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# Hardie Grant Books Fall 2021

Hardie Grant

BOOKS

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# Food & Drink

#### Malabar Cauliflower Fry

Stir fried cauliflower with mustard, curry leaves and ginger. One of the simplest day to day home style dishes I learnt to cook from a local in south India. As much as this is an everyday dish don't let the ease of it fool you in terms of taste. The flavours are a delight with robust gingery curry leaves infusion soaks into the cauliflower and potatoes.

Heat the oil in a heavy bottom pain on medium heat. Add the mustand seeds and let them spulture for 5 seconds. Add half the curry leaves and chopped ginger and off for 20 seconds. Add the curliflower and fy for 4 minutes, now add water and season to taste. Cover and code on a love heat for 12 minutes season to taste. Cover and code on a love heat for 12 minutes with the cobles of potato. Simmer for a further 4.5 minutes with the cobles of potato. Simmer for a further 4.5 minutes with the cobles of the collection of the pain. Most of the water should reduce at this stage. Turn the heat off and add the remaining curry leaves along with the chopped contander. Sorve warm with chapter and contained to the contained of the contained



#### Rajasthani Laal Maas

My travels across India have always given me a rry traveis across india nave always given me a chance to explore a diverse variety of regional cooking. A trip to Udaipur in Rajasthan made totally worth it meeting locals from the region and sharing this stellar recipe for a traditional Laal Maas; slow cooked lamb curry with bone marrow, chillies and spices. I have adapted the recipe based on availability of ingredients in UK. I would recommend cooking this curry in ghee for a rich decadent

In a blender add the garlic and ginger with 25 mls water and blitz to a smooth paste. Add 1 thsp of the paste to a large mixing bowl flews whe remaining saide for later) along with the lamb and chilli powder. Marinate the lamb mixing with at adds. Not can do this for a few hours or even overnight. Add the soaked red chilles to a blender along with 30mls of the soaking fluid and blitz to a smooth fine chillip paste. Set

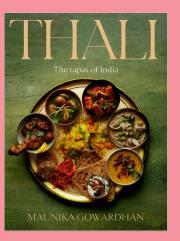
In a large frying pan heat the vegetable oil over a medium me. Add the onions and fry for 45-50 minutes stirring often

#### To cook the Laal Maa:

To cook the Lall Mass in a heavy bottom large saucepan heat the ghee over a medium heat. Add the whole citilise and bay leaves. Fig for a few seconds, Add the bottom find onloan and the far annual for examental the second of the second of the far annual filter and the filter annual filte

To give the Laal Mass a smoky flavour
Heat charcoal over a high heat add to a small bowl along with
the cloves and add the ghee. Place the bowl in the Laal Mass
pot and cover with a lid. The smoke will flavour the gray with
the warmth of cloves. Take the bowl out after 10 minutes and





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## Thali

A Joyful Celebration of Indian Home Cooking Maunika Gowardhan

October 2021 | PB | CRA024000 \$32.50 | 9781784884581 224 pp | 7.5 x 9.8 in Full color photography throughout

ISBN 978-1-78488-458-1

#### A vibrant gastronomic food-tour of India via the iconic thali.

In India, the word 'thali' refers to a selection of healthy, delicious, and nutritious foods served together on one plate. And there really is no better way of understanding the cuisine of India than through thalis. Indian cook, author, and social media star Maunika Gowardhan demystifies thalis and shows how easy they are to create at home. From stir-fried dry vegetable dishes to slow-cooked gravy-based lamb curries; from crispy fried snacks like pakoras or fritters to soupy and warming dals, these authentic but accessible recipes will inspire you to explore the varied and vibrant range of foods, flavors, and textures from across the Indian subcontinent.

Maunika Gowardhan is an Indian chef and author. Born and raised in Mumbai, India, she is now based in the UK. She regularly contributes to a number of publications including the Sunday Times, The Telegraph, and BBC Olive magazine, and is the contributing editor for Vogue India where she shares all the latest on the global Indian food scene.

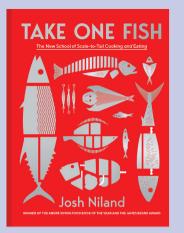
- · This book gives you the tools to build your own thalis using traditional flavors and ingredients.
- · An accessible, easy cooking guide, breaking down the elements of Indian cooking.
- · Maunika Gowardhan is a well-respected food name with over 180k followers on Instagram.

#### **FOOD & DRINK**









'One of the most impressive chefs of a generation.'

- Jamie Oliver

'A brilliant, graceful and authoritative guide for reimagining seafood'

- Dan Barber



Also available The Whole Fish Cookbook 9781743795538 \$40.00 | 2019

# **Take One Fish**

The New School of Scale-to-Tail Cooking and Eating

#### Josh Niland

August 2021 | HC | CKB076000 \$40.00 | 9781743796634 224pp | 8.5 x 11.1 in Full color photography throughout



# Forget everything you thought you knew about fish cookery.

There are no rules when it comes to cooking fish according to James Beard award winning chef Josh Niland, only an endless world of possibilities. With almost 80 mind-blowing recipes from just 15 global varieties of fish, *Take One Fish* will take you on a gustatory journey—from elaborate to easy, small to large and—always—scale to tail.

Josh's multi award-winning and bestselling book, *The Whole Fish Cookbook*, revealed the blueprint for a new and unprecedented kind of fish cookery. In this latest book, Josh continues to open our eyes to the potential of fish in the kitchen. With flair, color and bucket loads of flavor, *Take One Fish* unpacks each of Josh's 15 fish to reveal their true culinary potential.

Chef **Josh Niland** has transformed the way we cook, transport, age, and store fish. His ethical, sustainable, and revolutionary approach has received global recognition. Josh's first book, *The Whole Fish Cookbook* has garnered a swag of chef endorsements and international awards, including James Beard Book of the Year 2020.

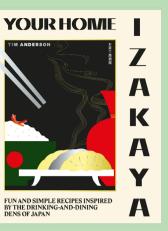
- The Whole Fish Cookbook has sold more than 80k copies worldwide and translated into nine languages.
- Josh is recognized as the global authority on cooking with fish, on display at Saint Peter, his acclaimed Australian restaurant and butchery, which attracts interest from around the world.











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Also available Tokyo Stories 9781784882297 \$35.00 | 2019



Vegan JapanEasy 9781784882846 \$32.50 | 2020



JapanEasy 9781784881146 \$32.50 | 2017

# **Your Home Izakaya**

Fun and Simple Recipes Inspired by the Drinking-and-Dining Dens of Japan **Tim Anderson** 

October 2021 | FB | CKB009000 \$35.00 | 9781784883850 240 pp | 7.5 x 9.8 in Full color illustrations throughout



# Simple Japanese food, which is perfect for everyday dinners or special occasions

In Your Home Izakaya, Tim Anderson explores the anything-goes culture of izakaya by showcasing over 80 flavor-packed recipes. From Shredded Daikon and Arugula Salad to Sweetcorn with Shoyu Butter, and from Spicy Sesame Ramen Salad to Pork and Kimchi Pancake, the recipes are impressive but simple to achieve. The book also includes a guide to stocking a Japanese bar as well as recipes for a few choice cocktails.

Full of delicious dishes, this is perfect for anyone who wants to make show-off food that's fit for a dinner party with a minimum of fuss.

Tim Anderson is a chef, food writer, and MasterChef champion. Born and raised in Wisconsin, Tim studied Japanese food culture at university and lived in Japan for two years. He is also author of *JapanEasy*, *Vegan JapanEasy* and *Tokyo Stories*, for which Tim won the John Avery award.

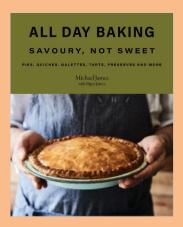
- Delicious yet incredibly easy Japanese recipes bound to impress at any dinner party.
- As a result of COVID-19, there will be a real appetite for home entertaining when it is safe again.
- None of the recipes require specialist equipment.











'This book is AMAZING.'

- Chad Robertson

'With this book, I really do want to bake all day!'

- Helen Goh

'Everything I look for in a baking book.'

- Bonnie Ohara



Also available The Tivoli Road Baker 9781743793206 \$35.00 | 2017

# **All Day Baking**

Savoury, Not Sweet Michael James and Pippa James

September 2021 | HC | CKB004000 \$35.00 | 9781743796993 224pp | 7.5 x 9.8 in Full color photography throughout



A savory-focused baking cookbook from one of the world's best-regarded bakers.

All Day Baking: Savoury, Not Sweet is a baking cookbook for the lover of the savory bake. Its mission is to deliver comforting, inventive and wholegrain-forward ideas for pies, sausage rolls, pasties and myriad other mostly pastry-based recipes, alongside gutsy accompaniments that equip the reader with the tools to transform delicious bakes into nourishing any-time-of-day meals.

Baker Michael James, a Michelin-restaurant chef by training, has structured *All Day Baking* across the arc of the day but the recipes at their heart are interchangeable: if you fancy beetroot & shallot galette for breakfast, or bacon & onion quiche for dinner—that's perfectly ok.

Michael James is an accomplished chef and baker. After meeting his wife, Pippa James, at the two-Michelin starred restaurant Pied à Terre, he has gone on to garner a loyal following for his Melbourne bakery and baking ventures, including baking classes and international consultations. The couple's first book is *The Tivoli Road Baker*.

- Includes 77 recipes: 53 recipes plus 10 step-bysteps for pastry as well as an additional 14 pantry recipes for delicious condiments, like pickles or hot sauce.
- The recipes are written so that the fillings and pastry are interchangeable and appealing to carnivores, omnivores and vegans alike.











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## Celebrate

Plant-Based Recipes for Every Occasion **Bettina Campolucci Bordi** 

September 2021 | HC | OCC011000 \$29.99 | 9781784883867 192 pp | 7.5 x 9.8 in Full color photography throughout



Plant-based recipes for every occasion, from family meals to games nights and celebrations.

Whether for Christmas, a birthday, or a simple games night, making a plant-based meal for a vegan friend or relative tends to instil the fear of God. Likewise, vegans run the risk of freaking out visiting meateaters who often think they will be eating rabbit food and will go home hungry. Well, fear no more, Bettina Campolucci Bordi has written the perfect book for every sort of celebration. Created with everyone in mind, this book is perfect for planning inclusive celebrations, with recipes designed to meet the needs of the free-from market without excluding anyone else.

Bettina Campolucci Bordi was born in Denmark but brought up in Tanzania to a Norwegian father and Danish-Bulgarian mother. After working in the food and beverage industry for 10 years, and faced with a diagnosis of Polycystic Ovary Syndrome and endometriosis, Bettina quit her job and researched natural ways to heal her body and mind. This is her third book.

- Menu plans and step-by-step guides to building perfect feasting menus, no matter your cookery skill level.
- · Including recipes that are dairy, gluten, and sugar free.
- · Fun, vibrant photography style.



**Also available**7 Day Vegan Challenge
9781784882839
\$20.99 | 2019

#### **FOOD & DRINK**









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# **Lazy Baking**

Really Easy Sweet and Savory Bakes

Jessica Elliott Dennison

September 2021 | HC | OCC026000 \$24.99 | 9781784884338 176 pp | 6.9 x 8.9 in Full color photography throughout



#### A modern guide to fuss-free sweet and savory bakes.

Tired of fancy overly sweet treats with unpredictable results? In need of a bake that is guaranteed to impress with minimum fuss?

In Lazy Baking, Jessica Elliott Dennison takes you from morning through to noon and night with sweet and savory bakes that are delicious and fuss-free to make. Think one-cup pancakes for breakfast, quick yoghurt flatbread with big-hit toppings for lunch, and throw-it-all-in-the-food-processor cookies to fix that afternoon slump. Plus, there are plenty of ideas of what can be substituted to make it seasonal and relevant to what you have to hand.

Full of hacks to ensure that home-cooks feel confident in getting amazing baking results, this is perfect for anyone looking to whip up modern and fresh treats.

Jessica Elliott Dennison is the founder of the much-loved Elliott's on Sciennes Road in Edinburgh. Alongside running Elliott's, Jess is a regular contributor to food and culture magazines, including Courier and Liz Earle Wellbeing. Lazy Baking is the third in a flexibound series by Hardie Grant, following Salad Feasts and Tin Can Magic.

- During COVID-19, people have been drawn to simple, easy-to-achieve recipes.
- A fresh approach to baking aimed at people who otherwise avoid baking and are time-poor.
- · Includes ideas of substitutions that can be made.



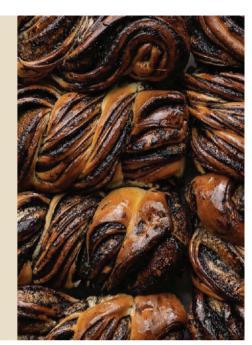
Also available Tin Can Magic 9781784883201 \$22.99 | 2020 72 Takes 2 Days Makes 2 loaves

Add an intro para about the bake itself – at least 3 sentences. Lorem ipsum cupcake ipsum dolor sit amet gingerbread sweet. Candy canes apple pie cheesecake gummi bears. Out cake biscutt dessert water ichig pudding Prepare the dough at least 12 hours before you intend to bake. The dough will rest in the refrigerator, so its ideat to do this the night before and bake it in the morning.

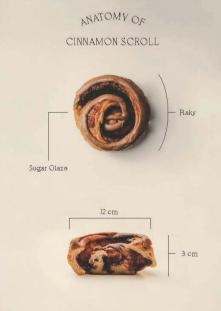
Babka

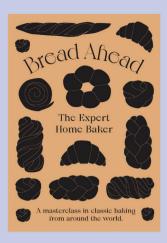
For the sugar olaz

The next day, remove your dough from the fridge. Lightly flour your week surface and place the dough onto it. Leave the dough to rest on the work surface while you prepare the chocolate filling and line two IIb loaf tins with baking paper.









