



Hairy Woodpecker from Woodpecker: A Year in the Life of North American Woodpeckers by Paul Bannick



 $\hbox{\it recreation} ~ \cdot ~ \hbox{\it lifestyle} ~ \cdot ~ \hbox{\it conservation} \\$ 

Mountaineers Books is an independent nonprofit publisher



MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.



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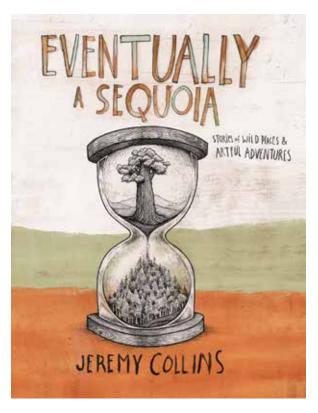
**BRAIDED RIVER** features our conservation titles, which use the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

**SKIPSTONE** is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

#### **EVENTUALLY A SEQUOIA**

Stories of Wild Places & Artful Adventures

**JEREMY COLLINS** 



224 pages | 8 x 10 | \$29.95 | hardcover | 200+ illustrations ISBN 978-1-68051-805-4 | Graphic Art/Memoir/Conservation Rights: World

#### ABOUT THE AUTHOR

JEREMY COLLINS is an artist, climber, and conservation activist. His complex, cerebral, and whimsical drawings and maps have been featured in books, films, and commercial work. From the cover of National Geographic to his award-winning book Drawn: The Art of Ascent, he is a driving force in the outdoor industry. As an activist, he donates his time, voice, and work to causes



he believes in. As an athlete, Collins puts up first ascent climbs around the globe and directs a world-renowned 24-hour climbing competition called Horseshoe Hell. He lives in Kansas City, MO and Running Springs, CA.

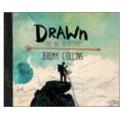
Graphic memoir that brings together adventure, community, conservation, and personal growth from an award-winning artist and storyteller.

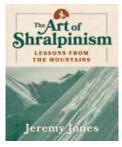
- · Features original art never before published in print
- · Explores themes of evolving creativity, the universality of art, stewardship, and more
- · Captures life-changing and world-expanding experiences through story, layered art, and graphic illustrations

Based on Jeremy Collins' extensive, art-filled travel journals, Eventually a Sequoia is part memoir, part manifesto. Collins, already highly regarded as an artist and climber, was invited to bring his sketchbook on a new kind of adventure: documenting the experiences of those who live along the endangered Amazon River. From there, his art and his curiosity took him to other endangered corners of the world, including the Arctic National Wildlife Refuge, the mountains of Nepal, Bears Ears National Monument, and the soaring redwoods of California.

Collins's art-based storytelling captures these experiences in visceral form, from the wonder of passing caribou to the terror of a venomous snakebite. Through it all, he profiles the "sequoias" he meets—people whose small seeds produce enormous results, like explorer and film director Céline Cousteau, community organizer and educator Prem Kunwar, Ancient Forest Society founder Wendy Baxter, and more.

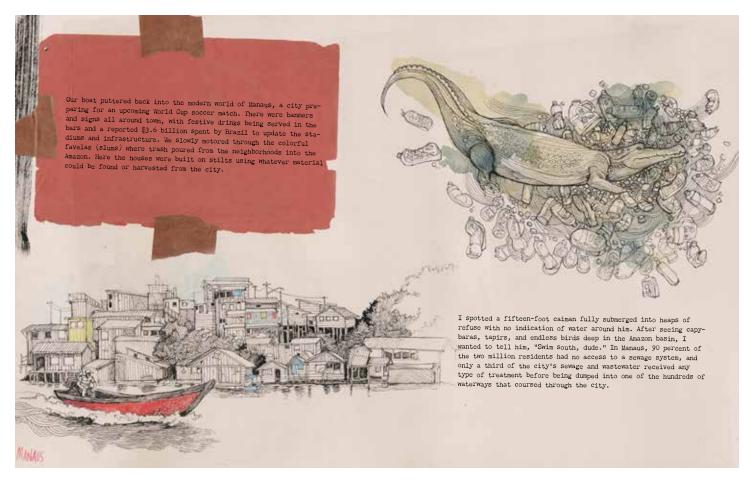
Eventually a Sequoia is an inspirational and vivid exploration of the natural world and how it can empower an individual to grow, change, heal, and thrive.

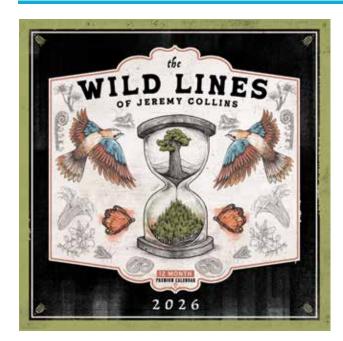






### Sample pages from Eventually a Sequoia





24 pages | 12 x 12 (closed) | \$19.95 | 12 illustrations ISBN 978-1-68051-834-4 | Wall Calendar | Rights: World

#### **AVAILABLE IN AUGUST**

#### THE WILD LINES OF JEREMY COLLINS 2026

12-Month Wall Calendar
JEREMY COLLINS

#### Artful adventures for every month of the year!

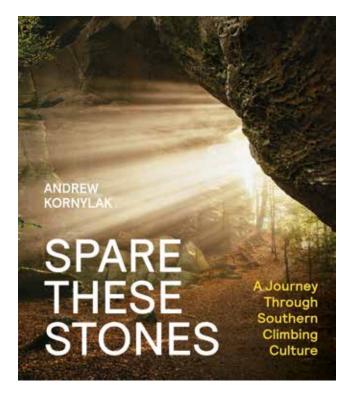
- Features original art from Eventually a Sequoia: Stories of Wild Places & Artful Adventures
- Includes national holidays and notable dates for outdoor and conservation communities
- "Action Prompts" encourage creative endeavors and community engagement

This striking 2026 wall calendar features award-winning artist and climber Jeremy Collins's hand-drawn art inspired by his travels from the banks of the Amazon River in Brazil to the peaks of Nepal to the sunlit canopy of California's redwoods. These from-the-field journal sketches and vivid watercolors inspire all to make the world a better place.

#### SPARE THESE STONES

A Journey Through Southern Climbing Culture

#### **ANDREW KORNYLAK**



208 pages | 81/2 x 93/4 | \$34.95 | hardcover | 170 color photos ISBN 978-1-68051-822-1 | Climbing/Southeast/Photography Rights: World

#### ABOUT THE AUTHOR

Photographer and filmmaker ANDREW KORNYLAK grew up in Southern Ohio. After earning a degree in mathematics, Kornylak traveled and climbed around the US and abroad, taking jobs as a software developer, high-rise window-washer, and climbing instructor. Kornylak's photography and writing have been published by diverse outlets, including Discover,



National Geographic, Rock & Ice, The North Face, ESPN, PBS, Red Bull, and Garden & Gun. As a director and cinematographer, Kornylak has had a hand in commercials, music videos, and award-winning documentaries, including A Fine Line, Inner Mounting Flame, and The Mapmaker. Kornylak lives in Chapel Hill, North Carolina.

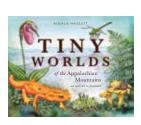
ONLINE: andrewkornylak.com O@akornylak

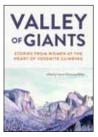
### Richly authentic collection of photography and stories celebrates Southern climbing culture

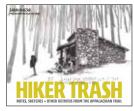
- · Features a hand-drawn overview map by Boone-based artist Joey Henson
- Intimate portraits, lush and rugged landscapes, action shots, and stories depict a vibrant community
- Takes the reader deep into the iconic and lesser-known climbing landscapes of the South such as Alabama's Little River Canyon, the Tennessee Wall, North Carolina's Linville Gorge, and the Chattahoochee River

Spare These Stones: A Journey Through Southern Climbing Culture is a captivating visual and narrative exploration of the evolution of climbing in the Southern United States during the transformative decades of the 1990s and 2000s. From its clandestine roots, when climbing was an underground pursuit shrouded in secrecy with areas passed around through word of mouth, to its rise in accessibility through grassroots efforts and land conservation, photographer and filmmaker Andrew Kornylak delves into the intricate threads of geography and culture. This heart-shaped region of Southern climbing, stretching from Nashville to Charlotte and Atlanta to Lexington, is known for limestone and sandstone cliffs, hard bouldering, and challenging roof cracks. Highlighting efforts of the community to protect climbing areas, Kornylak shares stories about Jerry Roberts, Joey Henson, Greg Kottkamp, Lisa Rands, Adam Henry, James Litz, and many more at off-the-beaten path spots and iconic destinations like the Tennessee Wall near Chattanooga and Horse Pens 40 Ranch in Alabama.

Spare These Stones celebrates the resilient spirit of Southern climbers and their profound connection to the rugged, culturallyrich areas they call home.







### Sample pages from Spare These Stones

106 SPARE THESE STONES ANDREW KORNYLAK 107



upposite: Kaitiyn Honnoid Liss at Horse Pens 40 Ranch, and klabama Snow

Lisa Rands, Wills Young, and Chad Wykle at Laurel Snow State Natural Area, Tennessee







#### A CABIN IN THE WOODS

Joey Henson's coffee cup in his barn, near Vilas,

Joey Henson holding his original hand-drawn map of the Barn Boulders and Buckeye Knob, near Vilas I first encountered climber Joey Henson as a black-and-white photograph in Stone Crusade, John Sherman's seminal book about his bouldering road trip across America. In the perfectly composed frame, Jim Horton is halfway through the crux mantle on the Blowing Rock, North Carolina, V6 testpiece Raw Terror. His arms are crossed, trapped beneath the weight of his body on the sloping lip, and his expression a balance of effort and fear. From six feet below, chalk-white hands emerge. The spotter's face is in shadow, but the outstretched fingers are unmistakable to me now as Joey's.

