

EARLY SPRING 2020 FAMILIUS

This edition of the catalogue was printed on August 26, 2019.

To view updates, please see the Early Spring 2020 Raincoast eCatalogue or visit www.raincoast.com



Familius On Sale: Apr 7/20 6 x 9 • 225 pages 9781950020010 • \$21.95 • pb Fiction / Science Fiction / Adventure • Ages 12+ Series: Horizon Arc

Notes

Promotion



Horizon Beta by D. W. Vogel

From the author of the bestselling Horizon Alpha series, comes a new thrilling sci-fi novel!

One egg holds humanity's last hope.

Noah was born in the Hive. Raised a willing slave to a species of giant, intelligent insects, he and the other boys never question humans' place in society. They live to serve. Attaining the highest honor any human can aspire to, he joins the ranks of Queen's Servants with no idea what the job entails.

When Noah learns the horrible truth about the insect Queen, his life is forfeit to the Hive. But unrest is coursing through the underground tunnels. The Hive is sick, and a new Queen is needed. And the insects aren't the only ones who know it. Outside the walls, a pack of feral humans holds the secret to Noah's forgotten past.

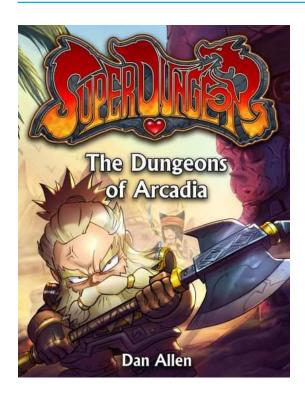
Noah is the key to the new Queen's survival. And the new Queen is the humans of the Horizon Beta's only hope on a distant world where insects rule.

Author Bio

Wendy Vogel is a veterinarian, marathon runner, cancer survivor, SCUBA diver, and current president of Cincinnati Fiction Writers. Her adult fiction is represented by Carly Watters of P.S. Literary. Her first fantasy novel, Flamewalker, was published in 2015 by Word Branch Publishing and several of her short stories make an appearance in anthologies published by Word Branch and Fuse Literary.







Familius On Sale: Mar 3/20 5.83 x 8.27 • 274 pages **9781944452872 •** \$24.95 • pb Juvenile Fiction / Science Fiction, Fantasy, Magic • Ages 8+ Series: Super Dungeon

Notes

Promotion



The Dungeons of Arcadia by Dan Allen

The ancient magic of Arcadia fuels a vicious attack. Dwarfholm Bastion is about to fall.

Gork, the prince of the Dwarves, has a plan that might just save his people and prove himself worthy to his father. As a last hope to defeat the invading orcs, Gork embarks on a dangerous mission to the deserts of Arcadia.

Joining him on his quest are the famously hazardous Nyan-Nyan, the Chaos Kitty; and Terras, an inventive druid sent to find the missing Princess Ruby. The unlikely team has no idea what's ahead of them. There's a reason the secrets of Arcadia's tombs have remained hidden for so long - the horrors within are fed by an ancient portal to the Dark Realm. None who enter the catacombs return alive.

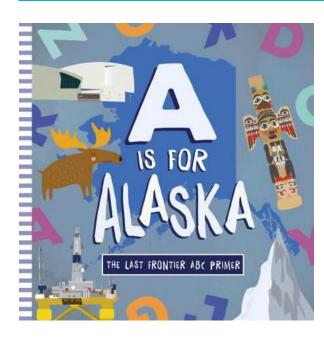
Gork must balance the fate of his realm and the fates of those closestto his heart as he faces the demon within the Dungeons of Arcadia. If he succeeds, he just might turn the tide in the war against the Dark Consul.

Author Bio

After fifteen years in the science lab designing lasers, nanoparticles, and smartphone sensors, author Dan Allen roared onto the writing scene in 2017 with the fantasy epic Fall of the Dragon Prince and sequel Blade of Toran. At home in the Rocky Mountains, Dan is CFO (chief fun officer) of his family and enjoys cosplay, escape rooms, game design, and general science mayhem. You can keep up with Dan's latest fantasy and sci-fi on his website authordanallen.com, where you can also send him random science questions.







