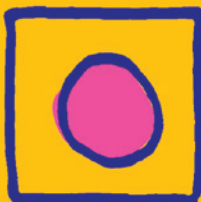


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Hardie Grant

BOOKS



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Food & Drink





Slow Victories

A Food Lover's Guide to Slow Cooker Glory
Katrina Meynink

March 2021 | FB | CKB109000

\$21.99 | 9781743796412

224pp | 7.4 x 9.8 in

Full color photography throughout

ISBN 978-1-74379-641-2



A slow cooker cookbook for people who love to cook.

Slow Victories removes the angst from the dinner rut with creative ways to use slow cookers for surprising results.

Katrina Meynink embraces the chaos and sometimes hilarity of life with a line-up of 90-plus recipes that suit in all moments, with chapters dedicated to: grains, soups, condiments, batch cooking, vegetables, sweets, fancy things, and the dreaded end-of-week what's-for-dinner-dilemma.

Slow Victories also offers advice on stocking pantries and refrigerators for slow cooking greatness, and insider tips on hacks that are a further reminder of how the slow cooker can be every food lover's friend. Because it's not about getting out of the kitchen, it is about using time there efficiently and with maximum creativity and flavor.

Katrina Meynink loves nothing more in the world than food: sourcing it, cooking it, talking about it, eating it, and writing about it. The Queensland-based food writer, recipe developer, and cook has written two books previously and appears regularly as a columnist in *Good Food*.

- *Slow Victories* is a book for the slow cooker aficionado who loves to cook.
- The book sets itself apart from competition by showing that slow cookers are about so much more than bottom-line convenience.
- In 2019, approximately 11.6 million slow cookers were sold over retail channels in the United States.

FOOD & DRINK





draft cover

Vietnamese

Simple Vietnamese Food to Cook at Home Uyen Luu

May 2021 | HC | CKB094000
\$32.50 | 9781784884239
224pp | 7.5 x 9.8 in
Full color photography throughout

ISBN 978-1-78488-423-9



80 easy and tasty Vietnamese recipes that can be made at home.

In *Vietnamese*, Uyen Luu demonstrates that Vietnamese food is just as easy to whip up as a bowl of pasta—all you need is a good bottle of fish sauce and a little enthusiasm! She shares 80 of her tastiest recipes—some traditional, some with a modern twist—using ingredients that are available at your local supermarket.

Recipes include noodle soups, salads, family-style sharing plates, one-pot wonders, and dinner-party showstoppers, which are all easy to prepare and adapt according to the produce you have on hand.

Vietnamese is filled with fuss-free, delicious recipes that are quick to prepare, and will have you eating Vietnamese meals on a regular basis.

Uyen Luu is a food photographer and food stylist by day, and her work has been widely covered by mainstream press. She has been running a Vietnamese supper club since 2009, and also runs cooking classes. Uyen grew up in Hackney, London since her family moved there in the 80s as refugees. This is her second book.

- Simple Vietnamese food you can cook at home.
- In the style of *JapanEasy*, the author will share classic and modern recipes, demystifying the cuisine.
- The author runs a successful supper club and has a loyal Instagram following of over 14k (@loveleluu).





Torta della Nonna

A Collection of the Best Homemade Italian Sweets

Emiko Davies

March 2021 | HC | CKB014000

\$24.99 | 9781743796849

176pp | 7.5 x 9.1 in

Full color photography throughout

ISBN 978-1-74379-684-9



***Torta della Nonna* brings together the best Italian sweets recipes from Emiko Davies' books, *Florentine*, *Acquacotta*, and *Tortellini at Midnight*.**

Across eight chapters, this stunning collection features classic recipes, as well as family favorites passed from generation to generation. Recipes include sweet Italian breakfasts; classic treats from nonna's oven; snacks; cookies; recipes for celebrations; treats to eat with a spoon; frozen treats; and five essentials any Italian cook needs up their sleeve.

Alongside Emiko Davies' evocative storytelling and beautiful photographs, all shot in Tuscany, from Florence to the Silver Coast, *Torta della Nonna* will bring the sweet tastes and romance of Italy into your home.

Emiko Davies lives and writes in Florence with her sommelier husband and two daughters. She writes about regional Italian food and travel on her blog, as well as for publications such as *Gourmet Traveller*, *Condé Nast Traveler*, Food52 and Italian newspaper *Corriere della Sera*.



Also available
Tortellini at
Midnight
9781743794531



Also available
Florentine
9781743790038

- This is the fourth beautiful book from Emiko, following on from the successes of *Florentine*, *Acquacotta*, and *Tortellini at Midnight*.
- Features five brand new recipes, including two vegan recipes.

FOOD & DRINK





draft cover

La Vita e Dolce

Sweet Italian Inspiration

Letitia Clark

June 2021 | HC | CKB024000

\$40.00 | 9781784884222

256pp | 7.5 x 9.8 in

Full color photography throughout

ISBN 978-1-78488-422-2



A fresh, new take on Italian-style baking.

La Vita e Dolce is an exciting take on Italian baking by food writer and trained pastry chef, Letitia Clark. Featuring over 80 Italian desserts, *Dolce* showcases Letitia's favorite recipes inspired by her time living in Sardinia. Whether you're looking for something fruity, nutty, creamy, chocolatey or boozy, you will be seduced by the sweet aromas of every bake. Complete with anecdotes and beautiful location photography throughout, each recipe will be authentic in taste but with a delicious, contemporary twist. From a joyful Caramelized Citrus Tart to a classic Torta Caprese, this is a stunning celebration of the sweet things in life, and is guaranteed to bring a slice of Italy into your home.

Letitia Clark is a food writer, illustrator, and chef. After completing the Leiths diploma in Food and Wine she went on to work in some of London's top restaurants, including Spring, Morito, and The Dock Kitchen. She now lives in Sardinia, where she continues to write and work as an illustrator.

- A stunning celebration of Italian-style baking by the author of the much-admired *Bitter Honey*.
- Letitia Clark presents classic Italian flavors but with a modern twist.
- This book will capture the interest of homecooks, food-lovers and chefs alike.



Also available
Bitter Honey
9781784882778

Crostata di Marmellata

APRICOT JAM CROSTATA

JAM
800 g (1 lb 2 oz) ripe apricots
200 g (7 oz) sugar
SWEET SWEET CRUST PASTRY
125 g (4½ oz) cold unsalted butter
250 g (9 oz) plain (all-purpose) flour
50 g (1¾ oz) sugar
1 egg, plus 1 egg yolk, beaten
rest of 1 lemon

NOTE
The best test for the jam set is the frozen sauce test. Place a saucer in the freezer and when you want to test how set your jam is, place a teaspoon-sized blob of jam onto the cold saucer. Try to rub it away to see how it behaves and whether. For me, this jam is ready when it slides slowly but decisively and wrinkles when poked.

This is a classic recipe for the simplest jam tart pastry with an almost cake-like crust. Both this jam recipe and pastry recipe are adapted from Pellegrino Artusi's 1911 cookbook, *Science in the Kitchen and the Art of Eating Well*.
Crostata di marmellata is usually made with either blackberry or apricot jam. This silky smooth apricot jam is Artusi's own favourite out of all fruit jams and is ideal for piping into homemade cornetti (page 28) or buns (page 42), or for gliding onto a sweet shortcrust pastry base for a crostata di marmellata. You could also substitute peach or apricot, especially those blushing rose peaches with yellow flesh. Otherwise, this crostata can be made in a pinch with 200 g (7 oz) of your favourite ready-made jam and by simply following the recipe for the pastry crust.

NOTE
Roll the apricots and remove the pits. Put them in a heavy-bottomed saucepan over a low heat, stirring occasionally so the fruit doesn't stick to the bottom of the pan. As the pan heats, the apricots will release their own juices and the fruit will begin to simmer. Let the apricots simmer for approximately 30 minutes, stirring occasionally, or until the fruit is completely soft. Pass the mixture through a food mill or a very fine sieve over a bowl to remove the skins for a smooth fruit puree.

Place the puree back in the saucepan over a low heat and add the sugar. Heat and stir until the sugar dissolves. Turn the heat up to medium and let bubble until the jam reaches the consistency desired. If you let this go quite a while, you will get a harder set jam, but even just a short 30 minutes will give you a nice soft set jam, which is just right for this crostata.

PASTRY AND ASSEMBLY

Chop the cold butter into small pieces. If using a food processor, pulse the flour, sugar and butter until you have a crumbly, sandy texture and there are no more visible pieces of butter. If mixing by hand, rub the butter into the flour and sugar until you achieve the desired crumb. Mix in the beaten egg and yolk along with the lemon zest, until the pastry comes together into a smooth, elastic ball. Wrap tightly in plastic wrap and rest in the fridge for at least 30 minutes.

Preheat the oven to 340°C (300°F). Grease a 24 cm (9½ in) pie dish.

Divide the dough into two pieces, one slightly larger than the other. Roll the larger piece out to about 3 mm (⅛ in) and press into the pie dish. Roll out the rest of the pastry with a pastry cutter or sharp knife, cut long strips about 2 cm (¾ in) wide. Fill the pie base with jam and criss-cross lattice strips over the top. If you like, use the leftover egg whites to brush over the top of the pastry for some shine.

Bake in the oven for about 25 minutes or until golden brown.

MAKES 1 CROSTATA, SERVES 8



24 La Pasticceria / The Pastry Shop



Opposite: Baked di rose and other pastries at Caffe in the heart of Florence's historic center.
Top left: Florentine bakery offering schiacciate filled with fruit, cream, and ricotta (left) and ricotta (right).
Top right: Pastries from home.
Bottom: Pastries at Caffe in the historic shop at the heart of Florence's center.



10 ways to eat Florentine

1. A freshly made, street-side *pasticciotto* especially one with warm, juicy lamb chops and salsa verde.
2. *Crostata di Sgaffari*: Chicken liver paste in a crostata – fragrant yet delicious, the classic antipasto.
3. *Budino di riso*: Shortcrust pastry filled with baked rice pudding, breakfast of champions.
4. *Biscione alla Fiorentina*: Four fingers thick, bloody to eat, lean, charcoal-grilled Fiorentina steak.
5. *Schiacciatina affumicata*: Deliciously sticky grape-filled focaccia bread only September to October.
6. *Schiacciatina alla Fiorentina*: Cream filled, sponge-like roasted cake, only January to February for carnival.
7. *Ribollita*: The classic Tuscan winter soup filled with kale, white beans and stale bread.
8. *Pappa di pomodoro*: A thick bread and tomato soup, served hot or cold with a drizzle of olive oil.
9. *Panzanella*: A fresh, summery tomato, cucumber, red onion and bread salad.
10. *Nepigni*: This cocktail of equal parts of pigs, Camper and currently was invented in Florence in 1919.



'Florentine is a book that appeals both to my sense of nostalgia and my appetite.'

—Nigella Lawson

Florentine

The True Cuisine of Florence

Emiko Davies

February 2021 | HC | CKB047000

\$29.99 | 9781743796764

272pp | 7.9 x 10 in

Full color photography throughout

ISBN 978-1-74379-676-4



Stroll through the streets of Florence with the 2020 edition of Emiko Davies' award-winning *Florentine*.

This new format cookbook beautifully packages Emiko's recipes, photographs, and insights, each informed by her experience of Tuscany's capital over more than a decade. In *Florentine*, Emiko's recipes transport readers to the piazzas of Florence. From her torta di mele to ravioli pera e ricotta, Emiko shares an enchanting culinary tour of the city.

Visit pastry shops bustling with espresso-sippers, hole-in-the-wall wine bars, busy food vans and lunchtime trattorias, and learn how and why the people of Florence remain so proudly attached to their unchanging cuisine. As well, *Florentine* includes new neighborhood itineraries—including 24 Hours in Florence, Day Trips Outside the City Centre, and Best Bistecca and Pastry Shops.

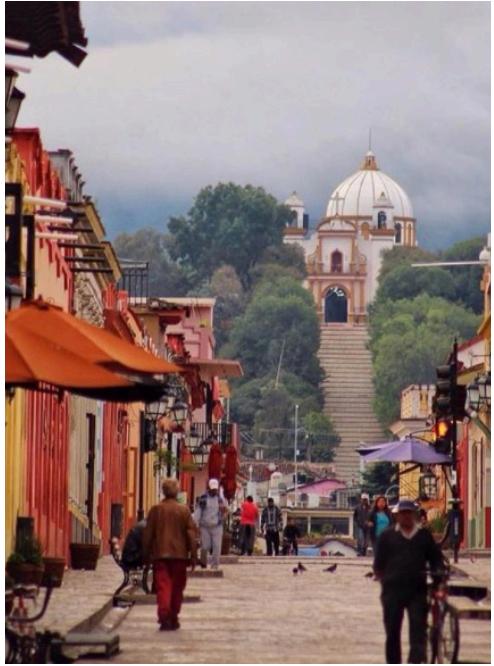
Emiko Davies lives and writes in Florence with her sommelier husband and two daughters. *Florentine* is Emiko's first cookbook. It precedes her other cookbooks, *Acquacotta* (2017) and *Tortellini at Midnight* (2019). She continues to write about regional Italian food and travel on her blog, as well as for publications including *Gourmet Traveller*, *Condé Nast Traveler*, Food52, and Italian newspaper *Corriere della Sera*.



Also available
Torta della Nonna
9781743796849

- Includes simple, delicious recipes using fresh produce and easy-to-find pantry ingredients.
- The new edition of *Florentine* includes a bonus insider's Florence guide.

FOOD & DRINK





draft cover

Ciudad de Mexico

Recipes and Stories from the Heart
of Mexico City

Edson Diaz-Fuentes

June 2021 | HC | CKB056000

\$36.00 | 9781784883935

256pp | 7.5 x 9.8 in

Full color photography throughout

ISBN 978-1-78488-393-5



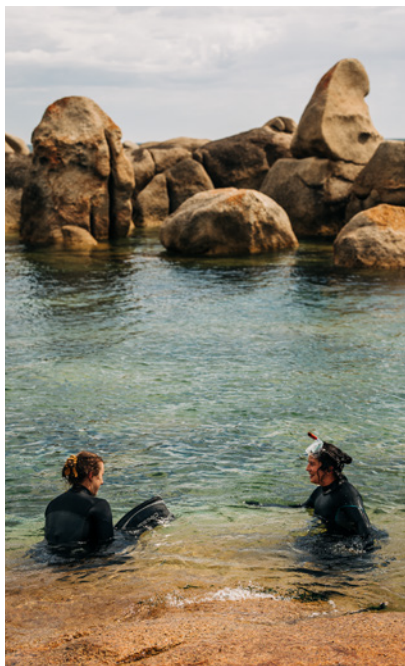
**An evocative Mexican cookbook, focusing on
authenticity and accessibility.**

After years of recreating the food of home in New York and London, Mexican chef Edson Diaz-Fuentes has broken down his native cuisine to the basics for the home cook. Presented in sections by time of day, *Ciudad de Mexico* takes the reader on a whirlwind tour of culinary highlights, from cantina breakfasts and street food, to lunchtime moles, taco-truck favorites and sweet treats. But while this book aims to evoke the true spirit of the country, it also functions as a key to unlock any mystery surrounding Mexican ingredients and flavors. With stunning location photography and narratives on Mexican food culture and handy substitution guides, this book is a must-have for the culinary explorer.

Edson Diaz-Fuentes is the most revered Mexican chef in London. Learning the ropes at the famous Casa Oaxaca, he moved from there—by way of New York—to London to be Head of Menu Innovation at Thomasina Miers' Wahaca chain. In 2016, he opened Santo Remedio to a chorus of glowing reviews from the likes of Jay Rayner and Fay Maschler.

- Edson is the chef proprietor of Santo Remedio in London, and previously head of innovation at the Wahaca chain.
- Recipes from Mexico City, but with influences from other regions in Mexico.
- Location photography as well as studio food shots.

FOOD & DRINK





How Wild Things Are

Cooking, Fishing and Hunting at the Bottom of the World

Analiese Gregory

February 2021 | HC | CKB077000

\$29.99 | 9781743796023

224pp | 7.9 x 10 in

Full color photography throughout

ISBN 978-1-74379-602-3



One young chef's ode in recipes and words to the isolated Australian island-state at the bottom of the world.

How Wild Things Are celebrates nature and the slow food life on the rugged and wild island of Tasmania. When chef Analiese Gregory relocated after years of pushing through her anxiety and cooking in high-end restaurants, she found a new rhythm to the days she spent hunting, fishing, cooking, and foraging—a girl's own adventure at the bottom of the world.

With more than 40 recipes, including sausage making and ferments, interwoven with Analiese's thoughtful narrative and accompanied by stunning photography, *How Wild Things Are* is also a window into the joys of travel, freedom, vulnerability, and the perennial search for meaning in what we do. This is a blueprint for how to live, as much as how to cook.

Analiese Gregory is one of the most talked about young chefs in Australia today, with a string of enviable professional credits to her name, including *The Ledbury*, *Michel Bras*, *Mugaritz*, and *Sydney's Quay*.

- Analiese's story accompanied by stunning photography is an aspirational tale that belongs to the genre of empowered women.
- In 2020, Analiese is appearing with Gordon Ramsay in the second series of his National Geographic Network show *Gordon Ramsay: Uncharted*.

Making chocolate sweets dipped in single origin ganache



1. Melt the chocolate gently and the chocolate in a double boiler (page 16). Meanwhile, get the cream, glucose, sugar, sugar and butter in a separate bowl and bring to the boil.
2. Remove the cream mixture from the heat and pour it into the chocolate using a piping bag and mix until it has the consistency of a thick cream.
3. Spoon the rest of the mixture into the chocolate and then the mixture to bring it about 100°C without incorporating air. Cover with cling film, bubble wrap and allow to cool at room temperature.
4. Once the ganache has cooled, it is ready to use. Spoon it into a piping bag and pipe it into a tray. Leave to set at 10°C for 15 minutes.
5. Then a second ganache sheet on top that is a thin layer of ganache to give the sweets their final shape. Leave to set at 10°C for 15 minutes.
6. Temper the coating chocolate (page 34). Coat the sides of the tray and bottom with a thin layer of chocolate (page 34).
7. Coat each one by dipping into the melted chocolate using a dipping fork (page 34). Scoop the ball onto the chocolate sheet and chocolate. Decorate with a piped (page 34) and immediately place a square of parchment sheet on top, allow to set at room temperature, ideally between 10°C and 15°C for 15 minutes.

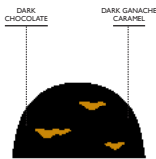
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MILK CHOCOLATE & CARAMEL MOULDED CHOCOLATES

CARAMEL

Understand



WHAT IS IT?

Moulded dark chocolate filled with caramel and milk chocolate ganache.

HOW LONG WILL IT TAKE?

Preparation: 15 minutes. Leave to finish 15 hours after moulding the ganache, then 15 hours when the chocolates are sealed.

EQUIPMENT YOU WILL NEED

Thermometer
Thermometer
Polythene sheet

VARIATION

Instead of cream use passion fruit or chocolate puree.

TRICKY POINT

Tempering the chocolate.

SKILL REQUIRED

Making moulded chocolates (page 34).

ADVICE

Make the caramel in a large saucepan. Make the caramel to prevent burning when adding the butter and cream.

TIP

When mixing, take care to add as little air as possible. Keep the chocolate block on the bottom of the bowl, stirring gently in order to let the air escape, then use the chocolate without lifting the block.

PLANNING AND PREP

Moulding: 15 minutes.

On the day: 15 minutes.

Following day: 15 minutes.

Unmoulding: 15 minutes.

Learn



MAKES ABOUT 35 CHOCOLATES

GANACHE

100g (3 1/2 oz) dark chocolate

100g (3 1/2 oz) cream

100g (3 1/2 oz) cream

100g (3 1/2 oz) cream

100g (3 1/2 oz) cream

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100g (3 1/2 oz) cream

1. Temper two-thirds of the dark chocolate and coat the bottom of the mould with chocolate (page 34).

Use a 100g (3 1/2 oz) piping bag to pipe the chocolate into the mould.

2. Melt the ganache, heat the cream, mix until it is a thick cream. When the cream is thick, add the chocolate and mix until it is a thick cream. When the cream is thick, add the chocolate and mix until it is a thick cream.

3. When the ganache is at 10°C (50°F), pipe it into the chocolate mould using a piping bag. Leave to set at 10°C (50°F) for 15 minutes.

4. When the ganache is at 10°C (50°F), pipe it into the chocolate mould using a piping bag. Leave to set at 10°C (50°F) for 15 minutes.

5. Temper the remaining dark chocolate (page 34) and coat the chocolate (page 34). Allow to set at room temperature, ideally between 10°C (50°F) and 15°C (59°F) for 15 minutes.

6. Coat the sides of the tray and bottom with a thin layer of chocolate (page 34).

7. Coat each one by dipping into the melted chocolate using a dipping fork (page 34). Scoop the ball onto the chocolate sheet and chocolate. Decorate with a piped (page 34) and immediately place a square of parchment sheet on top, allow to set at room temperature, ideally between 10°C (50°F) and 15°C (59°F) for 15 minutes.

8. Coat each one by dipping into the melted chocolate using a dipping fork (page 34). Scoop the ball onto the chocolate sheet and chocolate. Decorate with a piped (page 34) and immediately place a square of parchment sheet on top, allow to set at room temperature, ideally between 10°C (50°F) and 15°C (59°F) for 15 minutes.

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draft cover

The Ultimate Book of Chocolate

Make Your Chocolate Dreams Become a Reality

Melanie Dupuis

March 2021 | HC | CKB018000

\$50.00 | 9781784883799

288pp | 9.6 x 12.9 in

Full color photography throughout

ISBN 978-1-78488-379-9



Next in the 'Ultimate' series, a masterclass in cooking with chocolate.

In *The Ultimate Book of Chocolate* trained pastry chef Melanie Dupuis will teach you how to make your chocolate dreams become a reality. Learn how to temper, mold and decorate like a pro with the complete guide to everything chocolate.

Melanie guides the reader with step-by-step pictures and detailed instructions on all the essential techniques, from tempering to making ganache, chocolate mousse, creme anglaise, biscuit bases, meringue and more. The main recipes include every chocolate dessert you could ever imagine, from caramel bonbons and millionaire's shortbread to Easter eggs, truffles, macarons, and more.

This is a masterclass in making chocolate desserts from an expert pastry chef, and is truly a chocoaholic's dream book!

Melanie Dupuis trained as a pastry chef and caterer in France and worked in the country's best hotels and restaurants (Helene Darroze, Benoit Castel, Nomad Food & Design) before embarking on a second career as a food writer. Her first book, *Patisserie*, was published in 2014 and has been an international success.

- Step-by-step photography and beautiful illustrations.
- Covers many techniques, from tempering to making ganache, chocolate mousse, meringue and more.
- Stunning, large volume will delight anyone with a sweet tooth, or any home cook who wants to take their dessert skills to the next level.

S'mores

WITH MARSHMALLOWS
AND STRAWBERRIES

» FIRE » PREPARATION IS LESS THAN 1/2 HOUR » SERVES 4 PEOPLE » DINNER

INGREDIENTS

- 1 big bag of marshmallows
- 1 packet of plain, sweet biscuits (Marie or Digestive)
- 1 large bar of chocolate, grated
- 1 pint of strawberries (or raspberries), sliced
- 1 pot of peanut butter

- 1 banana, thinly sliced
- Fudge, in small pieces

EQUIPMENT

- Aluminium foil
- Long twigs / skewers

I would have sworn that the word s'more is originally Scandinavian. It sounds incredibly Swedish, right? While making this book I discovered that the s'more is American and comes from 'some more' which is of course difficult to pronounce with a mouth full of sticky sweetness. That's when it actually sounds like s'more. Logical of course! We thought of different versions of s'mores that are even better than the original.

METHOD

- 1 Make a campfire
 - 2 Lay the biscuits out on a piece of aluminium foil and add a generous amount of chocolate to each biscuit. Top with fruit, peanut butter, fudge or any combination of the three.
 - 3 Thread the marshmallows on a stick and hold them over the fire. They're ready when they puff up and turn light brown.
 - 4 Use a biscuit to slide the cooked marshmallow onto another biscuit. Gently squeeze the marshmallow down and sandwich between one of prepared biscuits. The hot marshmallows will melt the other ingredients, which tastes divine.
- Use leftover wraps from page xxx instead of biscuits. Place all the ingredients over one wrap and place a second one on top.

America meets Mexico!

- 70 -



*It will be a sticky affair.
Keep a wet cloth on hand
to keep your fingers clean.*



- 44 -



*Leave the road,
take the trails.*

- 45 -



Road Trip Cooking

The Best Recipes for Your Campfire,
Stove or Barbecue

The Holy Kauw Company

February 2021 | PB | CKB060000

\$24.99 | 9781741177374

160pp | 7.9 x 9.8 in

Full color photography throughout

ISBN 978-1-74117-737-4



Cooking and eating well is possible anytime, anywhere.

Road trips are the ultimate freedom: long roads, beautiful vistas, good conversations, and singing along with the radio. And when you choose to stop somewhere out in nature, you'll want something tasty and nutritious to cook on your camping stove, campfire or portable barbecue. In *Road Trip Cooking*, Arno and Mireille of the Holy Kauw Company in the Netherlands take you along in their campervan.

All recipes in this cookbook are simple to prepare, and don't require a well-equipped kitchen or well-stocked supermarket nearby. From the ultimate hangover breakfast and salad in a jar, to campfire nachos and 'apple pie to go', these recipes make the most of classic and comfort-food dishes from around the world. Yet they only require some logs, a few ingredients and a box of matches to prepare.

The Holy Kauw Company is a Dutch catering company founded in 2016. They work with food in creative ways and have always had a passion for people, animals, and the environment. They have previously authored three books for Dutch publisher Snor, *Lemonade*, *Sunday*, and *Christmas*.

- Van life is one of the fastest growing travel trends, driven by millennials.
- Beautiful design and photography as well as fun and easy recipes.
- Other camping cookbooks tend to be old-fashioned, so this book is easily distinguishable.





draft cover

Max's Picnic Book

An Ode to the Art of Eating Outdoors,
From the Authors of *Max's Sandwich Book*
Max Halley and Benjamin Benton

March 2021 | HC | CKB121000 |
\$19.99 | 9781784884215
256pp | 5.9 x 8.5 in
Full color photography throughout

ISBN 978-1-78488-421-5



A riotous, joyous celebration of moveable feasts.

Irreverent, eccentric, *Max's Picnic Book* is the follow up the *Sunday Times* best-seller, *Max's Sandwich Book*. Both an ode to the art of eating outdoors, and an entertaining, frivolous reinvention of it. Max and Ben will first dissect picnic history, before creating 24 themed menus. Including ingenious hacks—think flavored salts for dipping eggs and soft-serve with a shot of espresso—as well as twists on familiar favorites, this book about how and why we should picnic. Interpreting the ways in which we can eat outdoors through the eyes of their picnicking heroes, such as Hunter S Thompson, Fergus Henderson, and Delia Smith, the reader will be left with a broadened perception of what a picnic truly is.

Max Halley is the name behind Max's Sandwich Shop in London. He regularly appears on *Sunday Brunch*, *This Morning*, BBC Radio Two, and Vice, and writes for *The Guardian*, *The Sunday Times*, and *Evening Standard*. **Benjamin Benton** is a restaurateur and chef who has worked at Rochelle Canteen, The Dock Kitchen, and Le Coq in London.

- Max's Sandwich Shop is a cult UK restaurant, and Max appears on US *Vice*, and has a strong TV and media profile in the UK.
- Written with an eccentrically British tone, the menus are inspired by globally recognized figures with inventive recipes.
- Vibrant photography style.





We Can All Eat That!

Raise Healthy, Adventurous Eaters and Help Prevent Food Allergies | 95 Wholefood Recipes for the Family That Eats Together
Pam Brook

March 2021 | FB | CKB119000
\$29.99 | 9781743795798
256pp | 8.3 x 9.4 in
Full color photography throughout

ISBN 978-1-74379-579-8



A food allergy prevention bible that's a joy to cook from.

We Can All Eat That! serves up creative, delicious and informed ideas for introducing allergens to your children from when it matters most—the beginning. A must for parents of children four to 24 months, this book proves that raising healthy, adventurous eaters doesn't have to be hard work.

Developed in conjunction with two acclaimed wholefood chefs, and with advice from some of the world's leading allergy experts, the book includes everything you need to know about major food allergies and introducing the common food allergens.

Beautifully photographed and joyfully curated, the book is presented across seven recipe chapters: Breakfast; Soups and salads; Rice, polenta and pasta; Vegetable dishes and sides; Meat and fish; Cakes, puddings and desserts; and Dips, dressings, and sauces.

Pam Brook is co-founder of Brookfarm, a family business based in Byron Bay, Australia. She is a great believer in a nutritionally balanced diet and a healthy, sustainable food chain.