In our film about Joey, The Mapmaker, my codirector Carlo Nasisse frames the same perpetually chalked hands that now stretch out below Richie Hum as he inches up the thin, mossy face of the terrifying highball The Nimble (V10). Through my camera looking down from the top, Joey's six-foot-three frame recedes as Richie climbs ever higher, an intimate stream of encouragement floating up into my microphone: "Keep trying... find those stances... keep trying..."Il catch ya."

Sherman dedicates nearly an entire chapter to his old friend Joey in Stone

Sherman dedicates nearly an entire chapter to his old friend Joey in Stome Crusade, but there are no photographs of him dimbing in the book. Nor will you find many photos of Joey in old magazines or videos or the internet. Though his climbing exploits are legend, he keeps a low-key existence at the foot of an old-growth mountainside outside Boone in a climber's outpost known simply as "the Barn". It's here that Joey hosts and mentors traveling climbers and where he puts the finishing touches on his imaginatively hand-drawn maps of some of the hundreds of climbing areas he's visited.

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### Ignite a sense of wonder and discover a deeper appreciation of place through storytelling

- · Curated story collections explore the rich and diverse legacies of America's beloved natural places
- · Local recommendations for outdoor exploration, select cultural activities, camping options, gateway towns, and more
- "How to Visit Well" and "Community Resources" sections offer tips on sustainable travel while highlighting cultural, Indigenous, and conservation organizations

Expanding on the bestselling Campfire Stories volumes, which feature shareable tales from our national parks, this new series from Ilyssa and Dave Kyu immerses readers in the storytelling endemic to America's beloved natural spaces, offering unique tours through diverse histories, lore, and landscapes.

Part story collection and part travel companion, each eyecatching volume begins with an anthology of "campfire stories"—from classic passages to original poetry, historical excerpts to fresh perspectives, treasured folk songs to local myths. Through the magic of storytelling, readers are deeply drawn into each distinctive terrain. These tales are then followed by a mini-guide: community-sourced recommendations for outdoor activities, cultural landmarks. and historical points of interest that will enrich the reader's experience, as well as tips on how to best travel lightly and respectfully through these scenic and varied public lands.

#### ABOUT THE EDITORS

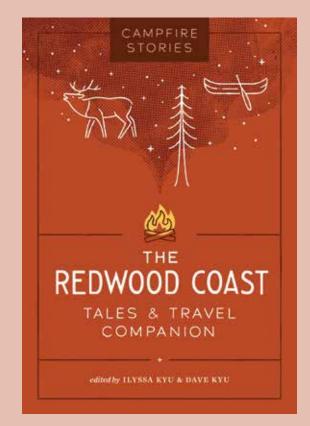
ILYSSA KYU is a design researcher focused on storytelling and creative solutions at the intersection of nature, design, and inclusion and the founder of Amble, a sabbatical program for creative professionals to take time away with purpose in support of nature conservancies. DAVE KYU is a socially engaged artist, writer, and arts administrator. Born in Seoul, South Korea and raised in the United States, he



explores the creative tensions of identity, community, and public space in his work. They live with their two daughters outside of Philadelphia and are always seeking adventure and connection in the outdoors.

ONLINE: campfirestoriesbook.com @campfirestoriesbook





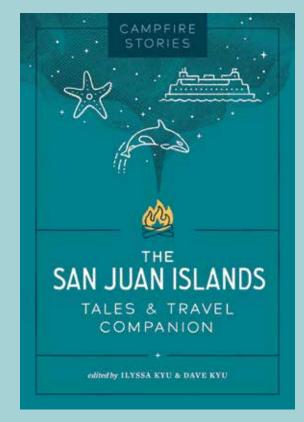
### **CAMPFIRE STORIES:** THE REDWOOD COAST

TALES & TRAVEL COMPANION

**EDITED BY** ILYSSA KYU AND DAVE KYU

192 pages | 41/2 x 61/2 | \$18.95 | paperback 1 full-color map | ISBN 978-1-68051-754-5 ebook 978-1-68051-755-2 | Outdoors/Public Lands/Stories **Rights: North America** 

Contributors include Julia Butterfly Hill, Richard Preston, Tolowa Dee ni'Nation, Heather Bourbeau, Harry K. Roberts, Etel Adnan, and more.



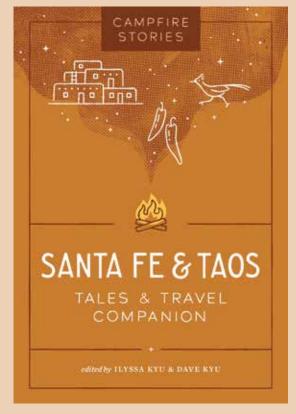
### CAMPFIRE STORIES: THE SAN JUAN ISLANDS

TALES & TRAVEL COMPANION

EDITED BY
ILYSSA KYU AND DAVE KYU

208 pages | 4½ x 6½ | \$18.95 | paperback 1 full-color map | ISBN 978-1-68051-756-9 ebook 978-1-68051-757-6 | Outdoors/Public Lands/Stories Rights: North America

Contributors include Rena Priest, Jill McCabe Johnson, Quincy Henry, June Burn, Sam Green, Anna Odessa Linzer, Jewell Praying Wolf James, and more.



### CAMPFIRE STORIES: SANTA FE & TAOS

TALES & TRAVEL COMPANION

EDITED BY
ILYSSA KYU AND DAVE KYU

208 pages | 4½ x 6½ | \$18.95 | paperback 1 full-color map | ISBN 978-1-68051-758-3 ebook 978-1-68051-759-0 | Outdoors/Public Lands/Stories Rights: North America

Contributors include Lauren Camp, Natalie Goldberg, William deBuys, Joy Harjo, N. Scott Momaday, Rudolpho Anaya, and more.

#### THE CAMPFIRE STORIES COLLECTION











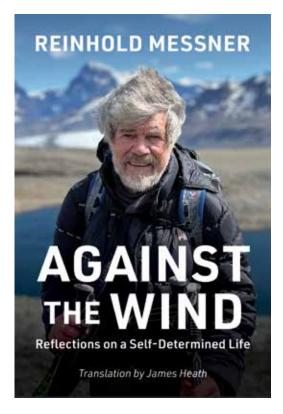




#### AGAINST THE WIND

Reflections on a Self-Determined Life

REINHOLD MESSNER, TRANSLATION BY JAMES HEATH



288 pages | 6 x 9 | hardcover (limited) \$39.95 | paperback \$29.95 35 b&w photos | HC 978-1-68051-817-7 | PB 978-1-68051-818-4 ebook 978-1-68051-819-1 | Memoir/Adventure/Mountain Culture Rights: World English Language

#### ABOUT THE AUTHOR

Born in 1944 in Villnöss, South Tyrol, **REINHOLD MESSNER** is the most famous mountaineer and adventurer of our time. He has achieved roughly one hundred first ascents, climbed all fourteen eightthousanders, and crossed Antarctica, Greenland, and Tibet, and the Gobi and Takla Makan deserts. After serving as a member of the European Parliament, he now devotes



much of his time and energy to his farm, the Messner Mountain Museum project, and his foundation, which supports mountain peoples and culture worldwide.

ONLINE: reinhold-messner.de/en @reinholdmessner\_official

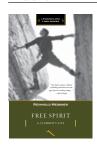
The "Mountain King" looks back on eight decades, summit controversies, and his lasting legacy of climbing for the experience and the journey

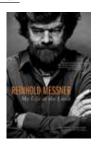
- First time Messner addresses his titles and controversies on the record
- This is the first and only English-language edition
- Includes recent events from Messner's life, both personal and political

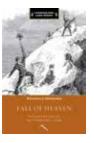
Reinhold Messner is one of history's greatest mountaineers, a man who pushed the frontier of what is possible for a whole generation of climbers and beyond. In his new memoir, Against the Wind, Messner looks back on a life of accomplishments and recounts some of the most important episodes after turning eighty in 2024.

He also addresses darker times and infamous controversiesincluding being discredited as a young mountaineer, his divorce and remarriage, Guinness stripping him of his world records in 2023, the recent revisions to measurements of 8000-meter summits, and the discovery of his brother Gunther's remains on Nanga Parbat.

This new memoir is classic Messner—no apologies, no regrets, and no backing down.



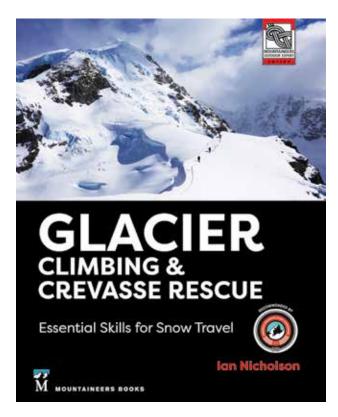




#### GLACIER CLIMBING & CREVASSE RESCUE

Essential Skills for Snow Travel

IAN NICHOLSON



336 pages | 6 1/8 x 8 1/2 | \$34.95 | paperback | 400 color photos | ISBN 978-1-68051-644-9 | ebook 978-1-68051-645-6 | Climbing How-to | Rights: World

#### ABOUT THE AUTHOR

IAN NICHOLSON is an IFMGA-certified mountain guide and has been guiding around the world for nearly two decades. Passionate about self-rescue, Nicholson has earned two Denali Pro Pin Awards for helping to save other climbers and works on the National Instructor Team for both the AMGA and AIARE. He lives in Seattle.



