

SPRING 2026

# familius

Helping Families Be Happy



FAMILIUS

NEW!

Featured cover art from  
*Central Park: Adventures  
Through the Seasons.*  
Find it on page 12.



Welcome to the

# FAMILY

Dear Familius Family,

I was twelve years old when I held a fly rod for the first time. My uncle brought me to Yellowstone National Park to fish the Madison, a river famous for large westslope cutthroat trout. My uncle tied what I later learned was a caddis larva to the leader of my fly rod. He told me where to cast, and I did so without any skill or knowledge of what I was doing. My mother had brought me up on worms and salmon eggs. What did I know about fly fishing? (And I was to learn that there is a level of prejudice and discrimination between fly fishers and bait fishers.) Immediately, my arm nearly came out of the socket and my rod out of my hand as a large cutthroat took the fly and broke off. I was shocked and stood there considering what happened. I smiled and turned to my uncle. "Yep," he said. "The tug is the drug."

It's been more than forty-five years since that fateful day when fly fishing moved from a moment in my life to a passion. I love fly fishing. I love being in a larger river or mountain stream, casting a fly and mending my line, knowing that if I keep it up, I'll catch a beautiful trout (which I always release as I want to improve the fishery). I love wild places and the peace and grandeur they provide. I've worked to introduce fly fishing to my family. Four of my children have been "hooked" on what we refer to as the artful sport. And my wife of thirty-five years will occasionally accompany me on a fly fishing adventure, often outfishing me. Some of my happiest memories include fly fishing with two of my daughters. Both have grown to love the sport, fishing with me regularly, tying their own flies, and even building their own fly rods.

Because of my passion for fly fishing and these joyful experiences, we're introducing a new picture book, *Fly Fishing with Papa*. For full disclosure, I wrote it and it has elements of my experiences fishing with my daughters. We hope that you'll find this new picture book delightful and inspiring. We are fortunate to have wild places to hike and explore. And all of us have a responsibility and stewardship to conserve them for future generations.

Of course, we offer a tremendous selection of additional titles this spring to help your family be happy. Whether exploring birds, bugs, farm animals, Central Park, South Carolina, Washington DC, Utah, dinos, fatherhood, potty training, Monet, golf, grandparenting, safari animals, sneakers, forest walks, infertility needs, Jules Verne, Homer's *Odyssey*, or hope after losing a loved one to suicide, this new front list is important, fun, educational, helpful, and simply fantastic.

As a publisher who sincerely wants all families everywhere to be happy, we hope you'll find the perfect book from Familius.

Thank you for helping us fulfill our mission.

Christopher & Michele



# The Book Machine

## A Story About the Magic of Books

LAURIE DUERSCH

ILLUSTRATIONS BY SUSANNA COVELLI

### THIS BOOK HELPS FAMILIES:



Read Together



Learn Together

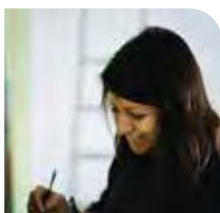
*I need more books. I just can't get enough. But how does one make a book? I've seen books at the school and the library. How do they get their books? They must use a book-making machine.*

What happens when a book-loving child can't get books fast enough? He'll build a machine that will produce an entire library, of course! Combining science with art and writing, *The Book Machine* introduces kids to creativity and critical thinking, teaching them to solve problems and utilize all their talents in order to reach their goals. With adorable illustrations that spark the imagination, every page will have kids falling in love with making ideas come to life. And a list of helpful, easy-to-follow steps at the end will walk kids through the writing process, encouraging them to begin writing their own stories with the book machines built right inside of them. **Ages 5-7**



### Laurie Duersch

is a wife and a mother of two young, energetic boys and is a two-time survivor of brain tumor surgery. She loves music, dancing, and reading and writing stories.



### Susanna Covelli

was born in a small town in Piedmont, Italy, obtained an MA in architecture, and followed her passion for art and decided to attend a specialization course in both traditional and digital illustration at Scuola Internazionale di Comics in Turin. Her art expresses her own imagination and inspiration from nature, and she has always been

attracted to sinuous shapes, Baroque style, and out-of-the-ordinary perspective.



ISBN-13: 979-8-89396-048-8

Price: \$17.99 (USD) £ 12.99 (UK)

Hardcover POB, spot UV/raised varnish/foil

8 × 10, 32 pages

Ships: June 2026

ISBN 979-8-89396-048-8



- **TEACHES IMPORTANT SKILLS:** Not only does *The Book Machine* teach problem-solving skills and critical thinking as the main character builds and diagnoses his machine, but it also shows empathy and friendship-building skills as the main character interacts with characters in his story.
- **ENCOURAGES WRITING:** With step-by-step instructions in the back matter, this picture book teaches kids how to write their own book, encouraging a love for writing and literacy.
- **ADDRESSES AI WRITING:** With themes around innovation and machine writing, this book is a gentle reminder that technology can't replace human writing, a timely topic with the increasingly easy access to AI.







# Lydia Loves Bugs

## A Children's Book About Insects

HEIDI E. Y. STEMPLE

ILLUSTRATIONS BY YULIYA PANKRATOVA

*Lydia loves bugs. She loves big, bouncing bugs and small, squiggly bugs.*

THIS  
BOOK  
HELPS  
FAMILIES:



Read  
Together



Work  
Together

Lydia loves bugs, but her father and brother do not! Scared of all things creepy crawly, they often run away or set her bugs free. But you know who else loves bugs? Lydia's mom. She's an entomologist, and she helps Lydia collect bugs for a very special day at school, when Lydia gets to show and tell her classmates all about her bugs. And now everybody loves bugs! Packed full of adorable insects, *Lydia Loves Bugs* is the perfect picture book for any little nature lover or aspiring bug collector. It has singing bugs and silent bugs, slightly stinky bugs and fly away bugs, with an underlying message about being seen and understood. Every page comes with fun wordplay from Heidi Stemple and cute illustrations from Yuliya Pankratova that make creepy crawly insects seem not so scary, and young readers can discover facts about their favorite bugs at the end of the book. Who knows? After reading this story, even your child might develop a love for STEM and all things creepy crawly. **Ages 5-7**



**Heidi E. Y. Stemple** has authored almost 50 books, many of which include elements of the natural world. This is her first book about bugs!



Moving from Moscow to London at five years old, **Yuliya Pankratova** went on to graduate with degrees in English literature and illustration, getting her first job in advertising and launching her own diversity and inclusion business. Maybe that's why belonging is such a key theme in

her picture books, which she illustrates with a painterly and dynamic style.




ISBN-13: 978-1-64170-845-6

Price: \$17.99 (USD) £12.99 (UK)

Jacketed hardcover, spot UV, embossing

10 × 10, 32 pages

 **Ships: April 2026**

ISBN 978-1-64170-845-6



- **ENTOMOLOGY FOCUS:** Perfect for kids who are fascinated by bugs, this picture book focuses on entomology, an often-overlooked field, and encourages educational hobbies for kids.
- **EDUCATIONAL BACK MATTER:** Educational back matter that includes information about the field and all of the bugs seen in the story makes this book an ideal choice for parents, caregivers, educators, and libraries.
- **WOMEN IN STEM:** With a female main character whose role model is her entomologist mother, this book is a great example of women in STEM, which will encourage young girls to broaden their horizons.

She loves big, bouncing bugs  
and small, squiggly bugs.



She draws bugs in the sun.



She reads bug books by  
the light of the moon.





# Call Your Father

## A Tender Picture Book for Dads

TRACY C. GOLD

ILLUSTRATIONS BY VIVIAN MINEKER

**THIS BOOK HELPS FAMILIES:**



Read Together



Love Together

From life's highs to life's lows, there's one person who is always the first one we call: our father. He's the one we want to comfort us, to wipe our tears, and to share our triumphs. Whether it's falling off your bike or building your first crib, you can never have too many reasons to call your father. In this beautiful and relatable picture book, follow a father and son through the years as they face each new stage together. Accompanied by gentle rhymes from Tracy C. Gold and tender illustrations from Vivian Mineker, this book delivers the powerful and touching message that you are never too old to need your father. The perfect gift for the fathers or grandfathers in your life who always answer the call, this picture book just might make dad cry.

Ages 3–5



**Tracy C. Gold** loves writing picture books about families and nature. She is an author, freelance editor, and mom living in Baltimore, Maryland.



**Vivian Mineker** is a Taiwanese American illustrator from Taipei and Portland, OR, currently living in Slovenia. Her process usually starts with watercolor and colored pencils and finishes on the computer for fine details and adjustments.



ISBN-13: 978-1-64170-423-6

Price: \$16.99 (USD) £11.99 (UK)

Jacketed hardcover, spot UV, embossing

9 x 9, 32 pages

 **Ships: March 2026**

ISBN 978-1-64170-423-6



- **GIFT FOR DADS:** With gentle rhymes and sweet illustrations, *Call Your Father* is the perfect gift for new dads that recounts the moments from infancy to parenthood.
- **TIMELESS THEME:** An updated version of *Love You Forever* by Robert Munsch/Sheila McGraw—but for dads—this book focuses on the nostalgia of childhood, the warmth of parental love, and the emotions of becoming a parent. These evergreen topics make this book a beautiful keepsake for families, especially when paired with the first book in the series, *Call Your Mother*.
- **RELATABLE AND EMOTIONAL:** This book takes the often nagging “call your dad” adage and turns it into a loving refrain that will melt the hearts of fathers and children of all ages.

When you're all dressed for the snow,  
but you've really gotta go . . .

"GOTTA GO, DADDY!"

Call your father.

When you want to ride a horse,  
Round a tough and daring course,

"FASTER, DADDY!"

Call your father.

"I TRIED, DAD."

When your team can't make the score,  
And you can't play anymore,

Call your father.



# Nighty Night, Dinos

## A Bedtime Picture Book About Dinosaurs

DEBORAH HOLT WILLIAMS

ILLUSTRATIONS BY ANNA DOHERTY

THIS BOOK  
HELPS  
FAMILIES:



Read  
Together



Love  
Together

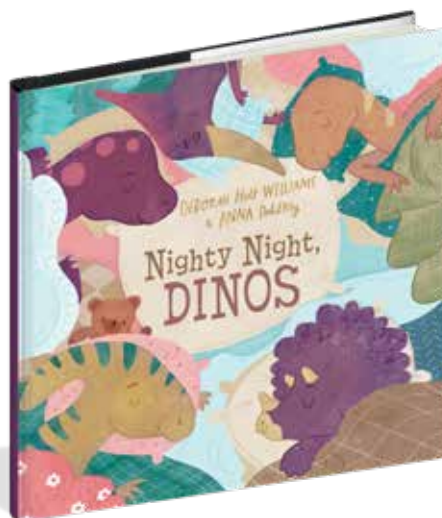
*Stomp and swim and fly and creep!*

*Yawn...these dinos need their sleep.*

*Now it's time for nighty night.*

*T-Rex pulls his blankie tight.*

Just like your little dinosaur, these dinos love to play. But unlike your little dinosaur, they also love to sleep! Velociraptor snuggles under a cozy fern, Brontosaurus hugs his bear, and pretty soon, they all fall asleep until morning. But shh, don't wake them! They need sleep to stay healthy, big, and strong, and so does your little dinosaur. A sweet rhyming picture book perfect for your bedtime routine, *Nighty Night, Dinos* combines 11 of your child's favorite dinosaurs, something they love, and the importance of sleep, something they, well, tolerate. But these gentle illustrations of dinosaurs tucked into bed will make bedtime seem exciting, and pretty soon, you'll have a snoozing little dino too. **Ages 3–5**



ISBN-13: 979-8-89396-050-1

Price: \$17.99 (USD) £12.99 (UK)

Jacketed hardcover, spot UV, embossing

10 × 10, 32 pages

**Ships: May 2026**

ISBN 979-8-89396-050-1



### Deborah Holt Williams

is a retired preschool teacher, library story-time lady, and reading specialist. She's also a mom to five grown children and a grandmother to six. She has loved dinosaurs since finding her first fossil at age six.



### Anna Doherty

is an illustrator and author from Edinburgh, based in Cambridge, UK. Since graduating with an MA in children's book illustration from Cambridge School of Art, Anna has illustrated several picture books across all age ranges and genres. She is the creator of *Fantastically Feminist*, a mini-series of biographical books, and especially enjoys working

on projects that celebrate and explore positive themes like equality and inclusion. Anna loves mustard yellow, popcorn, and dogs.

- **EVERGREEN TOPIC:** *Nighty Night, Dinos* combines the evergreen topic of dinosaurs with learning and the importance of sleep. Not only will kids learn the names of every dinosaur, but they'll be able to tuck their favorites into bed.
- **BEDTIME RHYMES:** Soothing rhymes and gentle illustrations make this a perfect book for bedtime.
- **PROMOTES HEALTHY HABITS:** More than just a bedtime story, this book reminds kids that dinos need their sleep to stay healthy and strong, and kids do too!



**YAWN!**  
These dinos need their sleep.



and creep!





# Fly Fishing with Papa

## A Picture Book About a Day on the River

CHRISTOPHER ROBBINS

ILLUSTRATIONS BY YUKARI MISHIMA

THESE  
BOOKS  
HELPS  
FAMILIES:



Read  
Together



Learn  
Together

*The crisp autumn morning nips my nose and ears as Papa and I gather our vests for today's trip to the river. "We are fly fishers, the artists of the sport," my papa says.*

Papa and child spend a day on the river, tying fishing lures, admiring nature, mastering the art of fly fishing, and most importantly, spending valuable time together while doing something they love. For fly fishers who love to share their pastime with family, *Fly Fishing with Papa* is a sentimental picture book that honors the sport and celebrates the bond between adult and child. Written by Familius's founder and fly fisherman, Christopher Robbins, the descriptive narration accurately captures the adventures of fly fishers while conveying the importance of conservation and bonding through shared experiences. This adventure and the great outdoors come to life with soft but vibrant illustrations from Yukari Mishima, making every page feel like a glimpse into your own memories of fishing with your papa. Ages 3–5



### Christopher Robbins

is the founder and president of Familius and is the current president of the nonprofit Fly Fishers for Conservation. He is married to his Familius partner and acquisitions editor, Michele Robbins, and they are the parents of nine children. They reside in Sanger, California.



### Yukari Mishima

was born and raised in Hiroshima, Japan. She has always loved to draw and paint pictures. She majored in foreign language courses at university and worked an office job for 10 years after graduation. At the age of 35, she quit the corporate world and decided to pursue her passion and become a freelance illustrator.



ISBN-13: 979-8-89396-008-2

Price: \$17.99 (USD) £12.99 (UK)

Jacketed hardcover, spot UV, embossing

11 × 9, 32 pages

 Ships: March 2026

ISBN 979-8-89396-008-2



- **FLY FISHING INTEREST:** From the first page to the last, this picture book accurately depicts a fly fishing adventure, making it the perfect gift for families who love fishing.
- **MULTIGENERATIONAL BOND:** Sentimental and sweet, *Fly Fishing with Papa* captures the bond between a parent figure and a child in which their love language is fly fishing together. Their adventures will resonate with multigenerational pairs that bond through fishing, especially grandfathers, fathers, and children.
- **ENVIRONMENT AND CONSERVATION:** This book emphasizes themes of conservation, teaching children how to care for their environment and helping parents and caregivers foster open discussions.





# Central Park

## Adventures Through the Seasons

CRISTINA ERGUNAY

ILLUSTRATIONS BY GARETH LUCAS

**THIS BOOK HELPS FAMILIES:**



Learn Together



Read Together

*In the park,  
big dogs bark.  
Things to see.  
Follow me!*

Changing seasons invite new sights and vibrant colors to Central Park, and a boy and his dog want to see them all. They stroll through the park during all four seasons and experience a nature and culture unique to New York. From treasured landmarks like Belvedere Castle to seasonal activities like model boat races, this picture book captures Central Park throughout the year with stunning illustrations that will inspire kids to go outside and play. Told in rhyming verse with fun facts about the park on every page, it's both educational and engaging, making it a sweet introduction to the beauty, activity, and wonder that the park has to offer. *Central Park* is the perfect travel guide and souvenir for both local families and families in love with New York.

Ages 3–5



As a writer and librarian, **Cristina Ergunay** believes in the magic of reading, collecting, and sharing stories. She lives at the Jersey Shore with her husband and daughter and loves drinking coffee, finding seashells, eating oranges, and reading.



**Gareth Lucas** is an illustrator and designer living in Essex, England with his wife and five children. Gareth studied at Brighton and Central Saint Martin's Art Schools, and since graduating has worked as a full-time artist, illustrating many well loved books—all with the natural world at their center. Gareth combines digital process with a colorful palette and

a charming style to produce work that is joyful and exuberant. When he is not working he can often be heard playing a guitar, banjo or ukulele.



ISBN-13: 978-1-64170-833-3

Price: \$17.99 (USD) £12.99 (UK)

Jacketed hardcover, spot UV, embossing

10 × 10, 32 pages

**Ships: March 2026**

ISBN 978-1-64170-833-3



- **CENTRAL PARK FOCUS:** Stunning illustrations capture the beauty of New York's Central Park, including landmarks, seasonal activities, and culture. Perfect for families visiting the park, and a great souvenir for tourists.
- **EDUCATIONAL AND ENTERTAINING:** With fun facts on every page about landmarks, seasons, and activities, it's a delightful guide to Central Park for kids. Rhyming text and an adorable dog children can find on every page will keep kids engaged and make the learning process fun.
- **INTERACTIVE OUTDOOR ACTIVITIES:** The lively activities in the park will encourage kids to go outside to play, promoting health and inviting a greater sense of community.





# Claude

## A Wordless Picture Book About Art

PHYLLIS HARRIS

THIS BOOK  
HELPS  
FAMILIES:

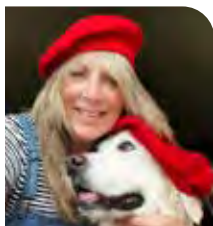


Read  
Together



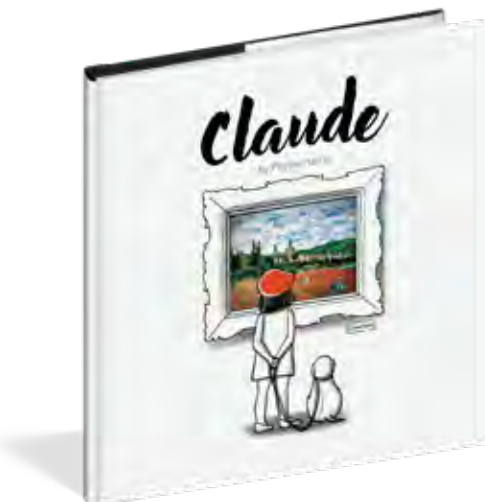
Learn  
Together

Inspired by a beautiful Claude Monet painting, a little artist decides to create her own masterpiece, but her puppy has other ideas. From grabbing his favorite ball to rolling on the floor, he tries everything to get her attention, and chaos ensues, creating a big, colorful mess. Or is it a mess after all? Perhaps Claude the dog and Claude Monet have a lot more in common than we think. Told entirely in stunning illustration, *Claude* is a wordless picture book that introduces young artists to the works of Claude Monet while inspiring creativity and promoting passion over perfection. And at the end, kids can read about the life of Monet and his role in art history. With bold splashes of color across white pages, this inspirational story shows the creative process in full transparency, proving that there are no bad creations, just happy mistakes that are worth more than a thousand words. **Ages 5-7**



### Phyllis Harris

has a passion for creating books that inspire hope, love, and the innocence of childhood. She feels most creative in nature and prefers the songs of birds to the noise of traffic.



ISBN-13: 979-8-89396-049-5

Price: \$16.99 (USD) £ 11.99 (UK)

Jacketed hardcover, spot UV

9 × 9, 32 pages

 **Ships: April 2026**

ISBN 979-8-89396-049-5



- **INTRODUCTION TO MONET:** A fun introduction to Claude Monet. With recreations of some of Monet's most famous works and educational back matter about Monet's life, it's a doorway to art history, artistic techniques, different cultures, and creative expression.
- **ENCOURAGES CREATIVITY:** *Claude* is an inspiring picture book about getting started, getting unstuck, and letting go creatively. It encourages exploring art in a fun, imaginative way while helping kids and artists of any age overcome perfectionism to embrace happy mistakes.
- **WIDESPREAD INTEREST:** With its relatable message for artists of any age, *Claude* will fit in at any museum, gift shop, arts and crafts store, or library. Perfect for anyone in love with art and Claude Monet.