Familius On Sale: Mar 1/20 8 x 8 • 20 pages 9781641701822 • \$18.99 • board book Juvenile Nonfiction / History / US / State & Local • Ages 1-3

Notes

Promotion



A Is for Alaska by Trish Madson, illustrated by Volha Kaliaha

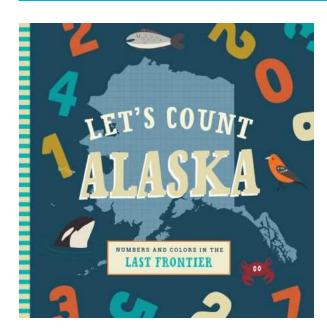
A IS FOR ALASKA RAILROAD B IS FOR BEARS C IS FOR CARIBOU . . .

With D for Denali, N for Nothern Lights, and S for salmon, going from A to Z has never been more fun! Take an alphabetized field trip around the Last Frontier and discover the plants, animals, and places that make it, well, Alaska!

Author Bio







Familius On Sale: Mar 1/20 8 x 8 • 20 pages 9781641701839 • \$18.99 • board book Juvenile Nonfiction / History / US / State & Local • Ages 1-3

Notes

Promotion



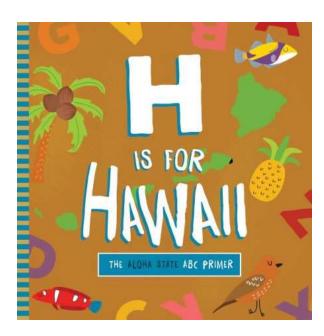
Let's Count Alaska by Trish Madson, illustrated by Volha Kaliaha

Numbers and colors are more fun in Alaska! In this dynamic, colorful primer, young readers count from 1 to 10 - learning colors along the way - as they discover the places, animals, and other wonderful things that make Alaska so unique.

Author Bio







Familius On Sale: Mar 1/20 8 x 8 • 20 pages 9781641701846 • \$18.99 • board book Juvenile Nonfiction / Concepts / Alphabet • Ages 1-3

Notes

Promotion



H Is for Hawaii by Trish Madson, illustrated by Volha Kaliaha

A IS FOR ALOHA . . . B IS FOR BANYAN TREES . . . C IS FOR COCONUTS . . .

With E for elepaio, S for surfing, and W for Waikiki Beach, going from A to Z has never been more fun! Take an alphabetized field trip around the Aloha State and discover the plants, animals, foods, and places that make it, well, Hawaii!

Author Bio







Little Heroes: Courageous People from Nebraska Who Changed the World by Heidi Poelman, illustrated by Kyle Kershner

Author Bio

Heidi Poelman received her degrees in communication from Brigham Young University (BA) and Wake Forest University (MA). Heidi is the author of the Little Heroes series, A IS FOR ABINADI, A IS FOR ADAM, I CAN LOVE LIKE JESUS, THE TWO-MINUTE SECRET TO STAYING IN LOVE, and A MOTHER'S GREATEST GIFT. She particularly enjoys writing about inspiring peopleand ways to strengthen families. She seeks inspiration by seeing new places, playing outdoors, and getting lost in a good book. Heidi and her husband, Scott, live in Utah with their four bright-eyed children. Learn more at > Kyle Kershner has loved drawing since he was a tot. He graduated from the Savannah College of Art and Design with a BFA in sequential art. He spends his days doing what he loves most: illustrating children's books and making kid-friendly art. Kyle resides in Northeast Ohio with his wife and son.

Familius On Sale: Apr 1/20 9781641701914 • \$18.99 • board book Juvenile Nonfiction / Biography / Historical

Notes







Lit for Little Hands: Anne of Green Gables

illustrated by Olga Skomorokhova, adapted by Brooke Jorden

Author Bio

FAMILIUS Helping families be happy.

Brooke Jorden earned a BA in English and editing from Brigham Young University. The author of IF IT FITS, I SITS: THE ULTIMATE CAT QUOTEBOOK and the Lit for Little Hands series, Brooke is also the managing editor at Familius. Brooke, her husband, their three children, and their cat live in Cedar Hills, Utah.

