

19

SPRING/
SUMMER
CATALOG



MOUNTAINERS BOOKS



recreation • lifestyle • conservation

**It's all about
the outdoors.**

**Mountaineers Books is an
independent nonprofit publisher**



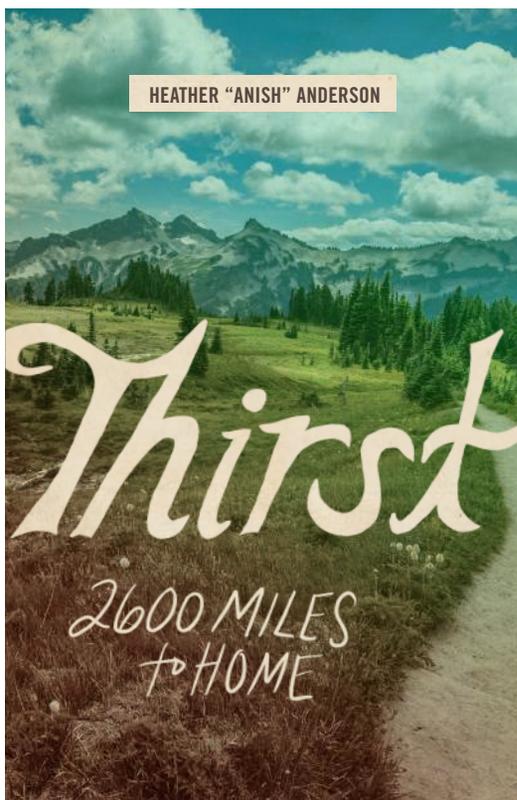
MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



Photo by Owen Deutsch from *Bringing Back the Birds*, page 12

SKIPSTONE is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

BRAIDED RIVER features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.



THIRST

2600 Miles to Home

HEATHER "ANISH" ANDERSON

AVAILABLE IN MARCH

208 pages | 5½ x 8½ | \$17.95

paperback | 1 map

ISBN 978-1-68051-236-6 | ebook 978-1-68051-237-3

MEMOIR/HIKING | Rights: World

An inspiring personal journey about how one woman hikes grueling long-distance trails at record-breaking speeds—and discovers her own sense of worth

- Author is nation's long-distance, fastest-known-time hiking champion (as of summer 2018)
- Story of how a bookish, inactive young girl became a record-smashing elite athlete
- Poignant and revealing personal journey

By age 25, Heather Anderson had hiked what is known as the "Triple Crown" of backpacking: the Appalachian Trail (AT), Pacific Crest Trail (PCT), and Continental Divide Trail (CDT)—a combined distance of 7,900 miles with a vertical gain of more than one million feet. A few years later, she left her job, her marriage, and a dissatisfied life and walked back into those mountains.

In her new memoir, *Thirst: 2600 Miles to Home*, Heather, whose trail name is "Anish," conveys not only her athleticism and wilderness adventures, but also shares her distinct message of courage—her willingness to turn away from the predictability of a more traditional life in an effort to seek out what most fulfills her. Amid the rigors of the trail—pain, fear, loneliness, and dangers—she discovers the greater rewards of community and of self, conquering her doubts and building confidence. Ultimately, she realizes that records are merely a catalyst, giving her purpose, focus, and a goal to strive toward.



HEATHER ANDERSON is a certified personal trainer, thru-hiker, ultrarunner, mountaineer, climber, endurance adventurer, and wilderness lover. When not in the mountains, she lives in Washington State.

ONLINE:

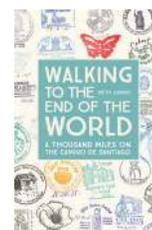
RunHikeLiveLove.blogspot.com

 @AnishHikes

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YOU MAY ALSO LIKE





DANGERS IN THE NIGHT

(excerpted from Thrist: 2600 Miles to Home, by Heather "Anish" Anderson)

At last, on numb, frozen stubs, I stumbled clumsily up the loose soil on the other side of the Sandy River. Turning, I lifted my arms in triumph. The men on the other side cheered. I threw down my stick, exhausted, and hobbled away.

My feet hurt as though they had been asleep for an eon. The grit in my shoes ground into my feet with such painful intensity that I wasn't sure I could handle it. A half mile later, I stopped, sat on a log, and pulled them off. After changing socks, I scraped as much gravel out of my shoes as I could. Then, I hiked at maximum speed to rebuild the warmth and circulation that my body had lost in the river. Adrenaline from my brush with death spurred me

forward. I knew that it was three miles—including a long climb up Bald Mountain—to my camp.

A few yards up the trail I pulled out my treat for the evening—a caffeinated gel. I swallowed it and began to power up the climb, head down. Switchback, switchback, switchback . . . As I neared a turn, I glanced up to see cougar eyes illuminated just feet from my face. Unlike my other encounters, I did not recoil or bark defensively. Instead, I lunged forward, arms over my head and I ROARED.

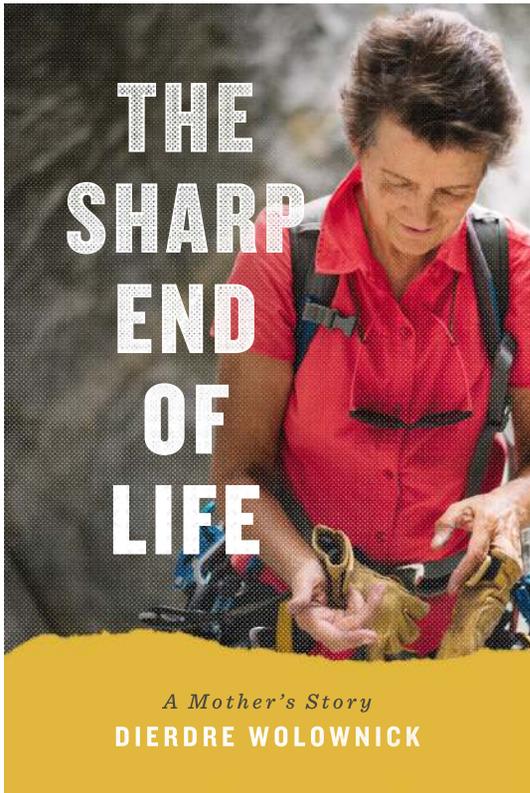
The lion did not pause for a second investigation. It turned tail and fled up the trail, disappearing into the night. Caffeine and adrenaline coursed through my body. I could literally feel the chemicals throbbing in my veins, and I shook with the visceral urge to physically lay hands on the opponent and fight it. I was done being afraid of the night, of lions, of failure—of anything. Chest heaving, I stood and stared in the direction it had gone.

