the adventurous little mouse takes to the sky when he meets a young girl, Natasha, playing with a toy airplane. Later, when Errol is left alone, he decides to fly Natasha's toy plane and begins a magical journey that takes him back in time to one night in 1940. He meets up with Dan, a radio operator on a full-sized Hudson bomber, and gets to accompany the crew on their late night, top-secret flight across the Atlantic. When an enemy plane appears over Ireland and threatens the safety of crew and craft, only Errol can save them from disaster.

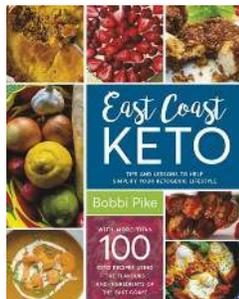
### Contributor Bio

Sheilah Roberts Lukins lives in St. Philips, NL, with her husband and several garden mice. She has written two non-fiction books for adults and, most recently, her first children's book: *Full Speed Ahead: Errol's Bell Island Adventure*, winner of the Bruneau Family Children's/YA Award. Her loves include history, horses, dogs, good food, great stories—and of course the occasional mouse.

Laurel Keating is a self-taught and award-winning artist whose illustration work has appeared in several children's books: *Yaffle's Journey*, *Elliot and the Impossible Fish*, *Moose's Roof*, and *Full Speed Ahead: Errol's Bell Island Adventure*, to name a few. A native Newfoundlander and animal lover, she lives in Portugal Cove, which she has called home all her life.



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9781550817867

- English
- 120 Colour illustrations
- 7 x 9 x 1.25 in
- 288 pages
- Breakwater Books

### Subject

COOKING / Health & Healing / Low Carbohydrate

### Distributor

University of Toronto Press  
Distribution

Expected ship date: May 01, 2019

Carton quantity: 18

## East Coast Keto

By (author) Bobbi Pike 

May 15, 2019 | Paperback \$34.95 |

"From the creative and culinary forces behind the East Coast Keto community, comes the first cookbook that blends an East Coast way of life with ketogenic living. In East Coast Keto, Bobbi Pike and her husband, Geoff, serve up over 100 keto recipes using the flavours and ingredients of the East Coast, and with some traditional Newfoundland meals re-imagined as low-carb and ketogenic staples. Here you'll find the Best Ever Breaded Chicken, Game Day Chili, Lasagna, Savoury Cheesy Biscuits, John Cabot Salmon, and Newfoundland Snowballs. With appetizers and fat bombs, main meals and decadent deserts, East Coast Keto also delivers tips, lessons, and nutritional values to help simplify your ketogenic lifestyle. Now you can join the millions of people practicing a ketogenic approach to life, and do it the East Coast Keto way."

### Contributor Bio

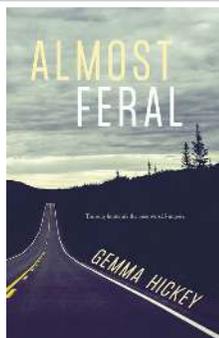
Bobbi Pike is the co-founder of the East Coast Keto community. She's also the owner and artist at Bobbi Pike Art. She's the bestselling author of the adult colouring book *The Colours of Newfoundland and Labrador*, and the sharable colouring book *Come Colour with Me*. An art instructor and freelance writer, Bobbi is also a wife, mother, and a puppy/kitty mom.

Geoff Pike is co-owner and associate artist at Bobbi Pike Art, where he's also the head of IT, and director of logistics and shipping and receiving. He's also a senior database designer at Inmarsat Global. A husband and father, Geoff is also a passionate cook, a lover of music, and tolerator of cats.

Following an East Coast Keto lifestyle, Bobbi and Geoff have together lost more than 100 pounds (and counting).

[Contributor Website](#)





9781550817775

- English
- 5.5 x 8.5 x 1 in
- 216 pages
- Breakwater Books

**Subject**BIOGRAPHY & AUTOBIOGRAPHY /  
Social Activists**Other formats****Distributor**University of Toronto Press  
Distribution

Expected ship date: May 15, 2019

Carton quantity: 40

**Almost Feral**

By (author) Gemma Hickey

Jun 01, 2019 | Paperback \$24.95 |

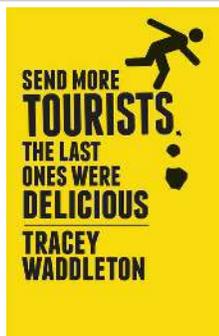
"On August 2, 2015, tireless social and political activist Gemma Hickey completed a 938-kilometer walk across the island of Newfoundland—a journey undertaken to raise awareness and to support victims of clergy sexual abuse. Along the way, Hickey heard firsthand accounts of abuse, courage, and recovery. At other times, alone and staring down the grand expanse of the TransCanada Highway stretching over the horizon, Hickey was left with little more than the physical realities of the landscape and the sense of one's own body. By the end of this arduous passage, Hickey reached the courageous decision to become a transgender man. Through complex feelings of empathy and solitude, suffering, recovery, and celebration, Gemma Hickey's *Almost Feral* chronicles a journey from one side of an island to the other side of personal identity—charting an unknown territory where one's body becomes the map that leads to home."