- This book explains how we can take back control and reduce the risk of our children developing food allergies.
- The author draws on peer-reviewed international research and translates this in family-friendly language.
- Developed with leading chefs and respected health professionals, the book has been rigorously checked to be medically sound, and includes a list of references.



Easiest fish pie

Serves 4 with leftovers
Prep 10 minutes
Cook 20 minutes

fish is the *ultimate* comfort food. What it lacks in fish, it makes up for in taste and texture. I use a fish pie mix containing salmon, pollock, (or cod) and smoked haddock. It's easy enough to find and the supermarket has very kindly done all the dirty work for you by chopping it up. I don't bother with a béchamel sauce, opting instead for a mix of double (heavy) cream and fish stock. The little bit of cornflour (cornstarch) used to thicken the fish sauce is the star of the pie course, resulting in a rich, velvety, silky sauce without the hassle of making a béchamel.

After a handful of steamed croissants and a sprig of cooked asparagus, the fish pie is served brilliantly with the soft mashed potato, soaps. As you'll probably know by now, I don't like mashed potatoes, so I use pre-made store-bought mash, but you can mash your own, if you like.

30 g (2 oz) salt (2 tablespoons) salted
water
6 spring onions (scallions),
chopped
2 x 400 g (14 oz) packets fish
fillets
2 tablespoons corn flour
1 teaspoon bicarbonate of soda
100 g (3½ oz) Dijon mustard
300 ml (10½ oz) milk
double (heavy) cream
200 ml (7 fl oz) salted 1 cup fish
stock
100 g (3½ oz) cooked prawns
1 egg
150 g (5 oz) green peas 1 cup frozen
peas, defrosted (optional)
1 bunch of flat leaf parsley,
roughly chopped
100 g (3½ oz) 12 oz (3% cup)
pre-washed washed potato
1 medium red onion you need
about 1½ (2) lb or potatoes
to yield this amount of food
50 g (2 oz) 2% fat cream
cheese, grated
handful of fresh coriander, washed
to remove insects (optional)
salt and freshly ground
black pepper

Preheat the oven to 350°F/375°F. Fill a 6-quart Dutch oven with 3 inches of oil. Put the butter and sprouts in a microwave-safe bowl and microwave for 3 minutes or until soft. Tap out into a 300°C/500°F oil bath and fry for 10 minutes.

Toast the fish-pike mix with the coriander and add to the dish with the spring onion. Combine the mustard, cream, fish stock, prawns, peas, most of the parsley and plenty of seasoning, then add the mixture to the pie dish and gently stir everything together to combine.

Spoon the mashed potato on top of the fish mixture and rough up the surface with a fork. Sprinkle over the Parmesan cheese.

Bake for 30 minutes until the top is brown throughout, golden on top. Scatter with the crushed garlic, prawns, if using, and the remaining parsley. Serve immediately.

Make ahead

You can make the proven (shrimp p) mixture 1 and chill in the refrigerator for 24 hours before

Plot

The shortcut

As the protein binds this together, you're skipping all the fluff or eggging and breadcrumbing, and still ending up with something super sticky.

¹⁴ Scrambled egg tacos

Survey	4
Prep	10 minutes
Cook	10 minutes

I like my scrambled eggs to run a fine line between scrambled eggs and, well, a just-fryed sunny, creamy custard. To make my eggs just right, I add a pinch of "caking powder" to the egg mixture before cooking.

I love these breakfast toasts, they look grand and can be made in a matter of minutes. I make a lightly spiced poe d'eggs to scatter over the top with some hot sauce. The fresh tomatoes, onions and dandelion (plantain) is the perfect foil to the rich, creamy eggs.

Testify your tortilla over an open flame. I like using flour tortillas because I love the slight char they provide, but use whatever you love or have on hand. You can also toast your tortilla like a pizza. I've said it once and I'll say it again, nobody is watching, so add whatever you like to your breakfast too. It's YOLO, R!

I want mine with on-top procuitos.

8 small flour tortillas
8 eggs, lightly beaten
200 ml (2/3 cup) 1% cottage
cheese (heavy) cream
1/2 teaspoon baking powder
1 teaspoon fine sea salt
1 tablespoon melted butter

For the pisco de gallo
4 ripe tomatoes, halved,
cored and chopped
½ onion, finely chopped
handful of coriander (cilantro),
finely chopped
1 green chili, seeded and
finely chopped
juice of ½ lime
sea salt and freshly ground
black pepper

To serve
Avocado, halved, sliced
removed and sliced
hot sauce
lime wedges

To make the *pico de gallo*, mix the tomatoes, onion, coriander and chilli in a bowl. Season to taste and squeeze over the lime juice. Set aside.

Using a pair of tongs, carefully hold a tortilla over an open gas flame until hot and bleached in places. Keep the tortilla warm until you cook the rest. 3) wrap my tortillas in a clean hot towel.

4) In a bowl, whisk the eggs, cream, baking powder and salt until fully combined.

5) Melt the butter in a large, non-stick frying pan (skillet) over a medium-high heat. Pour in the egg mixture and cook until just set around the edge of the pan. Push the egg from around the edge into the middle, then flip the pan and allow the uncooked egg to run to the edge, when it is just set, push to the middle again and allow the uncooked egg to run to the edge. When the eggs are just set, spoon them on top of the charred tortillas and serve immediately with slices of avocado, pico de gallo, hot sauce and lime wedges.

Make ahead

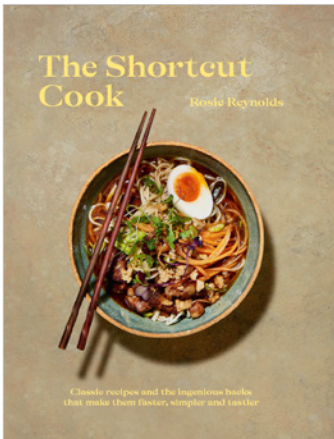
You can cook this up to the point of stirring in the cheese and keep in the refrigerator for 2-3 days or freeze for up to 3 months.

The shortest

Grating instead of dicing will save a good 30 minutes, depending on how gifted or talented your knife skills are.



Bertrand



The Shortcut Cook

More than 60 Classic Recipes and the Ingenious Hacks That Make Them Faster, Simpler and Tastier

Rosie Reynolds

February 2021 | HC | CKB101000

\$22.99 | 9781784883515

160pp | 6.9 x 8.9 in

Full color photography throughout

ISBN 978-1-78488-351-5

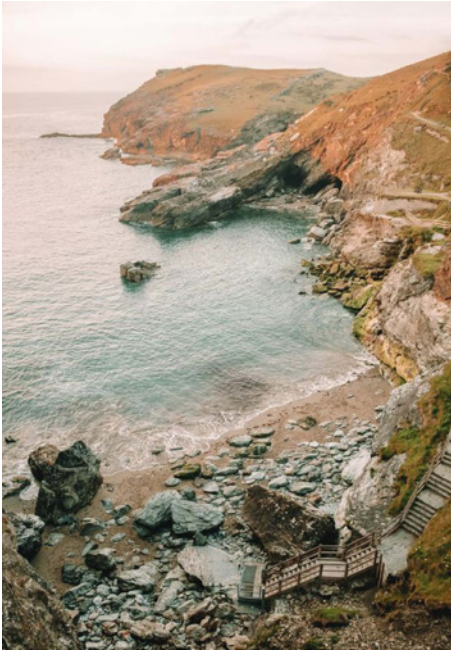


How to cook your favorite dishes the easy way.

It's a myth that to make the very best versions of classic dishes, they have to be prepared from scratch. It's actually a well-known fact in the food industry that chefs have always used shortcuts. But home cooks have not always had the same privilege. From her extensive experience, Rosie has distilled over 60 classic recipes, such as eggs Benedict, spaghetti and meatballs, and lemon meringue pie, and applied every time-saving tip, flavor boost, and genius twist that she has to produce failsafe recipes. This book is here to make your life in the kitchen bolder, brighter, and a whole lot easier. These are world-over favorites that people love to eat and aspire to cook—ready in a flash

As a recipe writer, developer, and food stylist who has styled hundreds of books and written even more recipes, **Rosie Reynolds'** job depends on getting great food ready as fast as possible. She has authored five cookbooks: *Doughnuts Reinvented* (Pavillion), *Scone with the Wind* (Virgin Books), *The Kitchen Shelf* (Phaidon), *Posh Kebabs* (Quadrille), and *Posh Sandwiches* (Quadrille).

- With extensive experience as a food stylist, Rosie shows us how to whip up meals that taste and look amazing.
- Recipes include a 'shortcut', or hack, plus timings, batch cook, and freezing information.
- Your go-to classic cookbook, whether it's a weeknight meal or weekend brunch.



Spring is a time for firsts – warm with romance, blossom and promise. The world slowly waking up from the long winter. Embrace it and go wherever your sense of adventure takes you. A green light for so many wonderful ingredients local asparagus grown by the sea, wild garlic an absolute seasonal treasure.

Panna cotta is undeniably rich, it should have a perfect acidity and be served straight from the fridge. Such a simple dish but so elegant.

VANILLA PANNA COTTA WITH PASSION FRUIT

Serves 8

13 fl oz double cream
5 fl oz semi-skimmed milk
13 fl oz double cream
3 sheets gelatine
50g icing sugar, sifted
1 vanilla pod, split
6 x 4" dariole moulds

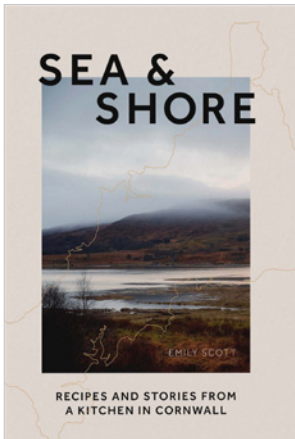
Place 13 fl oz of cream and the 5 fl oz of milk and the split vanilla pod into a heavy-based pan and slowly bring to a simmer once simmering turn off the heat and leave to infuse for 10 minutes.

Immerse three sheets of gelatine into cold water and leave to soak. In a bowl combine the 13 fl oz cream with the 50g of icing sugar. Return the infused mixture to the stove to warm through. Remove the gelatine from the water, squeezing out any excess water, then add to the warm cream. Stir to dissolve. Strain infused mixture on to the cold cream and icing sugar. Stir well. Pour into the dariole moulds and allow to cool, place in the fridge for at least 3 hours.

To serve, jig each mould into hot water for a second or two to loosen the edges. Invert confidently onto a plate. Arrange the passion fruit around the panna cotta. Works beautifully with other fruit such as poached rhubarb or plums or even fresh raspberries depending on the season.

Eat with abandon.





draft cover

Sea & Shore

Recipes and Stories From a Cook
and Her Kitchen in Cornwall

Emily Scott

May 2021 | HC | CKB011000

\$40.00 | 9781784883997

256pp | 6.8 x 9.7 in

Full color photography throughout

ISBN 978-1-78488-399-7



An ode to Cornwall, to its magic and to the food.

Think of a place where the sky meets the sea; where the coastline is rugged; and hidden coves nestle among white cliff faces. The home of Poldark, Daphne du Maurier and cream teas. This is Cornwall. In *Sea & Shore*, Emily Scott brings together the magic of this beautiful part of the world, with over 80 simple and seasonal recipes for the home cook. *Sea & Shore* is more than just a cookbook; it shares the connection between food, a sense of place and storytelling. With stunning photography, it translates experience and memories into ingredients that come together as simple, rustic dishes that anyone can easily recreate at home.

Emily Scott is a chef and restaurateur, who opened her first restaurant, The Harbour Kitchen, in Port Issac, Cornwall. She now runs the St Tudy Inn, also in Cornwall. She starred in BBC Two's *Great British Menu* in the south-west heat, and she and her team have held a Michelin Bib Gourmand for four years running.

- Emily is a well-respected chef and restaurateur, who started her journey as a cook in France before opening The Harbour Kitchen in Port Issac, Cornwall, UK.
- Cornwall has been named the most popular staycation destination for Brits in 2020.
- Features a quote from Rick Stein.



Pintxo

ROASTED CHICKEN WINGS WITH ROAST POTATOES, PARSLEY & GARLIC

Serves 4

24 chicken wings
6 garlic cloves, finely chopped
2 teaspoons olive oil
good pinch of chili flakes
10 sprigs of oregano, leaves stripped
olive oil
150 g (5 1/2 oz) very floury potatoes,
cut into small chunks
sea salt and freshly ground black
pepper

Every time I go to the restaurant Bodega Donostiarra I have the chicken wings, but I have to say that the last time I went, they were better than ever. Maybe it was because I was sitting outside on the terrace on a gorgeous July day with a really cold beer...

I once cooked chicken wings on the TV show Saturday Kitchen, then tried to get some later that day to cook for friends, and they were impossible to find. It seems that many more people were asking for chicken wings than normal. Maybe they saw me cook them and just had to have them! You will find the same once you've tried this recipe.

Put the chicken wings in a dish. Mix half of the chopped garlic cloves with the pine needles, chili flakes, half the oregano and a good pinch of sea salt. Spread all over the wings and leave to marinate for at least 15 hours.

Preheat the oven to 200°C (400°F/Gas 6).

Put the potatoes into a pan of cold salted water, bring to the boil and simmer for a couple of minutes. Drain, shake to the pan over a low heat and then to fill up the ridges.

Mix a good pinch of oil in a bowl with the oregano, then toss in the potatoes. Put the chicken wings on top and roast for 45-50 minutes until it is all crispy and golden. Season with lots of salt and pepper, and add the rest of the garlic and oregano.





‘José’s recipes take us to the heart of the very best of Spanish cooking.’

—Rick Stein

Basque (Compact Edition)

Spanish Recipes from San Sebastián
and Beyond

José Pizarro

March 2021 | HC | CKB080000

\$22.99 | 9781784883683

256pp | 6.7 x 8.8 in

Full color photography throughout

ISBN 978-1-78488-368-3



A compact edition José Pizarro's best-selling Spanish food/travel book.

In this compact edition of the award-winning cookbook, *Basque*, leading Spanish chef José Pizarro takes readers on a journey around this magical place, taking inspiration from traditional dishes and local ingredients, and adding his own unique twist.

From the delicious bite-sized morsels known as *pintxos* to more hearty main meals and sumptuous desserts, José shows you how easy it is to prepare Spanish food at home.

Set to the backdrop of the stunning views of San Sebastián and the rest of the Basque Country, *Basque* is a culinary jaunt around one of Spain's most colorful and exciting food destinations.

José Pizarro is an award-winning chef and best-selling author. He runs the successful tapas and sherry bar José and restaurant Pizarro in Bermondsey Street and José Pizarro on Broadgate, and a pub called The Swan Inn in Esher.

- A compact edition of José Pizarro's best-selling Spanish cookbook.
- Demystifies Spanish cooking, showing how simple it is to make.
- Glorious food and travel photography throughout.

Going for raw

Fiona: My humble beginnings in providing a better diet for my dogs started about sixteen years ago when I received a call from my mother-in-law, who was very excited to tell me that she had just heard Jackie French saying on the radio that it's really healthy to feed your dog raw chicken necks and raw chicken wings. Not sure if it was initially out of pleasing my mother-in-law or that it was super easy and convenient to prepare raw chicken with bone and a cup of kibble. It fitted in with my very busy life. I'd buy a weekly supply from the butcher and freeze them in batches and defrost them for the evening meals.

It was me that needed to be weaned off the convenience of kibble. It started with an expensive visit to the vet to have Holly's teeth cleaned and then simultaneously stumbling across the amazing book Give Your Dog a Bone by Dr Ian Billinghurst: a culmination of things that led me to study canine nutrition and know that feeding Holly predominately a raw diet was my choice. The results of changing Holly's diet to raw meaty bones, muscle meat, a little offal, fruit and vegetable and some complex carbs (in the form of brown rice, barley and quinoa) have been outstanding. Holly has a better temperament and a more relaxed demeanour, better oral health, a shinier and healthier coat, and lastly, smaller, firmer and not so smelly poops.

Tip: A raw diet that contains no additives, fillers or preservatives can dramatically reduce hyperactivity problems.

WHEN PREPARING A RAW DIET KEEP TO THE RULE OF THREE:

1/3 raw meat
1/3 raw meaty bones
1/3 complex carbohydrates/unprocessed carbohydrates, vegetables and fruits

Good foods to include in a raw diet:

- Bananas
- Blueberries
- Beef (mince, ox heart)
- Carrots
- Chicken (feet, frames, wings)
- Cauliflower
- Duck (neck, wings)
- Eggs
- Greek yoghurt
- Herbal meal supplement
- Kefir
- Sprouted lentils
- Organ meat (liver)
- Pork (ribs)

SAMPLE RAW DIET 01



XX | Basics

Basics | XX





draft cover

My Dog Eats Better Than Me

Home-made Goodness for the Most Important Member of the Family
Fiona Rigg and Jacqui Melville

June 2021 | FB | CKB117000
\$19.99 | 9781743796870
160pp | 6.3 x 8.3 in
Full color illustrations throughout

I S B N 978-1-74379-687-0



***My Dog Eats Better Than Me* is the ultimate recipe book for every dog owner.**

This book is for owners who understand that dogs are family and deserve to be nourished with healthy, considered, home-made meals and treats. *My Dog Eats Better Than Me* makes this possible with up to 60 recipes across multiple chapters, from cookies to main meals, from puppies to doggie celebrations.

In this fully photographed, beautiful book, Fiona Rigg and Jacqui Melville offer tips on dog nutrition, ingredients to use (and avoid) and storage tips as well as providing easy visual recipe references for people who are looking to prepare food with specific attributes (such as vegan, low calorie, and calming). It includes a chapter on doggie yoga and wellness.

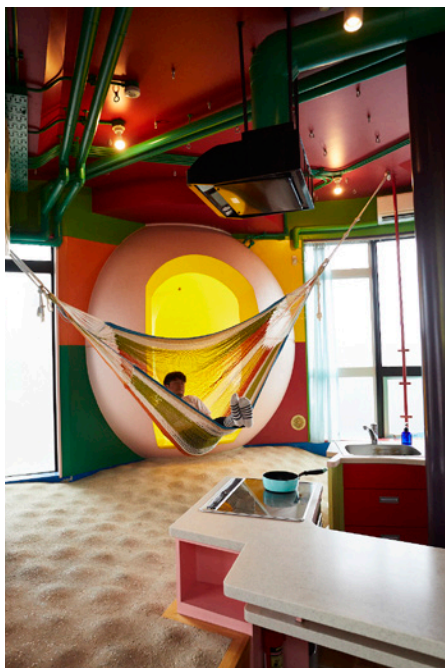
Fiona Rigg is a long-time food stylist and recipe developer who has worked with many leading industry figures before finding her calling focusing on the canine world and established the award-winning PAWDinkum brand of bespoke dog snacks and spa treatments.

Jacqui Melville is a photographer and dog's best friend.

- Playful, entertaining and eminently gifted, this book also responds to the growing demand for information about how we can care for and nurture our pets better.
- Fiona and Jacqui are expert authors with long experience creating dog food and treats.



Home & Lifestyle





draft cover

Vivid

Style in Colour

Julia Green and Armelle Habib

July 2021 | HC | HOM003000

\$40.00 | 9781743796504

240pp | 8.5 x 11.1 in

Full color photography throughout

ISBN 978-1-74379-650-4



9 781743 796504

Take joy from color and the magic it can bring to the spaces we inhabit.

Vivid is an interiors book celebrating the influence of color in the world of design and our everyday lives. Including interviews with leading proponents of the art of color around the world, the book is built around insights gleaned by stylist Julia Green over several decades, including the application of color in both the home and at work to create different outcomes for spaces we inhabit.

Photographer Armelle Habib contributes stunning interiors photography alongside travel vignettes that tell the story of how different palettes are interwoven into our lives without us necessarily even being conscious of them.

Julia Green runs the successful website Greenhouse Interiors, a leading destination for people seeking boutique textiles, homewares, fine art, and interior styling services.

Armelle Habib is a Melbourne-based interiors photographer. She is published in leading international publications including *Elle Decoration*, *Living etc UK*, and *Belle*.

- Includes homes around the world. Profiles include Martyn Thomson (New York/Sydney), Laurence Leenaert (Marrakech) and Roze and Pierre of Los Enamorados (Ibiza).
- Julia is a proactive self-promoter with a savvy team behind her. Julia's Greenhouse Interiors has 178k Instagram followers.





holding image

Design Secrets

How to Design Any Space
and Make it Your Own

Kit Kemp

April 2021 | HC | ARC007000 |
\$35.00 | 9781784884246
240pp | 7.5 x 9.8 in
Full color photography throughout

ISBN 978-1-78488-424-6



Internationally renowned interior designer reveals the secrets behind her design process.

In *Design Secrets*, hotelier and interior designer Kit Kemp shares her ideas and inspiration for creating the perfect space.

Kit covers a range of topics, from specific advice on how to dress a shelf, choose curtains and create a collection to ideas on how to get inspired. She also offers solutions to common design problems, including how to decorate a small space, choose color and bring light to a dark room. All of this will be illustrated with images from Kit's stunning hotels and personal projects.

An essential for lovers of interior design, *Design Secrets* is full of exciting ideas on how to update your space and make your house a home.

Award-winning interior designer **Kit Kemp** is known for her stylish and witty interiors. With her husband, Tim, she owns Firmdale Hotels, a group of luxury hotels including Ham Yard, Haymarket, The Soho, Charlotte Street, Dorset Square, Knightsbridge and Number Sixteen in London, and Crosby Street and The Whitby in New York.

- Acclaimed hotelier and interior designer Kit Kemp reveals her design secrets.
- Kit reveals how she designs rooms, covering subjects from 'How to use art to tell a story', 'How to dress shelves' and 'Ceilings as a design feature'.



Also available
Design Thread
9781784881948



Also available
Every Room Tells a Story
9781784880125

	<h2 style="text-align: center;">STEPHEN JONES</h2> <p>All hail the punk king of hats. One of the original Blitz Kids - the flamboyant New Romantic student set who hung out at London's celebrated Blitz nightclub in the late 70s and early 80s - Stephen Jones made hats for nightlife stars. As a young clubber, he rubbed shoulder pads with the likes of Boy George, Jean Paul Gaultier, Isabella Blow, and Grayson Perry.</p> <p>After the onetime punk's successful collection for Fiorucci in 1979, Blitz owner Steve Strange helped bank roll the young Stephen Jones's brand. His art school cool and celeb clientele allowed Jones to pivot his customer base towards the cream of London society, and he soon counted Princess Diana as one of his loyal fans. 'She knew [wearing a hat] was part of being royal,' said Jones in 2017. '...she understood...that it was part of the responsibility - to be identifiable. It was a symbol of royalty.'</p> <p>Diana loved other high-end milliners, too, from Philip Somerville, and Graham Smith of Kangol to John Boyd, and Frederick Fox. To create bespoke millinery for Diana, each designer had to follow royal etiquette, meaning their designs must never have wide brims that might hide the face from onlookers - and they must be firmly fixed in place. Jones' handmade berets were perfect, created for a young Diana in her 20s, rendered in slouchy rich velvets or suede, giving each hat a slightly relaxed, youthful look. He embroidered each one with her initials and the Prince of Wales feathers.</p> <p>As Diana's personal style evolved, and her place in the royal family was renegotiated, it was hats off for her favourite milliners as she started to break with protocol and wear less headpieces, but Jones has always had a special place in the hearts of the royal family. Kate Middleton is a fan, and Meghan Markle wore a white Stephen Jones beret at the Commonwealth Service in March, 2018, a pleasing nod to her late mother in law, perhaps.</p>
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15
Royal Icons III

	<h2 style="text-align: center;">GIANNI VERSACE</h2> <p>In the 1990s, famed Italian design powerhouse Gianni Versace was perhaps the most beloved and successful fashion designer in the world. With his friend Princess Diana, the pair created a number of legendary fashion moments, not least the electric blue silk gown she debuted at the Heart Foundation ball in Sydney. In 1996, Princess Diana embarked on an official tour of Australia, and the Versace Atelier one-shouldered dress was a true showstopper. Gianni really understood what suited Diana; one-shouldered gowns always looked great on her statuesque frame, but the colour and relative simplicity of the gown made it an iconic look.</p> <p>Versace also dressed Diana for a Harper's Bazaar UK shoot in 1991 with photographer Patrick Demarchelier, and the images appeared on the cover in 1997, just after her death. The jewellers' Versace Atelier column dress, apparently the first Gianni made for the princess, is rendered in pale blue silk with gold studs, and bejewelled with glass beads in aquamarine, sky blue and white, and reached almost \$200,000 at auction in 2015.</p> <p>Both Versace and Diana passed away in 1997, both in shocking circumstances. In Vanity Fair, published just two weeks before his own death, Versace said of the princess: 'I had a fitting with her last week... and she is so serene... It is a moment in her life, I think, when she's found herself - the way she wants to live.' Diana attended Gianni's funeral on July 22, 1997 and passed away herself less than a month later.</p>
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9
80s High Life & Dying III



Diana: Style Icon

A Celebration of the Fashion of Lady Diana Spencer, Princess of Wales

Dan Jones

March 2021 | HC | DES005000

\$19.99 | 9781784883812

192pp | 5.8 x 8.5 in

Full color illustrations throughout

ISBN 978-1-78488-381-2



9

50 of Diana's most iconic dresses and the stories behind them.

When Diana Spencer—the young, shy, doe-eyed British noble—became engaged to Prince Charles, she was thrust into the spotlight overnight. Navigating fandom previously unknown in the pre-social media age, Diana emerged not only as ‘the queen of people’s hearts’ but as an icon of style, right up until her untimely death in 1997.

Diana: Style Icon showcases her fashion evolution, from 80s ruffles to memorable red-carpet classics, exciting off-duty looks and her confident, considered ‘revenge look’, which emerged after the break-up of her marriage.

This book is a celebration of the Princess of Wales, her love of fashion, of life and her everlasting influence on culture, celebrity, and style.

Dan Jones is a writer and editor living in London. Formerly the shopping editor at *i-D* magazine, *Time Out*’s Style editor and Senior Men’s Editor at ASOS, he’s an expert in style, grooming, and booze. He is the author of a number of books including *The Mixer’s Manual*, *Man Made*, and *Gin: Shake, Muddle, Stir*.

- Despite her death in 1997, Lady Diana continues to be a fashion inspiration today.
- Diana is set to feature in *Netflix’s The Crown* this autumn, which has over 73 million viewers worldwide.
- Still cited as a fashion influence from celebrities today, including Rihanna and Hailey Bieber.

“
in order
TO BE IRREPLACABLE
one must
ALWAYS BE
different
”

22



23

A wealth of personal touches can be found in Chanel's upstairs apartment at 31 Rue Cambon.

The space, once used to entertain Salvador Dalí, Elizabeth Taylor and Pablo Picasso, remains a bird's nest of eclectic objects and furniture collected by the designer.

Throughout her life Chanel amassed a unique collection of treasures: a painting, *The Kiss of Whist*, by her friend Salvador Dalí, an ancient Russian icon from Igor Stravinsky, a golden sculpted hand by the artist Alberto Giacometti and golden boxes given to her by the Duke of Westminster.

66



67



Coco Chanel Special Edition

The Illustrated World of a Fashion Icon
Megan Hess

May 2021 | HC | DES005000
\$35.00 | 9781743797440
208pp | 7.4 x 9.8 in
Full color illustrations throughout

ISBN 978-1-74379-744-0



A special anniversary edition of this much-loved global bestseller.

A special enlarged edition of the international bestseller **Coco Chanel: The Illustrated World of a Fashion Icon** celebrating 50 years since Coco's death, 100 years of Chanel No.5 and five years since the original release of this beautiful illustrated biography from globally renowned illustrator Megan Hess. Discover the story of Coco's amazing early life, the iconic fashion empire that she built, and the legacy that she left behind, brought to life with Megan's stylish and whimsical illustrations.

This special edition features a larger format, beautiful new cover and a ribbon.

Megan Hess is the bestselling author and illustrator of adult and children's books. She is also an acclaimed fashion illustrator who works with some of the most prestigious designers and luxury brands around the world—including Chanel, Dior, Prada, Cartier, Fendi, Louis Vuitton and Tiffany & Co.—and she illustrated the iconic cover of *New York Times* best-selling novel *Sex and the City*, written by Candace Bushnell.



Also available
Illustrated World
of Couture
9781743794449



Also available
Paris
9781743792476

- 2021 marks 50 years since Coco Chanel's death, 100 years of Chanel No.5 and five years of this beautiful, bestselling book.
- The original Coco Chanel has sold over 200,000 copies worldwide and been published in nine languages.
- This gorgeous edition will feature a beautiful new textured cover and endpapers plus a ribbon!

