

Spring
2019



UBC Press

Trade Selections

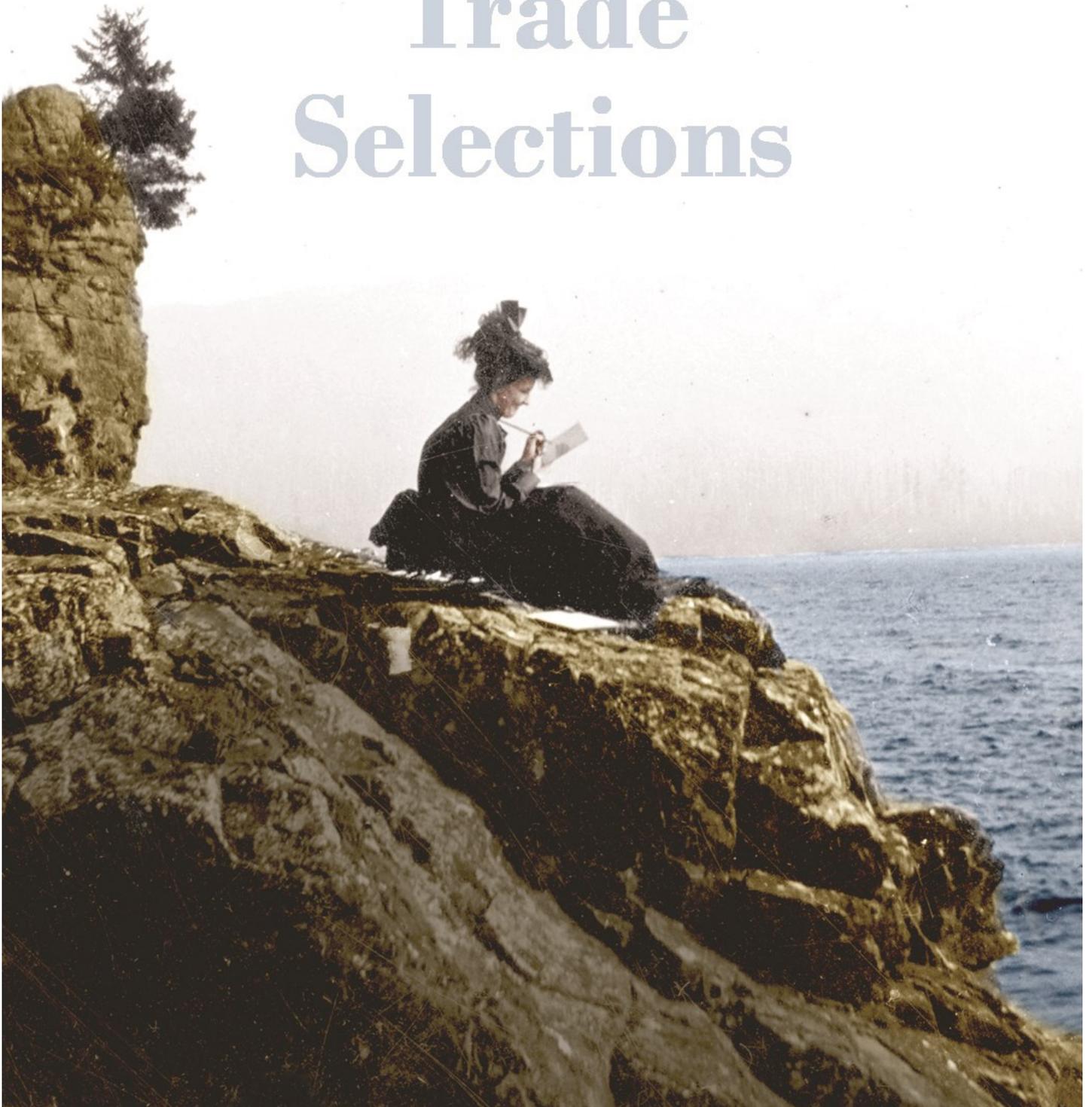
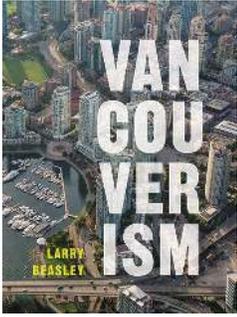


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9780774890311

- 200 colour photos, 4 maps
- 7.5 x 10 in
- 384 pages
- On Point Press
- UBC Press

Subject

ARCHITECTURE / Urban & Land Use Planning

Distributor

UTP Distribution

Vancouverism

By (author) Larry Beasley

May 01, 2019 | Paperback , Flaps | \$39.95 |

Until the 1980s, Vancouver was a typical mid-sized North American city. But between Expo 86 and the Olympic Games in 2010, something extraordinary happened. This otherwise unremarkable Canadian city underwent a radical transformation that saw it emerge as an inspiring world-class metropolis celebrated for its liveability, sustainability, and competitiveness. City-watchers everywhere took notice and wanted to learn more about this new model of urban growth, and the term "Vancouverism" was born.

This book tells the story of "Vancouverism" and the urban planning philosophy and practice behind it. The author, Larry Beasley, is a former chief planner of the City of Vancouver and a key player at the heart of the action. Writing from an insider's perspective, he traces the principles that inspired Vancouverism and the policy framework developed to implement it. The prologue, written by prominent Vancouver journalist Frances Bula, outlines the political and urban history of Vancouver up until the 1980s as background. The text is also beautifully illustrated by the author with more than 200 colour photographs depicting not only the city's vibrancy but also the principles of Vancouverism in action.

Cities everywhere are asking the same question. Shall we shape change or will change shape us? This book shows how one city discovered positive answers, and it offers the principles, tools, and inspiration for others to follow. While the emphasis is on the accomplishments of Vancouverism, Beasley also discusses the problems now facing the city (especially affordability) and offers suggestions for refining and enhancing the Vancouver model, as well as thoughts on the applicability of Vancouverism to cities and suburbs worldwide.

Contributor Bio

Larry Beasley is the Distinguished Practice Professor of Planning at the University of British Columbia and the founding principal of Beasley and Associates, an international planning and urban design consultancy. He sits on the boards of TransLink, British Columbia's integrated transportation agency; the National Capital Commission in Ottawa; and the Canadian Urban Institute. He is a registered professional planner in Canada and the retired co-chief planner for the City of Vancouver.

After more than thirty years of civic service, fifteen as co-chief planner, where he led Vancouver's modern transformation into a world model for sustainable and liveable cities, Larry Beasley now teaches and advises on urbanism around the world. Key appointments have included: special advisor on city planning to the Government of Abu Dhabi, UAE, where he founded the Urban Planning Council, one of the most progressive planning agencies in the Middle East; senior advisor on urban design in Dallas, Texas, where he founded their Urban Design Studio; member of the International Economic Development Advisory Board of Rotterdam, The Netherlands; chair of the NCC's Advisory Committee on Planning, Design and Realty; urban advisor to Nordic Innovations in Scandinavia; planning advisor in Vancouver, BC, as well as Toronto and Brampton, Ontario; and vice-president of Aquilini Developments, a major Canadian development

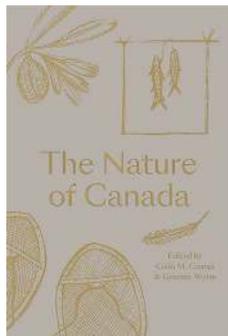


Reviews

Larry Beasley takes us on one of the most intense and transformative city-building journeys of our time.

Vancouverism is a tale of breathtaking conversion – of principles, ideas, and players – that saw a rather provincial town come of age on the global stage. - **Jennifer Keesmaat, CEO of the Creative Housing Society and former chief planner of the City of Toronto**

In this inspiring "in-the-cockpit" account, Larry Beasley explains the phenomenon of "Vancouverism." While recounting local events, he reveals what was distinctively Canadian about this episode in city building – and its general applicability elsewhere. In an era when there is great frustration with government and an impulse to "get it out of the way," this book makes the case for a highly proactive, enlightened, and nimble government leadership. - **Ken Greenberg, urban designer, vice chair of the City Building Institute at Ryerson University, and author of *Walking Home: The Life and Lessons of a City Builder***



9780774890366

- 72 b&w photos, 4 maps, 2 charts
- 5.5 x 8.5 in
- 320 pages
- On Point Press
- UBC Press

Subject

NATURE / Essays

Distributor

UTP Distribution

The Nature of Canada

Edited by Colin M. Coates 🍁, Edited by Graeme Wynn 🍁

May 01, 2019 | Paperback , Flaps | \$29.95 |

Snow-capped mountains. Pristine lakes. Crystalline glaciers. Big-sky sunsets. "Canada" is synonymous with nature, and throughout history people have been drawn to it for its bounty – from fish and furs to gold, wheat, and lumber. Intended to delight and provoke, these short, beautifully crafted essays, enlivened with photos and illustrations, explore how humans have engaged with Canadian nature and what those interactions say about the nature of Canada. Tracing a path from the Ice Age to the Anthropocene, some of the foremost stars in the field of environmental history reflect on how we, as a nation, have idolized and found inspiration in nature even as fishers, fur traders, farmers, foresters, miners, and city planners have commodified it and tried to tame it. They also travel lesser known routes, revealing how Indigenous people listened to glaciers and what they have to tell us; how the weather is not what we must endure but what we make of it; and how even the nature we can't see – the smallest of pathogens – has served the interests of some while threatening the very existence of others. The Nature of Canada will make you think differently not only about Canada and its past but quite possibly about Canada and its future. Its insights are just what we need as Canada attempts to reconcile the opposing goals of prosperity and preservation.

Contributor Bio

Colin M. Coates is the author of *The Metamorphoses of Landscape and Community in Early Quebec* and editor of *Canadian Countercultures and the Environment*. He is an associate professor of Canadian studies at Glendon College, York University. **Graeme Wynn** is a geographer, the author of *Canada and Arctic North America: An Environmental History*, the president of the American Society for Environmental History, and the editor of the UBC Press Nature | History | Society book series.

Contributors: Jennifer Bonnell, Claire Campbell, Colin M. Coates, Julie Cruikshank, Ken Cruikshank, Michèle Dagenais, Joanna Dean, Stephen J. Hornsby, Arn Keeling, Tina Loo, Heather E. McGregor, Steve Penfold, Liza Piper, John Sandlos, Graeme Wynn



Reviews

The Nature of Canada is a unique and wonderful collection of reflections by scholars who know how to pause in the midst of their work and articulate what is truly at stake in studying the past. These essays are thoughtful, engaging, and beautifully written – with each contribution offering at least one startling insight. - **Mark Fiege, author of *The Republic of Nature: An Environmental History of the United States***



9780774861571

- 100 colour photos
- 6.5 x 9.5 in
- 256 pages
- UBC Press

Subject

ART / Performance

Distributor

UTP Distribution

Inside Killjoy's Kastle

Dykey Ghosts, Feminist Monsters, and other Lesbian Hauntings

Edited by Allyson Mitchell 🍁, Edited by Cait McKinney 🍁

Jun 01, 2019 | Paperback , Flaps | \$40.00 |

Hundreds of years of ridicule, persecution, erasure, misunderstanding, and institutionalization could put anyone in a bad mood. Killjoy invites you into her kastle for a queer exorcism of the past.

Lesbian feminist histories can have a haunting effect on the present. This book explores the making and experience of Killjoy's Kastle, an immersive walk-through installation and performance artwork (by Allyson Mitchell and Deirdre Logue) that materializes the frightfully acrimonious past for today.