**Contributor Bio**

Gemma Hickey is a passionate humanist whose activism has changed the legal landscape of Canada, expanding rights, equality and dignity for the LGBTQ2+ community and raising awareness for survivors of clergy abuse. Since 2010, they have been Executive Director of For the Love of Learning, a non-profit that works to forge new paths for at-risk youth by advancing their literacy and creative skills. In 2013, Gemma created the Pathways Foundation, a non-profit organization that supports survivors of clergy abuse. To promote awareness and raise funds for the cause, they walked 938 kilometres across Newfoundland in July 2015. Gemma's physical and personal journey through gender transformation is the subject of *Just Be Gemma*, a documentary produced by Nine Island Communications. As a well-known force for change, Gemma co-led the movement that legalized same-sex marriage in Canada in 2005. In 2017, their request for a gender-neutral birth certificate spurred Newfoundland and Labrador to change its law, and Gemma became the first person in Canada to receive a non-binary birth certificate. A strong believer in ongoing learning and individual growth, Gemma lives in St. John's, where they are currently working on a Master's degree in Gender Studies at Memorial University.



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9781550817805

- English
- 5.5 x 8.5 x 1 in
- 192 pages
- Breakwater Books

**Subject**

FICTION / Short Stories

**Other formats****Distributor**University of Toronto Press  
Distribution

Expected ship date: May 15, 2019

Carton quantity: 48

**Send More Tourists...the Last Ones Were Delicious**By (author) Tracey Waddleton 

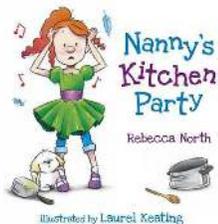
Jun 01, 2019 | Paperback \$19.95 |

With birth, death, contemplation, and close calls, *Send More Tourists... the Last Ones Were Delicious* explores how we respond to the weight of social expectations. From the hidden pressures of wall paint and tarot card predictions, to the burden of phone numbers and the dismembering of saints, Waddleton takes us on a surrealist road trip through the missteps of her vivid characters with honesty and compassion. These are stories of survival. Unafraid, dreamy, and downright weird, these stories cross boundaries of geography, gender, and generation with an eye to the transient nature of human life

**Contributor Bio**

Tracey Waddleton was raised in Trepassey, Newfoundland, and now splits her time between St. John's and Montreal. She was a finalist for the 2013 NLCU Fresh Fish Award for Emerging Writers, and in 2014 her stories won both second and third place in the Cuffer Prize Competition. She was the recipient of the Lawrence Jackson Award in 2015. Waddleton's work has been published in *Riddle Fence*, *The Telegram*, *NQOnline*, *Paragon 6*, and various Cuffer Anthologies.





## Nanny's Kitchen Party

By (author) Rebecca North , Illustrated by Laurel Keating 

Jun 30, 2019 | Paperback \$12.95 |

"Where in this racket can Nanny be? When you get invited to a kitchen party at your grandmother's house, there may be certain things you don't expect to find: like moose and foxes and bears! In this exciting, playful romp through a Newfoundland kitchen party, there are an increasing number of animal party crashers...and one fun-loving Nanny smack dab in the middle of it all."



9781550817836

- English
- 8 x 10 x 0.25 in
- 36 pages
- Breakwater Books

### Subject

JUVENILE FICTION / Imagination & Play

### Audience range

Age (years) from 4 - 8, Reading age from 4 - 8

### Distributor

University of Toronto Press  
Distribution

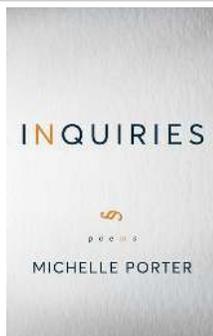
Expected ship date: Jun 15, 2019

Carton quantity: 100

### Contributor Bio

Rebecca North is the author of *A Picnic at the Lighthouse* and *Elliot and the Impossible Fish*, finalist for the Bruneau Family Children's/YA Award. Rebecca grew up in Halifax, Nova Scotia, and now lives in Kingston, Ontario. She is the mother of two young children and spends many hours reading and re-reading picture books.

Laurel Keating is a self-taught and award-winning artist whose illustration work has appeared in several children's books: *Yaffle's Journey*, *Elliot and the Impossible Fish*, *Moose's Roof*, and *Full Speed Ahead: Errol's Bell Island Adventure*, to name a few. A native Newfoundlander and animal lover, she lives in Portugal Cove, which she has called home all her life.



9781550817928

- English
- 5 x 7.75 x 0.25 in
- 96 pages
- Breakwater Books

### Subject

POETRY / Women Authors

### Other formats

### Distributor

University of Toronto Press  
Distribution

Expected ship date: Jun 15, 2019

Carton quantity: 125

## Inquiries

By (author) Michelle Porter 

Jun 30, 2019 | Paperback \$19.95 |

In poems that risk the comingling of anger and elegy, poetry and documentation, humour and the dark spectre of poverty, Michelle Porter's *Inquiries* oscillates at its edges, and amplifies the presence of human strength as it keeps company with our enigmatic and ever-present nemeses. This is a startling debut where the line between reality and reality television blurs, where a simple trip to the grocery store unifies mother and daughter in struggle, and where an economics of iniquity proves the existence of love as equality. With wit, poise, raw emotion, and versatility, *Inquiries* announces the emergence of an impressive new talent.

### Contributor Bio

Michelle Porter is a Red River Métis poet, journalist, and editor. She holds degrees in journalism, folklore, and geography (PhD). Her academic research and creative work have been focused on home, Métis mobility, and the changing nature of our relationship to land. She's won awards for her work in poetry and journalism, and has been published in literary journals, newspapers, and magazines across the country. She lives in St. John's.



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