Snake Plant

(Sansevieria Trifasciata)

If you're looking for a low maintenance plant that is suitable for almost any environment, look no further. This extremely forgiving plant will tolerate any light condition (so long as there is some natural light in the room), long periods of drought, and dry or overwatering. It's common to *kill* and *resurrect* Snake plants. The thick, fibrous leaves which store water during dry seasons and can often slightly curl to reduce the surface area exposed to dry air. A few watering tips are recommended to ensure the *Sansevieria* isn't sitting in sodden soil, so that can cause the roots to rot.



Light
Can tolerate bright, direct light or heavy shade, but will grow faster the brighter the light.



Watering
Sansevieria prefer to be left to completely dry out between waterings. Water freely in a warm spot over summer, but make sure to reduce watering drastically over winter. Avoid leaving it to sit in water as this can cause rot, although they are likely to survive it.



Temperature
An average temperature of between 10°C and 24°C is fine. Try to make sure temperatures don't drop below 10°C.



Humidity
It can tolerate most levels of humidity found in the home, including areas with dry air or strong draught.

FACT

Sansevieria is known for purifying the air and is amongst the top houseplants rated by NASA for removing harmful household toxins such as benzene and formaldehyde.

14 THE GREEN INDOOORS



THE GREEN INDOOORS 15

Adaptation

(cont.)

The process of change by which a species becomes better suited to its environment

It's possible to understand the conditions your houseplants can be found growing in by simply looking at their leaves, stem and habit of growth. By finding out the climate your plants have adapted to, it's possible to then try to recreate those conditions for them at home. Take a cactus for example, with a thick, succulent stem and leaves turned into spines- we can assume (from their water storing stem and heavily reduced leaf surface) that they can withstand long periods of drought, and strong sun. We can then gather from this that our cacti at home only need watering when the soil has been dry for some time and prefer a sunny window sill over a dark corner.

While it can be helpful to understand the needs of your plant by looking at them, it's important to note that visual characteristics can, however, change due to environment. For example, a succulent stuck in a dark space is likely to grow towards the nearest natural light source (a phenomenon known as phototropism), elongating its stem and changing its structure altogether to adapt to its environment. By observing and understanding these unique behaviours we can begin to work towards finding much better environments for them at home- and recognising when a spec isn't meeting requirements, and how this changes not only the health, but the physical appearance of your plant.

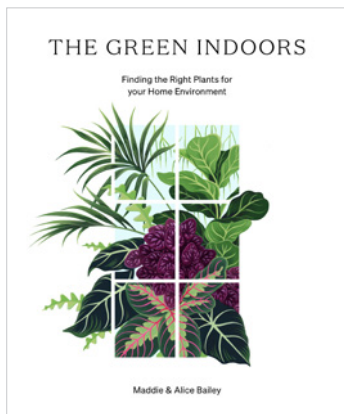
Some of the most recognisable plant adaptations have formed over thousands or even millions of years- by means of survival of the fittest. Going back to our cactus example, the spines (modified leaves) will not have adapted overnight. Instead, the cacti in the desert with smaller leaves will have had a better chance at survival, and those with larger leaves may have died from water loss. Those with reduced leaves who survived will have passed on their smaller leaved gene to their offspring, and over millions of years, this gene will have produced the spines we all recognise cacti for today.

Most plant adaptations are formed based on available light and water.

4 THE GREEN INDOOORS



THE GREEN INDOOORS 7



draft cover

The Green Indoors

Finding the Right Plants for Your Home Environment

Maddie Bailey and Alice Bailey

May 2021 | HC | GAR010000

\$24.99 | 9781784883959

160pp | 6.3 x 8.3 in

Full color phototography throughout

I S B N 978-1-78488-395-9



A house plant book that matches your home with natural environments, for thriving plants.

By matching awkward spaces in your home with environments in the natural world, *The Green Indoors* is here to show you how you and your home can find the perfect plant matches. A selection of plants are profiled, including mini maps to indicate origin, easy-to-follow tips on feeding and watering, optimum conditions, prospective growth, and, of course, stunning photography and illustration. A troubleshooting chapter deals with common problems, and what to try when all hope is lost. By focusing on working with the plants you already own to relocate them to improve their growth, this is a sustainable and innovative approach to plant care.

Hailing from a London plant and flower dynasty—their grandfather was a Dutch flower merchant and nursery owner, and their mother the celebrated horticulturalist and author Fran Bailey—**Maddie** and **Alice Bailey** head up Forest London, a cult plant shop with two sites in South London.

- Focuses on awkward spaces of the home and what plants would work well there, based on natural habitats.
- Covers everything from wondowless bathrooms to overly air-conditioned apartments.
- Provides a directory of the most commonly purchased plants.
- In-depth troubleshooting detailing common ailments, and how to fix them.



Salad Bowl Window Racks

Difficulty level:

Easy/Very

You will need:

Over-door hanging storage rack (see text)
Approx. 16 to 20mm pins depending on the design of the rack
2 x 25cm hanging planter

Suitable plants:

Herbs, such as coriander, dill, basil
Salad leaves, such as rocket, lettuce, cress
Tumbling tomatoes, such as clematis
Patio cucumbers

We know that one of the essentials we need to supply plants with to help them thrive is light. It's a non-negotiable as far as plants are concerned. Windows are the perfect place source of life-giving light in our homes and so, inevitably we often find ourselves focusing our growing efforts around the window. However what do you do when you have reached that inevitable stage where your precious window sill real estate is full to bursting but your plant collection is still ever growing? Well here is a ridiculously fast and easy way to maximise all that space and light and turn your whole window into a growing area.

Use an over-door hanging storage rack to create a beautiful vertical garden that also offers you total flexibility as it can be easily moved around the home or even from indoors to out as you choose. They can provide an equally space saving solution outdoors as well as in the home, offering a way to utilise external window space, can be hung on a sunny wall or fence to form a green wall or can even add rows of growing room to your greenhouse.

PROJECTS 123

Salad Bowl Window Racks

THE TOOLS

HOOKS

Over-door storage racks come with integrated hooks at the top and are designed to hang from the top of a door adding rows and rows of storage space without obstructing the ability to open and close said door. They are therefore indeed perfect for use in exactly that way it, like you have a glass door, you can suddenly make use of all that light and space you would never really be able to utilise, without still retaining a fully functioning door.

SHELVES

The next thing to figure out is how many pots your rack can hold. As a general rule, racks tend to fit 2-4 10cm pots on each shelf of the rack, with a shelf rack like the metal one that gives you enough for 10 plants. When selecting your pots there are 2 things to bear in mind. Firstly size, be sure they fit comfortably into the shelves. It's worth measuring this as it can be so frustrating to find that they are just slightly too big and therefore won't fit down fully into the available space. Secondly, if your rack is designed primarily for indoor use, use pots with no drainage holes on the bottom. This will ensure you avoid inadvertently creating a slippery mess inside your kitchen when it comes time to water. For outdoors use, aim for pots with



HANGING STORAGE RACK

First select an over-door hanging storage rack. There are a wide selection of these available for use in kitchens and bathrooms, they generally cost very little and are available in a range of designs, including a classic and widely available design and probably the most common on the market, see page 124 for suggestions. It's a simple but must construction to attract for yet carefully strong enough to support a whole host of plant babies.

THE PLANTS

LETTUCE AND ROCKET

Rows of individually potted lettuce and rocket do really well in here and can provide a really steady supply of leaves. If you continue to harvest what you need from the bottom, see page 124 for more information about harvesting.

CUCUMBERS

Patio variety cucumbers can climb up the sides like trellis, winding their little tendrils through the mesh of the shelves, they will happily scale the structure and start producing a mass of pretty yellow flowers and an ample supply of progress crisp cucumbers.

HERBS

Basil and chives will take your salads to the next level, and are known as cut and come again plants, due to how quickly they grow back once leaves are snipped.

EDIBLE FLOWERS

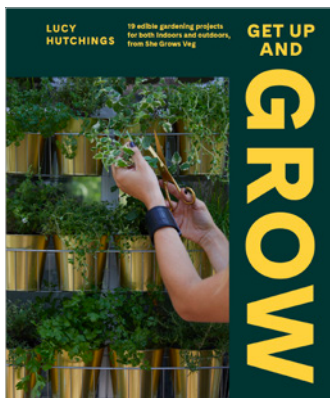
This is entirely optional, but for a real pop of colour, add edible flowers such as violas, pansies or nasturtiums, stunning on the racks, and perfect for popping up your plate, too.

TOMATOES

All the shelves full. Perfect Now to add the finishing touch in the form of hanging baskets suspended from the bottom shelf, filled with a cascade of trailing tomatoes. Now you have a stunning one-stop shop for creating the most delicious home grown salads.



PROJECTS 123



draft cover

Get Up and Grow

20 Herb, Fruit and Vegetable Gardening Projects for Indoors and Out, from She Grows Veg

Lucy Hutchings

April 2021 | HC | GAR025000

\$23.99 | 9781784883928

160pp | 7.5 x 9.1 in

Full color photography throughout

ISBN 978-1-78488-392-8



A vegetable gardening book by a gardener taking Instagram and YouTube by storm.

In this truly innovative book Lucy Hutchings—aka She Grows Veg—proves that vegetable gardening doesn't always require outdoor space. Through clever uses of space and containers, the understanding of growing conditions and a unique, design-led approach, Lucy showcases that anyone can grow pretty much anything in their back garden, courtyard, balcony or kitchen. Lucy creates 20 projects, from living vegetable walls and hydroponics basics, to indoor squash arches and hanging spice gardens that have all the decorative style and visual interest of ornamental house plants.

Lucy Hutchings was a couture jewelry designer for Rihanna, Kylie Minogue, and Cheryl Cole. But now, she is known as She Grows Veg. An Instagram gardening sensation, she has turned her design eye to all things edible, and is on a mission to make gardening appealing to a younger and more style-conscious audience.

- A stylish book on vegetable gardening, for indoors and outdoors.
- Ranging from windowsill projects and DIY hydroponics to an indoor 'vegetable patch' desk.
- Lucy partners with The European Space Agency and Indoor Garden Works Hydroponics, among others.
- An innovator in the gardening world.



6

REGROWN

Beetroot

Spring onions (scallions) really are a great place to start if you're new to caring for plants or gardening. By following a few simple steps you'll be rewarded for your efforts within days.

If you enjoy cooking a variety of dishes, you're probably used to working with the spring onion. Their mild but distinctive flavour means they can be used in fresh dishes and salads or cooked in stir-fries. They're also perfect for those last minute improvised culinary creations.

It's best to use the freshest products you can find if you're planning to regrow your scraps. We like to keep multiple spring onion cuttings growing at the same time - think of it as your own indoor vegetable patch. Just take what you need as and when you need it.

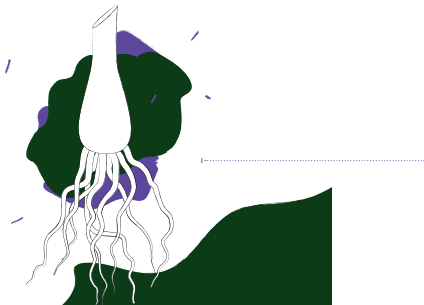
Growing Speed	FAST
Difficulty level	EASY
Position	PARTIAL SUN / SUNNY
Temperature	COOLER
Use	EDIBLE
Container	SMALL / MEDIUM / LARGE

HARVESTING FROM YOUR WINDOWILL

7

You will need

Fresh water and a sunny spot
A glass jar or vessel
Pebbles or marbles
Scissors/sharp knife
Optional plant pot and soil



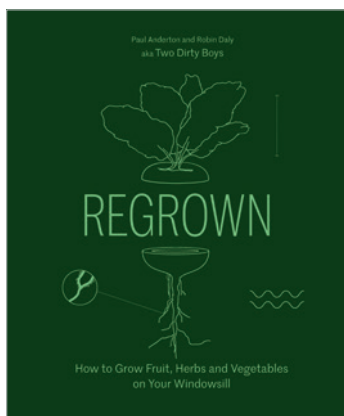
8

REGROWN

To regrow your spring onion scraps

- 1 With kitchen scissors or a sharp knife cut the bottom inch or two off the spring onion. You're aiming to retain the roots and two thirds of the white bulbous area, so your plant has what it needs to start re-growth immediately.
- 2 Your choice of glass jar or vessel will depend on how many spring onions you're growing at any one time. Fill the jar with about an inch of pebbles or marbles. These will stabilise your spring onions as they grow.
- 3 Now insert the spring onions gently amongst the pebbles. Add enough cool fresh water to cover just above the roots of your cuttings.

9



draft cover

Regrown

How to Grow a Garden on Your Windowsill
Paul Anderton and Robin Daly

March 2021 | HC | GAR025000

\$24.99 | 9781784884031

160 pp | 7.5 x 9.1 in

Full color photography throughout

I S B N 978-1-78488-403-1



**Grow delicious fruit and veg from kitchen scraps
on your windowsill.**

Regrown is a beginner's guide to growing fruit and vegetables from kitchen scraps. With a focus on repurposing produce found in any store, it shows how to regenerate, propagate and give new life to cuttings otherwise bound for the trash can. Ranging from fruits and herbs that will sprout in a matter of days, to vegetables that will delight in later seasons, this easy-to-follow book includes everything from carrot tops and mushroom stalks to ginger, avocado, and even pineapple. Paul and Robin guide budding gardeners through the process of reusing items to grow plants that are every bit as delicious as their first incarnations. What's more, all you need is a jar and fresh water, before letting nature do its thing.

A professional in the arts by weekday, a passionate allotmenteer by weekend, **Paul Anderton** grows fruit and veg in his East London patch with friend **Robin Daly**, and documents their trials and tribulations on the Instagram account @TwoDirtyBoys

- Easy beginner's guide to growing vegetables from kitchen scraps.
- Step-by-step illustrations to show plant growth week-by-week.
- Projects divided by growing time and space needed, from windowsills to small indoor and optional outdoor pots.

WHAT TO GROW

I have one question: what do you like to eat? Obviously, there are a few other things to bear in mind but overall, it really is as simple as that when it comes to growing your own. Once you've figured that part out, have a think about which vegetables taste better fresh to you or which ones you can still buy from the shops which taste just as good. For example, we all know nothing beats a tomato fresh from the vine whilst potatoes can take longer to grow, and you can buy locally grown ones cheaply from your shop down the road.

This then feeds into your needs. You might want to attempt growing as much veg as you can to sustain yourself, perhaps enough to halve your food bill or you might want to grow a few tomatoes. To be honest, too little is sometimes better than too much as you can become overwhelmed by how many plants you've got to look after and you might find yourself unsure as to what to do when you experience a glut of courgettes. Slow and steady wins the race and I do suggest building up how much you grow over the years as your confidence blooms.



WHAT DO I NEED TO KNOW BEFORE I START?

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CUCUMBER

SOW:
February–June

PLANT:
June

SPACE:
30cm apart or one plant per container

HARVEST:
July–August

Cucumbers are a great vegetable to grow if you're a first timer. They don't make them down the supermarket like the ones grown at home, let me tell you that! They're best eaten fresh though you can always pickle them or even pick them when they're smaller, so you have gherkins. The plants are quite big so if you live in a smaller space, I would suggest buying a snacking variety which will produce perfect mini sized cucumbers.

GETTING STARTED

Seeds

It's best to get the seeds going in May as they need warmer temperatures to germinate. Sow 1 seed per pot, about a palm-wide, 2cm deep (though it's always worth checking the instructions on the packet) then cover with soil and water them. Cucumbers don't like the cold so leave them to do their thing in a sunny spot be it in a green house, a propagation tray or a windowsill and ensure to water them regularly. They should be ready to go outside within a month though make sure that the last frost of May has been and gone before you do so. If you don't have any outside space, they will continue to thrive indoors.



Seedlings

Seedlings are available from gardening centres in Spring. When buying them, check to see if they've been 'hardened off' i.e. they've already been outside for a little while. Cucumbers don't like the frost so don't even think about putting them out until the final frost of May has passed – you don't want to be known as the cucumber murderer. If they haven't been outside already then you should bring them indoors in the evenings for the first few weeks so they can acclimatise to the fresh air. I know, it's like having a baby.

TIME TO THRIVE

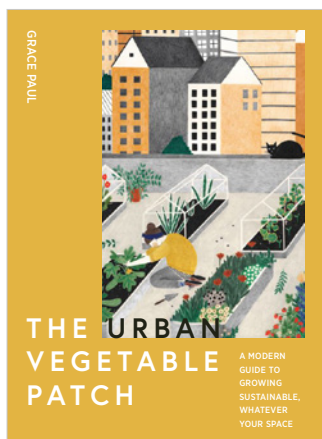
Once your seedlings are 15–20cm high or you've hardened up the seedlings you've bought, they're ready to go into the big outside world, if that's your setup, or into a larger pot. They thrive in a sunny yet sheltered spot. Before you plant them out, enrich the soil if possible, using compost or manure if you're putting them straight into the ground. You can transfer the seedlings into the ground direct or into a large pot/grow bag/raised bed. If you're tight on outside space, you can train them to climb up a trellis or wooden canes, so they don't take over the area. When planting the seedling, dig a hole as deep as the pot the plant has been in and pop the seedling in. Firm the soil around it and water it well to ensure that the roots are kept moist.

LET'S GET GROWING

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LET'S GET GROWING

33



draft cover

The Urban Vegetable Patch

A Modern Guide to Growing Sustainably,
Whatever Your Space

Grace Paul

March 2021 | HC | GAR025000

\$16.99 | 9781784884277

176pp | 5.3 x 7.3 in

Full color illustrations throughout

ISBN 978-1-78488-427-7



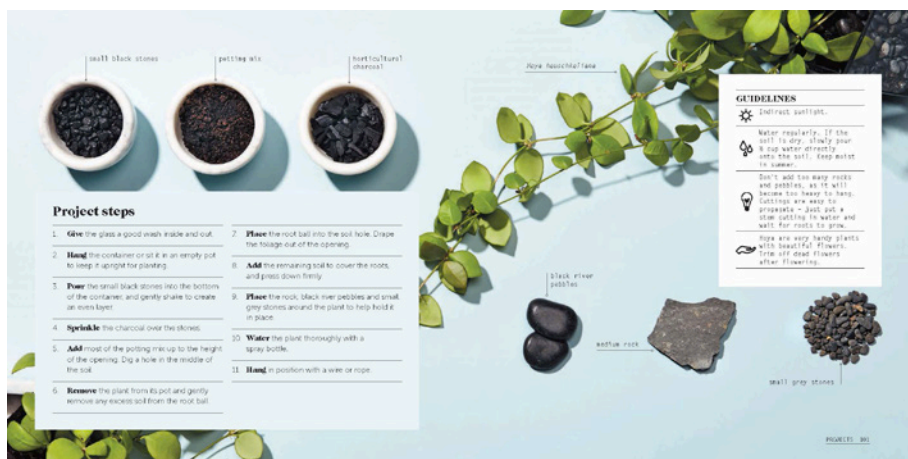
9

Practical projects to growing organically, no matter your space.

The Urban Vegetable Patch is an eco-friendly guide to growing green, no matter your space. Starting with how to set-up your own vegetable patch up—be it on a windowsill, a balcony or even a community garden—you will learn how to make the most of your space, whatever the size. From how to grow vegetables organically—from seed or even food scraps—to making your own fertilizer, as well as practical tips on how to cook, store and share your haul, reduce your use of plastics and water, and even how to plant for wildlife, this book will inspire you to grow your way to greener way of living—so dig in!

Grace Paul is an editor and writer who grew up around plants. Having been lucky enough to have access to a community garden space, she spent her childhood helping her mom grow vegetables and plants and it has been something that has stayed with her ever since.

- An accessible guide to growing sustainably, whatever your space.
- More people than ever are looking for ways to live a greener life.
- Illustrated throughout, filled with tips, advice, projects and recipes.
- Aimed at the environmentally-conscious millennial.





Miniscapes

Create Your Own Terrarium

Clea Cregan

April 2021 | HC | GAR010000

\$14.99 | 9781743796863

160pp | 7.1 x 7.1 in

Full color photography throughout

ISBN 978-1-74379-686-3



Discover the creativity and fun of making your very own indoor garden encased in glass.

Between its covers, *Miniscapes* offers everything you need to know to create healthy, happy terrariums that are cheap to make and easy to maintain.

Miniscapes will inspire you with 16 projects covering four biomes (Desert, Forest, Carnivorous, and Air plants) and equip you with the knowledge you need about soil and rocks, moss, tools, propagation, choosing your plants and containers, and designing your tiny landscape. (You can even upcycle things you already have at home.)

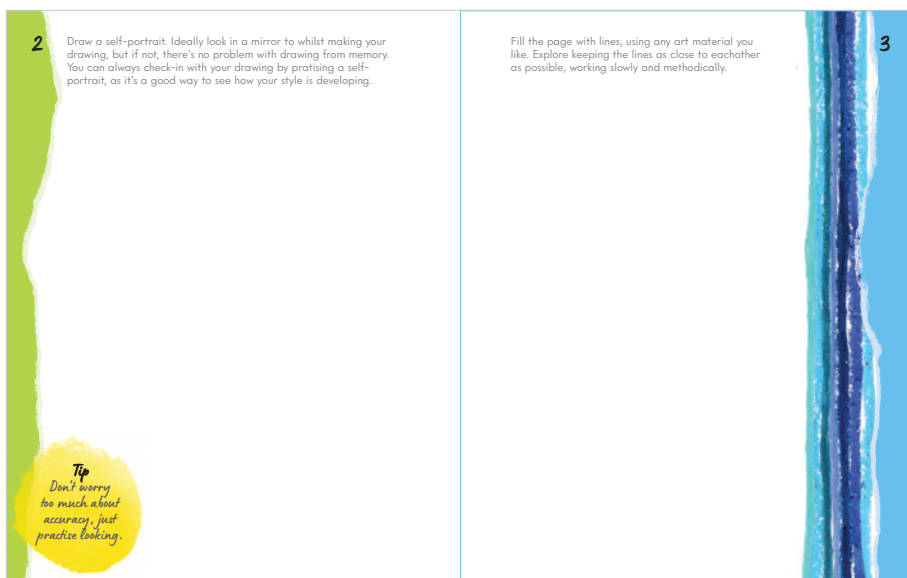
Whether you're a city dweller starved of nature or simply lacking the time or patience for maintenance, *Miniscapes* will guide you to create beautiful living sculptures that can be adored all year round, whatever the weather outside.

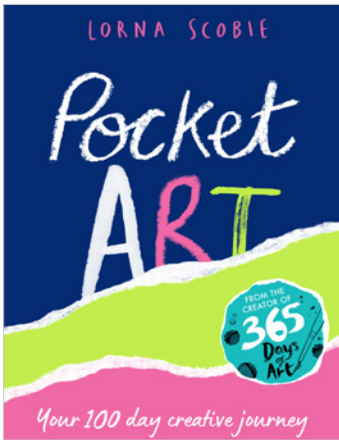
Clea Cregan caught the terrarium bug in 2007. Since then, she has created Miniscapes, her terrarium-making business. The business is regularly featured in magazines and newspapers, and remains a leader in terrarium gardening.

- This book will guide you to create beautiful landscapes for your home or office, or as gifts for loved ones.
- Not only for green thumbs, *Miniscapes* is suitable for all skill levels.
- Each project can be adapted to the equipment you already have at home, tapping into the sustainability trend.



Wellness & Inspirational





draft cover

Pocket Art

Your 100 Day Creative Journey
Lorna Scobie

March 2021 | HC | DES003000

\$19.99 | 9781784883980

144pp | 5.5 x 7 in

Full color Illustrations throughout

ISBN 978-1-78488-398-0



100 art activities to do whenever and wherever inspiration strikes.

Pocket Art features 100 art activities to do on your daily art work-out. Bringing creativity into daily life, Lorna Scobie encourages you to react to the present, and to live more in the moment through simple, observational-based art activities. Through creative prompts and quick-sketches—which you can then be used to develop bigger, more detailed artworks at home—activities will incorporate mindfulness, gratitude, skill-building and enjoyment, acting as a daily check-in for inspiration and creative play. Designed to be drawn into the book, and providing you with the friendly encouragement you need to explore your creativity and record your experiences, *Pocket Art* will build your confidence as an artist and is the perfect spring-board to create your very own sketchbook.

Lorna Scobie is an illustrator and designer, now based in south London. Growing up surrounded by nature has heavily influenced her illustrations and her work often revolves around the natural world. Lorna draws every day, and always has a sketchbook close to hand when she's out and about, just in case.



Also available
365 Days of Art
in Nature
9781784883256

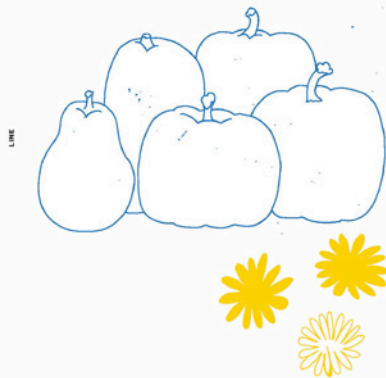


Also available
365 Days of
Drawing
9781784881955

- From the best-selling author and illustrator of the *365 Days* series.
- Small, portable format, with lay-flat binding and exposed spine.
- Taps into the current art-on-the-go trend and creating your own sketchbook.

TRACEABLE

Tracing over the newspaper is something I did growing up (much to the irritation of other members of the family who still wanted to read it). It helped me get a feel for faces, scenes and letterforms, but it also just enables you to get a feel for using a pen to create lines. This is a great thing to try— whether you use a sheet of tracing (or baking) paper, or get right in there with your pen. To get warmed up, trace over the following drawings below, using an inkly tool of choice.



40

NOW TRAINING WHEELS OFF

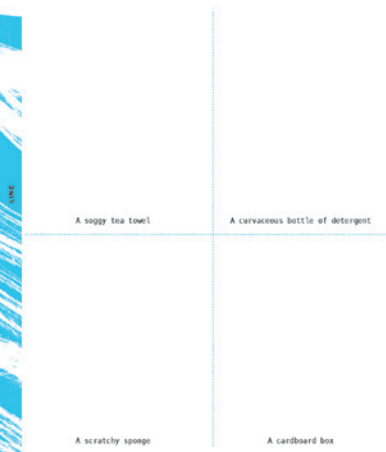
Take a pen and practice acceptance of the lines that you make with it. Draw the following shapes, working quickly and definitively, and don't worry if they don't come out as expected!



41

VARIED LINES

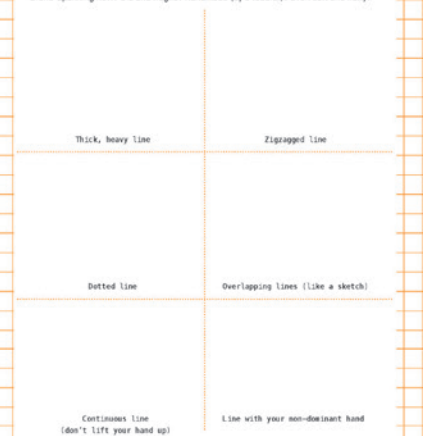
Using the same tool, vary your linework to draw things from the kitchen. Try to tell the viewer as much information about them as you can, using only lines. Don't be afraid to totally exaggerate how they feel!



46

TEACUPS

It's fun to see just how easily you can manipulate a line to change the feeling of an object, and even give a sense of texture in your drawing – through nothing but an outline. Select a teacup or mug and experiment with drawing it over and over, using totally different types of lines. Take a look at your cups: how does each one feel? Brand-spanking new? Old and fragile? Handmade (by a toddler)? Even soft and fluffy?



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draft cover

Still Life Drawing

A Creative Guide to Observing the Things Around You

Alice Oehr

April 2021 | PB | ART028000

\$19.99 | 9781743796986

288pp | 6.9 x 8.7 in

Full color illustrations throughout

ISBN 978-1-74379-698-6



A workbook of creative and mindful exercises inspired by still life.

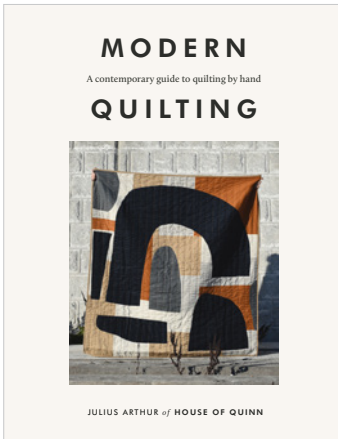
Many people say they can't draw, but everyone can. *Still Life Drawing* reminds us that putting pen to paper is a simple pleasure, available to anyone. And when it comes to combining colors, playing with pattern and exploring shapes, there are no rules. Taking inspiration from the objects we encounter is a great place to start, and can help us to find creativity and meaning in our everyday lives.

This beautiful book of quick, achievable, and fun exercises from graphic artist and designer Alice Oehr will inspire you to put your own spin on still life and create artworks with what you have.