@lanNicholson

ONLINE: washingtonalpineguides.com @WashingtonAlpineGuide

### An expert instructional how-to guide featuring essential skills and techniques for travel across steep snow and glaciers

- For intermediate and advanced climbers
- · The only comprehensive guide on glacier climbing and crevasse rescue
- Recommended by AMGA (American Mountain Guides Association)

Through clear text and detailed step-by-step photos, IFMGAcertified guide Ian Nicholson introduces the hazards climbers face and describes everything they need to know when scaling snow-covered mountains, including foundational ropework, the tools of the trade (ice axes, crampons, harnesses, snow pickets, and so on), basics of footwork, essential techniques for moving on snow and ice, trip planning and navigation, rigging ropes, building anchors, belaying, rappelling, self-rescue tips and techniques, and more. Beyond the fundamentals, Glacier Climbing & Crevasse Rescue dives deep into methods for rescuing a climber who has fallen into a crevasse, how skiers and snowboarders can approach such a scenario, and the hazards related to expeditions. Sidebars by expert contributors highlight key takeaways from real-life stories about valuable, life-changing lessons they've learned.

#### CREVASSE RESCUE POCKET GUIDE

A Field Reference

#### THE MOUNTAINEERS



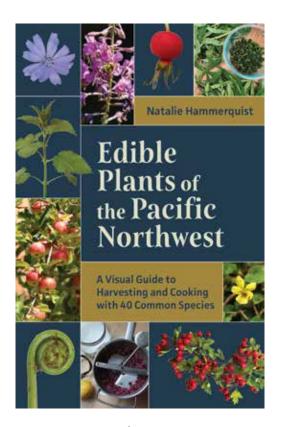
This life-saving pocket guide has been thoroughly updated to align with modern techniques for rescue from crevasses, with step-by-step instructions in a durable package and easy-to-use format.

12 panels | folds to 3 1/4 x 6 3/4 | \$9.95 20 illustrations | ISBN 978-1-68051-843-6 Climbing/How-to | Rights: World

#### EDIBLE PLANTS OF THE PACIFIC NORTHWEST

A Visual Guide to Harvesting and Cooking with 40 Common Species

#### **NATALIE HAMMERQUIST**



304 pages | 51/2 x 81/2 | \$24.95 | paperback | 500 color photos ISBN 978-1-68051-732-3 | ebook 978-1-68051-733-0 Guidebook/Northwest/Food/Foraging | Rights: World

#### ABOUT THE AUTHOR

NATALIE HAMMERQUIST is an expert in herbalism and foraging wild local plants, teaching thousands of students through her Washington-based Adiantum School of Plant Medicine. With a degree from The Evergreen State College in Washington, Natalie has studied with renowned herbalists, was the lead herbalist and buyer at Rainbow Natural Remedies, and is the author of Medicinal Plants of the Pacific Northwest.



ONLINE: adiantumschool.com @adiantumschool

@Adiantum School of Plant Medicine @BackcountryHerbalist

### Detailed guide to the most abundant and tasty edible wild plants in the Pacific Northwest

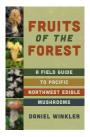
- Overviews of 40 edible plants with history, common names, and subspecies
- · Beginner-friendly resource explores native, non-native, and invasive plants with detailed listings, recipes, plus a seasonal harvest calendar
- · Full-color ID photos with detailed close-ups, as well as contextual photos of plants in the wild

A foraging guide that emphasizes the tastiest wild foods of the region, Edible Plants of the Pacific Northwest is a comprehensive, effective, and ethical resource for anyone interested in foraged food. Appropriate for beginners and experienced naturalists alike, this book teaches readers to identify, harvest, and cook with 40 of the region's most common wild plants.

Expert forager and educator Natalie Hammerquist not only teaches readers to recognize the most common plants, but she also shows them how to steer clear of threatened species, as well as toxic and poisonous plants, using highly detailed visuals to make identification more immediate and accurate. Her holistic approach to wild foods incorporates both Eastern and Western traditions, as well as folk knowledge, and invites people to form relationships with the land and to act with reciprocity and care in our wild spaces.

Plants range from familiar treats like nettles and evergreen huckleberries, to lesser-known edibles like cattail, mallow, wood sorrel, and more. Recipes include local favorites like rose-petal jam, dock-seed crackers, and slow-cooker applesauce.



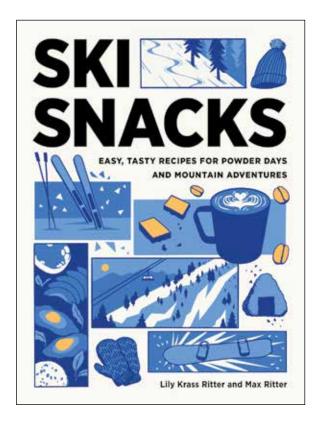




#### SKI SNACKS

Easy, Tasty Recipes for Powder Days and Mountain Adventures

#### LILY KRASS RITTER AND MAX RITTER



224 pages | 6 x 8 | \$22.95 | paperback | 100 color photos ISBN 978-1-68051-787-3 | ebook 978-1-68051-788-0 Snow Sports/Cookbook | Rights: World

#### ABOUT THE AUTHOR

LILY KRASS RITTER is a journalist and copywriter working with clients in skiing, outdoor adventure travel, and culinary topics. She's the editor of The Ski Journal; has published work in SKI Magazine, Outside, and Powder Magazine; and develops recipes for New West Knifeworks. MAX RITTER produces media for outlets like Powder Magazine, Teton Gravity Research, and var-

ious snow and outdoor brands. He worked in the kitchen of the Austria's Karl Ludwig Haus. They live in the Tetons.

ONLINE: beyondskid.com O@beyondskid

# Healthy, delicious, and portable snacks for all your snowy adventures!

- Features 65 original recipes to fuel outdoor winter fun
- Includes "Skid Hack" cooking shortcuts and stories from the slopes
- · Colorful ski icons designate the ease of each recipe

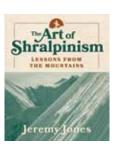
Ski Snacks is a fun, easy-to-use cookbook that celebrates mountain culture and winter sports while encouraging community through food. Every recipe featured in Ski Snacks uses fresh ingredients, provides plenty of energy for long days, and is designed for easy preparation and portability. Recipes include quick bites like Bacon and Date Rice Bars, full on-thego meals like Pocket Dillas, sippable treats like Soul Warming Carrot Ginger Soup, and tasty baked goodies like Cinnamon Roll Flatbread.

The cookbook also includes tips for cooking at altitude, stocking the pantry, and effective methods for storing and packing food for winter outings.



ALSO OF INTEREST



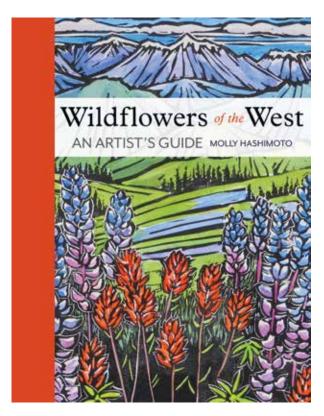




#### WILDFLOWERS OF THE WEST

An Artist's Guide

**MOLLY HASHIMOTO** 



192 pages | 7 x 9 | \$26.95 | hardcover | 130 illustrations ISBN 978-1-68051-693-7 | Nature/Wildflowers/Art | Rights: World

#### ABOUT THE AUTHOR

MOLLY HASHIMOTO teaches and leads plein air watercolor painting and printmaking workshops around the West, including at the North Cascades Institute, Yosemite Conservancy, Winslow Art Center, and Sitka Center for Art and Ecology. The author of four books including Trees of the West and Birds of the West, she lives in Seattle.



ONLINE: mollyhashimoto.com

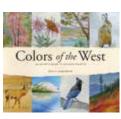
### A lush celebration of wildflowers—the perfect gift for hikers, artists, or any nature lover!

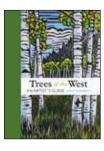
- Watercolors and wood block prints illustrate wildflowers in a wide variety of western habitats
- Natural history and personal stories reveal fascinating aspects of each featured species
- · Author is an award-winning artist and instructor

Bestselling artist Molly Hashimoto brings her unique blend of vibrant illustration, engaging natural history, and intimate personal reflection to the Western landscape—this time exploring the ephemeral beauty of wildflowers. Organized by habitat, Wildflowers of the West showcases flora from wetlands, shorelines, and prairies to deserts, forests, and alpine meadows.

Accompanying each piece with natural history and stories of her own outings to find flowers, Hashimoto captures individual species through different media, from quick sketches with pen and ink to detailed watercolors and carefully planned block prints. Find exquisite golden columbines emerging from talus slopes, vast meadows of sky-blue lupine, scarlet displays of ocotillo in the southwestern deserts, and sunny blooms of glacier lilies as they herald the approach of spring. Weaving in the history of wildflowers in art along with sidebars offering practical techniques for artists, Wildflowers of the West is an inspiration for anyone who would like to try their hand at capturing the delicate beauty of wildflowers they encounter or simply an armchair album for those who appreciate the natural beauty of the American West.