# 100 First Words for Little Golfers

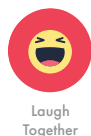
## A Parody Primer for the Course

ADINA OBERMAN

ILLUSTRATIONS BY GARETH WILLIAMS

*Drive for show, putt for dough!*

THESE BOOKS HELP FAMILIES:



Raise those duffers right with all the references and terminology they need to keep it in the fairway. Introducing *100 First Words for Little Golfers*, a primer for golfer kids learning their first words from golfer parents. Forget *apple* and *dog*. Your little golfers are ready to move from ABC to OOB (don't worry, they'll get it on the recovery shot), and other golfing-specific words like *bogey*, *caddie*, and even *mulligan* (because let's be honest, even the pros sometimes wish they had a do-over). Packed with hilarious illustrations and 100 words every baby golfer needs to know, *100 First Words for Little Golfers* is the perfect primer for families that spend time on the green. Fore! Ages 1–3



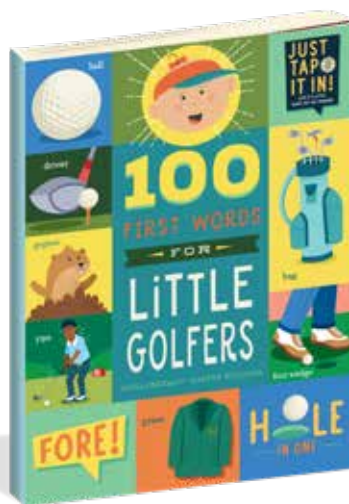
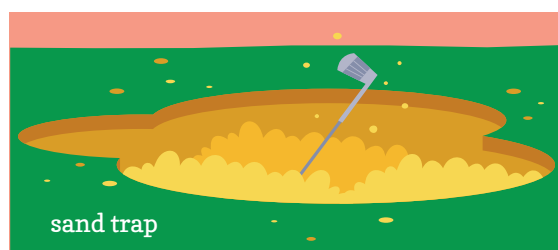
### Adina Oberman is a

New York native, former preschool teacher, and mom of two young kids. She's the creator of Big Books for Little Hands, a site dedicated to helping parents and educators find the best books for navigating the challenges of life with kids. She holds a master's degree in early childhood education, with an additional certificate in early childhood special education.



### Gareth Williams

lives in London with his amazing wife. From an early age he's loved to draw, and that passion continues to this day. It's something he still can't believe he gets to do for a living. Gareth has illustrated everything from editorial pieces to children's books.



ISBN-13: 979-8-89396-055-6

Price: \$9.99 (USD) £6.99 (UK)

Board book, 6 × 8, 20 pages

Ships: February 2026

ISBN 979-8-89396-055-6



- **APPEAL TO GOLFERS:** This book combines the excitement of golfing with a first-words learning experience, making it perfect for golfer parents to introduce their little ones to the world of golf in a fun and educational way.
- **EDUCATIONAL AND FUN:** Every page is packed with playful references to everything golf, including famous golfers, slang, icons, and more. The colorful illustrations and relatable words make it an engaging learning tool for babies, toddlers, and preschoolers, introducing them to first words with laughter for the whole family.
- **BELOVED SERIES:** As an addition to the popular Familius 100 First Words series, *100 First Words for Little Golfers* benefits from a strong brand presence, making it an attractive choice for fans of the series and new buyers alike.

OTHER BOOKS IN THE 100 FIRST WORDS SERIES

**100 First Words for  
Little Bookworms**

\$9.99 ISBN-13: 9781641708982

ISBN 978-1-64170-898-2



**100 First Words for  
Little Utahns**

\$9.99 ISBN-13: 9781641709590

ISBN 978-1-64170-959-0



**100 First Words for  
Little Canadians**

\$9.99 ISBN-13: 9781641704564

ISBN 978-1-64170-456-4



**100 First Words for  
Little Californians**

\$9.99 ISBN-13: 9781641704571

ISBN 978-1-64170-457-1



**100 First Words for  
Little Geniuses**

\$9.99 ISBN-13: 9781641700344

ISBN 978-1-64170-034-4



**100 First Words for  
Little Artists**

\$9.99 ISBN-13: 9781641701280

ISBN 978-1-64170-128-0



**100 First Words for  
Little Geeks**

\$9.99 ISBN-13: 9781945547959

ISBN 978-1-945547-95-9



**100 First Words for  
Little CEOs**

\$9.99 ISBN-13: 9781641702201

ISBN 978-1-64170-220-1



**100 First Words for  
Little Gym Rats**

\$9.99 ISBN-13: 9781641702669

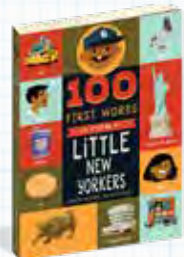
ISBN 978-1-64170-266-9



**100 First Words for  
Little New Yorkers**

\$9.99 ISBN-13: 9781641705684

ISBN 978-1-64170-568-4



**100 First Words for  
Little Cowpokes**

\$9.99 ISBN-13: 9781641709897

ISBN 978-1-64170-989-7



**100 First Words for  
Little Gamers**

\$9.99 ISBN-13: 9798893960617

ISBN 979-8-89396-061-7





# Animal Potty Party

A Board Book for Toddlers

LIZ SWENSON

**THIS BOOK HELPS FAMILIES:**



Read Together



Learn Together

Turn potty time into a potty party! Following the imagination of a curious toddler who embarks on the exciting adventure of using the potty for the first time, *Animal Potty Party* transports children into a lush, colorful jungle where they meet animals who are on the same journey. Designed to inspire a child's imagination using early childhood pedagogy, this vibrant board book makes the learning process both fun and immersive. It aligns with the latest research, showing that play, imagination, and positive reinforcement are key to successful potty training. And kids will love trying to find a mischievous monkey hiding in the jungle throughout the story! Bringing to life the animals from Liz Swenson's bestselling parenting book, *Raising Tiny Humans*, *Animal Potty Party* is the perfect potty training resource to generate enthusiasm and excitement. With every animal potty adventure, children will see potty time as a fun and natural step in their development. Playful, research-informed, and filled with vibrant artwork, this board book transforms a milestone into a celebration. **Ages 1–3**



**Liz Swenson** is a bestselling author, illustrator, and educator with nearly twenty years of experience. She has written two survival guides for parents: *You Got This, Mama! From Boobs to Blowouts, a Survival Guide for New Mothers* and *Raising Tiny Humans: From Potty Training to Prejudice, a Survival Guide for the Wild Toddler Years*. She is a mom to

three perfect kiddos and lives in sunny San Clemente with her beautiful family and her big dog, Harper.

## Raising Tiny Humans

ISBN-13: 978-1-64170-755-8

Price: \$14.99 (USD) £10.99 (UK)

ISBN 978-1-64170-755-8



ISBN-13: 979-8-89396-131-7

Price: \$9.99 (USD) £6.99 (UK)

Board book, 7 × 7, 16 pages

**Ships: June 2026**

ISBN 979-8-89396-131-7



- **CELEBRATE MILESTONES:** This bright, colorful, and imaginative board book makes potty training a fun and celebratory experience for both children and parents.
- **RESEARCH-BACKED METHODS:** Studies on toilet training emphasize that children learn best when they feel in control and excited about the process. This book emphasizes play, imagination, and positive reinforcement—key elements for successful toilet training.
- **ENCOURAGE POTTY TRAINING:** Designed to help parents express enthusiasm and excitement, *Animal Potty Party* gets little ones eager for their potty training journey.
- **GIFTABLE SET:** Author and illustrator Liz Swenson designs stunning books perfect for baby showers and busy parents. Paired with *Raising Tiny Humans*, this board book will be the perfect addition, making a complete gift set for both parent and baby.





# Baby Sees: Farm Animals

**A High-Contrast Board Book for Babies**

JANNA STEAGALL

*Baby sees cows.*

*Baby sees pigs.*

*Baby sees chickens.*



THESE  
BOOKS  
HELP  
FAMILIES:



Read  
Together



Learn  
Together

Created for the youngest readers and their developing eyes, this high-contrast board book introduces all your favorite farm animals, including horses, dogs, and more! With simple text and trendy images and patterns by Janna Steagall, *Baby Sees Farm Animals* is a tummy time companion that's sweeter than cherry pie. **Ages 1-3**

ISBN-13: 979-8-89396-106-5

Price: \$9.99 (USD) £6.99 (UK)

Board book, 7 × 7, 16 pages

 **Ships: February 2026**

ISBN 979-8-89396-106-5



**Janna Steagall** is a surface designer and illustrator whose dream is to make the world a more whimsical place, one artwork at a time.

- **LEARNING FARM ANIMALS:** This adorable board book introduces little ones to farm animals with simple images and words, perfect for gifting to anyone who loves animals or lives on a farm.
- **TUMMY TIME FUN:** Keep baby engaged and stimulated during tummy time with these bold and beautiful images, aiding their development in rolling and crawling. This quality time will foster a special connection between parents and babies, providing both with an experience that is as visually delightful as it is beneficial.
- **EARLY VISUAL DEVELOPMENT:** Created specifically for babies' developing eyes, these high-contrast images help babies learn to see and discern shapes and patterns.
- **AESTHETIC APPEAL:** Perfect for millennial moms and dads who want to curate stylish nurseries with Instagram-worthy bookshelves.



# El bebé ve: Animales de granja

Un libro de cartón de alto contraste  
para bebés

JANNA STEAGALL

*El bebé ve vacas.*

*El bebé ve cerdos.*

*El bebé ve gallinas.*

Reado para los lectores más jóvenes y sus ojos en desarrollo, este libro de cartón de alto contraste presenta a todos tus animales de granja favoritos, ¡incluyendo caballos, perros y más! Con un texto sencillo e imágenes y patrones modernos de Janna Steagall, *El bebé ve animales de granja* es el compañero más dulce que un pastel de cerezas para los tiempos bocabajo. Ages 1-3

ISBN-13: 979-8-89396-146-1

Precio: \$9.99 (USD) £6.99 (UK)

Un libro de cartón, 7 × 7, 16 pages

 Envía: Febrero 2026

ISBN 979-8-89396-146-1



Además de ilustradora, **Janna Steagall** es una diseñadora de superficies cuyo sueño es hacer del mundo un lugar más imaginativo, una pieza artística a la vez.



- **APRENDIENDO LOS ANIMALES DE GRANJA:** Este adorable libro de cartón presenta los animales de granja a los pequeños —¡en español!— con imágenes y palabras sencillas. Perfecto para regalar a quienes aman a los animales o viven en una granja.
- **DIVERSIÓN PARA EL TIEMPO BOCA ABAJO:** Mantén al bebé interesado y estimulado durante el tiempo boca abajo con estas llamativas y bellas imágenes, ayudando en el desarrollo de su capacidad de rodar y gatear.
- **DESARROLLO VISUAL TEMPRANO:** Creadas específicamente para los ojos en desarrollo de los bebés, estas imágenes de alto contraste les ayudan a aprender a ver y discernir formas y patrones.
- **ATRACTIVO ESTÉTICO:** Perfecto para mamás y papás millennials que desean organizar guarderías elegantes con estanterías dignas de Instagram.





# Baby Sees: Washington DC

**A High-Contrast Board Book for Babies**

JANNA STEAGALL

*Baby sees cherry blossoms.*

*Baby sees a monument.*

*Baby sees a pond.*

Created for the youngest readers and their developing eyes, this high-contrast board book explores the sights of the United States' capital, including the Capitol Building, the National Air and Space Museum, and more! With simple text and trendy images and patterns by Janna Steagall, *Baby Sees Washington, DC* is the perfect tummy time companion for babies born in or visiting Washington, DC. **Ages 1-3**

ISBN-13: 979-8-89396-107-2

Price: \$9.99 (USD) £6.99 (UK)

Board book, 7 × 7, 16 pages

 **Ships: February 2026**

ISBN 979-8-89396-107-2



**Janna Steagall** is a

surface designer and illustrator whose dream is to make the world a more whimsical place, one artwork at a time.



- **LEARNING WASHINGTON, DC:** This adorable board book introduces little ones to the nation's capital with simple images and words, perfect for gifting to anyone who lives in or loves Washington, DC.
- **TUMMY TIME FUN:** Keep baby engaged and stimulated during tummy time with these bold and beautiful images, aiding their development in rolling and crawling. This quality time will foster a special connection between parents and babies, providing both with an experience that is as visually delightful as it is beneficial.
- **EARLY VISUAL DEVELOPMENT:** Created specifically for babies' developing eyes, these high-contrast images help babies learn to see and discern shapes and patterns.
- **AESTHETIC APPEAL:** Perfect for millennial moms and dads who want to curate stylish nurseries with Instagram-worthy bookshelves.



# Collect the whole high-contrast series!



## **Baby Sees Fairytale Creatures**

*Janna Steagall*

\$9.99 ISBN-13: 9781641708838  
Board book; 16 pages; 7 × 7



## **Baby Sees Things That Go**

*Janna Steagall*

\$9.99 ISBN-13: 9781641708821  
Board book; 16 pages; 7 × 7



## **Baby Sees: San Fransisco**

*Janna Steagall*

\$9.99 ISBN-13: 9781641708340  
Board book; 16 pages; 7 × 7



## **Baby Sees: Texas**

*Janna Steagall*

\$9.99 ISBN-13: 9798893960099  
Board book; 16 pages; 7 × 7



## **Baby Sees: New York City**

*Janna Steagall*

\$8.99 ISBN-13: 9781641708357  
Board book; 16 pages; 7 × 7



# A Walk in the Forest

## A Counting Book for Little Tree Huggers

CATHY GOLDBERG FISHMAN

ILLUSTRATIONS BY MELANIE HALL

THIS BOOK  
HELPS  
FAMILIES:



Read  
Together



Learn  
Together

*A walk in the forest.*

*What trees do we see?*

*One giant sequoia.*

*Two gnarled banyan trees.*

**T**ake a walk through the forest and experience the sights, sounds, and colors of trees from around the world. From gnarled banyan trees to tall baobabs, kids can explore the world through every page, accompanied by a cast of diverse characters who share their culture. With simple rhymes, a counting pattern, and stunning papercraft art reminiscent of Ezra Jack Keats, this diverse board book is the perfect introduction to the trees and cultures that make the forest so special. **Ages 1–3**



### Cathy Goldberg Fishman

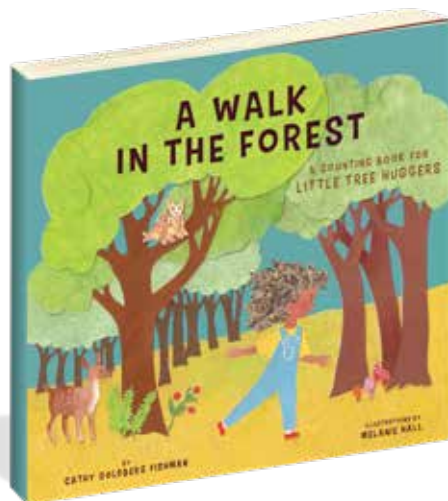
is a children's book author known for celebrating diversity in her stories, including *A Winter Walk in the City*, *A Spring Stroll in the City*, *A Fall Frolic in the City*, and *A Summer Stroll in the City*. Cathy is a former teacher and bookstore owner, and her award-winning books, recognized by the

Sydney Taylor Notable Book Award and the Parents' Choice Award, continue to inspire readers and families worldwide.



### Melanie Hall

has illustrated over 45 children's books and teaches children's book illustration in the MFA program "Get Your Masters with the Masters" at Marywood University in Pennsylvania and the Highlights Foundation. Her work has received numerous awards, including Parents' Choice, and has been exhibited in The Original Art Show at the Society of Illustrators.



ISBN-13: 978-1-64170-884-5

Price: \$9.99 (USD) £6.99 (UK)

Board book

7 × 7, 20 pages

**Ships: March 2026**

ISBN 978-1-64170-884-5



- **FUN COUNTING ELEMENT:** An educational and engaging choice for educators, parents, and caregivers, this adorable board book combines a fun counting element with trees from around the world, helping kids develop number recognition while learning about different environments.
- **DIVERSE CULTURES:** With a variety of trees and a diverse cast of characters, this board book gives kids a glimpse into the cultures and traditions around the world.

*Collect the whole series!*



**A Spring Stroll in the City**  
Cathy Goldberg Fishman and Melanie Hall

\$9.99 ISBN-13: 9781641704397



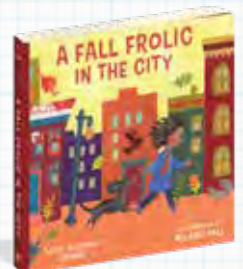
**A Winter Walk in the City**  
Cathy Goldberg Fishman and Melanie Hall

\$8.99 ISBN-13: 9781641702904



**A Summer Stroll in the City**  
Cathy Goldberg Fishman and Melanie Hall

\$8.99 ISBN-13: 9781641706506



**A Fall Frolic in the City**  
Cathy Goldberg Fishman and Melanie Hall

\$9.99 ISBN-13: 9781641707268





LIT for LITTLE HANDS™

# 20,000 Leagues Under the Sea

BROOKE JORDEN

ILLUSTRATIONS BY OLGA SKOMOROKHOVA

THIS BOOK  
HELPS  
FAMILIES:



Read  
Together



Play  
Together

Jules Verne's classic novel comes to life for young children! Wheels, pull tabs, and other interactive elements invite kids to steer the Nautilus, shoot harpoons, and escape from sea monsters with Captain Nemo and his crew. Much more than a primer, *Lit for Little Hands: 20,000 Leagues Under the Sea* tells the actual story in simple, engaging prose. Fans of the beloved novel will be delighted by the book's attention to detail, clever use of original dialogue, and colorful illustrations by Olga Skomorokhova. And the book's use of super-sturdy board means that everyone can go on an underwater adventure to explore the sea over...and over...and over again! **Ages 3–7**



**Brooke Jorden** earned a BA in English and editing from Brigham Young University. The author of the *Lit for Little Hands* series and other books for children, Brooke is also the art director at Familius and the mother of three.



**Olga Skomorokhova**

specializes in editorial and book illustrations and other commissioned and personal projects. Olga is inspired by her travels and the people around; thus, you can see a lot of botanical, architectural, and animalistic topics in her art. She experiments with many different techniques and utilizes various materials to achieve the desired effect.



ISBN-13: 979-8-89396-138-6

Price: \$14.99 (USD) £10.99 (UK)

Interactive board book

6.5 × 7.5, 16 pages

 **Ships: February 2026**

ISBN 979-8-89396-138-6



- **CLASSIC NOVEL RETOLD:** This accurate retelling of Jules Verne's beloved novel will appeal not only to children who love adventure but also science fiction fans. Told in simple prose with original dialogue, this board book is accessible for young readers and encourages a love of reading.
- **INTERACTIVE ELEMENTS:** Wheels, pull tabs, flaps, and brightly colored illustrations in a super sturdy board book package will keep kids engaged while developing dexterity and reading skills.
- **BELOVED SERIES:** With over 10 adaptations of your favorite literary novels, the *Lit for Little Hands* series will spark a love for the classics. And they're the perfect addition to any literature lover's collection.







LIT for LITTLE HANDS™

# The Odyssey

BROOKE JORDEN

ILLUSTRATIONS BY OLGA SKOMOROKHOVA

THIS BOOK  
HELPS  
FAMILIES:



Read  
Together



Play  
Together

*"I long for home, long for the sight of home."*

Homer's classic epic comes to life for young children! Wheels, pull tabs, and other interactive elements invite kids to outsmart mythical monsters, brave treacherous waters, and return home to Ithaca with Odysseus. Celebrating family and perseverance, this board book helps children understand that no matter how far you go, home is always worth the journey. Much more than a primer, *Lit for Little Hands: The Odyssey* tells the actual story in simple, engaging prose. Fans of the beloved epic will be delighted by the book's attention to detail, clever use of original text, and colorful illustrations by Olga Skomorokhova. And the book's use of super-sturdy board means that everyone can enjoy this tale of wit, victory, and reunion over . . . and over . . . and over again! **Ages 3–7**



**Brooke Jorden** earned a BA in English and editing from Brigham Young University. The author of the *Lit for Little Hands* series and other books for children, Brooke is also the art director at Familius and the mother of three.



**Olga Skomorokhova** specializes in editorial and book illustrations and other commissioned and personal projects. Olga is inspired by her travels and the people around; thus, you can see a lot of botanical, architectural, and animalistic topics in her art. She experiments with many different techniques and utilizes various materials to achieve the desired effect.