I roared again.

When I had stepped away from the southern terminus fifty days before, it had been the biggest jump of my life. Since then, I'd felt as though I'd been falling the entire time—until that moment when I flung myself into the face of my greatest fear, ready to fight. After fifty days in freefall, I'd landed. I was the lioness now, roaming the day and night fearlessly. Willing to fight anything in my path. To take anything on, whether it be lions in the night or raging glacial rivers or the self-defeating voices that lived in the dark recesses of my own mind. I was now a living incarnation of courage.

I shattered the silent forest with my voice: "NOTHING. WILL STOP ME. FROM GETTING. TO CANADA!!!!"

I hiked onward. The adrenaline flooding my system made my legs feel light. The heady realization that I was no longer controlled by fear had me roaring at every cracking branch or twig. There is nothing on this mountain that won't know that I am a lioness tonight.



THE SHARP END OF LIFE

A Mother's Story

DIERDRE WOLOWNICK

AVAILABLE IN MAY

256 pages | 6 x 9 | \$24.95 | hardcover

24 color photos

ISBN 978-1-68051-242-7 | ebook 978-1-68051-243-4

MEMOIR/CLIMBING | Rights: World English language

Marathoner, climber, and the mother of famed free-soloist Alex Honnold, Dierdre shares how she embraced the outdoors and changed her world later in life.

- A mother's tale of courage, persistence, and finding herself—with the help of her children
- At 66, Dierdre Wolownick became the oldest woman to climb El Capitan, in Yosemite

Wife. Mother. Professor. Marathoner. Musician. Survivor. All aptly describe Dierdre Wolownick. As does “climber.” But unlike her son, climber Alex Honnold who began his climbing career at age 19 and free-soloed Yosemite's iconic El Capitan at 31, Dierdre's climbing career began at the age of 58.

In *The Sharp End of Life*, Dierdre places her climbing within the context of the rest of her life, laying bare a sometimes vulnerable and isolated journey. She grew up under the watchful eyes of a needy, domineering mother, faced a decades-long struggle in an emotionally abusive marriage, raised two teenagers as a single working mom, and learned to identify with a son with different needs. All of these experiences made Dierdre strong and, ultimately, enabled her to follow her passions. Inspired by her daughter, she began running at age 54, and subsequently ran four marathons and nine half-marathons. Then she began rock climbing.

From confused wife and isolated mother to confident athlete, Dierdre's story is one of learning, acceptance, and spirit.



DIERDRE WOLOWNICK was born in New York City and has lived and worked in many parts of the world. She recently retired from American River College, near her home in Carmichael, California, where she taught French, Spanish, and ESL. She continues to be a motivational speaker and a performing musician.

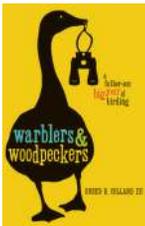
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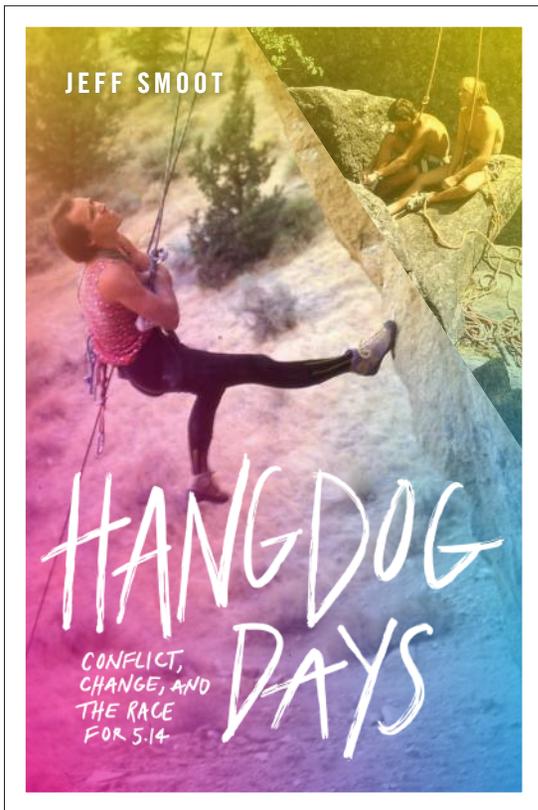
Dierdre.us | Sharpendoflife.com

@DierdreWolownick

@DierdreWolownick

ALSO AVAILABLE





HANGDOG DAYS

Conflict, Change, and the Race for 5.14

JEFF SMOOT

AVAILABLE IN APRIL

320 pages | 6 x 9 | \$21.95 | paperback

ISBN 978-1-68051-232-8 | ebook 978-1-68051-233-5

CLIMBING/HISTORY/MEMOIR | Rights: World

Arguments, fistfights, even death threats—an evolutionary time in rock climbing known as the “hangdog days”!

- Fast-paced history-cum-memoir about rock climbing in the wild-and-wooly '80s
- Highlights ground-breaking achievements from the era

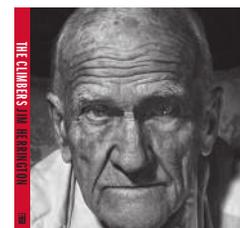
Hangdog Days chronicles the era when rock climbing exploded in popularity, attracting a new generation of talented climbers eager to reach new heights via harder routes and faster ascents. This contentious, often humorous period gave rise to sport climbing, climbing gyms, and competitive climbing—indelibly changing the culture of the sport, transforming it into what we know today.

One of those young climbers, writer Jeff Smoot, traces the development over time of traditional climbing “rules,” enforced first through peer pressure, then later through intimidation and sabotage. In the late '70s, several climbers began introducing new tricks including “hangdogging”—hanging on gear to practice moves—considered cheating by the old guard. As more climbers broke ranks with traditional style, this new gymnastic approach pushed the limits of climbing from 5.12 to 5.13. When French climber Jean-Baptiste Tribout ascended the 5.14a *To Bolt or Not to Be* at Smith Rock in 1986, he broke a previously thought impenetrable barrier. John Bachar, Todd Skinner, Ray Jardine, Lynn Hill, Mark Hudon, Tony Yaniro, Alan Watts, and others star in this lively period of the sport.