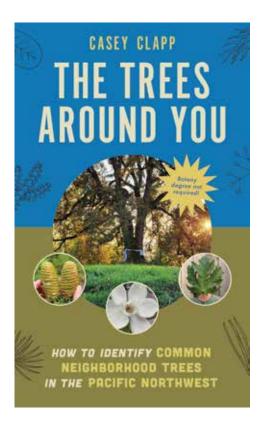




#### THE TREES AROUND YOU

How to Identify Common Neighborhood Trees in the Pacific Northwest

**CASEY CLAPP** 



416 pages | 51/2 x 9 | \$26.95 | paperback | 700+ color photos 20 b&w line drawings | ISBN 978-1-68051-744-6 ebook 978-1-68051-745-3 | Field Guide/Pacific Northwest/Natural History | Rights: World

#### ABOUT THE AUTHOR

CASEY CLAPP is an arborist and environmental educator with nearly two decades of experience in arboriculture and urban forestry. An enthusiastic fan of trees, Clapp specializes in teaching tree identification to a wide range of audiences at arboreta, garden centers, and through the Pacific Northwest Chapter of the International Society of Arboriculture. Clapp earned a bachelor's degree



in forestry from Oregon State University and a master's in environmental conservation from the University of Massachusetts, Amherst. He co-hosts the Completely Arbortrary podcast, which explores stories about trees and tree-loving people all over the world, one species at a time. Clapp lives in Portland, Oregon.

ONLINE: arbortrarypod.com @arbortrarypod

caseyclapp.com

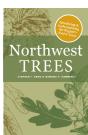
© @clapp4trees

### A visually rich and entertaining field guide to identifying common trees in the Pacific Northwest's urban and suburban areas

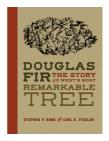
- · User-friendly organization and 700-plus photos of bark, flowers, leaves, and more to clarify, compare, and contrast species
- Includes over 300 of the most common tree species found in urban and surburban settings in the Pacific
- · Focuses on making tree identification easy and rewarding

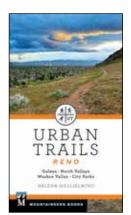
Tree educator, host of the Completely Arbortrary podcast, and arborist Casey Clapp shares his knowledge and enthusiasm in this first ever field guide to focus on the most common trees in the Pacific Northwest's urban and suburban areas. Clapp's innovative Stepwise Journey guides readers through a progression of key clues for tree identification, while line drawings, phenology calendar, and over 700 photos provide clear visual references. Clapp covers more than 300 species altogether, with 150 featured species highlighted in extended profiles that cover key details, including common and scientific names; physical descriptions of the bark, leaves, and seed cones; notes on where to look for specific species; and distinguishing characteristics of related trees. From oaks to maples to conifers, Clapp gives everyone the tools and confidence to take this book outside and identify the trees in their own backyard, along their street, or in their local parks.

In The Trees Around You, Casey Clapp demystifies tree identification, while spreading joy and enthusiasm for paying closer attention to the trees that surround us every day.









#### **URBAN TRAILS: RENO**

Galena \* North Valleys \* Washoe Valley \* City Parks

**HELENA GUGLIELMINO** 

240 pages | 4 x 7 | \$18.95 | paperback | 85 color photos 44 maps | ISBN 978-1-68051-746-0 | ebook 978-1-68051-747-7 Guidebook/Hiking/Nevada | Rights: World

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Reno, Nevada, is home to beautiful and diverse landscapes, with a wide variety of endemic species and exceptional geologic and human history. Urban Trails: Reno introduces visitors and locals alike to the best hikes this high-desert city has to offer, throughout 300 days of sunshine each year.

Within Reno and beyond in Sparks, the North Valleys, Galena, and the Washoe Valley, you can bird-watch while strolling the wetlands along the Truckee River, visit an arboretum in Rancho San Rafael Regional Park, enjoy a long walk on the Tahoe-Pyramid Trail, soak in views of the surrounding mountain ranges from Sugarloaf Peak, or escape to the wilds of Hidden Valley Regional Park where you may spot wild horses roaming the sagebrush.

#### ABOUT THE AUTHOR



HELENA GUGLIELMINO is a hiker, backpacker, and writer focused on sustainability, outdoor adventure, and culture. Her work has been published in Rails-to-Trails Conservancy, Roadtrippers, Wide Open Spaces, Edible Reno-Tahoe, Outdoors Unlimited, and Reno News & Review. Guglielmino has served as a fellow for the Outdoor Writers Association of America. She lives in Reno.

ONLINE: storiesbyhelena.com O @ghoul.you.meano



### **HIKE THE PARKS:** MESA VERDE NATIONAL PARK & BEYOND

Best Day Hikes, Walks, and Sights

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- Features 30 field-tested trails
- Many hikes include archaeological sites

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#### ABOUT THE AUTHOR



COURTNEY JOHNSON is a writer, photographer, and substitute teacher. Author of The Best Utah Children's Hikes, Johnson enjoys hiking, mountain biking, and stand-up paddleboarding with her family. She lives in Erie, Colorado.

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The varied landscapes of Oregon are a year-round hikers paradise, offering an abundance of volcanic peaks, dramatic coastlines, lush forests, wide-open high deserts, winding canyons, and sparkling alpine lakes. Hiking expert and author Eli Boschetto brings his deep knowledge and passion for trails and Oregon's hiking community to 100 Classic Hikes: Oregon. Designed for use by day hikers and backpackers alike, this new guidebook highlights the state's best natural spaces along with routes of historical or cultural significance. Boschetto provides options for both shortening or extending many hikes so everyone can find the route that matches their skill and energy level-and, of course, includes distance and time for each route as well as difficulty rating, elevation gain, permit information, and more.

#### ABOUT THE AUTHOR



ELI BOSCHETTO is the author of Hiking the Pacific Crest Trail: Oregon, Day Hiking: Mount Hood, and Urban Trails: Portland. He is a former writer for Backpacker magazine and editor of Washington Trails magazine and has served on the advisory council of the Oregon Trails Coalition. Eli lives in Portland, OR.

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#### ABOUT THE AUTHOR



Artist, photographer, and writer E. DAN KLEPPER has resided in the small, West Texas community of Marathon for over 25 years. As an outdoor adventurer, he has written and photographed dozens of articles for Texas's leading magazines and is author of the off-the-grid memoir Why the Raven Calls the Canyon.

ONLINE: edanklepper.com O@edanklepper

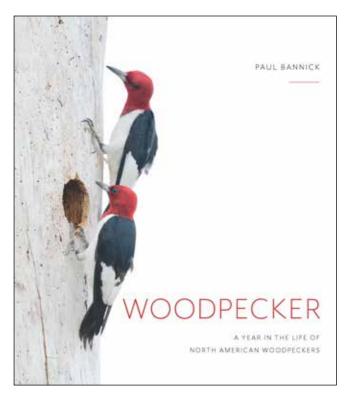


### **BRAIDED RIVER**

#### WOODPECKER

A Year in the Life of North American Woodpeckers

#### **PAUL BANNICK**



224 pages |  $9\frac{1}{2} \times 10$  % | \$39.95 | hardcover | 200+ color photos 1 map | ISBN 978-1-68051-316-5 | Photography/Natural History/ Birds | Rights: World

#### **ABOUT THE AUTHOR**

PAUL BANNICK is the award-winning photographer and author of four books, Snowy Owl: A Visual History, Great Gray Owl: A Visual History, The Owl and the Woodpecker: Encounters with North America's Most Iconic Birds (finalist for the Washington State Book Award), and Owl: A Year in the Lives of North American Owls (gold medal recipient of an Independent Publishers Book Award). Based in



Seattle, Paul travels all over the world in pursuit of wildlife imagery that encourages conservation.

ONLINE: paulbannick.com @paulbannick
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# Discover the secret and seasonal lives of woodpeckers through an award-winning photographer's intimate experiences

- Extraordinary, dynamic photographs of all 41 North American species
- · Robust and accessible natural history
- · Includes a comprehensive field guide

Woodpeckers are one of the most remarkable bird species found in the avian world. They have evolved in ways that make them ecologically critical to forest health, serving as keystone species in a variety of wooded habitats across North America. Their activities support myriad other creatures, making them catalysts for diversity in the places they inhabit. They are, in many ways, the heartbeat of the forest.

Informed by his own experiences in the field as well as extensive research, author and photographer Paul Bannick delves into the natural and cultural history of woodpeckers from the boreal forest of northern Canada to oak woodlands and conifer ecosystems in the United States to the wet tropical forests of Mexico and the Caribbean. He captures the woodpeckers' charismatic behavior as well as their colorful displays and sensitive habitats in astonishing and never-before-seen images. Through his photos along with accessible, science-based text, Bannick explores their courtship and nest selection processes in spring; life in the nest during summer; fledging and gaining independence in autumn; and the challenges of winter survival. He compares and contrasts typical behavior and anomalies among the 41 woodpecker species found in North America, and shares their conservation outlook for the future.







#### Sample pages from Woodpecker

30 | WOODPECKER



Woodpeckers are uniquely built, with many adaptations that likely add to their ability to with-stand serious injury, including a chisel-shaped bill that reduces resistance; dense, spongy cranial bones; minimal cerebral fluid; and reinforced neck and rib structure. The shape and placement of the woodpecker bill in relation to the orientation of the brain likely limits impact. Surprisingly, the orientation as well as the size of the brain are the biggest factors in woodpecker brains receiving 60 percent less pressure than needed to cause a concussion in a human, even with the most violent pecks.

Birds have relatively small brains, with the woodpecker's roughly seven hundred times smaller than a human brain, giving it a lower mass to surface ratio and spreading any impact over a larger area, thus reducing the risks. Woodpeckers would have to strike a tree at twice their current speed, or a tree four times as stiff, to sustain a concussion. It is possible that the protection afforded by the smaller brain helps explain why woodpeckers have not evolved to be larger.