ISBN-13: 979-8-89396-172-0

Price: \$14.99 (USD) £10.99 (UK)

Interactive board book

6.5 × 7.5, 16 pages

 **Ships: May 2026**

ISBN 979-8-89396-172-0



- **CLASSIC NOVEL RETOLD:** This accurate retelling of Homer's epic appeal not only to children who love adventure but also fans of the original saga and of Greek mythology. Told in simple prose with original text woven in, this board book is accessible for young readers and encourages a love of reading.
- **INTERACTIVE ELEMENTS:** Wheels, pull tabs, flaps, and brightly colored illustrations in a super sturdy board book package will keep kids engaged while developing dexterity and reading skills.
- **BELOVED SERIES:** With over 10 adaptations of your favorite literary novels, the *Lit for Little Hands* series will spark a love for the classics. And they're the perfect addition to any literature lover's collection.



Don't miss the other  
interactive classics in  
this exciting series!



### The Wonderful Wizard of Oz

\$14.99  
ISBN-13: 978-1-64170-658-2

ISBN 978-1-64170-658-2



### Alice's Adventures in Wonderland

\$14.99  
ISBN-13: 978-1-945547-68-3

ISBN 978-1-945547-68-3



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\$14.99  
ISBN-13: 978-1-64170-105-1

ISBN 978-1-64170-105-1



### A Christmas Carol

\$14.99  
ISBN-13: 978-1-64170-151-8

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ISBN 978-1-64170-192-1



### Jane Eyre

\$14.99  
ISBN-13: 978-1-64170-455-7

ISBN 978-1-64170-455-7





# Safari Train

CHRISTOPHER ROBBINS

ILLUSTRATED BY SUSANNA COVELLI

THIS  
BOOK  
HELP  
FAMILIUS:



Learn  
Together



Play  
Together

All aboard the Safari Train! Grab your binoculars and buckle up for a journey deep into the wilds of Africa. With facts about lions, giraffes, and other wildlife throughout the journey, this adorable two-in-one sturdy die-cut board book unfolds into a 56-inch train (perfect for playtime or room decor!). Printed on both sides with boldly colored illustrations that capture the hues of the savanna, this book includes a handy clasp to keep everything snugly shut when reading time is over. A perfect interactive primer for teaching animals and geography to kids, *Safari Train* provides a colorful, educational, and toylike experience that makes learning fun. **Ages 1-3**



ISBN-13: 979-8-89396-059-4

Price: \$14.99 (USD) £10.99 (UK)

Board book with velcro clasp

8 × 6, 14 pages

 **Ships: May 2026**

ISBN 979-8-89396-059-4



## Christopher Robbins

is the founder and president of Familius. He is married to his Familius partner and acquisitions editor, Michele Robbins, and they are the parents of nine children. They reside in Sanger, California.



## Susanna Covelli

was born in a small town in Piedmont, Italy, earned an MA in architecture, and followed her passion for art and decided to attend a specialization course in both traditional and digital illustration at Scuola Internazionale di Comics in Turin. Her art expresses her own imagination and inspiration from nature,

and she has always been attracted by sinuous shapes, baroque style, and out-of-the-ordinary perspectives.

- **NOVELTY FORMAT:** Playful three-in-one format: read as a book, play as a train, or use as room decor. Versatility meets education!
- **NEW IN SERIES:** This board book is part of the bestselling *On-Track Learning* series from Familius that teaches the alphabet with children's favorite topics, like dinosaurs, monsters, and Christmas.
- **INTERACTIVE PRIMER:** Not only does *Safari Train* teach letter recognition and simple animal facts, but it is interactive and visually stimulating for small hands. With its sturdy, tear-resistant material and tactile features, it encourages hands-on learning, perfect for curious young learners.



.....  
ALSO AVAILABLE IN THE ON-TRACK LEARNING SERIES

### Space Train

ISBN-13: 978-1-64170-876-0  
Price: \$14.99 (USD) £10.99 (UK)

ISBN 978-1-64170-876-0



### AlphaTrain

ISBN-13: 978-1-945547-81-2  
Price: \$12.99 (USD) £9.99 (UK)

ISBN 978-1-945547-81-2





# Hear Them Sing

## A Kid's Book of North American Bird Songs and Calls

JUNE SMALLS

ILLUSTRATIONS BY ZEV LABINGER

THIS BOOK HELPS FAMILIES:



Learn Together



Play Together

High in the treetops, way up in the sky, there's a symphony. The chirring of an American robin, the whistle of a black-capped chickadee—these birdsongs all come together to create the sounds of your backyard. But do you know which sound belongs to which bird?

With this fully illustrated guidebook and soundboard, kids can learn the whistles, chirps, and coos of 14 birds from North America by simply pressing a button. Each page comes with stunning watercolor illustrations from Zev Labinger that capture the birds in their natural habitats, accompanied by fun facts from June Smalls that cover everything from population size to nest structure. And you'll find true-to-size illustrations of each bird's egg! Packed with everything a kid needs to stay entertained and engaged, *Hear Them Sing* is the best first guide for young birders and outdoor adventurers. All you have to do is look up! **Ages 5–7**



Northern Virginia author **June Smalls** has been making up stories since she only had pets and stuffed animals to share them with. She writes fiction and nonfiction books that are funny, educational, odd, endearing, and entertaining.



**Zev Labinger** is a visual artist, musician, and ecologist originally from the USA and has lived in Israel for the past 30 years. He became obsessed with nature and birds at age 11, and he has been studying and painting them ever since.



ISBN-13: 978-1-64170-881-4

Price: \$24.99 (USD) £17.99 (UK)

Picture book with soundboard

11 × 9, 32 pages

 **Ships: April 2026**

ISBN 978-1-64170-881-4



- **INTERACTIVE SOUNDBOARD: All 14 animals featured in the book are accompanied by authentic recordings of their calls. With the press of a button on the large soundboard, children can hear the sounds each bird makes, helping them identify the bird calls in real life.**
- **EDUCATIONAL AND ENGAGING: This interactive package includes 32 pages of illustrated nonfiction content, making it a great fit for home or the classroom. Each page recounts simple facts about the bird's habitat, plumage, nest, eggs, and more accompanied by true-to-life illustrations that help children apply their knowledge to the real world.**
- **IDEAL FOR BIRD-WATCHING: The comprehensive information on North American birds make *Hear Them Sing* the perfect bird-watching guide for little nature lovers. Birders or citizen scientists trying to pass their hobby on to the next generation will love this book.**



#### QUICK FACTS

- Breeds in the eastern half of North America with some overlap into the west.
- This American Robin is the state bird of Massachusetts, Michigan, and Wisconsin.
- The adult American Robin lives an average of 11 years and 11 months.

#### AMERICAN ROBIN



**F**ound across North America, the American Robin is easy to identify by its orange-red breast, black cap, and greyish-brown back. Often spotted at bird feeders, the ground-dwelling bird is common, though it can be shy.

When Robins do not mate for life, they will stay with their breeding partner for the current season. They typically breed in the spring, but in some areas, they may breed multiple times during the year. The eggs are white with brown spots. After the birds hatch, both parents care for their young. Following about 10 to 12 days in the nest, the young birds leave the nest, and both parents will continue to care for them for a few more days or weeks until they are fully fledged.

These small birds are great for the garden, though they can be noisy. The song Robins are known for is a simple, but difficult song that is often heard throughout the spring and summer months.



#### BIRDSONG

American Robins make a variety of sounds. They are well known for their simple song that often sounds like "cheerily, cheerily, cheerily." They also make a lot of other sounds and have a variety of calls that are used for different purposes.

If there is danger, the American Robin will make a series of short, sharp calls. These calls are often heard when the birds are in a tree or on the ground.



#### HOME SWEET HOME!

A Robin's nest is usually made of sticks and twigs. They are very good at building a nest. The nest is usually built in a bush or a tree. The nest is usually built in a hidden place. The nest is usually built in a hidden place. The nest is usually built in a hidden place.

The average American Robin lives for about 11 years.



#### QUICK FACTS

- Breeds in the eastern half of North America with some overlap into the west.
- This Northern Cardinal is the state bird of North Carolina, West Virginia, and D.C.
- The adult Northern Cardinal lives an average of 11 years and 11 months.

#### NORTHERN CARDINAL



**F**ound across North America, the Northern Cardinal is easy to identify by its bright red plumage. The male has a bright red head, neck, and back. The female has a more muted red color. The Northern Cardinal is a very common bird in the eastern half of North America.

The Northern Cardinal is a very common bird in the eastern half of North America. The Northern Cardinal is a very common bird in the eastern half of North America.

The Northern Cardinal is a very common bird in the eastern half of North America. The Northern Cardinal is a very common bird in the eastern half of North America.

The Northern Cardinal is a very common bird in the eastern half of North America. The Northern Cardinal is a very common bird in the eastern half of North America.



#### BIRDSONG

Northern Cardinals have a variety of sounds. They are well known for their simple song that often sounds like "cheerily, cheerily, cheerily." They also make a lot of other sounds and have a variety of calls that are used for different purposes.

If there is danger, the Northern Cardinal will make a series of short, sharp calls. These calls are often heard when the birds are in a tree or on the ground.



#### HOME SWEET HOME!

A Northern Cardinal's nest is usually made of sticks and twigs. They are very good at building a nest. The nest is usually built in a bush or a tree. The nest is usually built in a hidden place. The nest is usually built in a hidden place.

The average Northern Cardinal lives for about 11 years.

ALSO AVAILABLE



#### Hear Them Roar

ISBN-13: 978-1-64170-728-2

Price: \$24.99 (USD)

ISBN 978-1-64170-728-2





# S Is for South Carolina

CINDY MUCHNICK

ILLUSTRATIONS BY VOLHA KALIAHA

THESE  
BOOKS  
HELPS  
FAMILIES:



Read  
Together



Learn  
Together

*A is for angel oak tree.*

*B is for Beaufort.*

*C is for Charleston.*

**T**ake an alphabetized tour of the Palmetto state! With E for Edisto Beach, I for Isle of Palms, and G for gators, this colorful board book from Christopher Robbins and Volha Kaliaha introduces young readers to the culture and landmarks of South Carolina. Perfect for locals and tourists alike! **Ages 1–3**



## Christopher Robbins

is the founder and president of Familius. He is married to his Familius partner and acquisitions editor, Michele Robbins, and they are the parents of nine children. They reside in Sanger, California.



## Volha Kaliaha

is a vector designer and illustrator from Minsk, Belarus. Motherhood enhanced her life as an artist, helping her to imagine the world from a child's perspective and to see magic in simple things.



ISBN-13: 979-8-89396-046-4

Price: \$12.99 (USD) £9.99 (UK)

Board book

8 x 8, 20 pages



**Ships: April 2026**

ISBN 979-8-89396-046-4



- **EXPLORE SOUTH CAROLINA:** Each page captures the culture and landmarks of South Carolina, making this board book ideal for locals and tourists alike. With icons, locations, foods, plants, animals, and more, it's the perfect introduction to the state.
- **EDUCATIONAL AND ENTERTAINING:** This fun alphabetic tour with colorful illustrations will not only keep kids engaged but help them develop basic letter recognition and literacy skills.
- **COMPANION BOARD BOOK:** Paired with its companion, the counting primer *Let's Count South Carolina*, this regional duo offers a complete glimpse into the state of South Carolina for young readers—all while teaching basic reading and math.



# Let's Count South Carolina

CHRISTOPHER ROBBINS

ILLUSTRATIONS BY VOLHA KALIAHA

From one black-and-white lighthouse to ten children eating yellow Carolina peaches, numbers and colors are more fun in South Carolina! In this dynamic, colorful primer, young readers count the places, animals, and other wonderful things that make South Carolina so unique. Perfect for locals and tourists alike! **Ages 1–3**



## Christopher Robbins

is the founder and president of Familius. He is married to his Familius partner and acquisitions editor, Michele Robbins, and they are the parents of nine children. They reside in Sanger, California.



## Volha Kaliaha

is a vector designer and illustrator from Minsk, Belarus. Motherhood enhanced her life as an artist, helping her to imagine the world from a child's perspective and to see magic in simple things.



Check out our other regional board books on page 110!



ISBN-13: 979-8-89396-047-1

Price: \$12.99 (USD) £9.99 (UK)

Board book

8 x 8, 20 pages



**Ships: April 2026**

ISBN 979-8-89396-047-1



- **EXPLORE SOUTH CAROLINA:** Each page captures the culture and landmarks of South Carolina, making this board book ideal for locals and tourists alike. With icons, locations, foods, plants, animals, and more, it's the perfect introduction to the state.
- **EDUCATIONAL AND ENTERTAINING:** The fun counting element and colorful illustrations will not only keep kids engaged but help them develop basic number recognition and math skills.
- **COMPANION BOARD BOOK:** Paired with its companion, the ABC primer *S Is for South Carolina*, this regional duo offers a complete glimpse into the state of South Carolina for young readers—all while teaching basic counting and letter recognition.



THIS  
BOOK  
HELPS  
FAMILIES:



Learn  
Together



Talk  
Together

# The Art of the Sneaker

## Form and Function Through the Lens of a Collector

ANDREW DUTTON

Every sneaker has a story to tell. From Nike Air Force 1s to the Chuck Taylor All Star, these kicks have gone from the courts to the streets, influencing both fashion and culture. In a tribute to their iconic silhouettes, photographer Andrew Dutton has captured the story of 150 limited edition, classic, and custom sneakers by focusing solely on their form, texture, and colorway. Visually stunning and artistically fresh, *The Art of the Sneaker* is a collection of high-quality photographs essential for any sneakerhead, fashion designer, art enthusiast, or collector. Every page is a glimpse into a world of creative expression and visual storytelling that's perfect for both display and inspiration. No long, convoluted narratives necessary—the sneakers speak for themselves.

ISBN-13: 979-8-89396-122-5

Price: \$24.99 (USD) £17.99 (UK)

Hardcover POB with spot UV, embossing

8 × 10, 172 pages

 Ships: February 2026

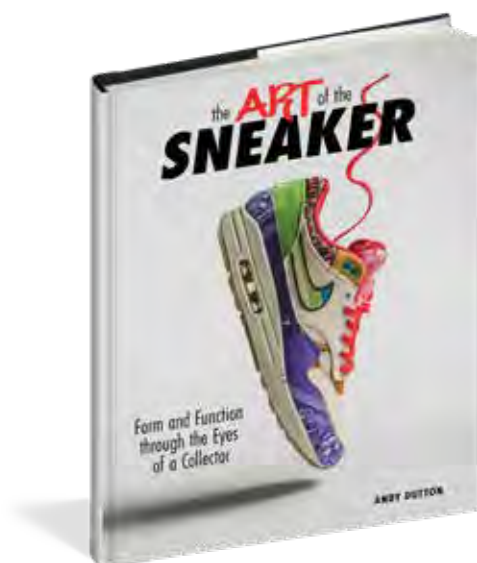
ISBN 979-8-89396-122-5



### Andrew Dutton is

a photographer and middle school digital media teacher who brings sneakers to life through visual storytelling, emphasizing their design, texture, and cultural significance. By blending creativity and technical skill, his work captures the unique connection between sneakers, style, and individuality. When not teaching, Andrew

celebrates sneaker culture through photography and social media promotions.



- **STREETWEAR AND FASHION:** Since the 1800s, sneakers have been the main form of athletic footwear, later becoming part of fashion and casual streetwear due to the influence of celebrities like Michael Jordan. This collection of photographs captures the rise of sneaker culture and style through classic, custom, and limited edition kicks.
- **VISUAL STORYTELLING:** Combining sneaker culture and artistic photography, every unique photograph tells a story and connects readers to the history, design, and cultural impact of each sneaker. Packaged in a beautiful, high-quality book, this collection showcases sneakers as more than shoes—they're wearable art.
- **SOCIAL MEDIA REACH:** Andrew Dutton's Instagram account, @ad\_\_sneaks, boasts 392,000 followers and high engagement, reaching 1.2 million accounts per month. His content resonates with young adults and creatives who share a love for sneakers and individual style.



Air Jordan 1  
Black/White 2



Air Jordan 1  
Black/White 2



Air Jordan 1  
Black/White 2



Air Jordan 1  
Black/White 2



Air Jordan 1  
Black/White 2



Air Jordan 1  
Black/White 2

"Dream audaciously. Have the courage  
to fail forward. Act with urgency."

PHIL KNIGHT, FOUNDER OF NIKE



THIS BOOK HELPS FAMILIES:



Learn Together



Play Together

# Utah

## Discover the Beehive State

MARK LISK

With stunning photography on every page by professional photographer Mark Lisk, this coffee-table treasure will transport you on a visual journey through the wonders of Utah. Each photograph is accompanied by detailed notes so that you can take your journey outdoors on your next vacation to the Beehive State. Highlighting the state's most beautiful spots and famous landmarks, *Utah: Discover the Beehive State* is a must-own for everyone in love with Utah.



*Owyhee Canyonlands: An Outdoor Adventure Guide* (2013), and *Sawtooth/Whiteclouds* (2016).

**Mark Lisk** climbs from the sea to high ridges and plains, gathering within his camera worlds of color and expanse that few ever see or capture in any form. Lisk's photographs stand alone within seven books: *Idaho Impressions* (1997), *Salmon River Country* (2005), *Desert Water* (2005), *Idaho: Portrait of a State* (2007), *Owyhee Canyon Lands* (2008),

### Also by Mark Lisk:



**Idaho: Discover the Gem State**

\$24.99 ISBN-13: 978-1-64170-891-3

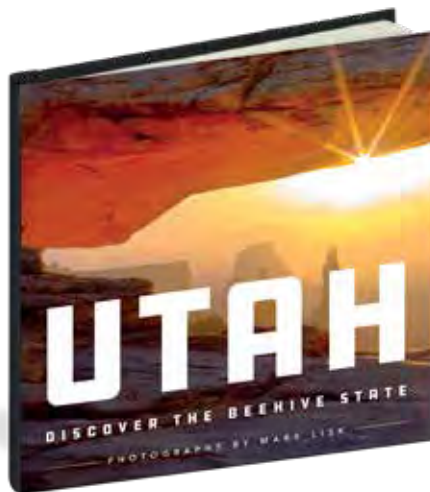
ISBN 978-1-64170-891-3



**Arizona: Discover the Gem State**

\$24.99 ISBN-13: 979-8-89396-063-1

ISBN 979-8-89396-063-1



ISBN-13: 979-8-89396-137-9

Price: \$24.99 (USD) £17.99 (UK)

Hardcover POB with spot UV, embossing

9 × 9, 240 pages

Ships: June 2026

ISBN 979-8-89396-137-9



- **RICH IMAGERY:** Featuring over 200 full-color images, this book showcases the vast and diverse terrain that Utah has to offer. From well-known landmarks to lesser-known remote locations, it features Lisk's unique approach to capturing the natural landscape, driven by elements such as balance, rhythm, pattern, and texture.
- **OUTDOOR ENTHUSIASTS:** Targeting outdoor enthusiasts who appreciate the state's unique scenic beauty, this book comes with notes and locations from the author so travelers and hikers can plan a trip to their favorite spots.
- **NEW FORMAT:** Your favorite photographs from Mark Lisk's *Utah: The Beehive State*, now in a more sharable size! The book that has received rave reviews from journals like Midwest Book Review can now sit beautifully and comfortably on your coffee table with Mark Lisk's entire collection.



↑  
This line is a geological fault, or  
a line where the earth's crust  
has broken and moved.  
↓  
This photo, of the Grand  
Canyon, shows the same geological  
feature, but from a different  
perspective.



10

The Grand Canyon of the Colorado River, a landmark of the desert South.

11



Grand Canyon of the Colorado River, a landmark of the desert South.

12



THESE  
BOOKS  
HELPS  
FAMILIES:



Learn  
Together



Heal  
Together

# The Art of Imperfection

## An Interactive Guide to Self-Compassion in a Messy World

CAMILLA STARK

**H**ave you ever realized that we're kinder to other people than we are to ourselves? Based on the psychology of self-compassion and built using human-centered design thinking, *The Art of Imperfection* is a guided journal that challenges negative self-talk and builds new ways of viewing yourself and those around you. With 50 short creative activities to choose from, you'll write letters to your past and future selves, make a smoothie of your feelings, perform a "Viking funeral," and learn to be more present in your life and relationships. Structured so that you can build up to emotionally charged exercises, with beautiful illustrations to keep you company along the way, *The Art of Imperfection* is a creative guide to self-compassion in a messy world.