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# **Bread Ahead: The Expert Home Baker**

A Masterclass in Classic Baking **Matthew Jones** 

October 2021 | HC | CKB009000 \$40.00 | 9781784884468 288 pp | 7.5 x 9.8 in Full color photography throughout

ISBN 978-1-78488-446-8

#### A masterclass in classic baking from around the world.

This stunning cookbook aims to transform you into an expert home baker, no matter what your level of experience. Featuring 100 classic baking recipes, including everything from victoria sponge to chocolate chip cookies, from bakewell tart to babka, you will discover the joy of baking like a pro in the comfort of your own kitchen. Whether you are a novice, a more experienced baker looking for inspiration, or seeking to hone your technique, this definitive collection of recipes will become your go-to baking bible, with all the information you could need for classic baking.

Matt Jones has been at the forefront of the baking and food revolution in London for over 25 years. He set up the extremely successful Flour Power City in 1999, and is the co-founder of Borough Market's Bread Ahead Bakery and Baking School.

- · Bread Ahead has been a cult favorite since it opened in 2013.
- · It will feature 100 fool-proof classic baking recipes, illustrated step instructions, and stunning food photography throughout.
- · The Bread Ahead Instagram account fronted by Matthew Jones is growing at an incredible rate of over 4500+ followers a week.



4 Fier (Größe M)

3-4 Stångel Basilikun

2 Scheiben Thunfischfilet (à ca. 200 g)

1-2 Knohlauchzehen

1. Die Eier in 10 Min. hart kochen, kalt abschrecken, pellen und halbieren. Die Bohnen putzen, in Salzwasser 8-10 Min. bissfest garen, abgießen, kalt aberbrecken und abrepfen lassen. Den Salz putzen und die Bättert kleiner zuglen. Die Kirschtomaten halbieren. Die Gratz in dilame Seicheben schnieden. Die Zinsble schales und in feine Rings schneiden. Bastilkum abbrausen, trocken rupfen und die Bätze-chen klein zuglen.

Für die Vinaigrette den Knoblauch schälen. Essig, Senf, 1 kräftige Prise Salz und reichlich Pfeffer verrühren, den Knoblauch pressen und zugeben. Das Öl in dünnem Strahl unterrühren, bis eine cremige Soße

Salatblätter mit Eiern, Bohnen, Tomaten, Gurke, Zwiebel, Oliven und Sardellen auf einer weiten Platte anrichten. Die Vinaigrette dar berträufeln und Basilikum darüberstreuen.

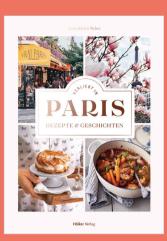
berträufeln und Basilikum darüberstreuen.

4. Den Thumfisch kalt abspilen, trocken tupfen. In einer Pfanne das Ol zum Braten erhitzen und den Thumfisch darin von beiden Seiten je ca. I Min. kräftig anbraten, sodass er außen gut gebräunt, im Innern aber noch rob his glasig ist; wer ihn stärker durchgebraten mag, brät ihn 1-2 Min. länger. Mit Salz und Pfeffer würzen und beraussnehmen. Den Thumfisch halbeiren und auf dem Salzt arnichten.









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## In Love in Paris

Mouth-Watering Recipes and Heart-Melting **Love Stories** 

#### **Anne-Katrin Weber**

October 2021 | HC | CKB048000 \$24.99 | 9781784884727 176 pp | 7.9 x 10.4 in Full color photography throughout

#### Sweet and savory recipes from the most romantic city in the world.

Fall in love with Paris, its food, stories, and most romantic spots. A celebration of one of the world's most beautiful cities in the world. In Love in Paris is an irresistible combination of mouth-watering sweet and savory recipes and heart-melting love stories. Take a culinary walk through the city of love, enjoy classic French cuisine, from croque madame to cog au vin and madeleines, and immerse yourself in famous love stories.

Anne-Katrin Weber is a food stylist and has written several cookbooks.

- · Paris is the city of love and brings in over 30 million tourists a year.
- · Emily in Paris, the wildly popular romantic comedy series, has been renewed for a second season.
- · We all need a bit of escapism.

#### **FOOD & DRINK**









# **Cute Bakes**

Adorable Kawaii-Inspired Cakes & Treats

Juliet Sear

August 2021 | HB | CKB014000 \$14.99 | 9781784884758 104 pp | 7.5 x 7.5 in Full color photography throughout



Over 30 cute Kawaii-inspired cakes, cookies, cupcakes, donuts, cake pops, and more.

Cute Bakes is a baking and decorating book containing over 30 cute Kawaii-inspired cakes, cookies, cupcakes, donuts, cake pops, and more.

Each design is super quick, super cute, and super easy to make. Try an avocado cookie, a unicorn cake, adorable kitten donuts, bunny rabbit macaroons, and more. These seriously sweet treats not only look amazing, they taste delicious.

Juliet shows easy step-by-step instructions on how to ice and decorate your creations to perfection, making them the perfect gift or party treat. From larger cakes to small cookies and cupcakes, there's something to suit every occasion.

Fun, tasty, and totally cute—it's time to get your bake on!

Juliet Sear is a baking expert, food artist, stylist, TV expert, and bestselling author. Juliet has over 15 years' experience working in the baking industry and works with global brands developing recipes, online content, and experiential edible art installations for PR stunts.

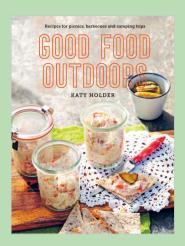
- Cute Bakes takes inspiration from Kawaii cakes, one of the most widespread fashion trends that continues to grow.
- Step-by-step photographs make these creations easy for even the novice bakers.
- The cakes make fantastic gifts and party centerpieces.











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# **Good Food Outdoors**

Recipes for Picnics, Barbecues and Camping and Road Trips **Katy Holder** 

September 2021 | FB | CKB060000 \$14.99 | 9781741177688 160pp | 6.3 x 8.3 in Full color photography throughout



# The ultimate cookbook for outdoor eating and COVID-safe gatherings.

Showcasing 50 recipes that can either be made at home and then brought with you, on the barbecue or campfire, *Good Food Outdoors* is your go-to guide for outdoor eating of any kind.

Bringing together the best of food writer and stylist Katy Holder's recipes from *A Moveable Feast* and *Hungry Campers Cookbook*, Katy's recipes are accessible, interesting, and contemporary. There are mini morsels such as sesame-crusted tuna squares that are perfect for parties, salads, and filled baguettes that are ideal for picnics, and foil-wrapped fish done over the campfire that would be a hit on any camping trip. There's also a chapter for kids' cooking and desserts to finish.

Katy Holder has had a long and successful career as a food writer and stylist. She has been the food director of Family Circle of magazine, ghost-written several cookbooks and written the food pages for Australia's Marie Claire magazine. Her own cookbooks include Hungry Campers Cookbook, A Moveable Feast and Dinner Like α Boss (Hardie Grant).

- The pandemic has brought on a new trend in al fresco dining.
- Katy has made sure recipes transports well to enjoy in outdoor spaces. There are also recipes to be prepared outside on the barbecue or during a camping or road trip.



# The Green Kitchen (compact edition)

Delicious and Healthy Vegetarian Recipes for Every Day **David Frenkiel & Luise Vindahl** 

November 2021 | HC | CKB106000 \$22.99 | 9781784884703 256pp | 7.2 x 9 in Full color photography throughout

ISBN 978-1-78488-470-3





#### Family friendly vegetarian cooking at its best.

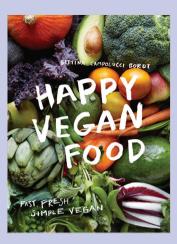
In *The Green Kitchen* (compact edition), bestselling authors David Frenkiel and Luise Vindahl share over 100 vegetarian recipes for the family from their own kitchen.

From quick, delicious weekday breakfasts and dinners, to more elaborate meals for weekend celebrations, this is food that will make you look and feel great. Start with staples such as Big-batch Tomato Sauce, Rice Crepe Batter, and Lazy Lentils, and you'll have the building blocks for some standout meals throughout the week.

The weekend recipes are delightfully uncomplicated: from Lemon Ricotta Lasagne and light yet indulgent *va-va-voom* Donuts. *The Green Kitchen* sets a new standard in modern and inspiring vegetarian and gluten-free recipes.

David Frenkiel and Luise Vindahl are the faces behind the hugely successful blog, Green Kitchen Stories. Luise is the happy health freak with a passion for developing wheat-free and sugar-free recipes and David is the photgrapher and design-eye behind their work.

- Time-saving, easy recipes from these bestselling authors in a resized, compact edition.
- · Perfect for those looking to eat less meat.
- @gkstories online following continues to expand with over 600k followers.



# Happy Vegan Food (compact edition)

Fast, Fresh, Simple Vegan Bettina Campolucci Bordi

January 2022 | HC | CKB125000 \$22.99 | 9781784884673 192 pp | 6.7 x 8.8 in Full color photography throughout

ISBN 978-1-78488-467-3





# Gorgeous vegan recipes to make your eyes and your taste buds sing with joy.

In *Happy Vegan Food*, Bettina Campolucci Bordi shares a collection of easy and delicious plant-based recipes that anyone can incorporate into their busy life.

With recipes including Hearty Buckwheat Waffles, a tasty Korean Pancake, a delicious yet quick One Pot Curry in a Hurry, and the decadent Hazelnut Bites, Bettina proves that nutritious food doesn't have to be restrictive. Happy Vegan Food is designed to take you through your busy day by including ideas for breakfast, lunch, dinner, meals for one, desserts, and snacks, and will easily meet the needs of any modern household.

Whether you're looking to eat more veggies or have decided to turn vegan but don't want to compromise on taste, this is the book for you.

Bettina Campolucci Bordi was born in Denmark but brought up in Tanzania to a Norwegian father and Danish-Bulgarian mother. After working in the food and beverage industry for 10 years, and faced with a diagnosis of Polycystic Ovary Syndrome and endometriosis, Bettina quit her job and researched natural ways to heal her body and mind.

- All the recipes are plant-based, gluten-free, and refined-sugar-free.
- · Bettina has over 100k followers on Instagram.
- Includes easy recipes with ingredients that can easily be sourced in your local supermarket.



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# The Path to **Longevity Plan**

Three Step Plan to Extend Your Healthspan By Years

#### **Professor Luigi Fontana**

December 2021 | PB | HEA049000 \$25.99 | 9781743796825 224pp | 7.1 x 9.2 in Full color photography throughout

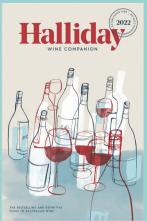


Total health can be achieved not just for now but for life.

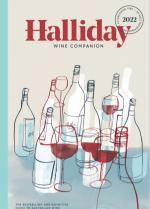
The Path to Longevity Plan is your easy-to-follow, practical guide to healthy longevity. Drawing on Professor Luigi Fontana's expertise in developing the 5:2 dietary approach, this three-step plan will take you through a 5:2 diet with delicious and filling recipes for every day of the week; a superfast workout and exercise plan; and the easy steps you can take to achieve wellbeing. It is a complete evidence-based program that shows us how we can avoid chronic illness, maintain a healthy weight, and live longer and happier lives.

Professor Luigi Fontana, M.D., Ph.D. is a highly skilled physician scientist who is recognized as the leading world expert on longevity. Professor Fontana was based in the USA for many years, and is currently the Leonard Ullmann Chair of Translational Metabolic Health and Director of the Healthy Longevity Research and Clinical Program at the Charles Perkins Centre at the University of Sydney.

- · An integrated holistic plan that will show you how to achieve good health for life-focusing diet, physical exercise and mental wellbeing.
- Simple and straightforward to make it easy to achieve with practical tips on how to adjust your lifestyle.



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#### The annual bible for lovers of Australian wine.

**Halliday Wine** 

to Australian Wine

October 2021 | PB | CKB126000

ISBN: 978-174379733-4

James Halliday

\$40.00 | 9781743797334

776pp | 6 x 9.2 in

Text only

**Companion 2022** 

The Bestselling and Definitive Guide

For over thirty years James Halliday has been Australia's most respected wine critic, and his Halliday Wine Companion is recognized as the industry benchmark for Australian wine. A bestselling annual, the Halliday Wine Companion is the go-to guide for wine ratings, regions, best varietals, winery reviews and a curated selection of the best wines in Australia. The 2022 edition has been completely revised to bring readers up-to-the-minute information.

The Halliday team shares their extensive knowledge of wine through detailed tasting notes with points, price, value symbol and advice on best-by drinking, as well as each wine's closure and alcohol content. The perfect self-purchase or gift for the wine lover in vour life.

James Halliday is an unmatched authority on every aspect of the Australian wine industry and can be compared to the likes of Hugh Johnson, Robert Parker and Jancis Robinson. His winemaking has led him to sojourns in Bordeaux and Burgundy, and he has had a long career as an international wine judge.

- · The Halliday Wine Companion is the bible for lovers of Australian wine-it is highly anticipated by wine connoisseurs each year.
- · It includes Halliday's famous 5-star rating system as well as a comprehensive list of the best wines and wineries in Australia.



Also available The Path to Longevity 9781743795965 \$25.99 | 2020



Also available Varietal Wines 9781742708607 \$44.99 | 2015

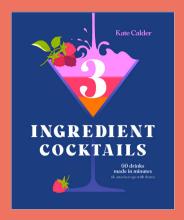
#### **FOOD & DRINK**











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# Three Ingredient Cocktails

60 Drinks Made in Minutes (and Snacks to Go with Them) **Kate Calder** 

October 2021 | HC | CKB088000 \$20.99 | 9781784884710 160 pp | 7.5 x 9.1 in Full color photography throughout

Contemporary cocktails using gin, vodka, tequila, whisky, rum, and Champagne, plus snacks.