We do not fully understand the reasons for all of the unique morphological adaptations of the woodpecker's skull, but they may include mechanisms to prevent and repair trauma to the brain from repeated strikes and help prevent long-term brain damage.

Northern Red-shafted Flicker (0191). Voluptatum, que vid magnien demquibus esed reptasi omnias niminvel idit venita des id erioreiur suntur magnatem reicium ra cullab int si blaceners id

#### Tongue

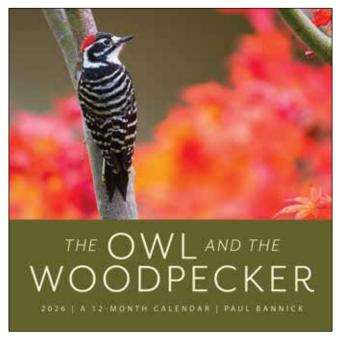
A woodpecker's tongue can probe, spear, or stick to prey before retracting into the skull until needed again. Regardless of species, all tongues are cylindrical, slender, maneuverable, and barbed, but they vary in length and especially the number and type of barbs, particularly at the tip, depending upon the type of food they pursue. The tip of the tongue is touch sensitive, allowing the woodpecker to feel for prey, but also stiff with the spinelike barbs angled backward to better retract food. The length of the tongue also reflects the way a woodpecker feeds. Flickers can extend their tongue two inches or more beyond the tip of their bill, an adaptation to pursuing ants deep inside their tunnels.

Many species have enlarged salivary glands that coat all or part of the tongue with a sticky substance as it leaves the bill. This feature is particularly important for woodpeckers that pursue ants, including Colaptes species such as flickers, Golden-olive, and Gray-crowed Woodpeckers, and Dryocopus species such as Pileated and Lineated Woodpeckers. In these species saliva often covers most or all off the tongue.

In other species, the saliva covers only parts of the tongue so the birds retain the flexibility and sensitivity to fel for prey without getting it stuck. Woodpeckers that specialize in subsurface excavation, such as the Black-backed and American Three-toed, have a shorter but more barbed tongue to snare beetle larwae as they retract it from tight spaces. Sapsuckers that glean from wells three-quarters of an inch or less have a short, brushlike tongue that laps up sap. The Acom Woodpecker's tongue is similar to that of sapsuckers and makes it well adapted to licking sap.

Together, these anatomical features arm and shield the woodpecker's body for its physically demanding lifestyle.

A BIRD OF DISTINCTION | 31



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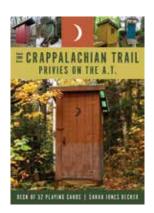
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12-Month Wall Calendar
PAUL BANNICK

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- · Highlights six owls and six woodpeckers
- Includes dates of owl and woodpecker festivals and bird conservation events
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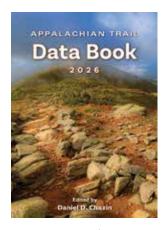


SARAH JONES DECKER is an organic farmer, photographer, and writer based near the Appalachian Trail town of Hot Springs. The author of The Appalachian Trail: Backcountry Shelters, Lean-tos and Huts, Decker has thru-hiked the A.T. and is also an A.T. section maintainer. Decker resides in Marshall, North Carolina.

ONLINE: sarahjonesdecker.com

#### APPALACHIAN TRAIL CONSERVANCY

### APPALACHIAN LONG DISTANCE HIKERS ASSN.



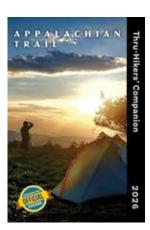
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DANIEL D. CHAZIN, an attorney and longtime volunteer/editor with the New York-New Jersey Trail Conference, has been the editor of the annual Appalachian Trail Data Book since 1983.



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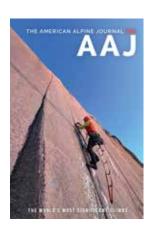
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THE AMERICAN ALPINE CLUB is the leading organization representing climbers in the United States. Accidents in North American Climbing is written and edited by a team of volunteers, staff, and regional correspondents, led by editor Pete Takeda.

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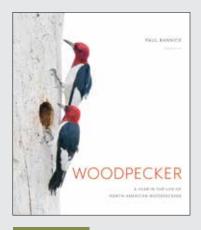
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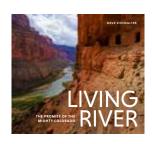


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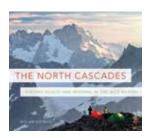
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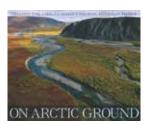
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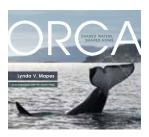
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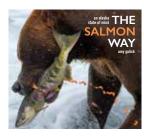
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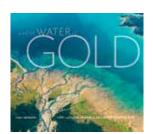
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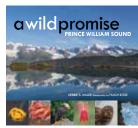
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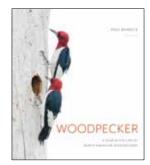
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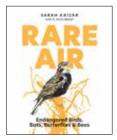
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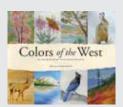
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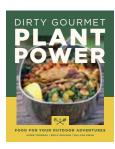


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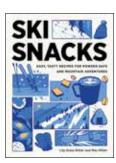


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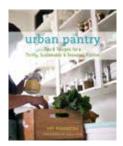
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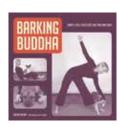
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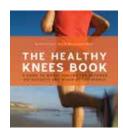


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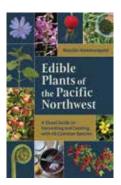
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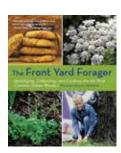


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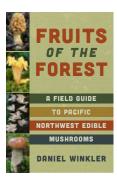


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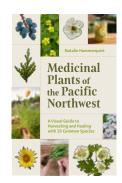
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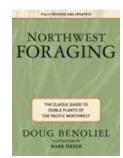
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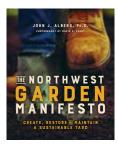


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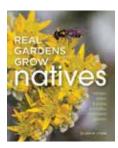
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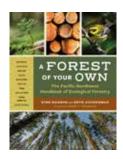
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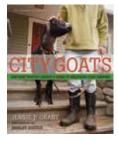


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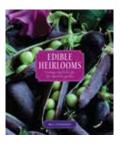
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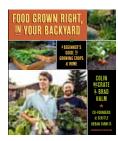


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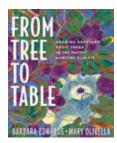
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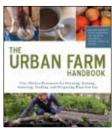


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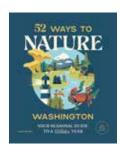
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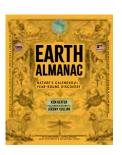
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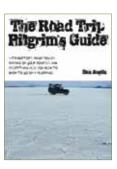
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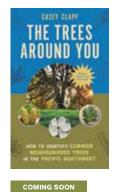
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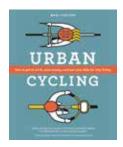
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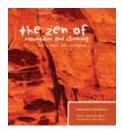
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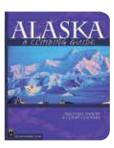


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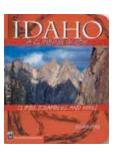


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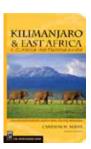
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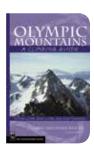
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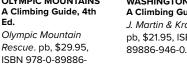
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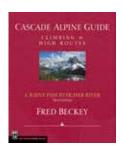




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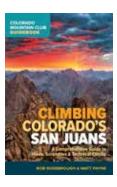
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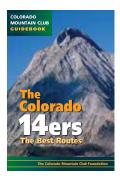
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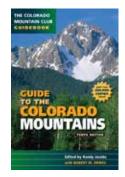
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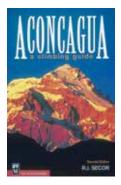
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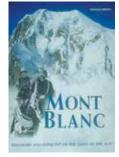


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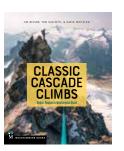
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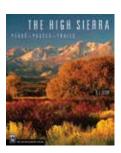
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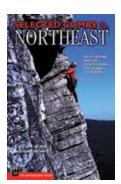
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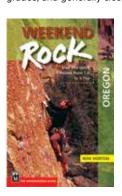
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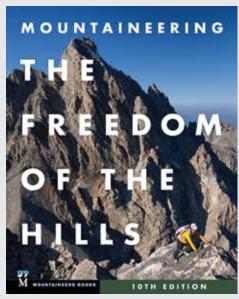
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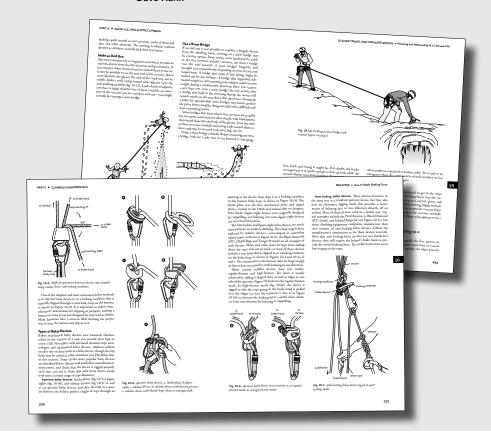
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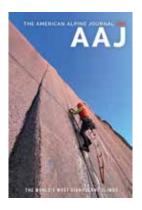
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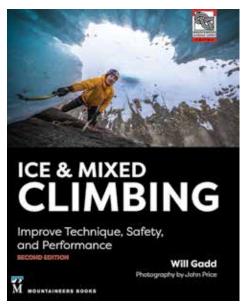
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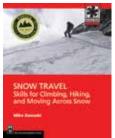