ISBN-13: 979-8-89396-132-4

Price: \$16.99 (USD) £11.99 (UK)

Hardcover POB with foil, embossing, deckled edges

6 × 9, 128 pages

 **Ships: March 2026**

ISBN 979-8-89396-132-4



**Camilla Stark** is a multidisciplinary artist and designer who makes works about light & darkness, life & death, and love & fear. She lives in Provo, Utah, with her husband, cat, and very small son.



- **EMOTIONALLY GROUNDING:** Writing and drawing in the physical book will help ground readers in the present, allowing them to address their emotions in a safe space and in their own time.
- **RESEARCH-BACKED JOURNALING:** Through careful research and thoughtful organization, each interactive exercise is based on scientific research on self-compassion, and how to develop it through mindfulness, self-kindness, and common humanity.
- **ACCESSIBLE FORMAT:** With a wide variety of exercises that only take a few minutes, readers can choose what feels right for them at that exact moment. The journal is structured to have easier exercises first and more emotionally difficult exercises later so that readers can build up to big changes.

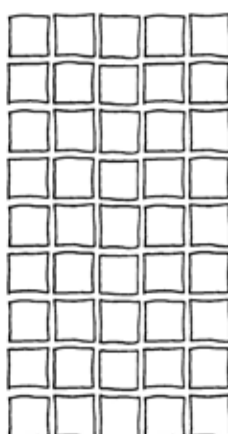
Fold the corner  
so you can find  
this page easily.

## graph fix: the journey

Externalizing and visualizing the whole range of your emotions can help you understand and accept them.

Every time you use this book, turn to this page and mark a box according to what emotions you've experienced that day. Try combining patterns to depict the breadth of what you're feeling. Remember that all emotions are acceptable to feel.

-  Trust
-  Interest
-  Anger
-  Fear
-  Joy
-  Sadness



## planted

Making a goal is like planting a seed. It takes time, care, and effort to make it grow. But when it does, it can become something great.

What is a goal that you intend to try soon?



What's a goal that you are working on currently? Make it small and right now if you don't have one.



## people-watch

Go to a public place and watch the people there. What are they wearing, feeling, thinking, and doing?

Draw some people and their faces in a piece of paper.



THIS  
BOOK  
HELPS  
FAMILIES:



Heal  
Together



Love  
Together

# Trying

## A Loving Guide to Navigating the Emotions of Infertility and Loss

LIZ SWENSON AND ALESSA MARTIN

After the confirmation of pregnancy, a woman receives recommendations and resources for the journey she is about to begin. After a diagnosis of unexplained infertility, miscarriage, or a failed fertility round, a woman might receive additional suggestions for medical intervention. But what she rarely, if ever, receives are any tools to help her cope with what she is experiencing. Enter *Trying*, an illustrated guide that's like a life raft on the sea of your infertility journey. The condition of "trying" is a hard and harrowing journey in which people can experience loss, grief, shame, and confusion. Often quietly. *Trying: A Loving Guide to Navigating the Emotions of Infertility and Loss* holds space for the grief and pain while also offering love, support, stories, and practical strategies from people who have been there before. Whether you are still trying, have stopped trying, are considering adoption or surrogacy, or are anywhere in between, here's a story here for you. Accompanied by stunning illustrations that make the advice easy to digest, this bite-sized companion will empower you to keep braving wind-tossed seas. Wherever your journey leads, you are seen, you are heard, and you are not alone.

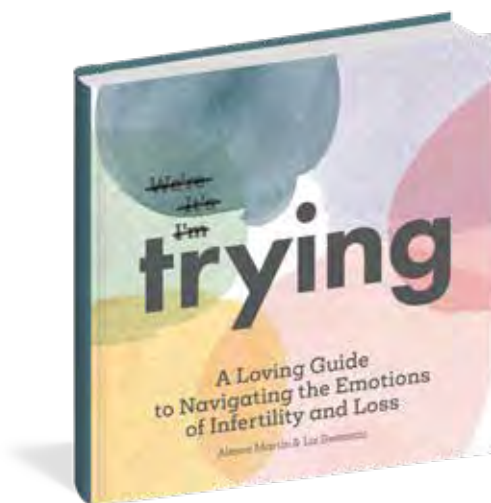


**Liz Swenson** is a bestselling author and illustrator of two survival guides for parents: *You Got This, Mama! From Boobs to Blowouts*, a *Survival Guide for New Mothers* and *Raising Tiny Humans: From Potty Training to Prejudice*, a *Survival Guide for the Wild Toddler Years*. She is a mom to three perfect kiddos and lives in sunny San Clemente with

her beautiful family and her big dog, Harper.



**Alessa Martin** is a marketing strategist and digital storyteller, and during her six-year struggle with infertility and late-term loss, Alessa received a lot of unhelpful advice. She is inspired to share with others the type of support and resources she wished she had received.



ISBN-13: 979-8-89396-134-8

Price: \$18.99 (USD) £13.99 (UK)

Hardcover POB, spot UV, embossing,

8 × 8, 208 pages

 **Ships: May 2026**

ISBN 979-8-89396-134-8



- **UNIQUE INFERTILITY RESOURCE:** The family building space is severely lacking in go-to resources for navigating the emotions of infertility and infant loss. *Trying* fills that gap while gracefully addressing common situations and worries.
- **EMPOWERING AND RELATABLE:** From the author of *Raising Tiny Humans*, Liz Swenson, and digital storyteller Alessa Martin, this illustrated guide is filled with hope and companionship. Their advice comes from a place of experience and empowers readers to make it through without making it worse.
- **ACCESSIBLE AND PRACTICAL:** The combination of beautiful illustrations and practical strategies in a digestible, bite-sized format is unique in the space. It's the perfect fit for the busyness and complications of modern family life.

Don't tell anyone  
you're pregnant  
until 12 weeks.

You're  
overthinking  
it.

I know someone that struggled for years, and then they stopped trying and they got pregnant!

Why don't you just get drunk and have sex?

Everything happens  
for a reason.

**Just  
relax.**

**Don't  
wait too long.**

It feels like something in your body is broken or different from else's, that seems to be working.

**Just  
adopt.**

Nobody talked about it at all.

The clock  
is ticking.

Why are you paying for all of this fertility treatment?

We didn't think that anyone would understand. We didn't think that anyone else was going through it.

Don't talk about it.  
Don't tell people,  
women shouldn't do that.  
You're putting that  
on other women.

**You're not eating enough (or too much).**



“Jealousy is not like [she knew that] I was on. And for a little bit of time, when people would go on, I’d have friendly wins [it would motivate her there to get pregnant, and they would be motivating in the end] I would cry and be there.

And so for a little bit of those people get on the boat with you, and then inevitably get off the boat, they get pregnant. And I always felt like I was still on the boat, not knowing when I would be able to get off.

22

15-234

### Nicole's Story

[illegible]

As a 15-year-old and 14th grade student, this project was an independent. My mentor suggested with faculty advice we could use a microscope to compare 100-year-old and modern-day wood. We decided to build our own building, using only the materials that were available to us. From a few days before the beginning of the semester, we had a program to build a structure that would demonstrate the properties of wood. We used a 100-year-old and modern-day wood. The structure showed the difference in the wood's ability to hold its shape and weight.

Can typical Monday morning in a hot, humid, tropical, low-rise, multi-story building be made more enjoyable? Monday golf is the answer. A local hotel has been converted to a temporary clubhouse for the evening. After 7 hours, members are treated to the sale of 100 bottles of beer. In addition, a special auction is held, presented by local Florida businesses. All are free to attend and the results are fun.

Reviews of all 120 labels are available by ordering about \$400. The service provides all data on consumer, clinical and adverse label information, comments, and regulatory information and the following:





THESE BOOKS HELPS FAMILIES:



Talk Together



Heal Together

# The Grandparenting Blueprint

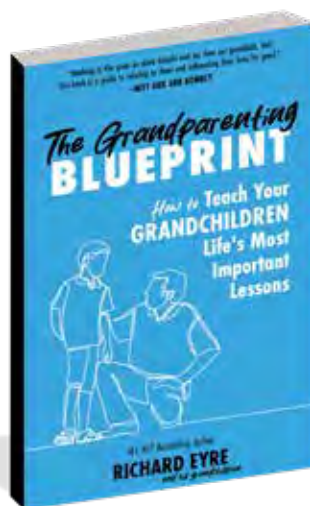
## How to Teach Your Grandchildren Life's Most Important Lessons

RICHARD EYRE

Surveys show that a majority of grandparents consider their grandchildren to be the most delightful part of their lives. Yet grandparenting, and doing it well—and without stepping on parents' toes—can follow a difficult and tricky path. Seniors all over the world are looking for practical tips and proven strategies for becoming a proactive grandparent, but what do grandchildren need the most? More important than money or fun, the best things a grandparent could leave to their grandchildren are principles for a happy and productive life. Drawing on 12 secrets that bestselling author Richard Eyre shared with his own grandkids, *The Grandparenting Blueprint: How to Teach Your Grandchildren Life's Most Important Lessons* is a guide to sharing values and building bonds between grandparent and grandchild. Starting with building bonds as a prerequisite, this guide moves from grandparenting basics and teamwork with the parents (your kids) to popularity and the ring of truth. With examples, questionnaires, and discussions throughout, each piece of advice is easy to use. By the end, you will have a list of personal secrets that have shaped your own life, leading to meaningful communication with grandchildren about life, living, and legacies. This is the book that will help you leave your grandkids the best of yourself!



**Richard Eyre** is a New York Times #1 best-selling author with more than fifty books in print and speaks to audiences all over the world in more than sixty countries. He now focuses on grandparenting and the successful management of three-generation families. He often co-authors (and co-speaks) with his wife and partner, Linda.



ISBN-13: 979-8-89396-064-8

Price: \$18.99 (USD) £13.99 (UK)

Paperback, 5 × 8, 164 pages

 **Ships: February 2026**

ISBN 979-8-89396-064-8



- **BESTSELLING AUTHOR:** Richard Eyre is a #1 New York Times bestselling author and an author of over 50 titles.
- **TEACHING VALUES:** Rather than focusing on material items, this book offers the most valuable thing a grandparent can share with their grandkids: principles that can build a happy and productive life. It's not just a grandparenting book but a guide to creating family values and sharing a legacy.
- **MULTIGENERATIONAL BONDS:** The examples and strategies in this book help grandparents build bonds with their grandkids and grown kids, emphasizing being proactive and communicative.

# Surviving

## Finding Hope After Suicide Loss

LISA SUGARMAN

Surviving is a growing epidemic with a staggering rate of 700,000 deaths per year globally. And for every suicide, five family members and up to 135 community members are affected. That means that an estimated 60 million people have lost someone to suicide and are struggling to navigate the aftermath: loss, grief, unanswered questions, and how to move forward. Drawing on her experience as a three-time survivor of suicide loss who has turned her pain into purpose, crisis counselor Lisa Sugarman offers a new resource that is raw, deeply personal, and practical. Far from a clinical self-help book, *Surviving: Finding Hope after Suicide Loss* not only invites readers into the intimate and poignant reality of suicide loss but offers tangible tools from Sugarman's comprehensive sixteen-category mental health hub, [www.TheHelpHUB.co](http://www.TheHelpHUB.co). From managing grief and overcoming mental health challenges to moving forward and rebuilding, this gentle resource is for anyone seeking to understand and heal from losing someone to suicide. It's an essential read for survivors, mental health advocates, and anyone touched by the ripple effects of suicide. Survival is possible, and support is always within reach.

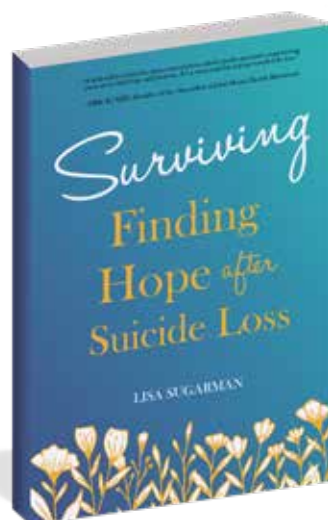


**Lisa Sugarman** is a three-time survivor of suicide loss, Founder of The HelpHub ([www.TheHelpHUB.co](http://www.TheHelpHUB.co)), a crisis counselor with The Trevor Project, a storyteller with the National Alliance on Mental Illness (NAMI), a grief group facilitator for survivors of suicide loss with Samaritans, and a mental health advocate dedicated to changing the narrative on suicide and mental illness.

## Also by Lisa:

**How to Raise Perfectly Imperfect Kids—and Be OK with It!**

\$17.99 ISBN-13: 9781641701617



ISBN-13: 979-8-89396-133-1

Price: \$18.99 (USD) £ 13.99 (UK)

Paperback, 6 × 9, 224 pages

 **Ships: March 2026**

ISBN 979-8-89396-133-1



- **EXPERT INSIGHT:** *Surviving* offers an intimate look into author and therapist Lisa Sugarman's experience with suicide loss. Blending personal and therapeutic insights, this guide offers practical advice, tools, and resources for coping and resilience.
- **BREAKING SUICIDE STIGMAS:** This guide challenges the misconceptions surrounding suicide, raising awareness and fostering open conversations about mental health, loss, and survival.
- **EMPOWERMENT THROUGH ADVOCACY:** This book showcases how someone can navigate the intense emotional pain of suicide loss yet find strength and purpose in advocating for mental health, offering a message of hope, resilience, and community support.



TAKE A LOOK AT OUR BEST-SELLING BACKLIST!

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**Good Moms Have Scary Thoughts**

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\$18.99 ISBN-13: 9781641701303

ISBN 978-1-64170-130-3



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**Made for Me (board book)**

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\$12.99 ISBN-13: 9781641702003

ISBN 978-1-64170-200-3



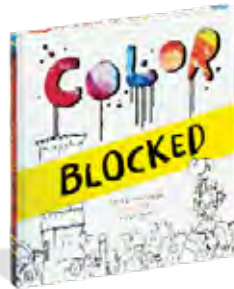
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**Color Blocked**

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\$16.99 ISBN-13: 9781944822828

ISBN 978-1-944822-82-8



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**How to Put a Dinosaur to Bed**

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**Why, Daddy? Why?**

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\$9.99 ISBN-13: 9781641706612

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**Call Your Mother**

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**Raising Tiny Humans**

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\$14.99 ISBN-13: 9781641707558

ISBN 978-1-64170-755-8



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**Unicorn (and Horse)**

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\$17.99 ISBN-13: 9781945547768

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Publishers  
Weekly best-  
selling title

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### Made for Me (picture book)

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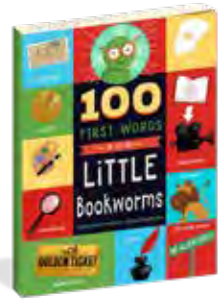
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### 100 First Words for Little Bookworms

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\$9.99 ISBN-13: 9781641708982

ISBN 978-1-64170-898-2



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### How to Potty Train a Dinosaur

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\$9.99 ISBN-13: 9781641702409



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### Hooray, It's Three King's Day!

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\$17.99 ISBN-13: 9781641709576

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### Lit for Little Hands: The Wonderful Wizard of Oz

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\$14.99 ISBN-13: 9781641706582

ISBN 978-1-64170-658-2



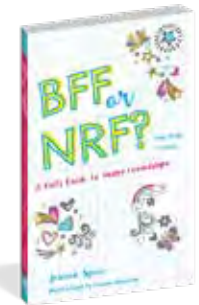
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### What About Us?

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\$16.99 ISBN-13: 9781641705714



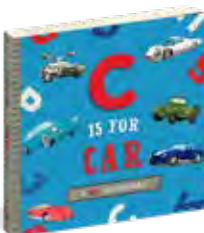
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### Yes, You Can

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# For Mothers



## Am I Doing This Right?

Rebecca Fox Starr

No matter the choice we make, mothers often end up feeling guilty, as if we are never doing enough. But no more! In this multiple-choice guide, packed with 18 coping mechanisms, social worker Rebecca Fox Starr guides moms through the apocalyptic newborn phase, the jungle of toddlerhood, and the dead ends and booby traps of raising teens with one simple message: You are doing a great job. You are more than enough.

\$16.99 ISBN-13: 9781641704465  
Paper over board; 164 pages; 5 × 7

Also, look for these other titles for moms:



## Drops of Awesome

Kathryn Thompson

\$14.95 ISBN-13: 9781939629272  
Paperback with rounded corners; 1-color interior; 212 pages; 5.5 × 8.5



## Global Mom

Melissa Dalton-Bradford

\$17.95 ISBN-13: 9781938301346  
Trade Paperback; 322 pages; 6 × 9



## Ironmom

Mette Harrison

\$17.99 ISBN-13: 9781938301360  
Trade Paperback; 216 pages; 6 × 9



## The Quotable Mom

Familius

\$14.95 ISBN-13: 9781939629081  
Trade Paperback; 132 pages; 5 × 8



## You Got This, Mama!

Liz Swenson

\$14.99 ISBN-13: 9781641704496  
Paper over board with foil; 212 pages; 7 × 7



## Raising Tiny Humans

Liz Swenson

\$14.99 ISBN-13: 9781641707558  
Paper over board; 208 pages; 7 × 7



### CALM for Moms

Denise Marek

With the science behind the CALM process, now tailored specifically for mothers, and with relatable stories, puzzles, fun exercises, jokes, and easy-to-implement strategies packed in a single stress-busting book, *CALM for Moms* gives the gift of worry-free parenting.

\$18.99 ISBN-13: 9781641707329

Trade Paperback; 256 pages; 6 × 9



### Spilt Milk Yoga

Cathryn Monro

Author Cathryn Monro combines personal experience, honesty, and humor to acknowledge the moments when motherhood stretches us to the edges of our tolerance, patience, anger, and exhaustion. Through guided self-inquiry, the challenges become opportunities to grow, not in spite of motherhood, but because of it.

\$14.95 ISBN-13: 9781942934752

Trade Paperback; 250 pages; 5 × 7



### Mothers of the Village

C. J. Schneider

So many mothers feel like something is out of joint, something is missing—and maybe the truth is that we're all just missing each other. In her unique voice, Schneider intelligently and compassionately offers practical advice on how to create the essential community that mothers need.

\$16.95 ISBN-13: 9781942934370

Trade Paperback; 218 pages; 6 × 9



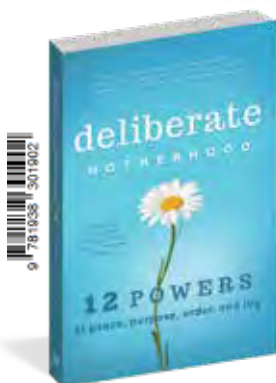
### A New Way for Mothers

Louise Webster

Inspiration, encouragement, and a step-by-step approach for every mother wishing to engage their talents during the hours their children are at school. This book has strategies and tips for all aspects of life—from finding the right type of work to supporting your health—to help moms find purpose and balance through the preschool years and beyond.

\$16.99 ISBN-13: 9781945547171

Trade Paperback; 192 pages; 6 × 9



### Deliberate Motherhood

Power of Moms

*Deliberate Motherhood* presents inspiring ideas, poignant stories, and practical applications to help mothers find great success and personal growth in the beautiful and challenging work of raising the next generation.

\$17.95 ISBN-13: 9781938301902

Trade Paperback; 276 pages; 6 × 9



### Mothering with Courage

Bonnie Compton

A detailed guidebook for your journey as a mother, complete with the latest understanding and tips for healthy parenting and motherhood. Practical, educational, and inspirational, the book provides self-reflective questions and guided journaling exercises for mothers, specifically related to aspects of their lives and mothering.

\$16.99 ISBN-13: 9781944822637

Trade Paperback; 270 pages; 6 × 9



### Mother Matters

Dayna Kurtz

From postpartum depression and baby blues to healing meals and post-natal exercise, Dayna Kurtz guides new and veteran mothers alike through the best practices to care for themselves as they care for their children.

\$16.99 ISBN-13: 9781945547782

Trade Paperback; 270 pages; 6 × 9





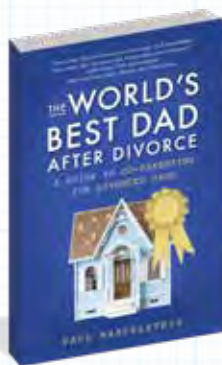
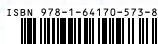
### Rookie Father

Kendall Smith

If you grew up without a father figure, you might worry whether you have what it takes to be a great dad. This playbook for men who did not have a regular, dependable father figure is packed with short lessons to answer questions new dads will face. With hilarious examples and a straightforward approach, *Rookie Father* is the mentor-in-a-book every new father needs.