JEFF SMOOT has always lived close to his outdoor passion, from writing for climbing magazines to researching and writing guidebooks, to serving on Seattle’s Camp Long Advisory Council, which supports outdoor education and opportunities for disadvantaged and underserved youth. He is the founder of Camp Long’s annual Mountain Fest, celebrating Seattle’s rich climbing history and culture. A semi-retired attorney, he has served as Chair of the Washington State Bar Association Law Clerk Board and is a regular speaker at legal education seminars. Jeff lives in Seattle.

YOU MAY ALSO LIKE





ROCK CLIMBING ANCHORS

A Comprehensive Guide

SECOND EDITION

Topher Donahue and Craig Luebben



MOUNTAINEERS BOOKS

ROCK CLIMBING ANCHORS, 2ND EDITION

A Comprehensive Guide

TOPHER DONAHUE AND CRAIG LUEBBEN

AVAILABLE IN APRIL

288 pages | 6¾ x 8½ | \$24.95 | paperback

380 color photos | 30 illustrations

ISBN 978-1-68051-140-6 | ebook 978-1-68051-141-3

SPORTS/CLIMBING | Rights: World

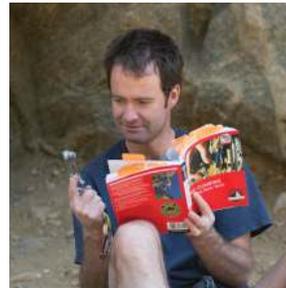
(Previous edition: Rock Climbing Anchors, ISBN 978-1-59485-006-6)

A completely updated edition of one of our most popular climbing how-tos—now in full color

- Seminal book updated by author of the acclaimed *Advanced Rock Climbing*
- Easy-to-follow step-by-step instructions
- 400 new color photos demonstrate techniques

For this new edition of *Rock Climbing Anchors*, climber and writer Topher Donahue carefully reviewed each technique and lesson, making them even easier to understand and learn. Key updates include:

- Improved content hierarchy, reading efficiency, and technique emphasis
- Pros vs. Cons comparison lists
- Technological advances and changes in gear and standards
- Graphic illustrations of forces, movement, “right” vs. “wrong” technique, and more
- New section on anchor considerations for the climbing gym
- New distinction between “anchor” and “placement” or “piece”



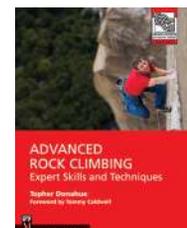
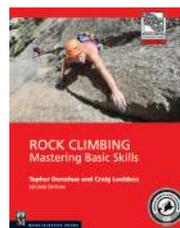
Accomplished climbing guide, author, and photographer, **TOPHER DONAHUE** was, at age 14, one of the youngest American climbing guides in history. His climbing methods and philosophy evolved from his experiences with guides, climbers, and cultures across the globe. Topher lives in Nederland, Colorado.

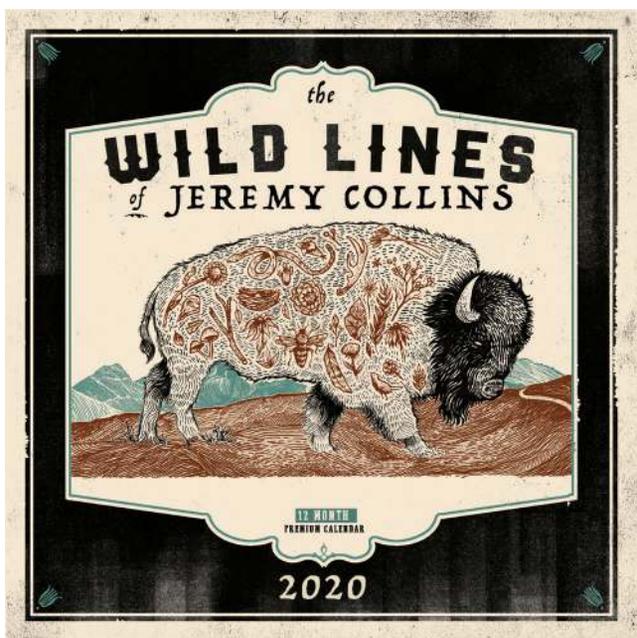
ONLINE:

TopherDonahue.com

@Topher.Donahue

ALSO BY TOPHER





THE WILD LINES OF JEREMY COLLINS

2020 Wall Calendar

JEREMY COLLINS

AVAILABLE IN JULY

24 pages | 12 x 12 (closed) | 12 x 24 (open) | \$19.95
paper | full-color illustrations | hole at top
for hanging | shrink-wrapped with cardboard stabilizer
ISBN 978-1-68051-261-8
CALENDAR | Rights: World

**Award-winning artist and storyteller
Jeremy Collins presents 12 new,
hand-drawn works for 2020**

- Drawings suitable for framing, printed on FSC-certified paper
- Perfect gift for home, van, or office use

The striking artwork of Jeremy Collins ranges from scenic paintings to portraits to journal sketches, all inspired by his wilderness adventures. Calendar dates include standard national holidays as well as dates relevant to the outdoor, conservation, and adventure communities—from the birthday of John Muir (April 21) to notice of World Wetlands Day (February 2) to helpful reminders to get out for a pre-Christmas hike or solstice camping trip. Each month includes a mini-essay by Jeremy about his artwork, inspirations, or environmental history, and “Action Prompts” to encourage community engagement.



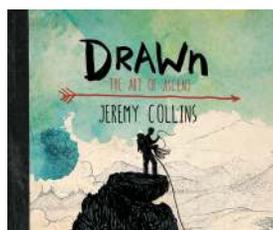
JEREMY COLLINS roams the earth with sketchbooks in hand, dumping his soul into their pages. It is in the folds of those pages that his particular worldview was born—from authentic travel and adventures as an exploratory rock climber to award-winning filmmaker and author.