According to the world's leading mixologists, the best cocktails are made with no more than three ingredients—think martinis, old fashioneds, and margaritas. Three Ingredient Cocktails is here to show you how to make the most of a simple home bar set up, turning your living room into an on-trend cocktail lounge. Divided by main ingredient—gin, vodka, tequila, whisky, rum, and Champagne—each drink can be whipped up in five minutes, with simple snack suggestions at the end of each chapter to pair with them. With make-ahead and batch cocktails, as well as renowned classics, this book is everything you need to bring elegance and style to your cocktail hour.

Kate Calder is a recipe writer and food stylist with more than a decade's worth of experience in the kitchens of BBC GoodFood, Olive and Waitrose Magazine. Hailing from Canada, but now based in London with her young family, Kate's passion for food led her away from her previous career in the film industry.

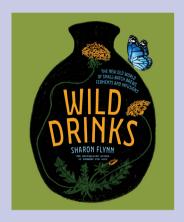
- Easy, accessible recipes ready in a matter of minutes.
- · Fun, stylish photography.
- · Made with ingredients you'll have at home already.











draft cover

## Wild Drinks

The New Old World of Small-Batch Brews, Ferments and Infusions Sharon Flynn

December 2021 | HC | CKB100000 \$29.99 | 9781743796115 176pp | 7.5 x 9.1 in Full color photography throughout



Journey into the world of wild fermented drinks and magical brews.

Wild Drinks is the definitive book on infusing, brewing and fermenting delicious and often nutritious things to drink, from mead to kombucha to cider to kyass.

Across six chapters, *Wild Drinks* features more than 60 recipes and a compelling, assuring conversational thread. Learn the basics of wild fermentation and read about the equipment you need to start your fermentation journey. Discover drinks made from grain, including doburoku (farmhouse sake), wild beer, and kvass; explore recipes for wild apple cider, country wine, and wild soda; try water kefir, kombucha, ginger beer and fruit vinegars, and come to understand the art of imparting flavor, from shrubs to flavored waters to syrups and liqueurs.

Sharon Flynn is an authority on fermentation. She immersed herself in the science of this enduring art during several decades living abroad: in Malaysia, Japan, the US, and Europe. This led her back to Australia, and to the birth of her business, The Fermentary, in 2013.

- Wild Drinks has a playful vibe, aiming to appeal to people who want to get back to basics and see drinks as a good place for their fermenting journey to start.
- With a clever, modern design, and stunning photography, the book is a worthy companion to Sharon's widely successful first book, Ferment for Good, which has sold almost 25k copies.



Also available Ferment for Good 9781743792094 \$29.99 | 2017



LAGER

### PILSNER URQUELL

4.4%

Country of origin Czech Republic

Try it if you like

Great with

Also try
Birrificio Italiano Tipopils
5.2% Italy

You simply can't write a section on lager and leave out Plisner Urquell, the brewery that spawned a thousand initiators and gave birth to the world's favourite beer style (albeit most of them are now pole imitations of where it all started).

The stars of how this heer was created is no doubt

somewhat sonitised and for from the reality, but the rough gist of it oil is that the town of Pilsan was so disgusted with the beer that was being made there that in 1858 they poured it down the droin, drummed the brewer out of town and hired an ongry young man called just Grail who had knowledge of English man called just Grail who had knowledge of English to come and brew at the Derwert pthat was being built. In October 1862 the first beer was poured and everyone was delighted. It gained a reputation and the rest, as they say, is history.

Although I mentioned pale malt you'll note that PU (as it's affectionately called) is actually a golden hue. That's because they boil part of the wort in separate vessels to get the distinctive caramellisation in the beer. Add to that the local Saaz hops and a five-week lagering time and you have simple drinking perfection.

27



WITS, WHEATS AND WEIZENS

### SCHNEIDER WEISSE TAP 5 MEINE HOPFENWEISSE

ABV 8.2%

Country of origin

Sermany

Try it if you like Gin and tonic

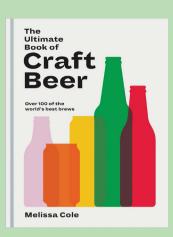
Great with Tandoori lamb cutl

**Also try** Cape Brewing Company Crystal Weiss It's turns out that you can teach old dogs new tricks, as this beer proves!

This callaboration between the aldest commercial wheat beer brewery in Germany, Schneider Weisse, and relative whippersnappers Brooklyn Brewery - headed up by the legendary Granett Oliver - was born out of a coversation between the two brewmasters about the relative ments of terroir in beer and led to the melling of the worlds of American cort beer and German brewing tradition and become a permanent fixture in the German brewery's line-up.

I think it's really cool that, despite his brewery being 400 years old, Georg VI Schneider wasn't against embracing ideas from the relatively young pups at Brooklyn in making a strong wheat beer that's hopped like an IPA – piney, grassy, resiny, but still intensely refreshing.

51



draft cover

# The Ultimate Book of Craft Beer

Over 100 of the World's Best Brews **Melissa Cole** 

October 2021 | HC | CKB007000 \$27.50 | 9781784884574 224 pp | 6.9 x 8.9 in Full color illustrations throughout

ISBN 978-1-78488-457-4 5 2 7 5 0

#### Your complete guide to making the most of your beer.

Wanting to learn more about craft beer? Need some insider knowledge of what beers you should be buying?

In The Ultimate Book of Craft Beer, Melissa Cole introduces readers to over 100 of the world's most delicious brews. With explanations beginning with the beers' ingredients, Melissa Cole shows how to pair these sophisticated drinks with food, as well as how to use the beers as ingredients to boost flavors in food recipes and cocktails, before going on to profile some of the best breweries around the world.

Full of hints and tips, this book is the perfect guide for anyone interested in learning more about beer.

Melissa Cole is an award-winning writer and widely acknowledged as one of the UK's leading beer and food experts. When she's not judging beer competitions, she is brewing beers with some of the world's most respected brewers such as Odell and Thornbridge, as well as compiling beer lists for world-famous restaurants such as St. John and festivals such as Meatopia.

- Award-winning writer Melissa Cole is one of the world's leading beer and food experts.
- Aimed at all levels of beer lover, even those who don't know they are yet!
- Includes sections on: how to pair beers with food, use in food recipes and cocktails, gluten-free and alcohol-free beers.



The Little Book of Lager 9781784883300 \$14.99 | 2020



# Home & Lifestyle











## A New Leaf

# Curated Houses Where Plants Meet Design Jennifer Haslam and Pip McCormac

November 2021 | HC | GAR006000 \$45.00 | 9781784884628 272 pp | 10 x 12 in Full color photography throughout



# A showcase for how houseplants are being used in contemporary interior design.

This book speaks to people around the world who use houseplants as a large element in interior design, discovering why they have used them, what for, and how to do it. This trend is bigger than Instagram—it is a zeitgeist felt among architects and interiors obsessives, and this book takes inspiration from these professionals for readers to use in their own homes. Organized visually, *A New Leaf* features beautiful shots of homes, with emphasis on plants and the owners' individual styles. The people featured have chosen every material, finish, and touch of their homes to the tiniest detail, including that of their plants.

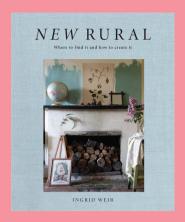
**Pip McCormac** is executive editor of both *Livingetc* and *Homes & Gardens* magazines, and has been a lifestyle journalist for over 15 years. **Jen Haslam** is one of the leading interior stylists in the UK, with over 12 years of styling and writing experience with *Livingetc*, *Homes & Gardens*, *Red*, *You* magazine, and *The Telegraph*.

- · Stunning original photography.
- Homes from the around the world, including the UK, Italy, Brazil, USA, and Australia.
- Fascinating interviews with the home owners about their aesthetic.









draft cover

## **New Rural**

# Where to Find It and How to Create It **Ingrid Weir**

October 2021 | HC | HOM003000 \$45.00 | 9781743797297 240pp | 8.2 x 10 in Full color photography throughout



# An interiors book for lovers of down-to-earth, beautiful, and authentic rural aesthetics.

How do you design your life? New Rural: Where to Find It and How to Create It is an interiors book for a new way of living. This stunning photo-filled hardback is a guide for those dreaming of moving to the country; inspiration for anyone who craves touches of rural magic and cottagecore in their home—wherever that may be; and a window to the distinctive allure of Australia's vibrant regional towns.

Authored and photographed by interior designer Ingrid Weir, this creative book is much more than a manual or compilation of pretty interiors. *New Rural* includes profiles of towns that embody the earthiness and romance of authentic and original rural living, and offers guidance on how to find and create it yourself.

Ingrid Weir has designed interiors in Los Angeles, Mexico and Sydney for clients including The Sydney Opera House, National Parks and Wildlife, Charter Hall, The Film School, and The National Art School. As the daughter of film director Peter Weir and production and costume designer Wendy Stites, she has worked extensively across film, television, and theater.

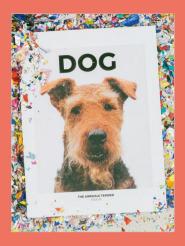
- This book is geographically grounded in Australia, but the themes are very much universal.
- Alongside the alluring whimsy, it offers readers practical tips—from how to tell a story with furniture to how to embrace imperfection.











draft cover

## DOG

# Narratives of Dog Ownership **Julian Victoria**

October 2021 | HC | PET004010 \$29.99 | 9781784884413 208 pp | 6.9 x 8.7 in Full color photography throughout



# A stylish ode to dog ownership, with a host of famous faces.

DOG is, in essence, a glorious celebration of the bond between human and canine, and how to foster it in all its forms—a fun, frivolous exploration of dog-owning for the modern-day. From profiles on the world's most popular breeds and illustrations of iconic dog grooming styles, to essays and interviews with some of the world's most famous dog owners, DOG:Narratives of Dog Ownership is a truly unique take on pet ownership, and an homage to the untold joys dogs can bring to our lives.

Julian Victoria is an American photographer and entrepreneur, who started his career at MTV. After two years in London, Julian decided to focus on his passion; photography and design. He started freelancing for the publishing industry and contributed to magazines like Monocle, Hello Mr, Cereal, just to name few. DOG (the journal) was founded in 2016.

- Interviews with famous dog owners, including Sharon Osbourne, Eve, and Dries Van Noten.
- · Stunning photography throughout.
- · A playful and stylish take on dog ownership.



NRY

#### 06 CRASPEDIA

SIZES

EASUREMENTS E: 7.5 (8.5)\*/17.5 (21.5) cm.

.....

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IIT LC. Slip next at to cable needle and place at finate of work, kit, then kit from cable needle.

NOBBLE

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Choose whichever you prefer.

Choose whichever you prefer.

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KNIT BOBBLE: KIM, turn and parl back across thesests, turn and k3. Pass the first and second sts over th third and off the needle to decrease back down to 1 s





Laine

# **52 Weeks of Socks**

Beautiful Patterns for Year-Round Knitting Laine

August 2021 | PB | CRA015000 \$19.99 | 9781743797563 256pp | 6.9 x 8.7 in Full color photography throughout



# Knitting patterns for a pair of socks every week of the year.

What is more special than a pair of hand-knitted socks? Whether they're a treat for yourself or a heartfelt gift, there's love in every stitch. Knitting is more than just knit, knit, purl. It is a feeling.

This whimsical book contains a beautiful pair of socks for every week of the year. That's 52 sock patterns contributed by 46 leading knitwear designers from across the world, suitable for knitters of all abilities. From sole to toe, these easy-to-follow patterns will sweep you up with stunning photography and styling that evokes the inspiring Nordic landscape and slow living.

52 Weeks of Socks is a book to treasure and return to again and again, not just for weeks but for years to come.

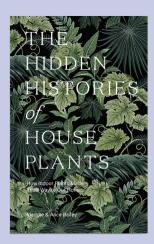
Laine is a Nordic knit and lifestyle magazine based in Finland. They cherish natural fibers, slow living, local craftsmanship and beautiful, simple things in life.

- Stunning design, photography and Nordic cottage-core styling make this a book anyone would covet, never mind their knitting abilities.
- Laine have a loyal fanbase for their knitting and lifestyle magazine, including over 102k followers on Instagram.









draft cover

# The Hidden Histories of House Plants

The Stories Behind How Our Most-Loved Plants Made Their Way to Our Homes Maddie Bailey and Alice Bailey

November 2021 | HC | CKB033000 \$19.99 | 9781784884055 160 pp | 5.4 x 8.5 in Full color photography throughout

ISBN 978-1-78488-405-5





A vibrant, intriguing, and unmissable history of the world's most popular house plants.

The Hidden Histories of House Plants looks at the world's most common house plants and their journeys into our homes. But this book isn't a dry exploration of cultivation, but a narrative of plants' places in social history, art, politics, fashion, and culture. It highlights the most fascinating elements of each plant's story—how common indoor ferns first made their way to Europe in glass jars, for botanical studies, for instance, and why terrariums are now on display in contemporary homes.

Accompanied by stunning illustrations, each text takes the reader on a journey through time, history, and culture, inspired by house plants.

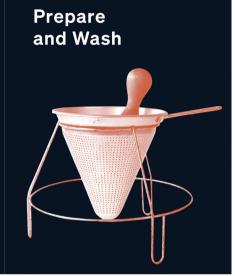
Maddie and Alice Bailey come from a London plant and flower dynasty—their grandfather was a Dutch flower merchant and nursery owner, and their mother the celebrated horticulturalist and author Fran Bailey. They now head Forest London, a cult plant shop with two sites in South London. Their first book, *The Green Indoors* will be released in May 2021.

- · Stunning commissioned botanical illustration.
- · Includes plants from around the world.
- · Striking, elegant design.



