

familius

Helping Families Be Happy



NEW!

Featured cover art from
How Does our Food grow?
Find it on page 2.

Welcome to the

FAMILY

Dear Family,

When I was a boy, I absolutely adored dinosaurs. My mother gave me a set of hundreds of plastic dinosaurs. For hours, I'd set them in grazing, herding, or predatory events. Of course, T-Rex would have a difficult battle with either Triceratops or Stegosaurus with their horns, plates, and spikes. And the long-necked herbivores like Diplodocus and Brachiosaurus would lumber around the room, ignoring the six-inch teeth of T-Rex, Allosaurus, and other carnivores.

In the 1970s, our textbooks and movies still showed these ancient creatures in illustrations and models that we now view as inaccurate, even ridiculous. Today, thanks to improved research, computer modeling, motion physics, the spectacular fossil record—which includes not only bones but also skin fragments and even internal organs—and DNA research on the dinosaurs' modern-day descendants, birds, we have a much better understanding of these "terrible lizards."

The dinosaurs went extinct approximately 65 million years ago due to multiple events, most significantly the asteroid that hit the Yucatan peninsula which resulted in dramatic climate change. It took 30,000 years for life on earth to bounce back, with birds the only remaining memory of the dinosaurs.

While it's unlikely (apologies to Michael Crichton) that we'll ever see T-rex again, we can recognize the truth that the earth is fragile. It is an island out in space and the only home we and millions of other creatures have. During my 55 years, it's estimated that we've lost nearly 70 percent of all animal life on the planet that lived prior to my birth. 2.5 percent of mammals, birds, reptiles, fish, and amphibians have gone extinct. Many of the animals I saw on nature shows and loved as a child are now history.

One of our ten habits of happy families is to learn together. To help bring awareness to the fragility of our global ecosystem, we're releasing *Hear Them Roar*, a book plus sound module that celebrates and educates us about 14 endangered animals. We hope that this book, which provides the sounds each animal makes, will not become a unique memory of these endangered animals. Rather, we hope that it will inspire us all to learn and do what we can to make the world a better and more livable place for all. While we can't control natural events like a six-mile-wide asteroid hitting the earth, we can take steps to influence our communities and countries to improve our world for future generations.

Let's learn together and work to help each new generation make the world a better place.

Christopher & Michele



How Does Our Food Grow?

BROOKE JORDEN & KITCHEN CONNECTION
ILLUSTRATIONS BY KAY WIDDOWSON

THIS BOOK HELPS FAMILIES:



Learn Together



Eat



Heal Together

Fruits and vegetables all taste great, but how did they end up on your plate? The fresh and colorful foods you know came from farms—that's where they grow! Some grow underground and some hang from trees. Can you find them all? Let's look and see!

Every fruit, vegetable, grain, and legume has its own story: Where do they grow? How do they taste? And how do they impact our bodies and the world around us? In cooperation with Kitchen Connection, an organization committed to improving our food system through education, this colorful picture book introduces readers to the concepts of biodiversity, reducing food waste, and proper growing conditions for different crops in simple, accessible language. With cool facts and challenges throughout, fun rhyming verse, and charming illustrations, *How Does Our Food Grow?* tells the stories of more than a dozen of your favorite fresh foods. Knowing that our food choices make a difference in our health and the health of our planet empowers us to choose wisely. The more we know, the better we grow. **Ages 4–7**



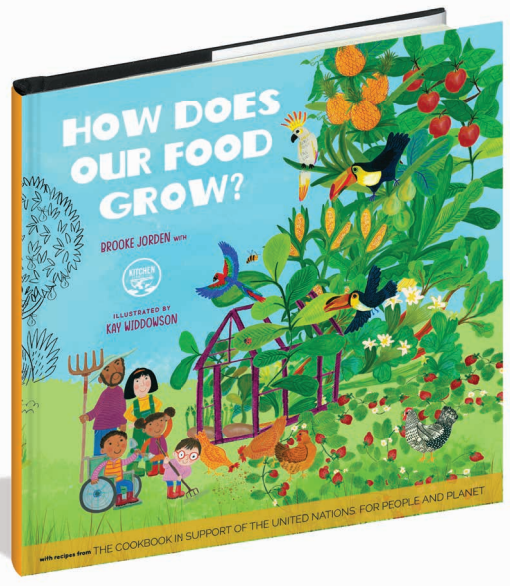
Brooke Jorden

earned a BA in English and editing from Brigham Young University. She is the Editorial Director at Familius and the author of the Lit for Little Hands series, as well as other books for children.



Kitchen Connection

is a program of the United Nations, housed between the Food and Agriculture Organization of the United Nations and the United Nations Department of Global Communications. It uses food as the vehicle to connect people to each other, in support of a better food system and the United Nations Sustainable Development Goals.



ISBN-13: 978-1-64170-991-0
Product number: 550991
Price: \$17.99 (USD)
Jacketed hardcover, 10 x 10, 40 pages

Ships: July 2023
ISBN 978-1-64170-991-0

- Features rhyming lines with sidebar fun facts about the produce you find in your local store or farmer's market.
- Endorsed by The School Meals Coalition and Ambassador Wennubst of Switzerland.
- Includes back matter by Kitchen Connection to teach children about sustainability, including recipes from around the world.



Kay Widdowson

creates pictures for children's books, licensing, and homewares. She lives and works from her tiny home studio on the edge of Chorlton Ees Nature Reserve and overlooking allotments in Chorlton, Manchester, UK. She loves to go into her studio every day—supervised by her rescue cat, Beebee, tea and biscuits at the ready, radio—on and create pictures all day.



FRUITS AND VEGETABLES all taste great, but how did they end up on your plate? The fresh and colorful foods you know came from farms—that's where they grow! Some grow underground and some hang from trees. Can you find them all? Let's look and see!

Different fruits and vegetables grow all over the world. What have you seen growing where you live?



Mashed into guacamole or on top of toast, this tropical fruit is a favorite for most. **AVOCADOS** are packed with healthy fats, grow on a tree, and have a pit in the middle—just like lychee. With a tough, bumpy outside and creamy insides to share, some people call it an "alligator pear."

It takes an avocado tree 3–5 years to grow its first fruit. But after that, they produce avocados every year! Avocados are delicious and nutritious, and a perfect fruit for babies just learning to eat solid foods.



A prickly **PINEAPPLE** has a secret to hide: Sweet yellow juicy goodness inside! They first grew in the rainforests of Brazil, where wise local farmers still harvest them with skill. Pineapples love climates with a tropical breeze, sunshine, rain, and tall palm trees.

The original name of a pineapple is *Ananas comosus*. This is because the "Pineapple" and "excellent" fruit! The pineapple got its name in England because European explorers thought it looked like a pineapple.

IKIL BI BIJULI
Bean Pigeon
Chay Chue
Cambodia

SPRING BEANS ARE PERFECT FOR THIS RECIPE. THEY ARE TASTY AND NUTRITIOUS. THEY ARE ALSO A GREAT SOURCE OF FIBER AND PROTEIN. TRY TO USE LOCAL BEANS WHEN YOU CAN.

INGREDIENT SPOTLIGHT
beans (black beans)
corn

MAKE DO RATATOUILLE!
Danielle Rosenberg
United States

SPRING BEANS ARE PERFECT FOR THIS RECIPE. THEY ARE TASTY AND NUTRITIOUS. THEY ARE ALSO A GREAT SOURCE OF FIBER AND PROTEIN. TRY TO USE LOCAL BEANS WHEN YOU CAN.

INGREDIENT SPOTLIGHT
zucchini

My House, My Family

C. HOPE FLINCHBAUGH
ILLUSTRATIONS BY LAUREL AYLESWORTH

*Sometimes I live with Mommy;
Sometimes I stay with Dad.
But we are all a family
Whatever house I'm at.*

THIS BOOK HELPS FAMILIES:



Learn Together



Love Together

No two families look exactly alike, but every family is tied together by love. With soft, charming illustrations, each child in *My House, My Family* introduces their own family situation—from adoptive and foster parents to single parents, from urban apartments to rural farms, and from one-child families to large ones. Regardless of the type of family or the size of the house, and regardless of the child's abilities or past experiences, every child feels at home when they feel loved and safe. **Ages 4–7**



C. Hope Flinchbaugh

has authored over 250 stories for preschool, kindergarten, first grade, and second-grade school readers for the Association of Christian Schools International. Hope has authored and traditionally published three novels

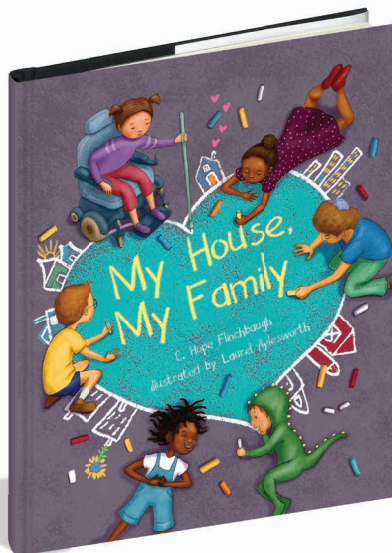
and two nonfiction books, and has co-authored numerous compilation books. She has written more than 75 articles for children and adult magazines. Hope's "writing candy" is capturing the wonder of a child through the power of the story. She tells adults everywhere that the parents who read to their infants and toddlers will later enjoy high-level preschool and elementary readers. Besides, reading is fun!



Laurel Aylesworth

As an introverted kid growing up in Vermont, drawing came naturally to Laurel Aylesworth. Instead of going to the mall like most teenagers, you would find her in her room drawing scenes from *Lord of the Rings* or copying her favorite characters from *Elf Quest* comics. Later, her career path naturally led to graphic design, but something was missing (namely, Elves and magic).

She found her calling as an illustrator after becoming a mother and hence, wading knee-deep in picture books from the library. She was inspired by the books crafted by Eliza Wheeler, Guojing, Kelly Murphy, Lee White, and other incredibly talented illustrators. Laurel strives to bring a sense of mystery, magic, and tenderness to her visual storytelling.



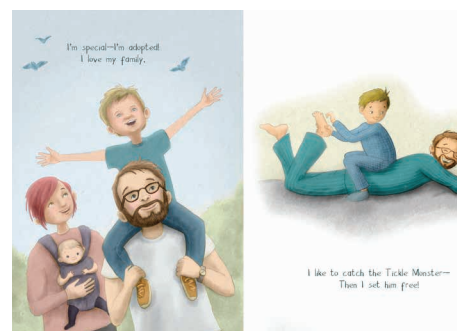
ISBN-13: 978-1-64170-993-4
Product number: 550993
Price: \$16.99 (USD)
Jacketed hardcover, spot uv/ raised varnish
8 × 10, 32 pages

Ships: July 2023

ISBN 978-1-64170-993-4



- **Features diverse families and their special homes while affirming children of all backgrounds that a home is where your family is!**
- **Includes several homes with accessible features for children living with disabilities.**
- **Back matter includes discussion questions to help adults talk to children about different family dynamics.**



The House That Ruth Built

KELLY BENNETT
ILLUSTRATIONS BY SUSANNA COVELLI

THIS BOOK HELPS FAMILIES:



Learn Together



Play Together

It's Opening Day! Yankee Stadium towers grand, gleaming, and ready!

On April 18, 1923, the New York Yankees played against the Boston Red Sox in their very first game in the brand-new Yankee Stadium. All the key players were there—future Hall of Famers Babe Ruth, Waite Hoyt, Bob Shawkey, Miller Huggins—and so were the supporters—Eddie Bennett, the legendary Yankee batboy; Jack Lenz, Yankee Stadium's first public announcer; five-year-old Little Ray Kelly, Babe's lucky charm; and more than 70,000 fans! Every person in the stadium on opening day was part of this legendary event, and now you can be too. **Ages 3–7**



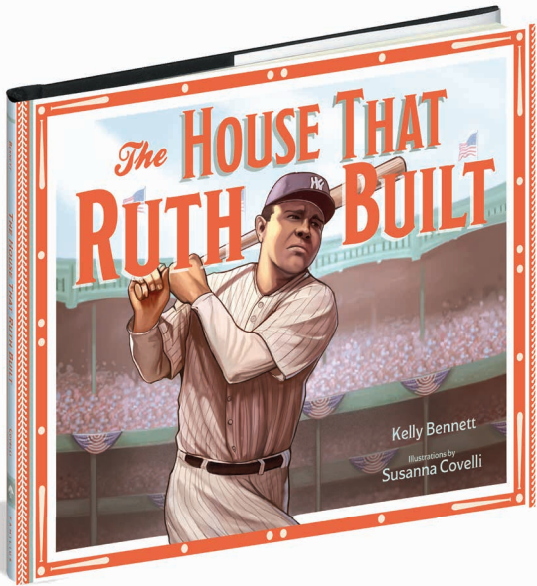
Kelly Bennett is the author of many award-winning books for children—mostly picture books. Her stories, such as *Not Norman*, *A Goldfish Story*, a Jumpstart Read for the Record book; *Norman*, *One Amazing*

Goldfish, *Vampire Baby*, *Your Daddy Was Just Like You & Your Mommy Was Just Like You*, *Dance, Y'all, Dance, Dad and Pop*, and *One Day I Went Rambling*, an Illinois Library Association's iREAD selection, celebrate imagination, families, friends, pets... all that goes into being a kid! To see more, please visit www.kellybennett.com



Susanna Covelli was born in a small town in Piedmont, Italy, earned an MA in architecture, and followed her passion for art and decided to attend a specialization course in both traditional and digital illustration at Scuola Internazionale di Comics in Turin. Her art expresses her own imagination

and inspiration from nature, and she has always been attracted by sinuous shapes, Baroque style, and out-of-the-ordinary perspective.



ISBN-13: 978-1-64170-754-1
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Price: \$17.99 (USD)
Jacketed hardcover, spot UV/raised varnish, 11 x 9, 32 pages
Ships: February 2023

ISBN 978-1-64170-754-1

- Celebrates the 100th anniversary of the original Yankee Stadium and the first game played there between the Yankees and Red Sox.
- This historical fiction story in the style of the classic poem "The House That Jack Built" is paired with facts about Babe Ruth and baseball to give children a factual understanding of the sport and its celebrated hero.
- Familius has worked closely with the Baseball Hall of Fame to ensure every detail is correct, from the players to the period clothing, spectators, umpires, scores, and advertisements.



Marcel's Mouse Museum

HANNA ABBO

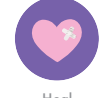
THESE BOOKS HELP FAMILIES:



Learn Together



Laugh Together



Heal Together

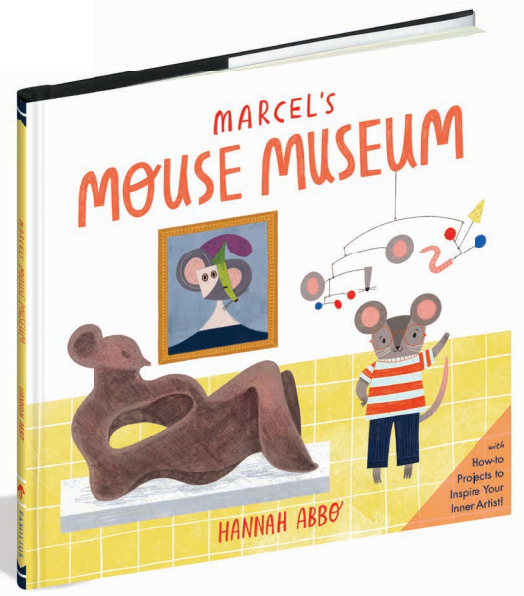
The Mouse Museum of Modern Art is home to paintings and sculptures by the most famous mice artists of the last one hundred years, from Parmesan Picasso to Gouda Kahlo. Take a tour of mouse art history and styles with Curator Marcel and learn about art movements and styles like Cubism, self-portraits, Pop Art, and many more that have influenced art today. And we can't forget the cheesy fun facts and activities that go with them!

With adorable mice drawn in famous artwork and an entertaining mix of mouse humor and history facts, *Marcel's Mouse Museum* is both educational and fun! Plus, each artist comes with an activity to try at home, perfect for inspiring the artist in everyone. The entire experience will be un-brie-lievable! **Ages 6-10**



Hannah Abbo

is an illustrator and writer from Brighton, UK. She currently lives in Lisbon, Portugal, with her son, husband and cat. After studying Art History at university, Hannah went on to illustrate numerous picture books under the pseudonym Jean Claude.



ISBN-13: 978-1-64170-743-5
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Price: \$17.99 (USD)
Jacketed hardcover, spot UV/raised varnish, 10 x 10, 32 pages
Ships: December 2022
ISBN 978-1-64170-743-5

- Introduces children to some of the world's greatest artists and their art with artist biographies and art-based activities included.
- Back matter includes facts about the artists, their art, and their impact on art history.
- Playful illustrations and interactive activities encourage children to explore art and art history in a way that is friendly and inviting.
- A diverse range of artists both modern and classical to spark a deep interest in art history.
- The book's creator is an art history major who has worked as an illustrator for over 10 years.



The Littlest Weaver

ROBBIN HALL
ILLUSTRATIONS BY STELLA LIM

Laurel and her father weave beautiful rugs for the people of their mountain town. When a stranger moves to town with sadness in his eyes and a lonely doll on his table, Laurel wants to help. With gorgeous illustrations of the natural beauty of the Appalachian Mountains and depictions of the Appalachian weaving tradition, *The Littlest Weaver* shows us how to hold space for grief and will warm your heart like a woven blanket. **Ages 4-6**



ISBN-13: 978-1-64170-977-4
Product number: 550977
Price: \$17.99 (USD)
Jacketed hardcover, spot UV/raised varnish, 10 x 10, 32 pages
Ships: September 2023
ISBN 978-1-64170-977-4



Robbin Hall

lives on a tiny farm in North Carolina with one handsome husband, five children, four dogs, and too many chickens to count. She is an MFA candidate at the Vermont College of Fine Arts in Writing for Children and Young

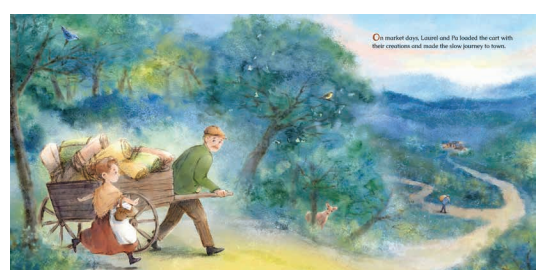
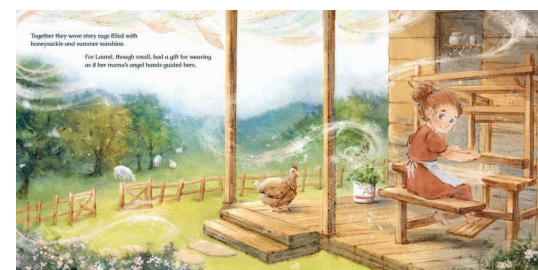
Adults and believes everyone has a need to create, whether it be the best loaf of bread, a beautiful carpet, or a story to share.



Stella Lim

is an illustrator who lives in Seoul, South Korea. She has illustrated many picture books, including *Scarf of Sunshine*, *Little Blue Bunny*, and *Sora's Seashells*. She lives with her family in a house surrounded by a little forest.

- With timeless and universal appeal, *The Littlest Weaver* is an allegorical tale that not only gives weight and volume to—but allowance for—feelings of loss and grief.
- A window into the process of healing after a trauma—whether a loss of family, hearth, home or country—by embracing sadness and (eventually) making room for joy.
- Historical elements of Appalachian craft traditions are featured throughout.



Hear Them Roar

14 Endangered Animals from Around the World

JUNE SMALLS
ILLUSTRATIONS BY BECKY THORNS

THIS BOOK HELPS FAMILIES:



Learn Together



Read Together

Arround the world, animals that were once thriving are now endangered, from the black-footed ferret to the kakapo. Eventually, these amazing animals could be lost. With this fully illustrated guidebook + soundboard with buttons, kids can learn about the calls, snorts, squeaks, and roars of 14 endangered animals, discover the characteristics that make them special, and learn how conservationists and everyday people are helping bring them back from the edge of extinction. *Hear Them Roar: 14 Endangered Animals from Around the World* will make sure these animals are around for many generations to come! **Ages 5-7**



ISBN-13: 978-1-64170-728-2
Product number: 550728
Price: \$24.99 (USD)
Picture book with soundboard,
11 x 9, 32 pages
Ships: February 2022

ISBN 978-1-64170-728-2

- **Unique format includes 32 pages of illustrated non-fiction content about fourteen endangered animals with a soundboard that features their calls, snorts, and roars.**
- **Facts throughout the book teach children about the environments and habitats throughout the world with animals from each continent represented.**
- **Encourages children to consider what causes extinction and how humans can help prevent it.**



June Smalls is a member of the Society of Children's Book Writers and Illustrators and a lover of literature. She resides in Northern Virginia with her hubby, The Kid, and an ever-growing assortment of animals.



Becky Thorns was born in Poland but spent most of her childhood growing up in Turkey. In 2010, she graduated from Leeds Arts University with a BA in Visual Communication. In 2016, she completed her MFA in media and design. She is a visual storyteller who enjoys

taking a poetic approach to her art creating new, unknown lands. She uses traditional painting techniques aided by digital methods. She also works with children's storybook publishers and loves illustrating magical and poetic stories.



Allegro
\$24.99 ISBN-13: 978-1-64170-038-2

ISBN 978-1-64170-038-2



She Spoke
\$24.99 ISBN-13: 978-1-64170-131-0

ISBN 978-1-64170-131-0

QUICK FACTS

- The polar bear is a **VULNERABLE** mammal found in the oceans and on the ice in the Arctic.
- Their fur is not white! Polar bear fur is hollow and see-through. When light hits it, it looks white. The skin underneath is actually black.



POLAR BEAR

Polar bears are the largest land-based predator on Earth, weighing up to 1,700 pounds. Their main food is seal. They wait patiently at the holes in the ice where the seals come up for air, then dart forward. Their long necks and claws (which can be twice as long) help them catch their prey in these small holes.

Their bodies help them in the water too. Large front paws work as paddles and their thick layer of fat keeps them warm and helps them float. Their long necks help keep their heads above water.

Mothers give birth to one or two cubs, occasionally even three. They are raised in den for three or four months before venturing out into the cold. The cubs will stay with their mother for two to three years before they go off on their own.



ANIMAL VOICE

These quiet hunters are not very vocal, but they do roar, rumble, and cluff. They may give warnings to others or call to attract a mate. Cubs huddle to their mothers.

WHAT ARE WE DOING?

Polar bears use the ice for hunting and to rest. Climate change is melting the ice, forcing bears to swim much farther in order to find food or mates. Humans must reduce greenhouse gas emissions to stop global warming and protect the polar bears' habitat.



QUICK FACTS

- The Sumatran orangutan is a **CRITICALLY ENDANGERED** primate found in the forests of the Indonesian island of Sumatra.
- Several types of trees rely on the Sumatran orangutan to disperse their seeds. Without their orangutans, those trees could disappear.



SUMATRAN ORANGUTAN

The name *orangutan* means *person of the forest*, which is fitting because these primates are one of the closest genetic relatives to humans. Like humans, they are smart. For instance, they teach and learn from each other. They also use tools like sticks are used for getting bugs out of holes, and leaves are used as gloves for handling prickly fruit.

Spending most of their lives in the trees, orangutans search for fruit, which makes up most of their diet. Their feet are similar to hands, allowing them to use both hands and feet to climb, eat, and use tools. Their arms are one-and-a-half times longer than their legs and help them climb and swing with ease. Each evening, they build a new nest of branches and leaves in the trees to sleep safely for the night. Some even make pillow to sleep on!

Female Sumatran orangutans only have babies every eight to nine years. Each baby is carried on their mother's back for about two years, and continues to nurse for another three or four years after that. Once they are grown, the young go off on their own. Orangutans can live thirty-five to forty-five years in the wild and up to fifty years in human care.



ANIMAL VOICE

Sumatran orangutans make many different sounds, including kisses, squeaks, long calls, hoots, and hoots. The males have large throat sacs that amplify their long calls. They use these long calls to attract females and claim their territory.

WHAT ARE WE DOING?

Conservationists are rescuing orangutans that have been illegally kept as pets, as well as orangutan orphans, and teaching them how to survive in the wild. They must teach them everything, including how to climb trees, find food, and build nests.

Palm oil plantations and other human developments have destroyed the orangutans' habitat. Conservation groups and multiple governments are working together to protect natural areas. Conservation groups are also teaching people about palm oil plantations how to reduce human-orangutan conflict.



QUICK FACTS

- The kakapo is a **CRITICALLY ENDANGERED** flightless parrot found in New Zealand.
- It is the only flightless parrot in the world.
- It is the only parrot that lives on the ground.

KAKAPO

The kakapo is a flightless parrot found in New Zealand. It is the only flightless parrot in the world. It is the only parrot that lives on the ground. It is a large, stocky bird with a long, hooked beak. It is a ground-dwelling bird that lives in burrows. It is a nocturnal bird that is active at night. It is a herbivorous bird that eats a variety of plants and insects. It is a monogamous bird that stays with its mate for life. It is a long-lived bird that can live up to 120 years old.

ANIMAL VOICE

The kakapo has a variety of sounds, including a loud, booming call that it uses to attract mates. It also has a softer, more melodic call that it uses to communicate with its mate and its young. It is a very quiet bird that does not make many sounds.

WHAT ARE WE DOING?

Conservationists are working to protect the kakapo from extinction. They are creating artificial islands where the kakapo can live safely. They are also working to control the population of introduced species that are threatening the kakapo's habitat. They are also working to protect the kakapo's natural habitat from logging and other human activities.



QUICK FACTS

- The cotton-top tamarin is a **VULNERABLE** primate found in the rainforests of South America.
- It is the only tamarin species that has a white patch on its head.
- It is a very social and playful primate.

COTTON-TOP TAMARIN

The cotton-top tamarin is a small, playful primate found in the rainforests of South America. It is a very social and playful primate that lives in groups. It is a diurnal bird that is active during the day. It is a frugivorous bird that eats a variety of fruits and insects. It is a very vocal bird that makes a variety of sounds, including a loud, booming call that it uses to attract mates. It is a very intelligent bird that is able to learn from its environment. It is a very long-lived bird that can live up to 20 years old.

ANIMAL VOICE

The cotton-top tamarin has a variety of sounds, including a loud, booming call that it uses to attract mates. It also has a softer, more melodic call that it uses to communicate with its mate and its young. It is a very vocal bird that makes a variety of sounds.

WHAT ARE WE DOING?

Conservationists are working to protect the cotton-top tamarin from extinction. They are creating artificial islands where the cotton-top tamarin can live safely. They are also working to control the population of introduced species that are threatening the cotton-top tamarin's habitat. They are also working to protect the cotton-top tamarin's natural habitat from logging and other human activities.



They Lead The Wolf Pack

JUNE SMALLS
ILLUSTRATIONS BY YUMI SHIMOKAWARA

*The creators of the pack.
She digs the den, where their young will grow.
He patrols the territory and brings her food
while she cares for the helpless pups.
As seasons pass, and new litters arrive, the pack grows
and all work together to raise the young.*

THIS BOOK HELPS FAMILIES:



Learn Together



Work Together

A wolf's piercing howl can carry up to 10 miles, raising goosebumps on even the most intrepid camper's skin. But the gray wolf is far from a simple predator. An incredible combination of teamwork and instinct has helped wolf packs survive, despite being endangered in most of North America. With a mother wolf and father wolf leading the pack—their family—together, the cubs grow and learn the skills they need to start their own pack someday. With stunning, lifelike illustrations and facts on each page for older readers looking for a deeper dive, this beautiful picture book is a monument to these majestic packs. **Ages 4–6**



June Smalls is a member of the Society of Children's Book Writers and Illustrators and a lover of literature. She resides in Northern Virginia with her hubby, The Kid, and an ever-growing assortment of animals.



Yumi Shimokawara is an illustrator, picture book writer, and animal lover living in Japan. Yumi studied Japanese literature in college and then studied painting while doing various jobs.



ISBN-13: 978-1-64170-974-3
Product number: 550974
Price: \$17.99 (USD)
Jacketed hardcover, spot UV/raised varnish, 10 x 10, 32 pages
Ships: August 2023

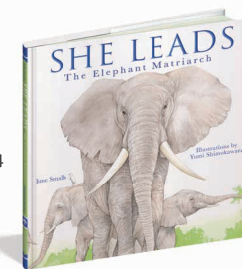
ISBN 978-1-64170-974-3

- A lyrical story about family, teamwork, and leadership
- A great source for teaching about animal adaptation, habitats, and social structures
- Dual narrative for short story times or longer learning
- A helpful academic source for parents, guardians, teachers and child librarians

ALSO AVAILABLE

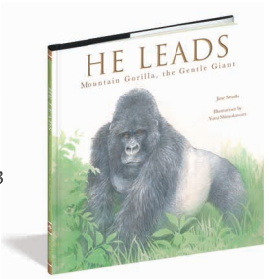
She Leads

\$16.99 ISBN-13: 9781641702324



He Leads

\$17.99 ISBN-13: 9781641706483



They are the leaders. The creators of the pack.

Wolf packs are formed by a breeding pair that have left their family units to create their own. A pack is typically made up of parents, their offspring, and other non-breeding adults. A pack may be as few as two and has been recorded with up to 37. Female gray wolves can be 60 to 100 pounds, and the males can be 70 to 145 pounds. While they are called gray wolves, their colors range from white, gray, brown, reddish, and black.



She digs the den, where their young will grow.

The female digs a den to birth her pups. The den will have a small opening and a large chamber in the rear. The female gives birth to between four to seven pups. Born deaf, blind, and defenseless, the pups will stay safely tucked in their den for about the first four weeks of their lives.



He patrols the territory and brings her food while she cares for the helpless pups.

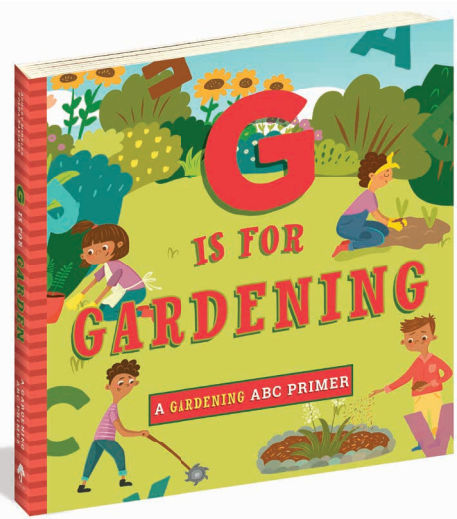
The land in which the wolf pack lives and hunts is called a territory. This may span from 50 square miles to over 1,000 square miles. The wolves mark their territory with urine and scat (or dung) and other scent markers. For the first five weeks of life, the pups rely on their mother's milk. As they start on solid food, the parents or older wolves will regurgitate meat for them to eat.

G Is for Gardening

ASHELY MIRELES
ILLUSTRATIONS BY VOLHA KALIAHA

A is for aeration
B is for bees
C is for compost . . .

It's time to get your hands dirty! With L for leaf, N for nursery, and S for seeds, going from A to Z has never been so fresh. Take an alphabetized trip through the garden and discover the plants, animals, and tools that make gardening fun! **Ages 0-3**



THESE BOOKS HELPS FAMILIES:



Learn Together



Work Together



Love Together



Read Together

ISBN-13: 978-1-64170-750-3
Product number: 550750
Price: \$9.99 (USD)
Board book, 7 x 7, 20 pages

Ships: February 2023

ISBN 978-1-64170-750-3

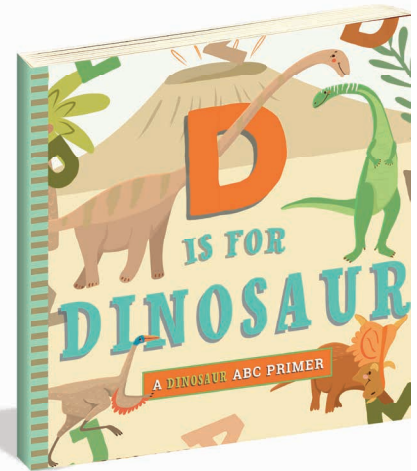


D Is for Dinosaur

CHRISTOPHER ROBBINS
ILLUSTRATIONS BY VOLHA KALIAHA.

A is for allosaurus
B is for brachiosaurus
C is for carnotaurus . . .