Alice Oehr is a graphic artist and designer from Melbourne, Australia. Her distinctive colorful style incorporates her love of food, pattern, collage, and drawing. She works with clients all around the world, and her ideas and illustrations have made their way onto textiles, homewares, magazines and more than 20 books, including her own, *The Art of Cake*.

- As well as LOTS of practical and inspiring exercises, the book will also include quirky details about classic and contemporary still life art traditions.
- Exercises will easily translate to different mediums, including pencil, paint, collage, and even digital drawing, which is a passion for Alice.
- The book will be a beautiful object, perfect for gallery and museum shops.





draft cover

Modern Quilting

A Contemporary Guide to Quilting by Hand
Julius Arthur

April 21 | PB | CRA031000
\$22.99 | 9781784883942
144pp | 7.9 x 10 in
Full color photography throughout

ISBN 978-1-78488-394-2



20 stylish quilting projects for you and your home.

In *Modern Quilting* discover the versatility, comfort and style that a beautifully designed quilt can bring to your home. Long seen as a traditional craft-form, contemporary textiles designer Julius Arthur, guides you through the basic construction, patchwork and appliqué techniques of quilt-making, before showcasing 20 stylish hand-stitched projects perfectly suited for modern living. From a large-scale heirloom quilt, to a fashionable cross-body pouch, each project is minimal in design but with thoughtful details, making it ideal for first-time crafters. Complete with stunning lifestyle photography and clear instructions throughout, *Modern Quilting* will make you fall in love with this age-old craft and give you a new-found appreciation for textiles.

Julius Arthur is a designer and maker residing in Sussex and founder of House of Quinn, a design studio with a considered approach to making handmade objects for living spaces. Working with renewed and consciously sourced textiles, his collections centre on using traditional techniques to create contemporary objects with a sense of place and function.

- There is a gap in the market for a contemporary quilt book.
- This book offers a more accessible approach to textiles, perfect for beginner crafters.
- #quilting and #handquilting has over a million tags.
- Projects include large quilts, quilted cushions, wall-hangings, and more.





draft cover

Stitch in Bloom

Botanical-inspired Embroidery Projects
for You and Your Home

Lora Avedian

May 2021 | PB | CRA008000

\$22.99 | 9781784883966

160pp | 7.9 x 10 in

Full color photography throughout

ISBN 978-1-78488-396-6



**15 beautiful embroidery projects that showcase
the art of couching.**

Stitch in Bloom is a gorgeous new embroidery book, celebrating the traditional art of couching, an embellishment technique used to adorn fabrics. Artist and mixed-media textile designer Lora Avedian will first delve into the history of couching and the versatility of this craftsmanship, before showcasing 15 stunning projects to try yourself. Featuring ways you can enhance pre-owned garments and accessories, to creating statement pieces for the home, and with a nod to nature with each design, this book will emphasize the beauty of embroidery, the joy of stitching by hand, and making with intention.

Lora Avedian is a textile artist and designer from London, specializing in embroidery and embellishment. Lora has made couture textiles for interiors, arts and fashion, and has worked for Tracey Emin, Alexander McQueen, and JW Anderson. She has run workshops in at the Barbican, Royal Academy of Arts, Chateau Dumas, and Leighton House Museum, to name a few.

- Botanical-inspired embroidery projects for the modern maker.
- Projects include blankets, square cushion, round cushion, table-runner, napkins, wall-art and accessories to wear.
- Taps into the growing 'conscious craft' trend that encourages a more mindful approach to craft.
- Features stunning lifestyle photography and step-by-step illustrations throughout.

56

Homemade wellness products

all glass has been boiled to purify

all essential plastic containers have been washed thoroughly



bottles, containers, atomisers and roll-ons

Essential oils, carrier oils, also vera, Bach flowers, vitamin E

vodka, brandy, stickers, twine, pressed foliage

I hate discarding the empty containers of my favourite wellness products. These days I pretty much make all the things I use in my own daily ritual. Below are some of my favourites but feel free to mix and match the scents and textures.

Roll on headache oil

20 drops of peppermint oil
2 drops of chamomile oil
2 drops of lavender oil
Pop the ball out of your empty roller and add the drops above to the roller, top up with coconut oil.

Moisture spritz

Filtered water with added vitamin E oil will cool you down in summer and hydrate your skin. Add enough filtered water to nearly fill a 200 ml (7 fl oz) container and add 5-5 drops of vitamin E, more if you feel like your skin needs it.

Packaging

I've popped a cute coloured sticker and a dried leaf or flower on each container and tied it with twine. On the bottom of each container I've written the product's name, ingredients and how to use it.

Rescue remedy

Use a small glass dropper container. Fill two-thirds with filtered water then add a bit of brandy and fill almost to the top. Now add your Bach flower remedies. These will be significant to your personality. You'll need at least 3, so make sure you have researched them before buying. Add 2 drops of each Bach flower, seal and store in the fridge for no more than a month. You'll need to take 2 drops two or three times in a day.

Hand sanitiser

Your container size will tell you what quantities you need. Place equal parts (isopropyl alcohol for vodka) and also vera gel in a container and stir together. Starting with 3 drops each, or more if you have a larger container, add tea tree oil, cyprus oil (or eucalyptus oil) and lemon oil. Tea tree oil is a wonderful antibacterial agent and blends beautifully with a citrus smell.

Face oil

Base: 2 tablespoons
1 fl oz of argan oil or jojoba oil. If possible, test to see which oil your skin prefers. I use the below additives:
1 tablespoon rosehip oil for anti-ageing (or substitute with evening primrose for skin with breakout)
4 drops of roman chamomile (for sensitive skin)
3 drops of rose geranium for calming and anti-ageing!
Mix and pop into a small glass bottle. Your oil will keep for up to a year.

57

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Wrapping

EVERYDAY PAPER ITEMS

Don't stress if you haven't had time to make wrapping paper or rip out and buy it. Newspapers, flyers, magazines, vintage papers, sheet music, pages from old books, maps, train timetables, vintage sewing patterns and just about any other kind of paper item, new or used, can be utilised to wrap gifts. Try having a colour base and putting a band of unusual paper around the middle, then fastening with string.

COLORFUL BLOCKING

Bold colours can make a huge impact! Try wrapping your parcel with one bright colour, then wrap a portion of the parcel in another colour and tie it all together with a wide coloured ribbon. I think that two brights and a pastel can look lovely together, or two brights and a metallic copper, gold or bronze. Why not use black or white as a base and bring one colour in on a diagonal? Play with shapes and lines; work squares, rectangles or triangles into your design. Try matching the colour scheme to the contents of your package for a truly integrated look.

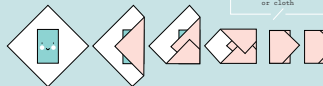
STAMP YOUR OWN PAPER OR FABRIC

Stamping paper and fabric is a fun activity that you can involve kids in, and is perfect for a craft afternoon with friends. Carve your own stamps or have some made from my templates (see page 31) for some truly personalised wrapping paper or fabric wrap.

Simple designs work best, and if you have a few pretty ink colours, you can layer the design. Triangles and circles work well, as you can haphazardly place them over each other to create an interconnecting design. If you are stamping onto fabric, it's important to remember to buy fabric-specific ink and to wash your fabric before use (especially if you are wrapping food).

Before stamping your final fabric or paper, have a good play. Try some ink combinations that are a little out of the ordinary for your comfort zone! Sometimes the imperfect or the unexpected becomes your favourite design, so don't be too precious about your placements!

a simple Japanese wrapping technique with square paper or cloth



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add your loved one's name

many furoshiki cloths are reversible



Sustainable Gifting

Upscale, Hand-Make & Get Creative
with Zero-Waste Presents & Packages

Michelle Mackintosh

April 2021 | HC | CRA000000

\$14.99 | 9781743796818

160pp | 7.5 x 8.7 in

Full color photography throughout

I S B N 978-1-74379-681-8



***Sustainable Gifting* is a beautiful, creative guide to gifting.**

Michelle Mackintosh is on a mission to encourage people to reconnect with each other with thoughtful, creative and sustainable gifts. Put together with Michelle's beautiful aesthetic, *Sustainable Gifting* brings back the art of crafting packages with love and care.

Containing ideas for sustainable gifts like potted plants grown from seeds, baked goods, beautiful handmade journals, and clever tote bags, this thoughtful guide to gifting also features self-made and recycled packaging ideas from delightful labels, string ties, wrapping paper, cards, origami boxes, and reused containers.

With projects that are easy to achieve with step-by-step instructions and templates, *Sustainable Gifting* will inspire everyone to think sustainably about creating zero-waste gifts with love.

Michelle Mackintosh Is a Melbourne-based book designer and illustrator with a passion for mixing up the discarded with the new, and collaging vintage, cute and modern aesthetics into something truly unique. She has designed and illustrated dozens of books on a wide range of topics, from cookbooks and craft to city guides and diaries.

- Beautifully illustrated with color photography throughout.
- Simple projects to inspire all ages.
- Zero-waste ideas for handmade and upcycled gifts.
- A guide to making gifts with a creative twist.



The Handbag of Happiness

And Other Misunderstandings,
Misdemeanours and Misadventures
Alannah Hill

March 2021 | HC | BIO022000
\$24.99 | 9781743796337
256pp | 5.5 x 7.7 in
Text only

ISBN 978-1-74379-633-7



**Real-life stories that flirt with trouble and find the
black humor and wisdom in modern-day chaos.**

Hilarious, often outlandish and always insightful, *The Handbag of Happiness* is a collection of essays that flout convention and celebrate the absurd. Evoking the classic humor of Nora Ephron and the modern sensibility of Sloane Crosley, author Alannah Hill shows us that perfection isn't all it's cracked up to be. Her hard-won wisdom from a career in the fashion world will charm and delight even (and especially) the most jaded of readers.

From *The Bathing Costume of Calamity* to *The Apron Strings of Lament* and *The Brassiere of Lovelessness*, Alannah shares, in her own imperfect way, how she overcame adversity—and sometimes didn't, despite her best intentions.

Alannah Hill is a designer, author, and stylist. For 17 years she was the founder and creative director of the brand Alannah Hill, one of Australia's most trailblazing and iconic fashion houses. In 2013 Alannah left her eponymous brand, and in 2015 launched her new fashion brand Louise Love.

- A blend of gothic hilarity and old-fashioned wisdom, offering a singular take on navigating life.
- Alannah Hill is one of Australia's most iconic and beloved fashion brands.
- Packaged in a black-foiled small hardback format, perfect for gifting.



Radical Rest

Get More Done by Doing Less

Richard Lister

February 2021 | PB | SEL024000

\$19.99 | 9781784883775

176pp | 5.1 x 7.8 in

Two color illustrations throughout

ISBN 978-1-78488-377-5



Why truly resting is the radical act that will change your life.

We live in a hectic world that demands us to always be 'on'. Whether it is pressure at work, or families to look after, rest is almost always an afterthought. We've been led to believe that rest, or the notion of rest, is quite the indulgence. In *Radical Rest*, trained nurse and holistic coach Richard Lister will provide you with a series of simple, effective ways to take responsibility for your own health and wellbeing, enabling you to cultivate a relationship with rest, to help your body heal and more importantly, stay in its optimum operating state. So that you can rest AND get more done.

Richard Lister is a Registered Nurse, health coach, Master NLP practitioner, integrated health and rehab specialist, and yoga teacher. He has worked in the NHS for 15+ years. He suffered a breakdown in 2013, which led him to study alternative health care. Richard speaks regularly on mental health issues, and presents workshops and retreats.

- Richard Lister is a Registered Nurse, a health coach, and yoga teacher. He has worked in the NHS for 15 years.
- Provides medically backed-up information with useful practices to support readers.
- Shows how you can be more productive by recognizing the importance of rest.



LISTEN TO THE DAWN CHORUS

17

"The breeze at dawn has secrets to tell you. Don't go back to sleep"

- Rumi

When I'm woken by a horrible noise, slowly, it dawns on me that this rude awakening was actually self-inflicted: an alarm.

Dressing quickly in the chilled night air, I swaddle cowardly thoughts in a down jacket and, by torchlight, wander up to a cluster of trees behind our house. Settled on a stump, checked blanket spread over my knees, I wait. In the blackness, my senses work overtime. As in the calm before a storm, there's a feeling that nature is building up to something.

Right on cue, half-an-hour before sunrise, the first ribbons of music trill out. The semi-darkness swiftly becomes an aural landscape of tweets and chirps. At first light the air is particularly still, which magnifies the sound, and the noises of modern life are yet to intrude from the village below. It's as though nature has been given the microphone, and I'm experiencing something of our ancestors' existence.

Suddenly, the clouds turn pink as if a light has been switched on behind them. Fingers of luminous light stroke the hillside, making huddles of primrose and wood anemone glow like lamp shades. As the village below hazes into view, dressed in pink hues, a few lines of John Berger fill my head: "When the sun was no higher than the grass / jewels hung in the trees / and the terraces turned rose." It's a magical otherworld, full of fresh promise.

By now the orchestra is in full flow. As the sun rises, the music surges, too, towards crescendo. The more times I hear it, the more I can pick out the order to the symphony. Every morning, birds across the world welcome the sun to a new day, and every bird knows its place in its choir. In Britain, for example, the melodious robin is amongst the first on stage, while the tiny goldcrest, the country's smallest bird, warbles some of the final notes.

The dawn chorus is special everywhere. Some studies suggest that birds have accents, and that urban birds have higher-pitched calls; perhaps to bounce off hard surfaces better. Close to the equator, birds breed year round, and annual song



draft cover

Rewild Your Life

52 Ways to Reconnect With Nature

Sarah Stirling

March 2021 | HC | CRA053000

\$19.99 | 9781784883973

176pp | 5.3 x 7.3 in

Full color illustrations throughout

ISBN 978-1-78488-397-3



9 781784 883973

A guide to 52 seasonal projects involving bushcraft, art, foraging, wildlife-watching, and permaculture.

Over-attached to technology and cosseted in our homes, the Western world has never been so disconnected from nature. *Rewild Your Life* helps you to rediscover your instinctive connection to the great outdoors. With 52 indoor and outdoor projects, journalist and wild swimming enthusiast Sarah Stirling will show you how reconnecting with the natural world is key to keeping the environment alive, while simultaneously bringing the wonder back into the every day. Projects vary from spoon carving to foraging in the hedgerows, making and mending to forest bathing—this book will help you to focus on the many small ways you can retune your innate human senses that have become blunted by modern life, as well as improve your overall happiness and wellbeing.

Sarah Stirling has been an outdoor storyteller for 15 years, and is an acclaimed magazine writer and editor in her field. Previously the Editor of *The Outdoor Adventure Guide*, she is currently Assistant Editor of the UK's most widely read outdoor magazine, *Summit*, and contributes to *Lonely Planet*, *the Observer*, and the *Telegraph*, among others.

- Rewilding has become a new health movement and lifestyle for many.
- A 'wild self-care' book as people actively look to reconnect with the natural world.
- Projects include indoor and outdoor activities, split by the seasons, with everything from bird-watching to bread-making.

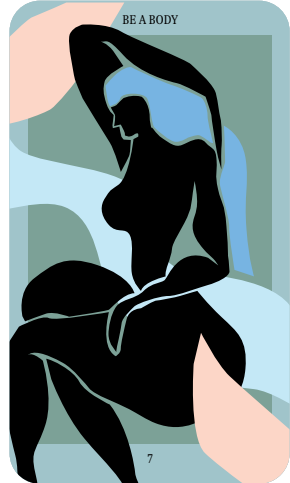
SHARPEN YOUR EROTIC INTELLIGENCE



MEMENTO MORI (REMEMBER YOU MUST DIE)



BE A BODY



SHARPEN YOUR EROTIC INTELLIGENCE

3

Erotic intelligence—coined by Dr. Esther Perel—means valuing and cherishing your excitement more than you value and cherish the rules. It means seeking the sublime in everyday would-be-mundane moments. It means transcending the ordinary through the power of your imagination.

You are the star of this sensual film noir. You are a dashing romantic adventurer. *You* create your perspective and your willingness to play. So play! Don't look to another to instill a passion in you that only you yourself can excite. No one's your mind-reader or your saviour. Meet them halfway with erotic, as well as emotional, intelligence.

MEMENTO MORI (REMEMBER YOU MUST DIE)

13

Aliveness is an antidote to the unremarkable and ordinary. Developing a state of *real aliveness* is the quickest way to an intensely pleasurable life. What is aliveness? It's remembering that (as Mary Oliver said) you have only "one wild and precious life". It's remembering that every day brings us closer to death.

So live! Live fully, openly, and in commitment to your enjoyment—body as well as mind and spirit. Have a hidden sexual fantasy you secretly want realised? Explore it. Want to feel a certain way? Chase that feeling. Life is your free continental buffet breakfast and you only live once. Make sure you taste everything.

BE A BODY

7

You didn't know? Your brain is your body and your body is your brain. To process your emotions—from desirous longing to heartbreak—you must get present in your body. That means finding your centre of gravity, trusting your breath to nourish you, and deeply feeling all your sensations.

Where do these sensations stem from? When did you first feel them? What are they trying to take care of? In what ways are they hindering you? It's by feeling and interrogating our physical sensations that we can understand both the depth of our social condition and the well of potential that is our sensual satisfaction. Don't leave this potential untapped.



draft cover

Pleasure Oracle

A Love, Sex and Pleasure Deck

Jerico Mandybur

March 2021 | Cards | FAM029000

\$19.99 | 9781784883911

52pp | 2.8 x 4.7 in

Full color illustrations

ISBN 978-1-78488-391-1



Empowering prompt cards for sex, play, and pleasure for the modern relationship.

Pleasure Oracle is a fun and playful intimacy deck designed to stimulate joy, desire, and passion into your relationship. Featuring 52 full-color cards set in a beautifully designed box, each card will be an answer, an insight, call to action, or all of the above relating to themes across love, sex, and erotic intelligence. Designed to be read one card at a time, or in a spread, you will discover original, insightful and sensuous wisdom, that will not only ignite pleasure and excitement with your partner, but it will guide you on how to own sexual self and be the master of your own desire.

Jerico Mandybur was the founding editorial director of *Girlboss*, and is now a tarot reader, speaker, and advocate for self-care. She's hosts the hit podcast, *Self Service*, and writes across the fields of wellness, feminism, LGBTQI+ conversations, and social justice. She's written for *Vogue*, *Bustle*, *Mashable*, and her work has been profiled in *Refinery29*, *The Guardian*, and *Marie Claire*, to name a few.

- Oracle cards are being rediscovered by a new generation of women.
- Taps into the growing conversations around self-love, dating, modern relationships, and sex.
- Features 52 beautifully illustrated cards, set in an eye-catching box with foil stamping.

SAY HELLO TO YOUR BITS

BLISS CLUB

Period sex

While it's not exactly trending, we are hearing period sex mentioned more and more. Of course, it has always existed but today it's far easier to talk about it and hardly anybody is shocked at the idea of people practising it, except for haemophobes and my grandparents. In reality, there's nothing dirty about periods and it would be a shame to abstain from lovemaking if you hanker after it, amirite?

Just make sure you protect yourselves because it exposes you to an increased risk of catching a STI. And even if there's only a minimal chance you'll end up pregnant, the possibility does exist. Sorry to be a killjoy.

**WHEN IS THE BEST TIME DURING ONE'S CYCLE TO HAVE SEX?**

In a survey I carried out on my Instagram account, I asked all those endowed with vulvas when during their cycle they felt most sexually excited. The answers were very surprising: 52 per cent of respondents described themselves as really *culmiste* when they were ovulating, 48 per cent super horny during their period. I didn't offer 'All the time' as a response in this survey; something that kept being suggested to me in private messages.

Big picture, therefore: there's no such thing as a best period (lol) and while some people dislike lovemaking during menstruation, others can't get enough of it and others like sex at any time. How about you?

50

HYGIENE, FOR GOD'S SAKE!

Let's talk about something that is all too often forgotten: hand hygiene (not forgetting cocks and dildos). Because if you don't wash your hands before fingering Widget, you run the risk of being unable to have fun together for a while. You see their pussy flora is very delicately balanced and any unwelcome intruder could cause fungal infections, cystitis and other unspeakable crap.

If you, Widget, have the slightest doubt, any sign of itching, discharge or abnormal odours, start by washing your vulva with a pH neutral soap once or maximum twice a day, wear cotton or silk underwear and avoid tight-fitting trousers. It's a really bad idea, however, to douche your vagina so call up your GP who will prescribe the best treatment.

And while we're on the subject, please wash your hands before dipping them in the peanut bowl. Because the aperitif is almost as sacred as our pussy supreme. Thanks.



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SAY HELLO TO YOUR BITS

BLISS CLUB

Stop!**CONTRACEPTION**

What type of contraception should you go for? No one can answer this question for you, except your GP who can advise the best one to suit. Options vary, depending on your age and the number of children you have.

What with the pill, IUDs, patches, rings, implants, diaphragms, condoms, sterilisation, withdrawal method, and more besides... it's difficult to know which way to turn to since each choice has pros and cons.

So how do you decide? If you want my advice, the best contraception is to sleep with someone of the same sex as you. You'll probably have more orgasms, too, if you believe some of the research. But that might not do it for everyone.

To be honest, I don't know what to advise. Chemical methods of contraception have a lot of side-effects; natural methods are unreliable and can lead to stress; sterilisation is irreversible. Don't get me wrong. I'm not saying that you shouldn't choose some form of protection, and contraception offers a level of comfort that is second to none, but might we consider sharing the task with the opposite sex?

Chemical contraception for Thingamajig is still being trialled and risks causing unwanted side effects. (Ha ha! I know what you're thinking...)

Nonetheless solutions exist that are definitely viable and safe for penises although most of them are still in the test phase or on standby because market research points to a lack of interest on the part of those endowed with penises.

Turn to page 86 to find out more. It's high time contraception stopped being vulva-focused!

PROTECTING YOURSELVES FROM STIS

To reduce your chances of catching anything as far as possible, you need to be up to date with your vaccinations. If you're someone who snorts or injects, check your stuff hasn't already been used by someone else. And always use protection, whatever your sexual orientation.

Internal (female) condoms don't generally get a thumbs up with vulvas, but I've been told they can be practical in certain circumstances, such as when you're on your period. In terms of comfort, I hear plenty of conflicting stories, some finding them very comfortable and others reporting it's like having sex with a plastic bag... The best thing would be to give it a go to find out for certain. The problem is that they are rather difficult to get hold of. Not all pharmacies stock them and supermarkets don't tend to either. The easiest is to go down the medical route and ask for one at from a family planning clinic (free) or buy online. Note that they are more expensive than external condoms. Yeah, I know, I'm not exactly selling the idea to you, am I, but they can save the day, so think about storing a few on your bedside table. You never know!

To enjoy angst-free cunnilingus/analingus, using a dental dam is an excellent way of protecting yourself. You can find them in family planning clinics and online. You can also fashion your own using an external condom if you've got one to hand.



Lastly, latex gloves, as well as being black and cool, are perfect for hygienic fingering/fisting. You'll find them in sex shops, pharmacies, online and in hardware stores (yup).

It's also important to remember that you really shouldn't lick an anus before turning your attention to a vulva, got it?



52

53



Bliss Club

Sex Tips for Creative Lovers

Jüne Plä

November 2020 | PB | HEA042000

\$19.99 | 9781784884024

256pp | 5.7 x 8.5 in

Two color illustrations throughout

ISBN 978-1-78488-401-7



A modern guide to orgasmic sex without penetration.

Do you feel like you're missing out on your sexuality? Has the time spent with your lover(s) become a bit predictable and boring? Are you tired of the same old storylines about sex—foreplay, penetrate, ejaculate, repeat?

In *Bliss Club*, Jüne Plä teaches you how to let go of your hang-ups and explore your sexuality at your own pace. You will learn everything there is to know about sex outside of the 'penetration' box, regardless of your gender or sexual orientation. With maps of pleasure zones as well as an inventory of moves, it is full of tips and tricks on how to pleasure yourself and your partner, resulting in explosive new experiences.

Whether you're a virgin or sex expert, *Bliss Club* is perfect for anyone wanting to reinvigorate their sex life.

Jüne Plä is has always been fascinated by sex, which led her to start her Instagram account, Jouissance Club, which has over 600k followers. She promotes pleasure accessible to everyone, regardless of the genre that defines us or our sexual orientation.

- An unprecedented craze around pleasure through the prism of feminism on social networks and in the press.
- Corrosive humor, a multitude of erogenous zones.
- Many explicit yet elegant diagrams.

INTRODUCTION

On the **Reflection pages** you'll find useful suggestions and space to reflect on your accumulated karma points. Self-reflection gives you a bird's-eye view of your behaviour. It helps you reset your inner compass time and again, and make decisions that tally with your values. With time, reflection will become a habit for you, so feel free to use a blank sheet of paper for this purpose once you have filled in the pages provided.

Try it out straight away:
Which step have you used today that brings you closer to an important goal?

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10



INTRODUCTION

Accumulating karma points is not a competition. It's not about doing everything right or being perfect, but about developing positive awareness of your actions. So don't be discouraged if something doesn't work out at the first attempt, and above all don't be too strict with yourself - the Taj Mahal wasn't built in a day either.

Only when you're feeling good can you do good in the world. A few karma points are thus specifically aimed at your wellbeing. Gain fresh energy for the things that are really important to you using our simple **Ayurvedic recipes**, and gather strength for the next good deed using the **yoga and breathing exercises** of Ayurvedic therapist and yoga teacher Petra Wolfinger.

GOOD KARMA RITUALS

CREATE A SOUND MAP

With his Sharing Nature movement Joseph Cornell has set himself the goal of helping give people all over the world unique experiences of nature. To draw our attention to the wonders of nature, the experience educator encourages playful activities such as the sound map: "Sitting still and listening calms us and enhances our appreciation of life round about us." All we need for this is a sheet of paper, a pen and a space in the woods, in a meadow or in a park.

- X Find somewhere you can sit comfortably for 5-10 minutes.
- X Mark an X in the middle of the sheet - this indicates your location.
- X Close your eyes and prick up your ears. What can you hear around you?
- X Enter each sound on your map with a symbol (e.g. a note for a songbird, a drop for splashing water). The direction from which it's coming determines the position.



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GOOD KARMA RITUALS

GIVE TIME, NOT THINGS

Apart from a few objects that over the years bring us renewed pleasure every day, most presents sooner or later suffer one of three fates: they get dusty, they break or they end up in the bin (or even worse somewhere in the sea). But luckily there's the zero-waste present par excellence, namely shared experiences! When Christmas or the next birthday is looming, think about arranging an excursion that would give the recipient pleasure. How about a concert, a meal at an amazing restaurant, an afternoon in an amusement park or a picnic in the country?



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Good Karma

How you can make the world a better place with 100 small positive actions

Adi Raihmann and Simone Raihmann

February 2021 | HC | SEL000000

\$19.99 | 9781784883843

176pp | 8.3 x 5.3 in

Two color illustrations throughout

ISBN 978-1-78488-384-3



Practical ideas on how to collect karma points.

What you think and do, your decisions and your habits all inevitably affect you, your environment and your fellow human beings. That's the principle of karma, and it's an amazing chance to change your world for the better.

Along with easy Ayurvedic recipes and yoga stretches, *Good Karma* showcases 100 positive little actions that will make a big difference not just to your environment, but to your overall happiness. These vary from buying unpackaged food to darning your socks rather than buying new ones, giving a compliment to a friend or forgiving someone who has wronged you. For every good deed you collect a 'karma point' and, once these start to add up, you are bound to feel a positive sense of wellbeing. Because doing good simply does you good!

Adi and Simone Raihmann have been dedicating themselves intensively to the issue of sustainability ever since studying business and economics together. They founded six delis called Karma Food based on the values of sustainability, honesty, and social awareness. In addition to their food outlets, they pass on their knowledge at events like the Karma Selfcare Club and Ayurvedic cooking classes.

- 100 practical ideas to create good karma every day.
- Combines the wisdom of a guide with the fun of a journal.

CHAPTER I



SATURN

saturn return		h
<p>court. Saturn, with his perfect timing, just so happens to be flying overhead at that exact moment. Saturn swoops down to greet the king, who panics and takes back his harsh words. But the king's fate is sealed, his karma is set. The king is warned to prepare for misfortune. After a series of tormenting experiences, the king loses everything. Finally, when he is literally on his last leg, Saturn reappears to show mercy and even reward him for his patience and endurance. He tells the king he will grant him anything he wishes. Overcome with humility, the king only wishes that no-one ever has to endure the kind of suffering he has endured. Upon hearing this noble request, Saturn is so pleased with the king's wish to save all other beings from suffering that he returns everything he has lost, including his kingdom.</p> <p>Saturn has a bad rep, and if you choose not to appease him, there can be consequences. In life, just as in the mythic</p>		
12		saturn





draft cover

Saturn Return Survival Guide

Navigating This Cosmic Rite of Passage
Lisa Stardust

May 2021 | HC | OCC002000
\$14.99 | 9781743796641
144pp | 4.5 x 6.5 in
Full color illustrations throughout

I S B N 978-1-74379-664-1



The *Saturn Return Survival Guide* is your handbook to turning 30 with an astrological spin!