Also available The Green Indoors 9781784883959 \$24.99 | 2021







Salad Baskets, 1923, 1971, 1974, Henri Gautreau,

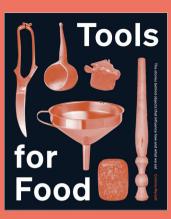
Parisian designer and inventor Henri Gustram engisteed many petanets for lixthorn lenns, stores and tamps, including a two-sixed folding basiset for washing to the control of the control of the control of the control of the test score lents for the design for whating fruit rand vegetables, and marketed as "Solid, Light, Parisida Colote - Capper - Parisipals." These relatives sovered tags, and if out of soons, sweng in a circular motion file tags, and if out of soons, sweng in a circular motion file basisetable pitcher until water retreated from the lenes. This process makes perfect sense and fast-forwards parts 50 years letter in 1071. Jan Marchiet registered his catent for a "Salad Drys in the early 1970 and went on 10 could Modilines, company that produces various kitchen userails! this day, in 1974, another designer called different foundations turning and the salad drys with a removable basked and on central cort to interrout the flow of salad washing. Contemporary asked washing, contemporary the salad washing through the salad washing and th

 Horsehair sieve, Since 1<sup>st</sup> century CE, Worldwide, Designer unknown, Horsehair, wood

These tools have been around for Boosanch or years. Play the Euler Bonnes author of the first recopiosals called Naturals Feldor's decorated to the Common of the Common of the Common of the first play of the Common of the Common of the 6th cartery ECL and 5th century. All hershall was a versalle material, used for teatiles, substitute, and the common of the Common of the Common of the large could be common of the Common of the large could be common of the Common of the large could be common of the Common of the large could be large coul

These types of bentwood sieves with textile strainer have been and still are used the world over – for purificing fish or miso in Japan, straining occount it hasian or indonesia, extracting poison out of cassav in Ltin America, or stifting flour. The Shakers in America also made horsehar sieves, adapting their technique for steamed wooden boxes to accommodate this usefi.





draft cover

## **Tools for Food**

The Objects that Influence How and What We Eat

Corinne Mynatt

August 2021 | HC | CKB030000 \$22.99 | 9781784884048 304 pp | 7.5 x 9.1 in Full color photography throughout



#### A giftable design tome of more than 250 cooking tools.

Tools For Food explores the history of our most-loved and intriguing kitchen items. This culinary journey takes us around the globe to explore the utensils that have developed from primitive necessities into specialized equipment. Diving into the history of these objects uncovers how and what we cook has changed over the centuries, revealing similarities and diversities across the cultures of the world. Divided into chapters and function—store, measure, prep, cut, grind, mix, form, scoop, and clean—each image is accompanied by information about the particular version of a tool's origin, as well facts about the relationship between culture and cooking it reveals.

Corinne Mynatt is a Nashville-born, London-based design curator and writer. Originally trained as an artist at Pratt Institute in New York and at Central St. Martin's in London, Corinne completed a Masters in Contextual Design at the renowned Design Academy Eindhoven. She worked as a curator at the Royal Institute of British Architects before establishing her own studio.

- · Vibrant, design-led packaging.
- · Items showcasing cuisines from around the world.
- Well-loved designs as well as much lesser known objects that will intrigue and surprise.

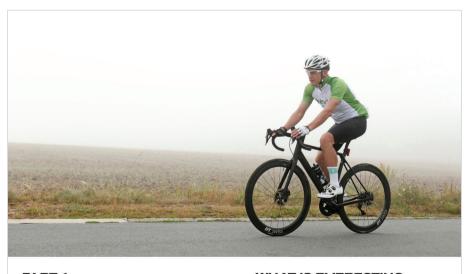
## THE BIRTH OF EVERESTING



\* Physically, the Everesting was OK. Mentally, words cannot begin to describe how insanely brutal. Everesting is Imagine riding for 13 hours, uphill, the same 0.9 mile (1.4 km stretch, just to realise that you'ne not even half way through the challenge. ... If that doesn't make the voices in your head scream styou to quilt. then I clon't know what will. I have never been so mentally pushed to such extreme limits in all my life.\*

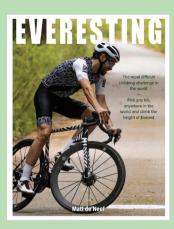
1 Josh Tucker

01



PART 1

WHAT IS EVERESTING



draft cover

# **Everesting**

The Challenge for Cyclists: Conquer Everest Anywhere in the World

#### Matt de Neef

October 2021 | HC | SPO011000 \$27.99 | 9781743797396 240pp | 7.5 x 9.4 in Full color photography throughout



# Meet the physical challenge that is taking the world by storm.

Everesting is your introduction to the extreme personal challenge that has been completed by cyclists in more than 80 countries. To complete an 'Everesting' is to cycle the height of Mt. Everest by ascending and descending a single hill or mountain continuously without breaking to sleep. It's phenomenally challenging for the rider, both physically and mentally but can be completed almost anywhere. All you need is a bicycle and a hill to climb.

Be inspired and learn how it's done from those who have attempted it before. *Everesting* tells the remarkable stories of those that have completed the challenge (from pros to amateurs). What started as a small grassroots challenge, tried by just a handful of hardy recreational riders, has now exploded into a global phenomenon.

Matt de Neef is a cycling journalist and the managing editor of CyclingTips.com, one of the world's foremost road cycling websites. He has reported from a number of Tours de France and many other professional bike races.

- The Everesting challenge started in Australia and now more than 10k people have attempted an Everesting across the world.
- Matt de Neef weaves in his own story as he attempts his own Everesting—showing first-hand just how unbelievably difficult this challenge is.



# Wellness & Inspirational



The moon moves in a 28.5-day cycle around the Earth minicking our cycles and while here is no real scientific evidence to directly link our menstrual cycle to the phases of the moon, it's not impossible that there is a connection Lots of bables are born on a full moon and we know it has a powerful effect on the Earth's tides and on our energies and emotions. Why not start paying attention to its ebos and flows and note down how it correlates with your moods and your cycle! it can be of sacinating and many women find themselves ovulating and bleeding in sync with the new and full moon. Magic.

the birth space

# Getting your mind and body baby ready

—and your partner's too

Aside from taking prenatal vitamins, I did nothing to prepare for the conception of my first or second child.

Neither did my hissband. When preparing to conceive our third child, I read somewhere that the bluepfint for a baby's lifelong physical and emotional wellbeing begins well before conception. Apparently, the moment your baby is conceived, its cellular health is influenced by the state of your health, and that of your partner, at that very moment is then. When we have the state of your partner, at that very moment in them. When we have the state of your partner, at that very moment in them. When we have the state of your partner, at that very moment in them. When we have the state of your partner, at that very moment in them. When we have the state of your partner, at that very moment in the whom we have the state of your partner.

of all the things that can impact your baby's health in utren, it's equally important to consider your own mental and emotional health, and to not put too much pressure on what you do and don't do before conception and during your pregnancy.

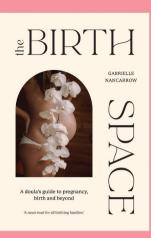
Remember, your body is about to become home to a little being for the next nine months or so. You're going

While it's really important to be aware

conscious conception

•





# The Birth Space

A Doula's Guide to Pregnancy, Birth, and Beyond

Gabrielle Nancarrow

August 2021 | HC | HEA041000 \$24.99 | 9781743796931 272pp | 5.8 x 8.5 in Full color photography throughout



# A guide to empower birthing people to find the right path for them.

The Birth Space is a doula's guide to conception, pregnancy, birth, and postpartum that highlights choice and rights in the perinatal space.

In this beautiful book, trained, and experienced doula Gabrielle Nancarrow offers comprehensive information about the birthing landscape that will empower you to choose the right path to parenthood that feels right for *you*. The Birth Space shows us how to prepare our minds and bodies for pregnancy and labor, from conscious conception through to postpartum and into matrescence. Gabrielle helps us understand what to expect during this period and translates the medical terminology so we are informed.

Gabrielle Nancarrow is a mother of two, a birth doula and the founder of Gather—a space for women in Melbourne, Australia. Gabrielle is an advocate for women's and reproductive rights and wants every birthing person to feel empowered, safe, supported, and in control of their pregnancy, birth, and postpartum experience.

- · Includes real life birth stories and quotes from midwifes, doulas, and birth specialists.
- Birth and post-partum landscape has changed in the last 10 years—women are trusting their bodies more today and learning about the choices and options open to them on their journey into motherhood.
- Foreword written by Aviva Romm, American midwife, doctor and herbalist (73.4k Instagram followers).

#### WELLNESS & INSPIRATIONAL

# YOU'RE NOT BROKEN.

IT'S SOCIETY THAT'S BROKEN.

WHY DO WE ARANDON OURSELVES?

Oh, let me count the way

Technological overwhelm, pain (whether physical, emotional or spiritual), eighty-hour work weeks, social media competition and comparison, lack of in-real-life connection and community, trauma (whether personal, generational, or societal), doing too much for too long, self-doubt, guggling a demanding job with being a good parent and a great lover, being all the things to all the people (except yourself, obe) and... well, that's just for starters.

We internalise negative experiences from early in childhood, whether they involve the criticism of others, or familial and societal beliefs. We experience cortain feelings of shame, blame and humilation just for being women; for looking a certain way; for not looking a certain way; for not having the right skin tone or body shape; for bleeding, for being in omuch' or not enough! We berate ourselves for all the times we've wanted to say 'no' but didn't, and for all the times we've said yet; and wished when we've said yet; as just the stuff from this life. We're also carrying whatever went down in our family limps! life. — All we're holding it all in our bodies.

Add to that societal hypnosis and..., well, is it any wonder we want

#### What is societal hypnosis?

Societal hypnosis comes from a series of small, seemingly inconsequential events, actions and situations that have been slowly dipt, dipt, dipped into our peyches throughout our lives. These events rewire our neurology in a negative way, so that our bodies become conditioned to feel consistently fear-filled, not good enough, not vorthy, and unsafe.

This societal conditioning or hypnosis keeps us in a state of disconnection – from our true nature, from Mumma Nature, and from our cyclical connection to our bodies, the seasons, the moor and the cosmos

It makes us question our relationships with everything.

KNOW YOURSELF 29 KNOW YOURSELF



#### INVITATION:

If you find it difficult to experience your body as safe, or you're feeling anxious or emotional, place the palm of your hand on your heart space. Apply a little gentle pressure and take a moment to feel your heartbeat.

Breathe.

After a few minutes, ask yourself this question: What is the smallest thing I can do right now to feel safe and supported in my body?

feet in the grass. It could be lying down and being still. Maybe it's reading a low-stakes fiction book about a place you romantic novel that's set in Paris or LA). Perhaps it's watching a light-hearted comedy under your duvet (if I'm feeling wobbly or uncertain, I re-watch a movie or TV programme with a plotline Lalready know: the familiarity is comforting). My ultimate 'feel safe and supported in my body' practice is making and drinking cacao. The ritual of making a warm cup of cacao, with a splash of heart-opening rosewater and coconut milk, is so soothing. My personal recipi is on page 00 - you can thank

LISTEN TO YOUR BODY. SHE KNOWS.

7 KNOW YOUR



draft cover

### **Presence**

Know Yourself. Claim Your Power. Take Up Space **Lisa Lister** 

September 2021 | HC | CKB044000 \$20.99 | 9781784883782 160 pp | 5.4 x 8.5 in Full color illustrations throughout

#### How to put your best, most authentic self forward.

Your presence is your power. It doesn't mean learning about body language, posture, or how to wear a red lip. It's about self-discovery, connecting with your body, flipping the switch on limiting beliefs, and living life on YOUR terms. In *Presence*, Lisa shares her own journey alongside practical tools that will help you to reconnect and be present to the power of your presence. When you know who you are, what you believe, and what you stand for, you can respond to the world and all that is happening in it without burning out. Lisa teaches you how to express yourself, claim your true-to-you power, and dare to take up space in the world.

Lisa Lister is a bestselling author, artist, well-woman therapist, and a yoga and somatic movement teacher. Lisa offers practical, psychological, and spiritual tools, guidance, and support to women who are exploring, navigating, and healing their relationship with their body, their sexuality, and their power.

- Presence teaches you how to reconnect with your mind and body to become powerful, purposeful, and passionate.
- The pandemic has prompted people to turn toward spirituality.
- · Lisa Lister has a huge celebrity following.





## MOON IN TAURUS

Planetary ruler

Element & Modality

Positive traits

Reliability, patience, persistence, dependability, and trustworthiness.

Negative traits

Laziness, stubbornness, possessiveness, jealousy, materialism, naivety.

Highest vibration

When the moon is in Taurus, we are in Venusian territory, absorbing life through all our senses and feeling the need to connect with nature, art, and beauty. ੪



draft cover

# **Moon Signs**

Unlock Your Inner Luminary Power Narayana Montúfar

October 2021 | HC | OCC015000 \$19.99 | 9781784883904 176 pp | 5.5 x 7 in Full color illustrations throughout



Uncover the real you bubbling below the surface of your sun sign.

Your sun sign—also known as star sign—dictates the brush strokes of your personality, your outer self. However, it's your moon sign that reveals the real you, and the private person inside that you know yourself to be. Your moon sign reflects the cauldron of emotions, fears, longings, and obsessions bubbling below the surface of your sun sign-driven persona. It's about the private self and its motivations and anxieties.

By going beyond the meaning of the sun and linking this luminary to both the moon and the rising sign in a person's chart, this book takes the reader on a reflective, inner exploratory journey toward the next level of astrological self-discovery.

Narayana Montúfar is originally from Mexico City but has been living in San Francisco for the last fourteen years. She is Senior Astrologer for Horoscope.com and Astrology.com and Editor of Astrology.com.

As a brand ambassador, she has been featured in numerous lifestyle publications like *Bustle*, *Refinery* 29, Vogue Mexico, Brit+Co, Yahoo, Pop Sugar, Women's Health, Teen Vogue, and more.

- Narayana Montufar strives to make astrology fun and approachable.
- Horoscope.com Inc. is the world's largest and most comprehensive astrology media company.
- This book is for the growing Now Age market and for anyone wanting a deeper understanding of their zodiac sign.

#### **WELLNESS & INSPIRATION**





#### Protect Yourself, Your Space, and Your Energy

During the times you are most magloat, your power is a boundary of protection. Think about an empty cup. You can fill it with just about anything, right? Juice, water, tea, sodo, bleach or lighter fluid. Your body and energy field are similar. When you fill your energy field with your power, you leave no space for anything else (especially lighter fluid). Take up your space. Be so big in your life and in the world that you leave no room for unwanted forces.