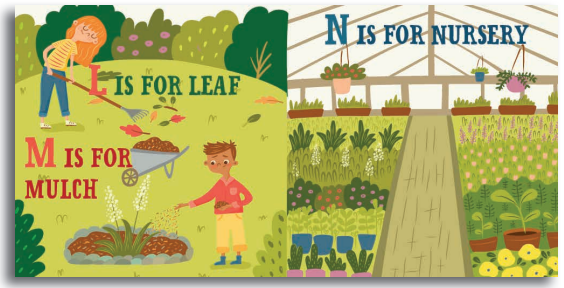
Take a trip back in time to the Mesozoic Era when dinosaurs walked the earth! With G for giganotosaurus, P for pachycephalosaurus, and X for xenoceratops, the ABCs have never been so T-riffic! Every little dino lover will have a roaring good time learning dinosaur names all the way down to zalmoxes. **Ages 0-3**



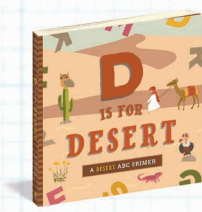
ISBN-13: 978-1-64170-987-3
Product number: 550987
Price: \$9.99 (USD)
Boardbook,
7 x 7, 20 pages

Ships: October 2023

ISBN 978-1-64170-987-3



C Is for Car
\$9.99 ISBN-13: 978-1-64170-725-1



D Is for Dessert
\$9.99 ISBN-13: 978-1-64170-558-1



S Is for Snow
\$8.99 ISBN-13: 978-1-64170-256-0



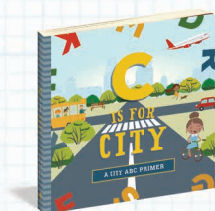
S Is for Space
\$8.99 ISBN-13: 978-1-64170-557-8



O Is for Ocean
\$8.99 ISBN-13: 978-1-64170-185-3



F Is for Farm
\$8.99 ISBN-13: 978-1-64170-452-6



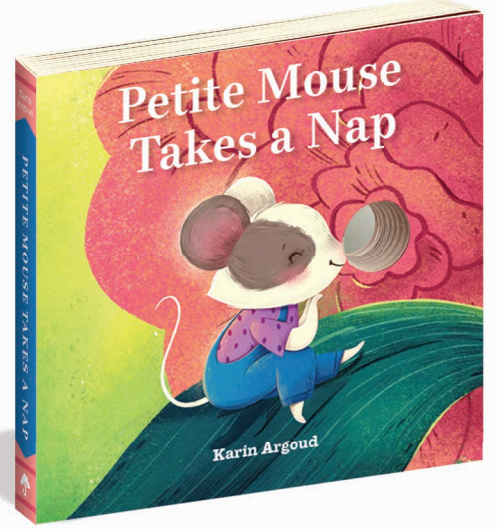
C Is for City
\$8.99 ISBN-13: 978-1-64170-453-3



Petite Mouse Takes a Nap

KARIN ARGOUD

Sweet little Petite Mouse doesn't want to nap (much like a child you probably know). With one tiny nose and two scurrying feet, she'll slip through your fingers! But with a little help from little hands, you can make sure Petite Mouse gets some rest. With soft illustrations, a fun counting element, and finger holes for extra delight, *Petite Mouse Takes a Nap* is the perfect naptime book to turn wiggly fingers into sleepy eyes. **Ages 0-3**



ISBN-13: 978-1-64170-792-3
Product number: 550792
Price: \$9.99 (USD)
Die-cut Board book, 6 x 6, 12 pages

Ships: March 2023
ISBN 978-1-64170-792-3

THESE BOOKS HELP FAMILIES:



Learn Together



Play Together



Karin Argoud is an actress best known for her role as Sonya Harper in the series *Mama's Family*. She is also a freelance news journalist, an author, and the happily married mother of two daughters who never really loved naptime. It was always quite the undertak-

ing to get them to fall asleep. But she knew how important it was for them, and would sometimes go through stacks of books and songs to get them to *fais dodo*, which means "go to sleep" in French. How she would have treasured a book like *Petite Mouse Takes a Nap*! She is a first-generation American and is proud of her family's French American citizenship. Her loving, wonderful parents were of French, German, and Lebanese descent, and she was raised hearing fairy tales, games, and songs from those countries. She, in turn, raised her daughters speaking French and immersed them in fairy tales, plays, and songs. She and her husband sent their daughters to Waldorf schools and raised them without television, their imaginations fed with storybooks, imaginative play, and puppetry.

Let's help Petite Mouse take a nap.

● Uh-oh! Where did she go?

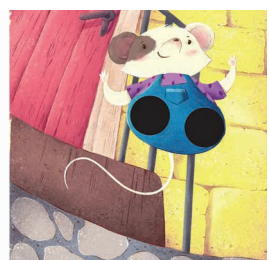


- **Napping book that includes a counting element with holes for little fingers that become part of the story.**
- **Encourages early counting from 1 to 5 using a child's fingers.**

1 tiny nose is sniffing a red rose.



2 little feet go dancing down the street.



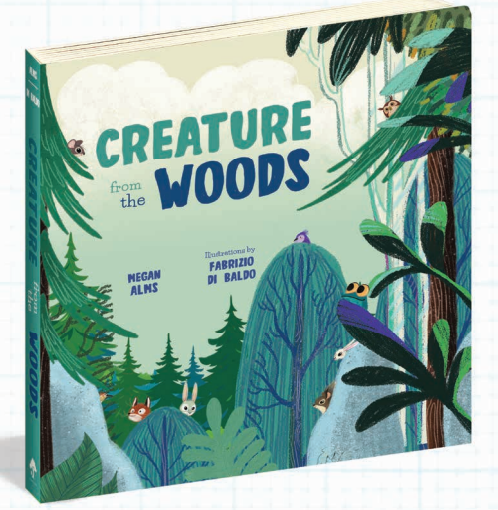
Creature from the Woods

MEGAN ALMS
ILLUSTRATIONS BY FABRIZIO DI ALBO

*As I watch you prance around,
I can't help but smile.
You remind me of a creature
from the woods, my child.*

*You have a deer fawn's timid steps
into the unknown.
But your steps have gotten bigger
as you've learned and grown.*

With tender words and lush illustration, this sweet board book compares a child's movements and mannerisms to creatures from the woods. From the fox to the bear to the bunny, each baby animal explores the world around them and learns along the way—just like children do. The rich woodland colors and sweet animal families will make *Creature from the Woods* a bedtime favorite! **Ages 0-3**



ISBN-13: 978-1-64170-740-4
Product number: 550740
Price: \$9.99 (USD)
Board book, 7 x 7, 20 pages

Ships: April 2023

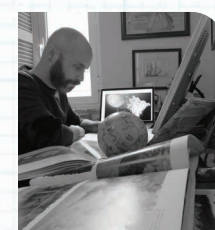
ISBN 978-1-64170-740-4



- **A sweet, feel-good poem that parents will enjoy reading as much as children will enjoy hearing it.**
- **Features comparison between a human child's actions and woodland babies.**
- **Adorable woodland creatures and their babies are featured throughout.**
- **Perfect for baby shower gift giving.**



Megan Alms is a graduate of Taylor University and currently works for Platinum Literary Services. She has had more than 80 poems and articles published in both local and national publications, and one of her poems was chosen to be permanently stamped into a sidewalk in her hometown in 2017.



Fabrizio Di Albo lives in Rome, Italy. He graduated in 2001 with a degree in fine art and semantics, before earning a PhD in illustration at the Comics International School and a second PhD in graphic design at the European Design Institute. Fabrizio works as an Art Director and illustrator in Rome.



Buttons

KALLI DAKOS
ILLUSTRATIONS BY NICHOLA COWDERY

*I button my shirt
and my coat up too,
and I think of all the work
that buttons do.*

THESE BOOKS HELP FAMILIES:



Read Together



Play Together

In this adorable, brightly colored board book, a little girl discovers the magic of buttons. From buttons at home to buttons at school, kids will see buttons in new and fun-loving ways as they learn about the world. And at the end, children will be delighted to find one very special button that all children have and love—their belly buttons!

Buttons will inspire little fingers to join in all sorts of new daily activities, but watch out! Because kids love pressing buttons, no matter what the buttons do! **Ages 0-3**



Kalli Dakos is the best-selling author of many books for children. She uses her knowledge as a reading specialist to create books that help children fall in love with words, language, ideas, and stories. Her hope is that all children will be exposed to

books and experiences that inspire them to become readers.



Nichola Cowdery is a professional illustrator living in London with her lovely family. Her children's books illustrations and greeting cards are inspired by laughter and cuteness—the quirkiest, the better.



ISBN-13: 978-1-64170-756-5
Product number: 550756
Price: \$9.99 (USD)
Board book, 7 x 7, 20 pages
Ships: July 2023



- Introduces readers to the many buttons in their day-to-day life.
- Helps children build excitement and curiosity for manipulating buttons. Board book format aligns with the 2-3 age range APA suggests for developing button motor skills.
- Bright illustrations and hilarious reveal at the end are sure to delight parents and children!



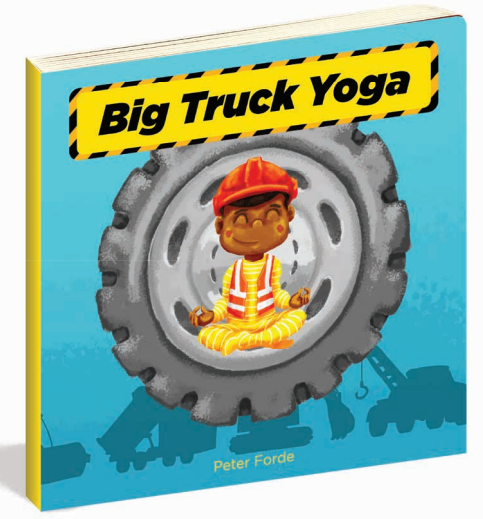
Big Truck Yoga

PETER FORDE

Honk! Honk! Find your balance with some help from your favorite construction vehicles. With child-friendly yoga poses that mirror different trucks, *Big Truck Yoga* encourages both movement and stillness in young children, along with a healthy dose of imagination! **Ages 0-3**



Peter Forde has many chapters to his artistic endeavors and flicks through them like an animated flip book. Seeding with comic books, growing through fine art, evolving as an art teacher, branching into mural art, and blooming into illustration, Peter loves his visual expression. Growing up in Ireland gave Peter an appreciation for play, the arts, and family life. There, he got his BFA at DLIADT, which grounded his diverse approach to art. He travelled to London to receive his MA in Digital Arts at Camberwell College of Art, and then went on to become a high school teacher and earn his Certificate in Education. Beautiful Vancouver, BC, is where Peter, his family, and their dog now call home. This is where you can find Peter on his bike, in his studio, or at the library with his kids. This book is inspired by Peter's own children's efforts to harness their active strength into inner strength.



ISBN-13: 978-1-64170-998-9
Product number: 550998
Price: \$9.99 (USD)
Board book, 7 x 7, 16 pages
Ships: August 2023



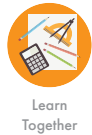
- Adorable diverse children mirror favorite big trucks in corresponding yoga poses.
- Fun and engaging way to encourage children to be active and connect with their bodies.
- A unique take on yoga for children. Great for parents, teachers, and yoga instructors!



100 First Words for Little Cowpokes

CHRISTOPHER ROBBINS
ILLUSTRATIONS BY GARETH WILLIAMS

THIS BOOK HELPS FAMILIES:



Learn Together



Laugh Together

If ya'll are fixin' to raise those youngins right, this here book is the best in the West! Say "Howdy" to *100 First Words for Little Cowpokes*, a plumb pretty little primer for tenderfoots learnin' their first words! Forget yellow-bellied words like *apple* and *dog*. Your little varmints are ready for *pommel*, *bolo*, and *Dodge*. Packed with hilarious illustrations and 100 words every baby buckaroo needs to know, *100 First Words for Little Cowpokes* is the perfect board book for boot-wearin' families everywhere. Tarnation! Ages 0-3



Christopher Robbins

is the founder and president of Familius and the cofounder of Hummingbird Digital Media. He is married to his Familius partner and acquisitions editor, Michele Robbins, and they reside in Sanger, California, with their nine children.



Gareth Williams

lives in London with his amazing wife. From an early age he's loved to draw, and that passion continues to this day. It's something he still can't believe he gets to do for a living. Gareth has



ISBN-13: 978-1-64170-989-7
Product number: 550989
Price: \$9.99 (USD)
Board book, 8 x 6, 20 pages
🚚 Ships: August 2023



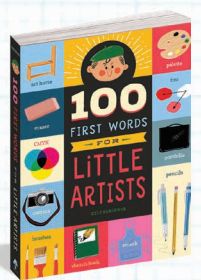
- A hilarious riff on the 100 First Words board book format featuring words from popular cowboy/Western culture.
- Includes key figures in historical and modern cowboy culture along with nods to Hollywood westerns.
- Adorable illustrations bring western style into the nursery for future buckaroos to enjoy!



100 First Words for Little Geniuses



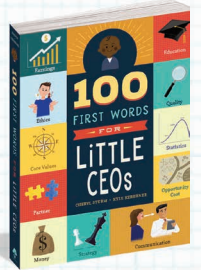
100 First Words for Little Artists



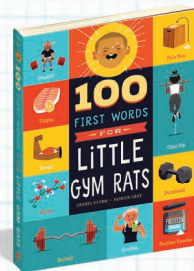
100 First Words for Little Geeks



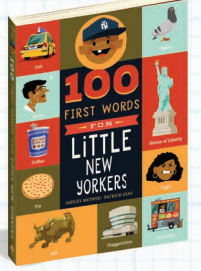
100 First Words for Little CEOs



100 First Words for Little Gym Rats



100 First Words for Little New Yorkers



Women in Science Who Changed the World

THIS BOOK HELPS FAMILIES:



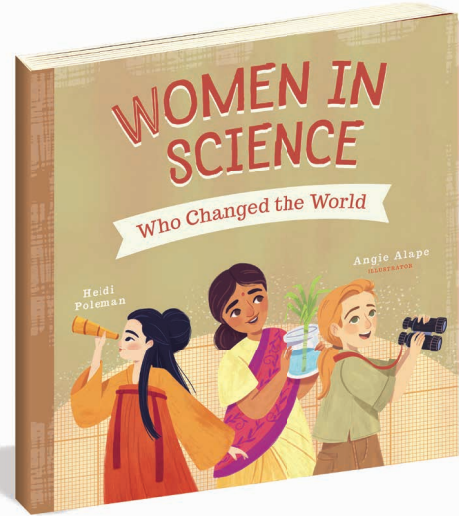
Learn Together



Read Together

HEIDI POLEMAN
ILLUSTRATIONS BY ANGIE ALAPE

From the innovations of Janaki Ammal to the careful observations of Jane Goodall, *Women in Science Who Changed the World* is a young child's first introduction to the diverse, extraordinary women who used their brilliant minds to change the world of science forever. Simple text and adorable illustrations tell the contributions of eight scientists: Maria Sibylla Merian, Wang Zhenyi, Mary Anning, Marie Curie, Janaki Ammal, Katherine Johnson, Jane C. Wright, and Jane Goodall. A quote from each scientist is included on each spread along with colorful, delightful artwork. **Ages 2-4**



ISBN-13: 978-1-64170-645-2
Product number: 550645
Price: \$9.99 (USD)
Board book, 7 x 7, 16 pages
Ships: August 2023



Heidi Poleman received her degrees in communication from Brigham Young University (BA) and Wake Forest University (MA). Heidi and her husband, Scott, live in Utah with their four bright-eyed children. Learn more at www.heidipoelman.com.



Angie Alape is a Colombian illustrator who grew up drawing on cardboard boxes to build worlds to play in with her siblings. In her spare time, you can find her playing with her adopted dogs and looking for places to enjoy a good meal at the weekend.

- **Features Maria Sibylla Merian, Wang Zhenyi, Mary Anning, Marie Curie, Janaki Ammal, Katherine Johnson, Jane C. Wright, and Jane Goodall.**
- **Includes short biographies of eight notable women who made advances in their respective scientific fields.**



OTHER BOOKS IN THE COURAGEOUS PEOPLE SERIES



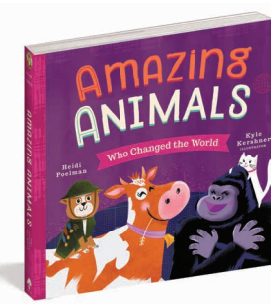
Courageous First Ladies Who Changed the World

\$9.99 ISBN-13: 9781641702492



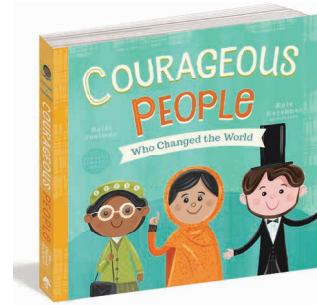
Inventors Who Changed the World

\$9.99 ISBN-13: 9781641700351



Amazing Animals Who Changed the World

\$9.99 ISBN-13: 9781945547751



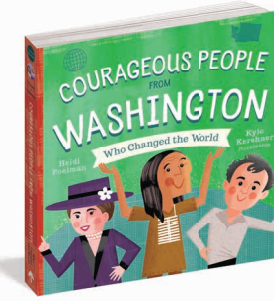
Courageous People Who Changed the World

\$9.99 ISBN-13: 9781945547751



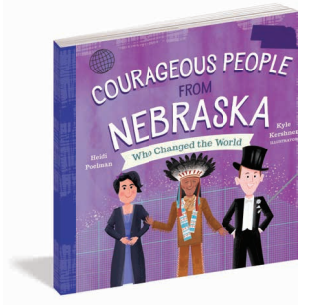
Courageous People from Texas Who Changed the World

\$12.99 ISBN-13: 9781641701501



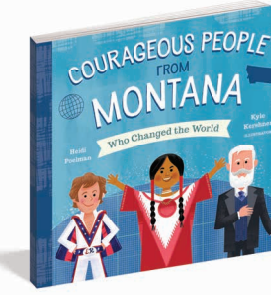
Courageous People from Washington Who Changed the World

\$12.99 ISBN-13: 9781641701495



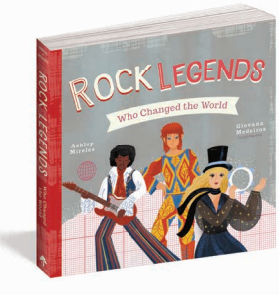
Courageous People From Nebraska Who Changed the World

\$12.99 ISBN-13: 9781641701914



Courageous People From Montana Who Changed the World

\$12.99 ISBN-13: 9781641702379



Rock Legends Who Changed the World

\$12.99 ISBN-13: 9781641705530

The Phone Book

Stay Safe, Be Smart, and Make the World Better with the Powerful Device in Your Hand

JESSICA SPEER
ILLUSTRATIONS BY LESLEY IMGART

THIS BOOK HELPS FAMILIES:



Learn Together



Read Together



Laugh Together

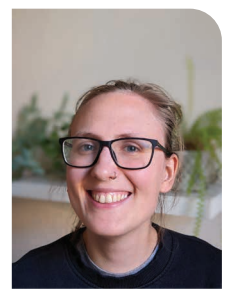
So... you got a phone! You can text your friends, play games, and take cool pictures! You have the whole world in your pocket—power to be used as a force for good or, um, not so good.

Fraught with cyberbullying, disinformation, fake stuff, tech addiction, and so much more, the digital world can be downright sad, awkward, and nasty. But have no fear, kids—*The Phone Book* is here! Packed with research-based explanations, techy tidbits, and real stories from hundreds of teens and preteens, this phone book (the fun kind) will be your guide on the path of light, teaching you healthy phone habits and ways to stay safe online. And while you're on your journey, super illustrations, activities, and secret codes will reveal the power of your phone and the superpowers you have to wield it. Go forth, be informed, and slay the dark side of technology! **Ages 8–13**



Jessica Speer is the author of the highly acclaimed middle-grade books, *BFF or NRF (Not Really Friends)?* *A Girls Guide to Happy Friendships* and *Dissecting Middle School*. Her research and writing help readers navigate the tricky and awkward

stuff that life tosses our way. Combining humor, the voices of kids, and research-based explanations, Jessica unpacks difficult topics in ways that connect with tweens and teens. In addition to writing, speaking, and leading programs, she's the mother of two daughters. She has a Master's Degree in Social Sciences.



Lesley Imgart is a German illustrator living in Edinburgh, Scotland. She came to study for her BA in the UK and returned for an MA (and the salt and vinegar crisps). Since then, she has worked as an Illustrator and comic artist, telling other people's stories as well as her own.



ISBN-13:978-1-64170-990-3
Product number: 550990
Price: \$14.99 (USD)
Stationary, 5 × 8, 160 pages

Ships: July 2023
ISBN 978-1-64170-990-3

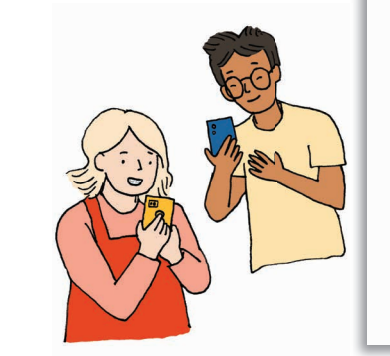
- **Currently, there are limited resources for parents as they try to help their kids develop healthy screen habits. Research reveals that the age kids get their first phone is trending younger each year. In 2019, more than half of 11-year-olds in the US had a smartphone. Kids are also spending more time on screens, increasing negative cognitive, psychological, and physical impacts on well-being.**
- **Quizzes, weird facts, and fun activities explore topics such as FOMO, disinformation, privacy, cyber bullying, and more. Humor and real stories ensure the content is entertaining and relatable instead of preachy.**
- **The book includes stories and quotes from tweens and teens. Their authentic voices and wisdom are shared throughout the book, making the subject matter real and relatable.**

The Phone Book really should be required reading for any child about to get a connected device. I have a feeling they will even thank you for it. —Diana Graber, Author of *Raising Humans in a Digital World* and Founder of *Cyber Civics and Cyberwise*

(Each slice = one hour of a 24-hour day)

Compare your two circles. How does your usual day compare to your ideal day? Would you change anything to make your usual day more like an ideal day? Please write your response below.

Techy Tidbit:
Algorithms are ways that search engines, social media, and apps use your old screen behaviors to send you new content, videos, and ads. What you watch, what you like, and what you do on your phone triggers similar content keep you on your phone. For example, watching a funny cat video leads to more cat videos. Yay!



about the sport he loves and works to connect with others around baseball. When he started his blog at age 11, he never imagined it would have such an impact on his life.

Not only did Devan's blog help him create a positive digital footprint, but it also helped him gain skills and experience for a career in sports journalism. Now that's a home run! (Corny pun, but I couldn't resist.) How can you, like Devan, use your hobbies and interests to form your digital footprint?

Weird Fact:
In Finland, throwing mobile phones is a sport. Not kidding! The distance record, to date, is 110 meters. Hopefully they have rock-solid phone cases!

CRACK THE SECRET CODE—DIGITAL REPUTATION
Unscramble the letters in each word to unlock the code. One word has been unscrambled for you to get you started. Yes, it is the shortest word—we didn't want to make this too easy for you! If you get stuck, see the answer key in Chapter 10.

1. IGHNTNON _____
2. OUY _____
3. EASHR _____
4. OENNLJ _____
5. SI _____
6. AVIPRET. _____

SUMMARY—DIGITAL REPUTATION
Your digital reputation matters. What you post, share, and like shapes how people see you and get to know you. Essentially, what you share online shapes the story of you. Here's a checklist to help you put your best digital footprint forward. (Yeah, another corny pun.)

Because the results are based on what each person has searched in the past. Hmm... kinda strange that the answers are not the same.

STRAIGHT TALK FROM TEENS: WHAT DO YOU DO TO KEEP SCREEN TIME FROM TAKING OVER YOUR LIFE?

With persuasive design, cool games, and apps, it's easy to get lost in screen time. No wonder different text color-phubbing/different text color is at an all-time high! Here's how some teens keep their screen time in check so they can spend time doing other things they want or need to

"I really want to be a good athlete, which means I need to practice, take care of myself, and sleep. I prioritize that over screen time. Once I finish my training and homework, I relax on my phone."

Your idea: _____

Definition:
Phubbing (noun): the practice of ignoring the people you are with to pay attention to your phone.

Weird Fact:
In Taiwan, parents can be fined \$1,600 if their kids spend too much time on screens. Taiwanese lawmakers approved the Child and Youth Welfare and Protection Act, a law modeled after similar laws in China and South Korea that aim to limit screen time to a healthy level.

As you read this chapter, you may wonder why tech companies are allowed to design social media, games, and other apps in ways that keep people glued to screens. Why aren't there more laws to protect kids from greedy and snoopily tech companies? Who is policing the companies' behavior? Efforts are underway to safeguard kids, but lawmaking is a loooooong, slowwwww process.

SCREEN STORY: IS THE TIDE TURNING? HOW LAW-MAKERS ARE CATCHING UP WITH TECHNOLOGY

In 1998, the US Congress passed the Children's Online Privacy and Protection Act. This law provides some privacy protections for kids under 13, but the law has fallen waaaaayyyy behind the times. Apple's smartphone wasn't even invented until 2007!

However, several US states are starting to update their laws. In 2020, California enacted the Consumer Privacy Rights Act. This law aims to protect privacy, allowing teens more data and privacy options. The law also requires that parents approve any data that tech companies collect on kids younger than 13. In 2022, the European Commission passed a law called the Digital Services Act that requires tech companies to share information about how their algorithms work. This law also requires companies to monitor their platforms for illegal and harmful content.

So stay tuned. Maybe by the time this book hits shelves, more of these laws will be in place!

Marvin's Monster Diary 5

ADHD Self-Esteem Blues

RAUN MELMED WITH CAROLINE BLISS LARSEN
ILLUSTRATIONS BY ARIEF KRIEMBONGA

THIS BOOK HELPS FAMILIES:



Learn Together



Read Together

It looks like it's going to be a great year for Marvin! He's captain of the garbageball team at school, the Monstrocitiy Minotaurs, and he's happy to be back with all of his friends for another season. But when the first few practices are roaring failures, Marvin starts to wonder if he's really cut out for the job. After a pick-me-up from Grammasaurus and a major boost of self-confidence, he bites off more than he can chew by signing up for jazz band, Garden Uglification club, and the school play. Join Marvin as he learns that self-esteem needs to come from within, and sometimes we need to know our limits as well as our talents. **Ages 4-6**

ISBN-13:978-1-64170-739-8
Product number: 550739
Price: \$12.99 (USD)
Stationary, 5 x 8, 112 pages

Ships: August 2023
ISBN 978-1-64170-739-8

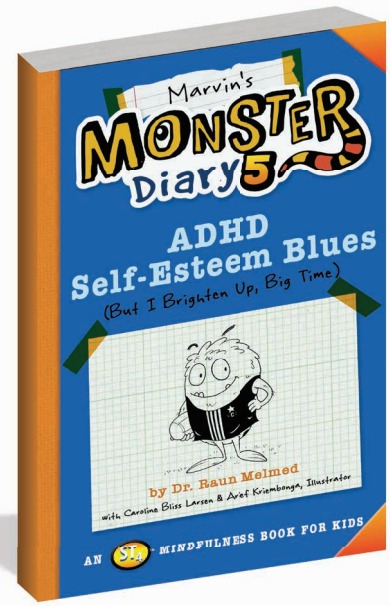


Raun Melmed
MD, FAAP, a developmental and behavioral pediatrician, is the director of the Melmed Center in Scottsdale, Arizona, and co-founder and medical director of the Southwest Autism Research and Resource Center.

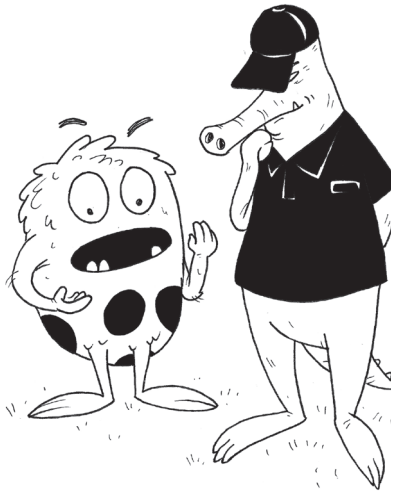


Caroline Bliss Larsen is a children's book author and full-time editor. To clear her head of words from time to time, she likes to Irish dance, play games, and snuggle her nieces, nephew, husband, and delightfully clingy cat.

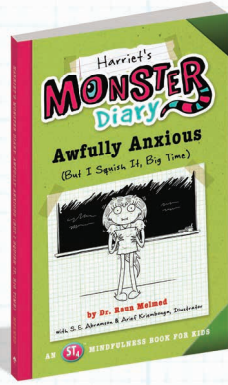
Arief Kriembonga is a children's and comic book illustrator, a UI/UX and graphic designer, and a single-origin coffee connoisseur who lives with his wife and one beloved daughter in Jakarta, Indonesia.



- The newest addition to the best-selling ADHD series for children.
- Features Dr. Raun Melmed's subcript the 4 method of mindfulness and self-regulation to help children with ADHD identify their emotions and make appropriate decisions in relation to their surroundings.
- The Monster Diary series helps children with ADHD and other neurodivergent children understand their symptoms

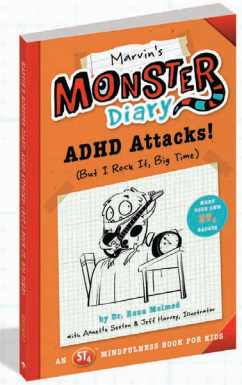


OTHER BOOKS AVAILABLE SERIES

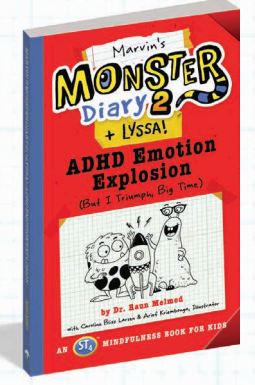


Harriet's Monster Diary
\$12.99 ISBN-13 9781641701273

ISBN 978-1-64170-127-3

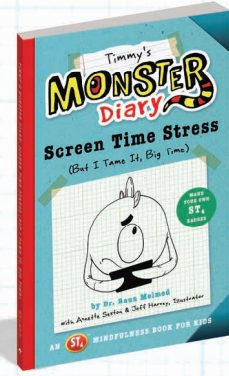


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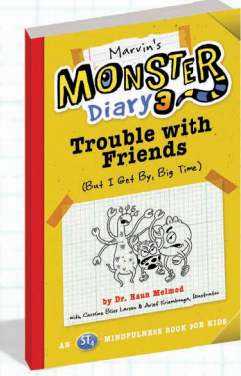


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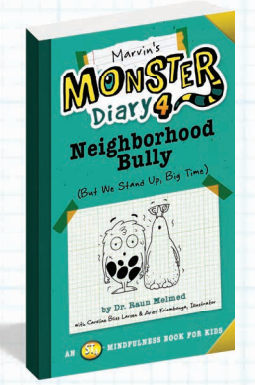


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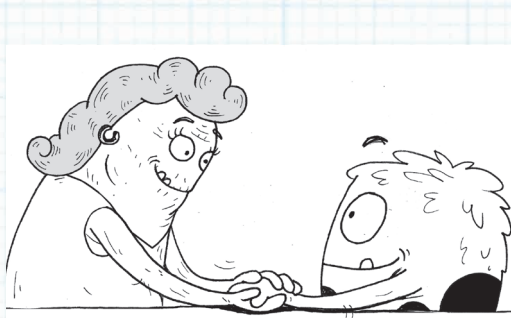
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G Is for Georgia

CHRISTOPHER ROBBINS
ILLUSTRATIONS BY VOLHA KALIAHA

A is for Atlanta
B is for Blue Ridge Mountains
C is for Jimmy Carter

THESE BOOKS HELPS FAMILIES:

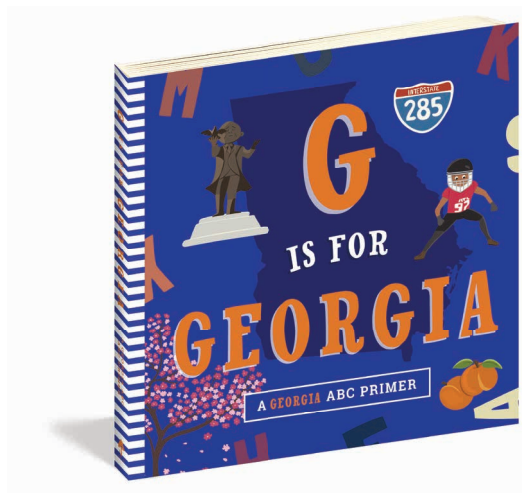


Learn Together



Read Together

With F for the Atlanta Falcons, J for Jekyll Island, and P for Georgia peach, going from A to Z has never been more fun! Take an alphabetized field trip around the Peach State and discover the plants, animals, foods, and places that make it, well, Georgia! **Ages 0-4**



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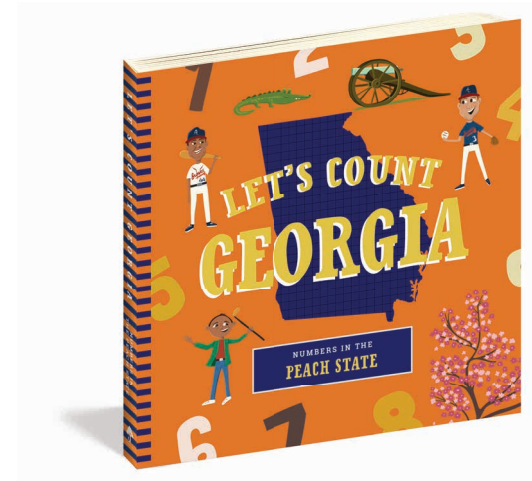


Let's Count Georgia

CHRISTOPHER ROBBINS
ILLUSTRATIONS BY VOLHA KALIAHA

1 green jacket at the Masters won
2 favorite players hit a home run
3 pretty dogwoods in springtime bloom
4 Civil War cannons sound a boom

Numbers are more fun in Georgia! In this dynamic, colorful primer, young readers count from 1 to 10 as they discover the places, animals, and other wonderful things that make Georgia so unique. **Ages 0-4**



ISBN-13: 978-1-64170-746-6
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Board book, 8 x 8, 20 pages
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Christopher Robbins

is the founder and president of Familius and the cofounder of Hummingbird Digital Media. He is married to his Familius partner and acquisitions editor, Michele Robbins, and they reside in Sanger, California, with their nine children.