Inspired by Evangelical Christian hell houses of the past, the exhibition has been staged in three cities so far – Toronto, London, and Los Angeles – inviting visitors to interact with humorous and frightening manifestations of the spirits that haunt feminist and queer history. Whereas traditional hell houses set out to scare and convert, Killjoy's Kastle cheekily aims to provoke and pervert, giving expression to old and new anxieties and creating a space for critique, affect, and discussion. Inside Killjoy's Kastle fills this space by exploring the kastle's theoretical and political legacies in chapters by queer and feminist scholars and in vignettes by artists who participated in the project. The many colourful photos in the book also bring Killjoy's Kastle to life, offering an important visual context. By taking the kastle as a starting point, the contributors consider the role of lesbian feminist histories and direct-action aesthetics in contemporary communities, particularly the ways in which political artwork can produce new ways of knowing about the past.

Contributor Bio

Allyson Mitchell is an associate professor in the School of Gender, Sexuality, and Women's Studies at York University, Toronto. **Cait McKinney** is an assistant professor of communication studies at California State University, Northridge.

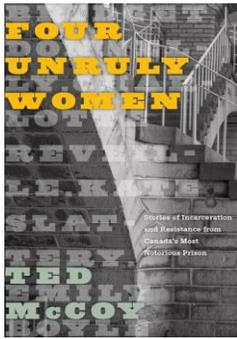


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Reviews

Urgent, necessary, and joyful. - **Jennifer Doyle, author of *Hold It Against Me: Difficulty and Emotion in Contemporary Art***

All the rumours are true: lesbian feminist performance artists are terrifying, titillating, and in-your-face political. This book extends the fright and delight of *Killjoy's Kastle: A Lesbian Haunted House*, revamping the genre of the exhibition catalogue to include, in true feminist fashion, all the various heroines, critics, and guides that influenced and contributed to the project. A book for everyone committed to resisting heteropatriarchal violence, and who wants to laugh (and cry) while doing it. - **Heather Davis, editor of *Desire Change: Contemporary Feminist Art in Canada***



9780774838887

- 8 b&w photos
- 5.5 x 8.5 in
- 152 pages
- UBC Press

Subject

HISTORY / Women

Distributor

UTP Distribution

Four Unruly Women

Stories of Incarceration and Resistance from Canada's Most Notorious Prison

By (author) Ted McCoy 🇨🇦

Mar 01, 2019 | Paperback , Trade | \$21.95 |

Bridget Donnelly. Charlotte Reveille. Kate Slattery. Emily Boyle. Until now, these were nothing but names marked down in the admittance registers and punishment reports of Kingston Penitentiary, Canada's most notorious prison. In this shocking and heartbreaking book, Ted McCoy tells these women's stories of incarceration and resistance in poignant detail. The four women served sentences at different times over a century, but the inhumanity they suffered was consistent. Locked away in dark basement wards, they experienced starvation and corporal punishment, sexual abuse and neglect – profoundly disturbing evidence of the hidden costs of isolation, punishment, and mass incarceration.

Contributor Bio

Ted McCoy is the author of *Hard Time: Reforming the Penitentiary in Nineteenth-Century Canada*. He is an assistant professor in the Department of Sociology at the University of Calgary, where he teaches law and society.



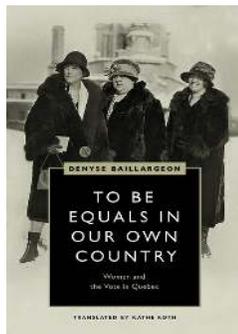
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Reviews

Ted McCoy weaves a powerful, moving tribute to the women who resisted from inside the Kingston Penitentiary between 1835 and 1935. Read about their solitary isolation in dank dungeons, confinement in “the box,” cat-o'-nine tails lashings, and sexual assaults, and marvel at their remarkable courage.

- Constance Backhouse, professor of law at the University of Ottawa, and author of Petticoats and Prejudice and Carnal Crimes

Compelling, poignant, infuriating, and touching – this book shines a light on the inhumane treatment of female prisoners and the toll it inflicted on them and their families. These women's stories deserve to be read by as many people as possible so that we may remember them and the disgraceful way they were treated. **- Geoffrey Reaume, author of Remembrance of Patients Past: Life at the Toronto Hospital for the Insane, 1870–1940**



9780774838481

- 7 illustrations and 12 b&w photos
- 5.5 x 8.5 in
- 224 pages
- UBC Press

Subject

POLITICAL SCIENCE / Women in Politics

Distributor

UTP Distribution

Women's Suffrage and the Struggle for Democracy

To Be Equals in Our Own Country

Women and the Vote in Quebec

By (author) Denyse Baillargeon 🇨🇦, Translated by Käthe Roth

Mar 01, 2019 | Hardcover, Dust jacket | \$27.95 |

"When the history of suffrage is written, the role played by our politicians will cut a sad figure beside that of the women they insulted." Speaking in 1935, feminist Idola Saint-Jean captured the bitter nature of Quebec women's prolonged fight for the right to vote. *To Be Equals in Our Own Country* is a passionate yet even-handed account of the road to suffrage in Quebec, examining women's political participation since winning the vote in 1940 and comparing their struggle to movements in other countries. This astute exploration of enfranchisement rightly recognizes suffrage as a fundamental question of human rights.

Contributor Bio

Denyse Baillargeon is a professor of history at the Université de Montréal. She is the author of several historical studies in French, translated as *A Brief History of Women in Quebec* (2014), Canadian Historical Association Clio-Québec prize winner *Babies for the Nation: The Medicalization of Motherhood in Quebec, 1910-1970* (2009), and *Making Do: Women, Family and Home in Montreal during the Great Depression* (1999). **Käthe Roth** has been a literary translator, working mainly in historical non-fiction, for more than twenty-five years.

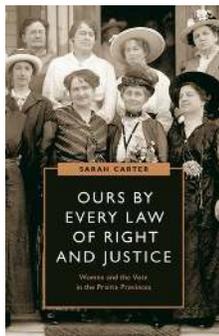


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Reviews

An original and comprehensive history of women's diverse struggles leading up to and following the fight for suffrage in Quebec told with skill and clarity. - **Bettina Bradbury, author of *Wife to Widow: Lives, Laws, and Politics in Nineteenth-Century Montreal***

An essential introduction to one of the most influential social movements in Canadian history. - **Dominique Clément, author of *Equality Deferred: Sex Discrimination and British Columbia's Human Rights State, 1953-84***



9780774861878

- 25 b&w photos
- 5.5 x 8.5 in
- 272 pages
- UBC Press

Subject

Distributor

UTP Distribution

Women's Suffrage and the Struggle for Democracy
Ours by Every Law of Right and Justice

Women and the Vote in the Prairie Provinces

By (author) Sarah Carter

Jul 15, 2019 | Hardcover , Dust jacket | \$27.95 |

This long-overdue account of the suffrage campaigns in the first region to grant women the vote in Canada shatters cherished myths about how the West was won.

Many of Canada's most famous suffragists lived and campaigned in the Prairie provinces, which led the way in granting women the right to vote and hold office. In *Ours by Every Law of Right and Justice*, Sarah Carter challenges the myth that grateful male legislators simply handed women the vote when it was asked for. Settler suffragists worked long and hard to overcome obstacles and persuade doubters. But even as they petitioned for the vote for their sisters, they often approved of that same right being denied to "foreigners" and Indigenous peoples. By situating the suffragists' struggle in the colonial history of Prairie Canada, this powerful and passionate book shows that the right to vote meant different things to different people.

Contributor Bio

Sarah Carter is the author of numerous books and articles on the history of women and First Nations in Prairie Canada, including *Imperial Plots: Women, Land, and the Spadework of British Colonialism on the Canadian Prairies*, which won the Governor General's History Award for Scholarly Research and the Canadian Historical Association's Sir John A. Macdonald Prize. *Recollecting: Lives of Aboriginal Women of the Canadian Northwest and Borderlands*, which she edited with Patricia McCormack, won four prizes, including the Canadian Historical Association's Aboriginal History Award and the Coalition for Western Women's History's Armitage-Jameson Book Prize in North American women's and gender history. She is a professor and the Henry Marshall Tory Chair in the Department of History and Classics and the Faculty of Native Studies at the University of Alberta.

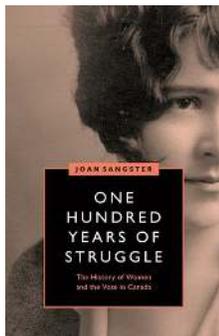


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Reviews

Organizing for social justice was – and remains – hard, tedious, taxing, and often thankless work. Canadian feminists are still grappling with the legacy of imperialism and colonialism that informed early twentieth-century women's organizing. Sarah Carter's history of the suffrage movement provides an important touchstone for activists committed to improving women's representation today. - **Nancy Janovicek, co-editor of *Feminist History in Canada: New Essays on Women, Gender, Work, and Nation***

With its focus on the activism that led to provincial enfranchisement, as well as the First Nations and Metis people sidelined during the fight for equality, this book is essential reading for anyone interested in the history of suffrage in Canada. - **Erika Dyck, author of *Facing Eugenics: Reproduction, Sterilization, and the Politics of Choice***



9780774835343

- 35 b&w photos
- 5.5 x 8.5 in
- 328 pages
- UBC Press

Subject

HISTORY / Canada / Post-Confederation

Distributor

UTP Distribution

Women's Suffrage and the Struggle for Democracy
One Hundred Years of Struggle
The History of Women and the Vote in Canada
 By (author) Joan Sangster 
 Mar 08, 2019 | Paperback , Trade | \$24.95 |

On the eve of celebrating the 100th anniversary of women's right to vote in Canada comes a timely reassessment of everything Canadians thought they knew about the history of women, the vote, and democracy in our nation.

The achievement of the vote in 1918 is often celebrated as a triumphant moment in the onward, upward advancement of Canadian women. Acclaimed historian Joan Sangster looks beyond the shiny rhetoric of anniversary celebrations and Heritage Minutes to show that the struggle for equality included gains and losses, inclusions and exclusions, depending on a woman's race, class, and location within the nation. She travels back in time to tell a new, more inclusive story for a new generation and exposes not only the fissures of inequality that cut deep into our country's past but also their weaknesses in the face of resistance, optimism, and protest – an inspiring legacy that resonates to this day.

Contributor Bio

Joan Sangster is the author of numerous books and articles on the history of women in Canada, including *Earning Respect: The Lives of Working Women in Small-Town Ontario, 1920-60*, which won the Canadian Federation for the Humanities and Social Sciences's Harold Adams Innis Prize. She is Vanier Professor in the Department of Gender and Women's Studies and director of the Frost Centre for Canadian Studies and Indigenous Studies at Trent University. She is a Fellow of the Royal Society of Canada.