Every 27 to 29 years, Saturn returns to the sign it was in when you were born—a cycle called the Saturn return. This cosmic rite of passage can be a time of questioning and uncertainty, but in passing can also bring great clarity and calm as you advance into the next chapter of your life.

The *Saturn Return Survival Guide* is the definitive guide to navigating this turbulent time. Breaking down the basics for each star sign with meditations and manifestations (using crystals, candles, and bath magic), the book also features celebrity case studies for inspiration.

Fun and easy to read, the *Saturn Return Survival Guide* is full of astrological truths.

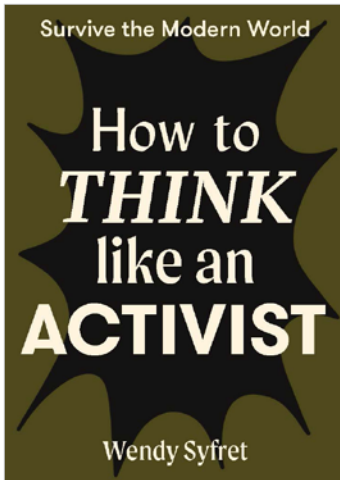
Lisa Stardust is a New York based professional astrologer who writes columns for *O Magazine*, *Teen Vogue*, *The Hoodwitch*, *Girlboss*, *Tinder* (Swipe Life), *Sabat*, *Cosmopolitan*, *Lifestyle*, *Bust*, and *British Vogue*. She has also been featured in, and continues to be featured in, *Vice*, *Refinery29*, *Bustle*, *Elite Daily*, *Tyla*, *The Daily Mail*, and *InStyle*.

- A beautiful, pocket-sized package including full-color illustrations throughout by UK based Emmy Lupin.
- Lisa Stardust has a strong social media presence with 44.3k Instagram followers.

Survive the Modern World Series

The *Survive the Modern World* series tackles big subjects in a fun and digestible way.

- The subjects are big but the tone is accessible. These books are written to be friendly and chatty but also meaningful and relatable so you can upskill and expand your knowledge.
- The format is flexi and small so you can pop it in your pocket and read on your daily commute.
- Designed beautifully, this series is a stylish statement to complement your thoughts and ideas.



draft cover

How to Think Like an Activist

Wendy Syfret

April 2021 | FB | POL000000

\$14.99 | 9781743796627

144pp | 5.1 x 7.2 in

Full color illustrations throughout

ISBN 978-1-74379-662-7



The first step in your life as an activist.

How to Think Like an Activist offers a space for budding activists to learn from the past and look to the future. From small daily commitments to larger ongoing projects, this book offers tangible ways to start building the world you want to live in—now.

Filled with inspirational quotes from past leaders, historical facts about important movements as well as daily protests, *How to Think Like an Activist* will help set you on the path to your new activist life.



How to Start a Side Hustle

Kaylene Langford

July 2021 | FB | BUS020000
\$14.99 | 9781743796726
144pp | 5.1 x 7.2 in
Full color illustrations throughout

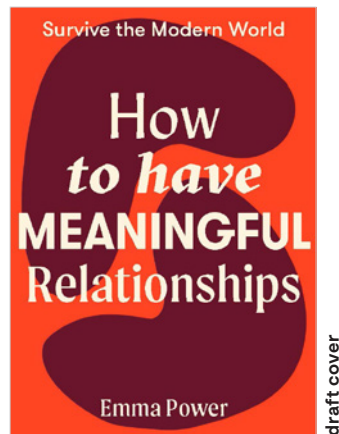
ISBN 978-1-74379-672-6



A practical guide to help you identify your natural abilities, passions, and ideas to start your own business today.

How to Start a Side Hustle will inspire you to take your career into to your own hands, help you to design a viable business model and drive you to bring your ideas into the market. Packed with practical tips, hacks and advice from both professional business people and unconventional company founders, this book will take you through the process of starting your own business in a straightforward and accessible way.

How to Start a Side Hustle is the perfect pocket guide to the new way of doing business for the a new generation.



How to Have Meaningful Relationships

Emma Power

July 2021 | FB | FAM000000
\$14.99 | 9781743796733
144pp | 5.1 x 7.2 in
Full color illustrations throughout

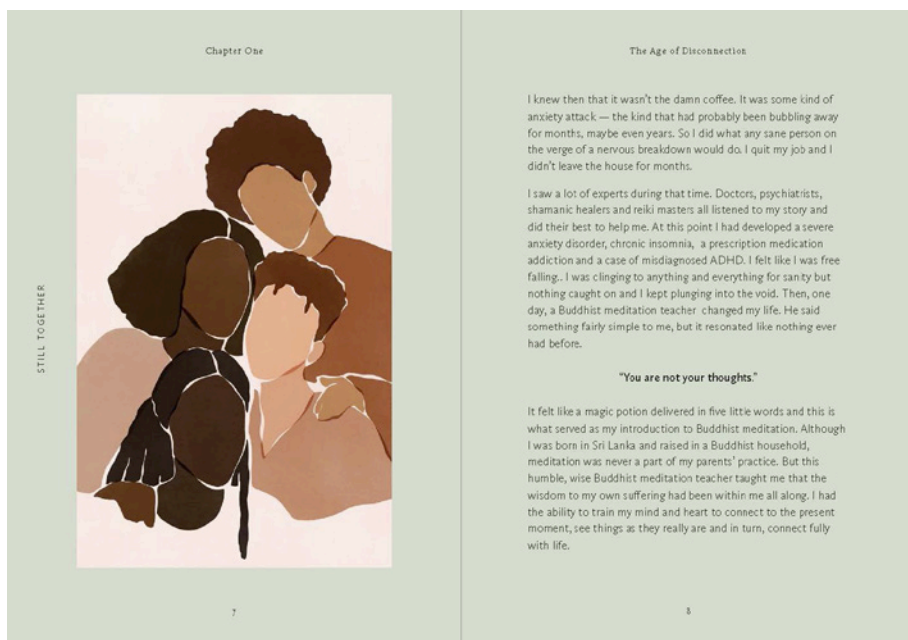
ISBN 978-1-74379-673-3



Relationship skills are not innate, they are skills to be learned. *How to Have Meaningful Relationships* is your map to make this happen.

In a world of life goals, pursuits, and following our dreams, we scarcely think to upskill in relating. But ask anyone to name the most important thing in their lives and they'll likely say their relationships.

With useful tools, ideas, and checklists on how to become the very best team player you can be, *How to Have Meaningful Relationships* will provide the practical steps you need to take you closer to living a life of extraordinary relationships, deep fulfilment, intimacy, connection, and meaning.





draft cover

Still Together

Connection Through Meditation

Manoj Dias

May 2021 | HC | SEL019000

\$16.99 | 9781743796719

176pp | 5.1 x 7.2 in

Full color illustrations throughout

ISBN 978-1-74379-671-9



A guide to reclaim true and deep connection through meditation and mindfulness.

Still Together is an exploration of the ways we feel detachment from our lives, goals, and friendships, and how we can begin to reclaim ourselves through human connection.

Exploring mindfulness, Buddhist philosophy and trend analysis, this guide takes an active approach to reclaiming true and deep connection in our day-to-day lives. Stepping through different ways to be more present and engaged, *Still Together* ultimately shows us how we can be more connected with our lives. Author and teacher, Manoj, teaches us how to sit and meditate by ourselves, when to do it, for how long, and why cultivating wisdom is so important to our lives.

Manoj Dias is the founder of A—SPACE. In 2019 Manoj became Australia's first and only Lululemon global ambassador. Through this platform, he has taught at organizations such as Netflix and Google

- Manoj Dias is a Lulu Lemon global ambassador and hosts meditation and yoga workshops all over the world.
- The book is packaged in an intimate hardback and also features full color illustrations throughout the book by Sacree Frangine.
- Chapters address: human connection, presence, the body and food, technology, relationships and the future.

Hero Pose

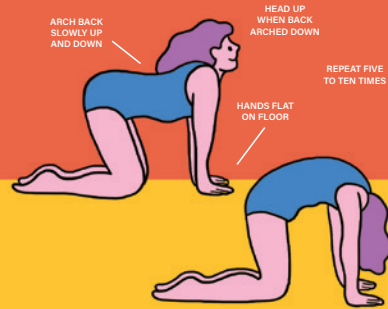


From kneeling, rise up on your knees and separate your feet just wider than hip-distance apart. Slowly sit back between your feet. Use a yoga block or a thick book between your feet if sitting down causes pain in the knees or if your bottom won't reach the floor.

HOW DOES THIS HELP?

IMPROVES CIRCULATION
RELIEVES TIRED LEGS
STRETCHES THE THIGH MUSCLES

Cat Cow Stretch



Start on all fours with your palms flat on the floor. Breathe in. Arch your back down towards the floor, raising your head. Hold. Breathe out. Arch your back up, dropping your head down. Hold.

HOW DOES THIS HELP?

RELIEVES LOWER BACK PAIN
INCREASES FLEXIBILITY
IMPROVES CIRCULATION

Gratitude Meditation



Stimulates sense of wellbeing
Reduces stress
Improves self-esteem

This is a very simple form of meditation that centres on expressing gratitude for the things in your life.

Thoughts of gratitude and appreciation inject the brain with serotonin. Even small things can release this chemical, such as waking up and feeling grateful for your cosy bed, your morning coffee and your friends and family.

But gratitude isn't just about being thankful for the good things in your life, it's also about finding a way to recognise that challenges and difficult moments give you an opportunity to learn and grow. Gratitude is about recognising the opportunity in all things.

To begin, simply write down a few things you are grateful for each day. This could even just be in a note in your phone.

Or you can simply take a moment each day to reflect on three things in your life that you are grateful for.

Gratitude practises correlate with a whole host of positive psychological benefits, and give you a renewed appreciation of your life.

Every experience,
no matter how
bad it seems, holds
within it a blessing
of some kind.
The goal is to find it.

BUDDHA



Rise and Shine

A Daily Ritual of Yoga, Meditation
and Inspiration

Georgia Perry

February 2021 | Deck | HEA025000

\$19.99 | 9781743796894

64pp | 4 x 6.1 x 1.5 in

Full color illustrations throughout

ISBN 978-1-74379-689-4



The perfect way to start your day.

Rise and Shine is a vibrant deck of illustrated cards to mix and match your own unique morning ritual of yoga, meditation, and inspiration. Start your morning by putting on some relaxing music, light some incense, and select your 10 cards for the day. Then all you have to do is follow the flow.

The deck is separated into three sections:
FLOW, SLOW and GROW.

FLOW: 40 YOGA POSES

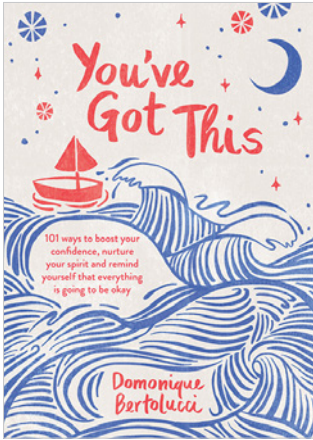
SLOW: 10 MEDITATIONS

GROW: 10 INSPIRATIONAL QUOTES

Simply pull 7 yoga cards, 2 meditation cards and 1 quote and your morning ritual is set all in 10 cards.

Georgia Perry is an Australian illustrator and accessories designer based in Melbourne. She has collaborated with brands such as Colette (Paris), Clinique, BONDS, Shop Bop, and Nordstrom on custom limited edition products.

- A beautiful and eye-catching package designed by Georgia Perry.
- Yoga and meditation are increasingly popular mindful antidotes for treating anxiety. Self-isolation during the coronavirus pandemic has taught people to create exercise and mindfulness rituals at home.
- In the US, 36 million people practice yoga, with 65% practicing at home (Yoga Alliance and Yoga Journal).



draft cover

You've Got This

Domonique Bertolucci

February 2021 | HC | SEL031000

\$14.99 | 9781743796801

224pp | 4.4 x 6.5 in

Text only

I S B N 978-1-74379-680-1



A collection of inspirational messages and advice that encourages you to enjoy life more by worrying less and believing in yourself.

You've Got This is packed with straightforward and inspiring advice from best-selling author Domonique Bertolucci that encourages us to enjoy life more by being kinder to ourselves. All too often, we find ourselves asking 'why don't I have what others have?' In *You've Got This*, Domonique refocuses our attention to the things we might already have: a home filled with laughter, a child's love, compassionate friends, good health that lets us live life to the full—there is much to be thankful for. Turning our minds to what we have, rather than what we don't have, brings back the joy of living.

You've Got This shows us how to be generous to ourselves and gain more time and energy to enjoy the things that really do matter.

Domonique Bertolucci is the best-selling author of *The Happiness Code: 10 Keys to Being the Best You Can Be*, and has a client list that reads like a who's who of CEOs and business identities, award-winning entrepreneurs and celebrities.

- Domonique Bertolucci's books have been successful all over the world.
- This new title has a key message that we can all do more with less.
- A simple message that we can all benefit from is we all have a lot to be grateful for.



draft cover

100 Days Happier

Daily Inspiration for Life-long Happiness

Domonique Bertolucci

February 2021 | HC | SEL031000

\$14.99 | 9781743797129

208pp | 4.4 x 6.5 in

Text only

ISBN: 978-1743793916



Inspirational messages motivating and encouraging the reader to be the happiest they can be.

100 Days Happier is a collection of inspirational messages and quotes, based on the best-selling book *The Happiness Code* and its 10 Keys, motivating and encouraging the reader to be the best they can be.

Domonique Bertolucci is the best-selling author of *The Happiness Code: 10 Keys to Being the Best You Can Be*, and has a client list that reads like a who's who of CEOs and business identities, award-winning entrepreneurs and celebrities. Domonique's workshops and online courses are attended by people from all walks of life, from all around the world.

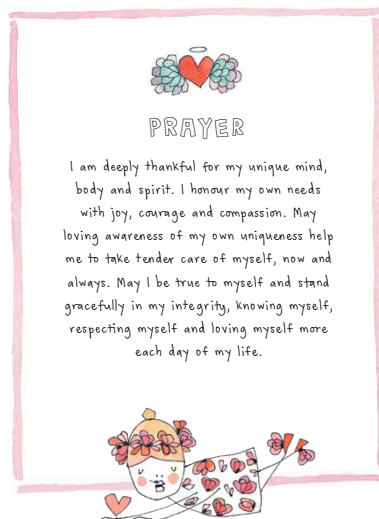
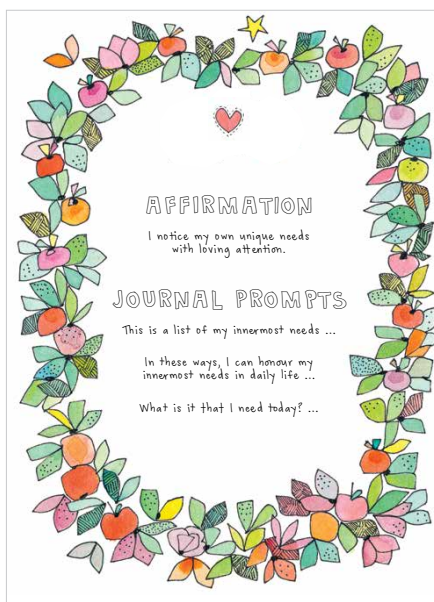
- Highly successful title in Dominique Bertolucci's life lessons series. Part of a complete redesign and repackaging of this best-selling series.
- Continues to sell in large numbers internationally.
- Dominique is a highly sought after professional speaker and regularly delivers keynote presentations to CEOs across the globe.

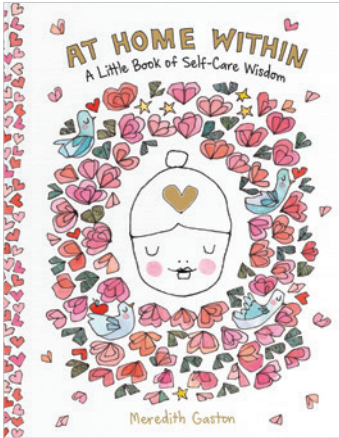


Also available
Love Your Life
9781743793299



Also available
Kindness Pact
9781743793893





draft cover

At Home Within

A Little Book of Self-Care Wisdom

Meredith Gaston

February 2021 | HC | SEL031000

\$14.99 | 9781743796887

144pp | 5.5 x 7 in

Full color illustrations throughout

ISBN 978-1-74379-688-7



Explore pathways to peace, balance, and contentment in your daily life with *At Home Within*.

Feeling at home within ourselves involves caring for ourselves in loving, thoughtful, and joyous ways; noticing, honoring, and meeting our unique needs. In this beautiful book, acclaimed artist Meredith Gaston will show you how to nurture your inner world with kindness and compassion. The affirmations and inspirations in these 10 chapters will assist you to create positive change within. As you change within, your perceptions of the world around you will transform in a positive way too.

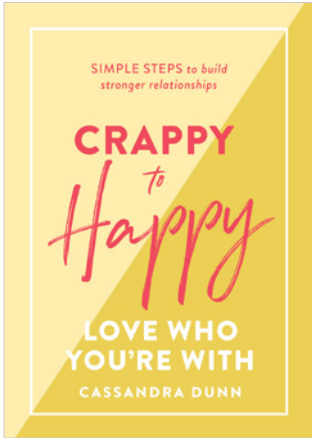
At Home Within shows you the small steps you can take on your journey to living your best life.

Meredith Gaston is an internationally acclaimed Australian artist, best-selling author and passionate wellness advocate. Meredith's playfully sophisticated signature style and inspirational words bring comfort and joy to many. Her lovingly illustrated books are translated into foreign languages, and her original artworks and limited edition prints collected worldwide. She has recently launched of her label 'Love Meredith'—boutique giftware inspired by nature, and devoted to women's wellbeing.

- Wellbeing is more important than ever in a world that is far from secure.
- This little book will be an ideal gift for those who you care about.
- Meredith is an Australian best-seller whose uplifting message reaches out to everyone.



Also available
Find Your Sparkle
9781743795507



Crappy to Happy: Love Who You're With

Simple Steps to Build Stronger Relationships
Cassandra Dunn

March 2021 | HC | FAM000000

\$14.99 | 9781743796795

192pp | 5.1 x 7.2 in

Two color illustrations throughout

ISBN 978-1-74379-679-5



Practical tips for getting the best out of your relationships.

Friendships, partners, family: relationships are a defining part of our lives, giving us joy and essential support for our physical and mental health. But they can also be complicated and difficult.

Psychologist Cassandra Dunn has helped thousands of people get from *Crappy to Happy* with her hit podcast and best-selling books. In her third book, *Crappy to Happy: Love Who You're With*, Cassandra provides practical tools for good relationships, helping you to understand attachment, have courageous conversations, and set healthy boundaries—she even walks you through what to do when a relationship has run its course.

It's time for you to get connected with the people that matter most.

Cassandra Dunn is a clinical and coaching psychologist and an experienced mindfulness educator, workshop facilitator and keynote speaker. She also hosts the wildly popular *Crappy to Happy* podcast.

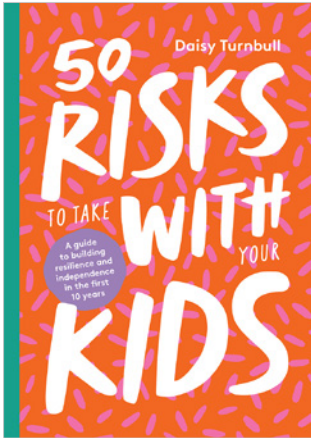
- Real connection has become more important than ever in our fractured world.
- In her *Crappy to Happy* books, Cassandra is able to translate her expert advice into really simple, practical and positive information that everyone can learn something from.
- The *Crappy to Happy* podcast has reached over 2 million downloads.



Also available
Crappy to Happy
9781743795118



Also available
Crappy to Happy:
Love What You Do
9781743795149



50 Risks to Take With Your Kids

A Guide to Building Resilience and Independence in the First 10 Years

Daisy Turnbull

February 2021 | HC | FAM034000

\$14.99 | 9781743796344

208pp | 5.1 x 7.2 in

Two color illustrations throughout

ISBN 978-1-74379-634-4



When we take risks with our kids, we teach them to be better adults.

50 Risks to Take With Your Kids teaches parents and carers how to nurture resilience in their kids as they learn to take their own risks.

Written to combat a growing generation of kids who have not been given the room to learn and grow in their own time, *50 Risks to Take With Your Kids* gives parents and carers an easy-to-use framework with simple, practical challenges for children aged up to 10 years old. In this book, you'll find risks that develop physical and social skills, responsibility and character. You'll also find some all-important parenting risks that will encourage you to step outside your comfort zone and think a little differently about raising kids.

Daisy Turnbull is the Director of Wellbeing at St Catherine's School in Sydney, where she has also been a teacher for eight years. Before going into teaching, she worked in interactive advertising as a producer and in strategy roles. Daisy is an accredited Lifeline crisis support counsellor and regularly volunteers on the crisis support line. She is the mother of two children.

- Resilience is the buzz word in parenting today; this book breaks down the 'how' in developing resilience in simple, practical steps.
- Well-researched and supported by theories from top psychologists and parenting experts.
- Risks are coded by what sort of skills they help develop: physical, social and character.



Humor & Gift

Attitude

/ˈætɪtjuːd/

It's all about being legendary!

Serving attitude can shape a whole characteristic of a queen's presence or performance. To succeed you not only have to serve couture looks but also bring more than 100% attitude to your performance or strut down the runway like you own it. Basically living your best life.

“

Her upbeat attitude kept the children gagging for more!

”

Pepper LaBeija

5



Busted

/ˈbʌstɪd/

Looking busted describes a queen who looks as either ugly or sloppy put together.

She has an unpolished or messy appearance, e.g. the beard is shining through the makeup or the wig is not well put. It is a term used to call an other queen out.

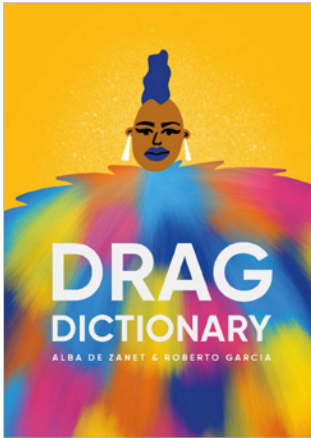
“

**Oh gurl, didn't she have enough time for her makeup?
She looks busted!**

”



13



draft cover

Drag Dictionary

Hilarious Queen Slang Explained

Alba De Zanet and Roberto Garcia

February 2021 | HC | SOC032000 |

\$15.00 | 9781784884253

112pp | 5.3 x 7.3 in

Full color illustrations throughout

ISBN 978-1-78488-425-3



All the classic drag phrases explained.

'No tea no shade, Judy, but your mug looks pretty badly beaten!'

With *RuPaul's Drag Race* catapulting drag into the mainstream, queens are well and truly owning the spotlight. But are you struggling to keep up with the lingo? Well never fear: *Drag Dictionary* is here to save you!

Featuring bright, fun illustrations of your best-loved girls, as well 45 classic phrases explained—from 'death drop' to 'squirrel friends', 'tuck' and more—you will be gagging to throw shade!

This is a tribute to all things drag, and the amazing artists and superheroes who add sparkle and glitz to our lives.

Alba De Zanet is a illustrator and graphic designer based in Switzerland. **Roberto Garcia** is the owner of a successful film and video agency, Freshcom. Both have a fascination with the history and evolution of drag.

- With the huge success of *RuPaul's Drag Race* franchise, Drag has never been so popular.
- Features stylish illustrations of Drag Race contestants as well as old-school Queens such as Divine and Lady Bunny.
- The perfect impulse buy for any Drag Queen fan!



Lizzo

“
**WE
EVENTUALLY
GET USED TO
EVERYTHING ...
SO PEOPLE JUST
GON’ HAVE TO
GET USED TO
MY ASS.**

”

“

**I LOVE CREATING SHAPES
WITH MY BODY, AND I
LOVE NORMALIZING THE
DIMPLES IN MY BUTT OR
THE LUMPS IN MY THIGHS
OR MY BACK FAT OR MY
STRETCH MARKS. I LOVE
NORMALIZING MY BLACK-
ASS ELBOWS. I THINK
IT’S BEAUTIFUL.**

”

Lizzo



draft cover

My Anaconda Don't!

A Cheeky Guide to Butts

Kish Lal

June 2021 | HC | SOC010000

\$14.99 | 9781743796542

144pp | 4.5 x 6.5 in

Full color illustrations throughout

ISBN 978-1-74379-654-2



***My Anaconda Don't!* inspires readers to love their bodies no matter their shape or size.**

This isn't just any other body positivity book on the market—*My Anaconda Don't!* has got plenty of sass, and most importantly, plenty of ASS. With a mixture of tongue-in-cheek humor and earnest tips and information, *My Anaconda Don't!* will teach you how to celebrate and love your butt.

The content is surprisingly comprehensive, starting with the origin of BC (butt culture), to Gluteus Health (butt strengthening exercises), to body positivity, butts in music, and how to give your ass a facial using coffee scrub and oil.

Throughout the book there are inspirational quotes from butt idols and people known for championing body positivity—like Nicky Minaj, Lizzo, the Kardashians, and more.

Kish Lal is a writer, editor, podcaster, and PR specialist based in New York. She has bylines in *Complex*, *Dazed Digital*, *Vulture*, *Red Bull*, *The Hundreds*, *The Big Issue*, *Sydney Morning Herald*, *Noisey*, *Junkee*, *Acclaim Magazine*, *PopEd*, and *VICE*.

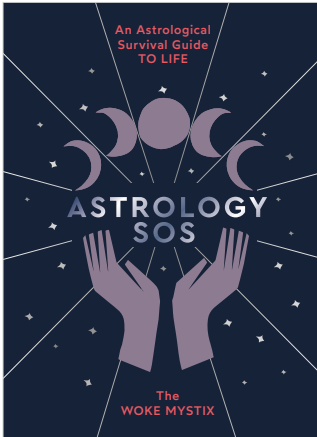
- This hardcover book is a satisfying and playful format.
- Includes empowering quotes from celebrities who are famous for body positivity.
- Full-color illustrations throughout the book by American illustrator Iliana Galvez.



Practice patience and forgiveness over miscommunications, everyone is affected by the retrograde. Its important to be intentional with your words and practice compassion when misunderstandings arise. Being petty may feel good in the moment, but the higher road is always better in the long run. Maintain the awareness that communication, technology and plans are going to be wacky and allow a sense of ease so that you dont stress yourself out. Remember the energy is out of your control and this is all temporary! Fighting the energy takes more work than receiving the lessons as they arise. During Mercury Retrograde its never advised to fuel the fire, being aware will help you come out stronger than you were before.



**Mindfulness during
Mercury Retrograde
can help avoid
unnecessary mishaps**



draft cover

Astrology SOS

An Astrological Survival Guide to Life The Woke Mystix

March 2021 | HC | OCC002000

\$16.99 | 9781784884017

192pp | 5.3 x 7.3 in

Full color illustrations throughout

ISBN 978-1-78488-401-7



Who understands what you *really* need better than you? Well, the stars. With their help, you can become your glowiest self, inside and out.

Astrology SOS is the ultimate guide to surviving the elements: from navigating the Planetary Retrogrades to harnessing the power of the Summa Soltice, to every day uncertainties in work, love, and the day-to-day, this book aims to bring clarity during life's disruptions.

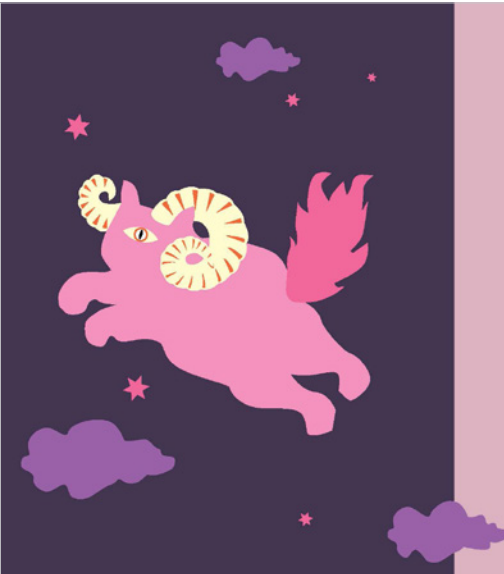
Featuring self-care rituals and hacks, helpful tools, prompts, and practices to help you work through various challenges, this book aims to bring calm and clarity during times of transition and change. Welcome to the upgrade you never knew you needed!