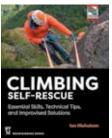
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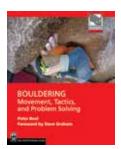
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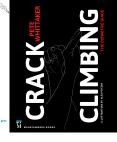
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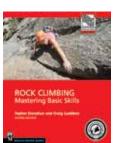
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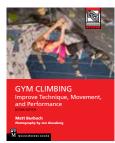
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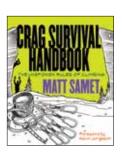




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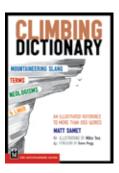


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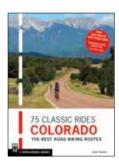
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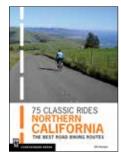
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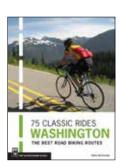
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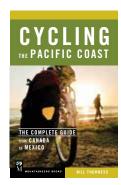
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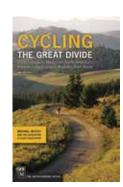
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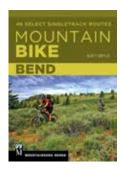
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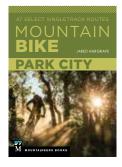
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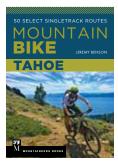
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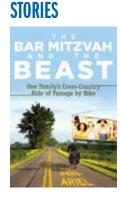
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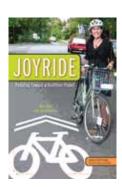
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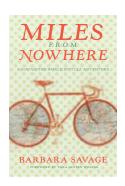


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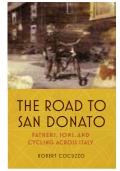
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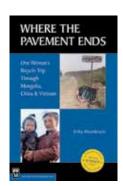
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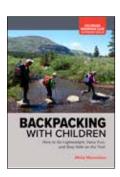


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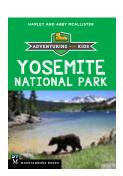
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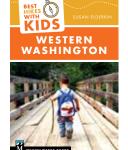
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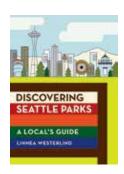


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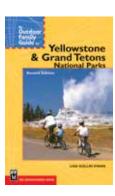


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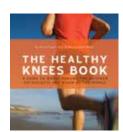
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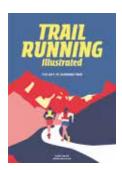
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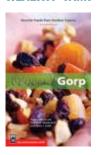
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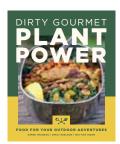
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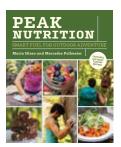
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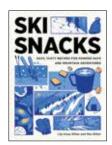
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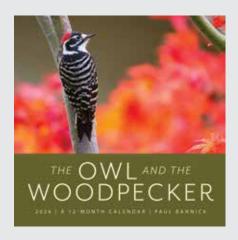
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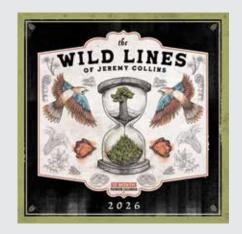


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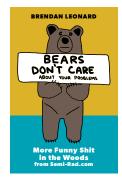
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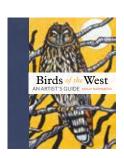
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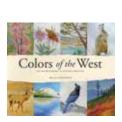
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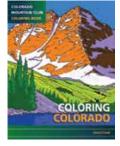
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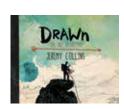


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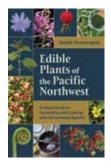
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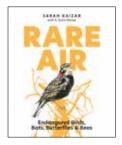
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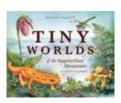


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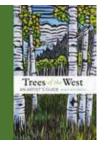


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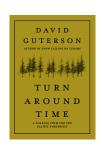
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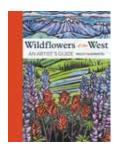
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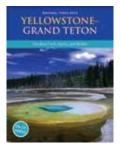
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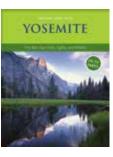
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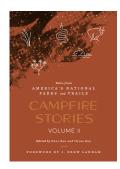
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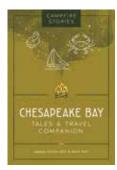
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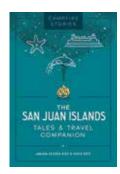
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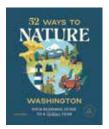
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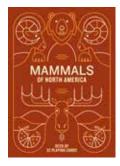
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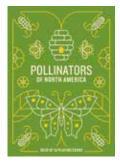
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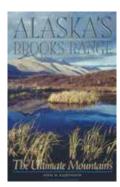
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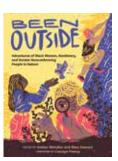




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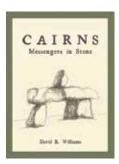


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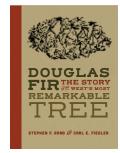


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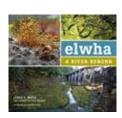
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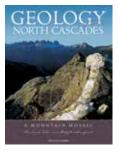
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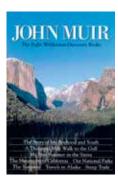
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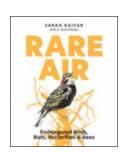
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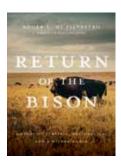
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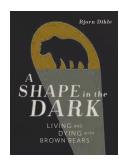
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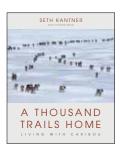
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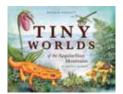
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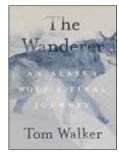


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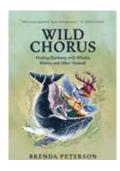
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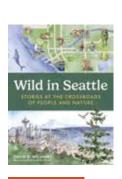
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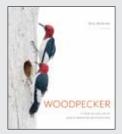


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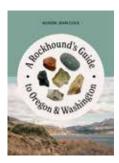


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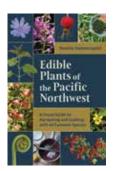


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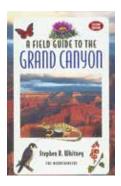
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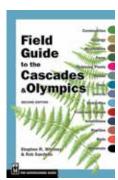
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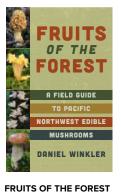


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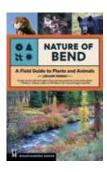
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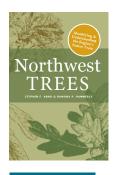
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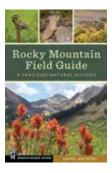
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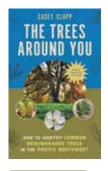
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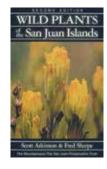
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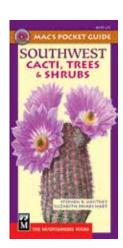
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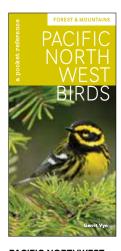
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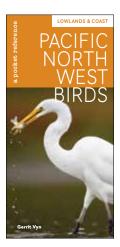
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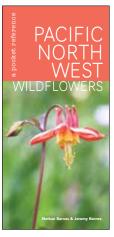
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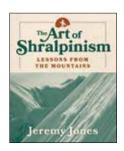
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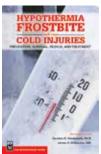
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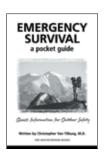
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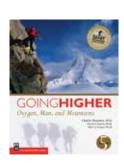
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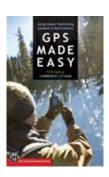
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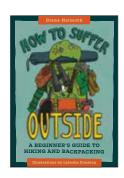
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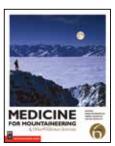
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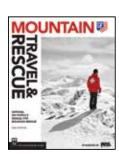
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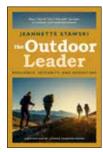
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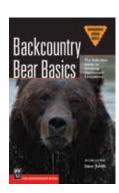
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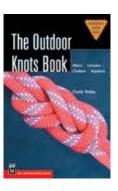
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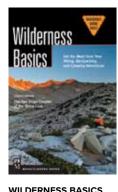
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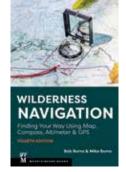
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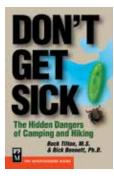
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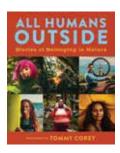


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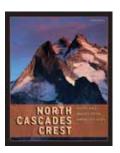
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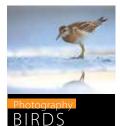


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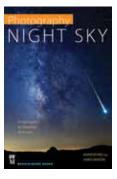