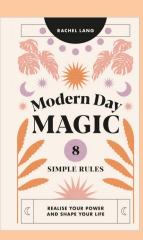
Your divine, magical power as also a magnetic attractor. So, when you start activating the magic within you, your auric field and energy body look like figure 1 (overleaf).

As you meditione, pray, raise your physical energy levels through exercise or ritual, your auric field becomes more porous and open. It expands. If you've ever met a spiritual gruu, yogi, or guide, you may have noticed you just want to be around them. If you attune yourself to see their auras, you'll likely hotice they're big, bright and full of light. This is part of the reason they are so attractive to he account.

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draft cover

# **Modern Day Magic**

The 8 Simple Rules to Realize Your Power and Shape Your Life Rachel Lang

September 2021 | HC | OCC009000 \$22.99 | 9781784884611 240 pp | 5.4 x 8.5 in Full color illustrations throughout

ISBN 978-1-78488-461-1 5 2 9 9 9 7 8 17 8 418 8 4 6 1 1

#### How to weave magical practice into your everyday life.

When we think of magic, we conjure notions of unicorns, Harry Potter novels, witchcraft, and wizardry. Maybe you think of magic shows and card tricks. It's easy to trivialize magic or to limit it to childhood imagination and fictional fantasies, but Modern Day Magic is so much more than that.

Modern Day Magic is a primer to help readers understand fundamental magic rules and practices to help them unlock their magical power and use it to change their lives for the better. With eight simple magic rules, Modern Day Magic offers readers a step-by-step process to reclaiming and working with magic.

Rachel Lang is a certified astrologer with an L.A.-based practice that includes celebrities, authors, musicians, tech-startup founders, students, and activists. She writes horoscopes for the Omega Institute, the world renowned holistic retreat center in Rhinebeck, NY, and the *Live Box Magazine*, an online publication that reaches an international network of salons, dermatologists, plastic surgeons, and medi-spas.

- · Magic connects us in unimaginable ways.
- Showing readers how to use magic to transform their lives and manifest their desires.
- Filled with practical exercises, meditations, rituals, journal prompts, and step-by-step guidance on how to weave magical practice into your everyday life.



## THE SCIENCE OF LIFE



#### Rehydrating Hair Treatment

It's common for hair to dry out due to changes in season, exposure to the sun, salt or chlorinated water, hair dve, styling tools and toxic hair products, which can all cause the hair to break, frizz and thin out, with the scalp also suffering, causing issues such as dandruff, loss of growth and hair discolouration. Using a few edible ingredients from your kitchen pantry



Ingredients:
I mask for shoulder-length hair
(You can double or halve the
recipe, depending on the length
of your hair)

% teaspoon Triphala powder or ground cinnamon

½ tablespoon black sesame oil or floral base oil (see page xx)

Mix all of the ingredients

#### How to apply:

Apply to clean, damp hair with your fingertips, starting at the ends and working your way up to the scalp.

Rinse out with lukewarm wate and a gentle natural shampoo Rinse out the shamnor

#### Neutralising Deodorant

Under our arms lives a highly accessible portal to our lymphatic system, so it's vital that all products used in this area are completely natural. The rate at which we perspire and omit body odour is largely based on our diet, so by adopting an Avurvedic diet you should find that this area becomes a lot more discreet. This recipe has qualities that are both absorbent



2 tablespoons shea butter 3 tablespoons bloarbonate of soda

#### Method:

In a glass bowl, gently melt the coconut oil and shea butter over a double boiler, stirring occasionally until just melted. Remove from the heat and let cool to room temperature.

Mix in all of the remaining

Pour into a deodorant stick or glass jar and store out of direct sunlight.

# Ayurvedic Rituals





draft cover

# **Ayurvedic Rituals**

Wisdom, Recipes and the Ancient Art of Self-Care Chasca Summerville

November 2021 | HC | HEA032000 \$22 99 | 9781743797068 208pp | 6.7 x 9 in Full color photography throughout



#### Live harmoniously with nature and cultivate a life of health and wellbeing.

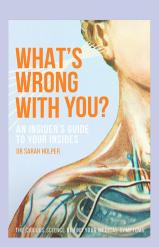
Ayurvedic Rituals is your introduction and practical guide to the Ayurvedic philosophy, showing you how a deep connection to vourself and Mother Nature will help you achieve harmony in your body and mind.

In this guide, Ayurvedic practitioner Chasca Summerville introduces this ancient practice to us in a modern setting. Chasca teaches us how we can achieve optimal health and happiness simply by tuning into our bodies and working in harmony with the natural world.

Featuring sumptuous photography, Ayurvedic Rituals includes natural beauty remedies, self-care rituals, seasonal recipes, methods to reduce stress and anxiety and techniques so you can access deep restful sleep.

Chasca Summerville is a qualified Ayurvedic Practitioner whose life-long exploration of alternative healing modalities has inspired a vast understanding of holistic wellbeing, the relationship between the mind + body, our connection to nature and natural methods to both prevent and heal disease through diet and lifestyle practices.

- · This guide will help the reader determine their dosha and teach them how to become their own healer.
- Ayurveda is on the rise in the western world with many health and beauty specialists now recommending Ayurveda to treat skin issues, fatigue and general discontent.



# What's Wrong With You?

An Insider's Guide to Your Insides **Dr. Sarah Holper** 

August 2021 | PB | HEA000000 \$19.99 | 9781743797112 256pp | 5.3 x 8.3 in Text only



#### How your body works-and fails-and why.

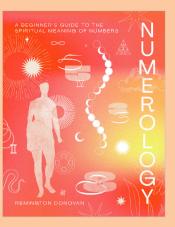
Take a tour through your body and its common medical symptoms with *What's Wrong with You?* an insider's guide for anybody with a body—particularly one that itches, aches, or malfunctions.

In What's Wrong With You? Dr. Sarah Holper takes you on a tour through the human body, explaining the reason for common medical symptoms that cause concern. With interesting facts, personal anecdotes, insider doctor secrets and memorable patient encounters spread throughout this book, Dr. Holper lends her working knowledge to those seeking to understand just what's going on inside and outside their bodies.

This guide will arm you with the knowledge you need to understand *why* your body reacts to illness the way it does.

**Dr. Sarah Holper** is a neurology doctor and passionate communicator, who has published research on the impenetrability of the writing of doctors and academics and how poor communication can jeopardize patient care. Dr. Holper served as medical adviser for David Astle's popular science book 'Rewording the Brain'.

- An entertaining primer on your body that explains in plain English with lively anecdotes and terrible puns why things happen to your body when you are feeling unwell.
- Chapters are broken down to cover all parts of the body: Head, Face, Throat & Chest, Guts, Skin.



draft cover

# Numerology

A Beginner's Guide to the Mystic Significance of Numbers Remington Donovan

November 2021 | HC | CKB029000 \$19.99 | 9781784884635 176 pp | 5.5 x 7 in Full color illustrations throughout



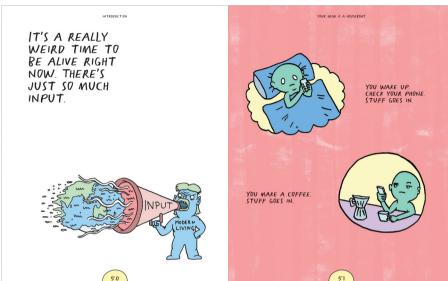
# A comprehensive, accessible showcase of the mystic art of numerology.

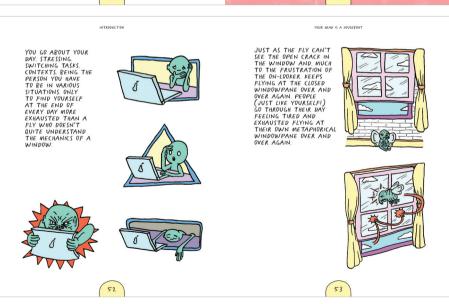
Numerology, in essence, is a study of numbers that showcases their relevance and repetitions in our lives. Ranging from 0–11, each number has a specific meaning, and by adding up the numbers of a specific date, you will come to a number within that range that can then be interpreted—think predictions of character traits based on birthdays, charts for the weeks, months, and years ahead. In this book, readers will be able to explore everything from relationship compatibility and life path numbers, to how to incorporate lucky numbers into everyday life. With Remington Donovan's accessible, fun, and vibrant guidance, *Numerology* will open your eyes to the importance of numbers in everyday life.

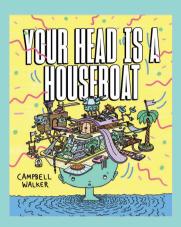
Remington Donovan is a numerologist, qabalistic tarot reader, seer, and teacher of kundalini yoga living in Los Angeles, California. He uses his considerable talent for numerology and tarot to empower, inspire, and guide individuals in private readings and group sessions locally and worldwide through his school, The Mystic Arts.

- · Illustrated throughout.
- · Broken down into simple terms in a fun, accessible tone.
- · Design-led, giftable package.

#### WELLNESS & INSPIRATIONAL







draft cover

# Your Head is a Houseboat

A Chaotic Guide to Mental Clarity Campbell Walker

October 2021 | PB | PSY036000 \$19.99 | 9781743797495 128pp | 6.7 x 8.3 in Full color illustrations



#### A mental health book unlike any you've seen before.

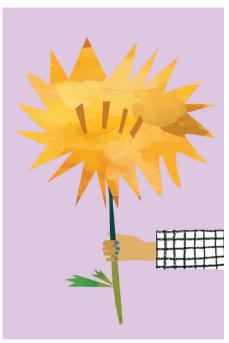
Your Head is a Houseboat is an incredibly original guide to what goes on in your brain from illustration sensation Campbell Walker aka Struthless.

The only truth we really know is that we're going to spend the rest of our lives in our own houseboat (our head) so it makes sense to make that houseboat as good as possible. In this delightful book, Campbell Walker demystifies brain functions, mental health, emotions, mindfulness and psychology—but with less complex terminology and more bizarre metaphors. It's a book filled with illustrations, journal exercises and words that will probably hit too close to home. At its core, this is a funny, accessible approach to understanding your own head and making it a nicer place to live.

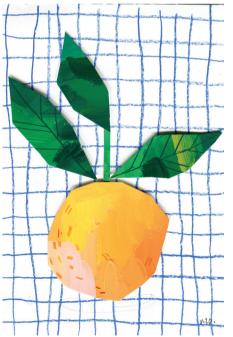
Campbell Walker is an illustrator, animator, and content creator better known as Struthless. Through animation, video and comics, he has built a combined following of over 750k people. Cam's clients include Comedy Central, Spotify, Vice, Pedestrian TV, GQ, CUB, Tinder, Stab, Future Classic, Samsung, Gatorade and Universal Music.

- A hilarious mental health book, filled with quirkily illustrated truth bombs and practical suggestions to help anyone look after their brain a little bit better.
- Under his Struthless working name, Cam has 249k followers on Instagram (30% US) and 268k subscribers on YouTube (40% US).

#### WELLNESS & INSPIRATIONAL











# The Art of Gouache

Unlock your Creativity Through Play, Mark Making, Gouache and Collage Viktorija Semjonova

October 2021 | HC | GAR000000 \$22.99 | 9781784884352 144 pp | 7.9 x 10 in Full color illustrations throughout

I SBN 978-1-78488-435-2 5 2 9 9 5 9 || 78 || 7 8 4 || 8 8 4 3 5 2 ||

#### Smart art ideas to inspire you to be more creative.

Gouache is an incredibly versatile water-based medium, and easy to learn, which will enable you to produce beautiful results even if you have no prior experience of painting.

In *The Art of Gouache*, Viktorija Semjonova explains the basics, techniques, and tools required to paint gouache, before moving onto practical projects that you can try. Packed with tips and tricks, you will learn how to paint objects, people, and places alike.

Including step-by-step instructions, this is perfect for beginners or intermediate-level artists looking for a bit of inspiration.

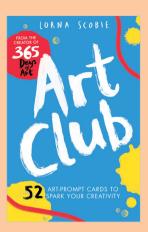
Viktorija Semjonova is a Latvian-born illustrator classically trained in drawing and painting (in the UK) and has been using gouache for over 15 years. Her clients include Vermilion Penguin, Pinterest, and Birchbox. Viktorija has taught workshops, and has even held gouache introduction painting workshops at Victoria & Albert Museum in London.

- Gouache is a type of water-based paint, which is known for its vibrant colors and opaque quality.
- Teaches you how to layer, blend, collage, and mark-make with intention.
- Perfect for beginners as well as being inspiring for intermediate-level artists.

#### WELLNESS & INSPIRATION







draft cover



Also available 365 Days of Art 9781784881115 \$19.99 | 2017



Also available Pocket Art 9781784883980 \$19.99 | 2021

# **Art Club**

# 52 Art Cards to Spark Your Creativity **Lorna Scobie**

September 2021 | Cards | ART020000 \$19.00 | 9781784884383 52 pp | 2.8 x 4.7 in Full color illustrations throughout



# Art activity cards cards to kick-start your creativity and develop your drawing.

Do you struggle with finding time for creativity? Do you need help with finding inspiration?

Unleash your creativity with *Art Club*, an interactive play deck that features 52 fun and easy art prompts that will get your creative juices flowing. From the bestselling author and illustrator Lorna Scobie, you will find a variety of daily drawing challenges that will inspire your passion for creativity and self-expression along the way.

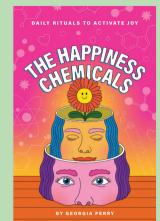
Perfect for group and solo art-play, these cards will be the springboard for creative ideas, helping you find the confidence to master your own drawing style.

**Lorna Scobie** is a London-based illustrator and book designer. She is the creator of the bestselling 365 Days of Art series, and has written and illustrated many picture books for children. Lorna grew up in the English countryside, and her love of the natural world and animal kingdom often inspires her art.