The Woke Mystix is a podcast by co-hosts Ellen Bowles and Imani Quinn, with a focus on creating a safe space on the discussion of spirituality, astrology, magic, self-care, and divinity. Ellen is an astrology and tarot reader, and Imani is a Quantum Oracle Healer, both based out of Los Angeles, CA.

- The ultimate astrological survival guide to life's disruptions.
- Prompts and practices and guidance on how to navigate uncertain times.
- Self-care hacks and rituals throughout.
- Stunning illustrations with accessible and fun content.

CATS ARE
SMARTER THAN
DOGS. YOU CAN'T
GET EIGHT CATS
TO PULL A SLED
THROUGH SNOW.

MARK TWAIN,
AMERICAN AUTHOR



Aries

21 MARCH-20 APRIL



Headstrong and occasionally willful, this is a cat that leads by its whiskers and is independent to a fault. This is the cat that will carouse all night, lose its collar and get into fights, but will also be intensely loyal to you when you're around. Focus on that loyalty and reward it with time and attention when they demand it, and you will have a faithful feline for life.

Aries tends to act first and think afterwards and will often disappear into their own adventures, enjoying the hustle and bustle of the world beyond their fireplace and sometimes taking it too far. If you have to call the fire brigade to rescue your cat from the top of the tallest tree because they're stuck, chances are it's an Aries cat. And that cat with a facial scar or torn ear? Aries, again, often diving head first into trouble.

There's also a playful side to an Aries cat that endures long after they are no longer a kitten making them a lovely, responsive and fun pet to have around. In fact, being the most youthful of sun signs an Aries cat retains its playful nature long into old age and will be the first to accept any challenge, seeking always to maintain pole position if you have more than one puss sharing your home, although sociable enough to enjoy the company of its own gang.

3
Aries

20



draft cover

Cat Astrology

Decode Your Pet's Personality
with the Power of the Zodiac
Stella Andromeda

March 2021 | HC | OCC009000
\$14.99 | 9781784883874
176pp | 5.5 x 7 in
Full color illustrations throughout

ISBN 978-1-78488-387-4



Harness the power of the zodiac and gain insight into your cat's personality.

Like us, every cat is born under an astrological sun sign which depends on their date of birth. Just knowing their sun sign will give you some insight into your cat's personality and character.

In *Cat Astrology* Stella Andromeda answers all the burning questions you may have about your current—or future—pet, such as: which star sign makes a lap cat? What's your kitty's lucky day of the week and favorite color? Stella also shares insights into the breeds that may best suit your personality.

Fun and insightful, *Cat Astrology* will allow you to get to know your cat on a deeper level, by harnessing the power of the zodiac.

Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilises earth, air, and water to inspire her own astrological journey.

- A fun guide on your cat's personality based on their star sign, as well as the type of breed you should buy according to yours.
- Features personality information, favorite colors, days of the week, best ways to pamper them and more.



HOW CLEVER IS YOUR DOG?



You might think your dog is as daft as a brush, but according to research published in 2009, dogs can be very smart. "If you look at wild wolves, they do not perform as well as domestic dogs. When a human points, the wolf will look at the finger, while the domestic dog will look where the finger is pointing," says Professor Stanley Coren, a leading expert on canine intelligence at the University of British Columbia in Vancouver, who carried out the research and believes that centuries of selective breeding and living alongside humans has helped to hone the intelligence of dogs.

Researchers used tests originally designed to demonstrate the development of language, pre-language and basic arithmetic in children, and were able to show that the average dog is far more intelligent than they are given credit for. Dogs can understand about 165 words, signs and signals. Those in the top 20% were able to understand as many as 250 words and signals, which is about the same as a two-year old child.

12



Leo

22 JULY - 21 AUGUST



If your dog has a larger than life personality, is exuberant, outgoing and friendly in the extreme, chances are it's a Leo. There's something distinctly sunny about their personality, always up for a game, a walk or some soppy downtime with lots of ear ruffling. This is a dog that shows its love and devotion physically from the way it pricks its ears to the wagging its tail and loyalty to you comes as second nature.

Like the lion that depicts this sign, this is also a dog that believes it's the king of the jungle and often behaves like one. Whether your dog is a Chihuahua or a Great Dane even their bark is almost a roar but always worse than their bite. This is not a scrappy dog, up for a fight with anyone, just a mutt that thinks it's a monarch.

With this streak of assumed royalty comes a demand for attention and while they give as much as they get, they will often be the first to demand a stroke or a nuzzle. One way to lavish this dog with the attention it thinks is his birthright is to brush them regularly.

In fact, this sun sign dog loves to be groomed, because much like their human counterparts, Leos have a streak of vanity.

Leo dogs will want to be recognised and applauded for everything they do, whether this is merely wagging their tail, retrieving a ball or performing some competitive feat. A show dog at heart, if you haven't given them any attention for a while, they will either nuzzle your hand or look reproachful until you do.

13

14

16



draft cover

Dog Astrology

Decode Your Pet's Personality
with the Power of the Zodiac
Stella Andromeda

March 2021 | HC | OCC009000
\$14.99 | 9781784883881
176pp | 5.5 x 7 in
Full color illustrations throughout

ISBN 978-1-78488-388-1



Harness the power of the zodiac and gain insight into your dog's personality.

Like us, every dog is born under an astrological sun sign which depends on their date of birth. Just knowing their sun sign will give you some insight into your dog's personality and character.

In *Dog Astrology* Stella Andromeda answers all the burning questions you may have about your current—or future—pet, such as: which star sign makes the best therapy dog? What's your pooch's lucky day of the week and favorite color? Stella also shares insights into the breeds that may best suit your personality.

Fun and insightful, *Dog Astrology* will allow you to get to know your dog on a deeper level, by harnessing the power of the zodiac.

Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant and moon in Cancer, she utilises earth, air and water to inspire her own astrological journey.

- A fun guide on your dog's personality based on their star sign, as well as the type of breed you should buy according to yours.
- Features personality information, favorite colors, days of the week, best ways to pamper them and more.

THE QUEEN ON FAMILY

“

Family does not necessarily
mean blood relatives,
but often a description
of a community,
organisation or nation.

”

36

THE QUEEN ON FAMILY

“

Like all the best families,
we have our share of
eccentricities, of impetuous and

**WAYWARD
YOUNGSTERS**

and of family disagreements.

”

37

THE QUEEN ON LIFE

“

Work is the rent
you pay for the room
you occupy on earth.

”

20

THE QUEEN ON LIFE

“

In tomorrow's
world we must all

**WORK
TOGETHER**

as hard as ever.

”

21



Pocket The Queen Wisdom

Inspirational Quotes and Wise Words
From an Iconic Monarch

Hardie Grant

February 2021 | HC | HUM000000 |

\$9.99 | 9781784883898

96pp | 4.3 x 5.2 in

Text only

ISBN 978-1-78488-389-8



An inspiring collection of some of the best-loved quotes from her majesty, Queen Elizabeth II.

Queen Elizabeth II is one of the most important cultural and political icons in modern British history. As the United Kingdom's longest reigning monarch, she is known for her poise, wit, and class. *Pocket The Queen Wisdom* is an inspiring collection of her majesty's best-loved quotes on life, family, politics, fame and history, and celebrates her immense legacy.

- The outstanding popularity of Netflix's *The Crown* shows a revived interest in the Queen, with Wikipedia announcing this year that the page on Her Majesty was the third most viewed on the site last year, rising from 13th in 2016.
- Iconic and wise life lessons from a true icon.
- Nice package and good price point—the perfect gift or impulse buy.

POCKET EARTH WISDOM

**“Who can stop
climate change? We
can. You and you
and you, and me.”**

DESMOND TUTU

4

INTRODUCTION

Our planet is in danger. Sea levels are rising, natural habitats are being destroyed and the global temperature is rising. It cannot be denied any more: climate change is real, and it isn't going away anytime soon. There's no planet B, people.

There is some good news though: we can halt climate change if we work together. Let the words of activists, world leaders, environmentalists and even your favourite film stars, of all ages and backgrounds, inspire you and those around you. A call of arms so each and every one of us can make changes in our lives, however big or small, to ensure future generations can enjoy our planet as much as we have. The power of the collective cannot be denied and, if we unite together, we can change our future and that of the generations to come. It impacts each and every one of us.

Now more than ever it's imperative that we take a stand and speak out. The time is now.

5

POCKET EARTH WISDOM

**“Climate change
is not hysteria -
it's a fact.”**

LEONARDO DICAPRIO

16

CLIMATE CHANGE

**“In the 20 years
since I first started
talking about the
impact of climate
change on our
world, conditions
have changed far
faster than I ever
imagined.”**

SIR DAVID ATTENBOROUGH

17



draft cover

Pocket Earth Wisdom

Sit-up, Listen and Take Action
to Save Our Planet

Hardie Grant

March 2021 | HC | NATO11000 |

\$9.99 | 9781784884260

96pp | 4.3 x 5.2 in

Text only

ISBN 978-1-78488-426-0



**Wise words and inspiring quotes from the world's
leading activists.**

Our planet is in danger: sea levels are rising, natural habitats are being destroyed and the global temperature is rising. There is some good news though: we can halt climate change if we work together. Let *Pocket Earth Wisdom* teach you how you can make a positive impact, however small. Featuring a collection of some of the most powerful and inspiring quotes about Planet Earth, *Pocket Earth Wisdom* will be the call to arms you need to step up as there's no planet B. Together we have the power to make a difference.

- Taps into the ever-growing conversation about the future of our planet.
- A collection of impactful quotes from leading environmentalists, world leaders, activists and celebrities.
- *The Pocket Wisdom* series has sold over 700k copies worldwide.



Children's





Oli & Basil

The Dashing Frogs of Travel

Megan Hess

March 2021 | HC | JUV039060

\$17.99 | 9781760507671

48pp | 9.4 x 11 in

Full color illustrations throughout

ISBN 978-1-76050-767-1



Meet Oli and Basil, the dashing frogs of travel, in Megan Hess's first *The World of Claris* story!

Oli is an artist who dreams up wild, fabulous machines, but he doesn't know how to build them. And Basil is a master craftsman who can build anything from scratch—except he doesn't know what to build. If only there was a way that these two dashing frogs could become friends ...

From the beloved creator of *Claris: The Chicest Mouse in Paris* comes a thrilling, heart-warming adventure about friendship, sharing, and collaboration.

Megan Hess is the beloved author and illustrator of the best-selling *Claris* books for children, as well as numerous books for adults. She is also an acclaimed fashion illustrator who works with some of the most prestigious designers and luxury brands around the world—including Chanel, Dior, Prada, Cartier, Fendi, Louis Vuitton and Tiffany & Co.—and she illustrated the iconic cover of *New York Times* best-selling novel *Sex and the City*, written by Candace Bushnell.



Also available

Claris

9781760502591



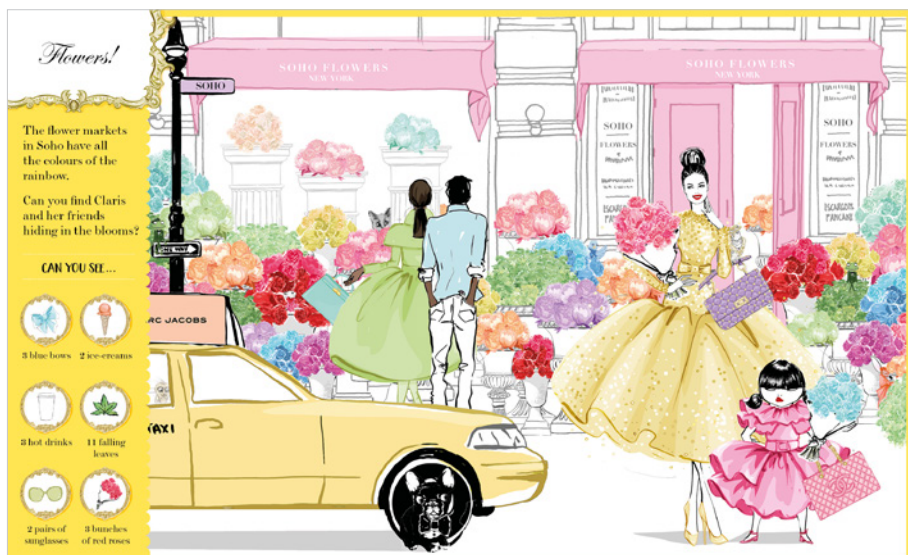
Also available

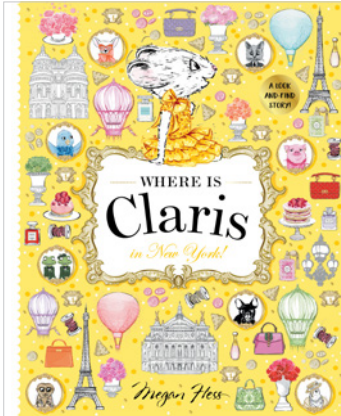
Claris Fashion

Show Fiasco

9781760502874

- With a quarter of a million books in print, Megan Hess's *Claris* series is already a modern classic and a favorite among children and fashion-aficionados alike.
- *The World of Claris* series introduces readers to Claris's most stylish friends while exploring themes of friendship, community, and generosity.
- A beautiful gift, this sumptuous hardback picture-book features gilt-edged pages and a foil finish alongside Megan's stunning illustrations.





draft cover

Where is Claris in New York

A Look-and-find Story!
Megan Hess

June 2021 | HC | JUV054000
\$14.99 | 9781760504960
32pp | 9.1 x 11 in
Full color illustrations throughout

ISBN 978-1-76050-496-0



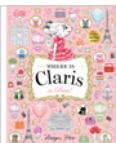
Claris, the chicest mouse in Paris, is setting off on an exciting adventure through the Big Apple!

Can you find Claris and her friends in fabulous New York places such as Central Park, the Empire State Building and the Met?

Look inside to find out!

Megan Hess is an acclaimed fashion illustrator who works with some of the most prestigious fashion designers and luxury brands around the world, such as Chanel, Dior, Cartier, Montblanc, and Tiffany & Co. She is the official illustrator for Bloomingdales New York, and completed the cover artwork for all of *Sex and the City* author Candace Bushnell's books, as well as a private commission for Michelle Obama, and has collaborated with Gwyneth Paltrow for the 'Blo' Blow Dry Bar campaign. *Claris: The Chicest Mouse in Paris* is her first children's book series.

- There are a quarter of a million Claris books in print!
- A search-and-find for a sophisticated Claris fan, that also takes the reader through the famous landmarks of New York's cityscape. Also features covetable fashion and recurring characters in every spread.
- One of the world's best known fashion illustrators, Megan Hess is a genuine publishing phenomenon, and her books have sold over 500,000 copies worldwide, in 10 languages.



Also available
Where is Claris
in Paris
9781760504946

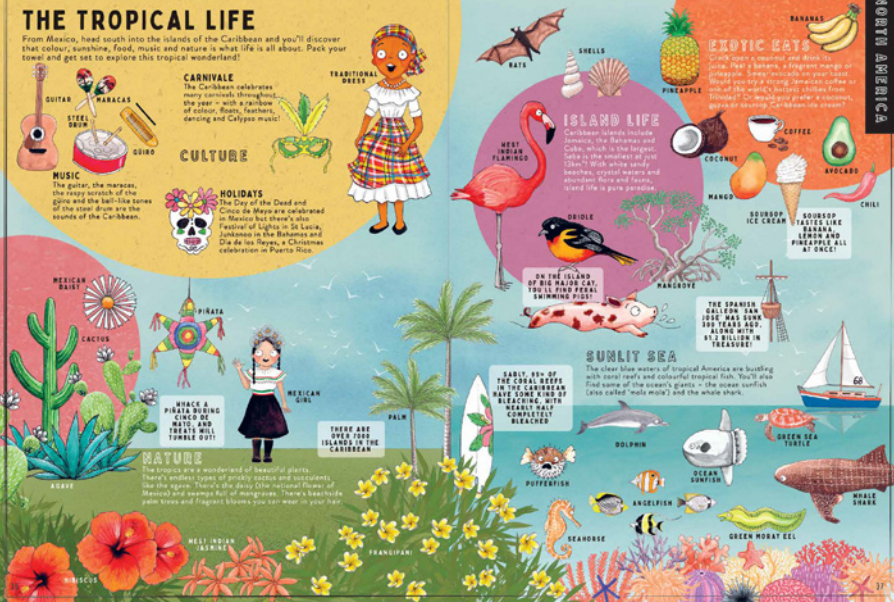
RAINBOW PLANET

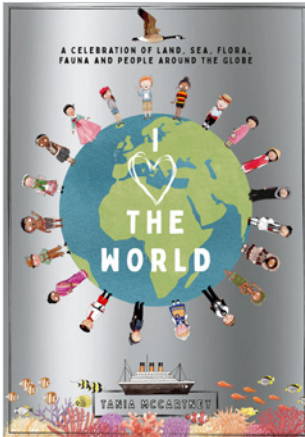
From the pink blossoms of Japan to purple grapes in Italy, the world is a gelato treat of colour. But the same colour can represent many different things, and meanings change depending on where you live!



THE TROPICAL LIFE

From Mexico, head south into the islands of the Caribbean and you'll discover that colour, sunshine, food, music and nature is what life is all about. Pack your towel and get set to explore this tropical wonderland!





I Love the World

A Celebration of Land, Sea, Flora, Fauna
and People Around the Globe

Tania McCartney

February 2021 | HC | JNF038000

\$19.99 | 9781741177398

88pp | 8.7 x 11.8 in

Full color illustrations throughout

ISBN 978-1-74117-739-8



9 781741 177398



Ready for a global adventure? Pack your passport and a sense of wonder as you travel our amazing world through the gorgeous pages of this book!

I Love the World is your ticket to the breathtaking flora, fauna, people, sights, and eye-popping wonders of our land, sea, and sky. Featuring the beautiful illustrations of award-winning author and illustrator Tania McCartney, this book will rekindle your sense of wonder for our amazing world and have you trotting the globe page by page.

Tania McCartney is an Australian author, illustrator, and editor. She has worked on over 40 picture books, non-fiction and junior fiction titles, and has received various awards including several CBCA Notable books, the SCBWI Crystal Kite Award (2017) and the CBCA Laurie Copping Award for Distinguished Service to Children's Literature (2017).

- The silver-shimmer cover finish and gorgeous illustrations make this book the perfect gift or purchase for children aged 6 to 10 (and their parents!).
- Interesting range of topics covered from national costumes, how to say hello in various languages and to tropical life in North America and creatures of Australia.
- Tania has published a variety of picture books. Tania's book *Fauna* (NLA Publishing, 2019) has also been longlisted for the 2020 World Illustration Awards.



Puzzles

Megan Hess Fashion Puzzles

Get lost in the world of Parisian chic and Italian style with these 1000 piece puzzles from internationally renowned fashion illustrator Megan Hess.

- Internationally, Megan has sold over 500,000 books across ten languages.
- The Elegance and Iconic puzzles build on the success of the books of the same name, featuring Megan's favorite looks from each designer.
- Megan's intricate fashion illustrations are hugely recognisable and evoke the distinctive style of each designer; you can even frame the beautiful completed puzzles!
- Completed puzzles measure 18.8 x 26.9 in and take 3–10 hours to complete (recommended for ages 10 and up).



Megan Hess was destined to draw. An initial career in graphic design evolved into art direction for some of the world's leading design agencies. In 2008, Hess illustrated the *New York Times* number-one selling book *Sex and the City*, written by Candace Bushnell. She has since illustrated portraits for *Vanity Fair* and *The New York Times*, created animations for Prada in Milan, and illustrated the windows of Bergdorf Goodman in New York. Megan has also illustrated live for bespoke fashion shows around the world including Fendi at Milan Fashion Week, Viktor & Rolf and Christian Dior Couture. Her other renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, Vogue, *Harpers Bazaar*, Prada and Cartier.

Megan is the author of a number of bestselling fashion books and picture books for children.

PUZZLES



Elegance 1000 Piece Puzzle

The Beauty of French Fashion
Megan Hess

March 2021 | Jigsaws | GAM007000
\$19.99 | 9781743797167
1000 pieces | Box: 9 x 12.9 in; Puzzle: 18.9 x 27 in
Full colour

ISBN 978-1-74379-716-7



From the courts of Versailles to the cobbled streets of Paris, French fashion has always been the epitome of elegance. Whether it's the New Look, the Le Smoking jacket or the little black dress, the masters of French fashion understand that clothing is more than a craft: it's an art form.

The *Elegance 1000 Piece Puzzle* is an exquisite celebration of haute couture, prêt-à-porter and everything chic.



Iconic 1000 Piece Puzzle

The Masters of Italian Fashion
Megan Hess

March 2021 | Jigsaws | GAM007000
\$19.99 | 9781743797174
1000 pieces | Box: 9 x 12.9 in; Puzzle: 18.9 x 27 in
Full colour

ISBN 978-1-74379-717-4



For centuries, Italian fashion has been known for its craftsmanship and luxury, but also for its creativity and, most of all, its passion. Lace, leopard print and show-stopping red dresses—the masters of Italian fashion know how to make a statement.

The *Iconic 1000 Piece Puzzle* is a lavish celebration of Italian fashion's most dramatic looks.

The Map Puzzle Series

Introducing the *Map Puzzle* series! Puzzles featuring a beautiful overview map, accompanied by fun illustrations and facts.

- Each puzzle features a sophisticated, grabbing illustrated design aimed at the adult market.
- Includes points for all major city landmarks and illustrations of icons. Also includes various fact bubbles, making this puzzle is both educational and fun.
- Puzzles for adults are the latest mindfulness trend, particularly in the wake of the coronavirus pandemic.
- If you can't travel to New York or London, the next best thing is to piece them together!
- Specs: Box size 9.1 x 11 in, 500 pieces packed in plastic bag, box with a lid, puzzle image on the front, back and inside cover of box.



PUZZLES



New York City Map 500 Piece Puzzle

500-Piece Jigsaw Puzzle
Hardie Grant Travel

February 2021 | Puzzle | GAM007000
\$13.99 | 9781741177411
Box: 9.1 x 11 x 1.7 in; Puzzle: 20.1 x 20.1 in
Full color illustration

ISBN 978-1-74117-741-1



Piece together the Big Apple while you brush up on your borough knowledge with the *New York City Map Puzzle*.

The perfect gift or keepsake for NYC fans of all ages (5 years and up).



London Map 500 Piece Puzzle

500-Piece Jigsaw Puzzle
Hardie Grant Travel

February 2021 | Puzzle | GAM007000
\$13.99 | 9781741177428
Box: 9.1 x 11 x 1.7 in; Puzzle: 20.1 x 20.1 in
Full color illustration

ISBN 978-1-74117-742-8



Put London Bridge back together again while brushing up on your city knowledge with the *London Map Puzzle*.

The perfect gift or keepsake for Anglophiles of all ages (5 years and up).



Also available
Japan Map Puzzle
9781741177282



Blame It On The Juice: Lizzo 1000 Piece Puzzle

Georgia Perry

February 2021 | Puzzle | GAM007000

\$19.99 | 9781743797013

Box: 12.2 x 8.3 x 1.8 in; Puzzle: 19.3 x 27 in

Full color illustration

ISBN 978-1-74379-701-3



***Blame It On The Juice* is a joyful 1000-piece puzzle celebrating the iconic musician Lizzo.**

Reduce your screen time and start mindful gaming. Puzzling is meditative, rewarding, and satisfying. It is also a great social activity as it's uncompetitive in nature and you can have as many players as you want.

The Piece Full puzzle series is a collection of illustrated puzzles by artists from all over the world. You are compelled to piece the puzzle together as the images are so beautiful—you will want to frame them! A perfect gift as well as self-purchase.

The finished puzzle is 27 x 19.3 in and will take 3-10 hours to complete.

Georgia Perry is an Australian illustrator and accessories designer based in Melbourne. She has collaborated with brands such as Colette (Paris), Clinique, BONDS, Shop Bop, and Nordstrom on custom limited edition products.



Also available
Still Life: 1,000
Piece Puzzle
(Piece Full)
9781743796665



Also available
The Raconteur:
1,000 Piece Puzzle
(Piece Full)
9781743796672

- These images are so beautiful you will want to frame them—and you can!
- The puzzle's finished dimensions are 19.3 x 27 in; Box dimensions: 12.2 x 8.3 x 1.8 in.
- Puzzling is meditative, rewarding, satisfying, and a great social activity with its uncompetitive and inclusive nature (you can have as many players as you want!).



Midnight Dance: 1000 Piece Puzzle

Jessi Raulet

March 2021 | Puzzle | GAM007000

\$19.99 | 9781741177541

1000 pieces | Box: 9.1 x 13.1 x 2 in; Puzzle: 19.2 x 26.9 in

Full color

ISBN 978-1-74117-754-1



Reduce your screen time and up both your mindful gaming and appreciation of modern art with this stunning adult jigsaw puzzle.

Artist, designer and social media influencer Jessi Raulet has become well known for her hand-painted, bright and bold designs. Jessi is inspired by her life in France, travel adventures, tropical settings, colorful fruit and pop culture. She has an ability to craft vibrantly optimistic color palettes that are packed with good vibes.

Puzzle measurements are 19.2 x 26.9 in.

Born and raised in Indiana, **Jessi Raulet** began her love affair with colour at the age of four and has been creating ever since. Jessi has an engaged and rapidly growing social media following of 110k fans, garnering the attention of various media outlets including features on *Good Morning America*, *Dancing with the Stars* and *PopSugar*. She's also collaborated with brands such as Swatch and Crayola.

- Jessi Raulet of EttaVee has strong social media following with 110k fans. Her art is loved for its bold patterns.
- This more challenging puzzle is well worth the effort. Assemble it into something to frame on your wall or dismantle and create all over again.
- Puzzling is meditative, rewarding, satisfying and a great social activity (or perfect for isolation).



Diverse Women 1000 Piece Puzzle

Rachael Sarra

February 2021 | Puzzle | GAM007000

\$19.99 | 9781741177480

1000 pieces | Box: 9.1 x 13.1 x 2 in; Puzzle: 19.2 x 26.9 in

Full color

ISBN 978-1-74117-748-0



Up your mindful game and expand your appreciation of modern Aboriginal art with this stunning adult jigsaw puzzle.

This artwork, titled *Diverse Women*, celebrates the energy flowing through Aboriginal and Torres Strait Islander women of the past, through to the present, and bubbling towards future generations of tiddas (sisters). In Rachael's words, it 'celebrates the strength, complexity and diversity of our women, while the harmonious contours acknowledge the caring and nurturing nature of our women'.

Puzzle measurements are 19.2 x 26.9 in.

Rachael Sarra is an artist and designer whose work is an extension of her being and experiences. As a contemporary Australian Aboriginal artist from Goreng Goreng country, Rachael uses art as a powerful tool in storytelling, to educate and share Aboriginal culture and its evolution.

- Rachael's artwork is a modern representation of Australian Aboriginal art traditions.
- This more challenging puzzle is well worth the effort. Assemble it into something to frame on your wall, or dismantle and create all over again.
- Puzzling is meditative, rewarding, satisfying and a great social activity (or perfect for isolation).



Renewal 1000 Piece Puzzle

Lakkari Pitt

February 2021 | Puzzle | GAM007000

\$19.99 | 9781741177534

1000 pieces | Box: 9.1 x 13.1 x 2 in; Puzzle: 19.2 x 26.9 in

Full color

ISBN 978-1-74117-753-4



Up your mindful game and expand your appreciation of modern Aboriginal art with this stunning adult jigsaw puzzle.

This artwork, *Renewal*, represents light and an influx of positive energy. It is inspired by the beauty of growth. As Lakkari explains, 'The bright colour palette is intended to spark happiness and joy. I used these colours to inspire those who engage with this work to create their own renewal.'

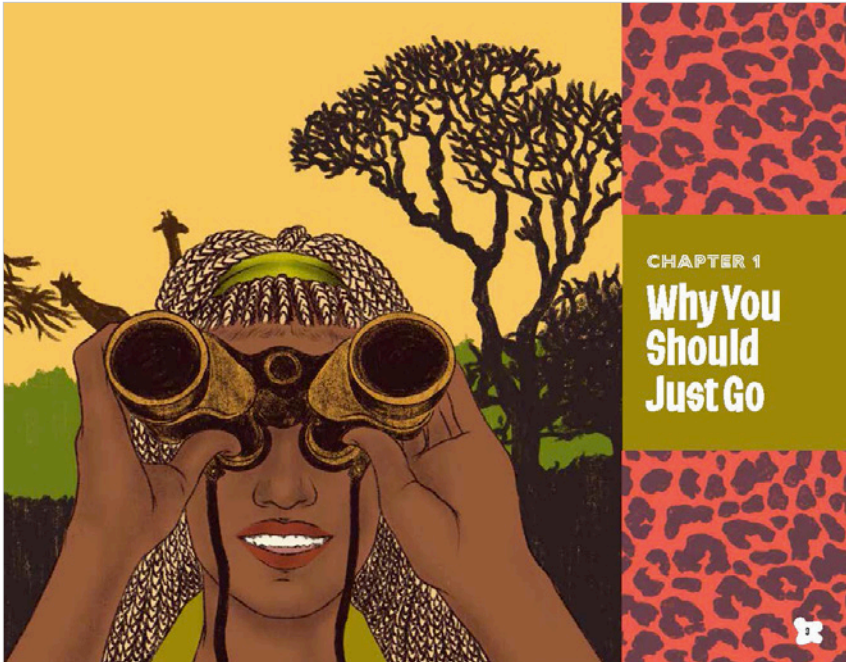
Puzzle measurements are 19.2 x 26.9 in.