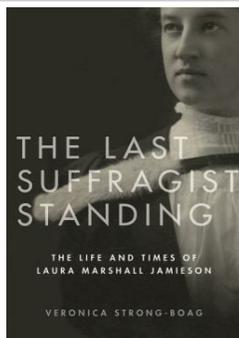


Reviews

We have needed this book for a long time – a well-written, lively, and thoughtful account of women's campaign for political equality. Sangster gives us the complexity of a highly regionalized movement fed by a wide range of ideologies, and she introduces us to a cast of extraordinary women who quietly pushed for radical change. Deep scholarship, no jargon – a book for all of us. - **Charlotte Gray, author of *The Promise of Canada: 150 Years – People and Ideas That Have Shaped Our Country***

Centenaries are worth celebrating, and Joan Sangster's brilliant 100-year history of women's suffrage provides a fitting occasion for pride. Sangster unveils the rich and diverse stories of the women (and men) whose activism pried the right to vote out of reluctant opponents. Along the way, she shakes up a multitude of misapprehensions. To read this is to be inspired. - **Constance Backhouse, author of *Claire L'Heureux-Dubé: A Life***

Learn more about this book at [www.ubcpress.ca](#)



9780774838696

- 14 b&w photos, 1 map
- 6 x 9 in
- 284 pages
- UBC Press

Subject

BIOGRAPHY & AUTOBIOGRAPHY / Political

Distributor

University of British Columbia Press

Distributor

University of Washington Press

Distributor

Combined Academic Publishers

The Last Suffragist Standing

The Life and Times of Laura Marshall Jamieson

By (author) Veronica Strong-Boag 🍁

Mar 08, 2019 | Paperback , Trade | \$32.95 |

***The Last Suffragist Standing* is an unprecedented study of a pioneering Canadian suffragist and politician and an illuminating work on the history of feminism, socialism, internationalism, and activism in Canada.**

The Last Suffragist Standing is an unprecedented study of a pioneering politician, a New Woman who tested Canadian democracy. Laura Marshall Jamieson (1882–1964) was the last suffragist in Canada to be elected to a provincial or federal legislature, and her biography opens a window onto the political and social landscape of her time. She embraced issues such as minimum wage, feminist pacifism, housing, and employment equality throughout her six decades of activism. Strong-Boag’s deep knowledge of the history of the women’s movement and Canadian politics turns this compelling account of a woman’s life into an illuminating work on the history of feminism, socialism, internationalism, and activism in Canada.

Contributor Bio

Veronica Strong-Boag is a Fellow of the Royal Society of Canada, professor emerita in social justice and educational studies at UBC, and adjunct professor in history and gender studies at the University of Victoria. She has received numerous prizes for her work, including the Tyrrell Medal in Canadian History, the Macdonald Prize in Canadian History, the Canada Prize in the Social Sciences, and a Senior Killam Fellowship. She is the general editor of the UBC Press series Women’s Suffrage and the Struggle for Democracy, the director of the pro-democracy website womensuffrage.org, and a member of the editorial board of Voices-Voix.



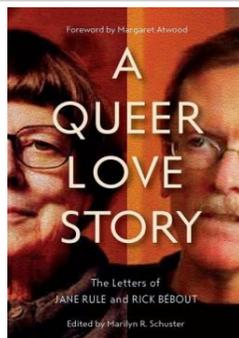
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Reviews

A compelling tale of a pragmatic, action-oriented, and inspiring woman. More than a story of Laura’s life, we get an inside look at the emergence and struggles of progressive politics in British Columbia at both the local and provincial levels and the role that women played – and fought for – in shaping both. - **Lisa Helps, mayor, City of Victoria**

With verve and insight, Veronica Strong-Boag’s account of Laura Jamieson challenges many widely held myths. The book shows how a seemingly conformist, middle-class matron became an unstinting champion of social change – including women’s enfranchisement, birth control, and social democracy. *The Last Suffragist Standing* is a stunning accomplishment, notably for its fresh and compelling twist on Canadian political history. - **Sylvia Bashevkin, professor, Department of Political Science, University of Toronto**

The Life is lively and informative; the descriptions and analyses of the *Times* make a valuable contribution to the



9780774835442

- 6 x 9 in
- 648 pages
- UBC Press

Subject

LITERARY COLLECTIONS / Letters

Distributor

University of British Columbia Press

Distributor

University of Washington Press

Distributor

Combined Academic Publishers

Sexuality Studies

A Queer Love Story

The Letters of Jane Rule and Rick Bébout

Edited by Marilyn Schuster

Apr 01, 2019 | Paperback , Trade | \$29.95 |

A *Queer Love Story* chronicles the poignant, incisive exchanges and intimate friendship that developed between Jane Rule, lesbian novelist and essayist, and Rick Bébout, gay journalist and activist, as they reflected on and participated in the key issues and events that shaped LGBT communities in the '80s and '90s.

A Queer Love Story presents the first fifteen years of letters between Jane Rule – novelist and the first widely recognized “public lesbian” in North America – and Rick Bébout, journalist and editor with the Toronto-based *Body Politic*, an important incubator of LGBT thought and activism. Rule lived in a remote rural community on Galiano Island in British Columbia but wrote a column for the magazine. Bébout resided in and was devoted to Toronto’s gay village. At turns poignant, scintillating, and incisive, their exchanges include ruminations on queer life and the writing life even as they document some of the most pressing LGBT issues of the ‘80s and ‘90s, including HIV/AIDS, censorship, and state policing of desire.

Contributor Bio

Marilyn R. Schuster was the Andrew W. Mellon Professor in the Humanities at Smith College and has been professor and provost emerita since 2015. Her research and writing focuses on contemporary writers such as Jane Rule, Marguerite Duras, and Monique Wittig, and she is the author of *Marguerite Duras Revisited* and *Passionate Communities: Reading Lesbian Resistance in Jane Rule’s Fiction*. She lives in Oakland, California.

Rick Bébout was the editor of the hugely influential *Body Politic*, “the magazine of record for the activities and development of the gay liberation movement across the country.” He was born in Ayer, Massachusetts, and came to Canada at age nineteen in 1969. He died in Toronto in 2009.

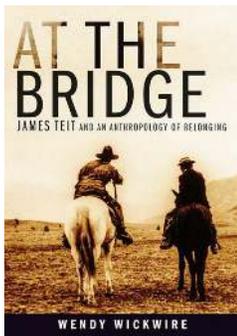
Jane Rule was born in Plainfield, New Jersey and moved to Canada in 1956. She died at her home on Galiano Island in 2007 at the age of seventy-six. She was inducted into the Order of British Columbia in 1998, and into the Order of Canada in 2007. She wrote fourteen books, including *Desert of the Heart* (1964), which was turned into the movie *Desert Hearts*.



Reviews

These letters swept me up like a novel. The evolving friendship between these unlikely correspondents – the older lesbian writer and the younger gay editor and activist – is, indeed, a love story. But their love is about something much larger than themselves. Jane and Rick’s running analysis of the sea changes occurring in queer life, from the radical seventies, through the AIDS-devastated eighties, to the assimilationist nineties, is incisive, deeply considered and, above all, engaged. In the current era of atrophying attention spans and political atomization, these lush, eloquent letters between people who see themselves first and foremost as part of a movement are exhilarating. - **Alison Bechdel, cartoonist and author of *Fun Home***

These very readable letters, written in a braver and less conventional time, offer a refreshing view that prizes friendship over coupledom and suggests how we all – gay, straight, or just plain queer – might organize our lives and loves outside of the ready-to-wear straightjacket of family and...



9780774861526

- 36 b&w photos
- 6 x 9 in
- 368 pages
- UBC Press

Subject

HISTORY / Canada / Post-Confederation

Distributor

UTP Distribution

At the Bridge

James Teit and an Anthropology of Belonging

By (author) Wendy Wickwire 🍁

Jun 01, 2019 | Paperback , Trade | \$34.95 |

At the Bridge lifts from obscurity the story of James Teit (1864–1922), an outstanding Canadian ethnographer and Indian rights activist whose thoughtful scholarship and tireless organizing have been largely ignored.

Every once in a while, an important historical figure makes an appearance, makes a difference, and then disappears from the public record. James Teit (1864–1922) was such a figure. A prolific ethnographer and tireless Indian rights activist, Teit spent four decades helping British Columbia’s Indigenous peoples in their challenge of the settler-colonial assault on their lives and territories. Yet his story is little known.

At the Bridge chronicles Teit’s fascinating story. From his base at Spences Bridge, British Columbia, Teit practised a participant- and place-based anthropology – an anthropology of belonging – that covered much of BC and northern Washington, Idaho, and Montana. Whereas his contemporaries, including famed anthropologist Franz Boas, studied Indigenous peoples as the last survivors of “dying cultures” in need of preservation in metropolitan museums, Teit worked with them as members of living cultures actively asserting jurisdiction over their lives and lands. Whether recording stories and songs, mapping place-names, or participating in the chiefs’ fight for fair treatment, he made their objectives his own. With his allies, he produced copious, meticulous records; an army of anthropologists could not have achieved a fraction of what Teit achieved in his short life.

Wendy Wickwire’s beautifully crafted narrative accords Teit the status he deserves. At the Bridge serves as a long-overdue corrective, consolidating Teit’s place as a leading and innovative anthropologist in his own right.

Contributor Bio

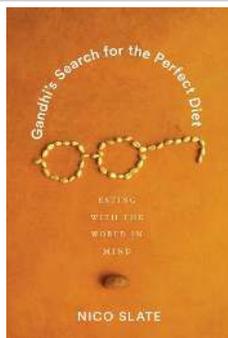
Wendy Wickwire is professor emerita in the Department of History at the University of Victoria. Her publications include *Stein: The Way of the River* (with Michael M’Gonigle), which won the Bill Duthie Booksellers’ Choice Award at the BC Book Awards; *Nature Power: In the Spirit of an Okanagan Storyteller* (with Harry Robinson), which won the Roderick Haig-Brown Prize for best regional book at the BC Book Awards; *Write It On Your Heart: The Epic World of an Okanagan Storyteller* (with Harry Robinson), which was shortlisted for the Roderick Haig-Brown Prize; and *Living by Stories: A Journey of Landscape and Memory* (with Harry Robinson).



Reviews

Wendy Wickwire’s biography of James Teit is the first comprehensive and authoritative account of this important ethnographer and political activist. This compelling book should become a classic addition to our knowledge of Indigenous-settler relations in early British Columbia. - **Ira Jacknis, author of *The Storage Box of Tradition: Kwakiutl Art, Anthropologists, and Museums, 1881–1981***

Wendy Wickwire’s groundbreaking historical investigation places James Teit as a key figure in early North American anthropology, but also as central to historical Indigenous rights activism in British Columbia. - **Julie Cruikshank, author of *Do Glaciers Listen? Local Knowledge, Colonial Encounters and Social Imagination***



9780295744957

- 10 b&w illustrations
- 6 x 9 in
- 256 pages
- University of Washington Press

Subject

SOCIAL SCIENCE / Agriculture & Food

Audience range

Grade (US) from 17

Other formats

9780295744964

Distributor

UTP Distribution

Gandhi's Search for the Perfect Diet

Eating with the World in Mind

By (author) Nico Slate

Feb 19, 2018 | Hardcover, Sewn | \$33.95 |

Mahatma Gandhi redefined nutrition as a holistic approach to building a more just world. What he chose to eat was intimately tied to his beliefs. His key values of nonviolence, religious tolerance, and rural sustainability developed in coordination with his dietary experiments. His repudiation of sugar, chocolate, and salt expressed his opposition to economies based on slavery, indentured labor, and imperialism.

Gandhi's Search for the Perfect Diet sheds new light on important periods in Gandhi's life as they relate to his developing food ethic: his student years in London, his politicization as a young lawyer in South Africa, the 1930 Salt March challenging British colonialism, and his fasting as a means of self-purification and social protest during India's struggle for independence. What became the pillars of Gandhi's diet—vegetarianism, limiting salt and sweets, avoiding processed food, and fasting—anticipated many of the debates in twenty-first-century food studies, and presaged the necessity of building healthier and more equitable food systems.

Contributor Bio

Nico Slate is professor of history at Carnegie Mellon University. He is the author of *Colored Cosmopolitanism: The Shared Struggle for Freedom in the United States and India* and editor of *Black Power beyond Borders: The Global Dimensions of the Black Power Movement*.



9 780295 744957

Reviews

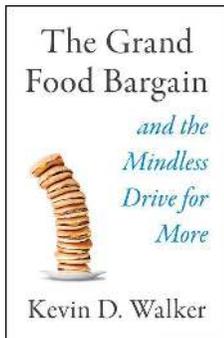
A wonderful book that focuses on the issue of Gandhi's obsessive preoccupation with diet reform and food in general, pointing out how intricately meshed were the Mahatma's ideas and practices concerning eating, morality, ethics, and political activism.