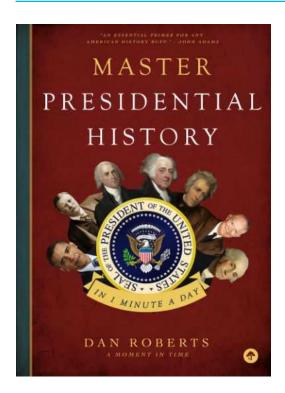
Olga was born and grew up in Russia. She specializes in magazine and book illustrations and other commissioned and personal projects. As a child, Olga found immense pleasure in painting and drawing. This activity soon transformed into an interest in graphic design while illustration was just a passionate hobby. Five years ago, she became a full-time freelance illustrator based in Tallinn. Olga is inspired by travel and people; thus you can see a lot ofbotanical, architectural, and animalistic topics in her art.

Familius On Sale: Apr 1/20 9781641701921 • \$18.99 • board book Juvenile Fiction / Classics

Notes







Familius On Sale: Mar 1/20 5 x 7 • 304 pages 9781641702195 • \$28.99 • pb History / US / General

Notes

Promotion



Master Presidential History in 1 Minute a Day by Dan Roberts

HOW MANY OF THE PRESIDENTS WERE FOUNDING BROTHERS? WHO DECIDED ON AMERICA'S GOLD STANDARD? WHAT WAS LINCOLN'S NICKNAME?

Amaze your friends and stun your coworkers with these answers and more from MASTER PRESIDENTIAL HISTORY IN 1 MINUTE A DAY.

Join acclaimed historian Dan Roberts - known to millions as the voice of the A MOMENT IN TIME radio series - on a bite-sized romp through the history of over 200 years of American Presidents. With just one minute a day, you can master all the essential facts of America's greatest leaders, policies, conflicts, trivia, and more! Packed with full-color photographs, paintings, and lively mini essays, MASTER PRESIDENTIAL HISTORY IN 1 MINUTE A DAY is the perfect armchair companion for history lovers and history learners alike.

Author Bio

If anyone can be accurately described as a Renaissance man, it would be Dan Roberts, executive producer and host of the award-winning radio series A MOMENT IN TIME. Created to excite and enlighten the public about the past and its relevance to the present and impact on the future, A MOMENT IN TIME is a captivating historical narrative that is currently broadcast worldwide. After receiving a BAin history from Presbyterian College in 1969, Roberts served as an officer in the US Army, including a tour in Vietnam where he was awarded the Bronze Star in 1971. Roberts began training as a Presbyterian minister and completed his professional education at Princeton Theological Seminary in 1974. In August, 1986, he served as guest chaplain of the United States Senate.

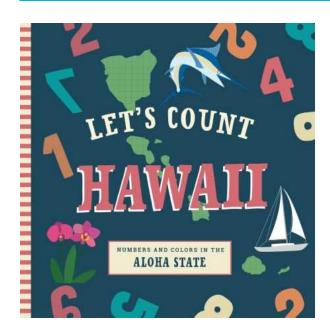
In 1990, Roberts obtained a master's degree from the University of Richmond and, in 1997, a PhD in early modern British history and American colonial history from the University of Virginia. He is currently a professor of liberal arts and history at the University of Richmond and serves as chair of the department of liberal arts at the School of Professional and Continuing Studies. He has also been a guest contributor and columnist for EDUCATION WEEK, USA TODAY, SCRIPPS-HOWARD papers, and RICHMOND TIMES-DISPATCH. He is often heard as a history commentator on CNN, CNN Headline News, and Fox News.

Dan is a popular jazz pianist and an avid reader. He travels each year to a part of the world for research in his continuous quest to bring history to life. He also spends a great deal of time on the road as a popular speaker for corporations, organizations, and national audiences.

Roberts has three children: Heather Elizabeth Roberts Gill, Kathleen Taylor







Familius On Sale: Mar 1/20 8 x 8 • 20 pages 9781641702232 • \$18.99 • board book Juvenile Nonfiction / Concepts / Counting • Ages 1-3

Notes

Promotion



Let's Count Hawaii by Trish Madson, illustrated by Volha Kaliaha

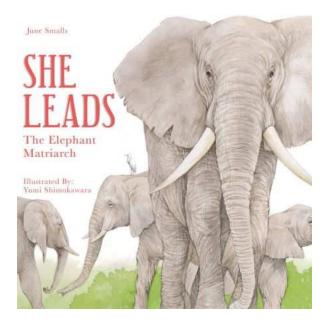
RED UKULELE PLAYS A TROPICAL TUNE.
YELLOW HIBISCUS FLOWERS BEAUTIFULLY IN BLOOM.
BROWN COCONUTS HANG ON A PALM TREE.
BLUE MARLIN SWIM DEEP IN THE SEA.