- Features popular Georgia landmarks, animals, and cultural curiosities from A to Z with child-friendly illustrations.
- Regional interest to the state of Georgia.
- Companion book *Let's Count Georgia* releasing simultaneously.



Volha Kalialaha

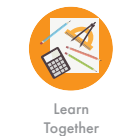
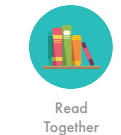
a London-based illustrator, has been illustrating on a professional level for seven years. Her illustrations are inspired by laughter and cuteness—the quirkier, the better.



- Features popular Georgia landmarks, animals, and cultural curiosities with a counting element from 1 to 10.
- Regional interest to the state of Georgia.
- Companion book *G Is for Georgia* releasing simultaneously.

GIFT

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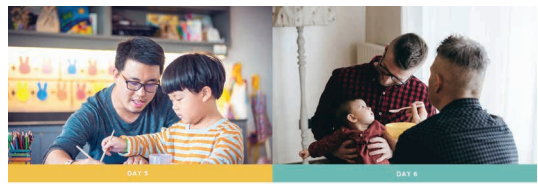


Daily Fatherhood

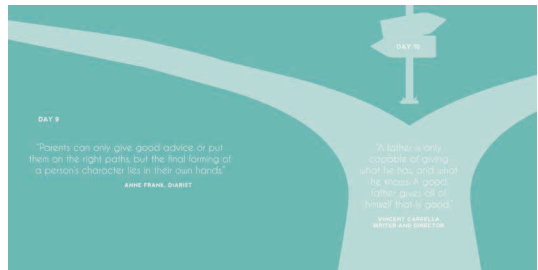
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FAMILIUS

Being a father brings incredible joy and laughter, but also worry and frustration. Every dad could use a pick-me-up reminder that he's not alone. In fact, most dads feel the same way! With 365 quotes from dads (who also happen to be thought leaders, comedians, and politicians) and hilarious images of fatherhood in progress, *Daily Fatherhood* is the perfect gift for Dad.



"One father is more than a hundred schoolmasters." - GEORGE HERBERT, POET AND THEOLOGIAN



"The nature of impending fatherhood is that you are doing something that you're unqualified to do, and then you become qualified while doing it." - JOHN GREEN, AUTHOR



"Father, Dad, Papa, no matter what you call them they influence our lives and they are the person we look up to!" - ANGELA SCHWIND, COACH

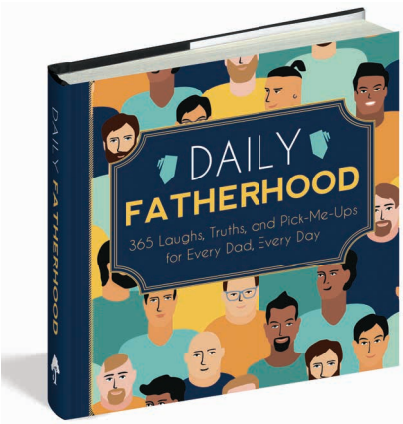
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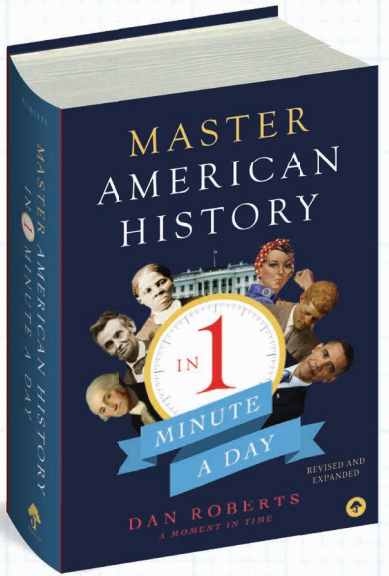
- 365 days' worth of quotes from celebrities, leaders, and famous folks on fatherhood.
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Master American History

DAN ROBERTS

Join acclaimed historian Dan Roberts—known to millions as the voice of the *A Moment in Time* radio series—on a bite-sized romp through 500 years of American history. With just one minute a day, you can master all the essential facts of America's founding, Civil War, world conflicts, homefront transformations, and more!

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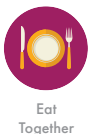


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- REVISED AND EXPANDED to include the events of the last 5 years.



115 Hacks and Hacktivities for Parents of Mini Humans

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Learn Together

KATE BAST

When you have a mini human running around, things can get pretty messy. Public diaper blowouts, shopping tantrums, teething pain, art projects that end up on the wall—and that's only the tip of the iceberg. But don't worry! *115 Hacks and Hacktivities for Parents of Mini Humans* has all the tips and tricks for big humans on the verge of their own tantrums. With hacks for everything from mini human care to travel and toys, this book will give you the extra hand you need to do it all. Divided into helpful categories, each innovative hack comes with easy-to-follow instructions, materials made up of simple items you can find in your own home or local stores, and clean, modern illustrations that make parenting feel a little less hectic (even on the days that you are running on fumes). And watch out for the hacktivities! You can use these hacks that are disguised as activities to keep your mini human busy, making parenting fun for everyone. In a durable and easy-to-carry package, this must-have book can go with you anywhere. Parenting is officially hacked!

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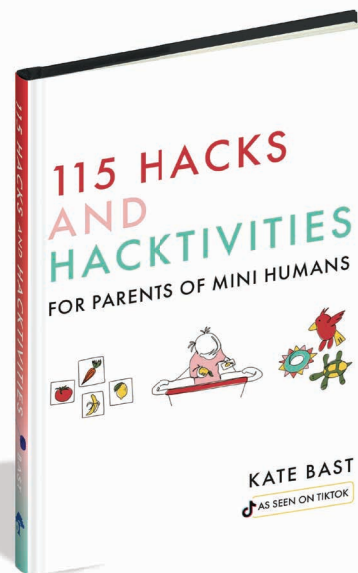
ISBN 978-1-64170-791-6



Kate Bast

Born and raised in England, Kate Bast is a TikTok content creator who now lives in Southern California with her husband Ryan, and toddler, Lily. Kate brings to life some of the best parent hacks and mini human

hack-tivities as she navigates the wild ride of parenting.



• Author Katherine Bast is the creator behind the viral TikTok account @thebastfamily with over 401k followers and more than 9 million likes. Her loyal following loves her daily hacks and tips for parents and are very excited to have them in book form.

• Kate's hacks have been featured on BuzzFeed, Motherly, Good Morning America, The Every Mom, Yahoo, and PopSugar.

• Each parenting hack includes easy-to-follow step-by-step instructions, illustrations, and tips for parents. All items featured in the hacks are easy to find at a local grocery store and many feature items you may already have in your house.

• Many hacks encourage reusing items you would otherwise throw away, adding an eco-friendly element to this amazing book.



Oh \$#!% What's for Dinner?

No-Fuss Weeknight Recipes You'll Swear By

MARIA SANSONE

If you ever looked at the clock and thought, *Oh \$#!%, what's for dinner?* This is your book!

Emmy award-winning TV host, social media personality, lifestyle expert, and mom of two, Maria Sansone, knows that when it comes to weeknight dinners . . . the struggle is real.

In *Oh \$#!% What's for Dinner?* Maria shares 65 of her go-to, no-fuss weeknight recipes for real life. No appetizers and no desserts because mama don't have time for that on a weeknight. Quick and easy entrees paired with some tried-and-true sides designed to help you through meal time, in no time.

ISBN-13: 978-1-64170-738-1

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ISBN 978-1-64170-738-1



Maria Sansone

is an Emmy award-winning television host with an illustrious career in broadcasting. She's a media personality, lifestyle expert, tastemaker, and mom of two.



• Features 65 quick and easy dishes for home cooks that find themselves constantly wondering "what am I going to cook for dinner?"

• Maria Sansone found success during the pandemic with her "Real Cooking Live" digital series with over 20k engaged viewers each week from all across the country.

• Author appears regionally on NBC 10 Boston's *The Hub Today* and is the host of *Mom2Mom* Podcast and AppleTV show.



¡Buenos Días!

The Mexican Breakfast Book

ERICKA SANCHEZ AND NICOLE PRESLEY

Make your morning a fiesta with a collection of traditional Mexican breakfasts and Mexicanized American breakfast and brunch favorites. From egg dishes and chilaquiles to pan, hot cereals, pancakes, and waffles, *¡Buenos Días!* is the best way to start your day! From Latina culinary queens Ericka Sanchez (*Nibbles and Feasts*) and Nicole Presley (*Presley's Pantry*), this *delicioso* collection also includes drinks you'll look forward to waking up for, including coffee, fruit juices, and tea.

ISBN-13:978-1-64170-972-9

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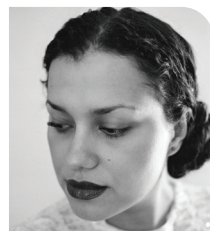
Stationary, 8 × 10, 224 pages

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Ericka Sanchez is a recipe developer, food stylist, and the creator of the award-winning culinary website nibblesandfeasts.com. Ericka's cooking style is inspired by her life as a bicultural Latina living in California and her cherished memories in the kitchen with her grandmother and mother in Mexico, where she lived until she was eight years old.



Nicole Presley is a culinary enthusiast and recipe developer passionate about culture and food. Her childhood and life experiences drove her to create *Presley's Pantry*, a platform from her East LA kitchen that celebrates family, food, and original recipes.

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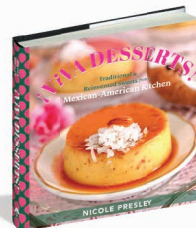


¡Viva Desserts!

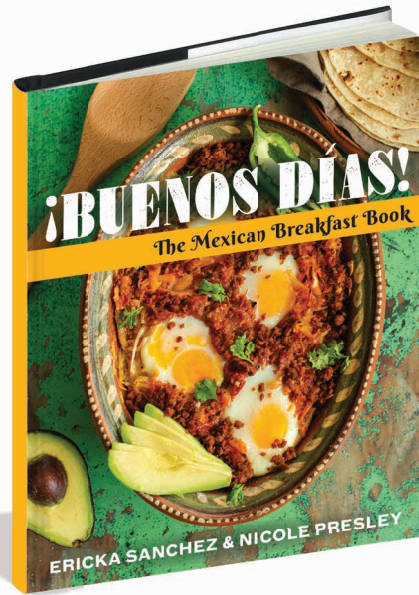
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- Popular recipe creators Ericka Sanchez (@nibblesfeasts) and Nicole Presley (@presleyspantry) team up to create the ultimate Mexican breakfast book.
- From simple drinks to elaborate feasts, this book has something for everyone and every palate.
- The authors have been featured in *Latina Magazine*, *Rezmecal*, *HipLatina*, *PeroLike*, *Today.com*, *Parents.com*, *HuffPost*, and so much more!
- Each recipe includes information about its influence from family specialties to inspired recreations and Mexican-American takes on standard American meals.



GIFT

THIS BOOK HELPS FAMILIES:



Learn Together



Eat Together

HUEVOS DIVORCIADOS

Divorced Eggs

Serves 2
Preparation time: 5 minutes
Cooking time: 20 minutes

If you can't decide between green or red sauce, then these huevos divorciados, divorced eggs, are just for you. Roasted and spicy on one side, tangy and zesty on the other. No need to choose because you get both. Serve them with creamy refried beans and enjoy! —Ericka

- | | |
|--|---|
| 1/4 cup cooking oil | 2/3 cup green salsa [see page 8], warmed, divided |
| 4 corn tortillas | 2/3 cup spicy roasted salsa [see page 8], warmed, divided |
| 4 large eggs | Sliced red onion for serving |
| Arbol chile refried pinto beans [see page 8], warmed | Chopped fresh cilantro for serving |
| Crumbled cotija cheese for serving | |

- Heat oil in a large skillet over medium heat. Lightly fry tortillas about 1 minute on each side. Transfer to a paper towel-lined plate to absorb excess oil.
- Crack 1 or 2 eggs at a time into oil and fry, scooping hot oil over yolk.
- Place two tortillas on a serving plate and top with a fried egg on each.
- Spoon arbol chile refried pinto beans down the middle between the two yolks and sprinkle with cotija cheese.
- Repeat with remaining eggs and tortillas.
- Spoon 1/3 cup green salsa around yolk of one fried egg and 1/3 cup spicy roasted salsa around the other yolk on each plate.
- Top with red onion slices and cilantro. Serve.



CHILAQUILES ROJOS

Red Chile Chilaquiles

Serves 4
Preparation time: 10 minutes
Cooking time: 45 minutes

Chilaquiles rojos are a combination of crispy tortilla chips, tasty salsa roja, and salty cotija cheese. They are best when the crunchy concoction is served with a fried egg on top. They can be enjoyed anytime of the day but are mostly served at breakfast time. —Nicole

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|-------------------------------|--|
| 1 white onion, cut in half | 3/4 cup vegetable oil |
| 2 1/2 ounces New Mexico chile | 20 corn tortillas, wash and cut into eighths |
| 6 cloves of garlic | 1/2 cup crumbled cotija cheese |
| 2 1/2 ounces California chile | 1/4 small red onion, sliced |
| 2 pasilla ancho chiles | 4 fried eggs |
| 1 tablespoon salt | 1 radish, sliced |
| 5 cups water | 4 cups cilantro |

- Boil onion, New Mexico chile, garlic, California chile, pasilla ancho chiles, and salt in water until chiles soften, about 35 minutes.
- Remove chiles from water and discard stems and seeds.
- Place all chile skins, onion, garlic, and 3 cups of boiled chile water to blender. Blend until smooth.
- Pour chile sauce mixture through a sieve and into a bowl. Press chile flesh against sieve with the back of a spoon to squeeze out all the liquid. Discard any seeds and skin collected in sieve. Place this chile rojo sauce to the side until ready to use.
- Add vegetable oil to a large frying pan over medium heat and allow to get hot.
- Working in batches, add tortilla triangles to frying pan. Fry on either side until hard, crisp, and golden, about 2 1/2 minutes on each side.
- Remove from pan and place in a paper towel-lined bowl to drain.
- Repeat with remaining tortilla triangles until all are fried. Set aside.
- Discard most of remaining oil from pan, leaving a tablespoon of vegetable oil in pan.
- Place pan back on medium heat and pour 1/2 cups chile rojo in pan to heat.
- Pour tortilla chips over chile rojo and then mix to combine. Allow to cook for 3 minutes.
- Sprinkle the top with cotija cheese and red onion slices.
- Place and garnish with fried eggs, radishes, and cilantro.



CAFÉ HELADO DE HORCHATA

Creamy Horchata Ice Coffee Drink

Makes 4 cups
Preparation time: 30 minutes
Cooking time: 30 minutes

This horchata pick-me-up is perfect for the summer months when the heat greets you first thing in the morning. Swap out creamer for sweetened horchata instead. It adds the perfect amount of creaminess to the coffee and leaves you with an extra bounce in your step. —Nicole

- | | |
|--|-------------------------------------|
| 2 1/2 cups water | 4 cups ice |
| 5 tablespoons coffee grounds, medium roast | 2 cups creamy horchata [see page 8] |
| 1/4 cup piloncillo or brown sugar, packed (optional) | |

- Bring water to a boil in a small pot over medium-high heat.
- Add coffee grounds and piloncillo or brown sugar to water and mix to combine. Continue boiling for 5 minutes or until piloncillo is dissolved.
- Remove from heat and allow to steep for 10 minutes.
- Strain coffee through cheesecloth-lined sieve to collect all coffee grounds. Allow coffee mixture to come to room temperature, around 30 minutes.
- Fill four cups with ice. Pour 1/2 cup coffee over ice into each cup. Then slowly pour in 1/2 cup horchata over coffee and ice.

Tip: If you don't enjoy sweet coffee, omit the sugar. If you desire more sugar, add another 1/4 cup.



Autonomy-Supportive Parenting

Reduce Parental Burnout and Raise Competent, Confident Children

EMILY EDLYNN

As parents, we want our children to take responsibility for their schoolwork, their chores, and their choices. We want them to grow into independent adults, but when we see them struggling, we sometimes have a tendency to step in and problem-solve, telling them exactly what to do or even doing things for them ourselves. The problem is the more controlling we are with our children, the more out of control they feel. When our children feel out of control, problems big and small follow—from more tantrums in thwarted toddlers to a higher risk of drug and alcohol use in adolescence. So how do we support our children's autonomy while maintaining boundaries and not losing our minds in the process? From clinical psychologist Emily Edlynn, PhD, comes a flexible parenting framework that can apply to every family and every parental relationship. With *Autonomy-Supportive Parenting*, you can build trust in your child and trust in yourself.

ISBN-13:978-1-64170-976-7

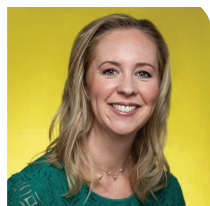
Product number: 550976

Price: \$18.99 (USD)

Stationary, 6 × 9, 256 pages

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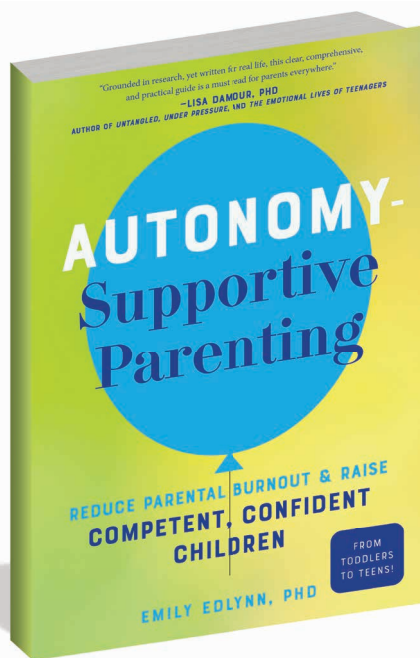
ISBN 978-1-64170-976-7



Emily Edlynn, PhD lives outside of Chicago with her three children, husband, and Aruban rescue dog, and by day works as a clinical psychologist with children, adolescents, and families. She pens a regular advice column for Parents.com, and writes about parenting across national outlets and for her blog, *The Art and Science of Mom*.

Autonomy-Supportive Parenting is the exact playbook parents need to raise independent, capable, and connected kids. Dr. Emily Edlynn describes the ideal alternative to "helicopter" or "hands-off" parenting by offering concrete examples and spot-on scripts at every step of the way. Grounded in research, yet written for real life, this clear, comprehensive, and practical guide is a must read for parents everywhere.

—Lisa Damour, PhD, author of *Untangled*, *Under Pressure*, and *The Emotional Lives of Teenagers*



- **Unlike the formula of many parenting books to follow a prescriptive formula for how to parent, this book acknowledges and celebrates the diversity of family cultures and values, as well as external influences that affect our parenting, for parenting guidance that can be individualized.**
- **Written for the busy parent, the structure of this book is easy to use as a reference guide for the topic and age group you need help with right now.**
- **Although the author writes from a place of psychological expertise, she weaves in her real-life experiences as a mother of three to share science, theory, and practical tips with humility in a real-world context.**

One and Done

The Guide to Raising a Happy & Thriving Only Child

REBECCA GREENE

As a licensed social worker, the mother of an only child, and an only child herself, Rebecca Greene is an expert in the stigmas and stereotypes that surround an only child, and she knows that caring for an only child is a complex endeavor, no matter how you came to be one and done. This comprehensive guidebook will explore the reasons why a family might have an only child, debunk the stigmas of only children, and provide tips and techniques for creating a happy environment and community for your only child. *One and Done* covers what to do when your only child is lonely, how to develop new traditions, how to plan meaningful trips, how to choose the ideal neighborhood, and more!

ISBN-13:978-1-64170-744-2

Product number: 550744

Price: \$18.99 (USD)

Paperback,

6 × 9, 320 pages

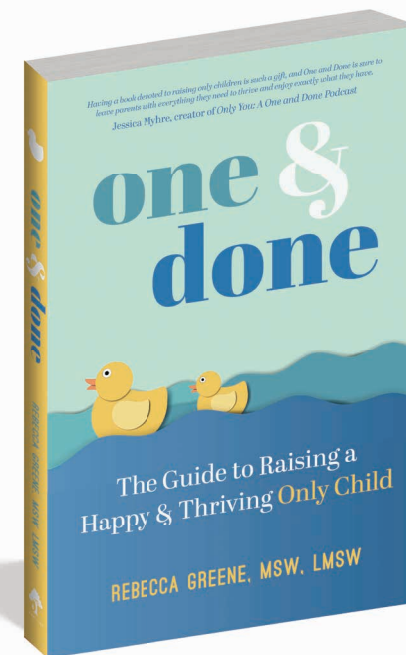
 Ships: December 2022

ISBN 978-1-64170-744-2



Rebecca Greene grew up in Columbus, Ohio, and now lives in the Washington, DC, metropolitan area. She lives with her husband, young son, and two Cornish Rex cats. When she's

not writing or leading social skills groups, you can find Rebecca looking for shells at the beach, cheering on her son at his soccer and ice hockey games, volunteering in the community, and leading local book clubs. You can learn more about Rebecca's books through her website at www.rebeccagreeneauthor.com.



- **One-child families are the fastest growing family unit across the globe, with all reporting countries trending at 20% or more families reporting as a one-and-done household. Notably, nearly half of all European families were one-child families as of 2020.**
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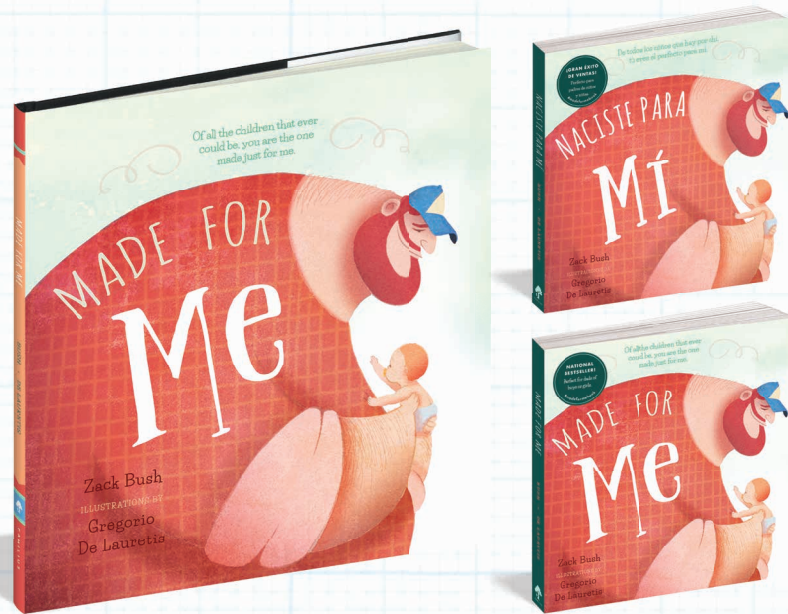


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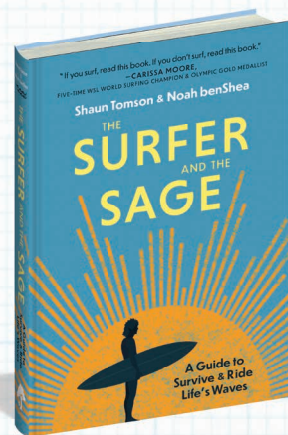
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\$17.99 ISBN-13: 9781641701075

ISBN 978-1-64170-107-5

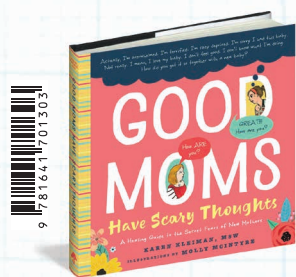




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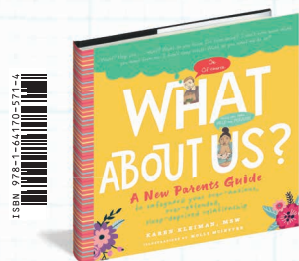




Good Moms Have Scary Thoughts

Karen Kleiman, illustrated by Molly McIntyre
Over 90 percent of new mothers will have scary thoughts about their baby and themselves. For too many mothers, those feelings can grow into anxiety, depression, and even self-harm. But here's good news: you CAN feel better. Author Karen Kleiman comes to the aid of new mothers everywhere with a new source of hope and compassion.

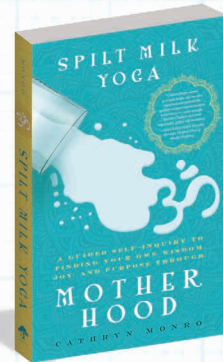
\$16.99 ISBN-13: 9781641701303
Hardcover; 128 pages; 7 x 7



What About Us? A New Parents Guide to Safeguarding Your Over-Anxious, Over-Extended, Sleep-Deprived Relationship

Karen Kleiman, illustrated by Molly McIntyre
From the team behind the bestselling *Good Moms Have Scary Thoughts* comes a new guidebook of short essays, comics, and quick journal prompts about the stressful newborn stage, the struggles that so many new parents face, and the skills you need to tap into your strength as a couple.

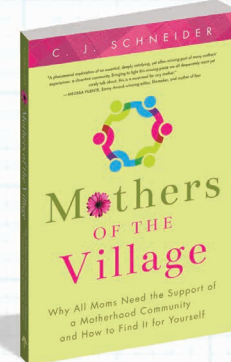
\$16.99 ISBN-13: 9781641705714
Hardcover; 128 pages; 7 x 7



Spilt Milk Yoga

Cathryn Monro
Author Cathryn Monro combines personal experience, honesty, and humor to acknowledge the moments when motherhood stretches us to the edges of our tolerance, patience, anger, and exhaustion. Through guided self-inquiry, the challenges become opportunities to grow, not in spite of motherhood, but because of it.

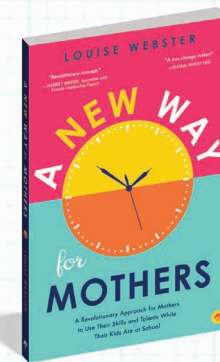
\$14.95 ISBN-13: 9781942934752
Trade Paper; 250 pages; 5 x 7



Mothers of the Village

C. J. Schneider
So many mothers feel like something is out of joint, something is missing—and maybe the truth is that we're all just missing each other. In her unique voice, Schneider intelligently and compassionately offers practical advice on how to create the essential community that mothers need.

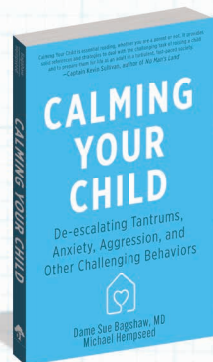
\$16.95 ISBN-13: 9781942934370
Trade Paper; 218 pages; 6 x 9



A New Way for Mothers

Louise Webster
Inspiration, encouragement, and a step-by-step approach for every mother wishing to engage their talents during the hours their children are at school. This book has strategies and tips for all aspects of life—from finding the right type of work to supporting your health—to help moms find purpose and balance through the preschool years and beyond.

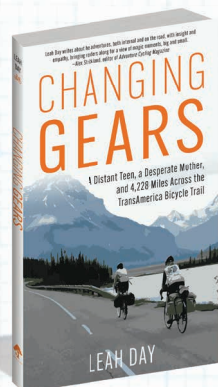
\$16.99 ISBN-13: 9781945547171
Trade Paper; 192 pages; 6 x 9



Calming Your Child

Dame Sue Bagshaw and Michael Hempstead
Calming Your Child looks at the root causes, including anxiety, depression, sensory issues, and other psychological factors, explaining the research and helpful techniques in a simple, accessible way.

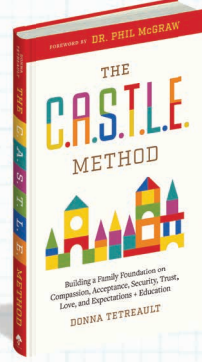
\$18.99 ISBN-13: 9781641706667
Trade Paper; 296 pages; 6 x 9



Changing Gears

Leah Day
Leah Day felt herself drifting from her son, Jack, she decided to make a drastic play to reconnect. In this memoir chronicling the journey of a lifetime, Leah and Jack find that if they can push themselves to accomplish physically exhausting and emotionally taxing milestones on a bike, they are capable of anything!

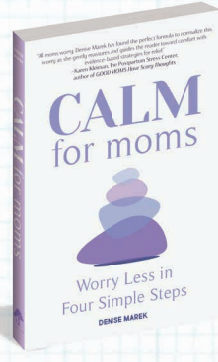
\$18.99 ISBN-13: 9781641706544
Trade Paper; 232 pages; 6 x 9



The C.A.S.T.L.E. Method

Donna Tetreault
In *The CASTLE Method*, Dr. Phil's resident parenting expert Donna Tetreault outlines the CASTLE method, the tools you'll need to build a strong foundation for your family: compassion, acceptance, security, trust, love, expectations plus education.

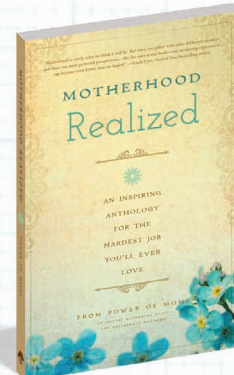
\$24.99 ISBN-13: 9781641706643
Jacketed hardcover, Spot uv/ rased varnish; 231 pages; 6 x 9



Calm for Moms

Denise Marek
With the science behind the CALM process, now tailored specifically for mothers, and with relatable stories, puzzles, fun exercises, jokes, and easy-to-implement strategies packed in a single stress-busting book, *CALM for Moms* gives the gift of worry-free parenting.

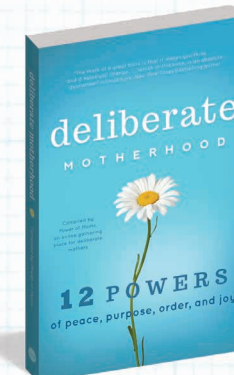
\$18.99 ISBN-13: 9781641707329
Trade Paper; 256 pages; 6 x 9



Motherhood Realized

Power of Moms
Filled with essays from real moms just like you, *Motherhood Realized* is the bestselling companion to moms everywhere who wonder if they'll ever get through the journey. Motherhood is the hardest job we'll ever love, and it's so much better when we're doing it together.

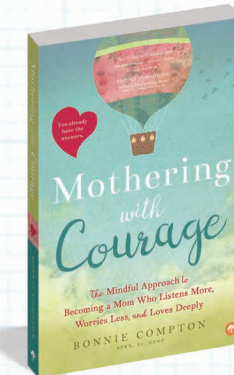
\$15.95 ISBN-13: 9781939629074
Trade Paper; 206 pages; 6 x 9



Deliberate Motherhood

Power of Moms
Deliberate Motherhood presents inspiring ideas, poignant stories, and practical applications to help mothers find great success and personal growth in the beautiful and challenging work of raising the next generation.

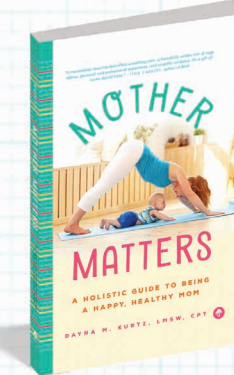
\$17.95 ISBN-13: 9781938301902
Trade Paper; 276 pages; 6 x 9



Mothering with Courage

Bonnie Compton
A detailed guidebook for your journey as a mother, complete with the latest understanding and tips for healthy parenting and motherhood. Practical, educational, and inspirational, the book provides self-reflective questions and guided journaling exercises for mothers, specifically related to aspects of their lives and mothering.