- **Joseph Alter, author of Gandhi's Body: Sex, Diet, and the Politics of Nationalism**

Slate makes many significant contributions to the study of Gandhian embodied ethics as well as to studies of food justice and alimentary politics.

- **Parama Roy, author of Alimentary Tracts: Appetites, Aversions, and the Postcolonial**

Nico Slate's fascinating account reveals Gandhi as an evidence-based, self-experimenting nutrition guru who



9781610919470

- none
- 152.4 x 228.6 mm
- 360 pages
- Island Press

Subject

SOCIAL SCIENCE / Agriculture & Food

Distributor

UTP Distribution

The Grand Food Bargain

and the Mindless Drive for More

By (author) Kevin Walker

Mar 26, 2019 | Hardcover, Sewn | \$29.95 |

A look at the true costs of America's seemingly cheap and convenient food system.

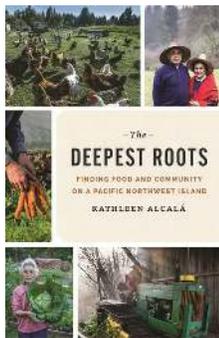
Americans enjoy some of the cheapest, most convenient food on the planet. But like most bargains that are too good to be true, the modern food system is a fraud. It is built on the illusion of limitless abundance, and the planet has its limits. So too do the workers who must labor harder and faster for less pay. So too does a healthcare system that must absorb rising rates of diabetes and obesity.

Through stories from around the globe, Kevin Walker reveals the true costs of our grand food bargain. By the end of the journey, we not only understand how the drive to produce ever more food became hardwired into the American psyche, but why shifting our mindset is essential.

Contributor Bio

Kevin Walker grew up farming, worked in agribusiness, at the US Department of Agriculture, overseas, and most recently as a professor at Michigan State University. He has served on two committees with the National Academies Institute of Medicine and National Research Council and works with the World Trade Organization and foreign governments on meeting health requirements in international trade.





9780295999708

- 7 b&w illustrations
- 5.5 x 8.5 in
- 360 pages
- University of Washington Press

Subject

BIOGRAPHY & AUTOBIOGRAPHY / Women

Audience range

Grade (US) from 17

Other formats

9780295999388 Hardback, \$32.95 CAD

Distributor

UTP Distribution

The Deepest Roots

Finding Food and Community on a Pacific Northwest Island

By (author) Kathleen Alcalá

Jan 01, 2019 | Paperback , Trade | \$25.95 |

Combining memoir, historical records, and a blueprint for sustainability, *The Deepest Roots* shows us how an island population can mature into responsible food stewards and reminds us that innovation, adaptation, diversity, and common sense will help us make wise decisions about our future.

In *The Deepest Roots*, Kathleen Alcalá sets out to re-examine her relationship with food at the most local level. Alcalá walks, wades, picks, pokes, digs, cooks, and cans, getting to know her neighbors on a much deeper level. Wanting to better understand how we once fed ourselves, and acknowledging that there may be a future in which we could need to do so again, she meets those who experienced the Japanese American internment during World War II, and learns the unique histories of the blended Filipino and Native American community, the fishing practices of the descendants of Croatian immigrants, and the Suquamish elder who shares with her the food legacy of the island itself.

Contributor Bio

Kathleen Alcalá is the author of a collection of essays, *The Desert Remembers My Name: On Family and Writing*; three novels, including *Treasures in Heaven*; and a collection of short stories.



9 780295 999708

Reviews

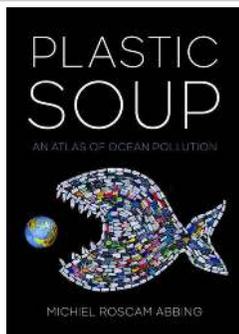
A wildly ambitious book. By focusing on the food in one place, Alcalá is able to pull together cultural and cross-cultural experiences, environmental debates, and, perhaps most crucial for me, issues of economic justice that underpin all food production.

- Ana Maria Spagna, author of Reclaimers and Potluck: Community on the Edge of Wilderness

The Deepest Roots is a timely and charming book on how place-based foods infuse community by one of the finest writers ever to emerge from the Pacific Northwest.

- Gary Paul Nabhan, author of Coming Home to Eat: The Pleasures and Politics of Local Food

A wildly ambitious book. By focusing on the food in one place, Alcalá is able to pull together cultural and cross-cultural experiences, environmental



9781642830088

- Full color throughout
- 197.1 x 279.4 mm
- 144 pages
- Island Press

Subject

NATURE / Environmental Conservation & Protection

Distributor

UTP Distribution

Plastic Soup

An Atlas of Ocean Pollution

By (author) Michiel Roscam Abbing

Apr 04, 2019 | Hardcover \$30.95 |

Plastics have transformed every aspect of our lives. Yet the very properties that make them attractive—they are cheap to make, light, and durable—spell disaster when trash makes its way into the environment. *Plastic Soup: An Atlas of Ocean Pollution* is a beautifully-illustrated survey of the plastics clogging our seas, their impacts on wildlife and people around the world, and inspirational initiatives designed to tackle the problem.

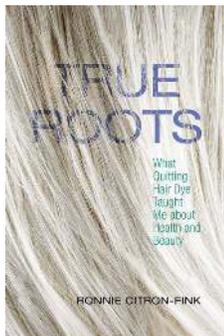
In *Plastic Soup*, Michiel Roscam Abbing of the Plastic Soup Foundation reveals the scope of the issue: plastic trash now lurks on every corner of the planet. With striking photography and graphics, *Plastic Soup* brings this challenge to brilliant life for readers. Yet it also sends a message of hope; although the scale of the problem is massive, so is the dedication of activists working to check it. *Plastic Soup* highlights a diverse array of projects to curb plastic waste and raise awareness, from plastic-free grocery stores to innovative laws and art installations.

According to some estimates, if we continue on our current path, the oceans will contain more plastic than fish by the year 2050. Created to inform and inspire readers, *Plastic Soup* is a critical tool in the fight to reverse this trend.

Contributor Bio

Michiel Roscam Abbing is a political scientist who has been active in the battle against plastic soup since 2011 with the Plastic Soup Foundation (PSF), one of the leading international groups fighting plastic pollution. He reports on scientific research and current developments online at plasticsoupfoundation.org and lectures about plastic soup in the Netherlands and around the world.





9781610919425

- 127 x 203.2 mm
- 224 pages
- Island Press

Subject

HEALTH & FITNESS / Women's Health

Distributor

UTP Distribution

True Roots

What Quitting Hair Dye Taught Me about Health and Beauty

By (author) **Ronnie Citron Fink**

Jun 04, 2019 | Hardcover , Sewn | \$28.95 |

A journalist concerned with the risks of hair dye learns to embrace gray hair and better health.

Like 75% of American women, Ronnie Citron Fink colored her hair. Yet as an environmental journalist, she knew all those unpronounceable chemical names on the back of the hair dye box were far from safe.

So Ronnie decided to ditch the dye and go in search of answers. What are the risks of hair dye? Are their safer alternatives? Will I still feel like me when I have gray hair?

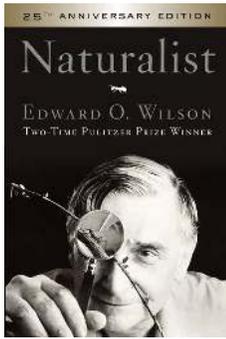
True Roots follows her journey from dark dyes to a silver crown of glory, from fear of aging to embracing natural beauty. Along the way, women of all ages can learn to protect themselves from dangerous products and discover a new hair story—one built on individuality, health, and truth.

Contributor Bio

Ronnie Citron-Fink is the editorial director for the Environmental Defense Fund's Moms Clean Air Force. She is a contributor to *A Glorious Freedom: On Being a Woman, Getting Older, and Living an Extraordinary Life*, edited by Lisa Congdon, and has written for *USA Today*, *In Style*, and *Huffington Post*, among other publications.



9 781610 919425



9781642830217

- 52 illustrations
- 152.4 x 228.6 mm
- 394 pages
- Island Press

Subject

BIOGRAPHY & AUTOBIOGRAPHY /
Science & Technology

Distributor

UTP Distribution

Naturalist 25th Anniversary Edition

By (author) Edward O. Wilson

Mar 12, 2019 | Paperback , Trade | \$34.95 |

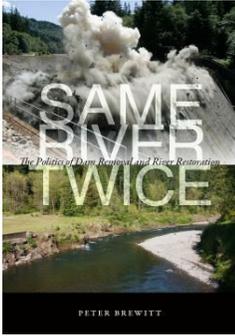
Edward O. Wilson—winner of two Pulitzer prizes, champion of biodiversity and Faculty Emeritus at Harvard—is arguably one of the most important thinkers of the twentieth century. A modern classic of science memoir, *Naturalist* is a wise and personal account of Wilson’s growth as a researcher and the evolution of the fields he helped define. Wilson traces the trajectory of his life detailing how his youthful fascination with nature blossomed into a lifelong calling. As the narrative of Wilson’s life unfolds, the reader is treated to an inside look at the origin and development of ideas that guide today’s biological research.

At once practical and lyric, *Naturalist* provides fascinating insights into the making of a scientist, and a valuable look at some of the most thought provoking ideas of our time. It is a poignant reminder of the human side of science and an inspiring call to celebrate the little things of the world.

Contributor Bio

Edward O. Wilson is the author of more than twenty books, including *The Ants* and *On Human Nature*, both of which were awarded the Pulitzer Prize. He is currently Faculty Emeritus in the Museum of Comparative Zoology and Pellegrino University Professor, Emeritus at Harvard University.





9780870719578

- 20 b&w photos, 5 maps
- 6 x 9 in
- 288 pages
- Oregon State University Press

Subject

NATURE / Ecosystems & Habitats / Rivers

Distributor

University of British Columbia Press

Same River Twice

The Politics of Dam Removal and River Restoration

By (author) Peter Brewitt

Apr 04, 2019 | Paperback , Trade | \$28.95

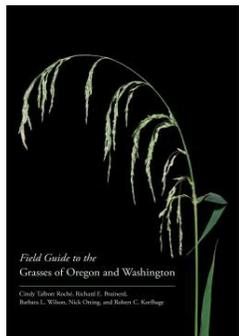
Tells the stories of three major dam removal projects to show how stakeholders navigate the political landscape.

Dam removal wasn't a realistic option in the twentieth century, and people who suggested it were dismissed as fringe environmentalists. Over the past twenty years, dam removal has become increasingly common, with dozens of removals now taking place each year in the US. *Same River Twice* tells the stories of three major Northwestern dam removals – the politics, people, hopes, and fears that shaped three rivers and their communities. Brewitt begins each story with the dam's construction, shows how its critics gained power, details the conflicts and controversies of removal, and explores the aftermath as the river re-established itself.

Contributor Bio

Peter Brewitt received his PhD in environmental studies from the University of California, Santa Cruz, where he focused on environmental policy. He is now a professor at Wofford College.





9780870719592

- colour illustrations
- 6 x 9 in
- 472 pages
- Oregon State University Press

Subject

NATURE / Regional

Distributor

University of British Columbia Press

Field Guide to the Grasses of Oregon and Washington

By (author) Cindy Talbott Roché , By (author) Richard E. Brainerd , By (author) Barbara L. Wilson , By (author) Nick Otting , By (author) Robert C. Korfhage
 May 19, 2019 | Paperback , Trade | \$39.95



A field guide to all the native and introduced grasses known to grow in the wild in Oregon and Washington. To aid identification, it provides identification keys, species descriptions, color photographs (including microscope photos of small parts), and distribution maps.