Numbers and colors are more fun in Hawaii! In this dynamic, colorful primer, young readers count from 1 to 10, learning about colors along the way as they discover the places, animals, and other wonderful things that make Hawaii so unique!

Author Bio









She Leads by June Smalls

Author Bio

June Smalls has been making up stories since she only had pets and stuffed animals to share them with. With her first poem published in first grade, June got the writing bug and never quit.

June is a member of the Society of Children's Book Writers and Illustrators and a lover of literature. She resides in Northern Virginia with her hubby, The Kid, and an ever-growing assortment of animals.

Whennot writing, June is researching, visiting zoos or aquariums, reading, or trying to convince her hubby they have room for just one more pet.

Familius On Sale: Apr 1/20 10 x 10 • 32 pages 9781641702324 • \$24.99 • cl Juvenile Nonfiction / Animals / Elephants

Notes





Familius On Sale: Apr 1/20 6 x 9 • 224 pages 9781641702331 • \$24.99 • pb Family & Relationships / General

Notes

Promotion



Unmasking the Narcissistic Man by Laurie Hollman

Author Bio

Laurie Hollman, PhD, is a psychoanalyst with specialized clinical training in infant-parent, child, adolescent, and adult psychotherapy-a unique practice that covers the life span.

Dr. Hollman was trained in infant-parent psychotherapy at the Anni Bergman Parent-Infant Training Program in NYC affiliated with the Institute for Psychoanalytic Training and Research and the Contemporary Freudian Society. She has worked with a wide range of parents and their infants including battered women and their babies, mothers with autistic children and their babies, alcoholic mothers and their babies.

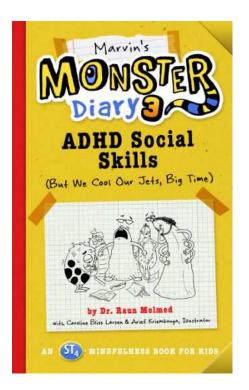
She received specialized training in child and adolescent treatment at New York University. Her PhD dissertation on nine-year-old girls culminated in a new finding and major contribution to the psychology of this age group focusing on troubling fantasies with which these children struggle. She was invited to join the faculty of New York University before graduating and taught clinical courses on listening to unconscious fantasies, child psychotherapy, and understanding the art work of children.

Dr. Hollman was trained in the psychoanalysis of adults at The Society for Psychoanalytic Study and Research where she became the youngest graduate to join the faculty and Board of Directors and later became president. She taught courses on narcissistic and borderline personality disorders as well as arttherapy for children.

Dr. Hollman has studied with world-renowned figures such as psychiatrist and psychoanalyst Dr. Jacob Arlow, psychologist and child researcher Dr. Anni Bergman, and psychologist and infant researcher Dr. Beatrice Beebe. Dr. Hollman is widely published on topics relevant to parents and children such as juried articles and chapters in (...)







Familius On Sale: Apr 1/20 5 x 8 • 152 pages 9781641702348 • \$18.99 • pb Family & Relationships / Attention Deficit Disorder (Add-Adhd) Series: Monster Diary

Notes

Promotion



Marvin's Monster Diary: ADHD Social Skills

by Raun Melmed and Caroline Bliss Larsen

Author Bio

Raun D. Melmed, MD, FAAP, a developmental and behavioral pediatrician, is director of the Melmed Center in Scottsdale, Arizona, and cofounder and medical director of the Southwest Autism Research and Resource Center. He is the author of *Autism: Early Intervention; Autism and the Extended Family;* and a series of books on mindfulness for children: *Marvin's Monster Diary: ADHD Attacks, Timmy's Monster Diary: Screen Time Stress, Harriet's Monster Diary: AWfully Anxious,* and the next in the series, *Marvin's Monster Diary 2* (+Lyssa): *ADHD Emotion Explosion*

Caroline Bliss Larsen edits BYU Independent Study courses by day and writes and edits novels by night. She is also a freelance acquiring editor for Jolly Fish Press and Flux, imprints of North Star Editions. She holds a BA in English language from Brigham Young University, with minors in editing and English literature. Her first foray into writing fiction was at age six, with a story about a goldfish named Goldeen (before Caroline had any concept of trademark or copyright). Years later, *Marvin's Monster Diary 2 (+ Lyssa)* is her debut novel. And she couldn't be more thrilled-when she never outgrew her collection of chapter books and young adult novels, she knew she'd found both a passion and a career path.