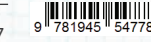
\$16.99 ISBN-13: 9781944822637
Trade Paper; 270 pages; 6 x 9

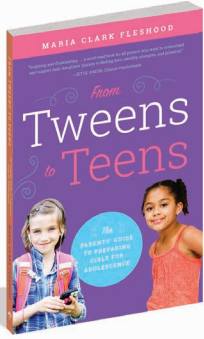


Mother Matters

Dayna Kurtz
From postpartum depression and baby blues to healing meals and post-natal exercise, Dayna Kurtz guides new and veteran mothers alike through the best practices to care for themselves as they care for their children.

\$16.99 ISBN-13: 9781945547782
Trade Paper; 270 pages; 6 x 9

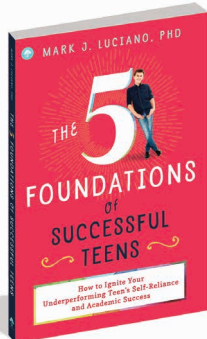




From Tweens to Teens

Maria Clark Fleshood
In this groundbreaking guide, psychotherapist and educator Maria Clark Fleshood encourages parents to revive global traditions to mark preadolescence (ages eight to thirteen) with rituals and celebrations that guide young women through these years of self-discovery.

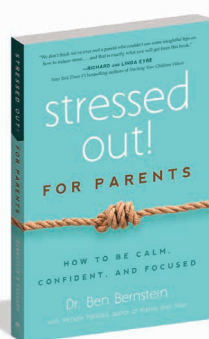
\$14.95 ISBN-13: 9781942934561
Trade Paper; 166 pages; 6 x 9
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The 5 Foundations of Successful Teens

Mark J. Luciano, PhD
Dr. Mark J. Luciano provides insights from his own family therapy practice and the latest research to help your teen discover newfound courage and independence.

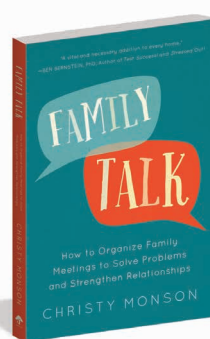
\$16.99 ISBN-13: 9781641700375
Trade Paper; 224 pages; 6 x 9
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Stressed Out! For Parents

Ben Bernstein, PhD
Dr. B., celebrated performance coach for CEOs, athletes, and musicians, takes on parents this time in *Stressed Out! For Parents*. Focusing on his nine steps to help during stressful situations, Dr. B. teaches parents in clear, entertaining writing how to be calm, confident, and focused.

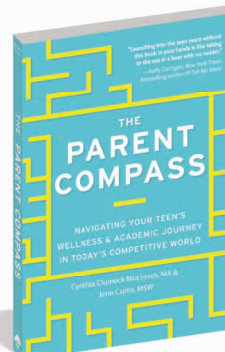
\$16.95 ISBN-13: 9781939629319
Trade Paper; 200 pages; 6 x 9
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Family Talk

Christy Monson
Family councils are a great way to bring children and parents together in a positive environment where they can discuss and solve problems. In this book, Christy Monson outlines the benefits of family councils and the best ways to implement them in your own family.

\$16.95 ISBN-13: 9781938301797
Trade Paper; 210 pages; 6 x 9
9 781938 301797



The Parent Compass

Cynthia Clumeck Muchnick, MA; Jenn Curtis, MSW
The Parent Compass provides guidance on what parents' roles should be in supporting their teens' mental health as they traverse the maze of the adolescent years. In *The Parent Compass*, you will find advice on facilitating grit and resilience in your teen and why they are critical to your teen's happiness.

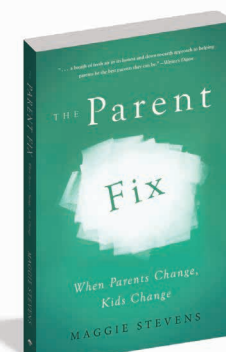
\$16.99 ISBN-13: 9781641702881
Paperback; 224 pages; 6 x 9
ISBN 978-1-64170-288-1
9 781641 702881



The Present Parent Handbook

Timothy Dukes, PhD
Addresses both the dilemmas and delights in each parenting moment, providing practices to manage both. With an A-Z approach, parents will learn how to be more mentally and emotionally available to their children.

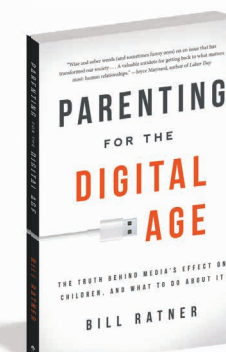
\$14.99 ISBN-13: 9781945547133
Trade Paper; 168 pages; 5 x 7
9 781945 547133



The Parent Fix

Maggie Stevens
There is power in parenting—correct parenting. Rather than focusing on the kids, as so many other self-help books do, *The Parent Fix* stresses that when parents change, kids change.

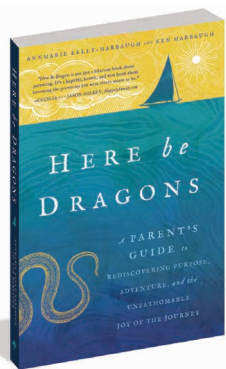
\$15.95 ISBN-13: 9781939629203
Trade Paper; 248 pages; 6 x 9
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Parenting for the Digital Age

Bill Ratner
Bill Ratner explores the change in advertising since 1982 and what children are currently exposed to. As a parent and veteran insider to the world of media, Ratner talks openly about the problems associated with excessive screen time, children's advertising, and what parents can do about it.

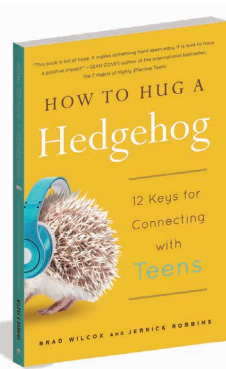
\$16.95 ISBN-13: 9781939629050
Trade Paper; 190 pages; 6 x 9
9 781939 629050



Here Be Dragons

Anmarie Kelly-Harbaugh and Ken Harbaugh
Two parents challenge one another to find balance between work and family life. Their stories are both uproarious and poignant. Filled with tender moments and plenty of laughs, *Here Be Dragons* recounts the adventures of a family trying to stay afloat and offers a life raft to the rest of us in choppy waters.

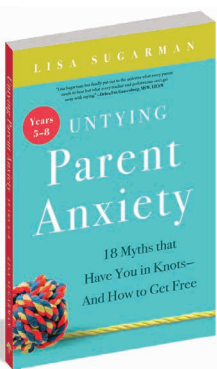
\$16.95 ISBN-13: 9781942934905
Trade Paper; 224 pages; 6 x 9
9 781942 934905



How to Hug a Hedgehog

Brad Wilcox and Jerrick Robbins
A teen's job is to be difficult, and most do it really, really well. No problem. With entertaining stories and twelve principles that open the cages, unlock the doors, gently tear down those walls, and get you talking, *How to Hug a Hedgehog* explores everything from communication to what you might have missed on the teen "warning label."

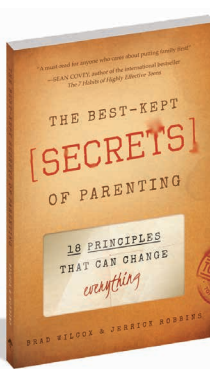
\$14.95 ISBN-13: 9781939629197
Trade Paper; 176 pages; 6 x 9
9 781939 629197



Untying Parent Anxiety (Years 5-8)

Lisa Sugarman
In *Untying Parent Anxiety*, nationally syndicated humor columnist and author Lisa Sugarman reminds us that our kids aren't supposed to be perfect. (And neither are we.) And as soon as we embrace the idea that parenthood is not a straight line, we unlock everyone's full potential.

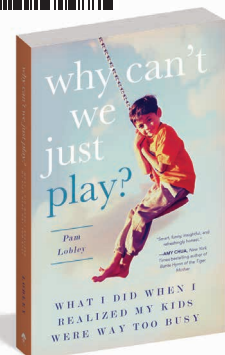
\$16.99 ISBN-13: 9781944822576
Trade Paper; 208 pages; 6 x 9
9 781944 822576



The Best-Kept Secrets of Parenting

Brad Wilcox and Jerrick Robbins
International speaker and educator Brad Wilcox and coauthor Jerrick Robbins share eighteen of the most overlooked principles that help parents succeed. The heartwarming experiences shared as "secrets" will truly make the difference in your family.

\$14.95 ISBN-13: 9781938301407
Trade Paper; 184 pages; 6 x 9
9 781938 301407



Why Can't We Just Play?

Pam Lobley
Nationally syndicated humor writer Pam Lobley decided to slow down and give her family a summer that was a throwback to the 1950s. With trademark wit and candor, she reveals what we can learn from those long-ago families, why raising kids has changed so drastically, and most importantly, how to stop time once in a while and just play.

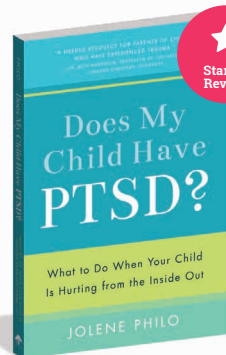
\$15.95 ISBN-13: 9781942934578
Trade Paper; 192 pages; 6 x 9
9 781942 934578



How to Raise Perfectly Imperfect Kids—and Be OK with It!

Lisa Sugarman, with Debra Fox Gansberg
With healthy doses of humor and reality, Lisa Sugarman reminds us that our kids were never meant to be perfect, and perfectly imperfect kids can become wonderful, well-rounded adults if we just allow them to grow.

\$16.99 ISBN-13: 9781641701617
Trade Paper; 184 pages; 6 x 9
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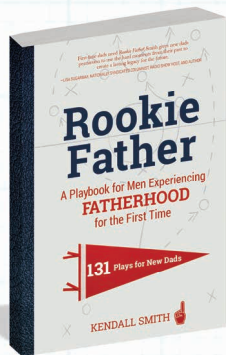


Does My Child Have PTSD?

Jolene Philo
When children experience medical illness, witness violence, or are abused, it can leave a lasting effect. *Does My Child Have PTSD?* is designed for readers looking for answers about the puzzling, disturbing behaviors of children in their care.

\$16.95 ISBN-13: 9781942934011
Trade Paper; 200 pages; 6 x 9
9 781942 934011



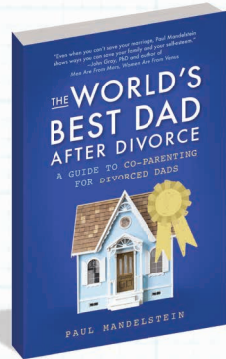


Rookie Father

Kendall Smith

If you grew up without a father figure, you might worry whether you have what it takes to be a great dad. This playbook for men who did not have a regular, dependable father figure is packed with short lessons to answer questions new dads will face. With hilarious examples and a straightforward approach, *Rookie Father* is the mentor-in-a-book every new father needs.

\$15.99 ISBN-13: 9781641705738
Paperback; 212 pages; 5 x 7

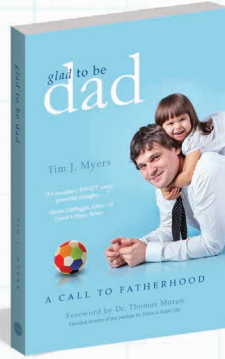


The World's Best Dad After Divorce

Paul Mandelstein

Divorce can leave families with a lot of pain and uncertainty—and with the children in the mix, the stakes are even higher. In *The World's Best Dad After Divorce*, Mandelstein helps fathers (and mothers) discover a path to navigate the stormy waters of divorce and create a healthy extended family environment, guided by the principles of collaboration and cooperation.

\$16.99 ISBN-13: 9781641702683
Paperback; 208 pages; 6 x 9

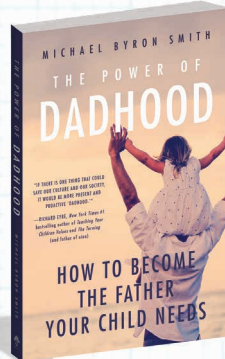


Glad to Be Dad

Tim J. Myers

By recounting personal experiences, offering sincere opinions, and including quizzes for fatherly-preparedness, Tim Myers emphasizes the importance of fatherly influence in the home.

\$17.95 ISBN-13: 9781938301018
Trade Paper; 270 pages; 6 x 9

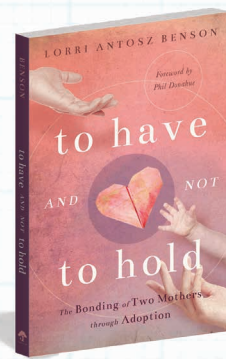


The Power of Dadhood

Michael Byron Smith

The Power of Dadhood empowers fathers with the knowledge that they are vitally important. National speaker Michael Byron Smith discusses the implications of a fatherless home, the challenges of parenting, and the hierarchy of fathers. Any man can assess himself, see where he stands, and make choices to become a real Dad and find the power of Dadhood!

\$16.95 ISBN-13: 9781939629661
Trade Paper; 248 pages; 6 x 9

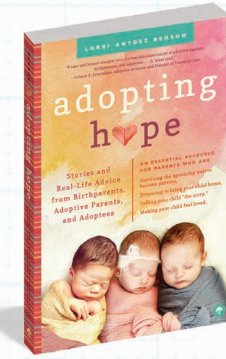


To Have and Not to Hold

Lorri Antosz Benson

Lorri Antosz Benson's memoir chronicles her heartbreaking decision to place her unborn daughter for adoption. But when that daughter reaches out to her 16 years later, the story becomes an inspiring miracle of blended families.

\$16.95 ISBN-13: 9781942934813
Trade Paper; 192 pages; 6 x 9

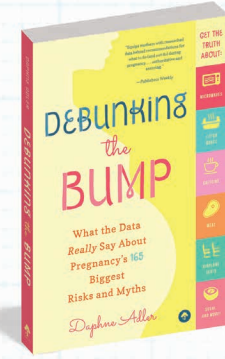


Adopting Hope

Lorri Antosz Benson

From Lorri Antosz Benson, author of *To Have and Not to Hold*, this heartfelt compilation is ultimately a message of hope, love, and destiny as each family discovers that a child doesn't need to be blood-related to be truly yours. Includes essays from adoptees, birthparents, and adoptive parents.

\$16.99 ISBN-13: 9781641700368
Trade Paper; 224 pages; 6 x 9



Debunking the Bump

Daphne Adler

Debunking the Bump is a pregnancy book for women with the thirst for facts. Filled with practical, actionable recommendations and clear explanations of risks and trade-offs, this unique guide will help you make informed choices so you can enjoy a relaxed and happy pregnancy.

\$18.99 ISBN-13: 9781945547805
Trade Paper; 352 pages; 6 x 9

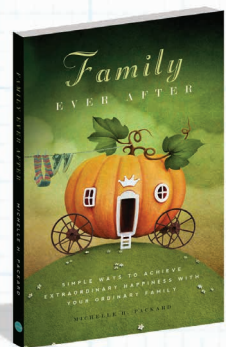


Oh Baby! A Mom's Self-Care Survival Guide for the First Year

Maria Lianos-Carbone

Maria Lianos-Carbone, founder of AMotherWorld.com, outlines the "proper care and feeding" of mothers during their baby's first year.

\$16.99 ISBN-13: 9781945547706
Trade Paper; 270 pages; 6 x 9

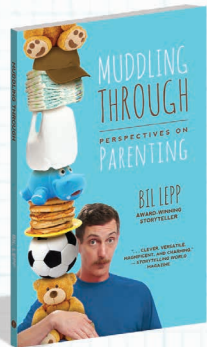


Family Ever After

Michelle H. Packard

Wife and mother of four Michelle Packard knows how crazy a family life can be and shares tips and tricks to not just appreciate the chaos but to appreciate and love those who can make your life the most difficult. While the idea of happy ever after is distorted, you can, in fact, achieve a *Family Ever After*.

\$14.95 ISBN-13: 9781938301384
Trade Paper; 194 pages; 6 x 9

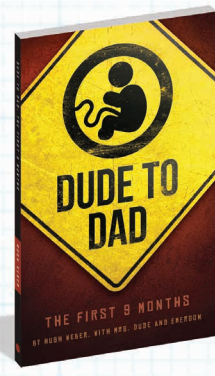
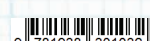


Muddling Through

Bil Lepp

National storyteller and five-time champion of the West Virginia Liars' Contest Bil Lepp shares his perspective on parenting, from the insatiable and unanswerable questions children pose to the most meaningful traditions that draw a family together.

\$12.99 ISBN-13: 9781938301032
Trade Paper; 126 pages; 5 x 8

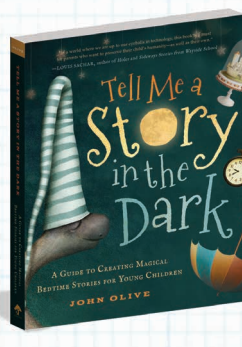


Dude to Dad

Hugh Weber

Dude to Dad contains absolutely no expert advice or medical guidance. You can read about mucus plugs and colostrum elsewhere. What you will find is a candid, quick, and often irreverent road map for making the most of your own personal transition from Dude to Dad.

\$10.95 ISBN-13: 9781938301261
Trade Paper; 132 pages; 5 x 8

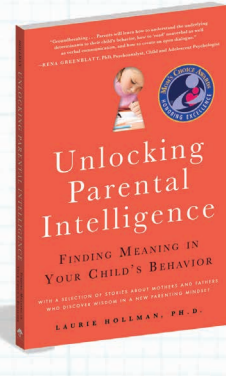


Tell Me a Story in the Dark

John Olive

Tonight, don't read your child a story. Instead, dim the light, lie down, and create storytelling magic. Weave a spell that will enchant your child . . . Written by an award-winning playwright, *Tell Me a Story in the Dark* provides you with every tool you need to tell great and entertaining stories.

\$18.95 ISBN-13: 9781939629586
Trade Paper; 300 pages; 7.5 x 9.25

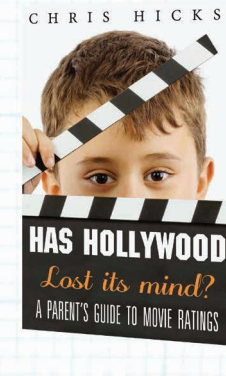


Unlocking Parental Intelligence

Laurie Hollman, Ph.D.

With extensive research and entertaining examples, Dr. Laurie Hollman provides five simple steps to help parents better understand the context of children's perplexing behavior and how to cultivate real change.

\$17.95 ISBN-13: 9781942934042
Trade Paper; 254 pages; 6 x 9

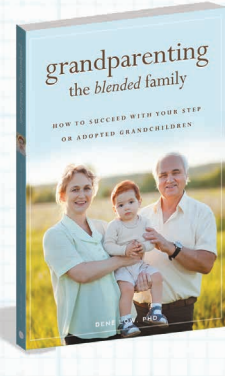


Has Hollywood Lost Its Mind?

Chris Hicks

Thirty-year movie reviewer veteran Chris Hicks explores the history of the movie rating system and the inconsistency in the ratings and shares advice on how to make better choices in your family's movie entertainment.

\$17.95 ISBN-13: 9781938301193
Trade Paper; 258 pages; 6 x 9

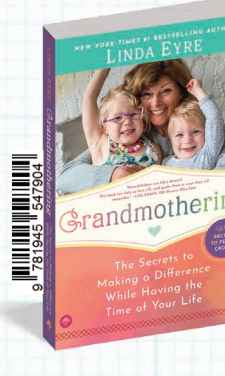


Grandparenting the Blended Family

Dene Low, PhD

Grandparenting is hard enough, but when you add in the blended family element, the challenge is even greater. Dene Low explores thirty different sets of grandparents and provides tips and solutions from her interviews and research for grandparent success.

\$14.95 ISBN-13: 9781938301322
Trade Paper; 178 pages; 6 x 9



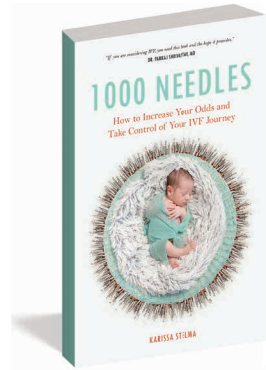
Grandmothering

Linda Eyre

New York Times #1 bestselling author and grandmother, Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience in an ever-changing world.

\$18.99 ISBN-13: 9781945547904
Trade Paper; 356 pages; 6 x 9

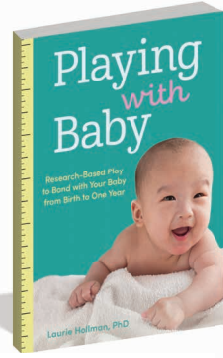




1000 Needles

Karissa Stelma
This guidebook addresses the medical and personal sides of the fertility coin, sifts through drug and treatment options, dispels myths, breaks taboos, and offers that elusive kernel of hope to those just beginning IVF or nearing its desperate end.

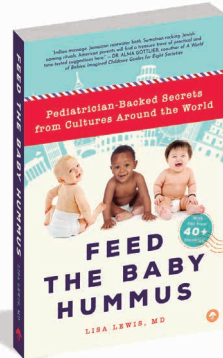
\$16.99 ISBN-13:
9781641704502
Paperback; 208 pages; 6 x 9



Playing with Baby

Laurie Hollman, PhD
Backed by the latest research and years of observation, *Playing with Baby* distills the experts' findings for new parents, giving them a guide to the first year of a baby's life and the growth of his or her individual mind.

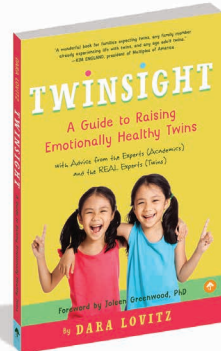
\$16.99 ISBN-13:
9781641704663
Paperback; 164 pages; 6 x 9



Feed the Baby Hummus

Lisa Lewis, MD
Feed the Baby Hummus teaches parents to confidently incorporate various multicultural practices into their own caretaking plan. Pediatrician Lisa Lewis offers the wisdom and proven caretaking practices of the cultures of the world, drawn from her own training, research, travel, and clinical experience.

\$18.99 ISBN-13:
9781945547799
Trade Paper; 302 pages; 6 x 9



Twinsight

Dara Lovitz
Twinsight bypasses the usual discussions on how to pay for two tuitions and instead tackles deeper questions: How do you help twins feel like individuals? Should they be expected to be each other's caretaker? How can a parent avoid comparing? How can you encourage relationships outside the twinning? and more!

\$16.99 ISBN-13:
9781945547720
Trade Paper; 206 pages; 6 x 9



101 Amazing Uses for Cinnamon

Nancy Lin Chen

\$12.99 ISBN-13: 9781641702911
Paperback; 136 pages; 5.8 x 8.3



101 Amazing Uses for Aloe Vera

Susan Branson

\$12.99 ISBN-13: 9781641702225
Paperback; 136 pages; 5.8 x 8.3



101 Amazing Uses for Apple Cider Vinegar

Susan Branson

\$12.99 ISBN-13: 9781945547140
Trade Paper; 144 pages; 5.8 x 8.3



101 Amazing Uses for Coconut Oil

Susan Branson

\$12.99 ISBN-13: 9781945547157
Trade Paper; 162 pages; 5.8 x 8.3



SELF-HELP / WELLNESS

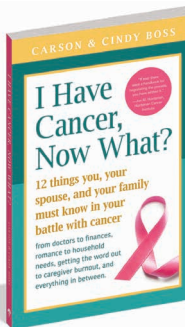


Life Reconstructed

Kim Harms

One in eight women will develop invasive breast cancer over the course of her lifetime, but this is not just another cancer book. Breast cancer survivor Kim Harms combines her own experience with extensive research and walks readers through the process of mastectomy and breast reconstruction, weighing the pros and cons, detailing the financial and emotional costs, and laying out the questions cancer fighters need to ask to be their own best advocate. With a foreword by the medical director of Katzmann Breast Center and chapters on everything from the vulnerable feeling of exposing your breasts to "everyone" to the distinctions between reconstruction and augmentation (trust us, it's not a boob job!), *Life Reconstructed* is the compassionate, honest roadmap every breast cancer fighter needs on her journey to recovery.

\$18.99 ISBN-13: 9781641705677
Trade paperback, 224 pages; 6 x 9



I Have Cancer, Now What?

Carson and Cindy Boss

You have cancer, and you need the help and support of your spouse and family more than ever. *I Have Cancer, Now What?* includes information on how to overcome the shock and fear of diagnosis, how to talk to your spouse and extended family, how to consult on what you want from your doctors, and much more.

\$15.99 ISBN-13: 9781945547065
Trade paperback, 156 pages; 6 x 9



101 Amazing Uses for Essential Oils

Susan Branson

\$12.99 ISBN-13:
9781945547164
Trade Paper; 148 pages;
5.8 x 8.3



101 Amazing Uses for Garlic

Susan Branson

\$12.99 ISBN-13:
9781945547911
Trade Paper; 154 pages;
5.8 x 8.3



101 Amazing Uses for Ginger

Susan Branson

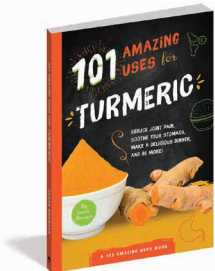
\$12.99 ISBN-13:
9781945547126
Trade Paper; 136 pages;
5.8 x 8.3



101 Amazing Uses for Honey

Susan Branson

\$12.99 ISBN-13:
9781641700443
Trade Paper; 144 pages;
5.8 x 8.3

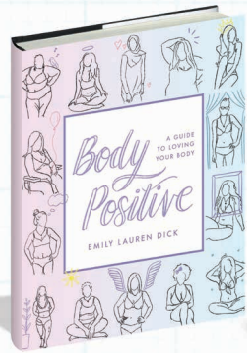


101 Amazing Uses for Turmeric

Susan Branson

\$12.99 ISBN-13:
9781945547928
Trade Paper; 156 pages;
5.8 x 8.3

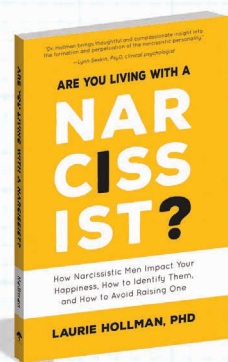




Body Positive: A Guide to Loving Your Body

Emily Lauren Dick
Focusing on correct body image, self-improvement, thinspiration, mental health, bullying, sexual harassment, and more, *Body Positive* is packed with introspective questions and inspiring, un-retouched photographs that display the bodies of real, everyday women.

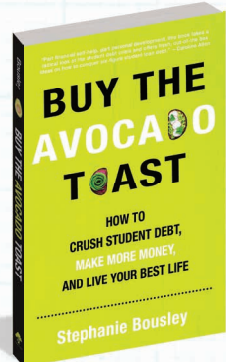
\$19.99 ISBN-13: 9781641702676
Paperback with flaps, embossed, UV spot varnish, 208 pages; 8 x 10



Are You Living with a Narcissist?

Laurie Hollman, PhD
In *Are You Living with a Narcissist?*, psychoanalyst Laurie Hollman, PhD, helps you identify the narcissists in your life and recognize the effect they have on your family and happiness—and what to do about it.

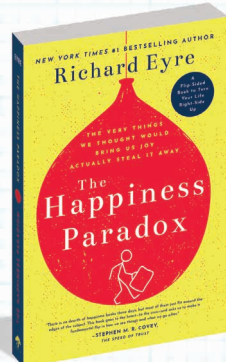
\$16.99 ISBN-13: 9781641702331
Paperback; 224 pages; 6 x 9



Buy the Avocado Toast

Stephanie Bousley
In *Buy the Avocado Toast*, millennial debtor-turned-success story Stephanie Bousley shares her journey to financial freedom and a treasure trove of unconventional ideas to help you do the same!

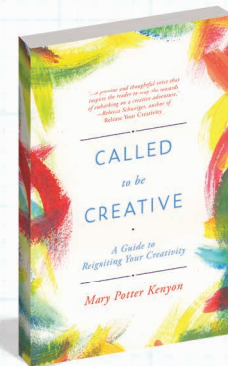
\$16.99 ISBN-13: 9781641702386
Paperback; 224 pages; 6 x 9



The Happiness Paradox/ The Happiness Paradigm

Richard Eyre
Richard Eyre contends that the three things today's society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

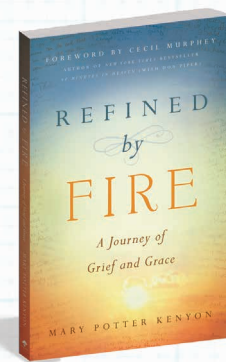
\$18.99 ISBN-13: 9781641700535
Trade Paper; 192 pages; 6 x 9



Called to Be Creative

Mary Potter Kenyon
"I'm not creative. I could never do something like that. I don't have time to be creative." Does any of this sound familiar? *Called to Be Creative* is for anyone looking to reignite that tiny spark inside of them and invite creativity into their lives through simple, everyday practices.

\$16.99 ISBN-13: 9781641702720
Trade Paper; 192 pages; 6 x 9



Refined by Fire

Mary Potter Kenyon
"Where is the handbook for widows?" Mary Potter Kenyon lamented as she planned a funeral for her beloved husband. In beautiful prose, touching metaphors and stories, and actual journal entries, Mary Potter Kenyon provides a balm for the grieving soul.

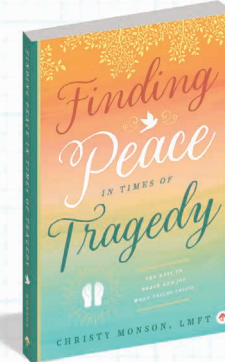
\$16.95 ISBN-13: 9781939629340
Trade Paper; 170 pages; 6 x 9



Expressive Writing for Healing

Mary Potter Kenyon
Writing is one of the oldest and most effective means of self-exploration, self-expression, and self-discovery. In this new guided journal, Mary Potter Kenyon offers readers an opportunity to reflect on the meaning and significance of loss and allows the griever to sort through all the conflicting emotions that arise after a death.

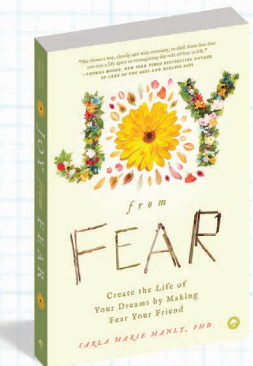
\$16.99 ISBN-13: 9781945547447
Trade Paper; 196 pages; 6 x 9



Finding Peace in Times of Tragedy

Christy Monson
Therapist Christy Monson professionally and compassionately describes how tragedy physically changes the brain and the body, and she provides powerful techniques to help heal those invisible wounds and cope with the turmoil of our day.

\$17.99 ISBN-13: 9781641701228
Trade Paper; 224 pages; 6 x 9



Joy from Fear

Carla Marie Manly, PhD
In her enlightening book, *Joy from Fear*, clinical psychologist Dr. Carla Marie Manly explains that fear is not the enemy we thought it was; fear, when faced with awareness, is the powerful ally and best friend we all need.

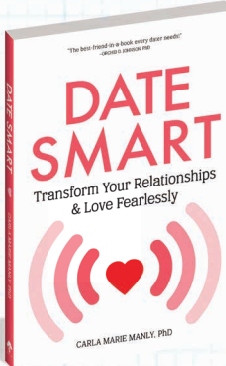
\$19.99 ISBN-13: 9781641701211
Trade Paper; 256 pages; 6 x 9



Aging Joyfully

Carla Marie Manly, PhD
A must-read book for any woman approaching the age of fifty, *Aging Joyfully* touches the sensitive reality of the transition from a life filled with new beginnings to a graceful process filled with freedom, beauty, and joy.

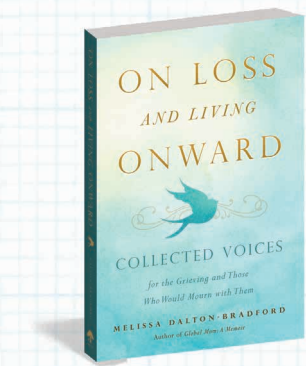
\$18.99 ISBN-13: 9781641701419
Trade Paper; 256 pages; 6 x 9



Date Smart

Carla Marie Manly, PhD
With real-life examples, the latest research, and no-nonsense advice, *Date Smart* teaches the modern single adult how to tailor-make your dating and relationship experiences to suit your needs, and, most important of all, how to tune in to yourself as the ultimate guide for what is healthy and positive for you.

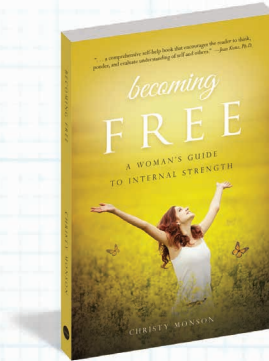
\$16.99 ISBN-13: 9781641704670
Paperback; 208 pages; 6 x 9



On Loss and Living Onward

Melissa Dalton-Bradford
After experiencing the loss of her firstborn son, Melissa Dalton-Bradford thrust herself into literature searching for those who have experienced similar, devastating loss. *On Loss and Living Onward* compiles the best resources to guide the living through the process of grief.