Field Guide to the Grasses of Oregon and Washington is an illustrated guide to all 365 species, subspecies, and varieties of grasses—both native and introduced—that grow wild in Oregon and Washington. It also has broad applicability in neighboring states and provinces. Grasses are important functional components in a variety of ecosystems and are highly valued for habitat restoration in ecosystems ranging from wetlands to deserts, and from sea level to alpine. They are important weeds and are also cultivated as ornamental plants.

Contributor Bio

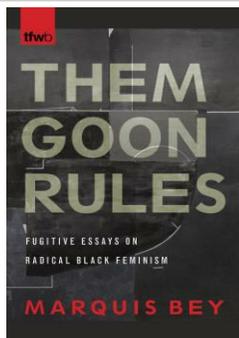
Cindy Talbott Roché earned a PhD from the University of Idaho.

Richard E. Brainerd holds an MS from Oregon State University.

Barbara L. Wilson holds a PhD from Oregon State University.

Nick Otting has an MS from Oregon State University.

Robert C. Korfhage received his MS from Washington State University.



9780816539437

- 6 x 9 in
- 184 pages
- The University of Arizona Press

Subject

SOCIAL SCIENCE / Feminism & Feminist Theory

Distributor

University of British Columbia Press

Them Goon Rules

Fugitive Essays on Radical Black Feminism

By (author) Marquis Bey

Feb 19, 2019 | Paperback , Trade | \$22.95

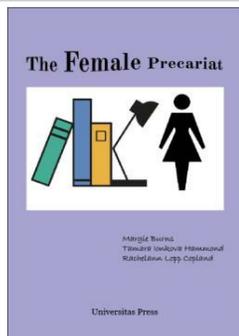
A series of essays that reads like a critical memoir, this work queries the function and implications of politicized Blackness, Black feminism, and queerness. Bey binds together his personal experiences with social justice work at the New York-based Audre Lorde Project, growing up in Philly, and rigorous explorations of the iconoclasm of theorists of Black studies and Black feminism. Bey's voice recalibrates itself playfully on a dime, creating a collection that carries in both academic and nonacademic realms.

Fashioning fugitive Blackness and feminism around a line from Lil' Wayne's "A Millie," *Them Goon Rules* is a work of "auto-theory" that insists on radical modes of thought and being as a refrain and a hook that is unapologetic, rigorously thoughtful, and uncompromising.

Contributor Bio

Marquis Bey is a PhD candidate in English at Cornell University. He has received fellowships from Humanities New York and the Ford Foundation.





9781988963075

- 6 x 9 in
- 180 pages
- Universitas Press

Subject

BUSINESS & ECONOMICS / Labor

Distributor

UTP Distribution

The Female Precariat

Gender and Contingency in the Professional Work Force

By (author) Margie Burns , By (author) Tamara Ionkova Hammond , By (author) Rachelann Lopp Copland

Mar 07, 2019 | Paperback , Trade | \$38.00 |



An insightful volume that addresses gender disparities in pay, professional support, and job security in both the higher education work force and the work force in the newer digital economy.

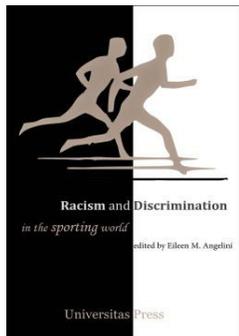
This thematic volume addresses gender disparities in pay, professional support, and job security in both the higher education work force and the work force in the newer digital economy. The purpose of this book is to explain the U.S. higher education precariat and the digital precariat to the world at large, and to document with overwhelming evidence that the precariat in higher education and in the Internet economy disproportionately involves women. We hope that our book will help change the culture of silence. This book is a labour of love; in the long run, we hope that our work will encourage others to devote attention to some egregious problems that ultimately affect everyone.

Contributor Bio

Margie Burns works as an adjunct at the University of Maryland, Baltimore County where she is also chair of the UMBC Adjunct Faculty Advisory Committee, elected by adjuncts.

Tamara Ionkova Hammond is a PhD candidate in the World Languages and Cultures at the University of Utah, where she teaches LANG 2010. Her doctorate thesis focuses on digital labor and the dual role of new media in the context of class, race, gender and ethnicity among other aspects of intersectional feminism.

Rachelann Lopp Copland is a humanities adjunct instructor at SUNY Morrisville and the University Success Advisor for the ONCAMPUS SUNY international student pathway program.



9781988963068

- 6 x 9 in
- 180 pages
- Universitas Press

Subject

SPORTS & RECREATION / Sociology of Sports

Distributor

UTP Distribution

Racism and Discrimination in the Sporting World

By (author) Universitas Press , Edited by Eileen M. Angelini

Mar 07, 2019 | Paperback , Trade | \$38.00 |

Racism and Discrimination in the Sporting World explores the environments that enable an athlete to excel or fail in his/her respective sport, as well as factors such as racism, discrimination, or financial advantage, that propel or hinder an athlete's achievements. This volume also seeks to explore how the world of sports is often a microcosm of the real world and the many ways in which it uniquely reflects cultural and societal issues.

Contributor Bio

Eileen M. Angelini is the recipient of a 2010-2011 Canada-U.S. Fulbright award as a Fulbright Visiting Research Chair in Globalization and Cultural Studies at McMaster University. She received her PhD in French Studies from Brown University.





9781771992572

- 12 b&w photos
- 6 x 9 in
- 404 pages
- Athabasca University Press

Subject

HISTORY / Canada / Post-Confederation

Distributor

UTP Distribution

Bucking Conservatism

Alternative Stories of Alberta from the 60s and 70s

Edited by Leon Crane Bear , Edited by Larry Hannant , Edited by Karissa Robyn Patton

Jun 30, 2019 | Paperback , Trade | \$34.95 |



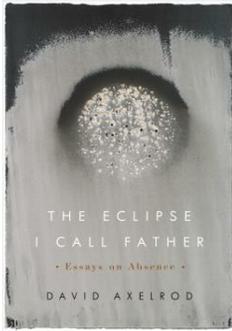
With chapters by both scholars and activists, *Bucking Conservatism* highlights the lasting influence of Alberta's nonconformists.

With lively, informative contributions by both scholars and activists, *Bucking Conservatism* highlights the individuals and groups who challenged Alberta's conservative status quo in the 60s and 70s. Drawing on archival material, newspaper articles, police reports, and interviews, the contributors examine Alberta's history through the eyes of Indigenous activists protesting discriminatory legislation and unfulfilled treaty obligations, women and lesbian and gay persons standing up to the heteropatriarchy, student activists arguing for a new democracy, and anti-capitalist environmentalists demanding social change.

This book recognizes the lasting influence of Alberta's nonconformists—those who recognized the need for dissent in a province defined by wealth and right-wing politics—and leaves a set of questions, perhaps sobering ones, for contemporary activists.

Contributor Bio

Leon Crane Bear is Siksika and a treaty Indian, as well as a graduate of the University of Lethbridge. **Larry Hannant** is a Canadian historian specializing in twentieth-century political dissent. **Karissa Robyn Patton** is a PhD candidate at the University of Saskatchewan.



9780870719691

- 6 x 9 in
- 224 pages
- Oregon State University Press

Subject

LITERARY COLLECTIONS / Essays

Distributor

UTP Distribution

The Eclipse I Call Father

Essays on Absence

By (author) David Axelrod

Mar 20, 2019 | Paperback , Trade | \$24.95 |

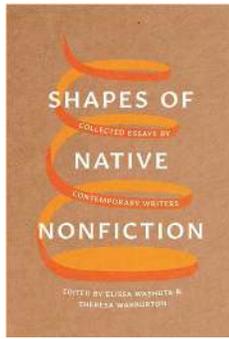
A collection of essays ranging across topics as diverse as marriage, Japanese poetry, Craftsman design, Old English riddles, racism, extinction, fatherhood, mountaineering, predatory mega-fauna, street fighting, trains, the Great Depression, and the effects of climate change.

In *The Eclipse I Call Father: Essays on Absence*, David Axelrod recalls a balmy night in May 1970 when he vowed to allow no one and nothing he loves to pass from this life without praise, even if it meant praising the most bewildering losses. In each of these fourteen essays Axelrod delivers on that vow as he ranges across topics as diverse as marriage, Japanese poetry, Craftsman design, Old English riddles, racism, extinction, fatherhood, mountaineering, predatory mega-fauna, street fighting, trains, the Great Depression, and the effects of climate change—accretions of absence that haunt the writer and will likewise haunt readers.

Contributor Bio

David Axelrod is the author of eight collections of poetry and a collection of essays, *Troubled Intimacies*. He is editor of *basalt*, director of Eastern Oregon University's low-residency MFA, and managing editor at Lynx House Press.





9780295745756

- 6 x 9 in
- 302 pages
- University of Washington Press

Subject

LITERARY COLLECTIONS / Native American

Audience range

Grade (US) from 17

Other formats

9780295745763 Hardback, \$109 CAD

Distributor

UTP Distribution

Shapes of Native Nonfiction

Collected Essays by Contemporary Writers

Edited by Elissa Washuta , Edited by Theresa Warburton

Jun 01, 2019 | Paperback , Trade | \$33.95 |

Shapes of Native Nonfiction features a dynamic combination of established and emerging Native writers, including Stephen Graham Jones, Deborah Miranda, Terese Marie Mailhot, Billy-Ray Belcourt, Eden Robinson, and Kim Tallbear. Their ambitious, creative, and visionary work with genre and form demonstrate the slippery, shape-changing possibilities of Native stories. Considered together, they offer responses to broader questions of materiality, orality, spatiality, and temporality that continue to animate the study and practice of distinct Native literary traditions in North America.

Contributor Bio

Elissa Washuta is a member of the Cowlitz Indian Tribe and assistant professor of creative writing at the Ohio State University. **Theresa Warburton** is a Mellon Postdoctoral Fellow in American studies and English at Brown University and assistant professor of English at Western Washington University.



Reviews

The first collection of Native nonfiction organized with the explicit intent of highlighting Native writing as world-making. This book offers us nonfiction that reflects, interrogates, critiques, imagines, prays, screams, and complicates simplistic notions about Native peoples and Native lives.

- Malea Powell, professor and chair, Department of Writing, Rhetoric, and American Cultures, and faculty in American Indian and Indigenous studies, Michigan State University



9780295745367

- 44 colour illustrations
- 7 x 10 in
- 208 pages
- University of Washington Press

Subject

ART / Native American

Audience range

Grade (US) from 17

Distributor

UTP Distribution

Shifting Grounds

Landscape in Contemporary Native American Art

By (author) Kate Morris

Mar 01, 2019 | Hardcover, Sewn | \$57.95 |

In *Shifting Grounds*, art historian Kate Morris argues that Indigenous artists are expanding and reconceptualizing forms of landscape art, expressing Indigenous attitudes toward land and belonging even as they draw upon mainstream art practices. The resulting works are rarely if ever primarily visual representations, but instead evoke all five senses: from the overt sensuality of Kay WalkingStick's tactile paintings to the eerie soundscapes of Alan Michelson's videos and Postcommodity's installations, this landscape art resonates with a fully embodied subjectivity. In the works of these and other artists, *Shifting Grounds* explores themes of presence and absence, connection and dislocation, memory and commemoration, and power and resistance, illuminating the artists' sustained engagement not only with land and landscape but also with the history of representation itself.

Contributor Bio

Kate Morris is associate professor in the department of art and art history at Santa Clara University.