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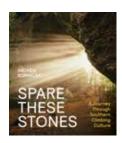
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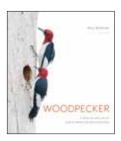
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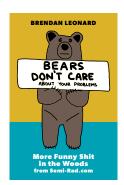
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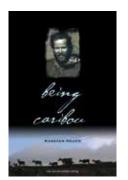
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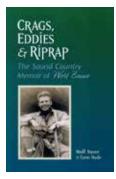


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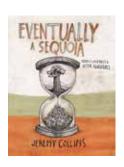
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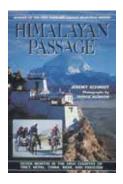
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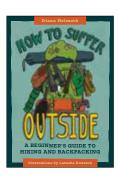
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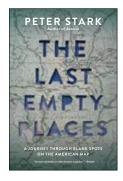
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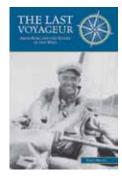
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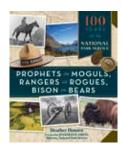
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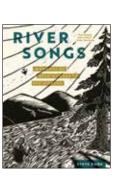
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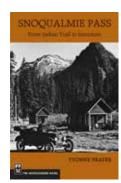


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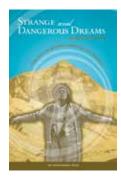
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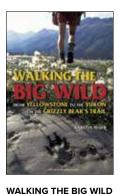
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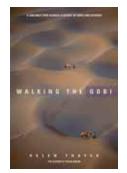
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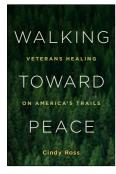
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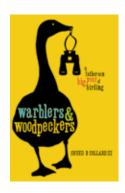
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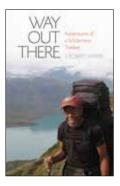
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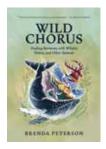
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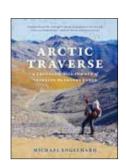
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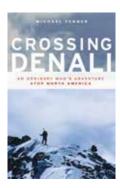
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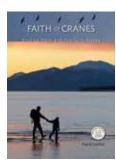


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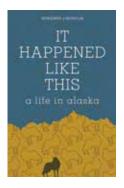
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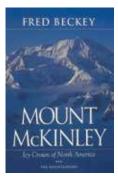
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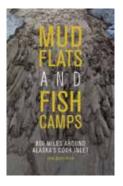
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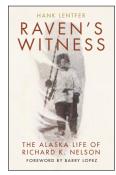


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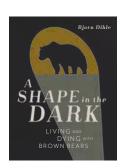
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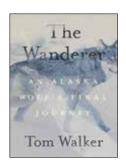
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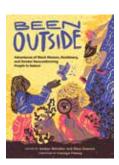
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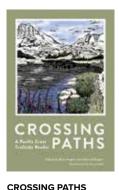
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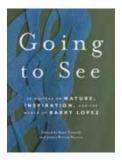
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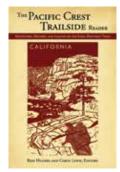
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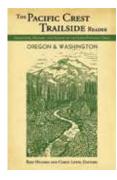


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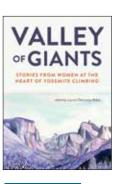
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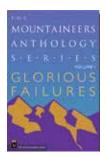
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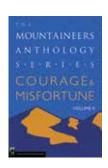
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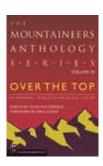
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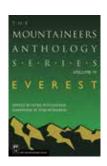
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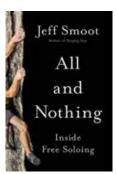


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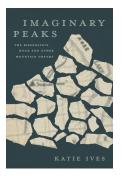
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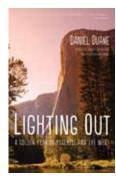


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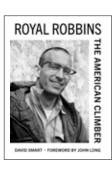
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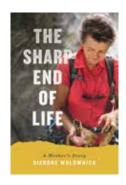


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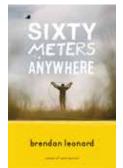
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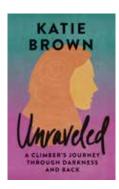
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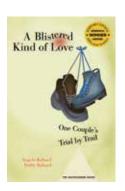


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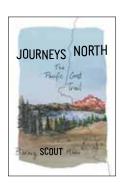
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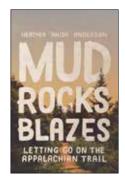


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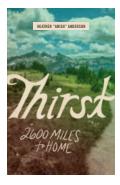
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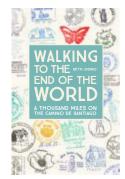
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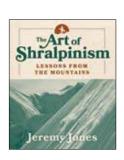


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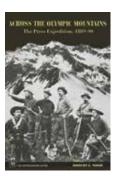


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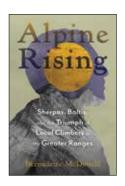
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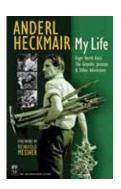
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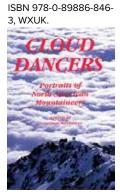


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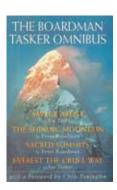


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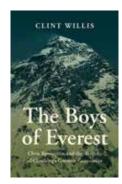
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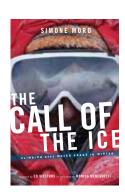
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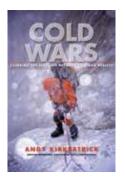
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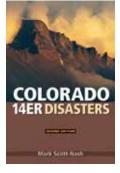
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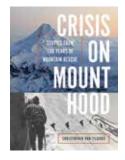
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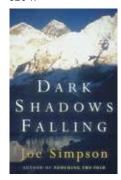
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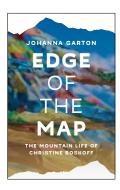
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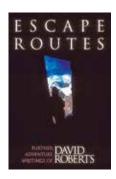
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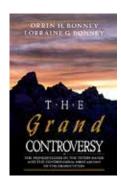
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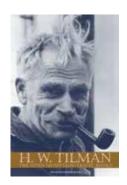
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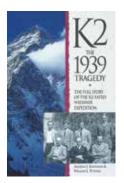
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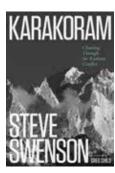
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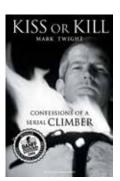
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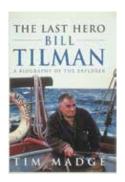
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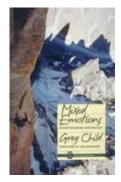
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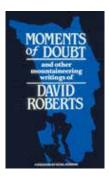
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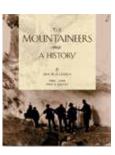
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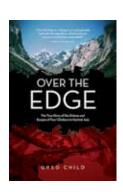
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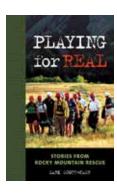
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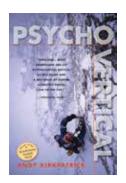
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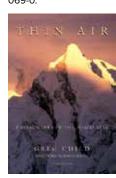
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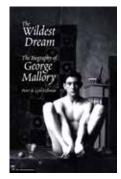
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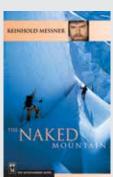
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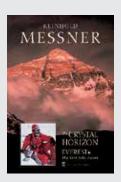
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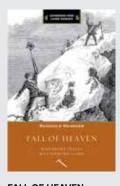
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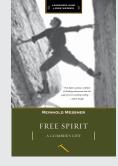
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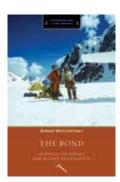
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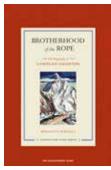
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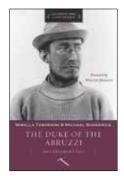


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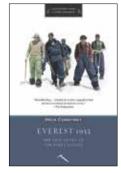
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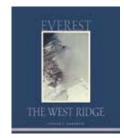


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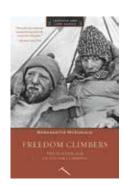
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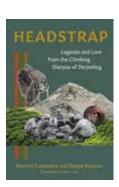
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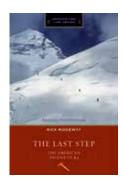
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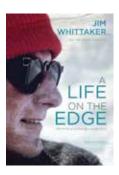
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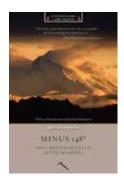
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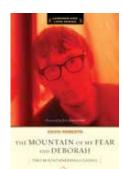
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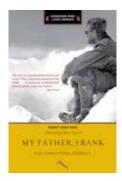
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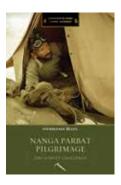


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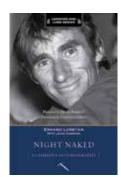
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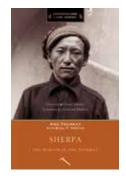
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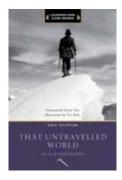


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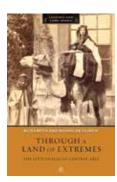
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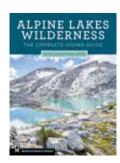


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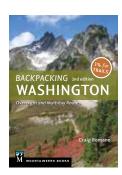