- 52 easy, fun art challenges by bestselling author and illustrator Lorna Scobie.
- Perfect to put in your bag and take art inspiration with you when you travel.
- It has been proven that introducing art into your every day life can improve your overall mental health and wellbeing.

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Daily Rituals to Activate Joy **Georgia Perry** 

December 2021 | DK | HEA000000 \$19.99 | 9781743797457 65 cards | 4 x 6.1 in Full color illustrations



# Activate joy with this daily commitment to your happiness and wellbeing.

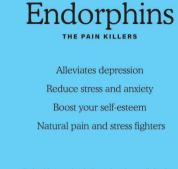
The Happiness Chemicals: Daily Rituals to Activate Joy is a vibrant deck of illustrated cards that will teach you how to stimulate your four happiness chemicals from within: dopamine, serotonin, endorphin and oxytocin. Pull one card a day and happiness will follow!

We all live with chemicals inside us that can change our moods dramatically when activated. With the help of this card deck you'll be able to activate your happiness chemicals whenever you need a pick-me-up.

First you identify which chemical you feel you need most, then all you have to do is pull one card a day, follow the prompt and you'll get high off your own supply.

**Georgia Perry** is an Australian author, illustrator and accessories designer based in Melbourne. Georgia's products have a focus on color, love, fun and positivity. In 2020 she wrote and designed the beautiful *Rise and Shine* morning ritual deck, and in 2021 released the *Blame it on the Juice: Lizzo 1000-Piece Puzzle*.

- A deck of inspiration cards that taps into the current self-care trend of rituals—the set includes 65 cards.
- Happiness chemicals are a growing trend as people become more interested in the crossover between science and mindfulness and how to stimulate these chemicals naturally.



Endorphins are chemicals produced naturally by the nervous system to cope with pain or stress. They are often called "feel-good" chemicals because they can act as a pain reliever and happiness booster.

Endorphins are involved in our natural reward circuits and are related to important activities like eating, drinking, physical fitness and sex.

# Oxytocin

Promotes bonding and trust

Calms the nervous system

Increases empathy

Makes us feel social

Oxytocin controls several processes in the body. It is produced in the part of the brain known as the hypothalamus. Oxytocin is released in women during childbirth, and it is important in humans building relationships. It allows people to recognise each other, promotes trust and empathy, and helps mothers to bond with their baby. It also makes people feel sexually aroused.

# Sun Yourself



#### WHAT WE KNOW

Research has shown that sunlight activates special areas in the retina, which triggers the release of serotonin in the brain and in turn, makes us feel good.

#### WHAT TO DO

Simply get outside on the next sunny day!

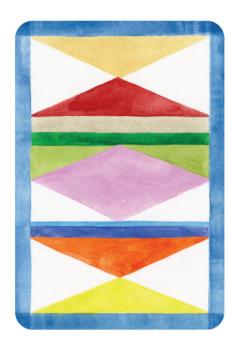
Just 5–10 minutes a day can make a difference.

Close your eyes and breathe deeply in the warm rays.

RISE MAND SHINE &

Also available Rise and Shine 9781743796894 \$19.99 | 2020

#### WELLNESS & INSPIRATIONAL



# ACTION Journalling ou've not journaled previou timidating, vulnerable, or s

If you've not journaled previously, it can feel intimidating, whereable, or silly to start — but it can also act like a vacuum of your mind that helps process all your unresolved or unconscious feelings. It is easiest to start with "stream of consciousness" writing where you just write down whatever comes to your mind for a certain amount of time (10-20 minutes, 2 pages etc)— if you are thinking "this is stupid I don't know what I'm doing" that is exactly what you write.

Make sure no one else reads your journal so you feel safe to be open and honest, remind yourself that you don't need to write "well", and feel the cathartic distance grow from your thoughts.







draft cover

# **The Grief Companion**

A Supportive Guide for Navigating Grief **Ngaio Parr** 

November 2021 | DK | SEL010000 \$19.99 | 9781743797471 65 cards | 4 x 6.1 in Full color illustrations



# A card deck to offer support during the grieving process.

The Grief Companion is a modern illustrated deck of cards that provides gentle guidance, support, and knowledge for those navigating loss and grief.

No two people grieve in the same way. The Grief Companion is a non-linear collection of cards that offer insights into the ever-evolving grieving process: providing thoughts and facts to help you feel grounded and seen; ideas on how to honor your loss and memory; and resources you can rely on as your experience of grief continues to shift. Simply pull an insight, action, or prompt card every day or every week as part of a mindful intention, or during a difficult moment to be comforted and feel supported.

Ngaio Parr is an artist, designer, curator, and creative figure, who has worked extensively as a book designer and illustrator for Thames & Hudson, Penguin, Hardie Grant, Hachette; as well as for other high-end brand and media clients including *The New York Times*, Figma, HP, Disney, NeueHouse, Leanne Ford, and Adobe.

- A deck of inspirational cards that taps into the current self-care trend of rituals with a collection of simple actions to navigate loss and grief.
- There aren't any beautiful books on this subject that particularly talk to a Gen Z and Millennial audience.











# The Happiness Code

10 Keys to Being the Best You Can Be **Domonique Bertolucci** 

August 2021 | HC | SEL021000 \$14.99 | 9781743797600 232pp | 4.5 x 6.5 in Text only

Domonique unlocks the secret to enduring happiness in *The Happiness Code* with her Ten Keys.

# **Love Your Life**

100 Ways to Start Living the Life You Deserve **Domonique Bertolucci** 

August 2021 | HC | SEL021000 \$14.99 | 9781743797594 216pp | 4.5 x 6.5 in Text only

Love Your Life is an uplifting collection of messages that will inspire inner and lasting happiness.

# **The Daily Promise**

100 Ways to Feel Happy About Your Life **Domonique Bertolucci** 

August 2021 | HC | SEL021000 \$14.99 | 9781743797570 224pp | 4.5 x 6.5 in Text only

The Daily Promise is a collection of inspirational messages that invites us to make small, daily changes in the way we treat ourselves and live our lives.









Also available You've Got This 9781743796801 \$14.99 | 2021



**Also available** 100 Days Happier 9781743797129 \$14.99 | 2021

# Less is More

101 Ways to Simplify Your Life **Domonique Bertolucci** 

August 2021 | HC | SEL021000 \$14.99 | 9781743797662 224pp | 4.5 x 6.5 in Text only

Less Is More is a collection of inspirational messages and advice that encourages you to enjoy life more by living a little more simply.

# The Kindness Pact

8 Promises to Make You Feel Good About Who You Are and the Life You Live **Domonique Bertolucci** 

August 2021 | HC | SEL021000 \$14.99 | 9781743797587 208pp | 4.5 x 6.5 in Text only

The Kindness Pact is happiness expert Domonique Bertolucci's answer to feeling good about who you are and the life you live.

- Advice and inspiration from a leading happiness expert and lifestyle coach. Domonique is perfectly placed to offer guidance on how to live a happy life.
- Beautifully reimagined with new cover designs, these bestselling books are sure to delight new and true Domonique Bertolucci readers alike.
- Perfect as a self-purchase or gift and stunningly merchandisable instore.



draft cover

# Relax

A Little Book of Calm Meredith Gaston

August 2021 | HC | SEL021000 \$14.99 | 9781743797426 144pp | 5.5 x 7 in Full color illustrations



Cultivate the art of relaxation and nurture your wellbeing, peace and calm.

Explore the joy of peaceful living and a daily state of ease through caring for our mind and body with Meredith Gaston's Relax: A Little Book of Calm. With practice. time, and care, each one of us can cultivate serenity and profoundly transform our experience of life.

In this delightful and beautifully illustrated book, acclaimed artist Meredith Gaston will show you how to relax through rest and play, building resilience and nurturing your own inner sanctuary by treasuring simplicity and authenticity. The affirmations and inspirations in these ten chapters will assist you to embrace relaxation so that your productivity increases, your health flourishes, and your happiness becomes more abundant.

Meredith Gaston is an internationally acclaimed Australian artist, bestselling author and passionate wellness advocate. Meredith's playfully sophisticated signature style and inspirational words bring comfort and joy to many. Her lovingly illustrated books are translated into foreign languages, and her original artworks and limited edition prints collected worldwide.

- · This is a beautifully illustrated book with a positive message that makes an ideal gift or self-purchase.
- · Offers important values to relaxing your mind and focusing on self care.
- · Follows At Home Within (Spring 2021) in a gift book series from bestselling author Meredith Gaston.



draft cover

# **Our Hearts** Choosing Love Every Day

**Meredith Gaston** 

Replenishing

November 2021 | HC | SEL021000 \$24.99 | 9781743797433 240pp | 6.7 x 9 in Full color illustrations



#### A book to inspire you to live your best life.

Acclaimed artist and author Meredith Gaston's Replenishing Our Hearts will open you to love: love for self, love for others, romantic love, love of life and love for everything in our world. Through advice. meditations, practical exercises, Meredith shows us how to embrace opportunities and step into our miraculous world of love.

Living a life of love begins with building on our wellbeing. By sustaining joy and inspiration and by paying mindful attention to ourselves and our world, we can expect our lives to flourish. When we nourish ourselves we can be there for others, with compassion and understanding. When we allow ourselves to shine, we grant others permission to do the same.

Meredith Gaston is an internationally acclaimed Australian artist, bestselling author and passionate wellness advocate. Meredith's playfully sophisticated signature style and inspirational words bring comfort and joy to many. Her lovingly illustrated books are translated into foreign languages, and her original artworks and limited edition prints collected worldwide.

- · Wellness and wellbeing-related titles are always on trend, and with growing mental health strains they become only more important.
- This is a beautifully illustrated book with a positive message that makes an ideal gift or self-purchase.



Also available At Home Within 9781743796887 \$14.99 | 2020



Also available The Art of Wellbeing 9781743793510 \$24.99 | 2017





Also available How to Think Like an Activist 9781743796627 \$14.99 | 2021



Also available How to Have Meaningful Relationships 9781743796733 \$14.99 | 2021

# How to be Online and also be Happy

**Issy Beech** 

September 2021 | FB | SEL031000 \$14.99 | 9781743796610 144pp | 5.1 x 7.2 in Full color throughout



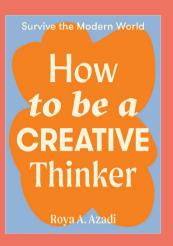
# Cultivate a healthy, meaningful relationship with the internet.

How to be Online and also be Happy is your playful guide to using the internet in a rewarding, productive and meaningful way.

While spending time online can be one of the most fulfilling aspects of our lives, it's also a source of great discontent, addiction, and anxiety. How to Be Online and Also Be Happy will teach you how to cultivate a conscientious and good-feeling relationship with the internet and social media. Offering tips and advice to help you approach this landscape, former internet addict Issy Beech will teach you how to set boundaries with your devices and show you how you can engage more purposefully, ultimately teaching you how to use the World Wide Web to make you happier.

Issy Beech is a Melbourne-based freelance writer and editor whose previous roles have included Senior Culture Writer at VICE, Editor of Australian and New Zealand Thump, Associate Editor at Three Thousand, and Editor at Large of independent publication Goodbooks.

- The latest book in the Survive the Modern World series—beautifully designed and accessible.
- While technology promises to keep us more connected than ever before, the reality is that we are disconnected, depressed, anxious, and lonely.



draft cover

# How to be a **Creative Thinker**

Roya A Azadi

December 2021 | FB | SEL027000 \$14.99 | 9781743797198 144pp | 5.1 x 7.2 in Full color throughout



#### A map to your creative mind.

How to be α Creative Thinker is a map to your creative mind, the places your creative potential resides, and the allies and enemies along the way.

In this practical guide, professional creative and strategic designer Roya Azadi teaches you techniques to encourage creative thinking and shows how you can unlock your creative potential. She reveals that technology is inhibiting our ability to daydream and explains why this headspace is so important if you want to 'catch a live one'. By the end of the book, you'll be bubbling with creative force to take out into the world and make real change.

Roya Azadi is a New Zealand born, Melbourne-based strategic designer. She's worked with organizations like World Vision, the United Nations and Google as a researcher and strategic designer, spent a number of years in award-winning creative advertising agencies, has lectured in strategy and storytelling across Melbourne, New York, and London.

- Creativity isn't just about creating art, it's also our ability to problem solve, to learn new things and to think outside the box.
- Studies show that creative people are better able to live with uncertainty because they can adapt their thinking to allow for the flow of the unknown.



Also available How to Start Your Side Hustle 9781743796726 \$14.99 | 2021



# **Keanu Reeves' Guide to Kindness**

50 Simple Ways to be Excellent **Hardie Grant** 

November 2021 | HC | HUM020000 \$9.99 | 9781784884734 112pp | 4.3 x 5.1 in Full color illustrations throughout

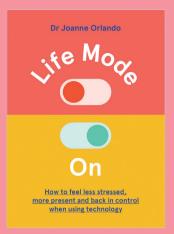


An illustrated guide to spreading more kindness—like Keanu Reeves.

Over the past few years, tales of Keanu Reeves' kindness and generosity have taken over the internet. From giving away millions of his earnings to graciously giving up his subway seat to fellow passengers, and respecting women's personal space when posing for photos with them, no act of kindness is too big or too small for this acting giant.

Keanu Reeves' Guide to Kindness is an illustrated guide to how we can all spread a little more love. Including 50 simple acts and accompanying illustrations featuring Keanu, this book implores us to be kind. Always.

- The Matrix 4 is due to be released on December 22, 2021.
- The publication date coincides with World Kindness Day on November 13.
- Kindness is definitely a buzzword that's sticking around for the foreseeable future.