\$15.99 ISBN-13: 9781641705738

Hard cover; 212 pages; 5 × 7



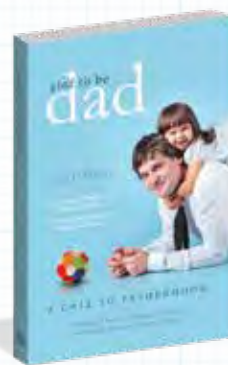
### The World's Best Dad After Divorce

Paul Mandelstein

Divorce can leave families with a lot of pain and uncertainty—and with the children in the mix, the stakes are even higher. In *The World's Best Dad After Divorce*, Mandelstein helps fathers (and mothers) discover a path to navigate the stormy waters of divorce and create a healthy extended family environment, guided by the principles of collaboration and cooperation.

\$16.99 ISBN-13: 9781641702683

Trade Paperback; 208 pages; 6 × 9



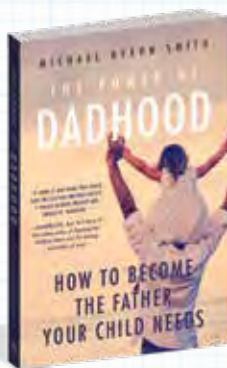
### Glad to Be Dad

Tim J. Myers

By recounting personal experiences, offering sincere opinions, and including quizzes for fatherly-preparedness, Tim Myers emphasizes the importance of fatherly influence in the home.

\$17.95 ISBN-13: 9781938301018

Trade Paperback; 270 pages; 6 × 9



### The Power of Dadhood

Michael Byron Smith

*The Power of Dadhood* empowers fathers with the knowledge that they are vitally important. National speaker Michael Byron Smith discusses the implications of a fatherless home, the challenges of parenting, and the hierarchy of fathers. Any man can assess himself, see where he stands, and make choices to become a real Dad and find the power of Dadhood!

\$16.95 ISBN-13: 9781939629661

Trade Paperback; 248 pages; 6 × 9



### Dude to Dad

Hugh Weber

*Dude to Dad* contains absolutely no expert advice or medical guidance. You can read about mucus plugs and colostrum elsewhere. What you will find is a candid, quick, and often irreverent road map for making the most of your own personal transition from Dude to Dad.

\$10.95 ISBN-13: 9781938301261

Trade Paperback; 132 pages; 5 × 8



### Dad Mode

Tal Eyre

Unlock the Power of Fatherhood. In this essential guide for dads with young children, Tal Eyre shares insights and practical strategies to form unbreakable bonds, foster growth, and create a mission-driven family. Activate your dad mode today!

\$17.99 ISBN-13: 9781641709118

Hardcover; 160 pages; 5 × 7







## Making it Up: A Revolutionary Way to Bond with Kids Through Play

Christopher Mannino; illustrations by Cory Reid  
*A Parent's Guide to Starting Psychiatric*

Just ask a certain animated blue dog we all love: play-centered parenting is what every young child wants and needs, yet it's hard to manage in today's busy, hectic world. How can real-life parents with real responsibilities and stresses drop everything to be silly with their kids? You don't need to be a trained actor to engage in your child's imaginative world. It's easier than it sounds, and far more powerful than you can imagine. With the techniques found in *Making It Up*, you'll have more energy, more confidence, and a stronger relationship with you kids in just 10 minutes a day.

\$18.99 ISBN-13: 9798893960068

Paperback; 184 pages; 6 × 9



## A Parent's Guide to Starting Psychiatric Medications for Kids

Alex Klevzon, MD; Robbie Jaffe, MD; and  
Pilar Trelles, MD

*A Parent's Guide to Starting Psychiatric Medications for Kids* boils down the process of evaluating children and deciding whether to use medication, and then explores different classes of medications in detail, from the side effects to ongoing monitoring.

\$15.99 ISBN-13: 9798893960457

POB with spot UV/raised varnish; 160 pages; 5 × 7



## Family Ever After

Michelle H. Packard

Wife and mother of four Michelle Packard knows how crazy a family life can be and shares tips and tricks to not just appreciate the chaos but to appreciate and love those who can make your life the most difficult. While the idea of happy ever after is distorted, you can, in fact, achieve a *Family Ever After*.

\$14.95 ISBN-13: 9781938301384

Trade Paperback; 194 pages; 6 × 9



## Tell Me a Story in the Dark

John Olive

Tonight, don't read your child a story. Instead, dim the light, lie down, and create storytelling magic. Weave a spell that will enchant your child . . . Written by an award-winning playwright, *Tell Me a Story in the Dark* provides you with every tool you need to tell great and entertaining stories.

\$18.95 ISBN-13: 9781939629586

Trade Paperback; 300 pages; 7.5 × 9.25







### From Tweens to Teens

Maria Clark Fleshood

In this groundbreaking guide, psychotherapist and educator Maria Clark Fleshood encourages parents to revive global traditions to mark preadolescence (ages eight to thirteen) with rituals and celebrations that guide young women through these years of self-discovery.

\$16.99 ISBN-13: 9781942934561  
Trade Paperback; 166 pages; 6 × 9



### The 5 Foundations of Successful Teens

Mark J. Luciano, PhD

Dr. Mark J. Luciano provides insights from his own family therapy practice and the latest research to help your teen discover newfound courage and independence.

\$17.99 ISBN-13: 9781641700375  
Trade Paperback; 224 pages; 6 × 9

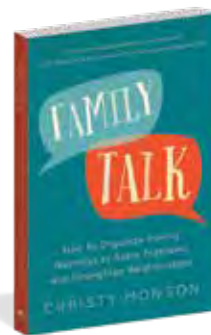


### Stressed Out! For Parents

Ben Bernstein, PhD

Dr. B., celebrated performance coach for CEOs, athletes, and musicians, takes on parents this time in *Stressed Out! For Parents*. Focusing on his nine steps to help during stressful situations, Dr. B. teaches parents in clear, entertaining writing how to be calm, confident, and focused.

\$16.95 ISBN-13: 9781939629319  
Trade Paperback; 200 pages; 6 × 9



### Family Talk

Christy Monson

Family councils are a great way to bring children and parents together in a positive environment where they can discuss and solve problems. In this book, Christy Monson outlines the benefits of family councils and the best ways to implement them in your own family.

\$18.99 ISBN-13: 9781938301797  
Trade Paperback; 210 pages; 6 × 9

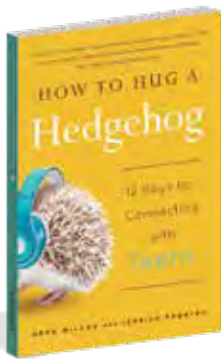


### Here Be Dragons

Annmarie Kelly-Harbaugh and Ken Harbaugh

Two parents challenge one another to find balance between work and family life. Their stories are both uproarious and poignant. Filled with tender moments and plenty of laughs, *Here Be Dragons* recounts the adventures of a family trying to stay afloat and offers a life raft to the rest of us in choppy waters.

\$16.95 ISBN-13: 9781942934905  
Trade Paperback; 226 pages; 6 × 9

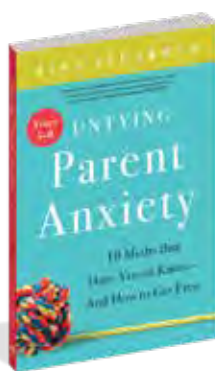


### How to Hug a Hedgehog

Brad Wilcox and Jerrick Robbins

A teen's job is to be difficult, and most do it really, really well. No problem. With entertaining stories and twelve principles that open the cages, unlock the doors, gently tear down those walls, and get you talking, *How to Hug a Hedgehog* explores everything from communication to what you might have missed on the teen "warning label."

\$18.99 ISBN-13: 9781939629197  
Trade Paperback; 176 pages; 6 × 9



### Untying Parent Anxiety (Years 5-8)

Lisa Sugarman

In *Untying Parent Anxiety*, nationally syndicated humor columnist and author Lisa Sugarman reminds us that our kids aren't supposed to be perfect. (And neither are we.) And as soon as we embrace the idea that parenthood is not a straight line, we unlock everyone's full potential.

\$16.99 ISBN-13: 9781944822576  
Trade Paperback; 208 pages; 6 × 9



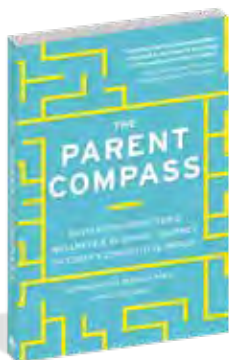
### Autonomy-Supportive Parenting

Emily Edlynn

How do we support our children's autonomy while maintaining boundaries and not losing our minds in the process? From clinical psychologist Emily Edlynn, PhD, comes a flexible parenting framework that can apply to every family and every parental relationship.

\$18.99 ISBN-13: 9781641709767  
Trade Paperback; 336 pages; 6 × 9





## The Parent Compass

Cynthia Clumeck Muchnick, MA; Jenn Curtis, MSW

*The Parent Compass* provides guidance on what parents' roles should be in supporting their teens' mental health as they traverse the maze of the adolescent years. In *The Parent Compass*, you will find advice on facilitating grit and resilience in your teen and why they are critical to your teen's happiness.

\$16.99 ISBN-13: 9781641702881

Trade Paperback; 224 pages; 6 × 9



## The Present Parent Handbook

Timothy Dukes, PhD

Addresses both the dilemmas and delights in each parenting moment, providing practices to manage both. With an A–Z approach, parents will learn how to be more mentally and emotionally available to their children.

\$16.99 ISBN-13: 9781945547133

Trade Paperback; 168 pages; 5 × 7



## Parenting for the Digital Age

Bill Ratner

Bill Ratner explores the change in advertising since 1982 and what children are currently exposed to. As a parent and veteran insider to the world of media, Ratner talks openly about the problems associated with excessive screen time, children's advertising, and what parents can do about it.

\$16.95 ISBN-13: 9781939629050

Trade Paperback; 190 pages; 6 × 9



## Why Can't We Just Play?

Pam Lobley

Nationally syndicated humor writer Pam Lobley decided to slow down and give her family a summer that was a throwback to the 1950s. With trademark wit and candor, she reveals what we can learn from those long-ago families, why raising kids has changed so drastically, and most importantly, how to stop time once in a while and just play.

\$18.99 ISBN-13: 9781942934578

Trade Paperback; 192 pages; 6 × 9



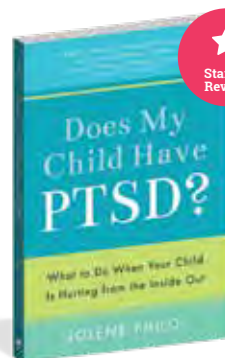
## How to Raise Perfectly Imperfect Kids—and Be OK with It!

Lisa Sugarman, with Debra Fox Gansenberg

With healthy doses of humor and reality, Lisa Sugarman reminds us that our kids were never meant to be perfect, and perfectly imperfect kids can become wonderful, well-rounded adults if we just allow them to grow.

\$17.99 ISBN-13: 9781641701617

Trade Paperback; 240 pages; 6 × 9



## Does My Child Have PTSD?

Jolene Philo

When children experience medical illness, witness violence, or are abused, it can leave a lasting effect. *Does My Child Have PTSD?* is designed for readers looking for answers about the puzzling, disturbing behaviors of children in their care.

\$21.99 ISBN-13: 9781942934011

Trade Paperback; 200 pages; 6 × 9







### Good Moms Have Scary Thoughts

Karen Kleiman,  
illustrated by Molly McIntyre  
Over 90 percent of new mothers will have scary thoughts about their baby and themselves. For too many mothers, those feelings can grow into anxiety, depression, and even self-harm. But here's good news: you CAN feel better. Author Karen Kleiman comes to the aid of new mothers everywhere with a new source of hope and compassion.

\$18.99 ISBN-13: 9781641701303  
Hardcover; 160 pages; 7 × 7



### What About Us? A New Parents Guide to Safeguarding Your Over-Anxious, Over- Extended, Sleep-Deprived Relationship

Karen Kleiman,  
illustrated by Molly McIntyre  
From the team behind the bestselling *Good Moms Have Scary Thoughts* comes a new guidebook of short essays, comics, and quick journal prompts about the stressful newborn stage, the struggles that so many new parents face, and the skills you need to tap into your strength as a couple.

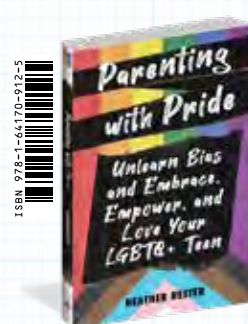
\$16.99 ISBN-13: 9781641705714  
Hardcover; 128 pages; 7 × 7



### 115 Hacks and Hactivities for Parents of Mini Humans

Kate Bast  
With hacks for everything from mini human care to travel and toys, this book will give you the extra hand you need to do it all. Divided into helpful categories, each innovative hack comes with easy-to-follow instructions, and materials made up of simple items you can find in your own home or local stores.

\$14.99 ISBN-13: 9781641707916  
Hardcover; 212 pages; 5 × 7



### Parenting With Pride

Heather Hester  
The ultimate LGBTQ parenting handbook, *Parenting with Pride* guides parents and caregivers through transformative steps of Embrace, Educate, Empower, and Love so they can support their teen with open arms and hearts.

\$18.99 ISBN-13: 9781641709125  
Trade Paperback; 244 pages; 6 × 9



### Calming Your Child

Dame Sue Bagshaw and  
Michael Hempseed  
*Calming Your Child* looks at the root causes, including anxiety, depression, sensory issues, and other psychological factors, explaining the research and helpful techniques in a simple, accessible way.

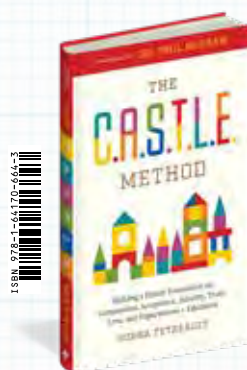
\$18.99 ISBN-13: 9781641706667  
Trade Paperback; 256 pages; 6 × 9



### Changing Gears

Leah Day  
Leah Day felt herself drifting from her son, Jack, she decided to make a drastic play to reconnect. In this memoir chronicling the journey of a lifetime, Leah and Jack find that if they can push themselves to accomplish physically exhausting and emotionally taxing milestones on a bike, they are capable of anything!

\$18.99 ISBN-13: 9781641706544  
Trade Paperback; 256 pages; 6 × 9



### The C.A.S.T.L.E. Method

Donna Tetreault  
In *The CASTLE Method*, Dr. Phil's resident parenting expert Donna Tetreault outlines the CASTLE method, the tools you'll need to build a strong foundation for your family: compassion, acceptance, security, trust, love, expectations plus education.

\$24.99 ISBN-13: 9781641706643  
Jacketed hardcover, Spot uv/rasied varnish; 256 pages; 6 × 9



### One and Done

Rebecca Greene  
This comprehensive guidebook will explore the reasons why a family might have an only child, discuss the benefits of having an only child, debunk the stigmas of only children, and provide tips and techniques for creating a happy environment and community for your only child.

\$18.99 ISBN-13: 9781641707442  
Trade Paperback; 256 pages; 6 × 9





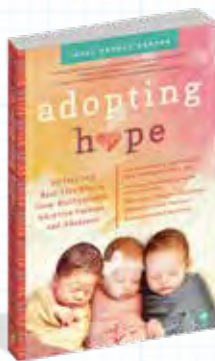
### To Have and Not to Hold

Lorri Antosz Benson

Lorri Antosz Benson's memoir chronicles her heartbreaking decision to place her unborn daughter for adoption. But when that daughter reaches out to her 16 years later, the story becomes an inspiring miracle of blended families.

\$16.95 ISBN-13: 9781942934813

Trade Paperback; 194 pages; 6 × 9



### Adopting Hope

Lorri Antosz Benson

From Lorri Antosz Benson, author of *To Have and Not to Hold*, this heartfelt compilation is ultimately a message of hope, love, and destiny as each family discovers that a child doesn't need to be blood-related to be truly yours. Includes essays from adoptees, birthparents, and adoptive parents.

\$18.99 ISBN-13: 9781641700368

Trade Paperback; 224 pages; 6 × 9



### Debunking the Bump

Daphne Adler

*Debunking the Bump* is a pregnancy book for women with the thirst for facts. Filled with practical, actionable recommendations and clear explanations of risks and trade-offs, this unique guide will help you make informed choices so you can enjoy a relaxed and happy pregnancy.

\$19.99 ISBN-13: 9781945547805

Trade Paperback; 352 pages; 6 × 9



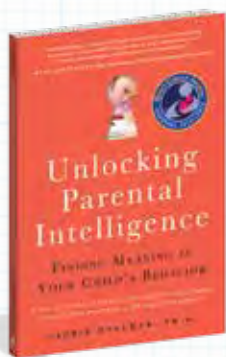
### Oh Baby! A Mom's Self-Care Survival Guide for the First Year

Maria Lianos-Carbone

Maria Lianos-Carbone, founder of AMotherWorld.com, outlines the "proper care and feeding" of mothers during their baby's first year.

\$16.99 ISBN-13: 9781945547706

Trade Paperback; 270 pages; 6 × 9



### Unlocking Parental Intelligence

Laurie Hollman, PhD

With extensive research and entertaining examples, Dr. Laurie Hollman provides five simple steps to help parents better understand the context of children's perplexing behavior and how to cultivate real change.

\$21.99 ISBN-13: 9781942934042

Trade Paperback; 254 pages; 6 × 9



### Has Hollywood Lost Its Mind?

Chris Hicks

Thirty-year movie reviewer veteran Chris Hicks explores the history of the movie rating system and the inconsistency in the ratings and shares advice on how to make better choices in your family's movie entertainment.

\$17.95 ISBN-13: 9781938301193

Trade Paperback; 258 pages; 6 × 9



### Grandparenting the Blended Family

Dene Low, PhD

Grandparenting is hard enough, but when you add in the blended family element, the challenge is even greater. Dene Low explores thirty different sets of grandparents and provides tips and solutions from her interviews and research for grandparent success.

\$18.99 ISBN-13: 9781938301322

Trade Paperback; 178 pages; 6 × 9



### Grandmothering

Linda Eyre

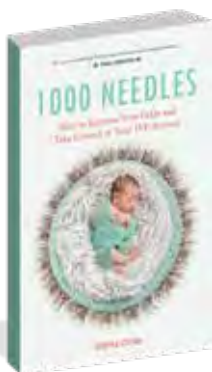
New York Times #1 bestselling author and grandmother, Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience in an ever-changing world.

\$19.99 ISBN-13: 9781945547904

Trade Paperback; 356 pages; 6 × 9







### 1000 Needles

Karissa Stelma

This guidebook addresses the medical and personal sides of the fertility coin, sifts through drug and treatment options, dispels myths, breaks taboos, and offers that elusive kernel of hope to those just beginning IVF or nearing its desperate end.

\$16.99 ISBN-13: 9781641704502  
Trade Paperback; 208 pages; 6 × 9



### Playing with Baby

Laurie Hollman, PhD

Backed by the latest research and years of observation, *Playing with Baby* distills the experts' findings for new parents, giving them a guide to the first year of a baby's life and the growth of his or her individual mind.

\$19.99 ISBN-13: 9781641704663  
Trade Paperback; 264 pages; 6 × 9

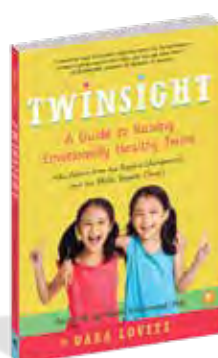


### Feed the Baby Hummus

Lisa Lewis, MD

*Feed the Baby Hummus* teaches parents to confidently incorporate various multicultural practices into their own caretaking plan. Pediatrician Lisa Lewis offers the wisdom and proven caretaking practices of the cultures of the world, drawn from her own training, research, travel, and clinical experience.

\$18.99 ISBN-13: 9781945547799  
Trade Paperback; 302 pages; 6 × 9



### Twinsight

Dara Lovitz

*Twinsight* bypasses the usual discussions on how to pay for two tuitions and instead tackles deeper questions: How do you help twins feel like individuals? Should they be expected to be each other's caretaker? How can a parent avoid comparing? How can you encourage relationships outside the twinspace? and more!