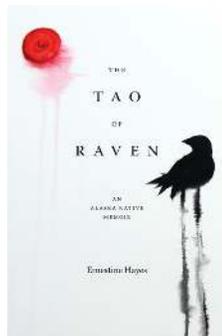
Reviews

This book offers a great deal to experts on contemporary Native art, as well as to scholars of global modern and contemporary arts who seek to learn more about this vibrant subdiscipline. With language that is both eloquent and accessible, *Shifting Grounds* is a significant contribution to art history in general, and Native American contemporary art criticism in particular.

- **Janet Catherine Berlo, professor of visual and cultural studies, University of Rochester**

Landscape in the work of Native artists is sophisticated, conceptually complex yet visually compelling and at times even seductive. Morris illuminates the many layers of meaning in their work through this insightful and intriguing exploration.

- **Kathleen Ash-Milby, National Museum of the American Indian**



9780295745725

- 5.5 x 8 in
- 192 pages
- University of Washington Press

Subject

BIOGRAPHY & AUTOBIOGRAPHY / Cultural, Ethnic & Regional / General

Audience range

Grade (US) from 17

Other formats

9780295999593 Hardback, \$30.95 CAD

Distributor

UTP Distribution

The Tao of Raven

An Alaska Native Memoir

By (author) Ernestine Hayes

Jan 01, 2019 | Paperback , Trade | \$21.95 |

Using the story of Raven and the Box of Daylight (and relating it to Sun Tzu's equally timeless *Art of War*) to deepen her narration and reflection, Hayes expresses an ongoing frustration and anger at the obstacles and prejudices still facing Alaska Natives in their own land, but also recounts her own story of attending and completing college in her fifties and becoming a professor and a writer.

In her first book, *Blonde Indian*, Ernestine Hayes powerfully recounted the story of returning to Juneau and to her Tlingit home after many years of wandering. *The Tao of Raven* takes up the next question: once the exile returns, then what? Using the story of Raven and the Box of Daylight, Hayes expresses an ongoing frustration and anger at the obstacles and prejudices still facing Alaska Natives in their own land, but also recounts her own story of completing college and becoming a professor and a writer. Hayes lyrically weaves together strands of memoir, contemplation, and fiction to articulate an Indigenous worldview in which all things are connected, in which intergenerational trauma creates many hardships but transformation is still possible.

Contributor Bio

Ernestine Hayes is assistant professor of English at the University of Alaska Southeast.



Reviews

The Tao of Raven is marvelous in scope, a narrative that inspires, mesmerizes, teaches, and above all connects us with the world and our ancestors. With deft craft Hayes layers story in a warm design that places her personal tale within the story of her ancestors, and their collective story within the eternal history of territory. Just as Raven brought the gift of daylight to a people living in darkness, Hayes offers her clear vision of all that remains unseen and unconsidered. This is a work of towering importance.

- Susan Power, author of **Sacred Wilderness**

This book is about life and all of its pockets of being. It includes the spiritual, the otherworldly beings, as well as the terrible history that continues to take place in our country. It is about aging at the same time as it is about childhood. It is memoir placed within the context of a large and complex history of the people and of



9781771992619

- 5.5 x 7.5 in
- 80 pages
- Athabasca University Press

Subject

POETRY / Canadian

Distributor

UTP Distribution

From Turtle Island to Gaza

By (author) David Groulx

Apr 20, 2019 | Paperback , Trade | \$19.95 |

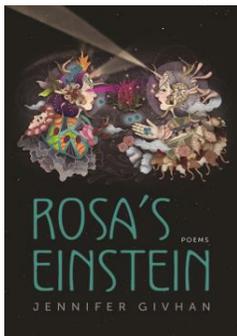
An expression of the solidarity between Indigenous peoples within settler Canada and the people of Palestine.

With a sure voice, Groulx, an Anishnaabee writer, artistically weaves together the experiences of Indigenous peoples in settler Canada with those of the people of Palestine, revealing a shared understanding of colonial pasts and presents.

Contributor Bio

David Groulx was raised in the mining community of Elliot Lake. He is proud of his Aboriginal roots—Ojibwe Indian and French Canadian. His poetry has appeared in over 160 publications in 16 countries.





9780816538034

- 6 x 9 in
- 96 pages
- The University of Arizona Press

Subject

POETRY / American / Hispanic American

Distributor

UTP Distribution

Rosa's Einstein

Poems

By (author) Jennifer Givhan

Feb 19, 2019 | Paperback , Trade | \$18.95 |

Using details both from Einstein's known life and from quantum physics, poet Jennifer Givhan imagines Lieserl, the daughter Albert Einstein and his wife Mileva allegedly gave up for adoption at birth, in a circus-like landscape of childhood trauma and survival, guided by Rosa and her sister Nieve. *Rosa's Einstein* is a Latinx retelling of the Brothers Grimm's *Snow-White* and *Rose-Red*, reevaluating border, identity, and immigration narratives through the unlikely amalgamation of physics and fairy tale.

Contributor Bio

Jennifer Givhan is an NEA Fellowship recipient and author of three previous collections of poetry, including *Girl with Death Mask*. She teaches English at Western New Mexico University.



9 780816 538034



9780295744537

- 0 illustrations
- 6 x 9 in
- 96 pages
- University of Washington Press

Subject

POETRY / American / General

Audience range

Grade (US) from 17

Distributor

UTP Distribution

Republic Café

By (author) David Biespiel

Jan 01, 2019 | Hardcover , Sewn | \$22.95 |

Republic Café is a meditation on love during a time of violence. A single sequence, arranged in fifty-four numbered sections, *Republic Café* details the experience of lovers in Portland, Oregon, on the eve and days following September 11, 2001. To touch a loved one's bare skin, even in the midst of great tragedy, is simultaneously an act of remembering and forgetting. *Republic Café* is a tale of love and darkness, a magical portrait of the writer as a moral and imaginative participant in the political life of his nation.

Contributor Bio

David Biespiel is a poet, critic, memoirist, and contributing writer to *American Poetry Review*, *New Republic*, *New York Times*, *Poetry*, *Politico*, *The Rumpus*, and *Slate*.



Reviews

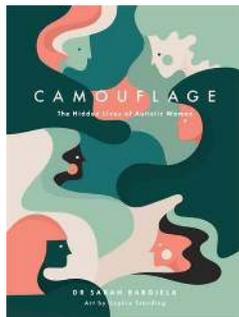
I was unprepared for the true enormity of the scope of this remarkable, deeply moving, and consistently compelling new book. With Biespiel's usual elegance and formal grace, *Republic Café* strikes me as being both expansive and deeply forgiving of human acts, however horrible.

- **David St. John, author of *The Last Troubadour: New and Selected Poems***

Biespiel's finest book of poems to date. *Republic Café* builds on his strengths as a lyric poet with a social conscience, a latter-day Romantic in a skeptical time. *Republic Café* is both personal and political, much in the manner of its evident forebear, Walt Whitman. This is a postmodernist's Romanticism.

- **David Baker, author of *Swift: New and Selected Poems***

David Biespiel's *Republic Café*



9781785925665

- full colour illustrations throughout
- 173 x 236 mm
- 40 pages
- Jessica Kingsley Publishers

Subject

COMICS & GRAPHIC NOVELS /
Nonfiction / General

Audience range

Age (years) from 11 - 18

Other formats

9781785926679

Distributor

UTP Distribution

Camouflage

The Hidden Lives of Women with Autism

By (author) Sarah Bargiela , Illustrated by Sophie Standing

Mar 21, 2019 | Paperback , Trade | \$25.95 |

An engaging and beautifully illustrated graphic book shedding light on the under-explored condition of female autism.

Autism in women and girls is still not widely understood, and is often misrepresented or even overlooked. This graphic novel offers an engaging and accessible insight into the lives and minds of women with autism, using real-life case studies. The charming illustrations lead readers on a visual journey of how women on the spectrum experience everyday life, from metaphors and masking behaviours to communication online, dealing with social pressures and managing relationships.

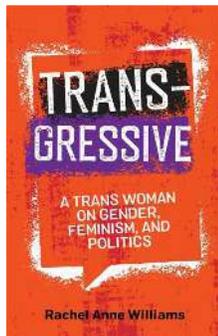
Fun, sensitive and informative, this is a fantastic resource for anyone who wishes to understand how gender affects autism, and how to create safer, more accommodating environments for women on the spectrum.

Contributor Bio

Dr Sarah Bargiela is a clinical psychologist who specialises in autism. She has also been a key worker for children with autism, and holds an MA in Child Development.

Sophie Standing is a London-based illustrator and designer, specialising in human sciences. Her style combines digital and hand-made, with an emphasis on rich colour, textures and metaphorical concepts.





9781785926471

- 138 x 216 mm
- 272 pages
- Jessica Kingsley Publishers

Subject

SOCIAL SCIENCE / Gender Studies

Other formats

9781785926488

Distributor

UTP Distribution

Transgressive

A Trans Woman on Gender, Feminism and Politics

By (author) Rachel Anne Williams

Jun 21, 2019 | Paperback , Trade | \$29.95 |

Provocative essays that empower readers, raise awareness and break down misconceptions about trans identities.

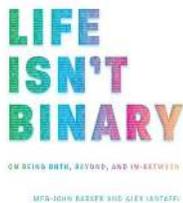
How do I know I am trans? Is trans feminism real feminism? What is there to say about trans women's male privilege? This collection of insightful, pithy and passionately argued think pieces from a trans-feminist perspective explores issues surrounding gender, feminism and philosophy and challenges misconceptions about trans identities. The book confronts contentious debates in gender studies to alleviate ongoing tension between feminism and trans women. Split into six sections, this collection covers wider issues, as well as autobiographical experiences, designed to stimulate the reader and encourage them to actively participate.

Contributor Bio

Rachel Anne Williams is a trans woman who runs the popular blog www.transphilosopher.com and has written for publications such as *Medium*.



9 781785 926471



9781785924798

- 138 x 216 mm
- 272 pages
- Jessica Kingsley Publishers

Subject

SOCIAL SCIENCE / Gender Studies

Other formats

9781784508647

Distributor

UTP Distribution

Life Isn't Binary

On Being Both, Beyond, and In-Between

By (author) Meg-John Barker , By (author) Alex Iantaffi

Jun 21, 2019 | Paperback , Trade | \$25.95 |

How non-binary ways of thinking offer new and greater ways of understanding ourselves and relating to others.

Much of society's thinking operates in a highly rigid and binary manner; something is good or bad, right or wrong, a success or a failure, and so on. Challenging this limited way of thinking, this ground-breaking book looks at how non-binary methods of thought can be applied to all aspects of life, and offer new and greater ways of understanding ourselves and how we relate to others. Using bisexual and non-binary gender experiences as a starting point, this book addresses the key issues with binary thinking regarding our relationships, bodies, emotions, wellbeing and our sense of identity and sets out a range of practices which may help us to think in more non-binary, both/and, or uncertain ways. A truly original and insightful piece, this guide encourages reflection on how we view and understand the world we live in and how we all bend, blur or break society's binary codes.

Contributor Bio

Meg-John Barker is an internationally recognised and hugely influential writer, therapist and thinker on gender, sex, relationships and mental health. **Alex Iantaffi** is an internationally recognized independent scholar, speaker and writer on issues of gender, disability, sexuality and mental health.



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9781785925870

- 138 x 216 mm
- 208 pages
- Jessica Kingsley Publishers

Subject

FAMILY & RELATIONSHIPS / Autism Spectrum Disorders

Other formats

9781785925887

Distributor

UTP Distribution

Uncomfortable Labels

My Life as a Gay Autistic Trans Woman

By (author) **Laura Kate Dale**

Aug 18, 2019 | Paperback , Trade | \$25.95 |

A candid, first of its kind insight into growing up as a gay trans woman with autism, undiagnosed until adulthood.