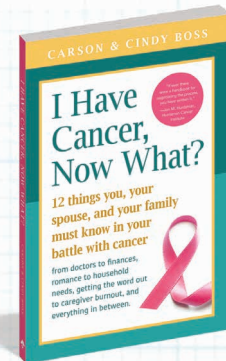
\$17.95 ISBN-13: 9781938301926
Trade Paper; 280 pages; 6 x 9



Becoming Free

Christy Monson
Becoming Free is a step-by-step book to help you to shed your armor, expand your optimistic thinking, and enhance your ability to give and receive. Once you become free of the armor you've built around you to protect yourself, you'll find the abundant life you have always sought.

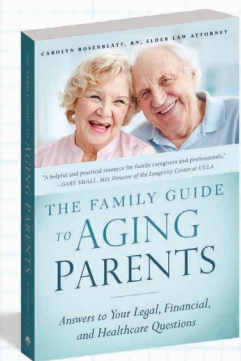
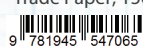
\$17.95 ISBN-13: 9781938301841
Trade Paper; 280 pages; 6 x 9



I Have Cancer, Now What?

Carson and Cindy Boss
You have cancer, and you need the help and support of your spouse and family more than ever. *I Have Cancer, Now What?* includes information on how to overcome the shock and fear of diagnosis, how to talk to your spouse and extended family, how to consult on what you want from your doctors, and much more.

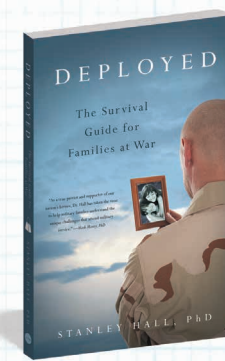
\$15.99 ISBN-13: 9781945547065
Trade Paper; 156 pages; 6 x 9



The Family Guide to Aging Parents

Carolyn Rosenblatt
The Family Guide to Aging Parents is the complete guide to help the caregiver understand the issues and be prepared for the realities. Covering everything from legal issues to what to do when your aging parent still wants to drive, *The Family Guide to Aging Parents* provides clear counsel for giving loving care and enjoying life after retirement.

\$18.95 ISBN-13: 9781939629579
Trade Paper; 342 pages; 6 x 9

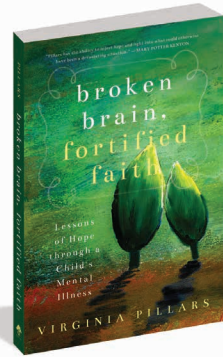


Deployed

Stanley Hall, PhD
Wondering what you are in for as you move to your first military base, or as you try to recover from numerous deployments? *Deployed* is the perfect solution for every member of a military family who wants a healthy family.

\$14.95 ISBN-13: 9781938301674
Trade Paper; 218 pages; 6 x 9

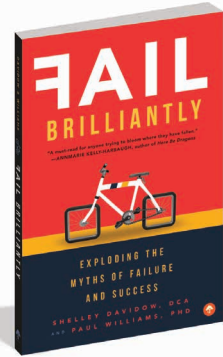




Broken Brain, Fortified Faith

Virginia Pillars
Broken Brain, Fortified Faith shares one mother's struggle as she charges into the world of mental illness, searching for answers to her daughter's schizophrenia. Along the way, Virginia Pillars learns to rely on her faith as she faces the challenges that often accompany mental illness.

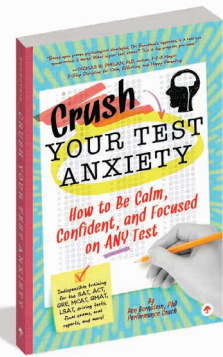
\$18.95 ISBN-13: 9781942934745
 Trade Paper; 290 pages; 6 x 9



Fail Brilliantly

Shelley Davidow and Paul Williams
Fail Brilliantly proposes a radical shift: erase the word and concept of *failure* from the realms of education and human endeavors. Replace it with new words and concepts. This shift in position has the potential to transform our lives and ultimately reshape our definition of *success*.

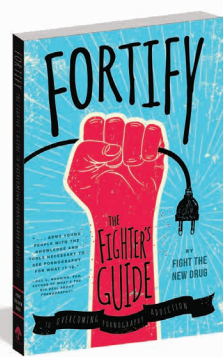
\$18.99 ISBN-13: 9781945547256
 Trade Paper; 192 pages; 6 x 9



Crush Your Test Anxiety

Ben Bernstein, PhD
 Based on fifty years of teaching experience and thirty years of clinical psychology experience, *Crush Your Test Anxiety* distills the best practices used by elite athletes, artists, and top business performers to create a system that can be applied to any test for higher performance.

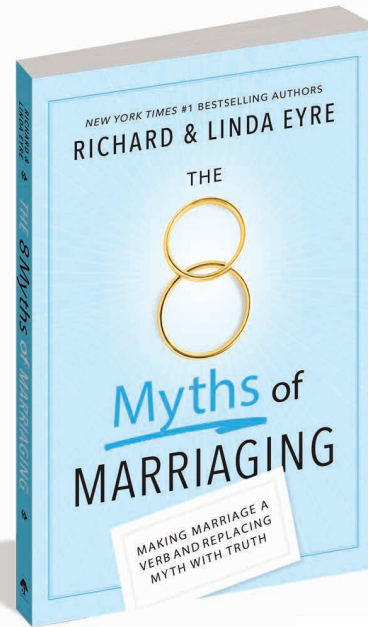
\$19.99 ISBN-13: 9781641700252
 Trade Paper; 288 pages; 6 x 9



Fortify

Heidi Poelman
Fight the New Drug
 With tens of thousands of individuals addicted to pornography, *Fortify: The Fighter's Guide to Overcoming Pornography Addiction* is the most complete and tested program to help teens and young adults overcome the addiction and create habits that will enable them to be successful in life. Includes pages of week-by-week Battle Plans.

\$18.95 ISBN-13: 9781942934127
 Trade Paper; 290 pages; 6 x 9



The 8 Myths of Marriaging

Making Marriage a Verb and Replacing Myth with Truth

BY RICHARD AND LINDA EYRE

New York Times #1 bestselling authors of *Teaching Your Children Values* and relationship experts Richard and Linda Eyre explore the eight most common myths about marriage and the truth about how to have a successful and fulfilling marriage.

Exploring equality versus synergy, completion versus individual quest, harmony versus productive debate, a test drive versus constant commitment, and more, the Eyres show that popular opinions and behaviors toward successful marriages actually reduce the chance of marriage fulfillment.

Drawing on more than fifty years of marriage and hundreds of interviews across the world, *The 8 Myths of Marriaging* is a must-read book for anyone considering marriage or currently nurturing their marriage of many years.

\$19.99 ISBN-13: 9781641701396
 Trade Paper; 256 pages; 6 x 9

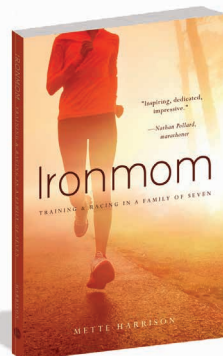
ISBN 978-1-64170-139-6



New Tricks for Old Dogs

Gene Perret
New Tricks for Old Dogs points out some of the flaws in the self-help philosophy. It tempers the advice with common sense. The battle cry of this volume is "Do it, but don't overdo it." Sometimes, after we reach a certain age, the best exercise program is a good, brisk nap.

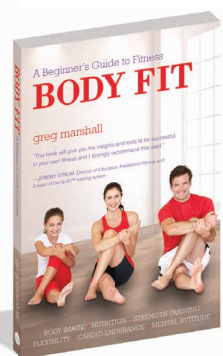
\$16.95 ISBN-13: 9781942934462
 Trade Paper; 240 pages; 5 x 8



Ironmom

Mette Harrison
 From the personal tragedy of a stillbirth to an Ironman and beyond, author and stay-at-home mom of five children Mette Harrison learned life lessons about accepting herself, moving forward, pushing to become better, and bringing her family along the way—sometimes kicking and screaming.

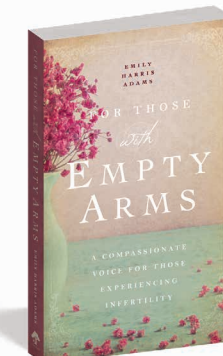
\$17.95 ISBN-13: 9781938301360
 Trade Paper; 216 pages; 6 x 9



Body Fit

Greg Marshall
 Greg Marshall, who has helped thousands of fitness beginners achieve their fitness goals, cuts through the overhyped exercise advice and provides a simple step-by-step path to better health, more endurance, a stronger body, and a happier you.

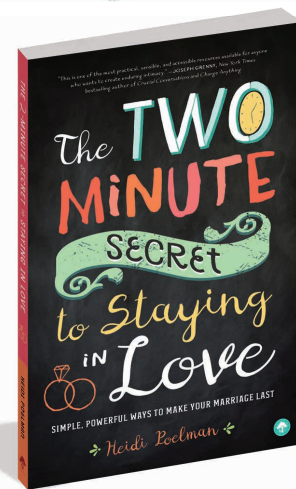
\$15.95 ISBN-13: 9781938301230
 Trade Paper; 240 pages; 6 x 9



For Those with Empty Arms

Emily Harris Adams
 After receiving the news that in vitro would be their only hope for biological children, award-winning poet Emily Harris Adams had to learn to live in a new world of needles, embarrassing tests, long waiting periods, and expensive doctor's appointments.

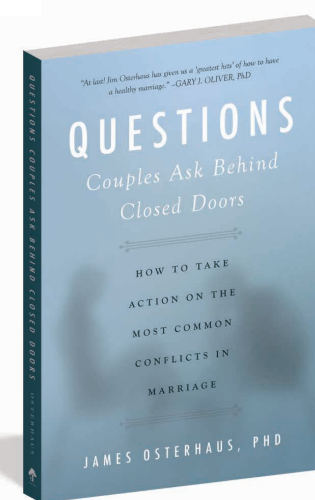
\$16.95 ISBN-13: 9781939629609
 Trade Paper; 262 pages; 5 x 8



The Two-Minute Secret to Staying in Love

Heidi Poelman
 Marry the one you love, and love the one you marry. It sounds simple enough. But staying in love turns out to be a whole lot different than falling in love. *The Two-Minute Secret to Staying in Love* explores the little things couples think, say, and do to stay in love for the long haul. Whether it's choosing an attitude of gratitude, leaving a love note, giving a welcome-home hug at the door, or calling just to say "Hello," *The Two-Minute Secret to Staying in Love* is full of simple ways to love the one you married, two minutes at a time.

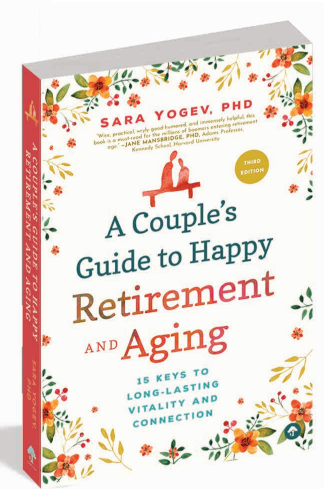
\$15.99 ISBN-13: 9781945547058
 Trade Paper; 196 pages; 6 x 9



Questions Couples Ask Behind Closed Doors

James Osterhaus, PhD
 Noted marriage therapist and executive coach James Osterhaus takes the top eighteen questions he's been asked the most and answers them for you in this book. Each chapter stands on its own as couples search for answers to the challenges they face. After many of the chapters, you will find very helpful, practical tips to help you understand your relationship better, and begin the process of making it more fulfilling.

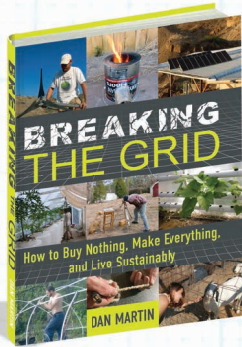
\$18.95 ISBN-13: 9781939629371
 Trade Paper; 280 pages; 6 x 9



A Couple's Guide to Happy Retirement and Aging

Sara Yogeve, PhD
 Written by a psychologist specializing in work and family issues, and drawing from actual accounts from retired couples, this book helps you prepare emotionally for the dramatic life changes during retirement, coaches you to find new purposes to your life beyond work, nurtures the relationship with your companion to strengthen your friendship and love, and recommends strategies to successfully deal with differences around money, time together versus apart, housework, and family relationships.

\$19.99 ISBN-13: 9781945547713
 Trade Paper; 360 pages; 6 x 9



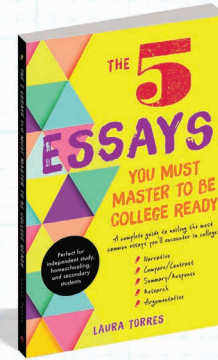
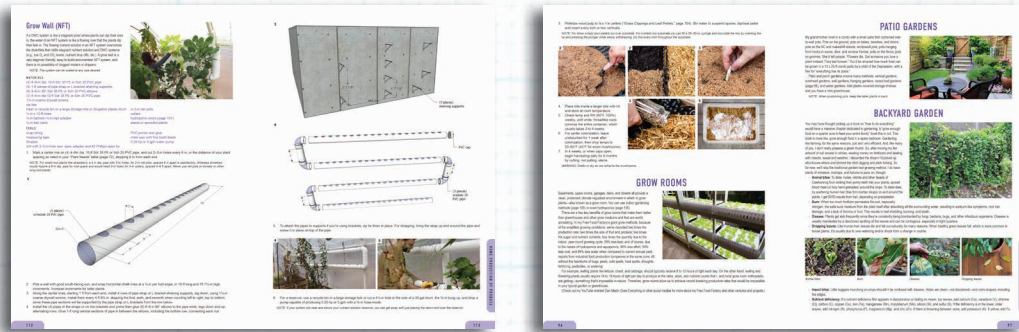
Breaking the Grid

Dan Martin

When a crisis hits, we all wish we could be a little more self-sufficient. With *Breaking the Grid*, you can learn to live completely off the grid or just be a little more environmentally conscious. In this comprehensive guide, you can find step-by-step photographed instructions for everything from making your own paper products to microgardening, from building furniture to harnessing solar power, and from making your own brown sugar to raising livestock. With projects for first-time gardeners and hardcore homesteaders alike, there's something for everyone!

\$29.99 ISBN-13: 9781641704625

Flexible plastic vinyl cover; Full-color; 304 pages; 9 x 12



The 5 Essays You Must Master to Be College Ready

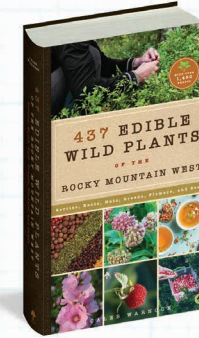
Laura Torres

The 5 Essays You Must Master to Be College Ready includes lessons, tips, and organizational guides for writing clear and compelling essays. Laura Torres walks students through the complete writing process (with provided grading rubrics).

\$16.99 ISBN-13:

9781945547188

Trade Paper; 224 pages; 6 x 9



437 Edible Wild Plants of the Rocky Mountain West

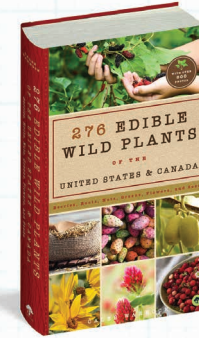
Caleb Warnock

Self-sufficiency expert Caleb Warnock shares his expertise of living off the land in *437 Edible Wild Plants*, the go-to guide for any adventurer or homesteader interested in learning about natural, edible vegetation.

\$27.99 ISBN-13:

9781945547836

Flexicover; -color interior with over 1,450 photographs; 496 pages; 5.3 x 8.8



276 Edible Wild Plants of the United States & Canada

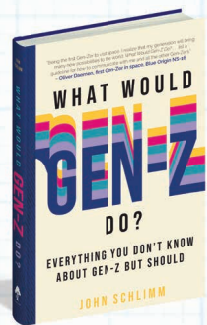
Caleb Warnock

Packed with over 800 photographs of over 276 wild berries, roots, nuts, greens, and flowers, this valuable reference will show you which plants are edible, where to find them, how to prepare them, and how to avoid poisonous look-alikes.

\$24.99 ISBN-13:

9781641702423

Flexible plastic vinyl cover; 320 pages; 5.3 x 8



What Would Gen-Z Do?

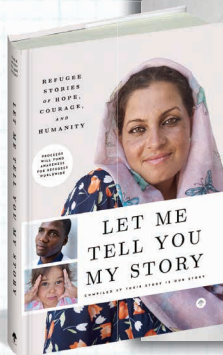
John Schlimm

What Would Gen-Z Do? but Should will help you reach across the generational divide and learn how to navigate your relationships with Gen-Zers.

\$19.99 ISBN-13: 9781641707367

Paper over board with spot UV;

304 pages; 5 x 7



Let Me Tell You My Story

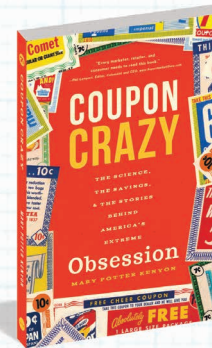
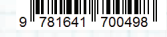
Their Story Is Our Story

Spare, haunting, utterly magnificent, and profoundly human, the refugee stories inside this remarkable volume of exquisite photography will teach you that the surest way to draw humans together begins with the words "I want to tell you my story . . ."

\$34.99 ISBN-13: 9781641700498

Paper over board with three-piece binding;

232 pages; 8 x 10



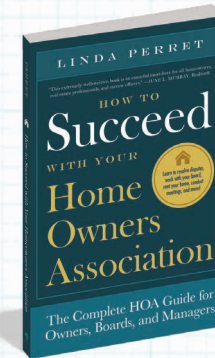
Coupon Crazy

Mary Potter Kenyon

Coupon Crazy examines the phenomena of coupon use and the sociocultural and socioeconomic factors that construct it from the viewpoint of Mary Potter Kenyon, a thirty-year veteran in the extreme sport of couponing. Also includes couponing tips for aspiring couponers.

\$16.95 ISBN-13: 9781938301889

Trade Paper; 250 pages; 6 x 9



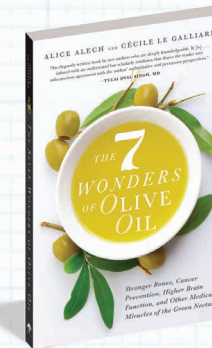
How to Succeed with Your Home Owners Association

Linda Perret

How to Succeed with Your Home Owners Association is the handbook to help new homeowners transition into peaceful community living. This comprehensive guide explains the ins and outs of an HOA, from the structure and responsibilities to resolving disputes.

\$19.95 ISBN-13: 9781942934486

Trade Paper; 198 pages; 6 x 9



The 7 Wonders of Olive Oil

Alice Alech and Cécile Le Galliard

With detailed research from doctors and nutritionists around the globe, *The 7 Wonders of Olive Oil* reveals seven amazing health benefits of olive oil, the role olive oil plays in the Mediterranean diet, and tips for cooking with, buying, and storing the green nectar.

\$16.95 ISBN-13: 9781942934738

Trade Paper; 176 pages; 6 x 9



From *New York Times* #1 Bestselling Authors Richard and Linda Eyre

Richard and Linda Eyre are *New York Times* #1 bestselling authors whose writing career has spanned four decades and whose books have sold in the millions. They have appeared on virtually all major national talk shows including *Oprah* and *Today*. They write a syndicated weekly newspaper column and currently spend most of their time traveling and speaking to audiences throughout the world on families, parenting, and life-balance.

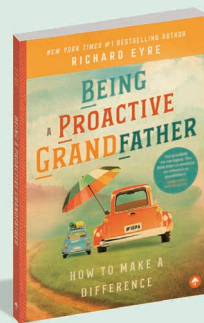


Grandmothering

Linda Eyre

Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience, plus an appendix of easy recipes to feed a crowd.

\$18.99 ISBN-13: 9781945547904
Trade Paper; 365 pages; 6 x 9

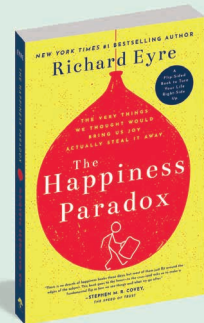


Being a Proactive Grandfather

Richard Eyre

Being a grandfather is one of the most celebrated responsibilities a person can have. But what kind of grandfather will you be and what level of commitment will you provide for your grandchildren?

\$14.99 ISBN-13: 9781945547270
Trade Paper; 160 pages; 5.83 x 8.27

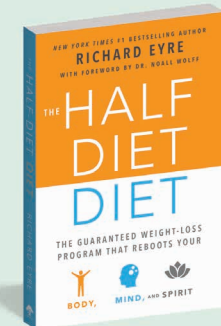


The Happiness Paradox/ The Happiness Paradigm

Richard Eyre

Richard Eyre contends that the three things today's society desires the most—control, ownership, and independence—are, paradoxically, the three things that bring the most challenges and unhappiness in our lives.

\$18.99 ISBN-13: 9781641700535
Trade Paper; 192 pages; 6 x 9

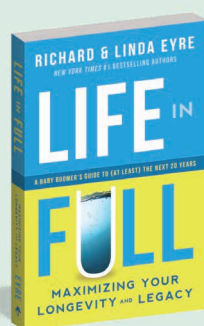


The Half-Diet Diet

Richard Eyre, foreword by Dr. Noall Wolff

The weight-loss solution? Eat half. Too easy? No! But worthwhile. Richard Eyre provides the program to accomplish your weight-loss goals by taming your physical, mental, and spiritual appetites.

\$16.95 ISBN-13: 9781942934134
Trade Paper; 226 pages; 6 x 9

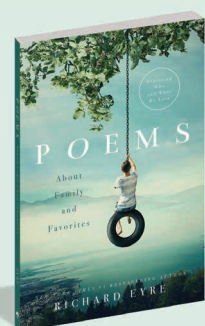


Life in Full

Richard and Linda Eyre

Eighty million Baby Boomers are now in or approaching their sixties. Creating a proactive plan for the next twenty years is both possible and practical, and *Life in Full* is the template!

\$18.95 ISBN-13: 9781942672937
Trade Paper; 322 pages; 6 x 9

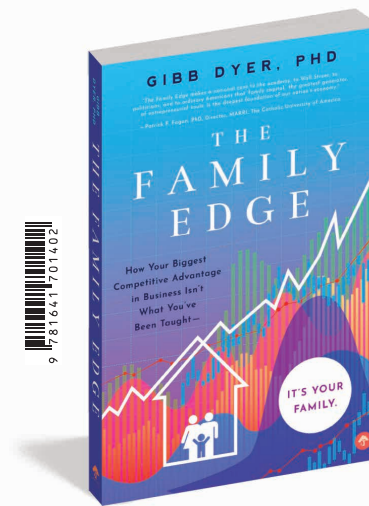


Poems

Richard Eyre

While writing prose has basically become Richard Eyre's profession, writing poetry has always been his love. Here, for the first time in published form, he shares some of his poetic efforts about the people and things we love.

\$16.99 ISBN-13: 9781945547294
Trade Paper; 192 pages; 6 x 9



The Family Edge

Gibb Dyer, PhD

A ground-breaking book for any business owner, family business, or budding entrepreneur, *The Family Edge* provides clear evidence and powerful tools to help you leverage the asset you need but have probably not paid enough attention to: family capital.

\$19.99 ISBN-13: 9781641701402
Trade Paper; 256 pages; 6 x 9

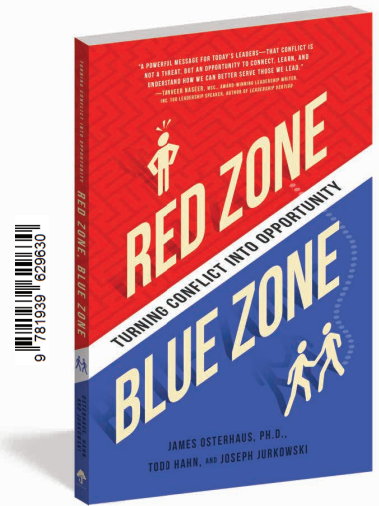


Don't Burp in the Boardroom

Rosalinda Oropeza Randall

With her sometimes sassy and playful answers, Rosalinda Oropeza Randall shows how easy it is to build a sparkling professional reputation by knowing how to handle workplace dilemmas. Includes quizzes, hilarious anecdotes, Q&A, illustrations, and inside tabs for handy reference.

\$18.95 ISBN-13: 9781939629357
Trade Paper; Illustrations Through out; 378 pages, 5 x 8

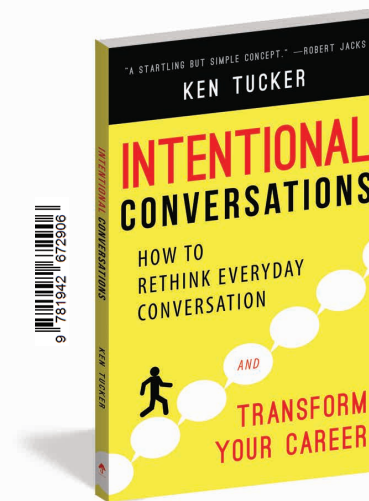


Red Zone, Blue Zone

James Osterhaus, PhD; Joseph Jurkowski; and Todd Hahn

Red Zone, Blue Zone provides key concepts on how personal and organizational conflict are foundational opportunities that, when navigated skillfully, lead to personal growth and organizational health. A key book for business leaders.

\$15.95 ISBN-13: 9781939629630
Trade Paper; 166 pages; 5.5 x 8.5

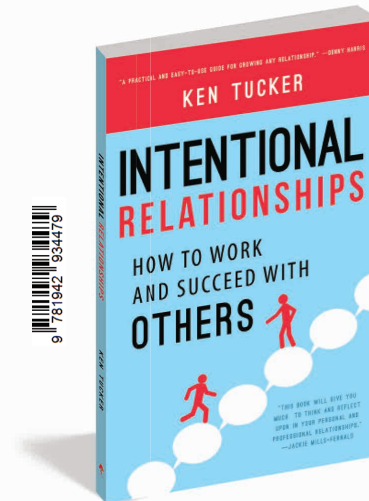


Intentional Conversations

Ken Tucker

Using six steps and a "SECRET" formula, international speaker and Fortune 500 strategist Ken Tucker provides a practical and easy-to-use process for turning normal, everyday workplace conversations into career-enhancing and life-transforming opportunities.

\$16.95 ISBN-13: 9781942672906
Trade Paper; 156 pages; 6 x 9

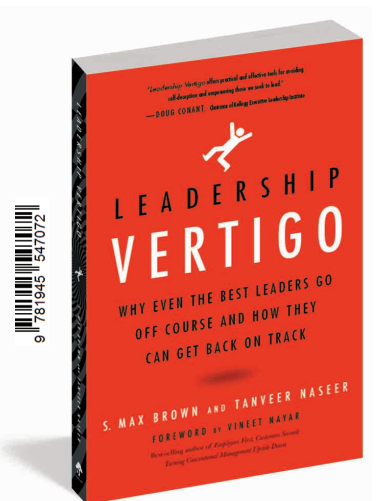


Intentional Relationships

Ken Tucker

Every day, our actions are structured by our relationships stronger? And how can we avoid unhealthy relationships? From Fortune 500 consultant Ken Tucker, *Intentional Relationships* answers these questions and more in a surprising, life-changing, and career-enhancing way.

\$16.95 ISBN-13: 9781942934479
Trade Paper; 172 pages; 6 x 9

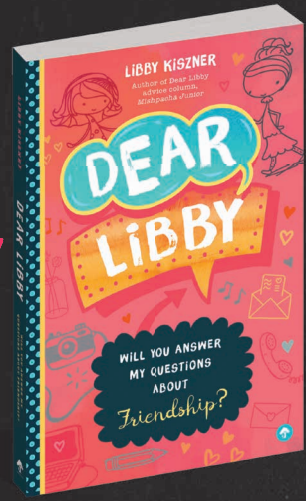


Leadership Vertigo

S. Max Brown and Tanveer Naseer

When your brain sends you false signals that everything in your organization is okay when it is not, we call this phenomenon Leadership Vertigo. *Leadership Vertigo* will help you to understand how you can counter these bouts of self-deception by employing four Leadership Landmarks—Community, Competence, Credibility, and Compassion—to get your team back on course.

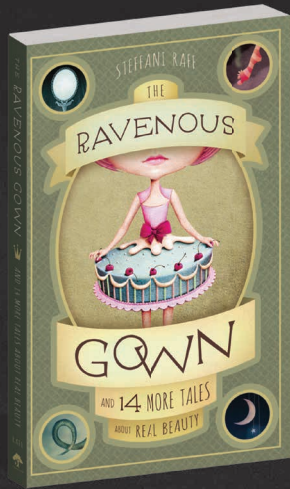
\$14.99 ISBN-13: 9781945547072
Trade Paper; 154 pages; 5.5 x 8.5



Dear Libby

Libby Kiszner
In *Dear Libby*, trusted columnist Libby Kiszner answers real questions from real teens about friendship. The book includes tips, activities, and teaching strategies.

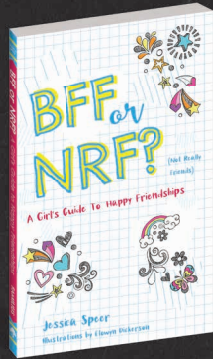
\$16.99 ISBN-13: 9781641700184
Trade Paper; 224 pages; 6 x 9



The Ravenous Gown

Stefani Raff
In a world obsessed with outward appearances, *The Ravenous Gown* inspires women of all ages to discover the power within.

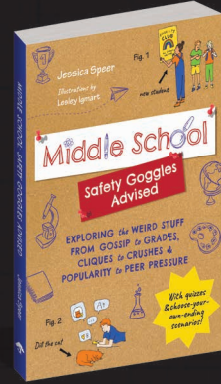
\$15.95 ISBN-13: 9781939629593
Trade Paper; 196 pages; 5 x 8



BFF or NRF (Not Really Friends)?

Jessica Speer and Elwyn Dickerson

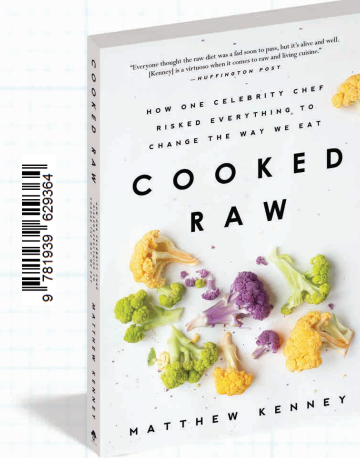
\$12.99 ISBN-13: 9781641701952
Paperback; 144 pages; 5 x 8



Middle School: Safety Goggles Advised

Jessica Speer and Lesley Imgart
With insights from hundreds of students, this guidebook explores the halls of middle school, especially the odd behaviors that lurk in the shadows. Slip on your lab coats, because we're going to dissect these behaviors one by one to understand what's really going on.

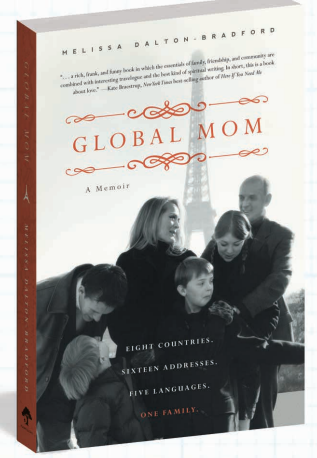
\$14.99 ISBN-13: 9781641706636
Paperback; 144 pages; 5 x 8



Cooked Raw

Matthew Kenney
An expansive, entertaining memoir that tells the story of how Matthew Kenney transitioned from a mainstream celebrity chef in New York to a pioneer of plant-based cuisine and his mission to change the way the world eats and thinks about food. *Cooked Raw* highlights a journey of courage, persistence, risk, the reward of following one's passion, and the future of food for the twenty-first century.

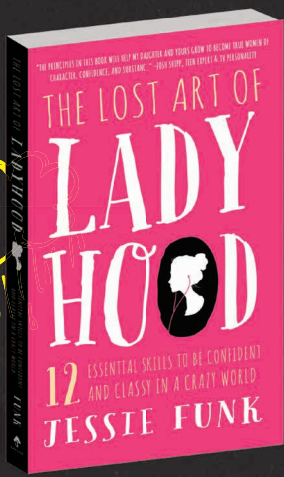
\$16.95 ISBN-13: 9781939629364
Trade Paper; 242 pages; 6 x 9



Global Mom

Melissa Dalton-Bradford
After more than twenty years living internationally—sixteen addresses, eight countries, and five different languages—writer Melissa Dalton-Bradford shares a fantastic journey of motherhood that will inspire any family. Follow this family of six on their passage—extraordinary, hilarious, and heartbreakingly poignant—from bright lights (of New York City) to the Northern Lights (of Norway).