# Life Mode On

How to Feel Less Stressed, More Present and Back in Control When Using Technology **Dr. Joanne Orlando** 

August 2021 | HC | SEL044000 \$14.99 | 9781743797051 192pp | 5.1 x 7.2 in Two-color throughout



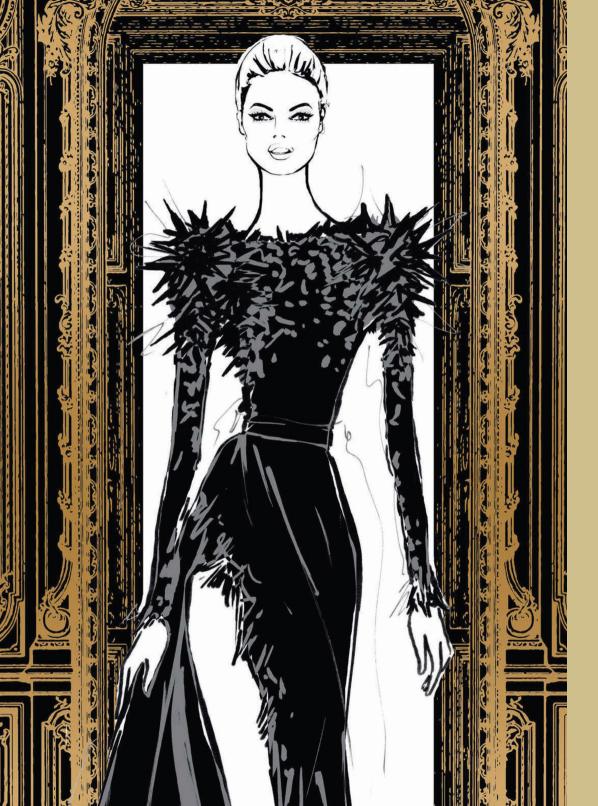
# This is not just a technology book—it's a whole life book.

Life Mode On is a revolutionary approach to living a better life with technology and our personal devices, from digital lifestyle expert Dr. Joanne Orlando.

Technology is no longer something we simply possess or use; it's part of who we are. But our transition into living with computers, smartphones and other devices has been fast, messy and unplanned. In *Life Mode On*, Dr. Jo will help you to understand and reset your digital habits. From showing how we can better set up our devices to revealing the 'dark patterns' that websites use to keep us clicking, this book will help you take back control in your life.

**Dr. Joanne Orlando** (PhD, M.Ed, B.Ed) is a leading international expert on the impact of digital technologies on our learning, work, and social worlds and has spent over 15 years studying our relationship with technology. She has featured in more than 500 publications including *The Economist*, *Washington Post*, and *BBC Africa*.

- Dr. Jo's light and accessible tone means no-one needs to feel guilty. Life Mode On isn't asking us to break up with our screens, but rather, make them work for us.
- The book uses real, fact-based information, with easy suggestions to start putting into action straight away.

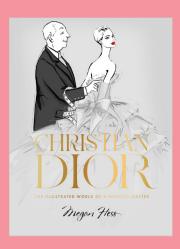


# Humor & Gift



Everything that
HAS BEEN PART
of my life, whether
I WANTED IT TO





# **Christian Dior**

The Illustrated World of a Fashion Master **Megan Hess** 

October 2021 | HC | BIO035000 \$35.00 | 9781743797266 192pp | 7.4 x 9.8 in Full color illustrations throughout



The illustrated life, brand and legacy of Christian Dior through Megan Hess's iconic illustrations.

Christian Dior: The Illustrated World of a Fashion Master is a stunning illustrated biography of legendary designer Christian Dior from internationally renowned fashion illustrator Megan Hess.

Discover the key moments of Dior's fascinating life and iconic items from the fashion world that he created. Elegantly enclosed by a hardback cover and ribbon, Megan's beautiful illustrations follow Dior through three distinct chapters: the highs and lows of his early life, set against a backdrop of bohemian and wartime Paris; the couture house that he built into an empire in just ten years; and the incredible legacy he left behind for one of fashion's most influential brands.

Megan Hess was destined to draw. Her renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, Vogue, Harpers Bazaar, Prada and Cartier. Megan is the bestselling author of 8 adult fashion books and well as a series of picture books for children.

- While Christian Dior was a very private man, the details of his life and business are truly incredible—any fashion enthusiast will be enthralled.
- Internationally, Megan has sold over 550k books across ten languages.
- Megan's profile continues to grow, with over 400k followers across social media platforms.



Also available Coco Chanel 9781743797440 \$35.00 | 2021







draft cover

# All Wrapped Up by Megan Hess

A Wrapping Paper Book—featuring Claris! **Megan Hess** 

October 2021 | ST | DES007040 \$19.99 | 9781760508982 22pp | 9.9 x 13.7 in Full color illustrations throughout



A gorgeous stationery book showcasing the artwork of acclaimed fashion illustrator and author Megan Hess.

Filled with 20 beautiful gift wrapping sheets each measuring 19.8 x 27.3 in as well as a handy gift stickers sheet, this beautiful book is the perfect collection to have on hand for any gifting to fashion lovers of any age! Featuring a mix of illustrations from Megan's books as well as her children's book series Claris, there is something to delight everyone within the pages of this stunning and useful book.

Give your present-wrapping the gift of style with All Wrapped Up by Megan Hess.

Megan Hess was destined to draw. Her renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, Vogue, Harpers Bazaar, Prada, and Cartier. Megan is the bestselling author of 8 adult fashion books and well as a series of picture books for children.

- A gift in itself, this stunning gift-wrapping collection will take your gifting to the next level and stand out in any gifting section instore.
- One of the world's best known fashion illustrators, Megan Hess is a genuine publishing phenomenon, and her books have sold over 550k copies worldwide.







# **AstroBirthdays**

What Your Birthdate Reveals About Your Life & Destiny Stella Andromeda

October 2021 | HC | OCC002000 \$22.99 | 9781784884598 384pp | 6.3 x 8.3 in Full color illustrations throughout



#### A reading for every day of the year.

Our birthday is where we begin our life on earth and it resonates with information, not just from the position of the planets at that moment in time, on that specific date, and in that particular place, but also from being part of a family heritage and a cosmic whole. Using the sun signs of the zodiac, numerology, and the wisdom of the Tarot, *AstroBirthdays* gives you a personal insight into how you respond to life and its challenges, what predisposition you may already be aware of or what will be revealed as you mature, and the way you approach your closest relationships. This snapshot could be the beginning of a journey toward self-discovery.

Stella Andromeda has been studying astrology for over 30 years, believing that a knowledge of the constellations of the skies and their potential for psychological interpretation can be a useful tool. With her sun in Taurus, Aquarius ascendant, and moon in Cancer, she utilizes earth, air, and water to inspire her own astrological journey.

- · A reading for every day of the year.
- Birthdays are fascinating as they measure our progress in life, year on year. This allure is also true of horoscopes, which lend guidance and reassurance.
- Stunning illustrations with accessible and fun content.



#### Aim: Be the first team to get the string & key through the clothes of your whole team

A brilliant game to begin the evening and which causes a lot of laughter!

Explain the rules when each team is lined up and facing the other team.

One person, the leader, splits the group into 2 even teams. You need 2 very long pieces of string and 2 keys, the heavier the keys the better. Tie the keys to the end of each separate piece of string and hand the long piece of string, with the key securely to one end, to each team captain (who much be standing at the start of each team captain (who much be standing at the start of each team's line).

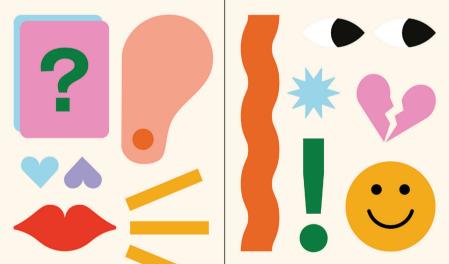
Then when the leader says go each team must pass the key through the clothing of each of their members until all members have the string running through them.

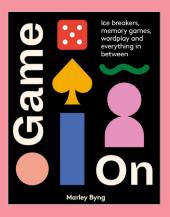
It starts by going down the captains clothing, e.g. if you rewearing a shirt and trousers it will go down their shirt and then down their trousers, then it would go up the clothing of the next teammate and out their top, and then down the next person etc. until your whole team is held together like a snake by one piece of string. The first team to get the key through all their players wins.

This game is particularly fun on the first time playing when players do not know what they are about to play and so are quite flustered when they begin!



PLAYERS DIFFICULTY 7+ Easy, unless you're wearing a wetsuit! 2 long pieces of string and 2 keys





draft cover

# Game On

Ice Breakers, Memory Games, Wordplay and Everything In Between Marley Byng

September 2021 | HC | GAM000000 \$19.00 | 9781784884604 176 pp | 5.5 x 7 in Full color illustrations throughout

ISBN 978-1-78488-460-4 5 1 9 0 0

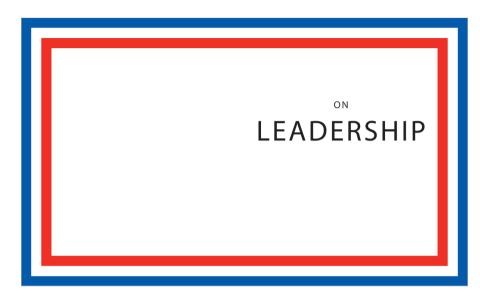
# An interactive playbook of 50 games to play with friends and family.

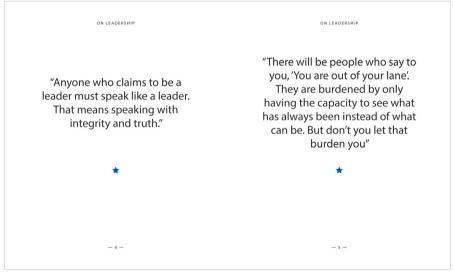
Game On is a games book with a difference. Designed to try to make your party, weekend away, holiday, or even a Friday night more fun, it will feature a range of classic games that everyone will know (but often don't remember how to play!) such as Mafia or The Hat Game, as well as an array of modern games that will soon become firm favorites will all who play them.

With a sleek and fun design, clear instructions, and guidance for numbers of players, this is a perfect gift for avid gamers as well as those looking for fun new ways to interact with friends and family.

Marley Byng is the queen of games amongst her peers. She is a student who has been an avid games master since she was 10. Having played games her whole life, she has acquired an exceptional collection—both existing and her own—ready to pluck out in any situation, and for any number of players.

- Board game sales are on the up, with millennials and Gen Z spearheading the trend.
- Everyone is looking for ways to interact in real life (especially post lockdown and social distancing).
- Will have celebrity endorsements from The Crown's Olivia Colman, Stephen Fry, and host of The Great British Baking Show, Noel Fielding.







draft cover

# Pocket Kamala Harris Wisdom

Inspirational Quotes From The First Female Vice President of America

#### **Hardie Grant**

August 2021 | HC | HUM015000 \$9.99 | 9781784884772 96pp | 4.3 x 5.1 in

SBN 978-1-78488-477-2





#### Wise and inspirational words from Kamala Harris.

In Pocket Kamala Harris Wisdom, the first female Vice President of the United States shares her pearls of wisdom on everything from leadership to love to inspire hope and validation in people all over the world.

This handy little book encourages you to smash the glass ceiling and allows you to take Kamala's complete counsel with you wherever you go.

#### On Inspiring Future Generations

To the children of our country, regardless of your gender, our country has sent you a clear message: Dream with ambition, lead with conviction, and see yourself in a way that others might not see you, simply because they've never seen it before. And we will applaud you every step of the way.

#### On Love

As a single, professional woman in my forties, and very much in the public eye, dating wasn't easy. I knew that if I brought a man with me to an event, people would immediately start to speculate about our relationship.

This book is a tribute to Kamala Harris, but she was not involved in its creation.

- · Topical and uplifting.
- Kamala Harris is the first female Vice President of America who is looked up to by young girls and women around the world.





objects. Prevery Act 12 x 31 cm. The prevent of a x 32 cm. The prevent

usefully we had seen on our own. The plan, as green, would include an area of about 800,000 sectares, stretching over about two hundred slimetters of corridor. It would create a kind of pern-plan ecosystem with vegetation surroundir such paddock to provide shade and shelter to sendit both the farms and the lubitura, as well as ecosystem services to farmers. It would take thanning and eathnaisam, but it should benefit a dominumine sinvolved, bringing them together i

a spirit of co-operation.

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#### ISLAND ECOSYSTEMS

CHARLES DARWIN, IN writing of his journey to the Galapagos Islands, noted, 'The species of all kinds which inhabit occunic islands are few in number compared with those on equal continental areas.' The smaller an isolated area, the fewer species are likely to be able to persist, both unumerically and in diversity, and this includes habitats isolated

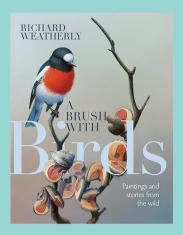
In 1984 fared Diamond showed that 171 species and subspecies of brids had become extincince 1600, of which ninety per cent were from islands. Australia's Lord Howe Island had lost more bird species than Africa, Asia and Europe combined. Since only ewenty per cent of the world's bird species are confined to islands, why

In an experiment called Minimal Critical Size (Ecosystem Project, the enlightened scientist Tom Lowejey compared the effects of isolation on plots of various sizes saved from clearing in the Brazilina Amazous. He demonstrated how important size was for sustainability. First to dispaper, particularly in the smaller plots, were the large produtors. They were followed by the larger prespectors.

optimism in Lovejoy's experiment, as they seeme to increase in mumber. Highly mobile, they were able to evade the mechanical clearing of the surrounding forest by escaping into the retained refuges (known as the "lifeboat effect"), but soon competition and limited resources depressed their

numbers in balance with the niches availal and they 'relaxed to equilibrium' as the reality of overpopulation forced their decline.

LEARNING ON THE LAND



# A Brush with Birds

Paintings and Stories from the Wild Richard Weatherly

August 2021 | HC | NAT043000 \$45.00 | 9781741176445 288pp | 8.5 x 11.1 in Full color illustrations throughout



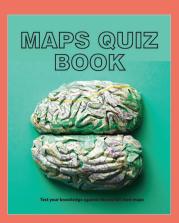
A luxurious volume celebrating the exquisite artworks and incredible life of one of the world's finest bird painters.