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Trade Paperback; 206 pages; 6 × 9



## SELF-HELP / WELLNESS



### Joy from Fear

Carla Marie Manly, PhD

In her enlightening book, *Joy from Fear*, clinical psychologist Dr. Carla Marie Manly explains that fear is not the enemy we thought it was; fear, when faced with awareness, is the powerful ally and best friend we all need.

\$19.99 ISBN-13: 9781641701211  
Trade Paperback; 350 pages; 6 × 9

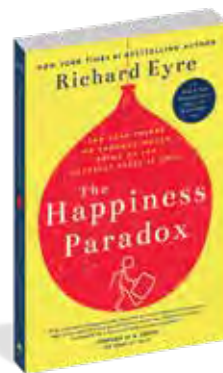


### Aging Joyfully

Carla Marie Manly, PhD

A must-read book for any woman approaching the age of fifty, *Aging Joyfully* touches the sensitive reality of the transition from a life filled with new beginnings to a graceful process filled with freedom, beauty, and joy.

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### The Happiness Paradox/ The Happiness Paradigm

Richard Eyre

Richard Eyre contends that the three things today's society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

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Susan Branson

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Trade Paperback; 136 pages; 5.8 × 8.3



### 101 Amazing Uses for Ginger

Susan Branson

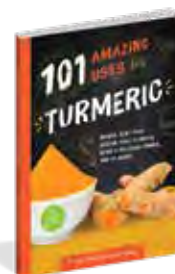
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Trade Paperback; 136 pages; 5.8 × 8.3







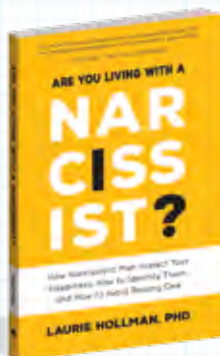
### Body Positive: A Guide to Loving Your Body

Emily Lauren Dick

Focusing on correct body image, self-improvement, thinspiration, mental health, bullying, sexual harassment, and more, *Body Positive* is packed with introspective questions and inspiring, un-retouched photographs that display the bodies of real, everyday women.

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### Are You Living with a Narcissist?

Laurie Hollman, PhD

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\$16.99 ISBN-13: 9781641702331

Trade Paperback; 178 pages; 6 × 9



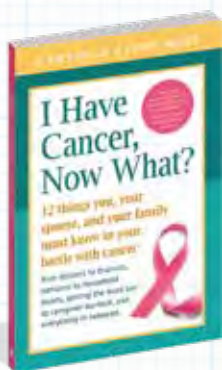
### Buy the Avocado Toast

Stephanie Bousley

In *Buy the Avocado Toast*, millennial debtor-turned-success story Stephanie Bousley shares her journey to financial freedom and a treasure trove of unconventional ideas to help you do the same!

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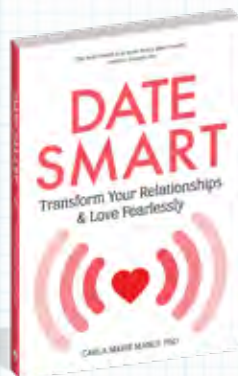
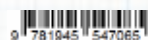
### I Have Cancer, Now What?

Carson and Cindy Boss

You have cancer, and you need the help and support of your spouse and family more than ever. *I Have Cancer, Now What?* includes information on how to overcome the shock and fear of diagnosis, how to talk to your spouse and extended family, how to consult on what you want from your doctors, and much more.

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### Date Smart

Carla Marie Manly, PhD

With real-life examples, the latest research, and no-nonsense advice, *Date Smart* teaches the modern single adult how to tailor-make your dating and relationship experiences to suit your needs, and, most important of all, how to tune in to yourself as the ultimate guide for what is healthy and positive for you.

\$16.99 ISBN-13: 9781641704670

Trade Paperback; 208 pages; 6 × 9



### The Joy of Imperfect Love

Carla Marie Manly, PhD

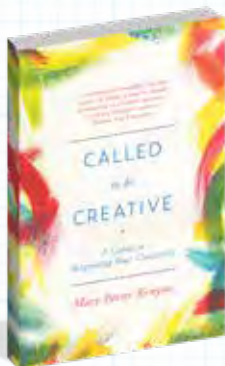
Clinical psychologist Dr. Carla Marie Manly guides readers on a transformative journey of compassionate, healthy love. With research-backed insights, captivating case studies, and empowering exercises, readers explore how attachment issues and unresolved personal issues negatively impact both self-love and the quality of our relationships.

\$21.99 ISBN-13: 9781641709057

Trade Paperback; 392 pages; 6 × 9







## Called to Be Creative

Mary Potter Kenyon

"I'm not creative. I could never do something like that. I don't have time to be creative." Does any of this sound familiar? *Called to Be Creative* is for anyone looking to reignite that tiny spark inside of them and invite creativity into their lives through simple, everyday practices.

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## Refined by Fire

Mary Potter Kenyon

"Where is the handbook for widows?" Mary Potter Kenyon lamented as she planned a funeral for her beloved husband. In beautiful prose, touching metaphors and stories, and actual journal entries, Mary Potter Kenyon provides a balm for the grieving soul.

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## Expressive Writing for Healing

Mary Potter Kenyon

Writing is one of the oldest and most effective means of self-exploration, self-expression, and self-discovery. In this new guided journal, Mary Potter Kenyon offers readers an opportunity to reflect on the meaning and significance of loss and allows the griever to sort through all the conflicting emotions that arise after a death.

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Trade Paperback; 196 pages; 6 × 9



## Finding Peace in Times of Tragedy

Christy Monson

Therapist Christy Monson professionally and compassionately describes how tragedy physically changes the brain and the body, and she provides powerful techniques to help heal those invisible wounds and cope with the turmoil of our day.

\$17.99 ISBN-13: 9781641701228  
Trade Paperback; 224 pages; 6 × 9

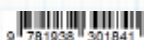


## Becoming Free

Christy Monson

*Becoming Free* is a step-by-step book to help you to shed your armor, expand your optimistic thinking, and enhance your ability to give and receive. Once you become free of the armor you've built around you to protect yourself, you'll find the abundant life you have always sought.

\$17.95 ISBN-13: 9781938301841  
Trade Paperback; 280 pages; 6 × 9

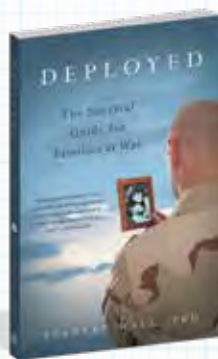


## The Family Guide to Aging Parents

Carolyn Rosenblatt

*The Family Guide to Aging Parents* is the complete guide to help the caregiver understand the issues and be prepared for the realities. Covering everything from legal issues to what to do when your aging parent still wants to drive, *The Family Guide to Aging Parents* provides clear counsel for giving loving care and enjoying life after retirement.

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Trade Paperback; 342 pages; 6 × 9



## Deployed

Stanley Hall, PhD

Wondering what you are in for as you move to your first military base, or as you try to recover from numerous deployments? *Deployed* is the perfect solution for every member of a military family who wants a healthy family.

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Trade Paperback; 218 pages; 6 × 9



## On Loss and Living Onward

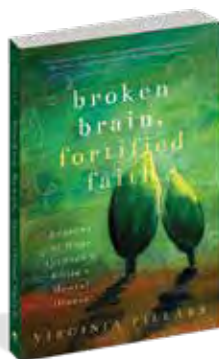
Melissa Dalton-Bradford

After experiencing the loss of her firstborn son, Melissa Dalton-Bradford thrust herself into literature searching for those who have experienced similar, devastating loss. *On Loss and Living Onward* compiles the best resources to guide the living through the process of grief.

\$19.99 ISBN-13: 9781938301926  
Trade Paperback; 280 pages; 6 × 9







### Broken Brain, Fortified Faith

Virginia Pillars

*Broken Brain, Fortified Faith* shares one mother's struggle as she charges into the world of mental illness, searching for answers to her daughter's schizophrenia. Along the way, Virginia Pillars learns to rely on her faith as she faces the challenges that often accompany mental illness.

\$18.95 ISBN-13: 9781942934745  
Trade Paperback; 290 pages; 6 × 9

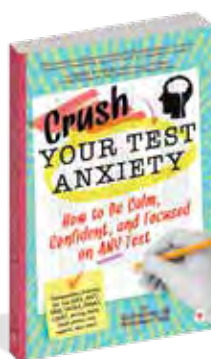


### Fail Brilliantly

Shelley Davidow and Paul Williams

*Fail Brilliantly* proposes a radical shift: erase the word and concept of *failure* from the realms of education and human endeavors. Replace it with new words and concepts. This shift in position has the potential to transform our lives and ultimately reshape our definition of *success*.

\$19.99 ISBN-13: 9781945547256  
Trade Paperback; 192 pages; 6 × 9

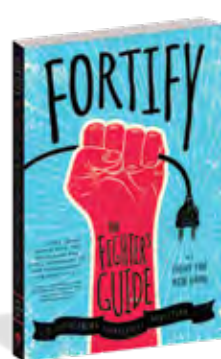


### Crush Your Test Anxiety

Ben Bernstein, PhD

Based on fifty years of teaching experience and thirty years of clinical psychology experience, *Crush Your Test Anxiety* distills the best practices used by elite athletes, artists, and top business performers to create a system that can be applied to any test for higher performance.

\$19.99 ISBN-13: 9781641700252  
Trade Paperback; 288 pages; 6 × 9



### Fortify

Fight the New Drug

With tens of thousands of individuals addicted to pornography, *Fortify: The Fighter's Guide to Overcoming Pornography Addiction* is the most complete and tested program to help teens and young adults overcome the addiction and create habits that will enable them to be successful in life. Includes pages of week-by-week Battle Plans.

\$18.99 ISBN-13: 9781942934127  
Trade Paperback; 290 pages; 6 × 9



### New Tricks for Old Dogs

Gene Perret

*New Tricks for Old Dogs* points out some of the flaws in the self-help philosophy. It tempers the advice with common sense. The battle cry of this volume is "Do it, but don't overdo it." Sometimes, after we reach a certain age, the best exercise program is a good, brisk nap.

\$16.95 ISBN-13: 9781942934462  
Trade Paperback; 240 pages; 5 × 8

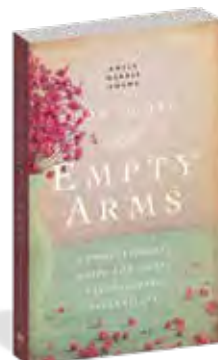


### Ironmom

Mette Harrison

From the personal tragedy of a stillbirth to an Ironman and beyond, author and stay-at-home mom of five children Mette Harrison learned life lessons about accepting herself, moving forward, pushing to become better, and bringing her family along the way—sometimes kicking and screaming.

\$17.99 ISBN-13: 9781938301360  
Trade Paperback; 216 pages; 6 × 9



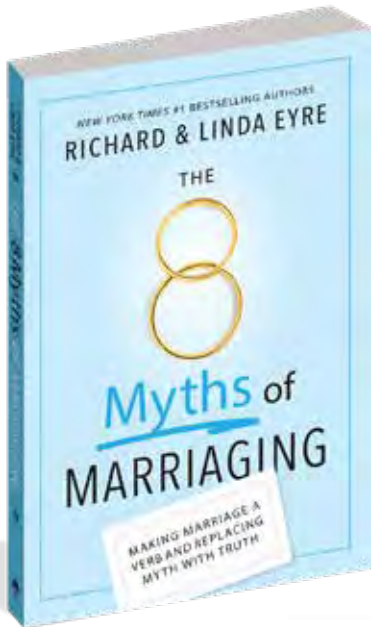
### For Those with Empty Arms

Emily Harris Adams

After receiving the news that in vitro would be their only hope for biological children, award-winning poet Emily Harris Adams had to learn to live in a new world of needles, embarrassing tests, long waiting periods, and expensive doctor's appointments.

\$16.95 ISBN-13: 9781939629609  
Trade Paperback; 262 pages; 5 × 8





## The 8 Myths of Marriaging

Making Marriage a Verb and Replacing Myth with Truth

BY RICHARD AND LINDA EYRE

New York Times #1 bestselling authors of *Teaching Your Children Values* and relationship experts Richard and Linda Eyre explore the eight most common myths about marriage and the truth about how to have a successful and fulfilling marriage.

Exploring equality versus synergy, completion versus individual quest, harmony versus productive debate, a test drive versus constant commitment, and more, the Eyres show that popular opinions and behaviors toward successful marriages actually reduce the chance of marriage fulfillment.

Drawing on more than fifty years of marriage and hundreds of interviews across the world, *The 8 Myths of Marriaging* is a must-read book for anyone considering marriage or currently nurturing their marriage of many years.

\$19.99 ISBN-13: 9781641701396  
Trade Paperback; 256 pages; 6 x 9

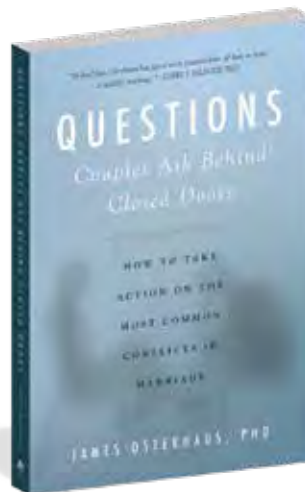


### The Two-Minute Secret to Staying in Love

Heidi Poelman

Marry the one you love, and love the one you marry. It sounds simple enough. But staying in love turns out to be a whole lot different than falling in love. *The Two-Minute Secret to Staying in Love* explores the little things couples think, say, and do to stay in love for the long haul. Whether it's choosing an attitude of gratitude, leaving a love note, giving a welcome-home hug at the door, or calling just to say "Hello," *The Two-Minute Secret to Staying in Love* is full of simple ways to love the one you married, two minutes at a time.

\$18.99 ISBN-13: 9781945547058  
Trade Paperback; 196 pages; 6 x 9

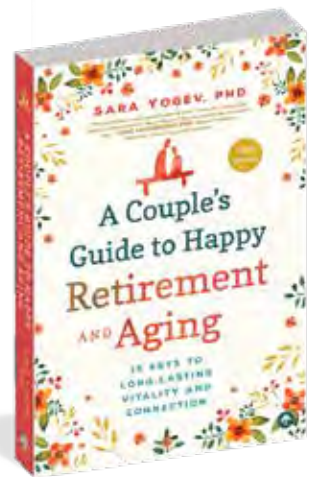


### Questions Couples Ask Behind Closed Doors

James Osterhaus, PhD

Noted marriage therapist and executive coach James Osterhaus takes the top eighteen questions he's been asked the most and answers them for you in this book. Each chapter stands on its own as couples search for answers to the challenges they face. After many of the chapters, you will find very helpful, practical tips to help you understand your relationship better, and begin the process of making it more fulfilling.

\$18.95 ISBN-13: 9781939629371  
Trade Paperback; 280 pages; 6 x 9



### A Couple's Guide to Happy Retirement and Aging

Sara Yogeve, PhD

Written by a psychologist specializing in work and family issues, and drawing from actual accounts from retired couples, this book helps you prepare emotionally for the dramatic life changes during retirement, coaches you to find new purposes to your life beyond work, nurtures the relationship with your companion to strengthen your friendship and love, and recommends strategies to successfully deal with differences around money, time together versus apart, housework, and family relationships.

\$21.99 ISBN-13: 9781945547713  
Trade Paperback; 360 pages; 6 x 9







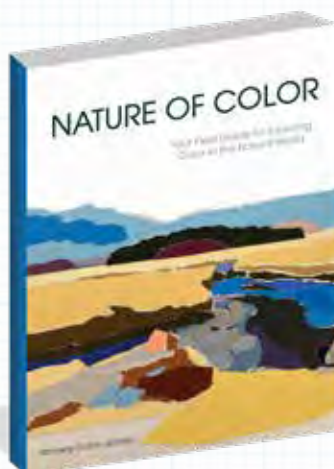
### 1000 Botanical Colors

*Caleb Warnock*

Nature provides a rich palette of colors and tones from the plants and flowers around us. Join Caleb Warnock, creator of the Backyard Renaissance series, and create your own natural colors for painting on paper or pottery and dying cloth. With swatches of each shade to find your perfect match, information about each of the over 250 plants, and detailed instructions to make your own paints, inks, and dyes, *1000 Botanical Colors* is the home artist's ultimate guidebook.

\$29.99 ISBN-13: 9798893960600

Paperback with flaps; 256 pages; 8 × 10



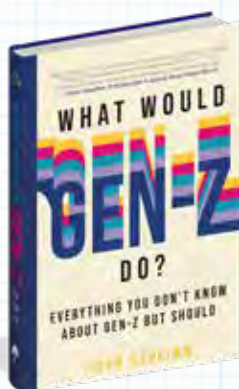
### Nature of Color: Your Field Guide for Exploring Color in the Natural World

*Kimberly Collins Jermain*

Color is one of Mother Nature's most elegant ideas and the most powerful visual tool to inspire human response. *Nature of Color* is a field guide for exploring color theory on hikes, beach walks, while gardening, or when exercising outdoors. It is an active practice of outdoor adventure.

\$19.99 ISBN-13: 9798893960655

Paperback with flaps; 160 pages; 7 × 9



### What Would Gen-Z Do?

*John Schlimm*

*What Would Gen-Z Do?* will help you reach across the generational divide and learn how to navigate your relationships with Gen-Zers.

\$19.99 ISBN-13: 9781641707367

Paper over board with spot UV;  
256 pages; 6 × 9



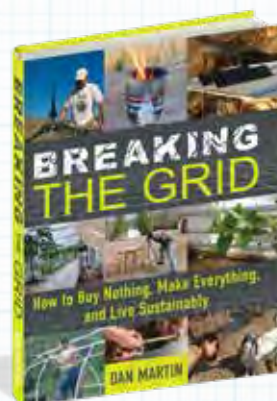
### Let Me Tell You My Story

*Their Story Is Our Story*

Spare, haunting, utterly magnificent, and profoundly human, the refugee stories inside this remarkable volume of exquisite photography will teach you that the surest way to draw humans together begins with the words "I want to tell you my story . . ."

\$34.99 ISBN-13: 9781641700498

Paper over board with three-piece binding; 232 pages;  
8 × 10



### Breaking the Grid

*Dan Martin*

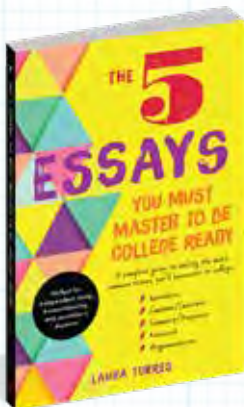
When a crisis hits, we all wish we could be a little more self-sufficient. In this comprehensive guide, you can find step-by-step instructions for everything from making your own paper products to microgardening, from building furniture to harnessing solar power, and from making your own brown sugar to raising livestock.

\$29.99 ISBN-13: 9781641704625

Flexible plastic vinyl cover; Full-color; 400 pages; 9 × 12







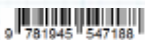
### The 5 Essays You Must Master to Be College Ready

Laura Torres

*The 5 Essays You Must Master to Be College Ready* includes lessons, tips, and organizational guides for writing clear and compelling essays. Laura Torres walks students through the complete writing process (with provided grading rubrics).

\$16.99 ISBN-13: 9781945547188

Trade Paperback; 224 pages; 6 × 9



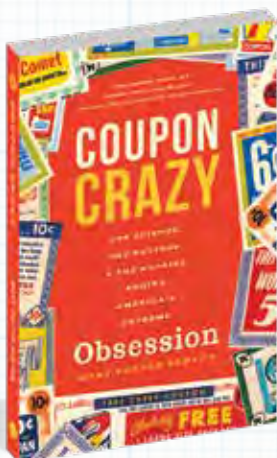
### 437 Edible Wild Plants of the Rocky Mountain West

Caleb Warnock

Self-sufficiency expert Caleb Warnock shares his expertise of living off the land in *437 Edible Wild Plants*, the go-to guide for any adventurer or homesteader interested in learning about natural, edible vegetation.

\$27.99 ISBN-13: 9781945547836

Flexicover; full-color interior with over 1,450 photographs; 496 pages; 5.3 × 8.8



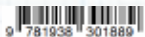
### Coupon Crazy

Mary Potter Kenyon

*Coupon Crazy* examines the phenomena of coupon use and the sociocultural and socioeconomic factors that construct it from the viewpoint of Mary Potter Kenyon, a thirty-year veteran in the extreme sport of couponing. Also includes couponing tips for aspiring couponers.