ONLINE:

JerCollins.com

 [@JerCollins](https://www.instagram.com/JerCollins)

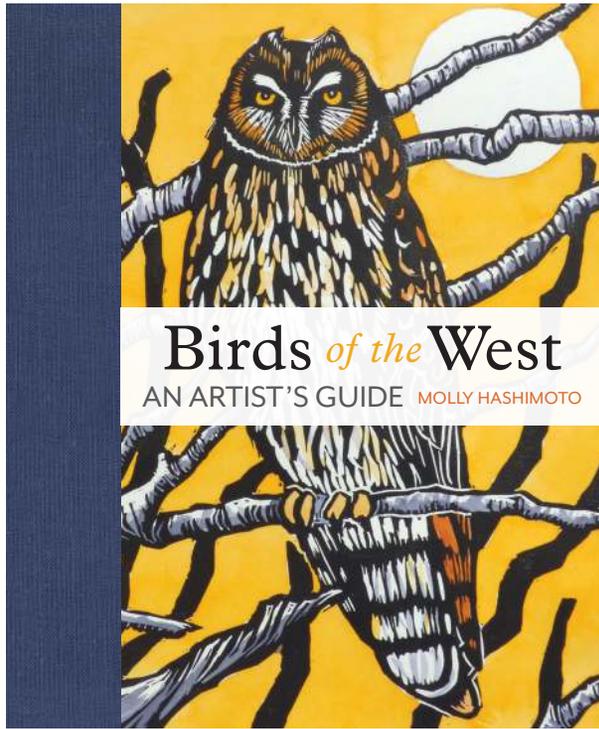
ALSO BY JEREMY



Winner, Banff Book Award, Adventure Travel

“A visual riot and a heartfelt exploration of an adventurous life.”

—*National Geographic*



BIRDS OF THE WEST

An Artist's Guide

MOLLY HASHIMOTO

AVAILABLE IN MAY

192 pages | 7 x 9 | \$22.95 | hardcover

140 color illustrations

ISBN 978-1-68051-150-5 | ebook 978-1-68051-151-2

ART/NATURE/BIRDS | Rights: World

Encourages birders and artists alike to really see the birds around us, in all their varied, often vivid colors, textures, and feathers

- Unique gift book celebrates more than 80 iconic Western birds
- Author is an award-winning nature artist and art teacher
- Explores habitats: suburban backyards, alpine heights, shorelines, and more

Birds accompany us in our daily lives with their songs, flashes of bright color, and energetic activity. Even people who don't consider themselves birders notice them; from urban wetlands to wilderness trails, we follow the sound of a distant twitter or song.

Award-winning artist Molly Hashimoto captures birds through different media, from quick sketches with pen and wash to more carefully planned block prints. Each medium has a unique way of revealing different avian qualities—elegant lines or imposing silhouettes, a delicate bill or brilliant plumage. In *Birds of the West*, Molly shares this range of artwork as a way to encourage readers, whether artists or not, to observe more closely the feathered friends around us. Through her art and words, she explores specific Western habitats providing the natural histories of birds typically found in each, as well as intimate personal encounters and inspiring passages from others. And she teaches painting, drawing, and printmaking methods throughout the book with technique sidebars designed for all levels of experience.

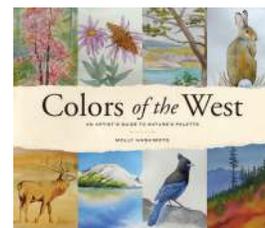


MOLLY HASHIMOTO is dedicated to connecting people of all ages to nature through hands-on art experiences. She teaches and leads plein air watercolor workshops around the West, including at the North Cascades Institute, Yellowstone Forever Institute, and Sitka Center for Art and Ecology. Molly lives in Seattle.

ONLINE:

MollyHashimoto.com

ALSO BY MOLLY



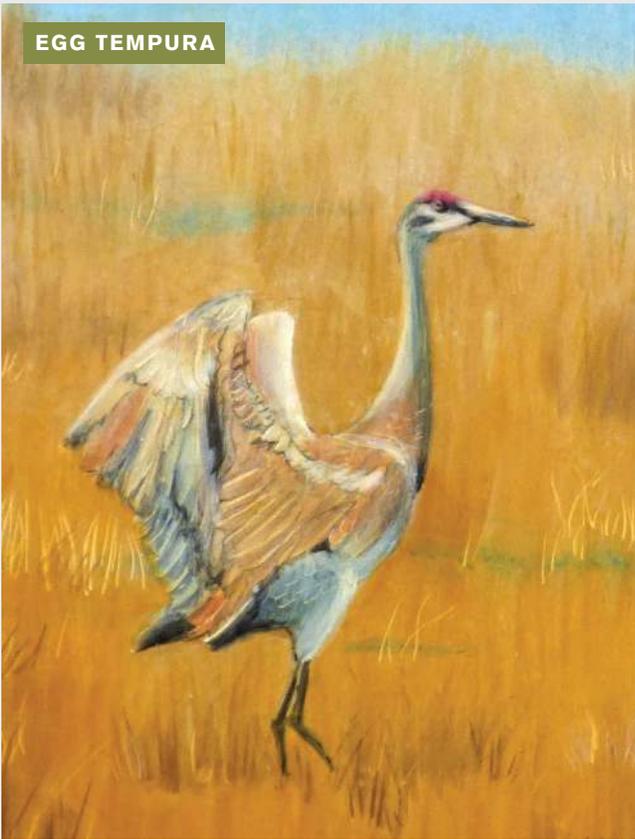
"I love this book. I love everything about it."

—Brian Cantwell,
Seattle Times



SKIPSTONE

EGG TEMPURA



BLOCK PRINT



SANDHILL CRANE

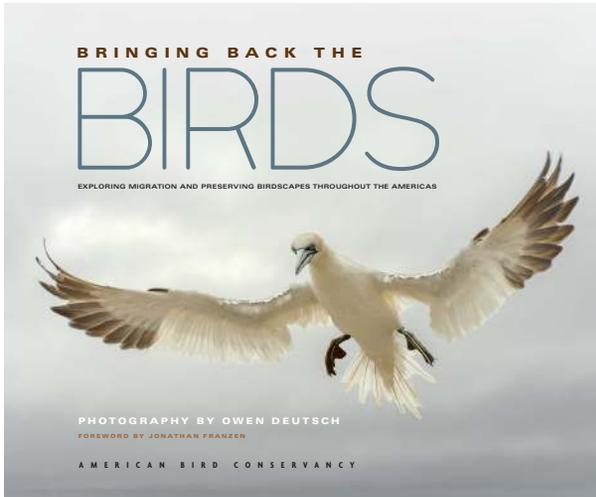
Block print, watercolor, egg tempera from Birds of the West by Molly Hashimoto

Sandhill cranes nest at Yellowstone National Park on Swan Lake, as well as in Blacktail Ponds along the highway to the Lamar Valley, after wintering in the American Southwest and Mexico. Seeing them has always been a very powerful experience for me and calls out for explorations in multiple media. The Blacktail Ponds cranes in the watercolor were alternately preening and exhibiting their elegant bowing courtship behavior. The rust-colored feathers are the result of dipping their beaks in mud stained with iron, an element prevalent in the canyons and thermal areas of Yellowstone. I never before

thought a mud bath could result in such beauty! Through the block print medium, I chose to express the grace of a lone crane with its neck extended in a landscape that had greened up for the summer. In the egg tempera painting, I chose the golden colors of latest winter verging on spring. The tempera is less transparent than the watercolor, with layers upon layers of paint. It's more like an oil painting and has a thicker, more substantial quality that is very unlike the other two media, providing a kind of opulence and richness that suited the plumage and golden colors of the wetland.