Originally an East Coast girl, Caroline lives in Utah with her game-developer husband. To clear her head of words from time to time, she likes to Irish dance and snuggle hernieces, nephew, husband, and delightfully clingy cat, Cinder. Follow her on Twitter @editor_caro or visit <a href=http://carolineblisslarsen.com/" target="_blank" data-saferedirecturl="https://www.google.com/url?g=http://carolineblisslarsen.

com&source=gmail&ust=1543341112488000&usg=AFQjCNFrHiVEfDPkirf8p5 6xnPROus3A0A" rel="noopener">carolineblisslarsen.com







Flamingo Flamenco by Brooke Jorden, illustrated by Alex Zhdanov

Author Bio

Brooke Jorden earned a BA in English and editing from Brigham Young University. The author of IF IT FITS, I SITS: THE ULTIMATE CAT QUOTEBOOK and the Lit for Little Hands series, Brooke is also the managing editor at Familius. Brooke, her husband, their three children, and their cat live in Cedar Hills, Utah.

Familius On Sale: Apr 1/20 7 x 7 • 16 pages **9781641702355 •** \$14.99 • board book Juvenile Fiction / Animals / General

Notes







Old MacDonald Had a Farm in Montana

by Christopher Robbins, illustrated by Mary Sergeeva

Author Bio

Christopher Robbins is the founder and president of Familius, a publishing company focused on helping families be happy, and author of the daily blog on family life at www.familius.com/blog. He is the father of nine children who have experienced all of hi Mary Sergeeva studied Graphic Design at Saint-Petersburg State University. She has worked as a graphic designer and art editor for several companies, and recently started working as a freelance illustrator for books, magazines, children's games, and advertising and social projects.

Familius On Sale: Apr 1/20 9781641702362 • \$18.99 • board book Travel / US / West / Mountain

Notes







Little Heroes: Courageous People from Montana Who Changed the World by Heidi Poelman, illustrated by Kyle Kershner

Author Bio

Heidi Poelman received her degrees in communication from Brigham Young University (BA) and Wake Forest University (MA). Heidi is the author of the Little Heroes series, A IS FOR ABINADI, A IS FOR ADAM, I CAN LOVE LIKE JESUS, THE TWO-MINUTE SECRET TO STAYING IN LOVE, and A MOTHER'S GREATEST GIFT. She particularly enjoys writing about inspiring peopleand ways to strengthen families. She seeks inspiration by seeing new places, playing outdoors, and getting lost in a good book. Heidi and her husband, Scott, live in Utah with their four bright-eyed children. Learn more at > Kyle Kershner has loved drawing since he was a tot. He graduated from the Savannah College of Art and Design with a BFA in sequential art. He spends his days doing what he loves most: illustrating children's books and making kid-friendly art. Kyle resides in Northeast Ohio with his wife and son.

Familius On Sale: Apr 1/20 9781641702379 • \$18.99 • board book Juvenile Nonfiction / Biography / Historical

Notes







Not Your Parents' Guide to Financial Freedom

A 20-Something's Guide to Crushing Student Debt, Getting Paid, and Having the Life You Want by Stephanie Bousley

Familius On Sale: Apr 1/20 9781641702386 • \$24.99 • pb Bus & Econ / Personal Finance / General

Notes







Lit for Little Hands: A Midsummer Night's Dream illustrated by Olga Skomorokhova, adapted by Brooke Jorden

Author Bio

Brooke Jorden earned a BA in English and editing from Brigham Young University. The author of IF IT FITS, I SITS: THE ULTIMATE CAT QUOTEBOOK and the Lit for Little Hands series, Brooke is also the managing editor at Familius. Brooke, her husband, their three children, and their cat live in Cedar Hills, Utah.