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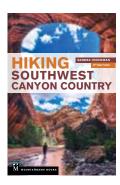
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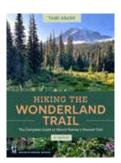
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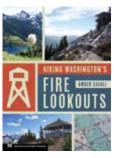
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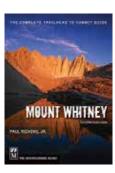
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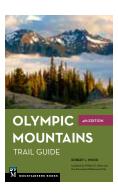
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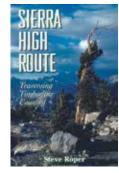
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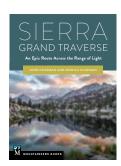
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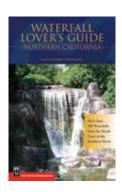
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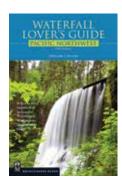


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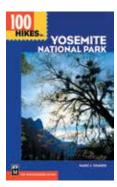
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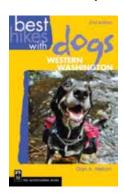
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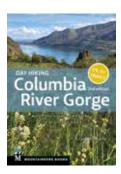
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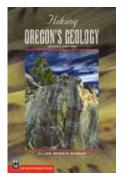


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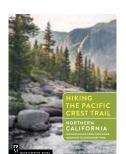
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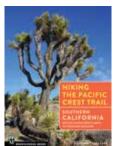
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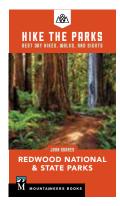


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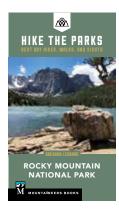
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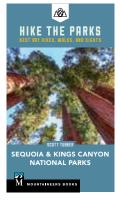
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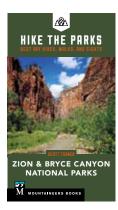
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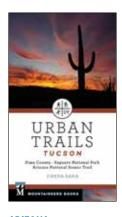
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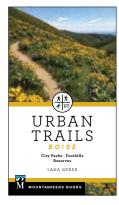
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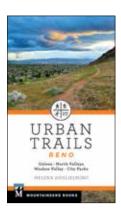
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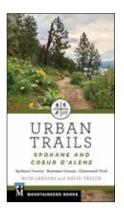
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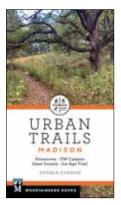
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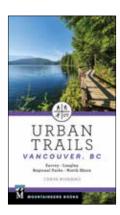












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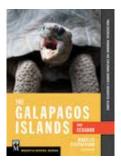
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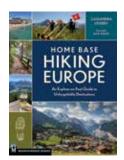


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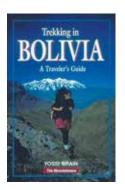


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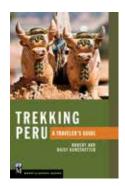


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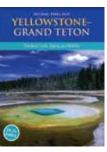
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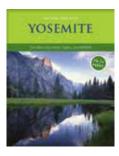
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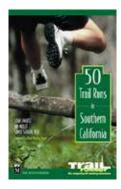


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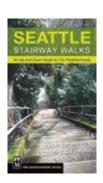
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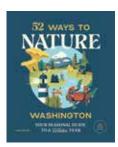
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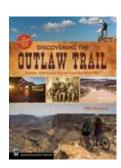
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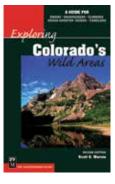
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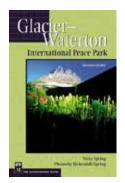
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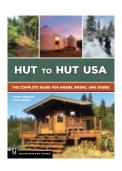
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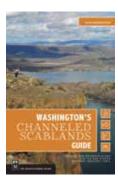
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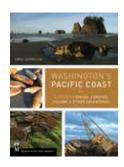
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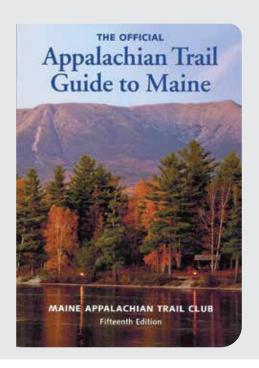
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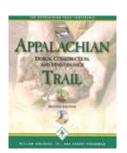


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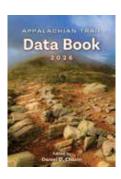
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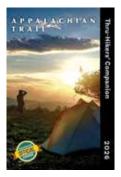
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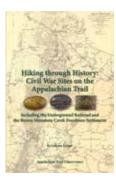
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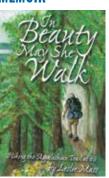
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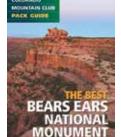
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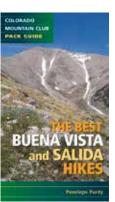
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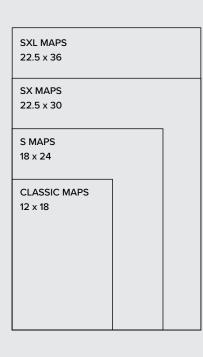






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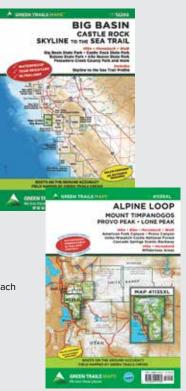
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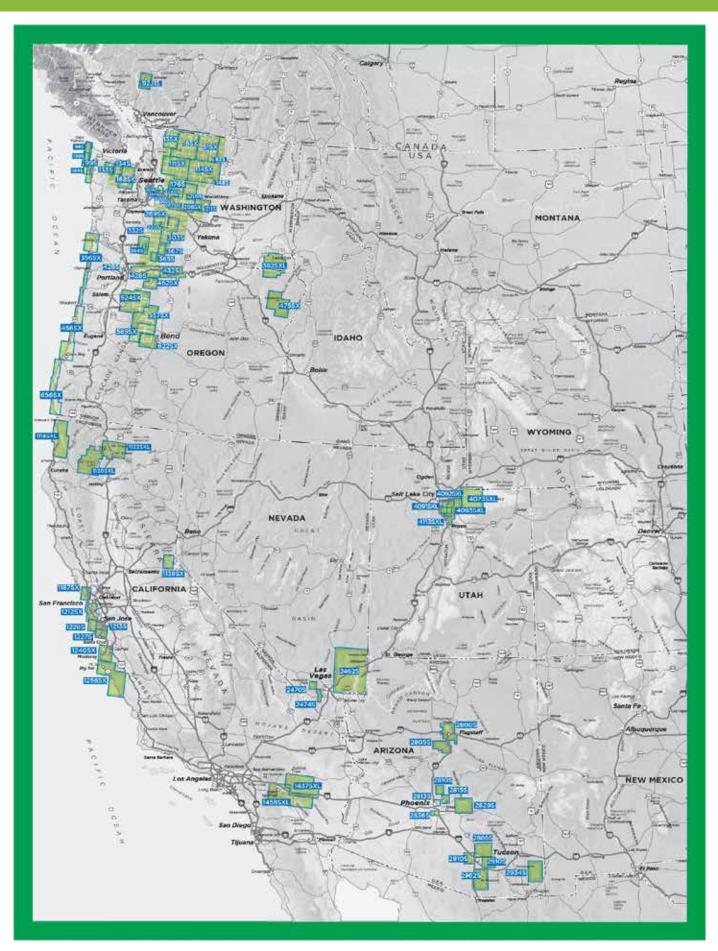
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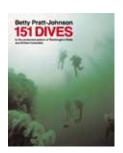
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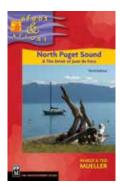
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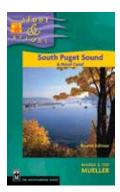
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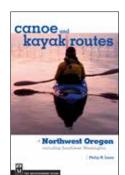
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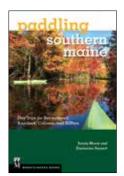
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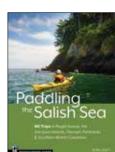
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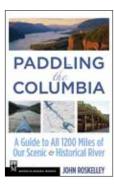
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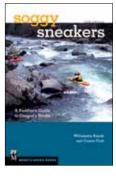
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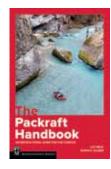


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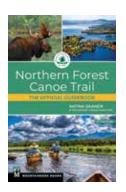
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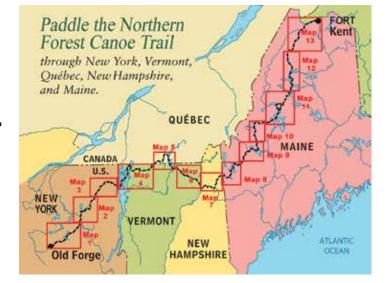
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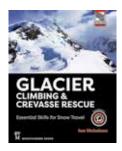
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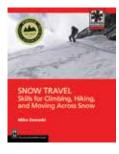
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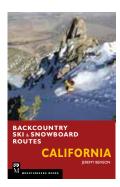
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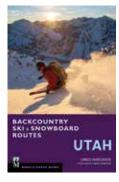
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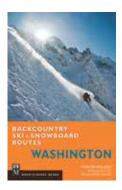
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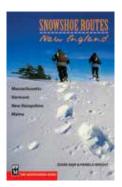
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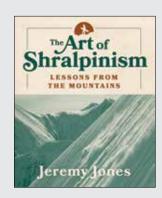
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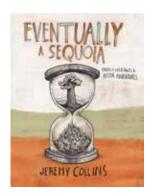
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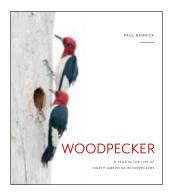


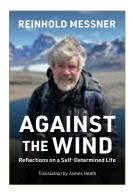
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