WATERCOLOR





BRINGING BACK THE BIRDS

Exploring Migration and Preserving Birdscapes Throughout the Americas

AMERICAN BIRD CONSERVANCY;
PHOTOGRAPHY BY OWEN DEUTSCH

AVAILABLE IN MAY

208 pages | 12 x 10 | \$35 | hardcover

225 color photos

ISBN 978-1-68051-211-3

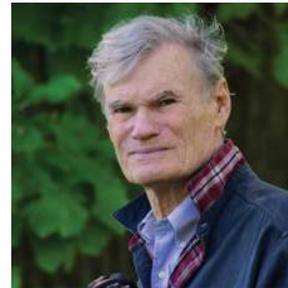
NATURE/PHOTOGRAPHY | Rights: World

Extraordinary photographs and essays by leading ornithologists combine in this celebration of birds and exploration of why habitat protection is critical for their future

- Foreword by Jonathan Franzen; new poem by Margaret Atwood
- Focuses on birds common to the Americas—and how protecting their habitats can save them from extinction while also benefiting humans
- American Bird Conservancy is the leading advocate for conservation of bird habitat

With species ranging from tiny iridescent-green hummingbirds to giant, gangly flightless rheas, the Americas feature an astonishing array of birds that rely upon the region's tremendous diversity of habitats. That reliance may be very localized or it may reach across continents: Swainson's Thrushes travel from South America all the way to Alaska, while certain grebes spend their entire lives on a single lake. Treasured songbirds feed at northern backyard feeders yet often arrive from points far to the south.

The American Bird Conservancy (ABC) works across the Americas with a goal to have birds routinely prioritized in all land-use and policy decision-making. *Bringing Back the Birds* showcases these efforts, alongside the stunning photography of Owen Deutsch and eloquent essays from renowned experts in the field: Peter P. Marra, Smithsonian Migratory Bird Center; researchers Kimberly and Kenn Kaufman; John W. Fitzpatrick, Cornell Lab of Ornithology; and Mike Parr, EJ Williams, and Clare Nielsen of ABC.



Based in Washington, DC, the **AMERICAN BIRD CONSERVANCY** has more than 20 years of inspiring bold action and partnerships that are “bringing back the birds” across the Western Hemisphere. Chicago native **OWEN DEUTSCH** had a long career in fashion photography, but got hooked on birds in 2002. He now travels the world in pursuit of his passion.

ONLINE:

ABCbirds.org

 @AmericanBirdConserve

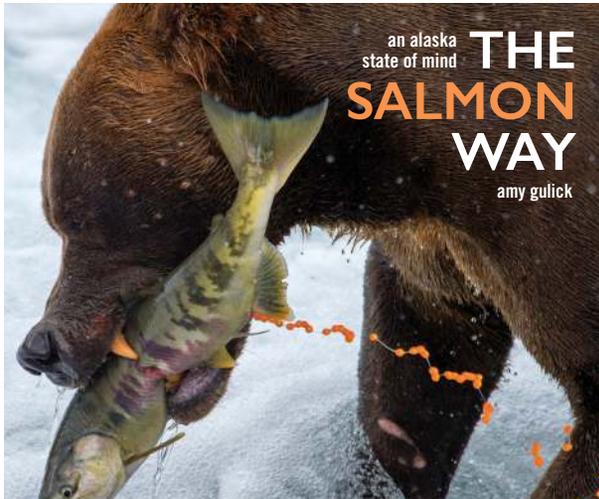
 @AmericanBirdConservancy

OwenDeutsch.com

 @OwenDeutsch

YOU MAY ALSO LIKE





THE SALMON WAY

An Alaska State of Mind

AMY GULICK

AVAILABLE IN MAY

192 pages | 10 x 9 | \$29.95 | hardcover

100 color photos | 2 maps | 3 illustrations

ISBN 978-1-68051-238-0

ALASKA/NATURAL HISTORY | Rights: World

Images and stories celebrate the connection between wild salmon and the people of Alaska—past, present, and future

- Long before it was the “oil state,” Alaska was the “salmon state”
- Emphasizes that salmon protection is good for Alaska

Alaskans have deeply personal connections to their wild salmon. Salmon serve as a fundamental—and delicious!—source of food, way to make a living, and link between generations as well as communities throughout the state. Yet while salmon are a crucial part of the lives of many Alaskans, the habitat on which salmon depend is not always in the forefront of citizens’ concerns. *The Salmon Way* celebrates how salmon belong to *all* Alaskans—not only to specialized interests. Through story and images, author Amy Gulick encourages Alaskan residents not to take salmon for granted, but rather to prioritize it as local communities, media, and politicians evaluate mining, energy development, and logging proposals.

In researching her new book, Amy learned from individuals whose lives are inextricably linked with salmon. Operators of a salmon troll vessel and a drift gillnet boat in Bristol Bay take her on as crew; a native woman teaches her the art of preserving fish; and a sport fishing guide shows her where to cast. Each experience expands our understanding of the “salmon way of life.”



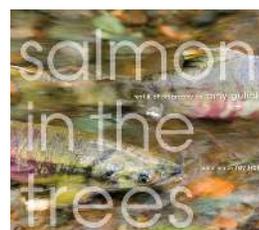
AMY GULICK is an acclaimed photographer and writer whose work has appeared in *Outdoor Photographer*, *Audubon*, and *Sierra*. Her book *Salmon in the Trees: Life in Alaska’s Tongass Rain Forest* won an Independent Publishers Book Award and two Nautilus Book Awards. She is a founding Fellow of the International League of Conservation Photographers. Amy lives on Whidbey Island, Washington.