Olga was born and grew up in Russia. She specializes in magazine and book illustrations and other commissioned and personal projects. As a child, Olga found immense pleasure in painting and drawing. This activity soon transformed into an interest in graphic design while illustration was just a passionate hobby. Five years ago, she became a full-time freelance illustrator based in Tallinn. Olga is inspired by travel and people; thus you can see a lot ofbotanical, architectural, and animalistic topics in her art.

Familius On Sale: Apr 1/20 9781641702393 • \$18.99 • board book Juvenile Fiction / Classics

Notes









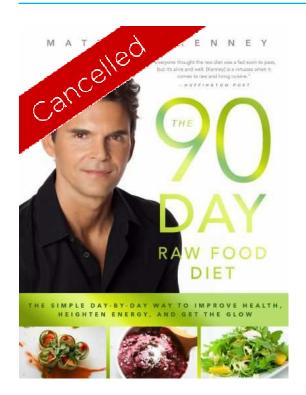
How to Potty Train a Dinosaur by Alycia Pace

Familius On Sale: Apr 1/20 9781641702409 • \$14.99 • board book Juvenile Fiction / Social / Toilet Training

Notes







Familius On Sale: Jan 1/20 7.5 x 9.75 • 176 pages 9781942934073 • \$27.95 • pb Health & Fitness / Diets

Notes

Promotion

National cooking magazine promotion National radio and television cooking promotion Outreach to Matthew Kenney's platform (followers: over 150,000 Facebook, over 12,000 Instagram, and over 1,000 Twitter) Promotions with RAW and vegan networks Promotions with food blogs and websites



The 90-Day Raw Food Diet

The Simple Day-by-Day Way to Improve Health, Heighten Energy, and Get the Glow! by Matthew Kenney

Matthew Kenney's *The 90-Day Raw Food Diet* is a 90-day program to help people who are interested in improving their health and energy by changing how and what they eat. Focusing on Michael Pollan's mantra, Eat food, not too much, mostly plants," Kenney provides a day-by-day, structured program of recipes, exercise, and lifestyle tips to optimize health and energy and, as the raw foodists say, get the glow!

[Kenney] is a virtuoso when it comes to raw and living cuisine."

- Huffington Post

"We love and support the message that Matthew is sending to the world."

- James Cameron and Suzy Amis
- "... a leader and pioneer in the plantbased dietary movement.

Author Bio

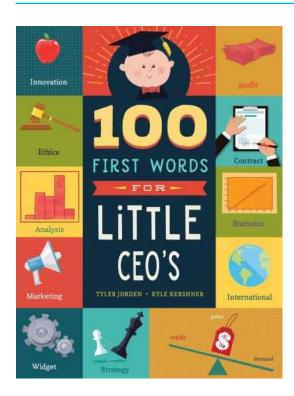
Location: Santa Monica, CA

Chef, author, and entrepreneur Matthew Kenney is the world's foremost expert in raw cuisine. His impact extends far beyond the walls of his restaurants, located in Santa Monica, California; Belfast, Maine; Oklahoma City, Oklahoma; and Miami, Florida (Fall 2014). Kenney's passion for raw cuisine is apparent in his dedication to education. His Santa Monica, Miami, and Belfast locations all include culinary academies adjacent to the restaurants.

Kenney has given two high-profile TEDx talks and frequently lectures as a keynote speaker at food and philanthropy events around the globe. He has authored eleven cookbooks, including *Raw Food Real World*, *Raw Chocolate*, *Everyday Raw Detox*, and the newest release, *Cooked Raw*. Matthew Kenney Culinary Academies train professional chefs, as well as novices and enthusiasts, in a variety of plant-based cuisine courses. As a classically trained chef who developed an integrative distinct plant-based lifestyle brand, Matthew Kenney Cuisine offers hospitality, media, services, education, and products. In addition to the company's physical locations, Matthew Kenney Academy Online graduates students from all over the world.