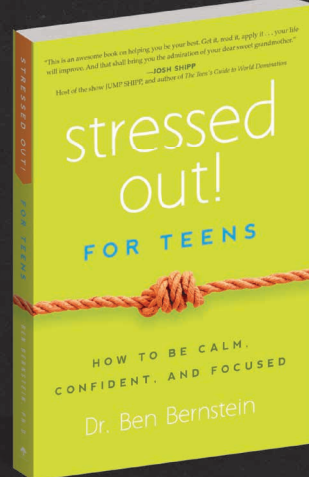
\$17.95 ISBN-13: 9781938301346
Trade Paper; 322 pages; 6 x 9



The Lost Art of Ladyhood

Jessie Funk
Happiness does not come from revealing all your skin or going clubbing every weekend where you get so drunk you don't remember who you kissed. Happiness comes from living a life of character. *The Lost Art of Ladyhood* is a road map for young women to navigate their way to confidence and class. Includes QR codes to videos from author Jessie Funk.

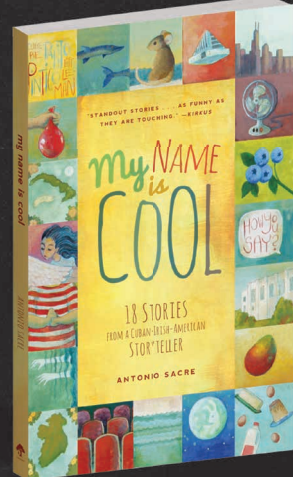
\$18.95 ISBN-13: 9781939629395
Trade Paper; 302 pages; 5 x 8



Stressed Out! For Teens

Ben Bernstein, PhD
In this new book by Dr. Ben Bernstein, author of *Test Success*, Dr. Bernstein (Dr. B.) uncovers the key principles for success, whether in academics, sports, music, family life, work, or life in general. Dr. Bernstein teaches how teenagers can harness their potential, manage their stress, and achieve their highest objectives.

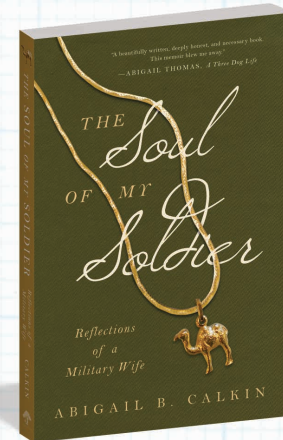
\$18.95 ISBN-13: 9781939629388
Trade Paper; 270 pages; 6 x 9



My Name Is Cool

Antonio Sacre
Using his own personal history and telling the stories that audiences across the nation have found so captivating, award-winning storyteller and author Antonio Sacre weaves the Spanish language, Cuban and Mexican customs, and Irish humor into an unforgettable book of humor and inspiration for teens across all cultural boundaries.

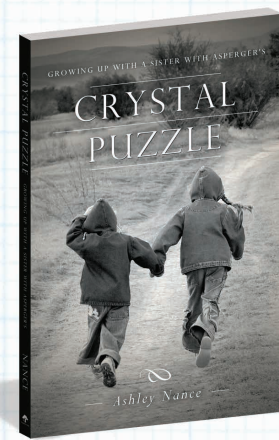
\$12.95 ISBN-13: 9781938301568
Trade Paper; 170 pages; 5 x 8



The Soul of My Soldier

Abigail B. Calkin
Author and poet Abigail B. Calkin shares her journey living with a husband who struggles with PTSD after serving three tours of duty in two different wars. This moving, raw, and beautiful memoir recounts the many experiences living with a soldier and how PTSD and war influenced their relationship.

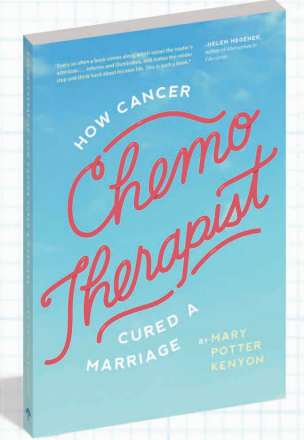
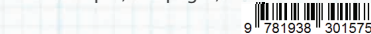
\$16.95 ISBN-13: 9781942672944
Trade Paper; 232 pages; 6 x 9



Crystal Puzzle

Ashley Nance
A delightful and true story of growing up with a sister with Asperger's, *Crystal Puzzle* chronicles powerful family experiences from the realization that there was something different about her sister through the hopes and joys and challenges of school to eventual independence.

\$14.95 ISBN-13: 9781938301575
Trade Paper; 156 pages; 6 x 9

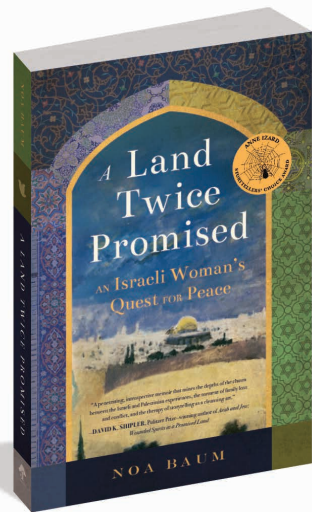


Chemo-Therapist

Mary Potter Kenyon
Chemo-Therapist: How Cancer Cured a Marriage details the journey that a diagnosis of cancer brings to a marriage and a family with young children. More than that, it is a moving testimonial of a marriage and love renewed by a shared experience with a life-threatening illness.

\$16.95 ISBN-13: 9781939629098
Trade Paper; 188 pages; 6 x 9





Praise for *A Land Twice Promised*

“Truth is never black and white. Baum guides us through the shades of gray with love and wisdom.” —Rabbi Sid Schwarz, Senior Fellow, Clal: The National Jewish Center for Learning and Leadership

“In this touching and honest memoir, Baum shares the story of how her search for peace informed her life. Baum’s genuine desire to make a difference may well inspire others to do the same.” —*Publishers Weekly*

“An inspiration and a pathway to all who yearn for peace.” —Gerda Weissmann Klein, Holocaust survivor and author of *All But My Life*

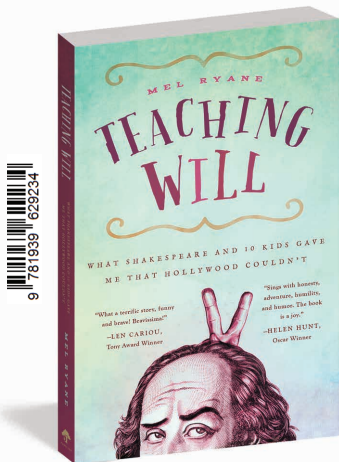
A Land Twice Promised

Noa Baum

A Land Twice Promised delves into the heart of one of the world’s most enduring and complex conflicts. Baum’s deeply personal memoir recounts her journey from girlhood in post-Holocaust Israel to her adult encounter with “the other.” With honesty, compassion, and humor, she captures the drama of a nation at war and her discovery of humanity in the enemy.

Born and raised in Jerusalem, Noa Baum is an award-winning storyteller. She performs and teaches internationally with diverse audiences ranging from The World Bank, the US Defense Department, and prestigious universities and congregations to inner-city schools and detention centers.

\$18.95 ISBN-13: 9781942934493 Trade Paper; 340 pages; 6 x 9

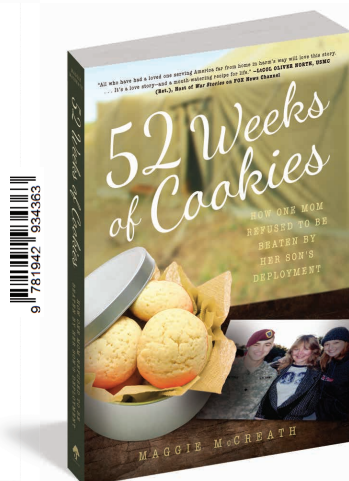


Teaching Will

Mel Ryane

After the waning of her successful acting career, Mel Ryane found herself creatively adrift and proposed creating an after-school Shakespeare program at a local public school. A comedy of errors, but inspiring throughout, *Teaching Will* is a story for teachers, volunteers, actors, and parents—as well as anyone who’s ever had to let go of a dream.

\$16.95 ISBN-13: 9781939629234 Trade Paper; 234 pages; 6 x 9

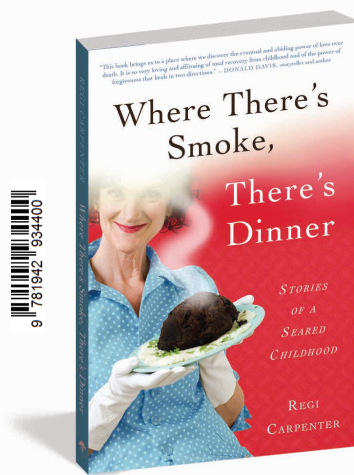


52 Weeks of Cookies

Maggie McCreath

With plenty of sugar cookies but no sugarcoating, *52 Weeks of Cookies* is a story of family love during a member’s deployment, with all the fear, grief, laughter, gratitude, and joy that came with it. Includes a collection of fifty-two original cookie recipes, curated specifically for military care packages.

\$19.95 ISBN-13: 9781942934363 Trade Paper; 348 pages; 6 x 9

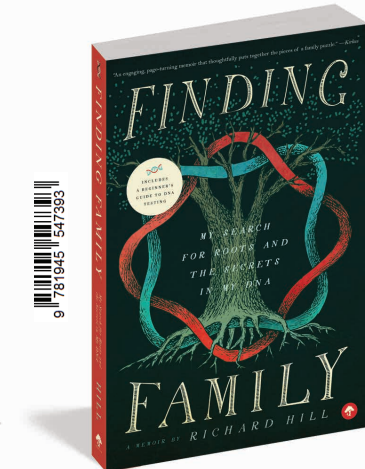


Where There's Smoke, There's Dinner

Regi Carpenter

Family: comfort food or a recipe for disaster? Award-winning storyteller Regi Carpenter brings her trademark humor to print with tales of a family that pulsates with contradictions: religious and raucous, tender but terrible. These honest stories celebrate the glorious and gut-wrenching lives of four generations of Carpenters raised on the St. Lawrence River.

\$16.95 ISBN-13: 9781942934400 Trade Paper; 182 pages; 6 x 9



Finding Family

Richard Hill

Finding Family: My Search for Roots and the Secrets in My DNA is the highly suspenseful account of an adoptee trying to reclaim the biological family denied him by sealed birth records. This fascinating quest, including the author’s landmark use of DNA testing, takes readers on an exhilarating roller-coaster ride and concludes with a twist that rivals anything Hollywood has to offer.

\$18.99 ISBN-13: 9781945547393 Trade Paper; 304 pages; 6 x 9



A Beginner's Guide to Rag Quilting

Christine Mann

Packed with full-color photographs and tons of creative inspiration, every detail of the book from the step-by-step photographed instructions to the lay-flat spiral binding is designed specifically with the beginning quilter in mind.

\$24.99 ISBN-13: 9781641701471 Covered; bound paperback; Includes 4 fabric quilt labels; 4 quilting templates; and 2 machine quilting needles; 128 pages, 8.3 x 9.9



A Beginner's Guide to Quilting

Christine Mann

Christine Mann makes it easy to master the beginning principles of quilting with six easy starter projects.

\$24.99 ISBN-13: 9781641700337 Paperback with flaps; Includes 4 fabric quilt labels; 4 quilting templates; and 2 machine quilting needles; full-color photography throughout 128 pages; 8 x 10

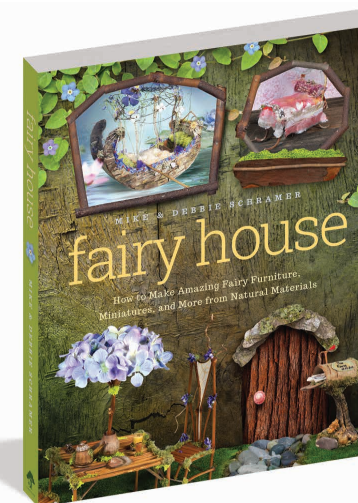


Big Book of Family Games

Brad Berger

This travel-friendly book guarantees hours of engaging entertainment with 101 original, rigorously tested games that challenge each player’s ability to strategize, bluff, read minds, memorize, think quickly, and solve puzzles. No texting, tweeting, or surfing allowed!

\$19.99 ISBN-13: 9781641701334 Flexicover; 2-color interior; 368 pages; 5 x 8

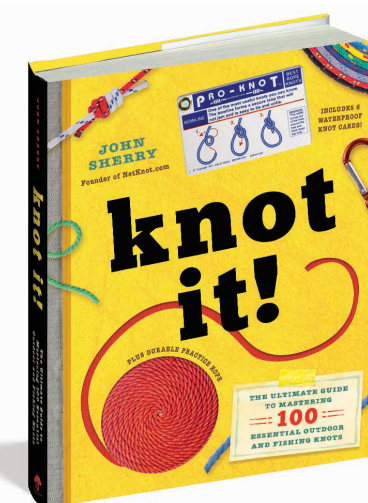


Fairy House

Mike and Debbie Schramer

Through more than 350 clear, detailed, full-color photographs, the reader will learn to fashion an amazing array of beautiful and unique pieces that will inspire the reader to find their true artistic ability and imagination.

\$24.95 ISBN-13: 9781939629692 Paperback with flaps; full-color, 192 pages; 8 x 10



Knot It!

John Sherry

Master 100 essential outdoor knots with help from John Sherry, the world’s leading knot-tying educator!

\$24.99 ISBN-13: 9781945547737 Hardcover with 6 waterproof knot cards and practice paracord; 146 pages; 7 x 9

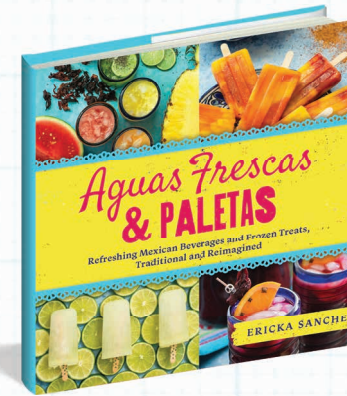




¡Buen Provecho!

Ericka Sanchez
 From the author of *Aguas Frescas & Paletas* comes another collection of over one-hundred Mexican recipes with a unique spin, delivering the authentic flavors everyone craves, but swapping in easy-to-find, healthful ingredients your family will love. From breakfasts and salsas to meatless meals to special recipes for Dia de Los Muertos and other special occasions, *¡Buen Provecho!* is the perfect cookbook for the modern Latino family or anyone looking to expand their cultural culinary palate!

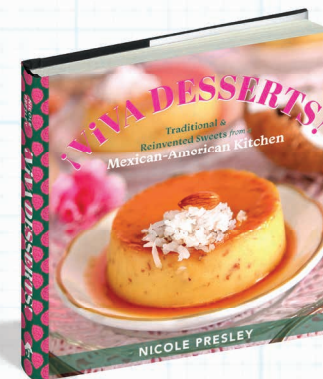
\$29.99 ISBN-13: 9781641705653
 Hardcover; 224 Pages; 8 x 10



Aguas Frescas & Paletas

Ericka Sanchez
 It wouldn't be summer in Mexico without aguas frescas and paletas—fresh-made Mexican drinks and popsicles in a variety of fruity and flowery flavors. Now you can bring the refreshing, authentic tastes of Mexico to your own backyard!

\$19.99 ISBN-13: 9781641704595
 Paper over board; 128 Pages; 9 x 9



¡Viva Desserts!

Nicole Presley
 From Atole de Canela and Buñuelos de Viento to Oreo Horchata Cheesecake and Dulce de Leche Pumpkin Pie, *¡Viva Desserts!* is a scrumptious collection of traditional Mexican desserts and American desserts Mexicanized.

\$19.99 ISBN-13: 9781641707350
 Paper over board; 128 Pages; 9 x 9

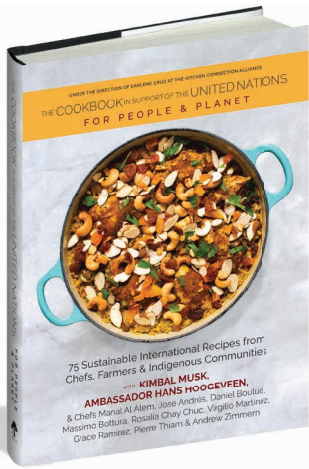


The Happy Sandwich

Jason Goldstein
 Sandwiches: the ultimate comfort food with endless amazing combinations. But you won't find a PB&J in this delicious collection. These are gourmet sandwiches with a twist, and every recipe makes it easy for busy people to come home after a long day to a satisfying, flavorful sandwich every time.

\$19.99 ISBN-13: 9781641704601
 Paper over board; 128 Pages; 9 x 9





Kitchen Connection

The Kitchen Connection Alliance works with the Food and Agriculture Organization of the United Nations. It uses food as the vehicle to connect people to each other, in support of a better food system and the United Nations Sustainable Development Goals.

The Cookbook in Support of the United Nations: For People and Planet 75 Sustainable International Recipes from Chefs, Farmers & Indigenous Communities

Kitchen Connection
The Kitchen Connection Alliance, in close cooperation with the Food and Agriculture Organization of the United Nations, develops an international cookbook to support the way that we eat for ourselves and for the planet.. Celebrity chefs, organic farmers, indigenous cooks, and food activists share their favorite entrées and side dishes that are not only healthy and delicious, but sustainable. This gorgeous cookbook features full-color photography along with each recipe's nutritional information and estimated carbon footprints for the most climate-friendly dishes, so you can support sustainable food systems from your own kitchen. Learn how to eat better for yourself and for the planet with *The Cookbook in Support of the United Nations: For People and Planet*, a global collection for global connection.

\$29.99 ISBN-13: 9781641705844 ISBN 978-1-64170-584-4
Hardcover; 240 Pages; 8 x 10



PEPPER-BRAISED FISH
Dung Xi Ngoc and Thanh Vuong
Vietnam

Ingredients:
1/2 cup olive oil
1/2 cup soy sauce
1/2 cup fish sauce
1/2 cup rice wine vinegar
1/2 cup brown sugar
1/2 cup black pepper
1/2 cup red chili pepper
1/2 cup green chili pepper
1/2 cup garlic
1/2 cup ginger
1/2 cup shallots
1/2 cup onions
1/2 cup carrots
1/2 cup mushrooms
1/2 cup bell peppers
1/2 cup eggplants
1/2 cup zucchinis
1/2 cup corn cobs
1/2 cup sweet potatoes
1/2 cup yam roots
1/2 cup taro roots
1/2 cup lotus roots
1/2 cup water chestnuts
1/2 cup bamboo shoots
1/2 cup bean sprouts
1/2 cup tofu
1/2 cup tempeh
1/2 cup seitan
1/2 cup mushrooms
1/2 cup eggplants
1/2 cup zucchinis
1/2 cup corn cobs
1/2 cup sweet potatoes
1/2 cup yam roots
1/2 cup taro roots
1/2 cup lotus roots
1/2 cup water chestnuts
1/2 cup bamboo shoots
1/2 cup bean sprouts
1/2 cup tofu
1/2 cup tempeh
1/2 cup seitan



THE ZIMMERN FAMILY MATZO BALL SOUP
Andrew Zimmern
United States

Ingredients:
1/2 cup olive oil
1/2 cup butter
1/2 cup flour
1/2 cup milk
1/2 cup chicken stock
1/2 cup matzo meal
1/2 cup eggs
1/2 cup carrots
1/2 cup onions
1/2 cup celery
1/2 cup mushrooms
1/2 cup tomatoes
1/2 cup bell peppers
1/2 cup zucchini
1/2 cup corn cobs
1/2 cup sweet potatoes
1/2 cup yam roots
1/2 cup taro roots
1/2 cup lotus roots
1/2 cup water chestnuts
1/2 cup bamboo shoots
1/2 cup bean sprouts
1/2 cup tofu
1/2 cup tempeh
1/2 cup seitan



SOUPE PAYSANNE
Soup Jaden—Red Cabbage, Yam, Green Peas and Spinach Soup
Natasha Conroy
France

Ingredients:
1/2 cup olive oil
1/2 cup butter
1/2 cup flour
1/2 cup milk
1/2 cup chicken stock
1/2 cup yam
1/2 cup red cabbage
1/2 cup green peas
1/2 cup spinach
1/2 cup carrots
1/2 cup onions
1/2 cup celery
1/2 cup mushrooms
1/2 cup tomatoes
1/2 cup bell peppers
1/2 cup zucchini
1/2 cup corn cobs
1/2 cup sweet potatoes
1/2 cup yam roots
1/2 cup taro roots
1/2 cup lotus roots
1/2 cup water chestnuts
1/2 cup bamboo shoots
1/2 cup bean sprouts
1/2 cup tofu
1/2 cup tempeh
1/2 cup seitan

TALKAN
Yara Tanjaghatia
Shor Community
South-West Serbia, Austria

Ingredients:
1/2 cup olive oil
1/2 cup butter
1/2 cup flour
1/2 cup milk
1/2 cup chicken stock
1/2 cup yam
1/2 cup red cabbage
1/2 cup green peas
1/2 cup spinach
1/2 cup carrots
1/2 cup onions
1/2 cup celery
1/2 cup mushrooms
1/2 cup tomatoes
1/2 cup bell peppers
1/2 cup zucchini
1/2 cup corn cobs
1/2 cup sweet potatoes
1/2 cup yam roots
1/2 cup taro roots
1/2 cup lotus roots
1/2 cup water chestnuts
1/2 cup bamboo shoots
1/2 cup bean sprouts
1/2 cup tofu
1/2 cup tempeh
1/2 cup seitan



Not too many cooks, but just enough: There are 75 of them – chefs, farmers, and Indigenous home cooks – that have contributed recipes to this collaboration between the United Nations and Kitchen Connection Alliance, a nonprofit that seeks to improve systems for growing and distributing food worldwide. Sustainability and healthy eating are front and center. There are five recipe sections covering food systems, biodiversity, sustainable consumption, food and climate change, and food waste. Among the stellar recipes in the generally vegetable-forward collection are Moroccan chorba with eggplant and sweet potato; a simple squash soup from the American Black Créole Community; Austrian potato goulash; and venison carpaccio with watercress salad, suitable for a party buffet.

—Florence Fabricant, *The New York Times*

As the world recovers from the COVID-19 pandemic, it's our final chance to reconnect with the planet. A planet where we protect, conserve, and restore nature to create a sustainable future. This cookbook is a great example of how food can be used as a vehicle for change, and how sustainable food systems represent a triple-win opportunity for climate, nature, and people.

—Satya S. Tripathi, Global Alliance for a Sustainable Planet

In addition to being a great cookbook, it's a great cause.

—Katie Horst, *Tasting Table*

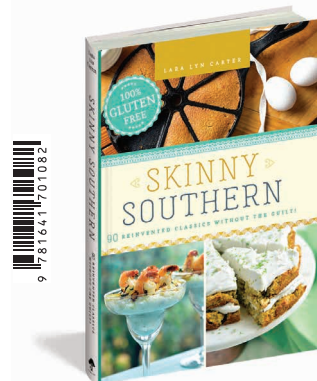




Skinny Southern Baking

Lara Lyn Carter

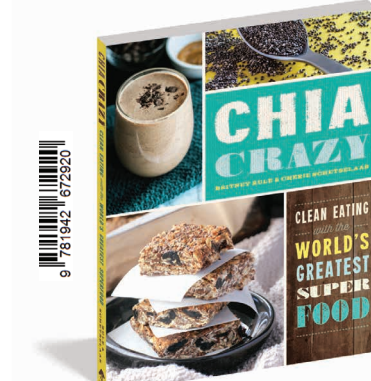
\$29.99 ISBN-13: 9781641701983
Paper over board, 3-piece binding, embossed, spot varnish;
224 pages; 8 x 10



Skinny Southern

Lara Lyn Carter

\$29.99 ISBN-13: 9781641701082
Hardcover, paper-over-board cover with 3-piece binding and
decorative cloth spine; Full-color interior;
224 pages; 8.25 x 10.25

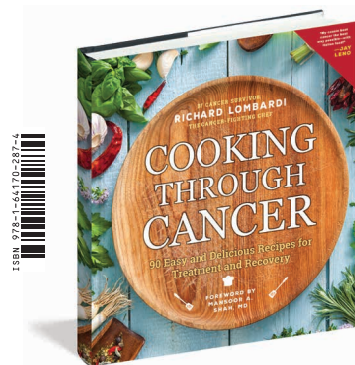


Chia Crazy

Britney Rule and Cherie Schetselaar

\$19.95 ISBN-13: 9781942672920
Paperback with flaps; full-color
photography throughout; 136 pages; 7.5

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Cooking Through Cancer

Richard Lombardi

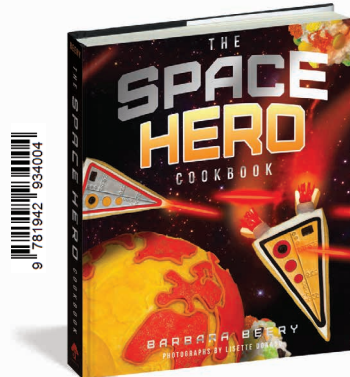
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The Family Dinner Project

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cards; 160 pages; 7.75 x 9.5



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Barbara Beery

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The Snow Princess Cookbook

Barbara Beery

\$16.95 ISBN-13: 9781939629753
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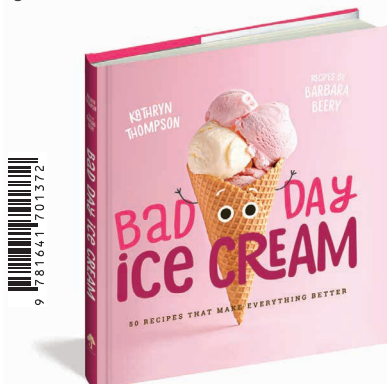


The Great American Family Reunion Cookbook

BW

Lori Nawyn

\$19.95 ISBN-13: 9781938301995
Trade Paper; 298 pages; 7.25 x 8.5



Bad Day Ice Cream

Kathryn Thompson
Recipes by Barbara Beery

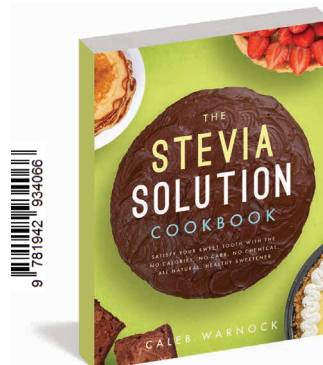
\$14.99 ISBN-13: 9781641701372
Paper over board with spot UV; 128 pages; 7 x 7



The Munchy Munchy Cookbook for Kids

Pierre A Lamielle

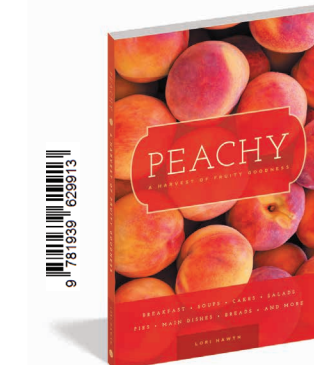
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Covered-spiral bound hardcover with full-color photography and
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Caleb Warnock

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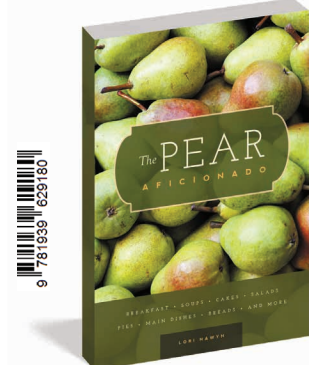


Peachy

Lori Nawyn

\$12.95 ISBN-13: 9781939629913
Trade Paper; 158 pages; 6 x 9

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The Pear Aficionado

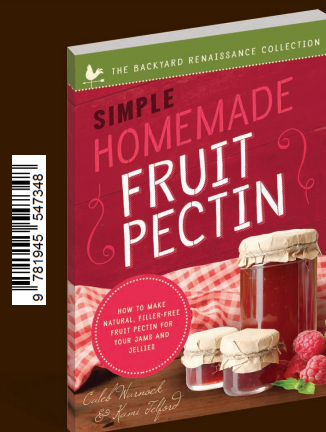
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\$12.95 ISBN-13: 9781939629180
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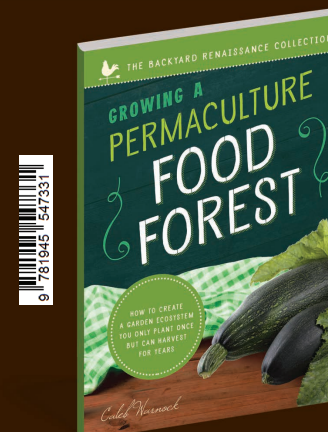


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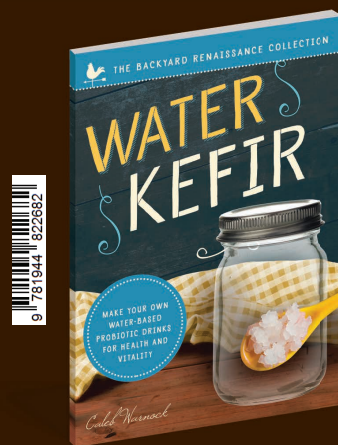
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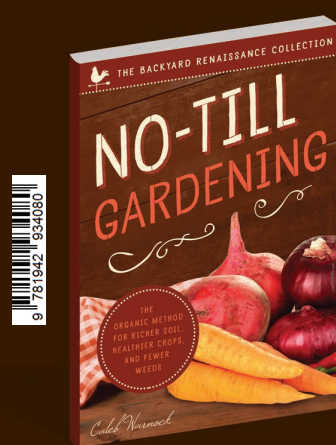
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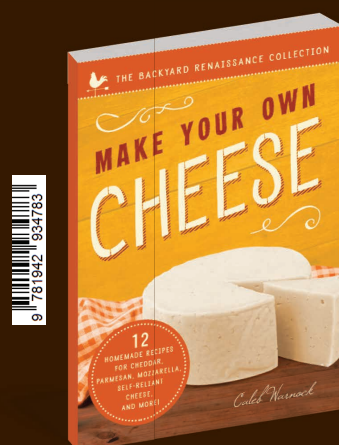
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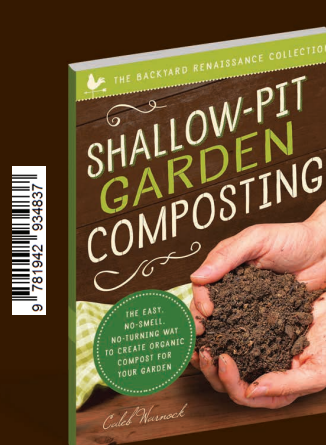
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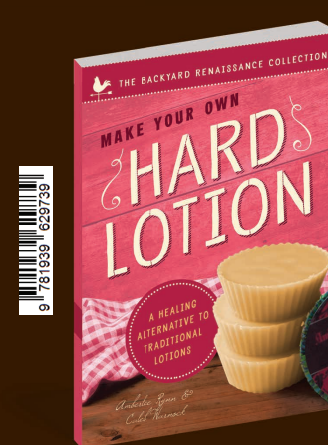
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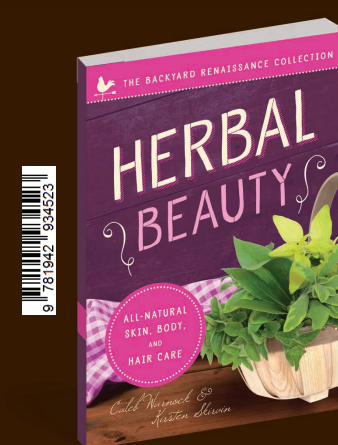
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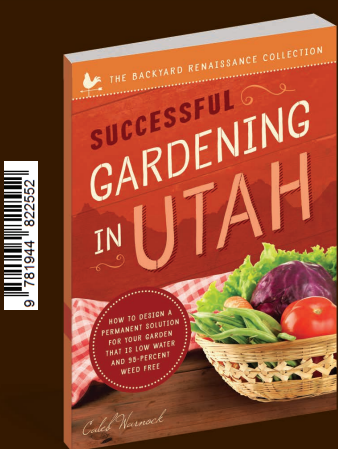
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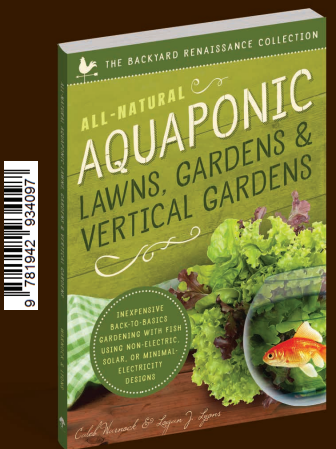
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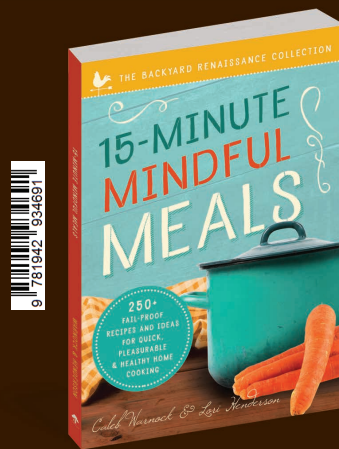
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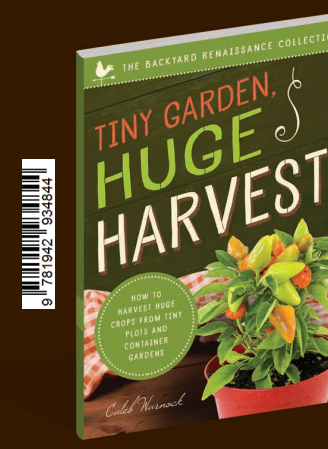
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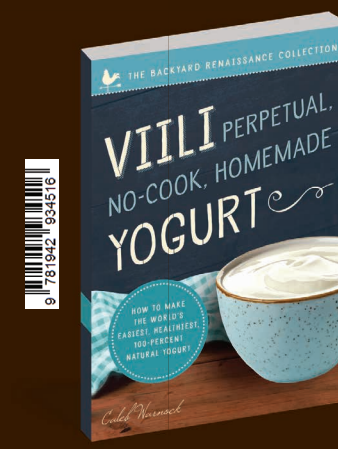
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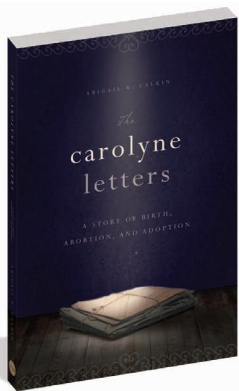
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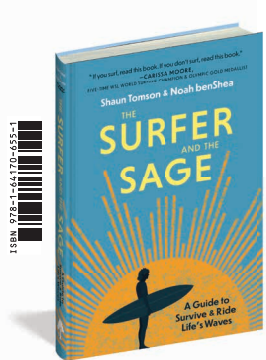
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Life advice and spiritual guidance paired with gorgeous surf photography makes this a great gift for fans of surfing and philosophy alike.