ONLINE:

amygulick.com

SalmonInTheTrees.org

ALSO BY AMY

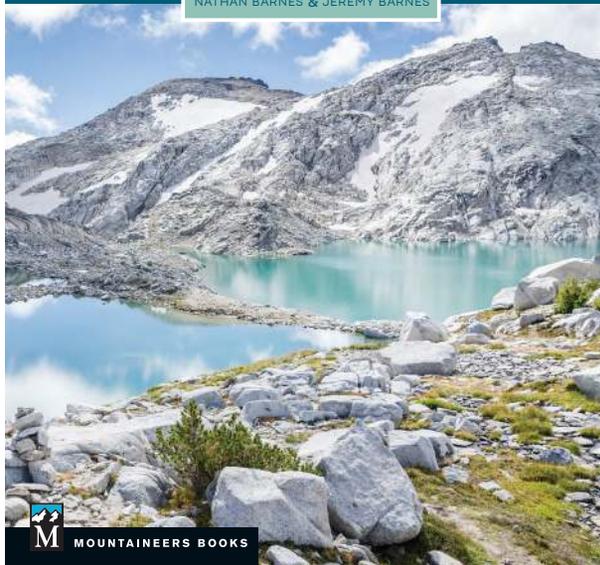


BRAIDED RIVER

ALPINE LAKES WILDERNESS

THE COMPLETE HIKING GUIDE

NATHAN BARNES & JEREMY BARNES



MOUNTAINEERS BOOKS

ALPINE LAKES WILDERNESS

The Complete Hiking Guide

NATHAN BARNES AND JEREMY BARNES

AVAILABLE IN JUNE

320 pages | 6¼ x 9 | paperback | \$24.95

125 color photos | 101 maps

ISBN 978-1-68051-077-5 | ebook 978-1-68051-078-2

GUIDEBOOK/HIKING/WASHINGTON | Rights: World

One of Washington's most treasured wilderness areas, from the well-known authors behind the "Hiking with My Brother" blog

- 100 hikes in the Alpine Lakes Wilderness, including the newly protected Middle Fork Snoqualmie Valley
- Mix of day hikes and classic backpacking routes
- Stunning, oversized full-color guide

The lush Alpine Lakes Wilderness in Washington's Central Cascades contains a plethora of trails, rugged glacier-carved mountains, and more than 700 sparkling alpine lakes and ponds. Accessed via nearly 50 trailheads, more than 600 miles of trails offer hikers leisurely strolls along wooded creeks, climbs up mountain passes, or lunch spots next to glassy tarns. It is one of the most popular and beloved places for hikers in this region.

The all-new guide, *Alpine Lakes Wilderness*, features a wide range of hikes that vary in difficulty, geography, and theme so that hikers of any age and skill level will find trails that fit their taste. Easy to use, the guide includes details on overnight permits, car-camping options near wilderness access points, detailed maps, elevation gain/loss, and turn-by-turn mileage and directions. Interesting historical background and natural history round out the trail descriptions.



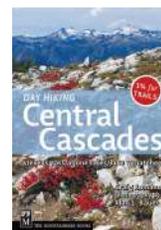
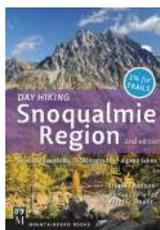
NATHAN AND JEREMY BARNES founded the popular website and blog, hikingwithmybrother.com, in 2009 as a resource for hikers. Nathan graduated from the University of Washington with an undergraduate degree in history and political science and later returned to the UW School of Law to earn his Juris Doctor. Jeremy also graduated from the UW with a degree in industrial engineering. They both live in West Seattle.

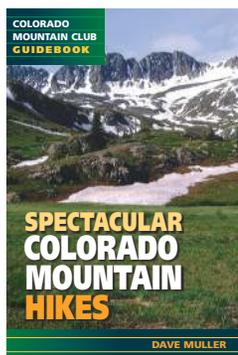
ONLINE:

HikingWithMyBrother.com

 @HikingWithMyBrother

YOU MAY ALSO LIKE





SPECTACULAR COLORADO MOUNTAIN HIKES

DAVE MULLER

AVAILABLE IN MARCH

300 pages | 6 x 9 | \$26.95 | paperback
 170 color photos | 128 maps | rounded corners
 ISBN: 978-1-937052-66-9
 GUIDEBOOKS/HIKING/COLORADO | Rights: World

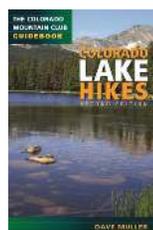
Prolific guidebook author Dave Muller details a wide variety of hikes around Colorado, with many lesser-known trails that offer unexpected treasures

- 125 hikes throughout the state
- Clear, concise descriptions of each trail
- Color maps and photos

This all-new hiking guide is for adventurers seeking some of Colorado’s many hidden gems. Emphasizing clear directions and important information for hikers, it also provides detailed maps and photos. *Spectacular Colorado Mountain Hikes* offers hikes in 24 counties and includes 14 hikes in Rocky Mountain National Park. With a wide range of hike lengths and difficulty levels, this guide provides something for everyone.

DAVE MULLER has been hiking in Colorado for almost 50 years. His mountain treks bring him insight, inspiration, and joy. This is his ninth Colorado outdoor guide for year-round outings. Previous titles include: *The Best Jefferson County Hikes*, *Colorado Summit Hikes*, *Colorado Lake Hikes*, and *Hiking Colorado Wilderness Areas*.

ALSO BY DAVE



THE BEST FLATIRON SCRAMBLES

SIMON TESTA

AVAILABLE IN MARCH

120 pages | 4 x 7 | \$14.95 | paperback
 70 color photos | rounded corners
 ISBN: 978-1-937052-67-6
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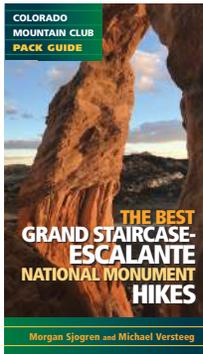
This guide is the first and only scramble-specific guide to the best-of-the-best scrambles and scramble link-ups on the iconic Flatirons of Boulder, Colorado

- Detailed descriptions for 25 scrambles and link-ups with over 25,000 feet of scrambling
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- Offers a varied selection, and suggested progression, of scrambles from Class 4 to 5.4

The Best Flatirons Scrambles is a must-have for anyone interested in scrambling on the iconic sandstone slabs of Boulder’s Flatirons and will broaden the horizons of new and veteran scramblers alike. This guide features the best of these world-class routes with a varied selection in both difficulty and character. Many of the scrambles combine to provide excellent link-ups of classic routes—no ropes or climbing hardware needed! Divided into four sections based on designated trailheads, the guide details each approach, route, descent, and link-ups with information on scramble length, overall distance, difficulty, and elevation gain.