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Trade Paperback; 250 pages; 6 × 9



### The 7 Wonders of Olive Oil

Alice Alech and Cécile Le Galliard

With detailed research from doctors and nutritionists around the globe, *The 7 Wonders of Olive Oil* reveals seven amazing health benefits of olive oil, the role olive oil plays in the Mediterranean diet, and tips for cooking with, buying, and storing the green nectar.

\$18.99 ISBN-13: 9781942934738

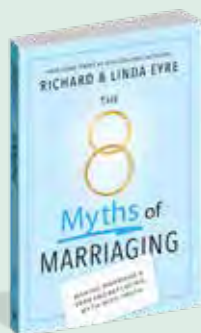
Trade Paperback; 226 pages; 6 × 9





## From *New York Times* #1 Bestselling Authors Richard and Linda Eyre

Richard and Linda Eyre are *New York Times* #1 bestselling authors whose writing career has spanned four decades and whose books have sold in the millions. They have appeared on virtually all major national talk shows including *Oprah* and *Today*. They write a syndicated weekly newspaper column and currently spend most of their time traveling and speaking to audiences throughout the world on families, parenting, and life-balance.



### The 8 Myths of Marriaging

Richard and Linda Eyre

Exploring equality versus synergy, completion versus individual quest, harmony versus productive debate, a test drive versus constant commitment, and more.

\$19.99 ISBN-13: 9781641701396

Trade Paperback; 256 pages; 6 × 9



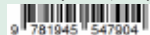
### Grandmothering

Linda Eyre

Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience, plus an appendix of easy recipes to feed a crowd.

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Trade Paperback; 356 pages; 6 × 9



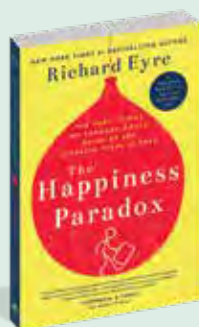
### Being a Proactive Grandfather

Richard Eyre

Being a grandfather is one of the most celebrated responsibilities a person can have. But what kind of grandfather will you be and what level of commitment will you provide for your grandchildren?

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Trade Paperback; 160 pages; 5.83 × 8.27



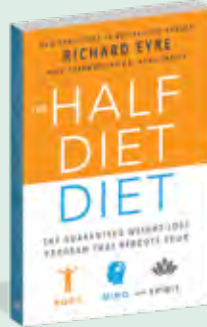
### The Happiness Paradox/ The Happiness Paradigm

Richard Eyre

Richard Eyre contends that the three things today's society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

\$18.99 ISBN-13: 9781641700535

Trade Paperback; 306 pages; 6 × 9



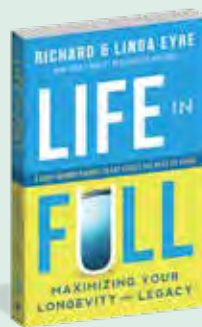
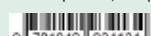
### The Half-Diet Diet

Richard Eyre, foreword by Dr. Noall Wolff

The weight-loss solution? Eat half. Too easy? No! But worthwhile. Richard Eyre provides the program to accomplish your weight-loss goals by taming your physical, mental, and spiritual appetites.

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Trade Paperback; 226 pages; 6 × 9



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Richard and Linda Eyre

Eighty million Baby Boomers are now in or approaching their sixties. Creating a proactive plan for the next twenty years is both possible and practical, and *Life in Full* is the template!

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Trade Paperback; 322 pages; 6 × 9



### Poems

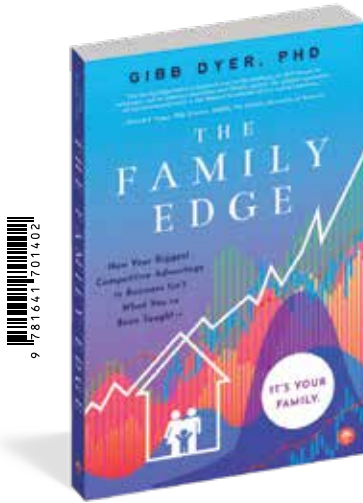
Richard Eyre

While writing prose has basically become Richard Eyre's profession, writing poetry has always been his love. Here, for the first time in published form, he shares some of his poetic efforts about the people and things we love.

\$16.99 ISBN-13: 9781945547294

Trade Paperback; 192 pages; 6 × 9





### The Family Edge

Gibb Dyer, PhD

A ground-breaking book for any business owner, family business, or budding entrepreneur, *The Family Edge* provides clear evidence and powerful tools to help you leverage the asset you need but have probably not paid enough attention to: family capital.

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### Don't Burp in the Boardroom

Rosalinda Oropeza Randall

With her sometimes sassy and playful answers, Rosalinda Oropeza Randall shows how easy it is to build a sparkling professional reputation by knowing how to handle workplace dilemmas. Includes quizzes, hilarious anecdotes, Q&A, illustrations, and inside tabs for handy reference.

\$18.95 ISBN-13: 9781939629357

Trade Paperback; Illustrations Through out; 378 pages, 5 x 8



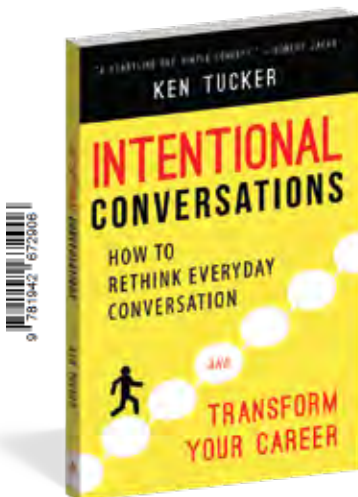
### Red Zone, Blue Zone

James Osterhaus, PhD; Joseph Jurkowski; and Todd Hahn

*Red Zone, Blue Zone* provides key concepts on how personal and organizational conflict are foundational opportunities that, when navigated skillfully, lead to personal growth and organizational health. A key book for business leaders.

\$18.99 ISBN-13: 9781939629630

Trade Paperback; 166 pages; 5.5 × 8.5



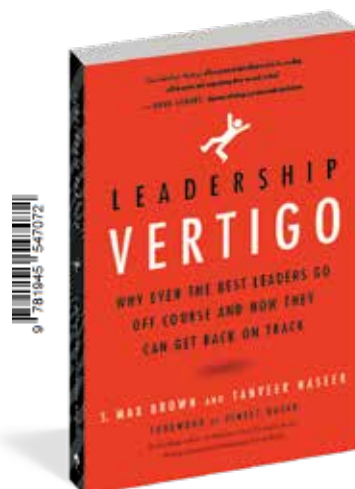
### Intentional Conversations

Ken Tucker

Using six steps and a "SECRET" formula, international speaker and Fortune 500 strategist Ken Tucker provides a practical and easy-to-use process for turning normal, everyday workplace conversations into career-enhancing and life-transforming opportunities.

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Trade Paperback; 156 pages; 6 × 9



### Leadership Vertigo

S. Max Brown and Tanveer Naseer

When your brain sends you false signals that everything in your organization is okay when it is not, we call this phenomenon Leadership Vertigo. *Leadership Vertigo* will help you to understand how you can counter these bouts of self-deception by employing four Leadership Landmarks—Community, Competence, Credibility, and Compassion—to get your team back on course.

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### The Phone Book

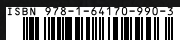
Jessica Speer;

illustrations by Lesley Imgart

Packed with research-based explanations, techy tidbits, and real stories from hundreds of teens, this phone book will be your guide teaching you healthy phone habits and ways to stay safe online.

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Stationary; 160 pages; 5 × 8



### Dear Libby

Libby Kiszner

In *Dear Libby*, trusted columnist Libby Kiszner answers real questions from real teens about friendship. The book includes tips, activities, and teaching strategies.

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Trade Paperback; 224 pages; 6 × 9



### The Ravenous Gown

Steffani Raff

In a world obsessed with outward appearances, *The Ravenous Gown* inspires women of all ages to discover the power within.

\$17.99 ISBN-13: 9781939629593

Trade Paperback; 196 pages; 5 × 8



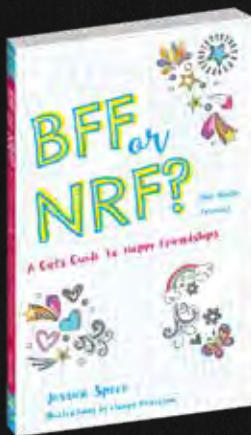
### The Lost Art of Ladyhood

Jessie Funk

*The Lost Art of Ladyhood* is a road map for young women to navigate their way to confidence and class. Includes QR codes to videos from author Jessie Funk.

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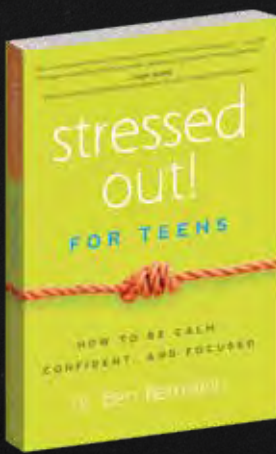
### BFF or NRF (Not Really Friends)?

Jessica Speer and Elowyn Dickerson

Packed with fun quizzes, colorful illustrations, and stories about girls just like you, *BFF or NRF (Not Really Friends)* is the ultimate interactive guidebook to help you learn the ins and outs of friendship.

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### Stressed Out! For Teens

Ben Bernstein, PhD

In this new book by Dr. Ben Bernstein, author of *Test Success*, Dr. Bernstein (Dr. B.) uncovers the key principles for success, whether in academics, sports, music, family life, work, or life in general. Dr. Bernstein teaches how teenagers can harness their potential, manage their stress, and achieve their highest objectives.

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Trade Paperback; 270 pages; 6 × 9



### Middle School: Safety Goggles Advised

Jessica Speer and Lesley Imgart

With insights from hundreds of students, this guidebook explores the halls of middle school, especially the odd behaviors that lurk in the shadows. Slip on your lab coats, because we're going to dissect these behaviors one by one to understand what's really going on.

\$14.99 ISBN-13: 9781641706636

Trade Paperback; 176 pages; 5 × 8





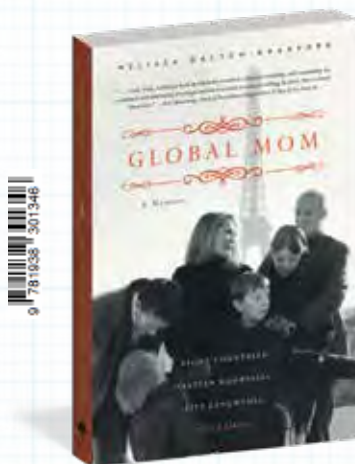


### My Name Is Cool

Antonio Sacre

Using his own personal history and telling the stories that audiences across the nation have found so captivating, award-winning storyteller and author Antonio Sacre weaves the Spanish language, Cuban and Mexican customs, and Irish humor into an unforgettable book of humor and inspiration for teens across all cultural boundaries.

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Trade Paperback; 170 pages; 5 × 8



### Global Mom

Melissa Dalton-Bradford

After more than twenty years living internationally—sixteen addresses, eight countries, and five different languages—writer Melissa Dalton-Bradford shares a fantastic journey of motherhood that will inspire any family. Follow this family of six on their passage—extraordinary, hilarious, and heartbreakingly poignant—from bright lights (of New York City) to the Northern Lights (of Norway).

\$19.99 ISBN-13: 9781938301346  
Trade Paperback; 322 pages; 6 × 9

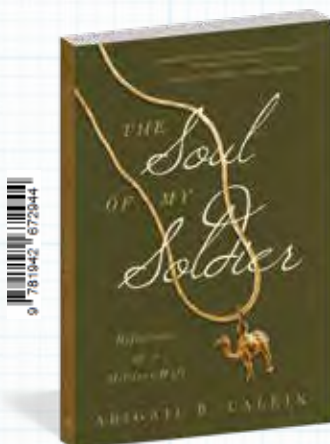


### Cooked Raw

Matthew Kenney

An expansive, entertaining memoir that tells the story of how Matthew Kenney transitioned from a mainstream celebrity chef in New York to a pioneer of plant-based cuisine and his mission to change the way the world eats and thinks about food. *Cooked Raw* highlights a journey of courage, persistence, risk, the reward of following one's passion, and the future of food for the twenty-first century.

\$16.95 ISBN-13: 9781939629364  
Trade Paperback; 242 pages; 6 × 9



### The Soul of My Soldier

Abigail B. Calkin

Author and poet Abigail B. Calkin shares her journey living with a husband who struggles with PTSD after serving three tours of duty in two different wars. This moving, raw, and beautiful memoir recounts the many experiences living with a soldier and how PTSD and war influenced their relationship.

\$16.95 ISBN-13: 9781942672944  
Trade Paperback; 232 pages; 6 × 9



### Crystal Puzzle

Ashley Nance

A delightful and true story of growing up with a sister with Asperger's, *Crystal Puzzle* chronicles powerful family experiences from the realization that there was something different about her sister through the hopes and joys and challenges of school to eventual independence.

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Trade Paperback; 156 pages; 6 × 9





### Praise for *A Land Twice Promised*

"Truth is never black and white. Baum guides us through the shades of gray with love and wisdom." —Rabbi Sid Schwarz, Senior Fellow, Clal: The National Jewish Center for Learning and Leadership

"In this touching and honest memoir, Baum shares the story of how her search for peace informed her life. Baum's genuine desire to make a difference may well inspire others to do the same." —*Publishers Weekly*

"An inspiration and a pathway to all who yearn for peace." —Gerda Weissmann Klein, Holocaust survivor and author of *All But My Life*

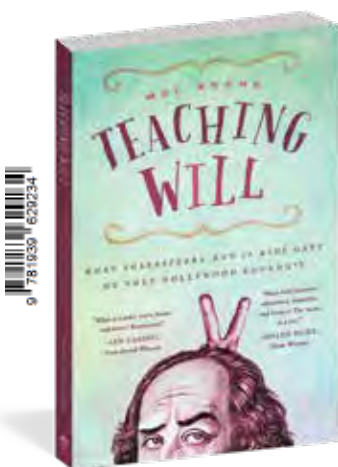
### *A Land Twice Promised*

Noa Baum

*A Land Twice Promised* delves into the heart of one of the world's most enduring and complex conflicts. Baum's deeply personal memoir recounts her journey from girlhood in post-Holocaust Israel to her adult encounter with "the other." With honesty, compassion, and humor, she captures the drama of a nation at war and her discovery of humanity in the enemy.

Born and raised in Jerusalem, Noa Baum is an award-winning storyteller. She performs and teaches internationally with diverse audiences ranging from The World Bank, the US Defense Department, and prestigious universities and congregations to inner-city schools and detention centers.

\$19.99 ISBN-13: 9781942934493 Trade Paperback; 340 pages; 6 × 9

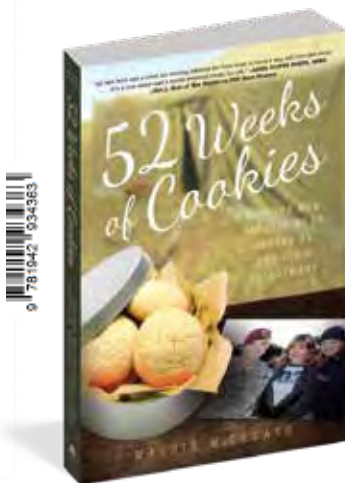


### *Teaching Will*

Mel Ryane

After the waning of her successful acting career, Mel Ryane found herself creatively adrift and proposed creating an after-school Shakespeare program at a local public school. A comedy of errors, but inspiring throughout, *Teaching Will* is a story for teachers, volunteers, actors, and parents—as well as anyone who's ever had to let go of a dream.

\$16.95 ISBN-13: 9781939629234  
Trade Paperback; 234 pages; 6 × 9



### *52 Weeks of Cookies*

Maggie McCreath

With plenty of sugar cookies but no sugarcoating, *52 Weeks of Cookies* is a story of family love during a member's deployment, with all the fear, grief, laughter, gratitude, and joy that came with it. Includes a collection of fifty-two original cookie recipes, curated specifically for military care packages.

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Trade Paperback; 348 pages; 6 × 9



### *Where There's Smoke, There's Dinner*

Regi Carpenter

Family: comfort food or a recipe for disaster? Award-winning storyteller Regi Carpenter brings her trademark humor to print with tales of a family that pulsates with contradictions: religious and raucous, tender but terrible. These honest stories celebrate the glorious and gut-wrenching lives of four generations of Carpenters raised on the St. Lawrence River.

\$16.95 ISBN-13: 9781942934400  
Trade Paperback; 182 pages; 6 × 9



### *Finding Family*

Richard Hill

*Finding Family: My Search for Roots and the Secrets in My DNA* is the highly suspenseful account of an adoptee trying to reclaim the biological family denied him by sealed birth records. This fascinating quest, including the author's landmark use of DNA testing, takes readers on an exhilarating roller-coaster ride and concludes with a twist that rivals anything Hollywood has to offer.

\$19.99 ISBN-13: 9781945547393  
Trade Paperback; 304 pages; 6 × 9



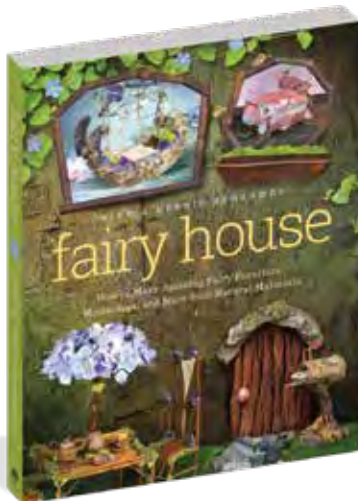
### A Beginner's Guide to Quilting

*Christine Mann*

Christine Mann makes it easy to master the beginning principles of quilting with six easy starter projects.

\$24.99 ISBN-13: 9781641700337

Cloth over board; Includes 4 fabric quilt labels; 4 quilting templates; and 2 machine quilting needles; full-color photography throughout  
128 pages; 8 × 10



### Fairy House

*Mike and Debbie Schramer*

Through more than 350 clear, detailed, full-color photographs, the reader will learn to fashion an amazing array of beautiful and unique pieces that will inspire the reader to find their true artistic ability and imagination.