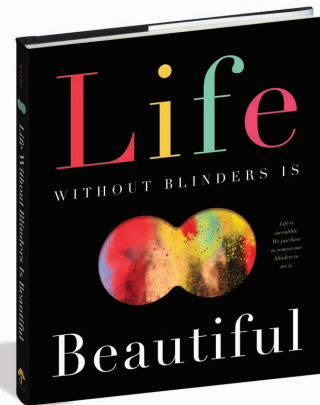
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Susan Holt Simpson,
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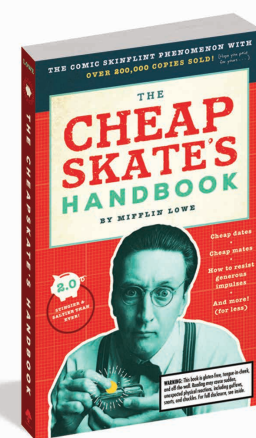
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Life Without Blinders Is Beautiful

David Miles
Life Without Blinders Is Beautiful is an inspiring, thought-provoking invitation to step out of the darkness and discover the abundant beauty hidden in this crazy, messy, wonderful world. Each spread features one of over thirty stirring questions accompanied by an image covered with a die-cut blinders window. Flip off the blinders window, and you'll see what's really true.

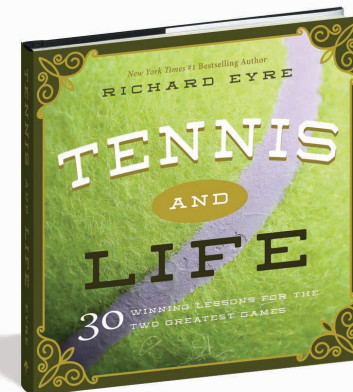
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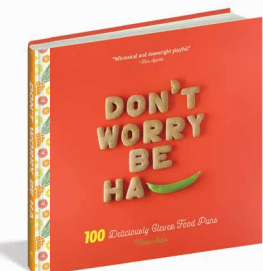
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Tennis and Life

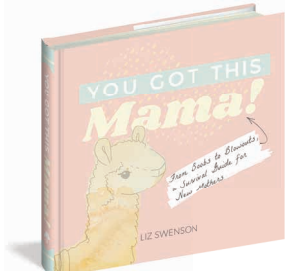
Richard Eyre
New York Times #1 bestselling author and tennis champion Richard Eyre shares thirty principles that will help you enjoy both games more—and play both games better. Since both are largely psychological exercises, our success (and our happiness) in both the game of life and the game of tennis depends greatly on our attitude, and *Tennis and Life* teaches readers how to alter our attitudes and thus improve our performance in both games.

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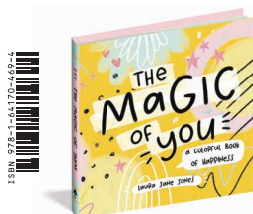
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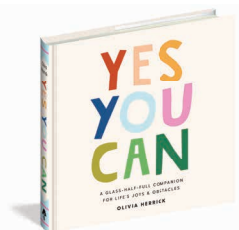
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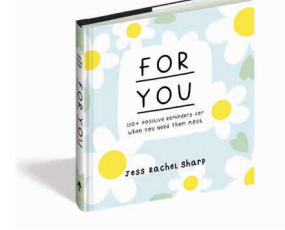
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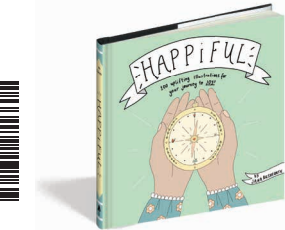
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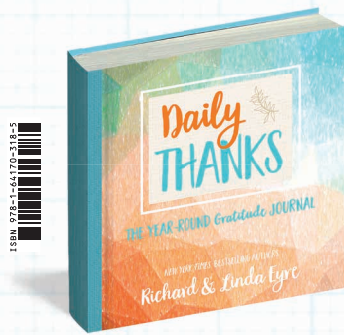
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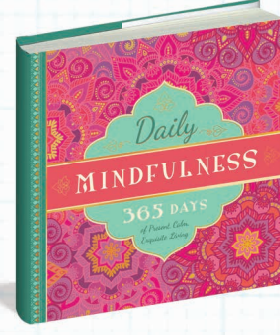
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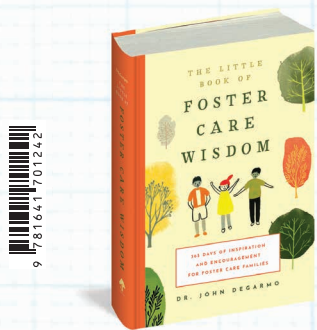
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Dr. John DeGarmo

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Scott Rubin

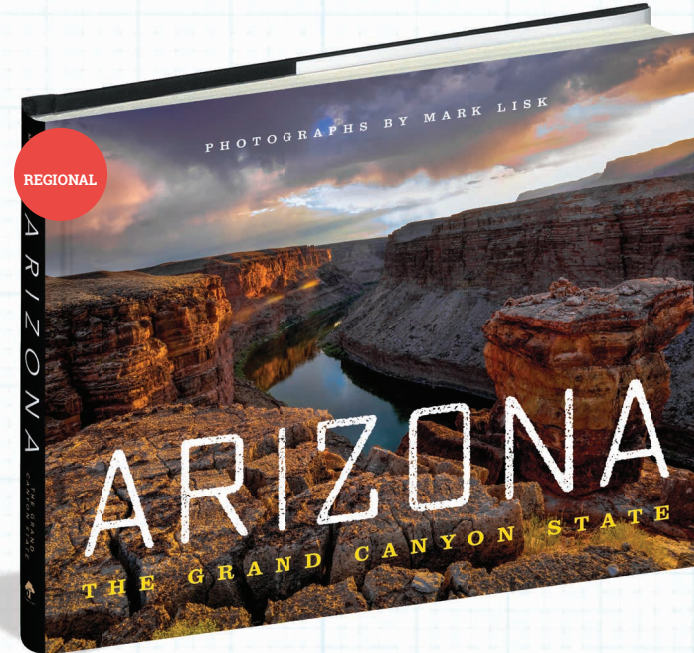
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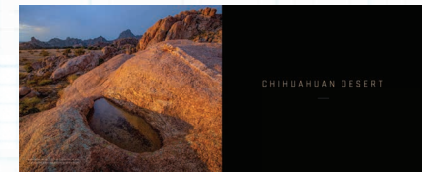


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Photography by Mark Lisk

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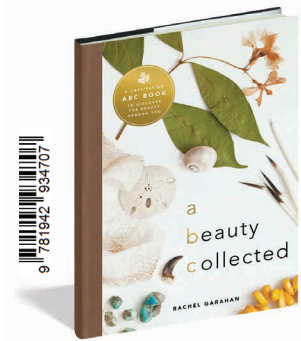
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Mark Lisk

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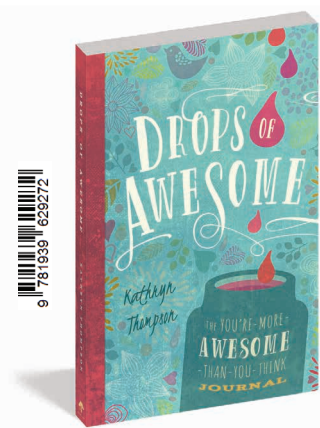
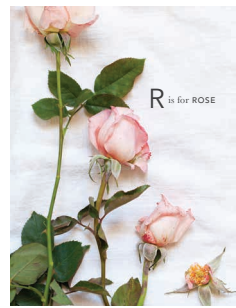
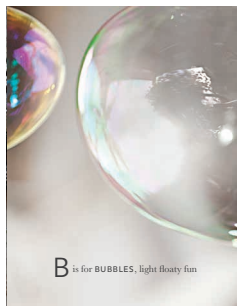
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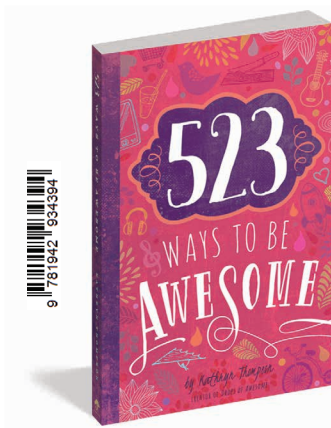
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Rachel Garahan
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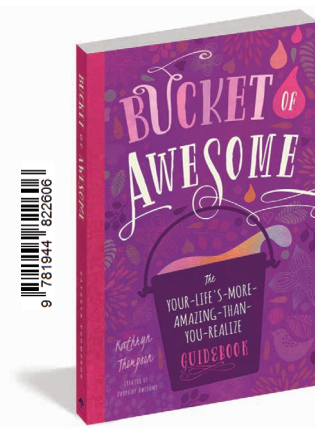
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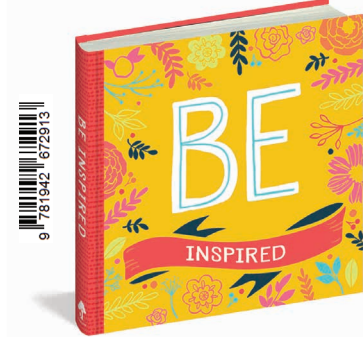
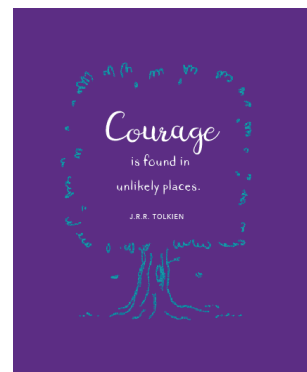
523 Ways to Be Awesome

Kathryn Thompson
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Paperback with rounded corners; 2-color interior; 224 pages; 5.5 x 8.5



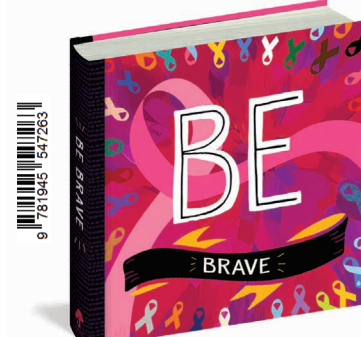
Bucket of Awesome

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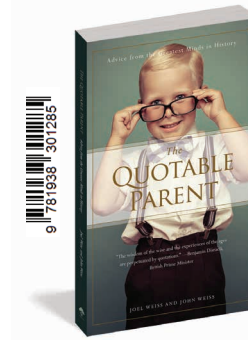
Trish Madson and Natalie Hoopes
\$14.99 ISBN-13: 9781942672913
Paper over board book with gold foil; Includes 12 stickers and 3 quote cards in vellum envelope; 2-color interior; 208 pages; 6.25 x 6.25



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Trish Madson and Adam Eastburn
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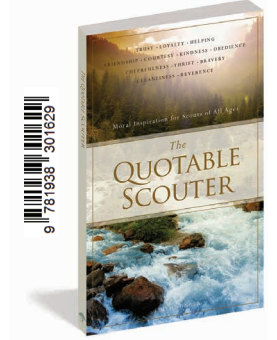
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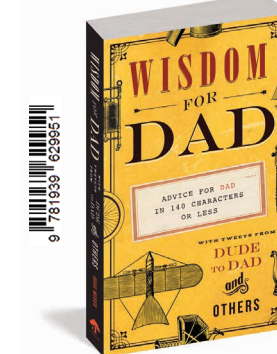
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Familius
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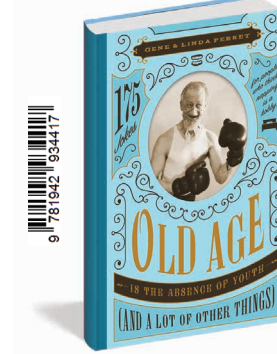
The Quotable Scouter

Edith Songer
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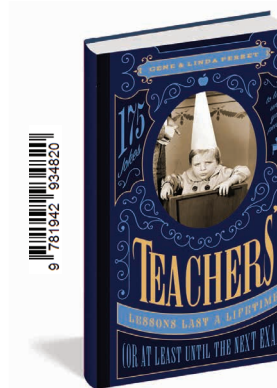
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Hugh Weber
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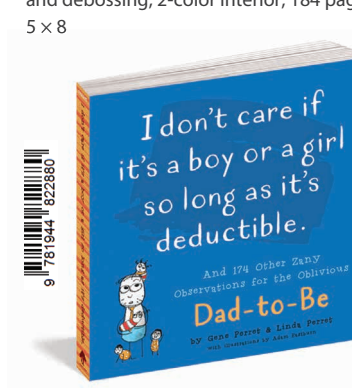
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The Secret Garden

Frances Hodgson Burnett, Brooke Jorden, and David Miles

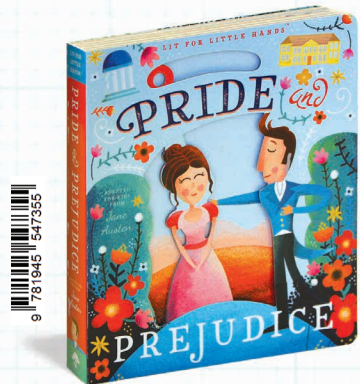
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A Midsummer Night's Dream

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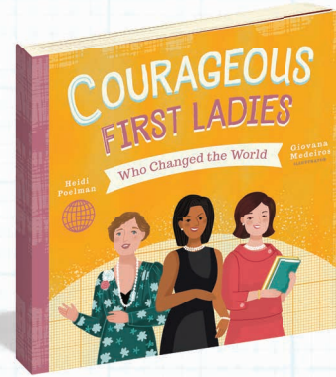
\$12.99 ISBN-13: 9781641702393
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Courageous First Ladies Who Changed the World

Heidi Poelman and Giovana Medeiros

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Board book; 20 pages; 7 x 7



Inventors Who Changed the World

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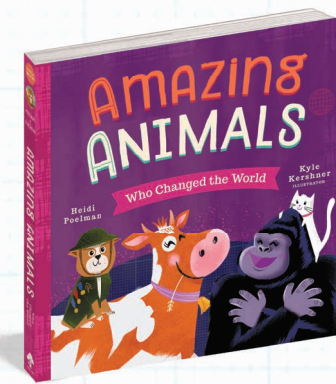
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Engines Animated

Tyler Jorden, illustrations by Elsa Martins

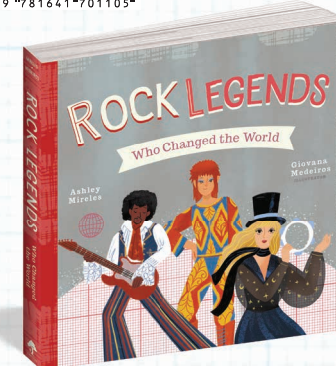
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Amazing Animals Who Changed the World

Heidi Poelman and Kyle Kershner

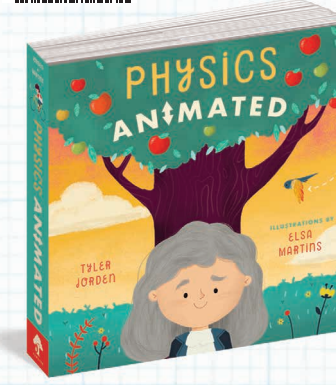
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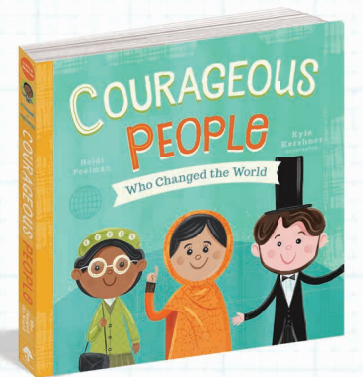
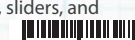
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Physics Animated

Tyler Jorden, illustrations by Elsa Martins

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Includes interactive wheels, sliders, and rockers; 14 pages; 7.5 x 7.5



Courageous People Who Changed the World

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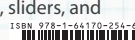
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Board book; 16 pages; 7 x 7



Energy Animated

Tyler Jorden, illustrations by Elsa Martins

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Dino Train

Christopher Robbins; Susanna Covelli

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12 pages; 5 x 5



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Board book; 16 pages; 7 x 7



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Michele Robbins and Ekaterina Ladatiko

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Farm Train

Susanna Covelli

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Novelty book; 14 pages; 8 x 6



Monster Train

Susanna Covelli

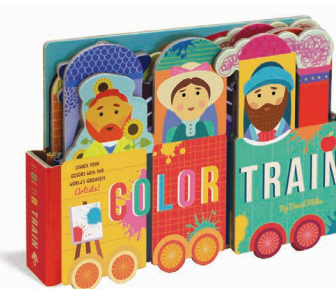
\$12.99 ISBN-13: 9781641703048
Novelty book; 14 pages; 8 x 6



Alphatrain

Christen Farley, Stephanie and David Miles

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Die-cut novelty board book that unfolds
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around cover with velcro snap;
14 pages; 8 x 6



Color Train

David Miles

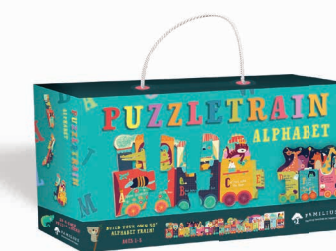
\$12.99 ISBN-13: 9781641701068
Die-cut novelty board book that unfolds
accordion style into a 56" train; Wrap-
around cover with velcro snap;
14 pages; 8 x 6



Christmas Train

David Miles

\$12.99 ISBN-13: 9781641701655
Die-cut novelty board book that unfolds
accordion style into a 56" train; Wrap-
around cover with velcro snap;
14 pages; 8 x 6



Puzzletrain™ Alphabet

David Miles

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Die-cut puzzle, 26 pieces



Puzzletrain™ Christmas

David Miles

\$14.99 ISBN-13: 9781641705790
Die-cut puzzle, 26 pieces

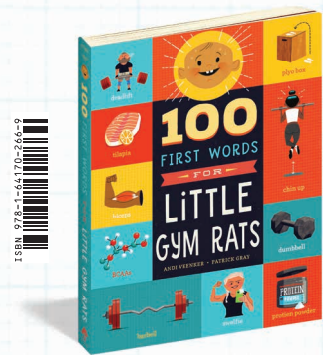


Puzzletrain™ Farm

Susanna Covelli

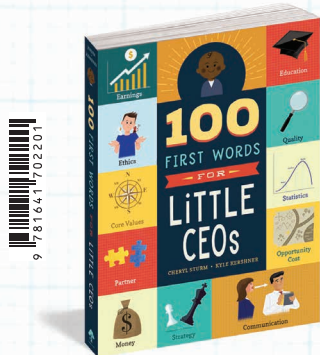
\$14.99 ISBN-13: 9781641706476
Die-cut puzzle, 26 pieces





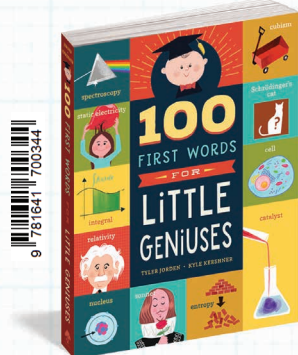
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Andrea Veenker, illustrations by Patrick Gray

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Board book; 20 pages; 6 x 8



100 First Words for Little CEOs
Cheryl Sturm and Kyle Kershner

\$9.99 ISBN-13: 9781641702201
Board book; 20 pages; 6 x 8



100 First Words for Little Geniuses

Tyler Jordan and Kyle Kershner

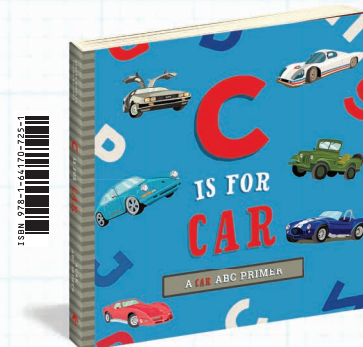
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Board book; 20 pages; 6 x 7



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Board book; 16 pages; 7 x 7



C Is for Car

Ashley Marie Mireles and Volha Kaliaha

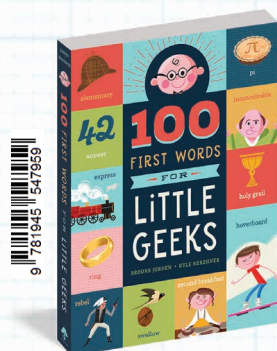
\$9.99 ISBN-13: 9781641707251
Boardbook; 20 pages; 7 x 7



100 First Words for Little Artists

Kyle Kershner

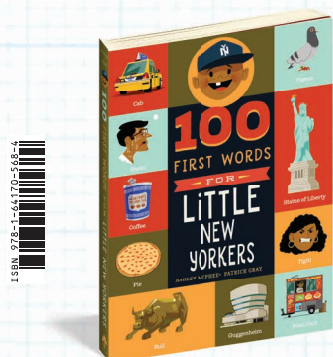
\$9.99 ISBN-13: 9781641701280
Board book; 20 pages; 6 x 7



100 First Words for Little Geeks

Brooke Jordan and Kyle Kershner

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Board book; 20 pages; 6 x 7



100 First Words for Little New Yorkers

Ashley McPhee and Patrick Gray

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Board book; 16 pages; 6 x 7



O Is for Ocean

Ashley Marie Mireles and Volha Kaliaha

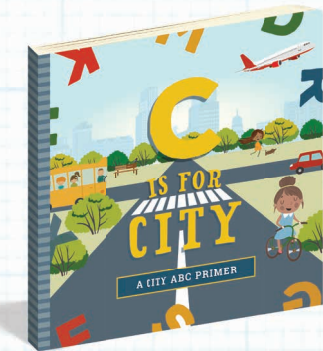
\$8.99 ISBN-13: 9781641701853
Boardbook; 20 pages; 7 x 7



S Is for Snow

Ashley Marie Mireles and Volha Kaliaha

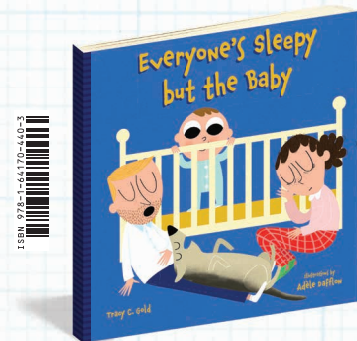
\$8.99 ISBN-13: 9781641702560
Boardbook; 20 pages; 7 x 7



C Is for City

Ashley Marie Mireles and Volha Kaliaha

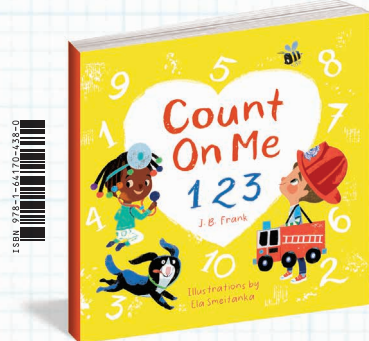
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Boardbook; 20 pages; 7 x 7



Everyone's Sleepy but the Baby

Tracy C. Gold and Adèle Dafflon

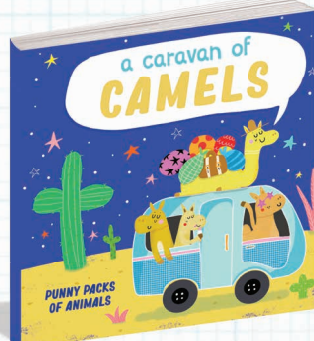
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Board book; 16 pages; 7 x 7



Count On Me 1-2-3

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Board book; 16 pages; 7 x 7



A Caravan of Camels

Christopher Robbins and Nichola Cowdery

\$8.99 ISBN-13: 9781641702706
Board book; 20 pages; 7 x 7



F Is for Farm

Ashley Marie Mireles and Volha Kaliaha

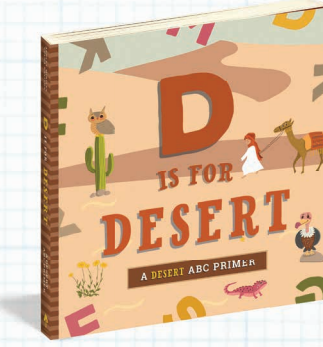
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Boardbook; 20 pages; 7 x 7



S Is for Space

Ashley Marie Mireles and Volha Kaliaha

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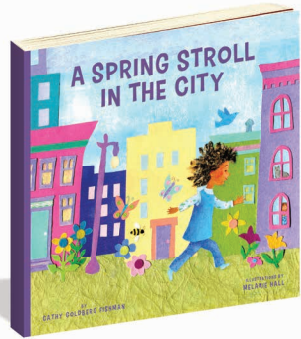


D Is for Desert

Ashley Marie Mireles and Volha Kaliaha

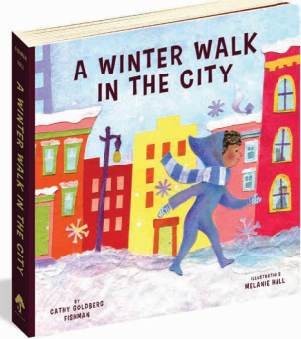
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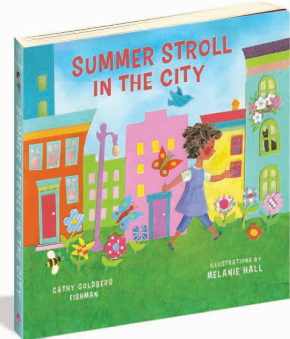
A Spring Stroll in the City
Cathy Goldberg Fishman and Melanie Hall

\$8.99 ISBN-13: 9781641704397
Board book; 20 pages; 7 x 7



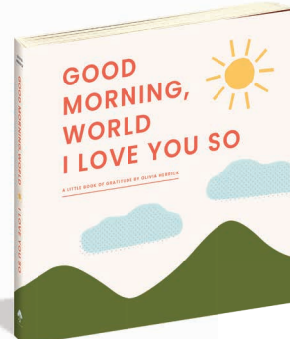
A Winter Walk in the City
Cathy Goldberg Fishman and Melanie Hall

\$8.99 ISBN-13: 9781641702904
Board book; 20 pages; 7 x 7



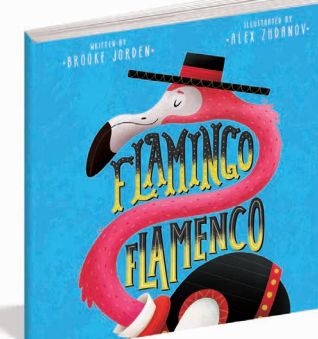
A Summer Stroll in the City
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Board book; 20 pages; 7 x 7



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Olivia Herrick

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Boardbook; 16 pages; 7 x 7



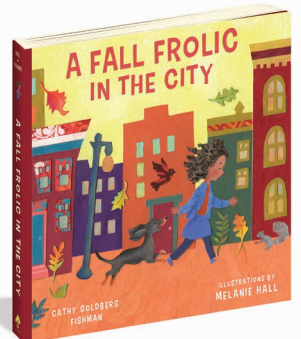
Flamingo Flamenco
Brooke Jorden and Alex Zhdanov

\$8.99 ISBN-13: 9781641702355
Boardbook; 16 pages; 7 x 7



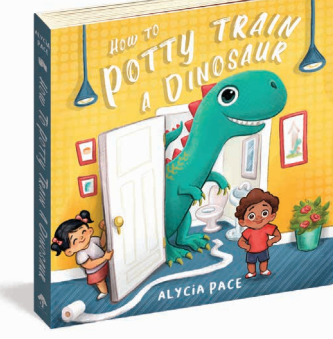
What is a Family?
Annette Griffin and Nichola Cowdery

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Padded boardbook; 20 pages; 8 x 8



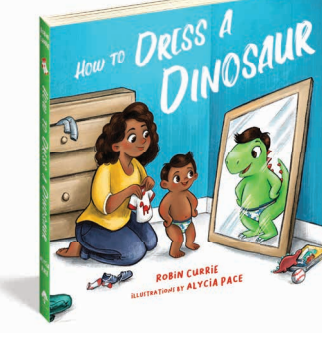
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Boardbook; 20 pages; 7 x 7



How to Potty Train Dinosaur
Alycia Pace

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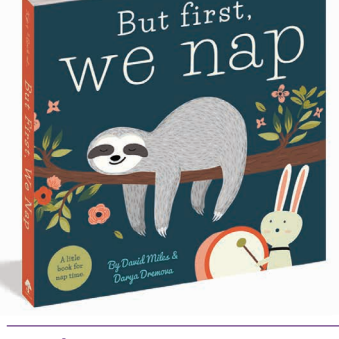
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Robin Currie and Alycia Pace

\$8.99 ISBN-13: 9781641706438
Board book; 16 pages; 7 x 7



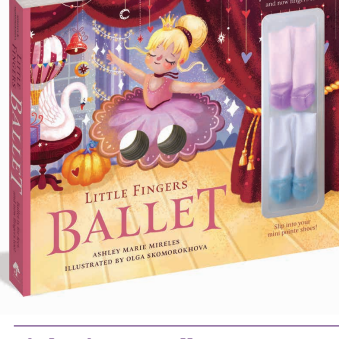
F Is for Fairy
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Board book; 20 pages; 7 x 7



But First, We Nap
David Miles and Darya Dremova

\$8.99 ISBN-13: 9781641700177
Board book; 16 pages; 7 x 7



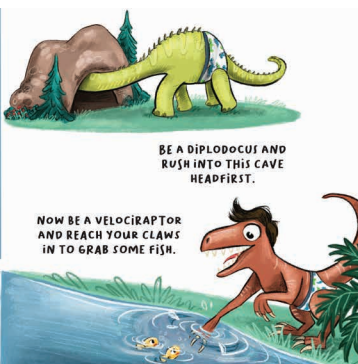
Little Fingers Ballet
Ashley Marie Mireles and Olga Skomorokhova

\$16.99 ISBN-13: 9781641701556
Die cut board book with finger holds and ballet leggings; 10 pages; 9.5 x 7.75



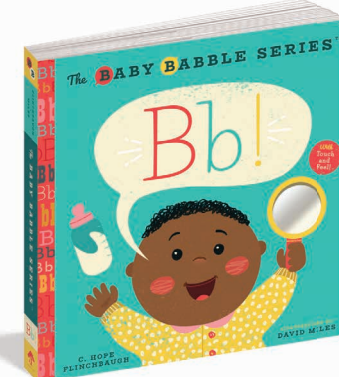
The Cuddle Book
Mifflin Lowe and Delia Ciccarelli