Being LGBT and having autism is actually fairly common and yet often misinterpreted. This groundbreaking firsthand account uses personal experiences from birth to late diagnosis to explore this connection, and the nuances of both gender identity and ASD.

Looking at everyday struggles faced by the author, such as learning feminine presentation through observation of subtle cues, issues around sensory processing, socially difficult situations exacerbated by gender identity, and coming out as trans during an autistic meltdown, this book gives a unique insight into the links between autism, sexuality, and gender.

Contributor Bio

Laura Kate Dale works as a news editor at Kotaku UK and has written articles for *The Guardian* and *Vice*.



9781787750289

- 12 b&w cartoons
- 5.5 x 8.5 in
- 224 pages
- Jessica Kingsley Publishers

Subject

FAMILY & RELATIONSHIPS /
Autism Spectrum Disorders

Distributor

UTP Distribution

Between You and Me

Personal Stories from Neuro-Diverse Couples

By (author) Joanna Pike , With Tony Attwood , Foreword by Tony Attwood

Aug 19, 2019 | Paperback , Trade | \$29.95 |

Twelve couples share their experiences including the challenges and benefits autism can bring to a relationship.

Comprised of the accounts of twelve heterosexual couples in which the man is on the Autism Spectrum, this book invites both partners to discuss their own perspectives of different key issues, including anxiety, empathy, employment, and socializing. Autism expert Tony Atwood contributes a commentary and a question and answer section for each of the twelve accounts. *Between You and Me* is the perfect companion for couples in neurodiverse relationships who are trying to understand one another better.

Contributor Bio

Joanna Pike is the founder and director of Different Together, a UK community for the partners of adults affected by Asperger's Syndrome.



9 781787 750289



9781785923906

- 152 x 229 mm
- 176 pages
- Jessica Kingsley Publishers

Subject

FAMILY & RELATIONSHIPS / Marriage & Long-Term Relationships

Other formats

9781784507435

Distributor

UTP Distribution

Crafting Meaningful Wedding Rituals

A Practical Guide

By (author) Jeltje Gordon-Lennox , Foreword by Tiu de Haan

Aug 18, 2019 | Paperback , Trade | \$25.95 |

In-depth guide to designing and creating secular wedding ceremonies.

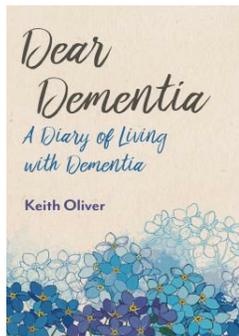
The trend towards a more secular culture in Western society means that there can be greater flexibility in a wedding ceremony, but couples are often faced with the challenge of preparing a meaningful celebration outside the traditional religious framework. This hands-on, practical guide demonstrates how to approach and prepare a secular wedding ceremony that honours a couple's relationship with honest vows and rituals true to their shared values. In addition, it provides guidance on structuring a ceremony for couples that come from very different cultural or spiritual backgrounds.

Includes the tools necessary for the creation of a ceremony, such as a Ritual Identity Questionnaire, checklists, and many other resources.

Contributor Bio

Jeltje Gordon-Lennox is an author, psychotherapist, and founder of the Ashoka Association, where she trains secular celebrants in the craft of secular ritualization.





9781785925030

- 12 b&w photos
- 152 x 229 mm
- 368 pages
- Jessica Kingsley Publishers

Subject

HEALTH & FITNESS / Diseases / Alzheimer's & Dementia

Other formats

9781784508982

Distributor

UTP Distribution

Dear Dementia

A Diary of Living with Dementia

By (author) Keith Oliver , Foreword by Linda Clare , Foreword by Rachael Litherland

May 18, 2019 | Paperback , Trade | \$25.95 |

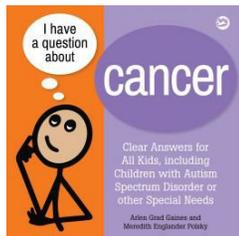
Capturing Keith Oliver's journey from diagnosis to the present day, this empowering book combines reflective diary entries with retrospective pieces to provide a unique insight into life with dementia.

Keith Oliver was diagnosed with young onset dementia at the age of 55. Unaware at the time that dementia could affect people of this age, Keith set out to increase public awareness of the condition and dispel the myths about the illness. Using a unique diary format, this intimate and empowering memoir captures what everyday life with dementia is like, offering both a candid look at its struggles, and a profoundly moving account of Keith's journey to live a full life afterwards.

Contributor Bio

Keith Oliver was diagnosed with young onset dementia in 2010, and has since become a leading advocate and activist for dementia and is a national and international speaker. He is an Alzheimer's Society Ambassador and he was the first person with dementia to address the UN Committee on human rights and disability.





I Have a Question about Cancer

Clear Answers for All Kids, including Children with Autism Spectrum Disorder or other Special Needs

By (author) Arlen Grad Gaines, By (author) Meredith Englander Polsky

Jun 21, 2019 | Hardcover, Sewn | \$19.95 |



An illustrated guide which explains cancer and the impact it can have to children aged 5-11 with ASD or other special needs.

When someone in a child's life has cancer, it can be tough for any parent or adult to explain. This book is designed specifically to help kids, especially children with autism spectrum disorder or other additional needs, to understand what cancer means. Using a question and answer format, it explores the life changes and feelings of uncertainty a child may experience if a loved one has cancer. Illustrated with SymbolStix, a symbol-based language for visual thinkers, this book explains a difficult topic to children who might otherwise struggle to understand it. The book also features a short picture story that repeats the complete story for children who process information best through visual cues. Additional guidance for parents and carers gives ideas to help children cope with this experience.

9781785926945

- Fully illustrated
- 213 x 216 mm
- 40 pages
- Jessica Kingsley Publishers

Subject

JUVENILE NONFICTION / Health & Daily Living / Diseases, Illnesses & Injuries

Audience range

Age (years) from 5 - 11

Other formats

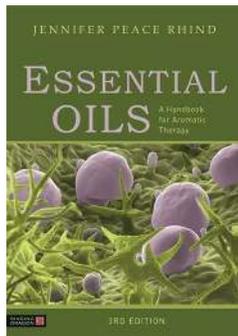
9781785928420

Distributor

UTP Distribution

Contributor Bio

Arlen Grad Gaines is a clinical supervisor and licensed clinical social worker with an advanced certification in hospice and palliative social work, based in Maryland, USA. **Meredith Englander Polsky** has been working in social work and special education for nearly 20 years and founded Matan, Inc. in 2000. She lives in Maryland, USA.



Essential Oils, 3rd Edition

By (author) Jennifer Rhind

Jun 21, 2019 | Paperback , Trade | \$49.95 |

A comprehensive handbook for understanding and using essential oils.



9781848193857

- 173 x 246 mm
- 400 pages
- Jessica Kingsley Publishers

Subject

HEALTH & FITNESS / Alternative Therapies

Other formats

9780857013439

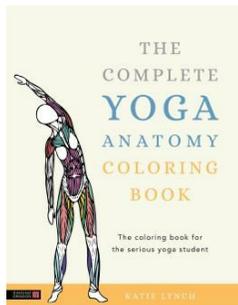
Distributor

UTP Distribution

Contributor Bio

Jennifer Peace Rhind is a Chartered Biologist with a Ph.D. from the University of Strathclyde and qualifications in massage and aromatherapy.

Revised and significantly expanded, the latest edition of this handbook provides full information on the use of essential oils in the field of contemporary aromatherapy and aromatic therapy, based on the most up-to-date research evidence behind their therapeutic applications. The author provides a detailed account of how essential oils are created, how and where aromatherapy is used, and the underlying pharmacology and chemistry. This will be an indispensable text for all students and practitioners of aromatherapy and related disciplines, as well as anyone interested in the use of essential oils for health and well-being.



The Complete Yoga Anatomy Coloring Book

By (author) Katie Lynch

Aug 18, 2019 | Paperback , Trade | \$39.95 |

Helps yoga practitioners get to grips with human anatomy with informative and fun coloring exercises.



9781848194205

- 216 x 279 mm
- 176 pages
- Singing Dragon
- Jessica Kingsley Publishers

Subject

HEALTH & FITNESS / Yoga

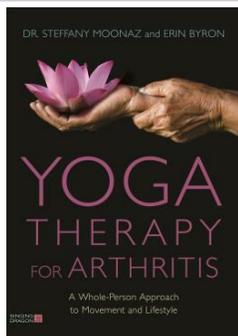
Distributor

UTP Distribution

Contributor Bio

Katie Lynch is a registered yoga teacher who has taught both privately and in studios. She has a BSc in Kinesiology from San Jose State University and over five years' experience as an anatomical illustrator.

This practical and engaging coloring book helps yoga teachers and students develop their knowledge of the human body. Katie Lynch covers physiology of the breath; movements of the joints; workings of the spine, shoulders, and pelvis; and in-depth muscle information, providing anatomical drawings allow learners to visually connect with the new information. Featuring 100+ illustrations and backed by rigorous scientific knowledge, it is the ultimate tool for all those interested in practicing yoga effectively and safely.



9781848193451

- 175 b&w photos
- 185 x 252 x 18 mm
- 352 pages
- Singing Dragon
- Jessica Kingsley Publishers

Subject

HEALTH & FITNESS / Yoga

Other formats

9780857013026

Distributor

UTP Distribution

Yoga Therapy for Arthritis

A Whole-Person Approach to Movement and Lifestyle

By (author) Steffany Moonaz, By (author) Erin Byron

Jan 21, 2019 | Paperback , Trade | \$49.95 |

A whole-person approach to arthritis management through yoga therapy.



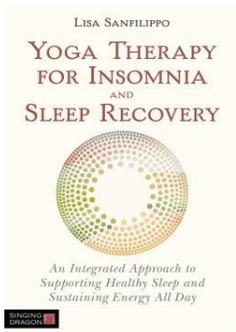
Yoga therapy is commonly used for the management of arthritis, but often focuses exclusively on adaptation of the physical poses and on structural solutions. This book moves beyond the traditional routines to present yoga as a lifestyle designed to improve quality of life and overall well-being for individuals living with arthritis and rheumatic conditions. By incorporating the ancient practices of yoga as both physical and mental exercises involving a model of 5-koshas or sheaths (physical, energetic, mental/emotional, wisdom, and spiritual), the yoga therapy practice presented here will help reduce pain and shift the perspective of the individual living with arthritis.

This therapy uses a whole-person approach that employs a broad range of tools to address the biopsychosocial effects of arthritis through the application of yoga practices and philosophy. Useful as a guide for people living with arthritis, this book is full of inspiration for self care along with instructions for yoga teachers and medical professionals to guide their clients using this whole-person perspective.

Contributor Bio

Steffany Moonaz is a yoga researcher and yoga therapist serving as the Director of Clinical and Academic Research at the Maryland University of Integrative Health. Based on her years of practice and research, she founded Yoga for Arthritis, an organization that trains yoga professionals to work safely and effectively with arthritic populations.

Erin Byron is a psychotherapist and author who co-founded one of the first internationally-accredited yoga therapist training programs. She has been leading retreats and training for over fifteen years.



9781848193918

- 60 b&w illustrations
- 152 x 229 mm
- 288 pages
- Singing Dragon
- Jessica Kingsley Publishers

Subject

HEALTH & FITNESS / Yoga

Other formats

9780857013484

Distributor

UTP Distribution

Yoga Therapy for Insomnia and Sleep Recovery

An Integrated Approach to Supporting Healthy Sleep and Sustaining Energy All Day

By (author) Lisa Sanfilippo

Feb 21, 2019 | Paperback , Trade | \$45.95 |

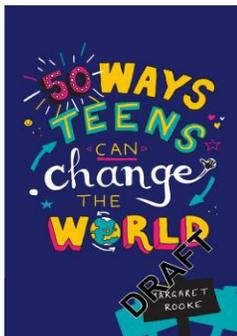
How yoga practices can help people get to sleep, stay asleep, rest well, and find sustainable energy during the day.