\$24.95 ISBN-13: 9781939629692

Paperback with flaps; full-color,  
192 pages; 8 × 10



### Big Book of Family Games

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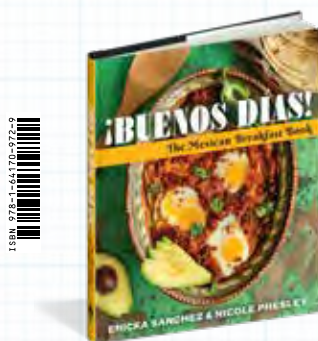


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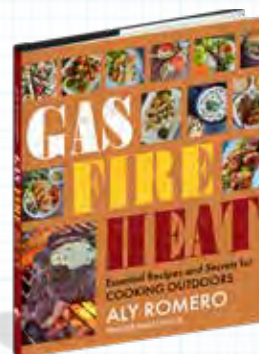


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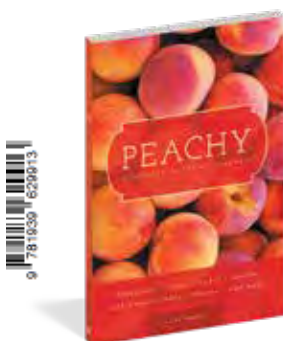


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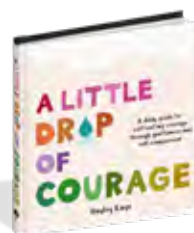


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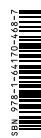


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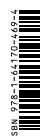


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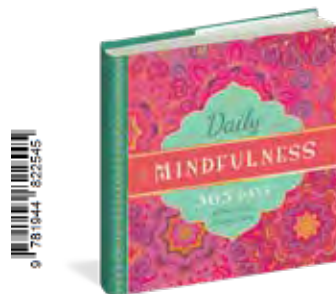
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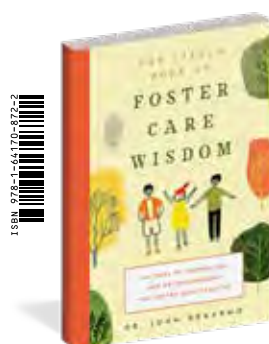


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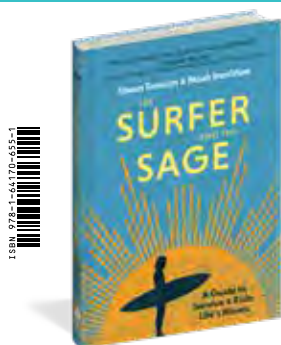
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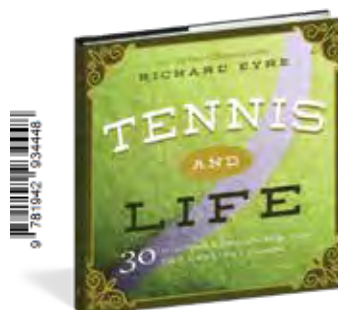


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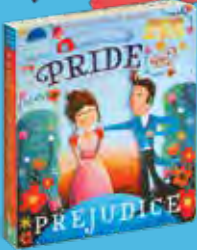
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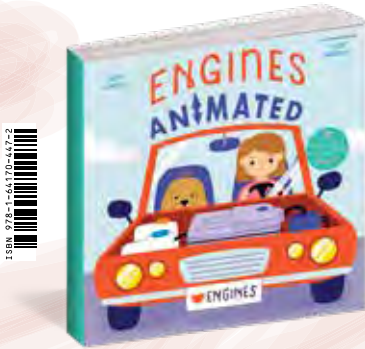
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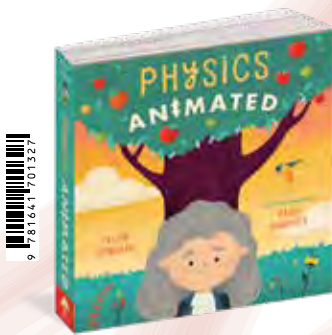




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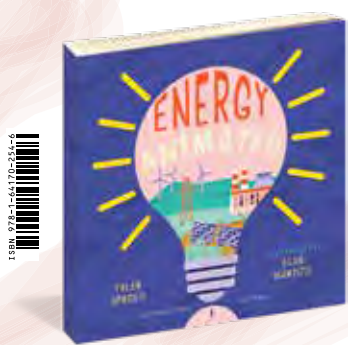
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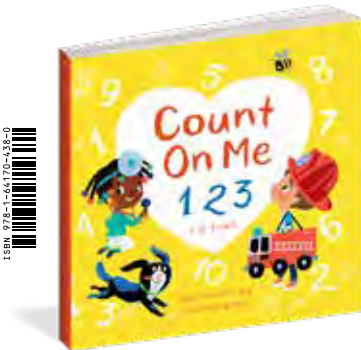
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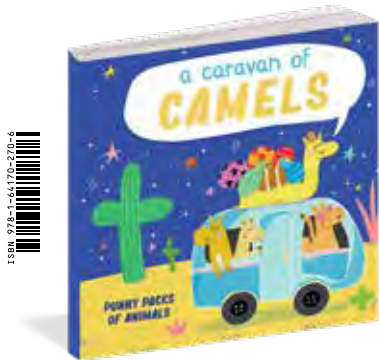
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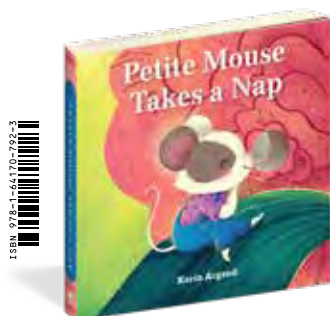


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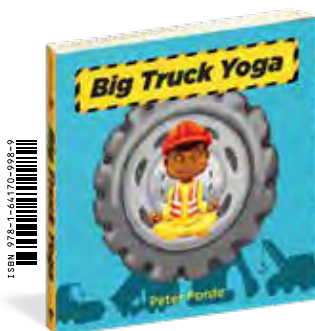


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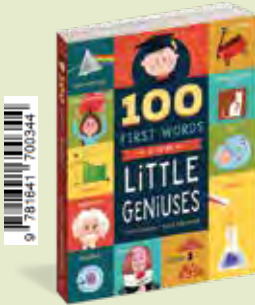
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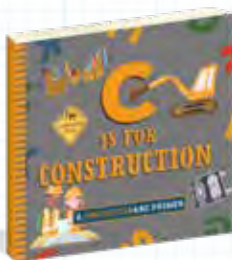
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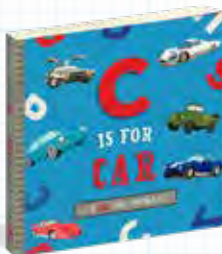
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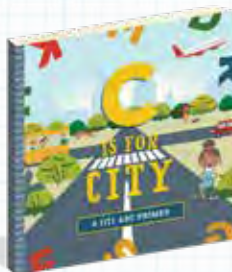
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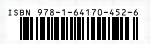
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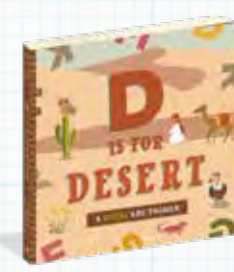
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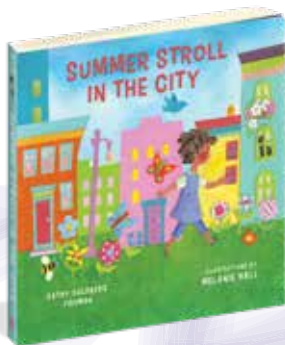
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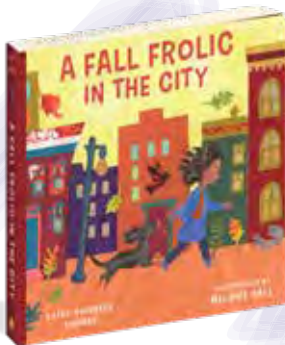
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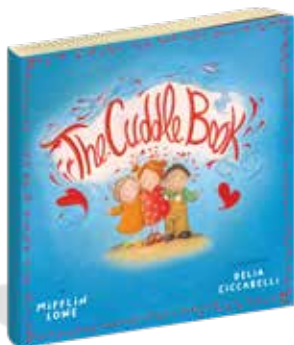
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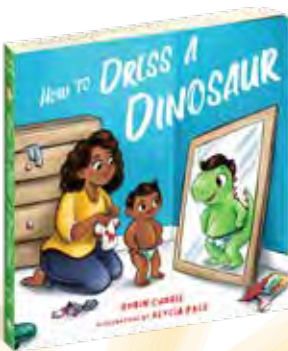
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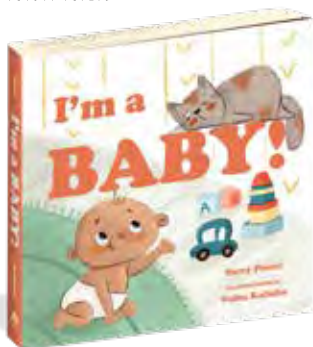
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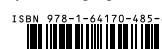
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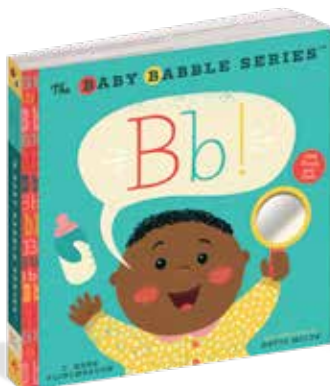
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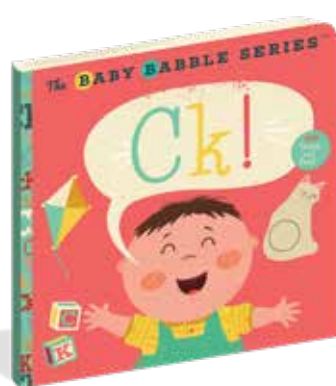
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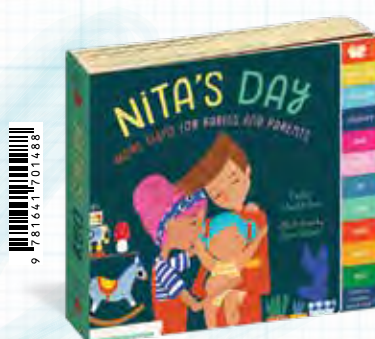


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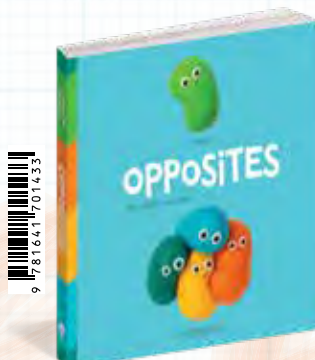




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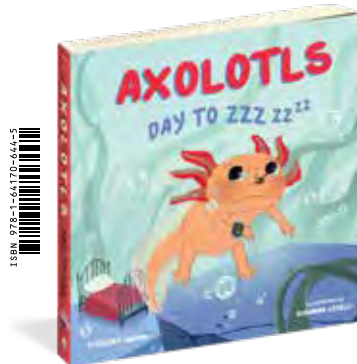
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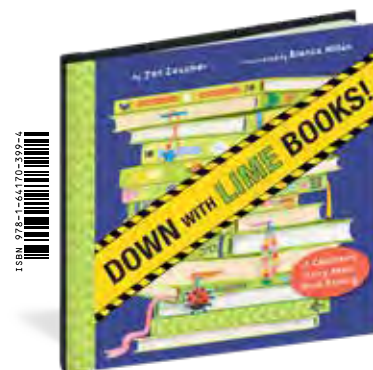


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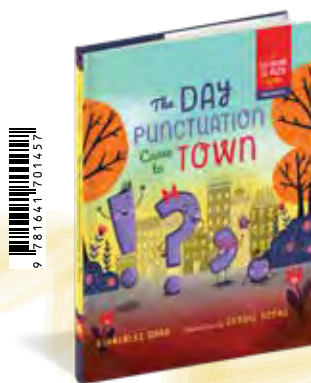
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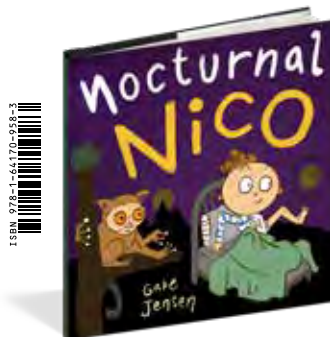


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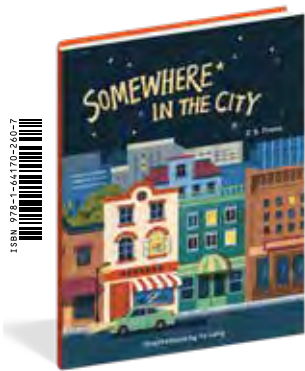


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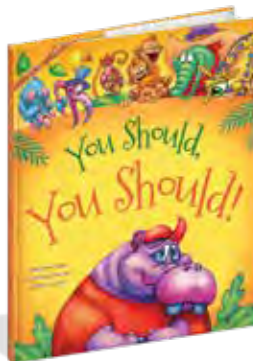


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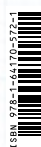


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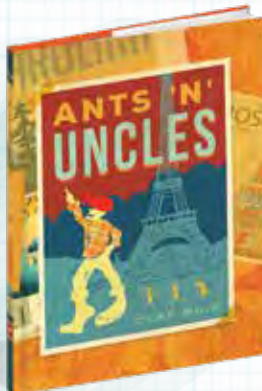
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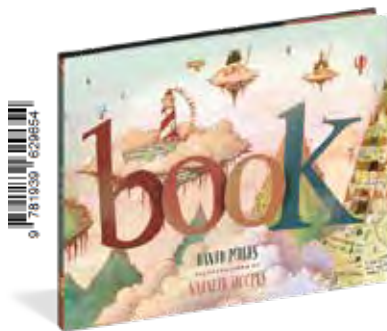




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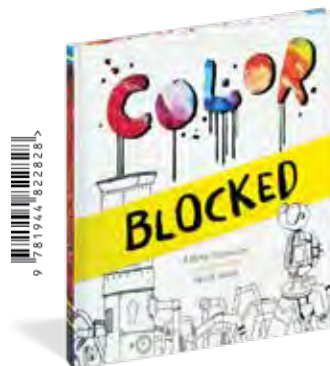
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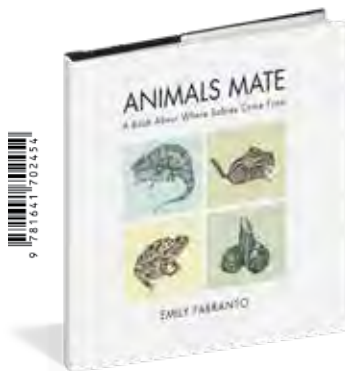
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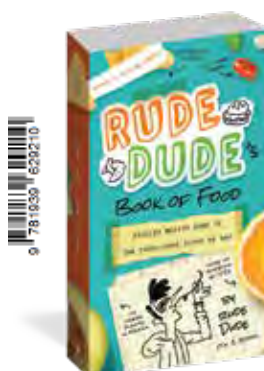
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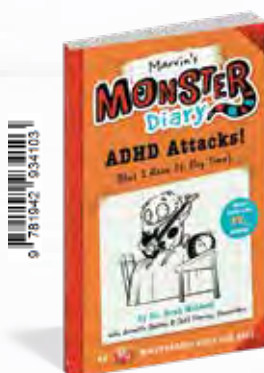
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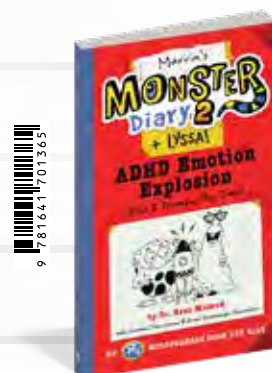
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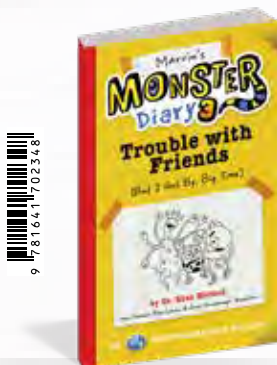
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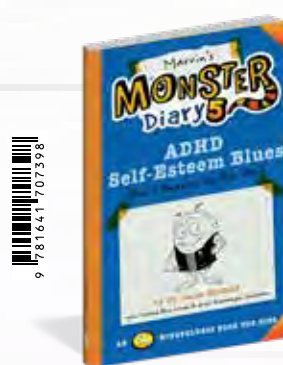
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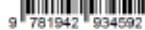
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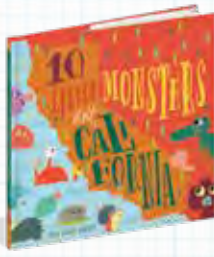
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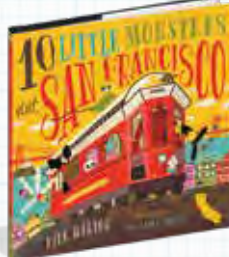
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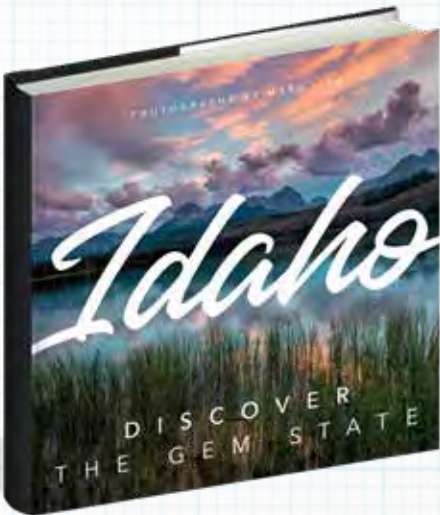


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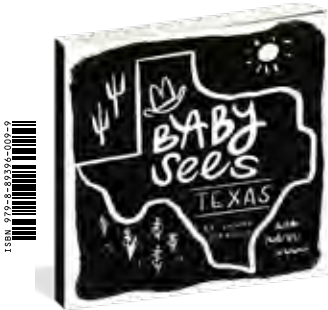
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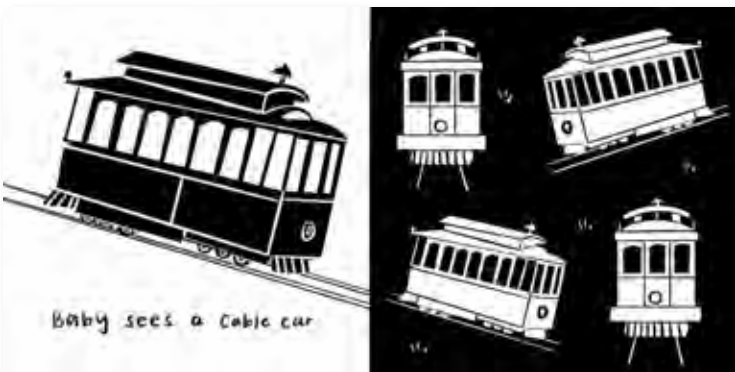


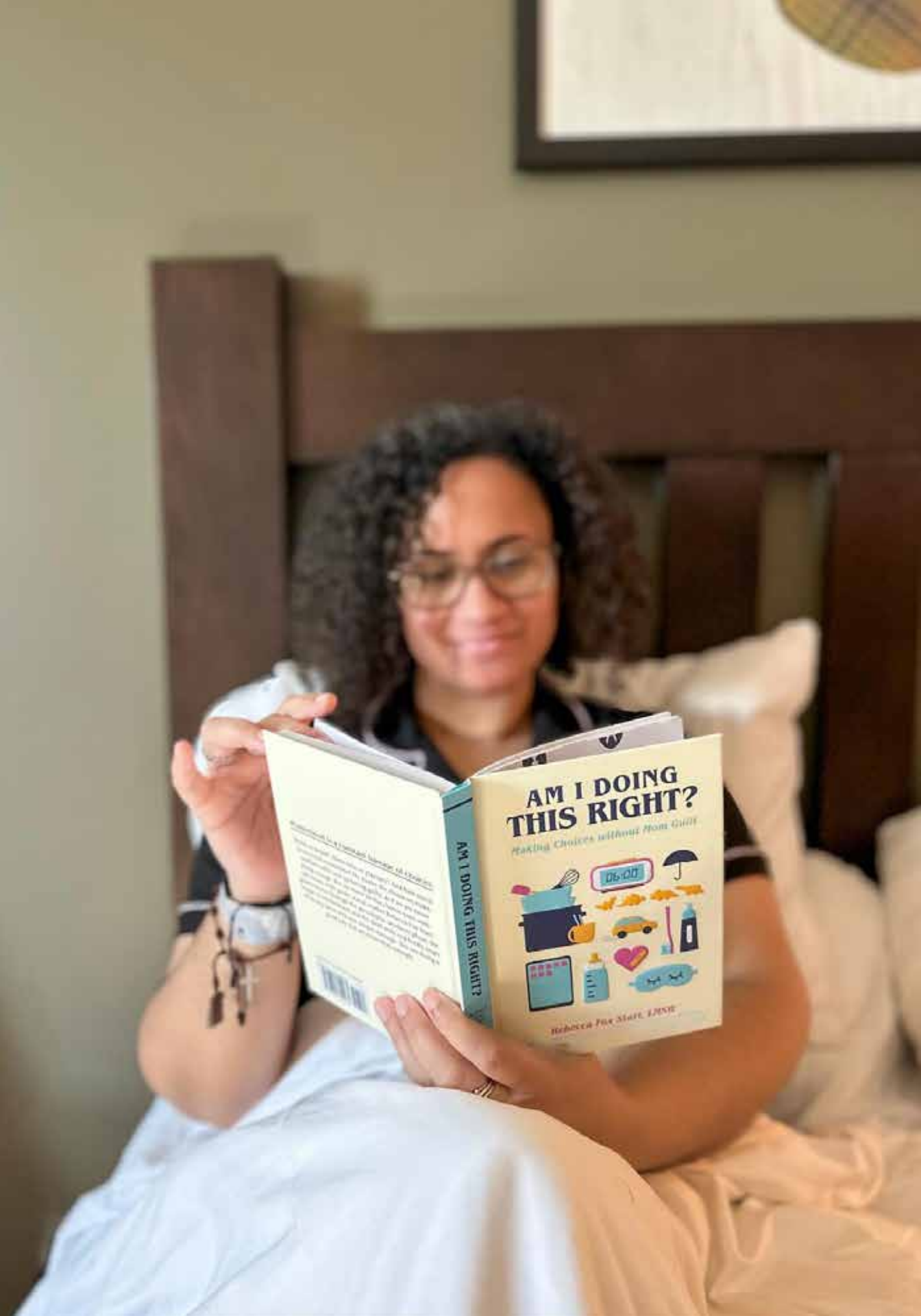
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