\$10.99 ISBN-13: 9781641702652
Padded board book; 20 pages; 8 x 8



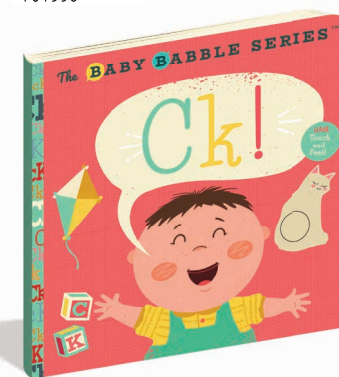
Made for Me
Zack Bush and Gregorio De Lauretis

\$12.99 ISBN-13: 9781641702003
Board book with padded cover; 20 pages; 8 x 8



Baby Babbles B
C. Hope Flinchbaugh and David Miles

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Interactive boardbook; 12 pages; 7 x 7



Baby Babbles C/K
C. Hope Flinchbaugh and Susanna Covelli

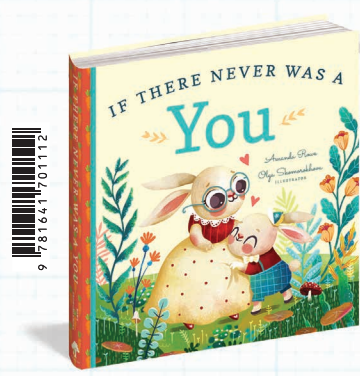
\$9.99 ISBN-13: 9781641702621
Interactive boardbook; 14 pages; 7 x 7





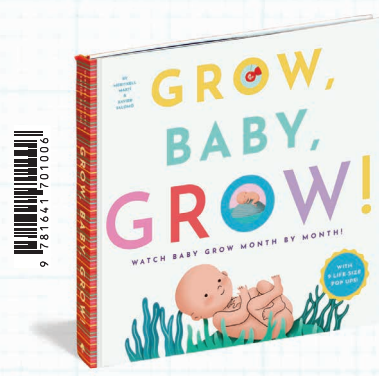
Naciste Para Mi
Zack Bush and Gregorio De Lauretis

\$10.99 ISBN-13: 9781641704854
Spanish-language board book; 20 pages;
8 x 8



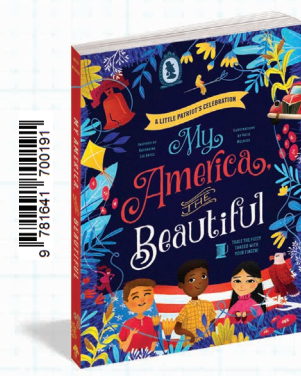
If There Never Was a You
Amanda Rowe and Olga Skomorokhova

\$12.99 ISBN-13: 9781641701112
Board book with padded cover; 20 pages;
8 x 8



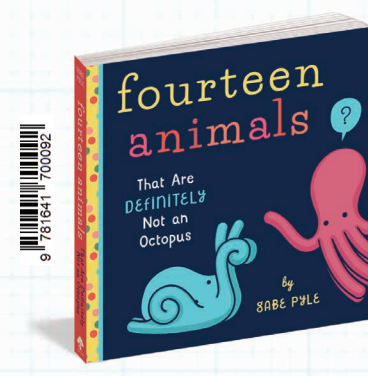
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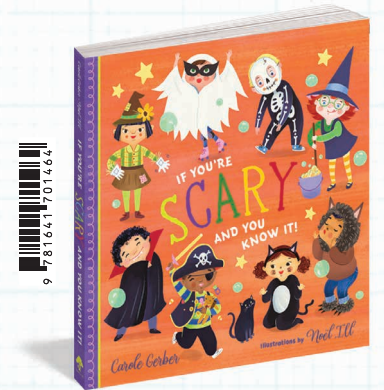
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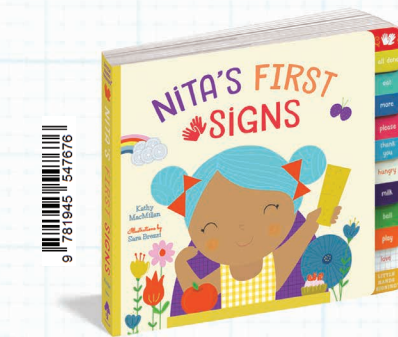
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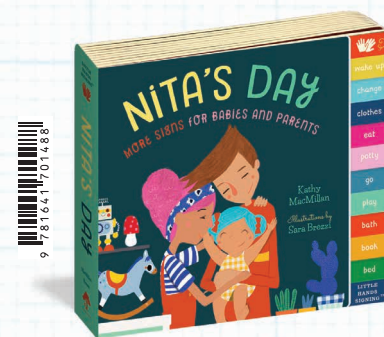
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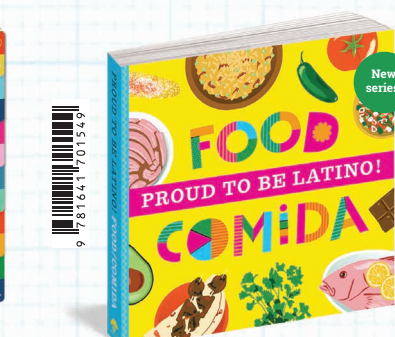
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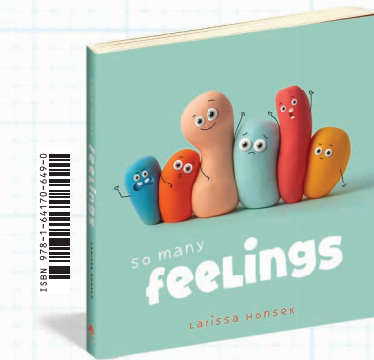
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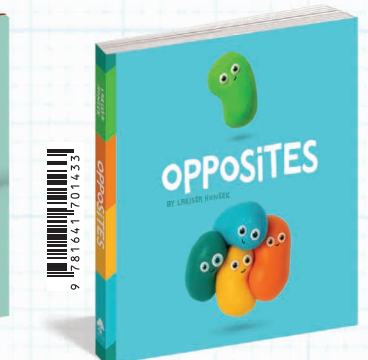
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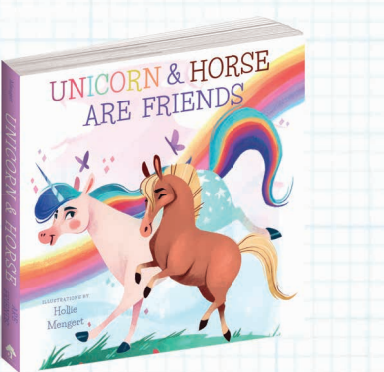
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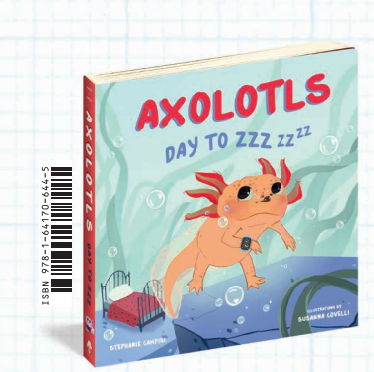
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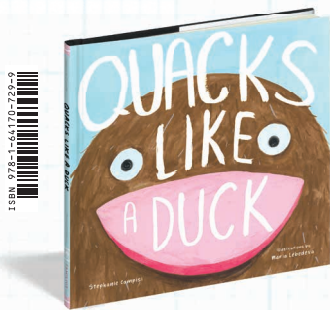
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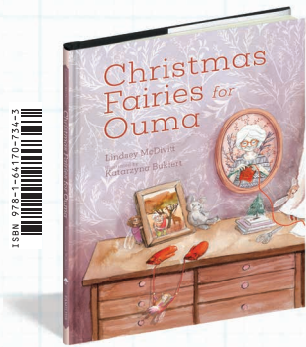
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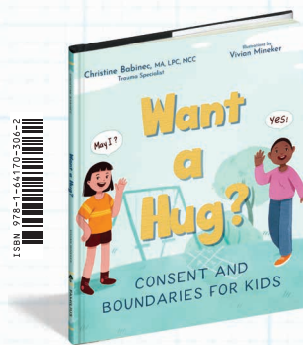
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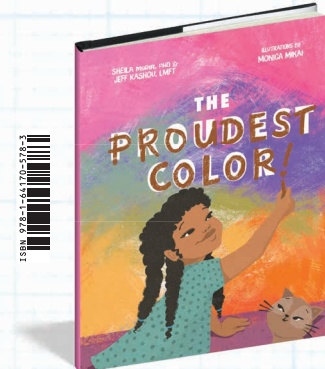
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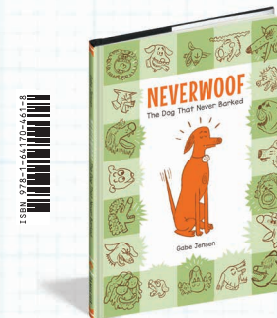
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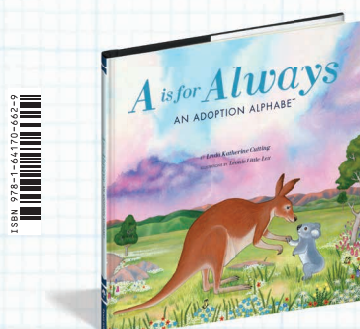
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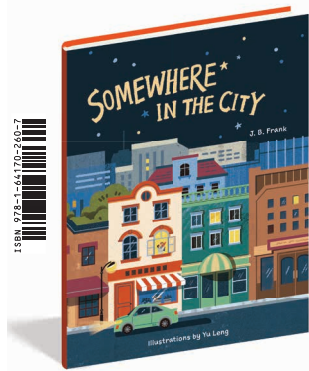
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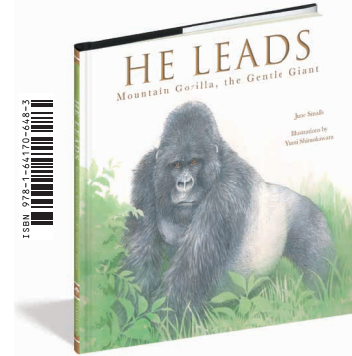
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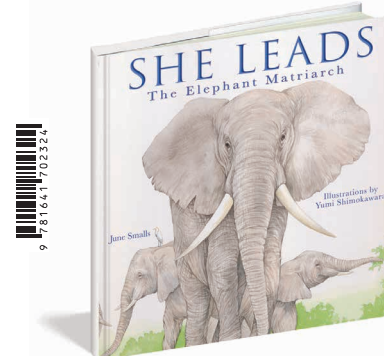
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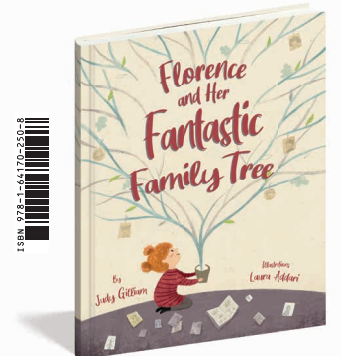
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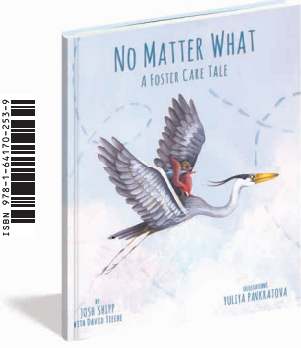
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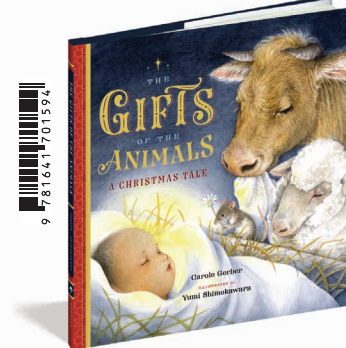
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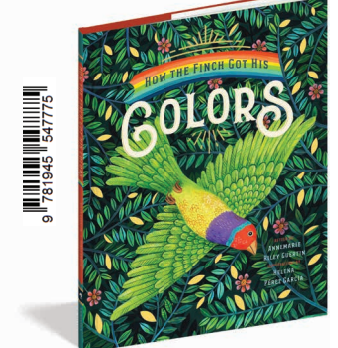
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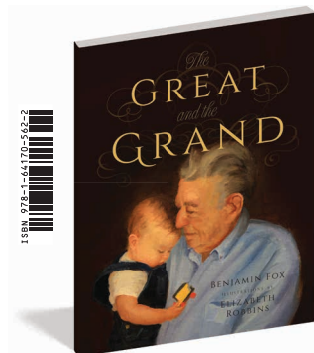
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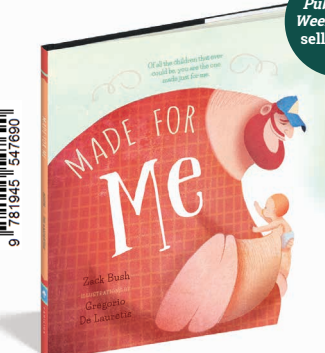
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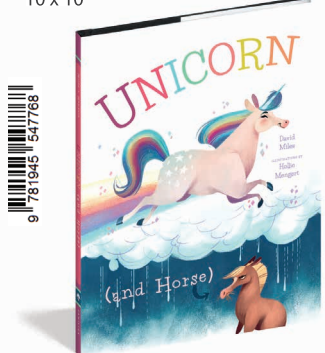


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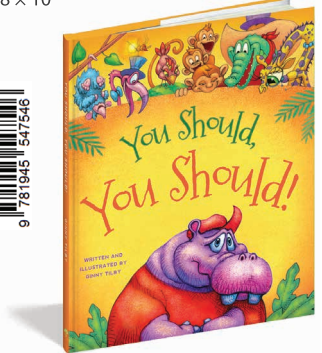
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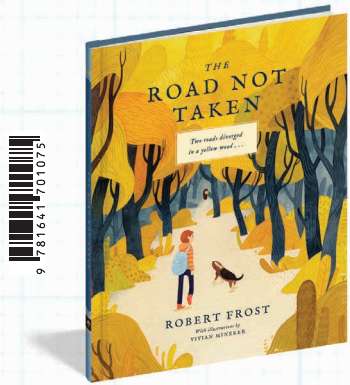
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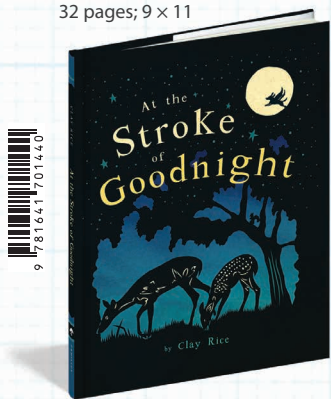
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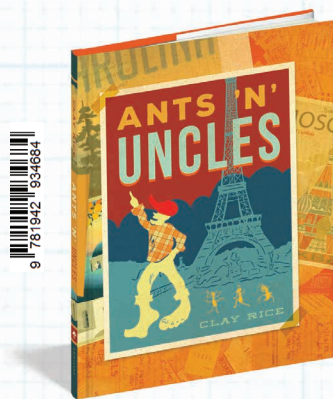
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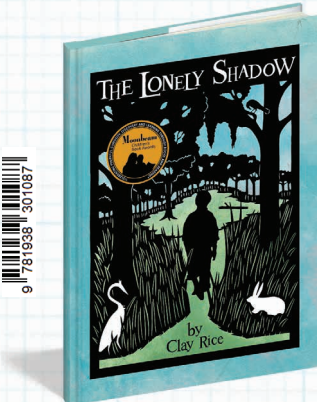
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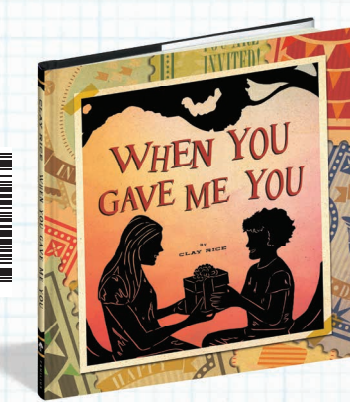
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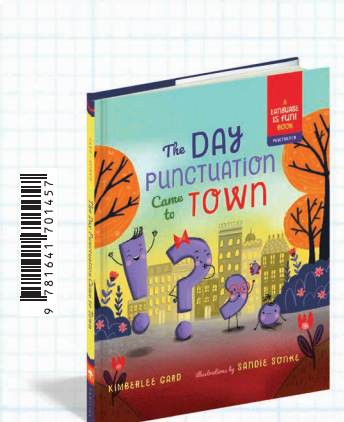
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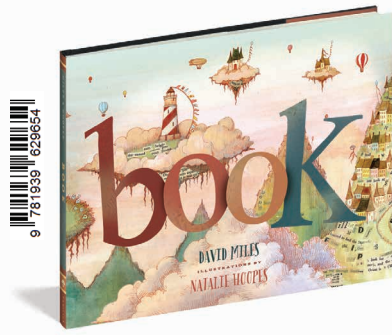
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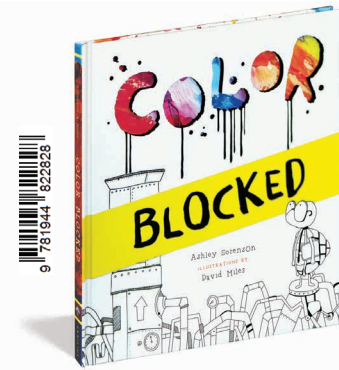
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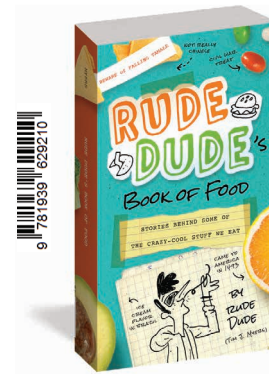
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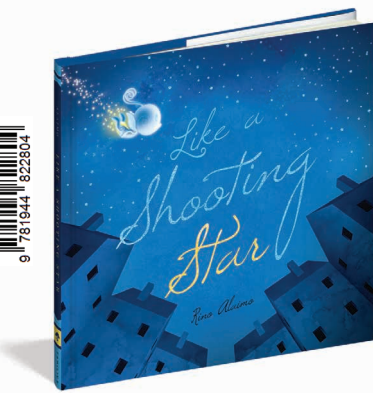
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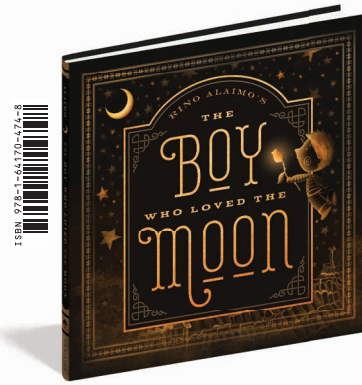
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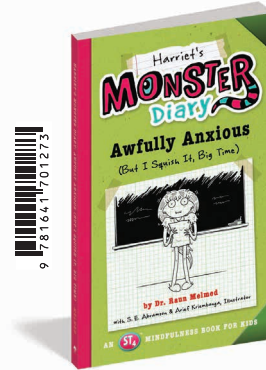
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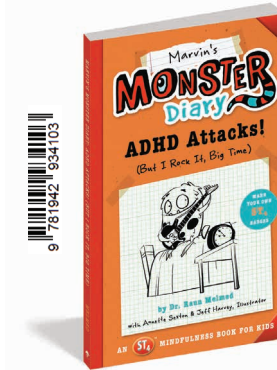
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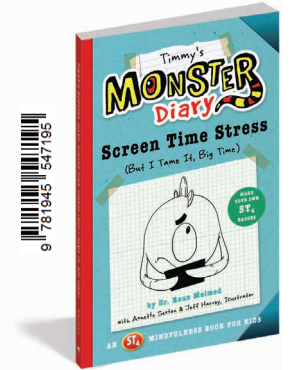
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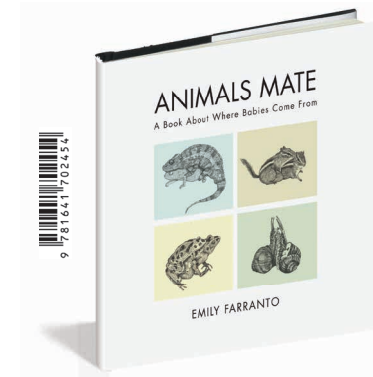
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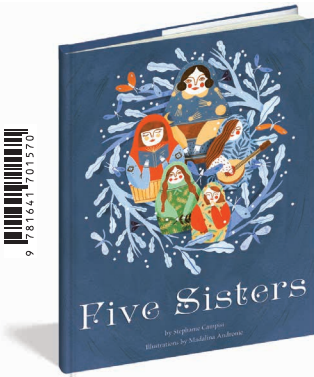
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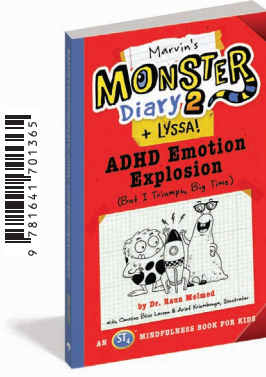
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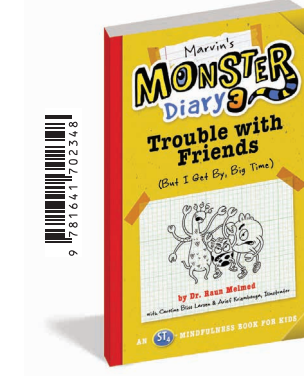
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Raun Melmed, S.E. Abramson, Caroline Bliss Larsen, and Arief Kriembonga

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Trade Paper; 116 pages; 5 x 8



Marvin's Monster Diary 3: Trouble with Friends (But I Get By, Big Time)

Raun Melmed, Caroline Bliss Larsen, and Arief Kriembonga

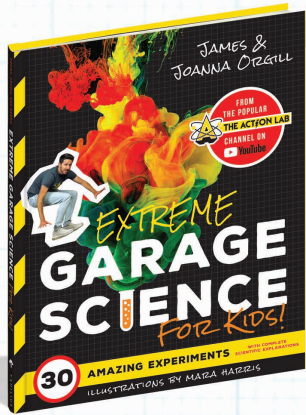
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Marvin's Monster Diary 4: Neighborhood Bully (But We Stand Up, Big Time!)

Raun Melmed, Caroline Bliss Larsen, and Arief Kriembonga

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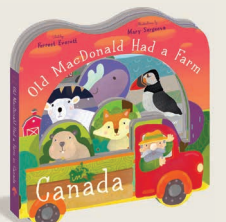
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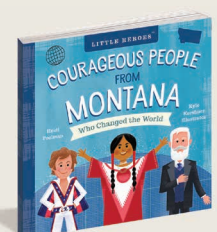
Dear Santa, Love ...



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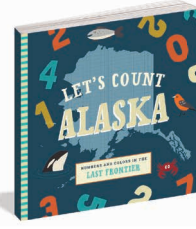


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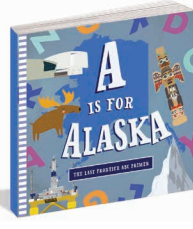
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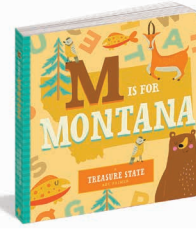
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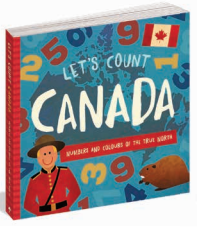
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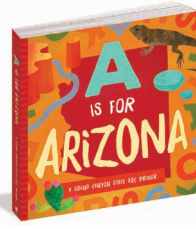
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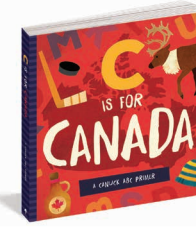
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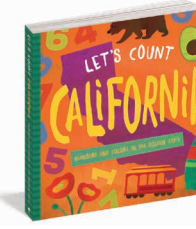
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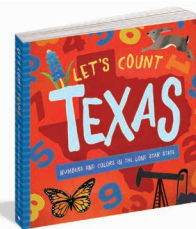
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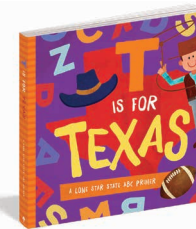
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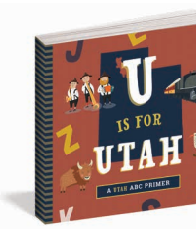
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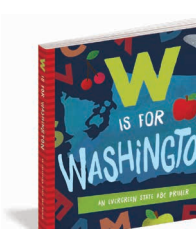
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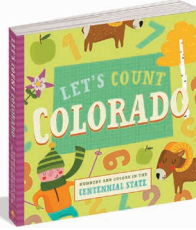
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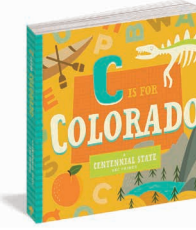
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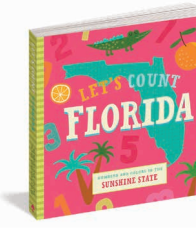
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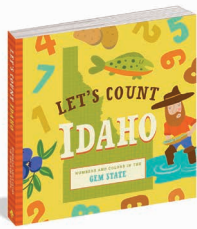
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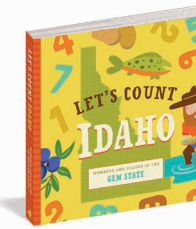
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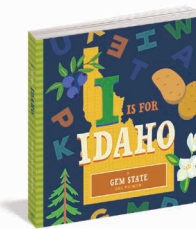
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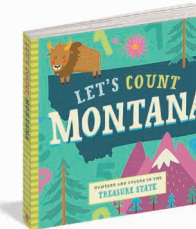
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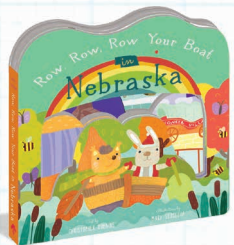
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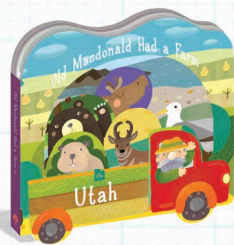


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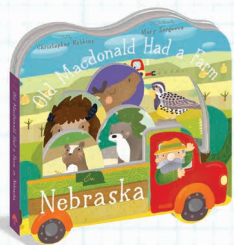
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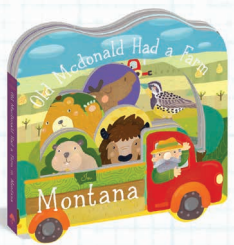
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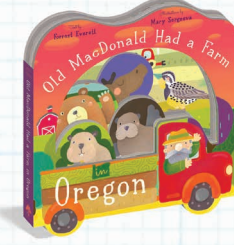
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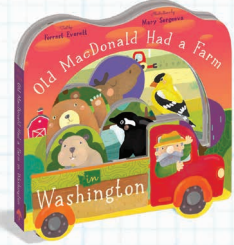
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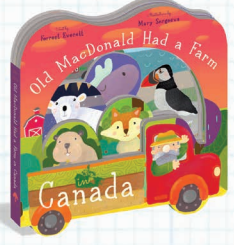
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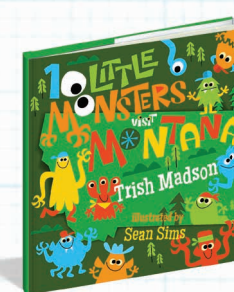
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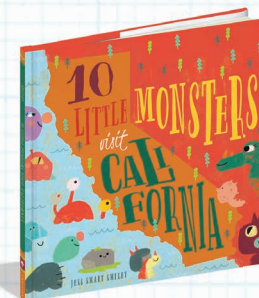
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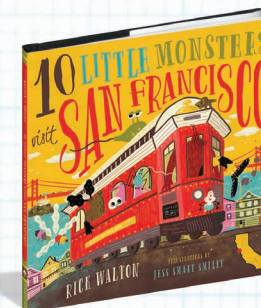
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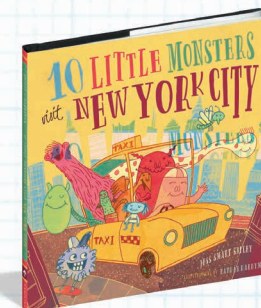
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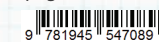
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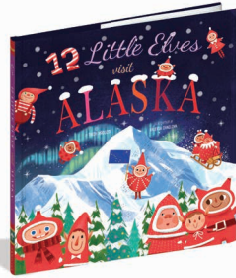
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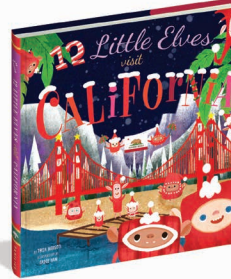
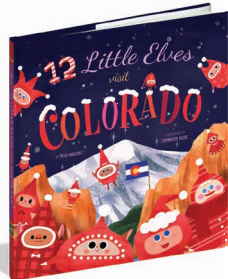
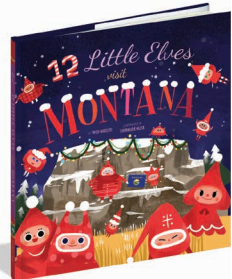
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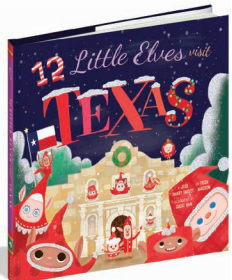
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Dear Santa

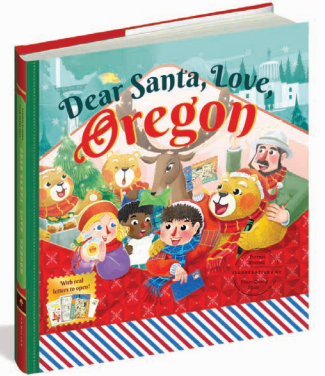
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with 6 pocket envelopes filled with letters, maps, cards, and
more; 32 pages; 8 x 8



VERY BUNNY

The day after Easter, the Easter Bunny must clean up all the colored eggs the kids didn't find. Can you spot them all?



A Very Bunny Illinois

Jeff Harvey

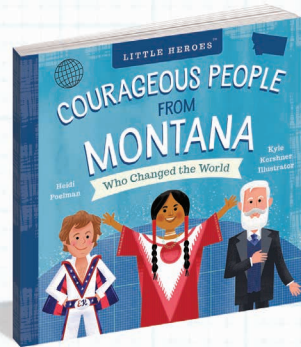
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A young child's first introduction to the brave people from their home state who made a difference.

Simple text and adorable illustrations tell the contribution of more than a dozen courageous people from each state.

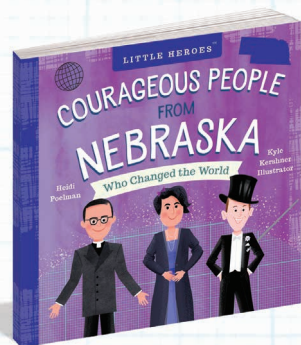


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Heidi Poelman, illustrations by Kyle Kershner

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Board book; 16 pages; 8 x 8

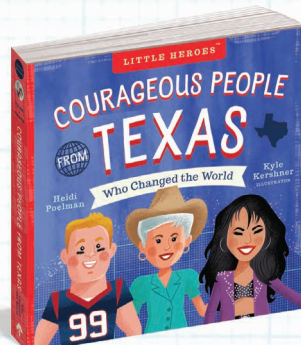


Courageous People from Nebraska Who Changed the World

Heidi Poelman, illustrations by Kyle Kershner

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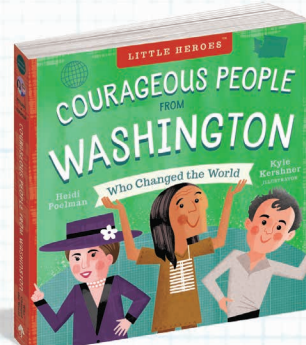


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Heidi Poelman, illustrations by Kyle Kershner

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Heidi Poelman, illustrations by Kyle Kershner

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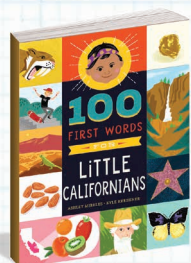
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THANK YOU



100 First Words

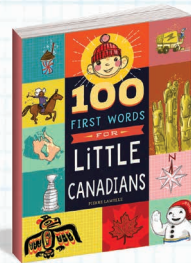


100 First Words for Little Californians

Ashley Marie Mireles, illustrations by Kyle Kershner

\$9.99 ISBN-13: 9781641704571

Board book; 20 pages; 6 x 8



100 First Words for Little Canadians

Pierre Lamielle, illustrations by Kyle Kershner

\$9.99 ISBN-13: 9781641704564

Board book; 20 pages; 6 x 8



"To write books is easy. It requires only pen and ink and the everpatient paper. To print books is a little more difficult, because genius so often rejoices in illegible handwriting. To read books is more difficult still, because of the tendency to go to sleep. But the most difficult task of all that a mortal man or woman can embark on is to sell a book."

—Sir Stanley Unwin



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Dated: 6/23/2022