In this book, expert yoga therapist Lisa Sanfilippo explains how yoga practices can be used to target the underlying issues that inhibit good quality sleep, with immediate results that build over time. Learn how to work with clients to release tension in the body that builds up during the day making it difficult to sleep at night. Honouring a natural yogic and Ayurvedic approach, and infusing it with modern neuroscience, Lisa also addresses the deeper emotional reasons for not sleeping well and looks at how lifestyle changes can help to achieve better quality rest. With the body-mind connection at its core, this book shows how to support better health holistically to restore balance in each layer of the body.

Contributor Bio

Lisa Sanfilippo is a registered yoga therapist and senior yoga teacher at Triyoga and The Life Centre. She has spent 15 years developing the leading yoga workshops for insomnia. She lives in London, UK.





9781785925023

- 138 x 216 mm
- 224 pages
- Jessica Kingsley Publishers

Subject

Audience range

Age (years) from 13 - 18

Other formats

9781784508975

Distributor

UTP Distribution

You Can Change the World!

Everyday Teen Heroes Who Dare to Make a Difference

By (author) Margaret Rooke

Jul 21, 2019 | Paperback , Trade | \$25.95 |

A book of interviews with inspirational teenagers, showing what young people can do to transform the world they live in.

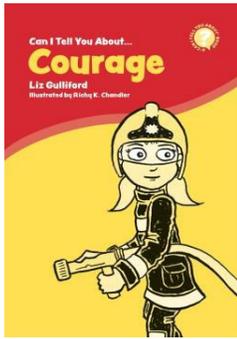
This inspirational book tells the stories of 50 real-life teens who've dared to change the world around them. This unforgettable book shows you how you can survive in a social media and celebrity obsessed world by refusing to conform to other people's expectations. It shows how you can find ways to achieve against the odds. And it features tips for actions you can take to create genuine social impact, and change within yourself.

Contributor Bio

Margaret Rooke has more than 25 years' experience writing for national and regional newspapers, magazines and books. She is the author of the bestselling *Creative, Successful Dyslexic* and *Dyslexia is My Superpower*.



9 781785 925023



9781785926716

- 152 x 229 mm
- 64 pages
- Jessica Kingsley Publishers

Subject

JUVENILE NONFICTION / Social Topics / Emotions & Feelings

Audience range

Age (years) from 7 - 12

Other formats

9781785926846

Distributor

UTP Distribution

Can I Tell You About Courage?

A Helpful Guide for Everyone

By (author) Liz Gulliford

May 18, 2019 | Paperback , Trade | \$17.95 |

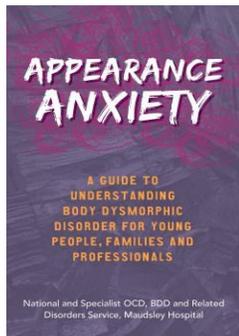
Learn with Briony what courage means, and the different ways in which someone can act courageously.

Meet Briony. Briony has always wanted to be a firefighter - they seem so brave! Firefighters stay calm during really difficult circumstances, and train to be able to rescue people in life-threatening situations. How do firefighters get to be so courageous? Are they born with that kind of courage? Or is it developed through their training? What is moral courage, and are there other kinds of courage? Where do they come from? The ideal conversation starter for children aged 7+, this illustrated guide will open discussion as to what courage means, the different types of courage, and how to be courageous rather than rash.

Contributor Bio

Liz Gulliford has a long-standing interest in human strengths and is currently senior lecturer in positive psychology at the University of Northampton.





9781785924569

- 7 b&w images
- 138 x 216 mm
- 88 pages
- Jessica Kingsley Publishers

Subject

YOUNG ADULT NONFICTION / Social Topics / Eating Disorders & Body Image

Audience range

Age (years) from 12 - 17

Other formats

9781784508326

Distributor

UTP Distribution

Appearance Anxiety

A Guide to Understanding Body Dysmorphic Disorder for Young People, Families and Professionals

By (author) The National and Specialist OCD, BDD and Related Disorders Service

Apr 21, 2019 | Paperback , Trade | \$19.95 |

Explains body dysmorphic disorder to young people, families and professionals including symptoms, treatment and first-hand experiences.

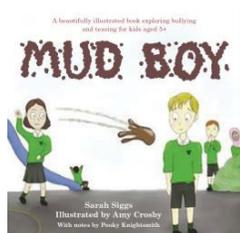
The first book for teens that explains the causes and impact of body dysmorphic disorder (BDD). The book is interspersed with accounts and artwork from young people with BDD, along with perspectives of their families. BDD is a debilitating mental health disorder, and this book gives advice on treatment including CBT and medication, and shows where to get help.

It increases awareness, provides solidarity for people with BDD, and alerts others to key signs and symptoms so they can prevent further suffering. It also includes a short section for families and professionals on what they can do to help, making this the go-to book for professionals and families to recommend to teens, as well an invaluable resource for young people themselves.

Contributor Bio

The National and Specialist OCD, BDD and Related Disorders Clinic at the Maudsley Hospital in London is at the forefront of research into BDD.





Mud Boy

A Story about Bullying

By (author) Sarah Siggs , Illustrated by Amy Crosby , Notes by Pooky Knightsmith

Aug 19, 2018 | Hardcover , Sewn | \$21.95 |

An illustrated story to help children think about bullying and teasing.



9781785928703

- Full colour illustrations throughout
- 8 x 8 in
- 48 pages
- Jessica Kingsley Publishers

Subject

JUVENILE FICTION / Social Themes / Bullying

Audience range

Age (years) from 5 - 11

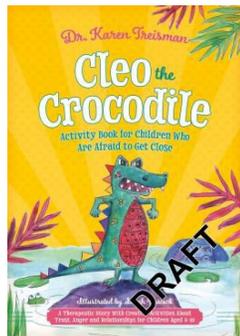
Distributor

UTP Distribution

Mud Boy is an illustrated story book for ages five and up, showing how children can go from being joyfully buoyant to totally deflated when being bullied and teased, and offering advice to get them back to their best. Mud, music, and a family cat are used to conjure up the story to children in a very new and real way, showing that recovery happens through talking to others about our problems.

Contributor Bio

Sarah Siggs has a B.Ed Hons Degree in Primary and Special Education. **Amy Crosby** is an author and illustrator whose illustrations cover a range of issues including segregation from peers, mental health difficulties and issues concerning self-image and self-worth.



9781785925511

- 210 x 297 mm
- 144 pages
- Jessica Kingsley Publishers

Subject

JUVENILE FICTION / Social Themes / Emotions & Feelings

Audience range

Reading age from 5 - 10

Other formats

9781787750784

Distributor

UTP Distribution

Cleo the Crocodile Activity Book for Children Who Are Afraid to Get Close

A Therapeutic Story With Creative Activities About Trust, Anger and Relationships for Children Aged 5-10

By (author) Karen Treisman

Jun 21, 2019 | Paperback , Trade | \$29.95 |

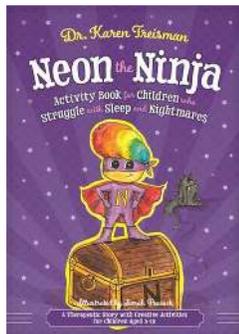
Cleo the Crocodile loved having fun with all of the other animals, until Hayden the Hippo started being mean to Cleo and he had to leave to another swamp. Scared of being hurt again, Cleo swung, snapped and stared at all the others animals so that he would be left alone. Would he ever be happy again and make friends? How would he feel safe and ready for new adventures?

This activity book developed by expert psychologist Dr. Karen Treisman is an illustrated therapeutic story about Cleo the Crocodile to help start conversation with children who have had to move into foster care. It aims to help children to explore their feelings of anger and rejection, and shows their loved ones how to build their trust!

Contributor Bio

Dr. Karen Treisman is a specialist clinical psychologist, trainer and author, working in London, UK. Karen is also the Director of Safe Hands and Thinking Minds Training and Consultancy services. She lives in London, UK.





9781785925504

- 211 x 295 x 13 mm
- 144 pages
- Jessica Kingsley Publishers

Subject

JUVENILE NONFICTION / Health & Daily Living / General

Audience range

Reading age from 5 - 10

Other formats

9781787750029

Distributor

UTP Distribution

Neon the Ninja Activity Book for Children Who Struggle With Sleep and Nightmares

A Therapeutic Story With Creative Activities for Children Aged 5-10

By (author) Karen Treisman

Jan 21, 2019 | Paperback , Trade | \$29.95 |

Introducing Neon the nightmare-fighting Ninja, this workbook is the ideal night-time companion for helping children aged 5-10 with nightmares and sleeping difficulties.

Neon the Ninja has a very special job. He looks after anyone who finds the night time scary. Lots of us have nightmares, but Neon loves nothing more than using his special ninja powers to keep the nightmares and worries far away, and to keep the magical dreams and positive thoughts close by.

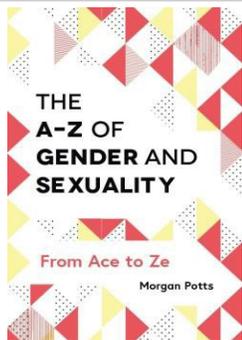
It combines a fun illustrated story to show children how Neon the Ninja can reduce their nightmares and night worries with fun activities and therapeutic worksheets to make nighttime feel safer and more relaxed. This workbook contains a treasure trove of explanations, advice, and practical strategies for parents, carers and professionals. Based on creative, narrative, sensory, and CBT techniques, it is full of tried and tested exercises, tips and techniques to aid and alleviate nightmares and sleeping difficulties.

This is a must-have for those working and living with children aged 5-10 who experience nightmares or other sleep-related problems.

Contributor Bio

Dr. Karen Treisman is a specialist clinical psychologist, trainer and author, working in London, UK. Karen is also the Director of Safe Hands and Thinking Minds Training and Consultancy services.





9781785923425

- Black & white photographs; gender & sexuality spectrum diagrams
- 152 x 229 mm
- 208 pages
- Jessica Kingsley Publishers

Subject

SOCIAL SCIENCE / LGBT Studies / General

Distributor

UTP Distribution

The A-Z of Gender and Sexuality

From Ace to Ze

By (author) Morgan Potts

Dec 21, 2018 | Paperback , Trade | \$22.95

This comprehensive, up-to-date glossary of queer and transgender terms is designed to dispel anxiety around using the "wrong" words, while helping readers navigate the relationship between gender and identity.

There can be confusion around the appropriate terminology for trans and queer identities, even within the trans community itself. As language is constantly evolving, it can be especially difficult to know what to say. As a thorough A-Z glossary of trans and queer words from "ace" to "ze," this dictionary will help to dispel the anxiety around using the "wrong" words, while explaining the weight of using certain labels.

Having correct and accurate terminology to describe oneself can be empowering, especially with words and phrases that describe gender identity, sexuality, sexual orientation, as well as slang relevant to LGBTQ+ rights, queer activism, gender-affirming healthcare, and psychology. Written in a traditional A-Z glossary style, this guide will serve as a quick reference for looking up individual words, as well as an in-depth look at trans history and culture. By dispelling myths about "correct" language, this guide will serve as an accessible introduction to more informed conversations about gender and sexuality.

Contributor Bio

Morgan Potts is a freelance writer, editor and artist. Morgan is a sex worker and runs workshops on gender, consent and accountability.



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