Lakkari Pitt is a proud Gamilaroi Yuwaalaraay woman from Walgett, Australia. Lakkari's art is a contemporary take on the knowledge that her Elders and significant people in her life have passed down through generations. Her art explores the movement, essence and stories of country.

- Lakkari has 18.2k followers on Instagram. Footballer Buddy Franklin reposted one of Lakkari's pieces that said 'Support us when it's not trending' as part of his response to the Black Lives Matter movement.
- Lakkari's artwork is a modern representation of Australian Aboriginal art traditions.
- This more challenging puzzle is well worth the effort. Assemble it into something to frame on your wall, or dismantle and create all over again.
- Puzzling is meditative, rewarding, satisfying and a great social activity (or perfect for isolation).



Travel



CHAPTER 1

Why You Should Just Go



Why You Should Go

long, black women have been told how to be and how to live. We have been forced to exist in spaces that were not built with our comfort in mind. We have absorbed the pernicious myths about our own bodies and told ourselves 'No, I can't do that' or 'No I don't belong here'. We have been denied the authorship to our own travel stories.

But what would happen if you ignored the naysayers and the stereotypes? What would happen if, instead of waiting for permission, or allowing fear to dictate your decisions you simply told yourself 'yes, I will go'?

Well... you'd probably have the time of your life, boo.

To travel while black and female is to upend and overcome legacies of mobility impairment. It is to dispel myths which come from the history of restricted movement.

That sounds like a heavy load to bear. But really - it's just another reason to go.

Black women traveling the world freely and for pleasure is undoubtedly boundary-breaking. And now has never been a better time to add your experiences to the black travel discourse. The social-media-led conversation around greater visibility and representation for adventurers who don't fit the traditional mould has taken off in recent years. And in an industry comprised of agents and brands who routinely stereotype or ignore travellers of colour, this conversation has redefined the black travel story all over the globe.

Travelling for leisure is a privilege that thankfully, more

Black female travel can therefore be seen as a radical act. A tool of rebellion. An allegory for emancipation.



draft cover

Black Girls Take World

The Travel Bible for Black Women
with a Severe Case of Wanderlust

Georgina Lawton

April 2021 | HC | TRV026000

\$16.99 | 9781741177022

192pp | 5.4 x 8.5 in

Full color illustrations throughout

ISBN 978-1-74117-702-2



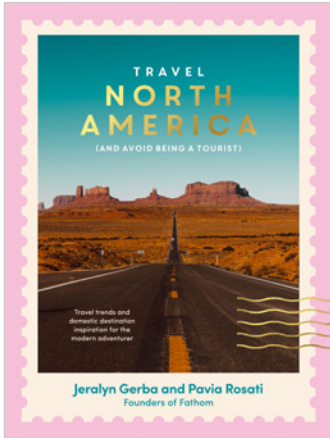
**A book to inspire wanderlust (or just some fun
armchair travel) for young women of color.**

Black Girls Take World is the global travel bible for young women of color. Packed full of insider knowledge, travel tips and tricks, plus advice on how to handle the pros and cons of traveling when you stand out, this book is the perfect accompaniment for adventurous women with a serious case of wanderlust.

Chapters include 'Why you deserve to travel' and 'How not to travel like a basic bitch', and there are also recommendations for DNA heritage tours, the top 5s for solo travel, advice on how to travel ethically, plus self-care tips to stay safe and deal with micro-aggressions abroad. Writer and avid traveler, Georgina Lawton, also incorporates her own unique travel experiences, as well as Q&As with other black female travel pioneers.

Georgina Lawton is a 27-year-old journalist, speaker, travel writer, and former *Guardian Weekend* columnist. She writes about the intersection of travel and identity, as well as ethical, adventure and solo travel, and has been featured in publications such as *The Independent*, *Refinery29*, *Stylist*, *Travel + Leisure*, *VICE*, *Suitcase*, and *Time Out London*.

- This book will resonate with readers regardless of whether they have a vacation planned or not including up to date information on the pandemic, travel restrictions and the Black Lives Matter movement.
- Features illustrations by Detroit artist Rachelle Baker.



draft cover

Travel North America

(and Avoid Being a Tourist)

Fathom

May 2021 | FB | TRV025000

\$29.99 | 9781741177497

252pp | 7.4 x 9.8 in

Full color photography throughout

ISBN 978-1-74117-749-7



9 781741 177497



5 2 9 9 9

Now has never been a better time to plan your next vacation, not too far from home.

Travel North America pays homage to the stories, histories, landscapes and cultures of the vast and diverse North American continent.

Tapping into a treasure trove of time-tested recommendations (both classic and little-known) and a network of interesting people (chefs, novelists, designers, innkeepers, musicians), acclaimed travel-website Fathom's founders Jeralyn Gerba and Pavia Rosati provide inspiration and practical trip-planning advice for modern travelers looking to rediscover North America in the wake of the coronavirus.

With a focus on the United States, Canada, Mexico, and the Caribbean, *Travel North America* includes chapters such as 'Brave New World—The post-pandemic travel mindset', 'Follow Nature's Lead', 'Second Cities Take First Place', 'Road Tripping', and 'Giving Back—Humanitarian travel in North America'.

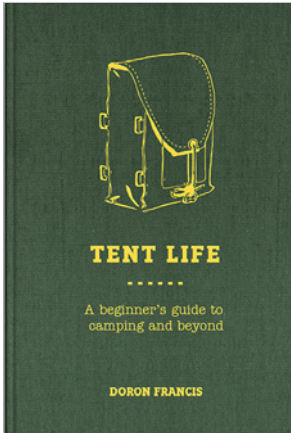
Fathom (fathomaway.com) is a highly respected travel website based in New York City. In 2019, their 'A Way to Go' podcast was launched with iHeart Radio.

- A perfect guide for American millennials and young professionals.
- Fathom has over a million page views of their website per month, 330,000 opt-in EDM subscribers, 70k Instagram followers, and 30k downloads of their 'A Way to Go' podcast.



Also available
Travel Anywhere
(And Avoid Being
a Tourist)
9781741176544





draft cover

Tent Life

A Beginner's Guide to Camping and Beyond Doron Francis

March 2021 | FB | SPO009000

\$19.99 | 9781741177213

240pp | 5 x 7.4 in

Full color photography and illustrations throughout

ISBN 978-1-74117-721-3



A practical guide to inspire you to get out into nature.

Tent Life is a handy, pocket-sized guide packed full of useful tips, activities, and fun projects to help you rediscover your natural sense of wonder, develop new skills, and ultimately, build resilience.

Learn the basics of camping, what to take, when to go, and how to set up. Develop some basic wilderness skills and gaze up to the heavens and navigate by the stars, the easy way. Discover mindfulness and inner peace with nature's own soundscape, and search for your supper and learn to forage for wild food safely. Use a map and compass to guide your hiking adventure and understand basic first aid and other useful skills that will help you thrive in the wild.

With a wealth of illustrations, *Tent Life* will give you the tools to kick-start your outdoor lifestyle. Suitable for children 10 and up.

Doron Francis launched Homecamp in 2014, an outdoor lifestyle brand that aims to inspire people to get outside and experience nature as much as possible.

- There are more than 78 million camping households in the US households.
- This book is the go-to guide for beginners to camping, accessible for both adults and children over the age of 10.
- Features vintage-style illustrations and stunning landscape images from around the world, which will appeal to a wide-ranging audience.



draft cover

Hello Sandwich Japan

A Design-led Guide to Japan

Ebony Bizys

May 2021 | PB | TRV003050

\$29.99 | 9781741176841

320pp | 6.7 x 8.3 in

Full color photography throughout

ISBN 978-1-74117-684-1



A stunning and well-curated guidebook to Japan, packed with insider tips for design-minded travelers.

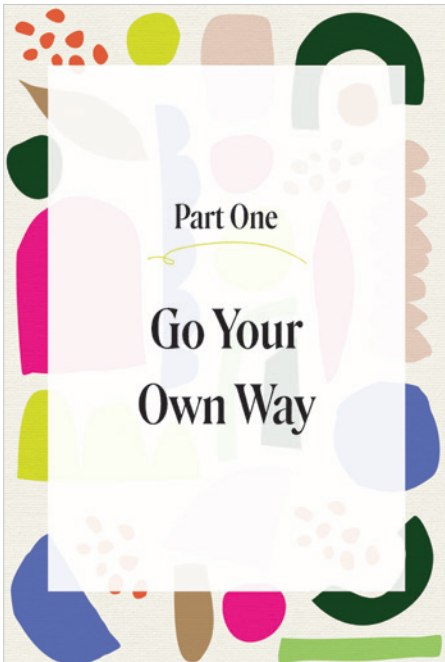
Hello Sandwich Japan is for people who value good aesthetics, good food, and rich culture, who will enjoy the craziness of Tokyo's neon playground just as much as the peaceful Buddhist getaway of Mount Koya.

Design-minded blogger and Japanophile Ebony Bizys, aka Hello Sandwich, has uncovered the very best places around this unique country. Her book features a curated selection of places to go from bonsai gardens, contemporary galleries, stunning temples, peaceful ryokan retreats, 'kawaii' gift shops and topnotch coffee spots, to unbeatable izakayas, four-seater sashimi bars and ideal hiking destinations for 'forest bathing'.

Hello Sandwich Japan is a stunning tome filled with travel tips galore along with language essentials and colorful images.

Ebony Bizys is an Australian-Lithuanian artist, designer, photographer, and blogger based in Tokyo. Since moving to Tokyo, Ebony has art-directed books, hosted solo exhibitions, been commissioned by *Vogue Japan*, and has written and styled for various magazines.

- Author runs personalized tours of Tokyo and has an excellent profile among the design community.
- Covers all parts of the country, focusing on popular destinations for western tourists, and includes breakout sections for specific interests. such cherry blossoms and kawaii culture.



WHY DO WE TRAVEL?

"Independence.... is loyalty to one's best self and principles."

Mark Twain

A Changed World

We travel with modern expectations of recreation and pleasure, but why do we travel? Is it to see iconic places, to visit friends and family, to break the routine, to learn, to have fun, to be pampered, to shop? Yes, certainly, it can be for all of these reasons. It might be to add a tick to the bucket list, to collect anecdotes for dinner parties, or to take the perfect Instagram shot. Or because we have all the possessions we need and are looking for another way to spend our money. Or that the grass always seems greener somewhere else. Is it because we are easily swayed by the marketers who tell us that we are lesser beings without a passport full of stamps? We want to believe that we are capable of making up our own mind rationally, but the reality is, our decisions are mostly emotion-based and groupthink often has the stronger say.

Maybe it is simply that we give little thought to our reasons for travel. We simply pack our bags and go.

Or at least we did, until our jet-setting ways came to an abrupt halt in 2020 - and we looked, amazed, at photographs of blue skies over Beijing and fish in Venetian canals. Despite the economic disaster of lost tourism income, the tortoises of the Galapagos Islands must have breathed a sigh of relief. Streets stripped bare of visiting hordes opened the way for new relationships between residents and their cities.

These positive changes gave us real pause for thought, and inescapable

Go Your Own Way 7

Seek authenticity at home

In many cities around the world, host communities are so overwhelmed by the volume of tourists that they hide their lives behind closed doors. As visitors, much that is real about a place is shielded from our view. But in our neighbourhood, if we are fortunate enough to share the streets with people from diverse backgrounds, our ordinary, everyday interactions with various ways of life are entirely authentic. We buy food from each other, teach children and provide healthcare. We're all just the locals getting on with our lives and each other.

Of course, getting to know the members of our local Pakistani community is not the same as visiting Lahore. In that beautiful, sophisticated city, thousands of years old, the culture has been laid down like sediment, found in everything that can be touched, breathed and tasted.

But we can learn to adjust our sights and our needs - instead of Lahore, local. We can bundle up all of the expectations we would have taken to a foreign city and go looking for what is thriving in our neighbourhood. A festival that celebrates the customs: a Pashtun café serving kabuli palaw and chapli kabab; a sitar-playing busker. We can watch the film *Maula Jatt*. We can read *Mottled Dawn* by Saadat Hasan Manto or *The Wandering Falcon* by Jamil Ahmed.

Worlds away close to home

We can turn a corner and enter a different country: strange clothes, language, smells, shops. Even the bustle of daily life can seem alien. For me, all it took was a brisk 12 minute train ride west from the centre of Melbourne. Stepping out of the carriage was like stepping into a foreign land.

Footscray is home to the Aboriginal Woiwurrung and Boon Wurrung tribes of the Kulin nation. Through the 19th and 20th centuries the population became dominated by white, working-class families living in a suburb shrouded in industrial pollution. Through further transitions, it now ranks in the top fifty coolest suburbs in the world - which doesn't surprise the locals. Wave after wave of immigrants - first British and European, then Chinese, Vietnamese and Indian, then East African - have instilled Footscray with its own distinctive identity. Each group has stamped its distinctiveness, embroi-

dering and infusing the suburb with a diverse and fascinating new identity.

There's a large mural of local Sicilian Franco Cozzo. Directly opposite the station is the Footscray market, famous for its banh mi peddlers. The streets around the market are crowded with African, Vietnamese, Middle Eastern, Italian and Australian eateries.

There's plenty of community pride, especially for the Asylum Seeker Resource Centre and the Footscray Community Arts Centre. Nothing's pretentious. Footscray is simply what it is: a multilayered, multicultural community bursting with life. Like so many suburbs in so many places, it is the sum of all the people who live there.

Spin a globe, close your eyes and place your finger anywhere, then go in search of the culture you've pointed to. Only, don't book a flight; hit the streets of home.

INHERENT KINDNESS

In the summer of 2020, bushfires ravaged the region in which I live. Many people were evacuated from their towns and could not know if the fires had destroyed their homes. Large relief centres were set up to accommodate these anxious souls and to help them through a terrifying time.

Within a few days, members of the Melbourne-based Sikh Volunteers Australia were travelling throughout the fire-affected region, dishing up free food. Undeterred by the thick smoke and confusion, they sat about serving hundreds of meals of vegetable curry and rice, warm, comforting food for the fire-weary and distressed. The locals called them legends.

During lockdown, Sikh communities fed hungry, isolated families in countries across the globe. The care, charity and kindness of the Sikhs, the gratitude and respect of the recipients: here was bonding that transcended cultural differences and showed that we truly were all in this together.

22 Home Traveller

Go Your Own Way 23



draft cover

The Art of Being a Tourist at Home

Satisfy Your Wanderlust Without Leaving Your Home City or Town

Jenny Herbert

April 2021 | HC | TRV026020

\$16.99 | 9781741177107

176pp | 5.8 x 8.5 in

Full color illustrations throughout

ISBN 978-1-74117-710-7



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A thoughtful book that celebrates 'staycations'.

In *The Art of Being a Tourist at Home*, Jenny Herbert takes us on a journey through our neighborhood streets and our local parks, through museums and libraries, art galleries, and bookshops. There's wonder to be found, new friends to meet, and so many lifetime learning opportunities to be had—all without the stress involved in planning a holiday.

After all, why do we travel in the first place? It's an urgent question in these days of climate crisis and global instability. Staying closer to home makes good sense: it's cheaper, easier, less stressful, and better for our health as well as the health of the planet.

With beautiful illustrations throughout, *The Art of Being a Tourist* demonstrates that traveling at home offers the greatest potential for us to discover what contributes to our wellbeing and our happiness.

With over 20 years working in the tourism industry, **Jenny Herbert** knows tourism from both sides. Her 2008 book *The Intelligent Traveller* was a guide to traveling well and how we need to be respectful and responsible travelers.

- With international borders shut for the foreseeable future, people will be forced to travel 'at home' and this book is the perfect guide to get the most out of that travel.
- Based on the Swedish philosophy of 'flygskam' or 'flight shame', encouraging adventure without needing to hop on an airplane (and hence lowering carbon emissions).



draft cover

Destination Coffee

A Little Book for Coffee Lovers

Jane Ormond

April 2021 | HC | TRV026120

\$12.99 | 9781741176902

144pp | 4.7 x 6.1 in

Full color illustrations throughout

ISBN 978-1-74117-690-2



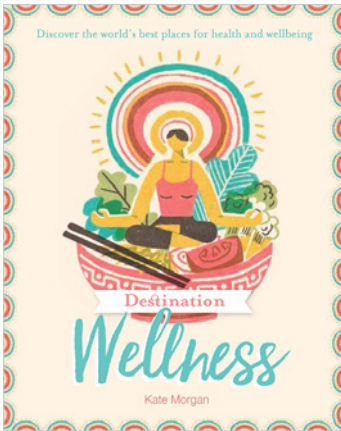
A gorgeous gift book or self-purchase for coffee lovers.

Destination Coffee is a book for the coffee and travel lover. It showcases the world's greatest coffee cities, from Portland to Trieste, Melbourne to Rome, and uncovers coffee-drinking histories from around the world. It will guide you to the best cafe enclaves and help you to choose what to drink when you get there.

Beautifully illustrated, *Destination Coffee* is a gift book that percolates with information on coffee styles and equipment, and includes insights from baristas and cafe latte artists on coffee's unshakeable place in popular culture, and why we're so completely obsessed with this mystical brew.

Jane Ormond is an Australian food and travel writer. She has written for Lonely Planet, Jetstar's and Icelandair's in-flight magazine, as well as *Luxury Travel Magazine*, *Gourmet Traveller*, *The Age Good Food Guide*, *The Age Good Cafe Guide* and *Cheap Eats*.

- A love of good coffee abounds across the world—it is a universal drink! During the coronavirus pandemic, sales of coffee machines for the home went up.
- This is not a guidebook. Rather, it offers bite-size pieces of information to inspire future travel plans (and let you know where all the best cafes are), as well as an overview of coffee-making equipment and recipes for coffee cocktails.
- An ideal gift for Mother's Day or the coffee lover in your life.



draft cover

Destination Wellness

A Little Book for Those Who Want
to Relax and Reset

Kate Morgan

April 2021 | HC | TRV030000

\$12.99 | 9781741176896

144pp | 4.7 x 6.1 in

Full color illustrations throughout

ISBN 978-1-74117-689-6



A gorgeous gift book or self-purchase to inspire your next wellness escape.

Destination Wellness offers ideas and inspiration for reducing your stress and finding your zen, listing travel destinations where you can do just that, from week-long meditation retreats and intensive creative workshops to luxury day spas and Ayurvedic health centers.

With stunning illustrations and tips on health and wellness, *Destination Wellness* will help you to start relaxing with a bit of armchair travel before you've even set off on your trip to a better you.

Kate Morgan is a freelance travel writer. She has worked in-house at Lonely Planet as a commissioning editor, and also written for various travel guidebooks, online and in magazines for companies such as Lonely Planet, BBC Travel, *Condé Nast Traveler*, Broadsheet Media, *Waitrose Magazine* in the UK and Tourism Australia.

- According to *Condé Nast Traveler*, after the coronavirus pandemic 'we'll be craving health-enhancing experiences, restorative immersions in nature, spirit-lifting exercise in the open air and safe escapes for quality time with our nearest and dearest'.
- This is not a guidebook. Rather, it offers bite-size pieces of information to inspire future travel plans for the growing trend in wellness tourism.
- An ideal gift for Mother's Day or the health-nut in your life.



SOUTH AMERICA

Huascarán Circuit

PERU

Explore the best of the Andes with a challenging circuit through Peru's Cordillera Blanca, a singular place of soaring icy peaks, steep granite walls and tumbling glaciers.

ITINERARY

DAY 1

MT COOK VILLAGE TO TWITEL (77KM/48 MILES)

When I arrive in Aoraki-Mt Cook Village on the afternoon of Day 1 begin riding, the landscape is softer in sunbath. By the next morning, however, the mountain has been denuded by wind, and furious winds roar through the Hooker Valley, putting to rest the village's old buildings. Light has been granted, I will be working on the other side of the Tasman River, after all.

Just a few kilometers from this peak rise, the Tasman River passes near Lake Pukaki. A corrugated steel road runs along the lake's eastern edge, forming this initial section of the Alpine 2-Oceana trail. Traffic is minimal. I've passed by two rivers in as few hours, crossing a volcano mountain in the main road and into Aoraki-Mt Cook Village, which runs along the lake's opposite shore, often in view across the center of 7 Lake. The peninsula's summit of Aoraki-Mt Cook sits over my shoulder, often shrouded by cloud and snow. The lake, and the Great Blue Lake Pukaki in the impossible blue that is unique to glacier-fed lakes, with their snow reduced by the first particles of rock ground down by moving ice.

Approaching the head of the lake, 40 kilometers (25 miles) along the road, the lake turns away into the rest of wide and wonderful lake paths that define Alpine 2 Oceana, winding its way around the shores to the lake's southern point. On the shore, a large irregular lake is named in one of New Zealand's most famous rivers – a river that reflects of Aoraki-Mt Cook and the Southern Alps, but no more than this one, the water is a swirling mass of white-capped waves and the river is connecting. The only thing that's true right now is the way ahead, with the road curving the well-worn Pukaki River that stretches unbrokenly between the mountain to its far right and my eye in Twitell.

DAY 2

TWITEL TO LAKE OHAI (38KM/23.5 MILES)

Twitell is an unassuming town that was built in the late 1960s to house workers on a hydroelectric scheme being carved through the Hooker Valley. Dunes were built and roads lined up the lake's landscape. Fifty years after their construction, the roads have become a beloved driving for cyclists. From Twitell to Lake Ohai, Alpine 2 Oceana predominantly follows the roads, riding on roads in a slightly less in real time. The scenery is blue.

Alpine 2 Oceana



130



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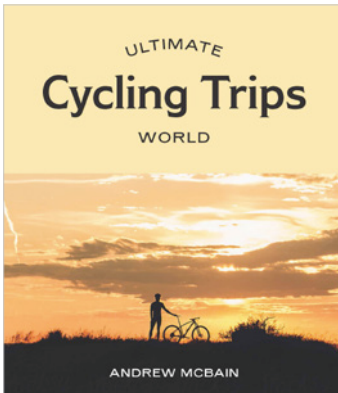
LOCAL SNAPSHOT

In some ways, Alpine 2 Oceana is a modern incarnation of a traditional pathway. The Hooker Valley, which forms the backbone of the lake, was used by Maori as a corridor from the Southern Alps to the sea, long before it was populated by lakes. The High Lake people would travel the river in rafts, carrying small boats to the Mackenzie Basin, where they and others in the region (New Zealand had been abundant) – these names of both were captured in the local Maori names in 1973. Today, the river is the Tasman River, an area which you'll cycle past just before reaching Twitell. Many other rock art sites were flooded during the creation of Twitell and Aoraki Lake in the 1960s.



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139



Ultimate Cycling Trips: World

Andrew Bain

May 2021 | FB | TRV026100

\$29.99 | 9781741176964

208pp | 8.3 x 9.4 in

Full color photography throughout

ISBN 978-1-74117-696-4



36 handpicked destinations for the best slow travel on two wheels.

Including detailed descriptions, suggested itineraries, maps, photos, and even interviews with world cyclists, the *Ultimate Cycling Trips: World* is the perfect guide for planning your own cycling adventure. There are trips to suit every fitness level, from riding through the Italian and French Riviera, to Canada's wildlife-rich Icefields Parkway, and the volcanic island of Jeju off the southern tip of South Korea.

As we grow more anxious about our planet, author Andrew Bain offers cycling trips as one way to minimize our environmental impact while on holiday.

Andrew Bain is an award-winning travel writer, specializing in outdoor adventure. He's the author of *Headwinds*, *Where to Ride Tasmania* and *Lonely Planet's Cycling Australia* guidebook.

- Includes a detailed suggested itinerary for each of the 20 main cycling destinations, plus advice on the fitness level required, safety tips and photos for all 36 destinations.
- Ideal for a broad audience, namely those who would hire a bike at their destination and are looking to see the countryside.
- Includes two US itineraries (Maine East Coast Greenway & Saguaro National Park) and two Canadian routes (Icefields Parkway & Prince Edward Island), plus San Juan Islands, Great Divide Mountain Bike Route and Route Verte in the additional rides section.

The Pocket Precincts Series

Curated guidebooks offering the best cultural, shopping, eating, and drinking spots to experience the city as locals do.

- Compact and light paperbacks, perfect for slipping into your back pocket.
- Divided into chapters by neighborhood, each featuring the author's favorite places from major attractions through to hidden gems.
- Includes detailed maps at the back and a field trip section encouraging readers to venture further afield.
- Ideal for backpackers or those with limited time at a destination, but who still want to see all of the highlights.



ISBN 978-1-74117-651-3



Venice Pocket Precincts

Cristian Bonetto

July 2021 | PB | TRV009110

\$14.99 | 9781741176513

208pp | 5.1 x 7.2 in

Full color photography throughout

Venice Pocket Precincts is your curated guide to the city's best cultural, shopping, eating, and drinking experiences, with each precinct covering the best of Venice's sestieri. Venice is an improbable, inimitable masterpiece. Emerging from the Adriatic as if by miracle, its storybook palaces and churches burst with top-tier frescoes, monuments, and Insta-snapping tourists. But the place known as 'La Serenissima' is more than this. Slip into its calli (streets) to discover the city lived and loved by locals; a maze of dirt-cheap, canal-side bacari (Venetian bars), progressive restaurants and artisan studios crafting everything from handmade jewelry to provocative ceramics.



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ISBN 978-1-74117-757-2



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The Pocket Precincts Counterpack is a bright and beautiful way to display your favorite titles in the Pocket Precincts series. The counterpack will fit well on all bookstore counters with the option to pick and mix up to 10 titles in this accessible and trendy guidebook series.

- Holds 10 units with spine out.
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- From August 2020, there will be 12 titles available in the *Pocket Precincts* series.



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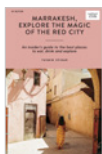
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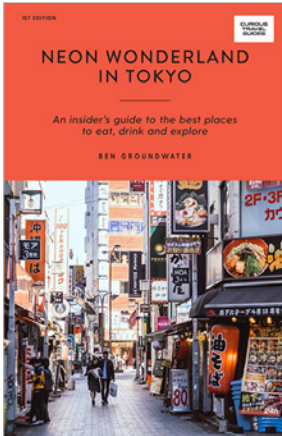
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Neon Wonderland in Tokyo

An Insider's Guide to the Best Places
to Eat, Drink and Explore
Ben Groundwater

June 2021 | PB | TRV003050
\$24.99 | 9781741177015
232pp | 5.9 x 9.1 in
Full color photography throughout

ISBN 978-1-74117-701-5



***Neon Wonderland in Tokyo* is your guide to navigating the colossal world within a world that is Tokyo.**

Japan's capital is big, bold, and often highly intimidating to the uninitiated. But this needn't be the case. *Neon Wonderland in Tokyo* will not only introduce travelers to the heart of this densely packed and buzzing metropolis but also the village-like atmosphere of its smaller suburbs, helping you to find the best restaurants, the best bars, the best shops and the best attractions hidden within the urban jungle.

This book is also a guiding hand through the intricacies of Tokyo culture and its residents' obsessions, from craft beer to coffee, baseball to ramen noodles. Tokyo is the most exciting city in the world—and it's time to dive in.

Ben Groundwater is an award-winning Australian travel writer and broadcaster, and the author of *Go Your Own Way*.

- Sleek, contemporary design with beautiful images and a luxe cover.
- The best of Tokyo including the best of coffee, culture, shopping and good food. Ideal for any globetrotter!