In 2017 alone, **SIMON TESTA** gained almost 1.2 million vertical feet on foot, of which over 220,000 feet was “on-rock” scrambling in the Flatirons. A geologist by profession, Simon has also worked as an interpretive ranger and climbing ranger. He lives with his family in Boulder.





THE BEST GRAND STAIRCASE-ESCALANTE NATIONAL MONUMENT HIKES

MORGAN SJOGREN AND
MICHAEL VERSTEEG

AVAILABLE IN MARCH

120 pages | 4 x 7 | \$14.95 | paperback
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Provides up-to-date trail information encompassing the original and current boundaries, as well as natural history, paleontology, archaeology, and public land policy

- Up to date with current events, boundaries, and public land information
- Descriptive trail guides for 25 hikes with color photos and color maps
- Detailed natural history and archaeology

This guidebook covers the original 1.7 million acres of Grand Staircase-Escalante National Monument designated in 1996 to protect its natural wonders and preserve the area for scientific research. In 2017, the monument was trimmed to 838,000 acres, reducing protections around some of the world's most geologically diverse landscapes. The hikes featured in this book range from family-friendly day hikes to multi-day backpacking trips that will excite the most adventurous of spirits and will educate readers about the importance of protecting public lands, visiting sensitive areas with respect, and considering low-impact recreation as a pillar of multi-use policy for enhanced conservation.

MORGAN SJOGREN is a freelance writer and photographer whose work has been published by *REI*, *Runner's World*, *Trail Runner Magazine*, *Patagonia*, and many other publications and companies. A resident of northern Arizona, she is the author *The Best Bears Ears National Monument Hikes*.

A former chemistry professor and wildlife geneticist, **MICHAEL VERSTEEG** is a southwestern native who has spent most of his life exploring the Four Corners region. He has turned his passion for the natural world toward public land awareness and protecting the wild places he calls home.



THE BEST INDIAN PEAKS WILDERNESS HIKES

JAMES DZIEZYNSKI

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- Detailed turn-by-turn directions for 25 hikes
- Full-color maps and photos
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The Best Indian Peaks Wilderness Hikes features the best non-technical summit routes in the extraordinary Indian Peaks and James Peak wilderness areas. From on-trail walk-ups to wild, off-trail scrambles, and from classic mountain trails to overlooked and seldom-visited summits, this guide takes hikers to an amazing assortment of geological wonders and past towering spires, fantastically carved summit blocks, and shimmering alpine lakes. Included here are beloved classics like Mount Audubon and James Peak along with less-visited gems like Mount George, Cone Mountain, and Elk Tooth. The region's proximity to Denver and Boulder means less time in the car and more time in these mountains, where crowds quickly dissipate for hikers bold enough to explore this awesome alpine landscape.

JAMES DZIEZYNSKI is the author of *Best Summit Hikes in Colorado* and *Best Summit Hikes: Denver to Vail*, as well as a freelance writer whose work has appeared in *National Geographic Adventure*, *Outside*, and many other publications. He lives in Boulder.



THE BEST UTAH CHILDREN'S HIKES

COURTNEY JOHNSON

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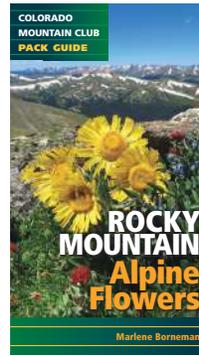
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- 65 kid-tested hikes through state parks, national parks, and mountain regions
- Easy-to-follow routes with mileage details
- Color maps and photos

Hunt for dinosaur tracks, cool off in a waterfall, or take a trip to Mars on Earth—all these things and more can be done using this fun, detailed, color guide. Over the years spent with her daughter on the trail, author Courtney Johnson has experienced meltdowns and an enormous amount of snack eating, along with confidence building and problem solving. Her guide helps families unplug and connect in a way only time in nature can do. Families will find hikes for all ages and interests along with detailed trail info, safety tips, and even trail games to keep kids motivated. Extras include places to visit on the way home and history of hiking areas.

Hiking, mountain biking, and stand-up paddling are just some of the activities **COURTNEY JOHNSON** enjoys doing with her husband, AJ, and little nipper, Emma. She lives in Erie, Colorado where she is a freelance writer, photographer, and substitute teacher.



ROCKY MOUNTAIN ALPINE FLOWERS

MARLENE BORNEMAN

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- Color photos for easy identification
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MARLENE BORNEMAN is the author of *Rocky Mountain Wildflowers*, 2nd Edition and *The Best Front Range Wildflower Hikes* pack guide. She has earned her native plant master certification, taught wildflower classes for the Rocky Mountain Conservancy, provided lectures and programs, and led wildflower hikes.

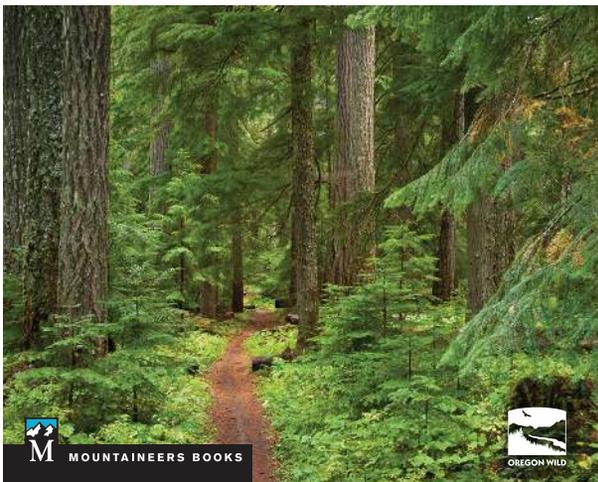
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- Trailhead GPS coordinates and driving directions
- Trail distance, elevation gain, difficulty level, and best season to visit
- Type and protection status of the forest
- Full-color maps and photos



CHANDRA LEGUE moved to Oregon in 1999 to earn her master's degree in environmental studies at the University of Oregon. The Western Oregon Field Coordinator for Oregon Wild, Chandra lives in Eugene with her husband.