Familius On Sale: Mar 1/20 6 x 8 • 20 pages 9781641702201 • \$14.99 • board book Juvenile Fiction / Concepts / Words • Ages 1-4 Series: 100 First Words

Notes

Promotion



100 First Words for Little CEOs

by Cheryl Sturm, illustrated by Kyle Kershner

Is macroeconomics the dinner table talk in your house? Do you discuss stocks and bonds instead of the weather? Are you the boss at work? It's only rational that your baby will be a leader too! But how to get their leadership started?

Introducing 100 FIRST WORDS FOR LITTLE CEOS, a dashingly sharp primer for kids learning their first words! Forget APPLE and DOG. LittleCEOs are ready for REVENUE, PHILANTHROPY, and INNOVATION. With terms from every aspect of business, these little CEOs will be ready to manage their own company, even at the age of 2. (Or maybe just their families). Packed with fun illustrations and 100 words every boss baby should know, 100 FIRST WORDS FOR LITTLE CEOS is the perfect board book for executive families everywhere.

Author Bio

Cheryl Sturm is a cofounder and vice president of R. Crusoe & Son, which creates unusual cultural journeys around the world. She used what she learned from her MBA at Northwestern's Kellogg School of Management-and many other life experiences at home and abroad-to help build a successful company. The daughter of an Army major, Cheryl was born in Berlin, Germany, raised in Manawa, Wisconsin, and lives in Chicago, Illinois. She began her career as a television reporter in Wisconsin, but a professional detour happily lead her to international travel. 100 First Words for Little CEOs is Cheryl's first book with Familius. Her inspirations are her nieces, nephews, and godchildren, and she looks forward to sharing her insights about the world with other thoughtful and curious children.

Kyle Kershner has loved drawing since he was a tot. He graduated from the Savannah College of Art and Design with a BFA in sequential art. He spends his days doing what he loves most: illustrating children's books and making kid-friendly art. Kyle resides in Northeast Ohio with his wife and son.







Familius On Sale: Mar 1/20 8 x 8 • 20 pages 9781641701853 • \$18.99 • board book Juvenile Nonfiction / Nature / Water • Ages 1-3

Notes

Promotion



O Is for Ocean by Ashley Marie Mireles, illustrated by Volha Kaliaha

A IS FOR ANEMONE

B IS FOR BARRACUDA

C IS FOR CLOWN FISH . . .

With F for the flounder, K for kelp, and T for tide pool, going from A to Z has never been more fun! Take an alphabetized voyage under the sea and discover the plants, animals, and places that make the ocean so amazing!

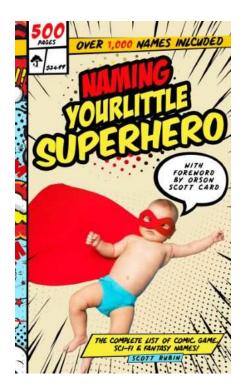
Author Bio

Ashley Marie Mireles was born and raised in the heart of California's Central Valley where, as a child, she spent much of her time in her local library.Her love of books lead her to a career in the publishing industry. Ashley loves to travel, try new foods, read, and learn the choreography from her favorite music videos as a form of exercise. She currently lives in Fresno, California, with her boyfriend of six years and their terrier.

Volha Kaliaha is a vector designer and illustrator from Minks, Belarus. Following years of experience in linguistics, her interest in drawing lead to an artist's career. Volha did not attend art school but rather refined her drawing skills from home. She worked on many various illustration projects, with her main focus being children's illustrations. Motherhood enhanced her life as an artist, helping her to imagine the world from a child's perspective and to see magic in simple things.







Familius On Sale: Mar 1/20 6 x 8 • 496 pages **9781641702218 •** \$35.99 • cl Family & Relationships / Baby Names

Notes

Promotion



Naming Your Little Superhero by Scott Rubin

Having trouble finding the perfect name for your new baby? One that's nerdy enough to satisfy your inner fanboy or fangirl, but normal enough to be cool? NAMING YOUR LITTLE SUPERHERO is here to save the day! This ultimate guidebook is complete with every name a geek would ever want to give their baby, their meaning, and a list of all the legends that have borne it. From Anakin and Frodo to Indiana and Noah, Gwen and Wanda to Vastra and Xena, you can choose which is best for you and your baby. But use it with caution - a kid will never live down a name like Legolas! (But who says that's a bad thing?