BACKLIST

Food & Drink



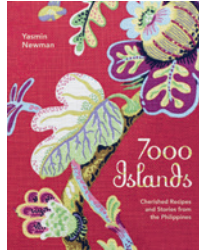
Always Add Lemon
DANIELLE ALVAREZ
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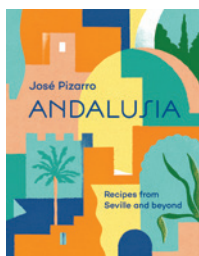
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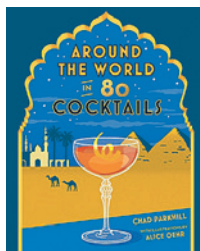
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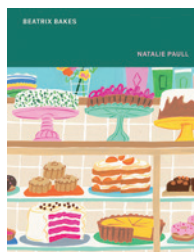
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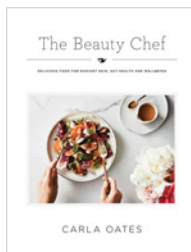
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Behind the Bar

ALIA AKKAM

\$19.99 | HC
9781784883324



The Beauty Chef

CARLA OATES

\$35.00 | HC
9781743793046



The Beauty Chef Gut Guide

CARLA OATES

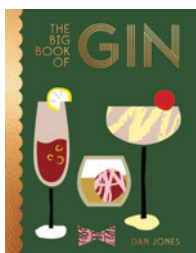
\$29.99 | HC
9781743795002



The Beer Kitchen

MELISSA COLE

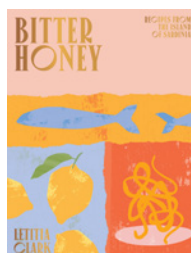
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DAN JONES

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9781784881931



Bitter Honey

LETITIA CLARK

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9781784882778



The Book of Vermouth

SHAUN BYRNE &
GILLES LAPALUS

\$29.99 | HC
9781743793992



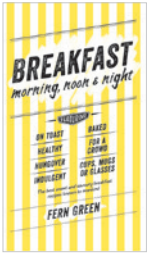
Bliss Bites

KATE BRADLEY

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9781743793572



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**Breakfast:
Morning, Noon
and Night**
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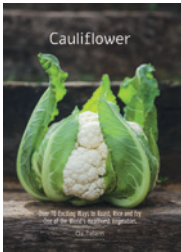
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9781743793732



Cocktails & Canapes

KATHY KORDALIS

\$19.99 | HC
9781784883744



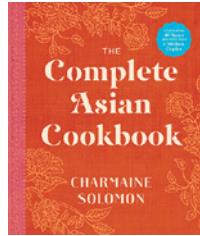
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The Cocktail Garden

ADRIANA PICKER & ED LOVEDAY

\$19.99 | HC
9781743792858



The Complete Asian Cookbook

CHARMAINE SOLOMON

\$50 | HC
9781743791967



Cookie Love

JEAN HWANG CARRANT

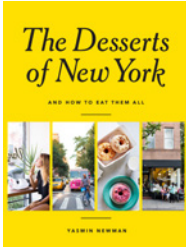
\$11.99 | HC
9781784882587



Dalmatia

INO KUVACIC

\$40.00 | HC
9781743792551



The Desserts of New York

YASMIN NEWMAN

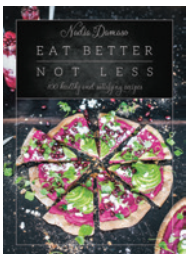
\$24.99 | FB
9781743792124



Doctor's Orders

CHRIS EDWARDS & DAVE TREGNEZA

\$14.99 | HC
9781784881375



Eat Better Not Less

NADIA DAMASO

\$24.99 | HC
9781784880927



Ferment for Good

SHARON FLYNN

\$29.99 | HC
9781743792094



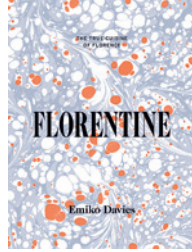
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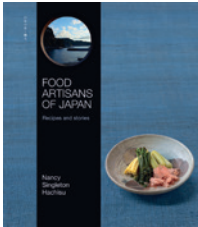
MARTIN NORDIN

\$24.99 | HC
9781784883263



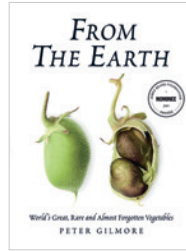
Florentine

EMIKO DAVIES
\$40 | HC
9781743790038



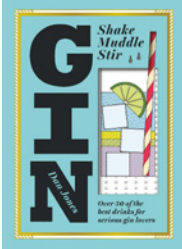
Food Artisans of Japan

NANCY SINGLETON HACHISU
\$35.00 | HC
9781743794654



From the Earth

PETER GILMORE
\$60 | HC
9781743793480



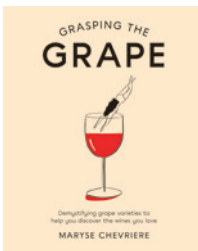
GIN: Shake, Muddle, Stir

DAN JONES
\$16.00 | HC
9781784880521



Grain Bowls

ANNA SHILLINGLAW HAMPTON
\$19.99 | PB
9781784880484



Grasping the Grape

MARYSE CHEVRIERE
\$14.99 | HC
9781784882488



Green Burgers

MARTIN NORDIN
\$22.99 | HC
9781784881436



BACKLIST



Green Kitchen at Home

DAVID FRENKIEL & LUISE VINDAHL

\$35 | HC
9781784880842



Green Kitchen Smoothies

DAVID FRENKIEL & LUISE VINDAHL

\$19.99 | HC
9781784880460



Green Kitchen Travels

DAVID FRENKIEL & LUISE VINDAHL

\$35.00 | HC
9781742707686



Halliday Wine Companion 2021

JAMES HALLIDAY

\$4.00 | PB
9781743796443



Hangover Helper

LAUREN SHOCKEY

\$19.99 | HC
9781784882594



Happy Food

BETTINA CAMPOLUCCI BORDI

\$29.99 | HC
9781784881573



The Hot Chicken Project

AARON TURNER

\$29.99 | HC
9781743794845



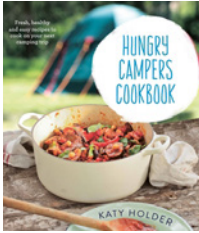
How to Eat Your Christmas Tree

JULIA GEORGALLIS

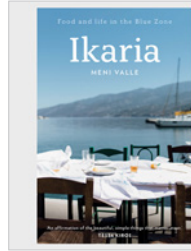
\$16 | HC
9781784883713



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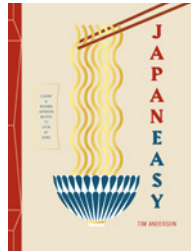
Hungry Campers Cookbook
KATY HOLDER
 \$24.99 | SB
 9781741176230



Ikaria
MENI VALLE
 \$31 | HC
 9781743796153



Infused Booze
KATHY KORDALIS
 \$19.99 | HC
 9781784881528



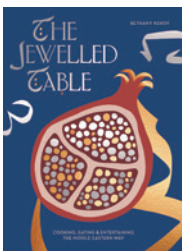
JapanEasy
TIM ANDERSON
 \$32.50 | HC
 9781784881146



The Japanese Table
HELLSTEN, SOFIA
 \$29.99 | HC
 9781784882150



Jello Shots
SABRINA FAUDA-RÔLE
 \$11.99 | HC
 9781784881481



The Jewelled Table
BETHANY KEHDY
 \$35 | HC
 9781784881672



Joy to the World
SILKE MARTIN
 \$11.99 | HC
 9781784883737



BACKLIST



Kawaii Cakes
JULIET SEAR
\$14.99 | HC
9781784881214



Keeping It Simple
YASMIN FAHR
\$24.99 | HC
9781784882822



Kitchen Brewing
MIKAEL ZETTERBERG
& JAKOB NIELSEN
\$22.99 | HC
9781784881832



Let it Snow
AGNES PRUS
\$11.99 | HC
9781784882556



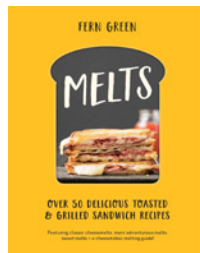
The Little Book of Craft Beer
MELISSA COLE
\$14.99 | HC
9781784881153



Little Book of Lager
MELISSA COLE
\$14.99 | HC
9781784883300



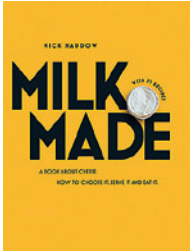
Little Green Kitchen
DAVID FRENKIEL &
LUISE VINDAHL
\$29.99 | HC
9781784882273



Melts
FERN GREEN
\$19.99 | HC
9781784880897



BACKLIST



Milk. Made.
NICK HADDOW
 \$39.99 | HC
 9781743791356



The Mixer's Manual
DAN JONES
 \$14.99 | HC
 9781742707747



Mug Cakes
LENE KNUDSEN
 \$11.99 | HC
 9781742708553



New Feast
LUCY MALOUF & GREG MALOUF
 \$29.99 | HC
 9781743793213



New Feast
LUCY MALOUF & GREG MALOUF
 \$29.99 | PB
 9781743793213



One-Pot Pasta
SABRINA FAUDA-RÔLE
 \$11.99 | HC
 9781784880576



One-Pot Vegetarian
SABRINA FAUDA-RÔLE
 \$19.99 | HC
 9781784882570



Only In Tokyo
MICHAEL RYAN & LUKE BURGESS
 \$29.99 | HC
 9781743794791



BACKLIST



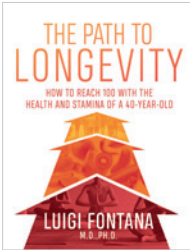
Pardiz **MANUELA** **DARLINGGANSSE**

\$45.00 | HC
9781743795194



Pasta Grannies **VICKY BENNISON**

\$29.99 | HC
9781784882884



The Path to Longevity **LUIGI FONTANA**

\$25.99 | HC
9781743795965



Peanut Butter: Breakfast, Lunch & Dinner

**TIM LANNAN &
JAMES ANNABEL**

\$19.99 | HC
9781743795750



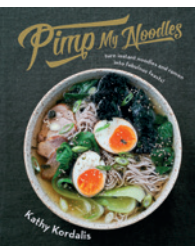
Pickle Juice **FLORENCE** **CHERRUAULT**

\$19.99 | HC
9781784881894



The Pie Project **PHEOBE WOOD & KIRSTEN JENKINS**

\$24.99 | HC
9781743791332



Pimp My Noodles **KATHY KORDALIS**

\$19.99 | HC
9781784881238



The Plan Buy Cook Book **GABBY CHAPMAN & JAN PETROVIC**

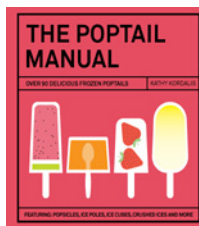
\$24.99 | FB
9781743795644



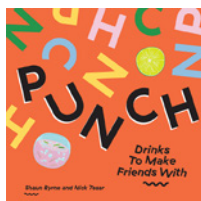
BACKLIST



Poke
CELIA FARRAR
& GUY JACKSON
\$19.99 | HC
9781784880866



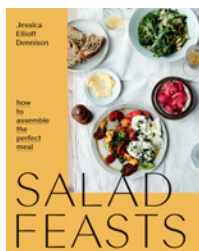
The Poptail Manual
KATHY KORDALIS
\$14.99 | HC
9781784880934



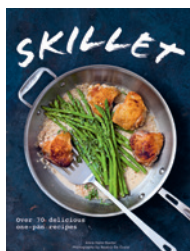
Punch
SHAUN BYRNE
\$17.99 | HC
9781743796078



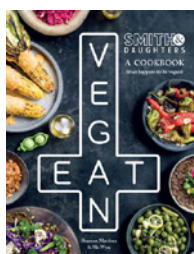
Root to Bloom
MAT PEMBER &
JOCELYN CROSS
\$29.99
9781743793442



Salad Feasts
JESSICA E.
DENNISON
\$24.99 | FB
9781784881641



Skillet
ANNA HELM BAXTER
\$19.99 | PB
9781784881566



Smith and Daughters
SHANNON MARTINEZ
& MO WYSE
\$35.00 | HC
9781743792070



Smith & Deli-cious
SHANNON MARTINEZ
& MO WYSE
\$35.00 | HC
9781743793671



BACKLIST



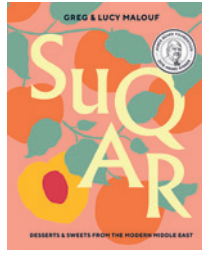
Speakeasy
BENNY ROFF
 \$19.95 | HC
 9781743790106



Stir Fry
CAROLINE HWANG
 \$19.99 | PB
 9781784881542



Sugar Rebels
NICK MAKRIDES
 \$19.99 | FB
 9781743795019



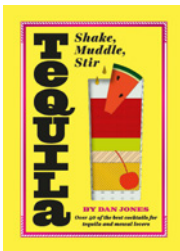
SUQAR
GREG MALOUF & LUCY MALOUF
 \$40.00 | HC
 9781743794135



Sweet Vegan
NICOLE MAREE
 \$14.99 | FB
 9781743796467



Taqueria
PAUL WILSON
 \$29.99 | HC
 9781743792315



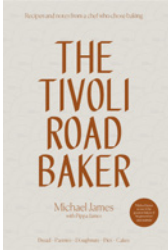
Tequila: Shake, Muddle, Stir
DAN JONES
 \$16.99 | HC
 9781784881658



Tin Can Magic
JESSICA E. DENNISON
 \$22.99 | FB
 9781784883201



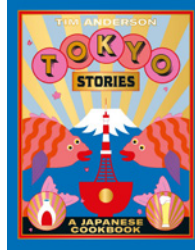
BACKLIST



The Tivoli Road Baker

MICHAEL JAMES &
PIPPA JAMES

\$35 | HC
9781743793206



Tokyo Stories

TIM ANDERSON

\$35.00 | HC
9781784882297



Tonic

TANITA DE RUIJT

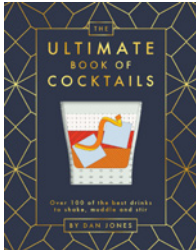
\$19.99 | HC
9781784881412



Tortellini at Midnight

EMIKO DAVIES

\$35.00 | HC
9781743794531



The Ultimate Book of Cocktails

DAN JONES

\$27.5 | HC
9781784883478



Vegan Goodness

JESSICA PRESCOTT

\$24.99 | HC
9781784880477



Vegan Goodness: Feasts

JESSICA PRESCOTT

\$24.99 | HC
9781784881665



Vegan One-Pot Wonders

JESSICA PRESCOTT

\$24.99 | HC
9781784883232



BACKLIST



Vegan JapanEasy

TIM ANDERSON

\$32.5 | HC

9781784882846



Vegan With Bite

SHANNON
MARTINEZ

\$24.99 | HC

9781743796245

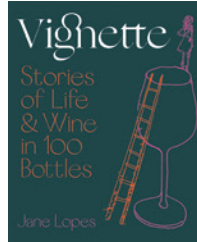


Vegetarian Party Food

CAROLINE HWANG

\$19.99 | PB

9781784881856



Vignette

JANE LOPES

\$29.99 | HC

9781743795323

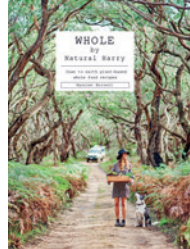


Vodka

JONES, DAN

\$16.99 | HC

9781784882495

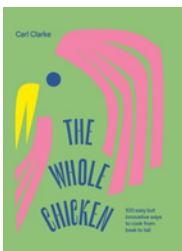


Whole

HARRIET BIRRELL

\$35.00 | HC

9781743795163

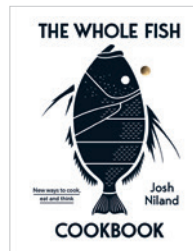


The Whole Chicken

CARL CLARKE

\$35.00 | HC

9781784883638



The Whole Fish Cookbook

JOSH NILAND

\$40.00 | HC

9781743795538



BACKLIST



The Zero Waste Cookbook

GIOVANNA
TORRICO &
AMELIA WASILIEV

\$19.99 | HC
9781784882471



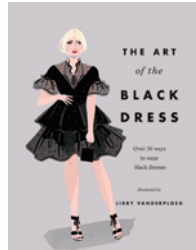
Fashion & Beauty



The Art of Denim

LIBBY VANDERPLOEG

\$14.99 | HC
9781784882358



The Art of the Black Dress

LIBBY VANDERPLOEG

\$14.99 | HC
9781784882785



The Art of the Scarf

LIBBY VANDERPLOEG

\$14.99 | HC
9781784880583



The Botanical Beauty Hunter

MADDY DIXON

\$19.99 | HC
9781743796429



Coco Chanel

MEGAN HESS

\$24.99 | HC
9781743790663



The Dress

MEGAN HESS

\$24.95 | HC
9781742708232



BACKLIST



Elegance

MEGAN HESS

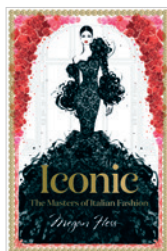
\$24.99 | HC
9781743794425



Fashion House

MEGAN HESS

\$15.99 | HC
9781742708928



Iconic

MEGAN HESS

\$24.99 | HC
9781743794371



The Illustrated

World of
Couture

MEGAN HESS

\$45.00 | HC
9781743794449



New York

MEGAN HESS

\$24.99 | HC
9781743791714



Paris

MEGAN HESS

\$24.99 | HC
9781743792476



Perfume

NEIL CHAPMAN

\$22.99 | HC
9781784882433



This Guy

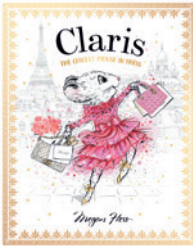
JAMIE FERGUSON

\$45 | HC
9781784882525

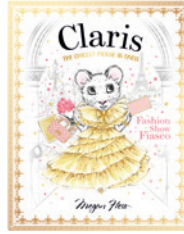


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Childrens



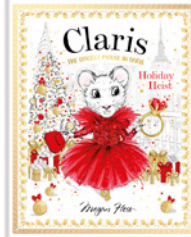
Claris
MEGAN HESS
\$17.99 | HC
9781760502591



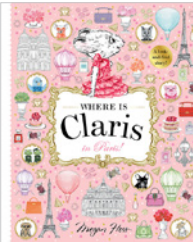
Claris Fashion Show
MEGAN HESS
\$17.99 | HC
9781760502874



Claris: Bonjour Riviera
MEGAN HESS
\$17.99 | HC
9781760504939



Claris: Holiday Heist
MEGAN HESS
\$17.99 | HC
9781760504953



Where is Claris?
MEGAN HESS
\$14.99 | HC
9781760504946



Claris Book & 60 Piece Puzzle Set
MEGAN HESS
\$17.99 | Puzzle
9781760507817



Claris: Book + Toy Gift Set
MEGAN HESS
\$22.99 | Book & Toy
9781760502805



BACKLIST

Craft, Home & Garden



A Living Space KIT KEMP

\$50.00 | HC
9781742703930



A Tree in the House ANNABELLE HICKSON

\$35.00 | HC
9781743793749



Be Dazzling RACHEL BURKE

\$14.99 | HC
9781743794159



British Designers At Home JENNY ROSE-INNES

\$50.00 | HC
9781784883461



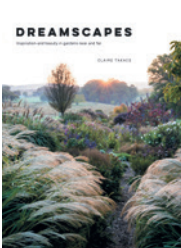
Celebrate CHYKA KEEBAUGH

\$29.99 | HC
9781743795668



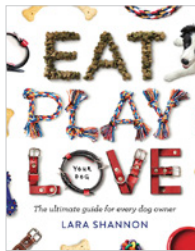
Design Thread KIT KEMP

\$50.00 | HC
9781784881948



Dreamscapes CLAIRE TAKACS

\$50.00 | HC
9781743793527



Eat, Play, Love (Your Dog) LARA SHANNON

\$24.99 | PB
9781741177053

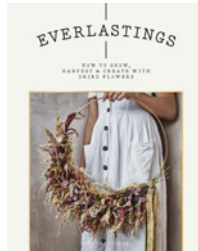


BACKLIST



Embroidery Now JENNIFER CARDENAS RIGGS

\$19.99 | PB
9781784882532



Everlastings BEX PARTRIDGE

\$20.99 | PB
9781784883393



Every Room Tells a Story KIT KEMP

\$50 | HC
9781784880125



Flowersmith JENNIFER TRAN

\$29.99 | FB
9781743792919



Green JASON CHONGUE

\$23.99 | FB
9781743795545



Grounded: Slow, Grow, Make, Do ANNA CARLILE

\$20.99 | FB
9781741176827



Grow. Food. Anywhere MAT PEMBER & DILLON SEITCHIK- REARDON

29.99 | FB
9781743793770



Home EMMA BLOMFELD

\$24.99 | HC
9781743792711

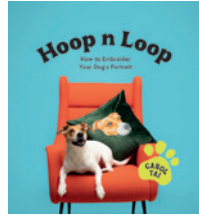


BACKLIST



Home by Natural Harry

HARRIET BIRRELL
\$24.99 | HC
9781743796207



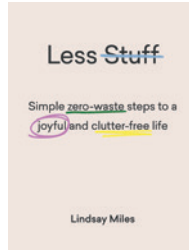
Hoop n Loop

CAROL TAI
£14.99 | HC
9781784883720



Keeping House

EMMA BLOOMFIELD
\$24.99 | HC
9781743794869



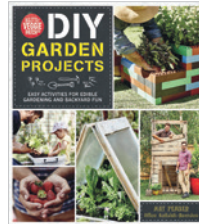
Less Stuff

LINDSAY MILES
\$19.99 | FB
9781743795446



The Less Waste, No Fuss Kitchen

LINDSAY MILES
\$24.99 | FB
9781743795835



The Little Veggie Patch Co. DIY Garden Projects

MAT PEMBER
\$34.95 | PB
9781743790991



Living With Plants

SOPHIE LEE
\$24.99 | HC
9781784880965



The Maverick Soul

MIV WATTS
\$50 | HC
9781784880439



BACKLIST



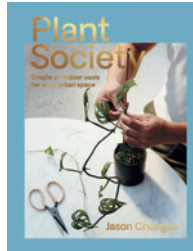
**Modern
Container
Gardening**
ISABELLE PALMER
\$22.99 | HC
9781784883133



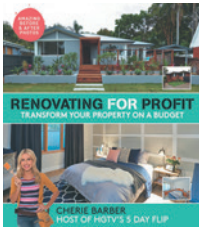
**Natural Home
Cleaning**
FERN GREEN
\$19.99 | PB
9781784882396



Petal
ADRIANA PICKER
\$37.00 | HC
9781743795040



Plant Society
JASON CHONGUE
\$22.99 | FB
9781743793435



**Renovating for
Profit**
CHERIE BARBER
\$29.99 | PB
9781743794074



Still
NATALIE WALTON
\$42.00 | HC
9781743795705



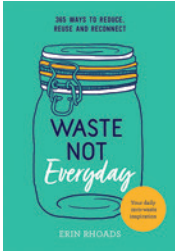
This is Home
NATALIE WALTON
\$40.00 | HC
9781743793459



Waste Not
ERIN RHOADS
\$24.99 | FB
9781743794623



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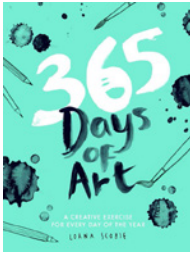
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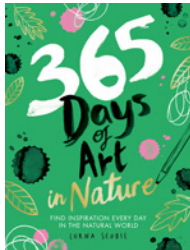
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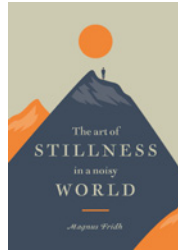


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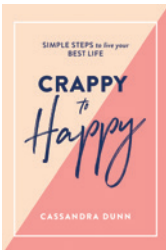
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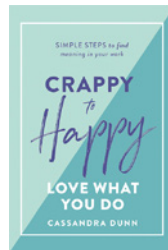
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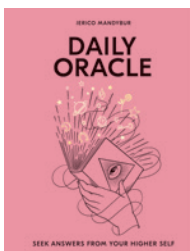
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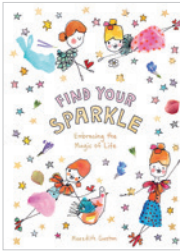
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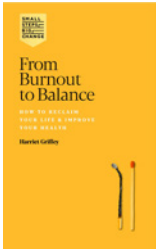
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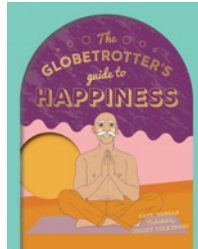
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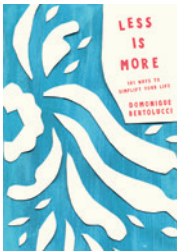
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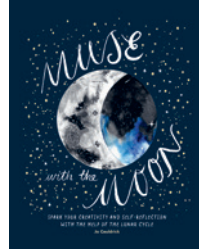
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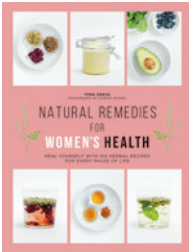
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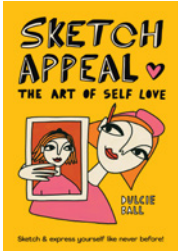
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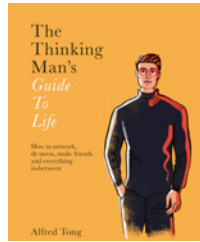
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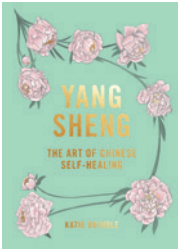
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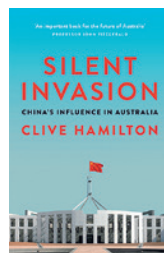
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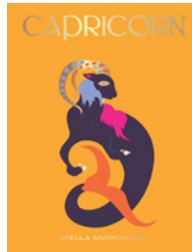
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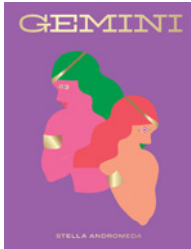
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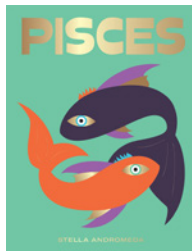
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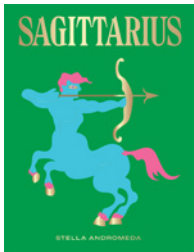


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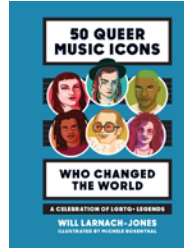


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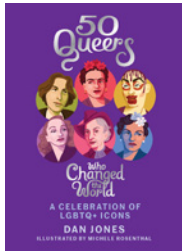
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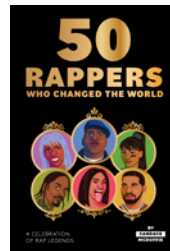
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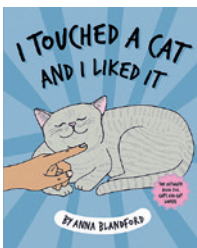
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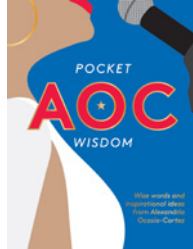
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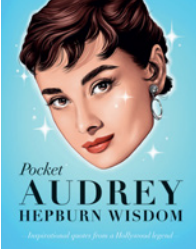
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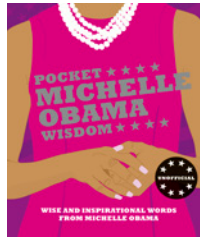
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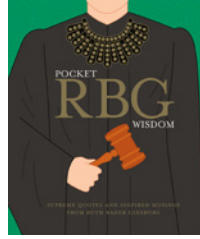
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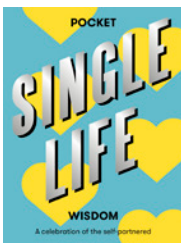
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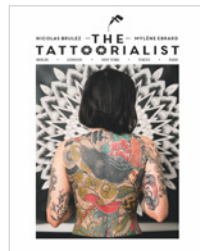
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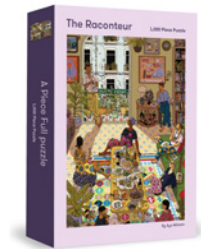
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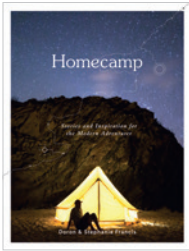
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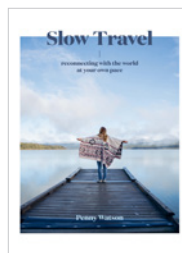
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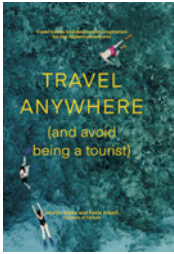
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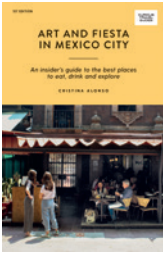
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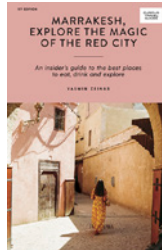


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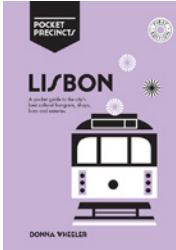
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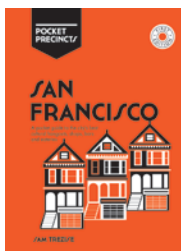
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