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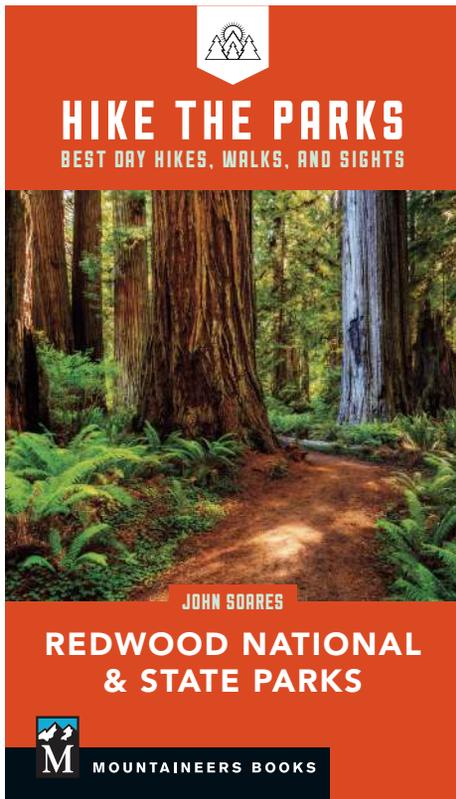
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JOHN SOARES grew up near Redding, hiking in the Sierra before going on to explore trails all over the world. He is the author of several guidebooks, including *100 Classic Hikes: Northern California*, now in its fourth edition, and *Day Hiking: Mount Shasta, Lassen & Trinity Alps Regions*.

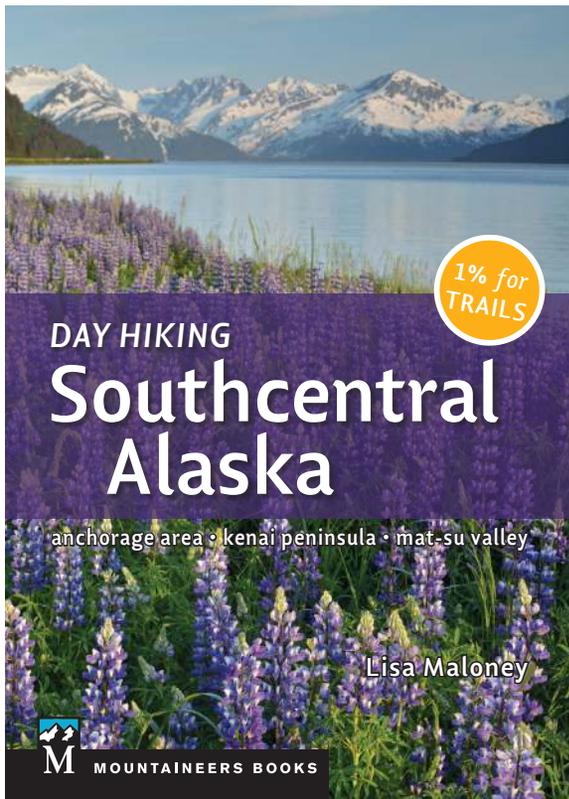
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LISA MALONEY has lived in Alaska for more than 25 years. A former hiking columnist for *The Anchorage Press*, she also covered a nationwide hiking and backpacking beat for About.com, served as a senior editor at *Alaska* magazine, authored the award-winning travel guidebook *Moon Alaska*, and contributes outdoor and lifestyle articles to a number of publications.

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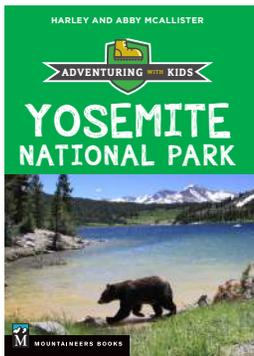
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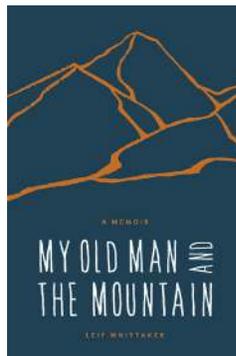


Educator and strategic planner, **ABBY McALLISTER**'s vision for family travel is tailored to outdoor fun, easy education, and nonstop enjoyment. **HARLEY McALLISTER** works as a project manager but is most alive when he is outdoors—especially with his four boys in tow. The couple are also the authors of *Glacier National Park, Yellowstone*

National Park, and Utah's Big Five National Parks, all in Mountaineers Books' "Adventuring with Kids" series. They live in Spokane, Washington.

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LEIF WHITTAKER has climbed many of the world's tallest peaks. His writing and photography have appeared in *Powder*, *The Ski Journal*, and *Backcountry*. He lives in Bellingham, Washington, and is a seasonal USFS climbing ranger on Mount Baker. Leif is the son of Jim Whittaker, the first American to summit Mount Everest.

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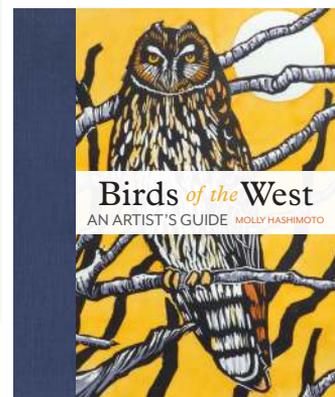
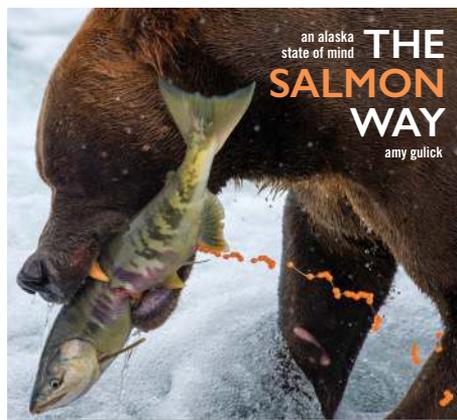
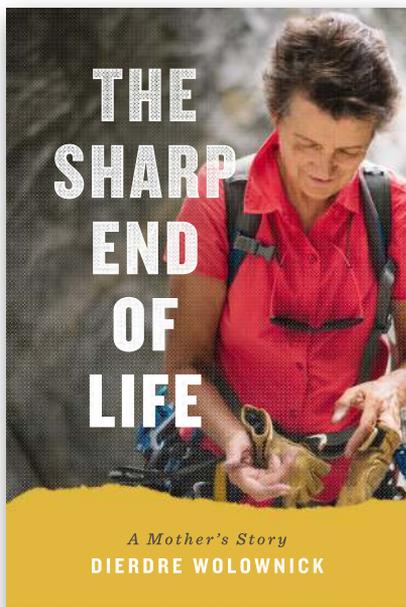
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