Author Bio

Scott Rubin started on the path toward being a geek early with Dune, Star Wars, and Star Trek, and studying Ancient Greek and Latin gave him an appreciation of etymology and the study of names. An avid toy collector and tabletop gamer, Scott can usually be found at a geek convention near you. He lives in Southern California with his wife, two young sons, and a cat named Arwen (from The Lord of the Rings







Familius On Sale: Mar 1/20 6 x 6 • 368 pages **9781641702249 •** \$22.99 • pb Self-Help / Motivational & Inspirational

Notes

Promotion



Daily Motherhood

365 Days of Inspiration for the Hardest Job You'll Ever Love by compiled by Familius

YOU ARE EXACTLY WHO YOUR CHILDREN NEED. NO ONE CAN FILL YOUR SHOES. NO ONE CAN GIVE WHAT YOU HAVE TO OFFER. NO ONE CAN LOVE OR KNOW YOUR CHILD LIKE YOU DO. THAT IS THE PRIVILEGE OF BEING A MOTHER.

- Catherine Arveseth, MOTHERHOOD REALIZED

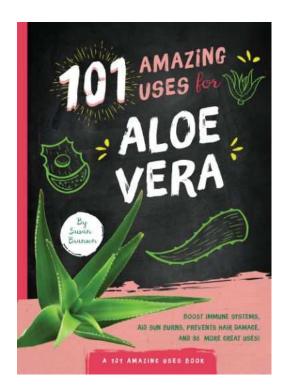
Motherhood is such a unique role. It can tax a mom's energy (and sanity) while bringing unfathomable love and joy. Surviving the world's greatest and most difficult job often means mothers have to take it one day at a time. With 365 gorgeously designed quotes about motherhood, one for every day of the year, DAILY MOTHERHOOD is the perfect gift for every mother in the trenches. This beautiful quote book will inspire, uplift, and energize moms day by day, reminding them why they do what they do.

Author Bio

Welcome to a place where parents are celebrated, not compared. Where heart is at the center of our families, and family at the center of our homes. Where boo-boos are still kissed, cake beaters are still licked, and mistakes are still okay. Welcome to a place where books-and family-are beautiful. Familius: a book publisher dedicated to helping families be happy.







Familius On Sale: Mar 1/20 5.8 x 8.3 • 136 pages **9781641702225 •** \$18.99 • pb Health & Fitness / Herbal Medications

Notes

Promotion





101 Amazing Uses for Aloe Vera

Boost Immune Systems, Aid Sun Burns, Prevents Hair Damage, and 98 More Great Uses! by Susan Branson

Aloe vera isn't just for sunburns! The familiar gel from aloe vera plants has amazing antimicrobial and antibacterial properties that stretch far beyond skincare. From managing diabetes and fighting viruses to stimulating the immune system and preventing tumor growth, aloe vera is a miracle plant! Mahatma Gandhi even credited aloe vera with helping him maintin his strength through long periods of fasting!

Millions of people are turning away from the harsh effects of modern solutions and back to the gentle but powerful benefits of nature's oldest remedies. In her 101 Amazing Uses series, Susan Branson, a holistic nutritional consultant, expertly outlines 101 incredible uses for aloe vera, apple cider vinegar, ginger, essential oils, and more. Each book is divided into tabbed sections filled with a total of 101 easy-to-read, bite-sized benefits for everything from health to beauty to household cleaning. Promote healthy skin, reduce stress, boost your metabolism, tenderize meat, and more with these simple, accessible, natural solutions.

Author Bio

Susan Branson earned an undergraduate degree in biology from St. Francis Xavier University then an MSc in toxicology from the University of Ottawa. From there, she worked in research: in the field, in the lab, as a writer, and as an administrator. She took time off and stayed at home after her second child was born. In addition to being a stay-at-home mom, she also took violin lessons, took photography courses, earned a diploma in writing, and ultimately became a holistic nutritional consultant. Susan is a member of CSNN?s Alumni Association, Canada?s leading holistic nutrition school.

Susan is the author of the eye-opening 101 Amazing Uses series, a collection of guides for people wanting to live without harmful products in their home. Susan is a toxicologist and holistic nutritional consultant who currently lives in Parkland, Florida, with her husband and two children.