A Brush with Birds celebrates the art and life of one of the world's finest and most celebrated bird painters, Richard Weatherly OAM.

A skilled falconer and artist, Richard has spent more than fifty years observing birds and their natural habitats around the world, from Antarctica to Zimbabwe to New Guinea, Australia, and America. In *A Brush with Birds*, Richard accompanies his stunning paintings and sketches with fascinating insights, anecdotes, and knowledge gathered throughout his career.

Artist **Richard Weatherly**'s work as a painter, passionate conservationist and environmentalist has been recognized by an Order of Australia Medal and awards such as the Whitley, Australia's highest zoological award. During his fifty years as a professional artist, commissions have taken Richard from Antarctica to Canada; he has exhibited internationally and his work is held in collections around the world.

- Includes a chapter dedicated to Richard's time in North America.
- The pages are very visual, featuring many of Richard's intricate sketches, gouaches, and paintings of birds.
- A perfect gift for anyone interested in birds and wildlife conservation.



# **Maps Quiz Book**

#### **Hardie Grant Travel**

December 2021 | FB | TRV027000 \$24.99 | 9781741177251 224pp | 6.7 x 8.3 in Full color throughout



# Become the ultimate map reader with this quiz book for all ages.

Forget crosswords or Sudoku! *The Maps Quiz Book* is the ultimate test of knowledge to improve your navigation skills, wherever you may be in the world. Featuring 50 maps that cover subjects and places from around the globe, this book includes a range of historical and modern maps that will please any map afficionado. Each map comes with four different levels of questions under the headings Easy, Moderate, Difficult, and Challenging, and all answers are included at the back of the book.

You don't need to have any prior knowledge of cartography, just a general interest in quizzes and reading maps. In no time you'll be expanding your knowledge and navigating your way around the world.

- The perfect book for anyone who enjoys quizzes, crosswords or brainteasers, as well as map aficionados.
- · A perfect gift for the navigator in your life, from the age of 10 upwards.
- · A great activity for the whole family.



draft cover

# Seeing Stars: 1,000-piece Jigsaw Puzzle

#### **Hardie Grant**

August 2021 | PZ | GAM007000 \$19.99 | 9781784884765 1,000 pieces | 27 x 18.9 in Full color illustration

ISBN 978-1-78488-476-5



#### 1,000-piece, full-color jigsaw puzzle of the zodiac.

Piece together the power of stars with this 1,000-piece jigsaw puzzle showcasing the 12 zodiac signs. With an illustration for every star sign, this is the perfect puzzle for astrology lovers. With bold, bright illustrations and stunning, eye-catching details, this can be enjoyed as a group or on your own and can be framed as wall art once complete.

Illustrated by the well-known design house, Evi-O Studios, this is a fresh and modern take on the zodiac.

- Bold, striking, and vibrant illustrations that will appeal to the modern mystic.
- Features an illustration for each of the 12 star signs.
- Perfect for mindful gamers and astrology lovers.
- Puzzling is meditative, rewarding, satisfying, and a great social activity with its uncompetitive and inclusive nature (you can have as much players as you want).



# Honey, I'm Home: 1000-Piece Puzzle

# Laura Callaghan

September 2021 | PZ | GAM007000 \$19.99 | 9781743797679 1000 pieces | 8.3 x 12.2 in Full colour illustration



# Reduce your screen time and start mindful gaming with the Piece Full puzzle series!

Honey, I'm Home is a 1000-piece puzzle depicting a woman who has become one with her apartment—lounging around and surrounded by her favorite things. This fun, colorful, and maximalist scene is perfect for puzzling. Illustrated by London based artist Laura Callaghan.

Brimming with hidden detail and eye-catching designs, the Piece Full puzzle series offers beautiful projects for mindful gamers and art lovers alike.

The puzzle takes between 3–10 hours to piece together and measures 19.3 x 27 in once completed.

Laura Callaghan is an Irish illustrator living and working in South East London. Her work is largely hand painted using watercolor, indian ink and isograph pen, and depicts fearless women in colorful, maximalist environments. Laura has worked for Stella McCartney, Tictail and Footlocker, amongst other brands. Find her on Instagram @lauracallaghanillustration.

- Laura Callaghan's quirky, colorful, and maximalist style has earned her over 297k Instagram followers.
- This illustration will be relatable to everyone who has been in lockdown and sheltering in place.
- Puzzling is meditative, rewarding, satisfying, and a great social activity with its uncompetitive and inclusive nature.
- The Piece Full series features illustrated puzzles by artists from all over the world.



draft cover

# Brighter Futures: 1000-Piece Puzzle

#### **Kenita-Lee McCartney**

November 2021 | PZ | GAM007000 \$19.99 | 9781741177695 1000 pieces | 13 x 9.1 in Full color photography throughout



# Appreciate modern First Nations art with this stunning adult jigsaw puzzle.

Brighter Futures is a stunning 1000-piece adult jigsaw puzzle of modern Australian First Nations art, representing the brighter days the ancestors dreamed of.

Artist and founder of Matakupaat Arts, Kenita-Lee McCartney says, 'The future of our First Nations are brighter than ever before, with our ancestors guiding the storyline. Language is no longer sleeping, traditions are thriving, and our people are stronger with connection to country, air, sea, rivers, and animals. This is our Dreaming.'

This is a more challenging puzzle for adults that will take between three and ten hours to create. But the results will be well worth the effort, and worth framing for your wall.

Kenita-Lee McCartney is a proud Wemba Wemba, Wiradjuri, Wotjiboluk, Boon Wurrung, and Neri Neri woman, and the founder of Matakupaat Arts. Creating has always been Kenita-Lee's way to express emotions, experiences, storytelling, healing, and selfcare. Kenita-Lee's designs are bright and colorful with strong cultural messages, and her creations often come to her in her dreams.

- Kenita-Lee's artwork is a modern representation of First Nations art traditions, good enough to frame once the puzzle is completed.
- Puzzling is meditative, rewarding, satisfying and a great social activity (or perfect for isolation).



concept sketch

# Wunderkammer: 1000-Piece Puzzle

## Ilya Milstein

December 2021 | PZ | GAM007000 \$19.99 | 9781743797907 1000 pieces | 8.3 x 12.2 in Full color illustration



#### Reduce your screen time and start mindful gaming!

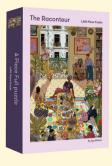
Cabinet of Curiosities is a 1000-piece puzzle illustrated by Ilya Milstein. This puzzle's artwork depicts a traditional cabinet of curiosities—a Wunderkammer—as a young descendant of the original owner oversees the repatriation and donation of its contents.

Teeming with varied and unusual objects, this artwork invites puzzlers to consider each item's provenance, creating a contemporary dialogue about reparation and correcting the colonialist connotations of these types of rooms.

The puzzle takes between 3-10 hours to complete and measures 19.3 x 27 inches.

Ilya Milstein is a graphic artist who was born in Milan, raised in Melbourne, and presently lives and works in New York. In 2018 he was a winner of ADC Young Guns. Some selected clients include The New Yorker, The New York Times, Google, Apple, Spotify, Uber, Facebook, Monocle & Paypal, among many others.

- New puzzle in the series by Ilya Milstein, the artist of The Raconteur—one of our best performing puzzles (@ilyamilstein, 56k followers)
- Puzzling is meditative, rewarding, satisfying and a great social activity with its uncompetitive and inclusive nature.



The Raconteur 9781743796665 \$19.99 | 2020



Blame It on the Juice: Lizzo 9781743797013 \$19.99 | 2021



**Still Life** 9781743796665 \$19.99 | 2020



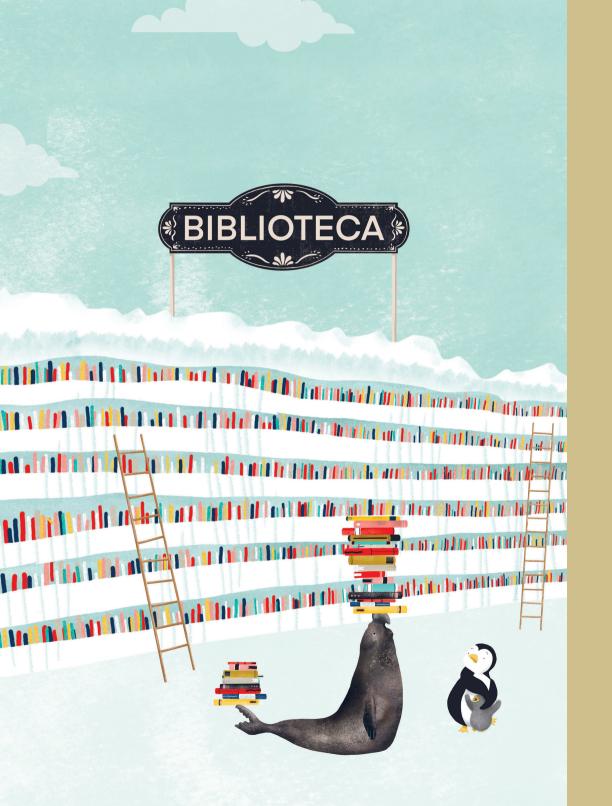
Renewal 9781741177534 \$19.99 | 2021



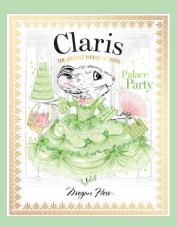
**La Buena Vida** 9781743796658 \$19.99 | 2020



**Diverse Women** 9781741177480 \$19.99 | 2021



# Children's



# **Claris: Palace Party**

The Chicest Mouse in Paris **Megan Hess** 

October 2021 | HC | JUV039060 \$17.99 | 9781760504977 48pp | 9.1 x 11 in Full color illustrations throughout



The fifth title in the bestselling *Claris* series from the acclaimed fashion illustrator Megan Hess.

It was a marvellous day for our sweet little Claris,

as she sat on a train that was leaving from Paris.

She was off to Versailles, a grand palace in France,

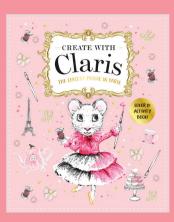
to attend a great ball where she'd eat cheese and dance.

But what happens when Claris gets lost in the Hall of Mirrors?

She'll need to help a new friend overcome their fears before they can find their way back to the ball!

Megan Hess was destined to draw. Her renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, Vogue, Harpers Bazaar, Prada, and Cartier. Megan is the bestselling author of 8 adult fashion books and well as a series of picture books for children.

- · A quarter of a million Claris books in print!
- A beautiful gift, this handsome hardback features gilt-edged pages and a foil finish alongside Megan's stunning illustrations.
- The Claris series continues to grow with four picture books and a look-and-find adventure available.
- Claris encourages kids to chase their dreams no matter how big the dream and no matter how small they are.



draft cover

# Claris: A Très Chic Activity Book

by Claris: The Chicest Mouse in Paris **Megan Hess** 

September 2021 | PB | JUV054000 \$9.99 | 9781760508951 80pp | 9.3 x 11.3 in Full color illustrations throughout



# Claris and her friends want to you get creative with them!

Packed with puzzles, activities, interviews and much more, the *Claris: A Très Chic Activity Book* will keep little hands and minds entertained for hours.

Megan Hess was destined to draw. Her renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, Vogue, Harpers Bazaar, Prada, and Cartier. Megan is the bestselling author of 8 adult fashion books and well as a series of picture books for children.

- · Perfect for creative kids aged 4 years and up.
- A Très Chic Activity Book contains quizzes, coloring sheets, puzzles, recipes, and interviews with Claris and her friends.
- Based on the characters and locations in the bestselling Claris picture book series.
- Destined to delight fashion-obsessed readers of all ages!
- Package will include beautiful gold foiling on the cover.





# Claris: Book & Headband Gift Set

Claris: Fashion Show Fiasco Megan Hess

August 2021 | MB | JUV039060 \$19.99 | 9781760508975 48pp | 8 x 10.6 in Full color illustrations throughout



This gorgeously designed gift set includes a hardback copy of the bestselling *Claris: Fashion Show Fiasco* with your very own Claris headband!

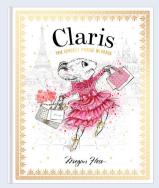
A delightful rhyming tale about courage, compassion and a stylish little mouse, from acclaimed fashion illustrator Megan Hess.

When Claris's family leaves behind their invite to Paris Fashion Week, this brave little mouse has only one choice: an exciting dash through the streets of Paris in a race against the clock!

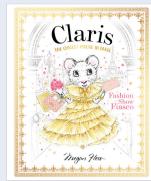
This stunning set includes the second charming picture book in the *Claris* series with a mouse-eared headband and will delight young fashion-obsessed readers the world over.

Megan Hess was destined to draw. Her renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, Vogue, Harpers Bazaar, Prada, and Cartier. Megan is the bestselling author of 8 adult fashion books and well as a series of picture books for children.

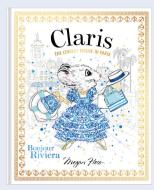
- This beautiful gift set includes a hardback picture book featuring a foil finish alongside Megan's stunning illustrations. The soft and luxe headband turns any Claris fan into a chic little mouse!
- Packaged together in a sturdy and beautifully designed box, this is the ultimate gift for Claris fans.



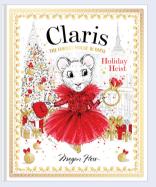
Claris: The Chicest Mouse in Paris 9781760502591 \$17.99 | 2018



Claris: Fashion Show Fiasco 9781760502874 \$17.99 | 2019



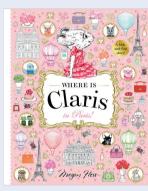
Claris: Bonjour Riviera 9781760504939 \$17.99 | 2020



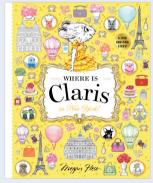
Claris: Holiday Heist 9781760504953 \$17.99 | 2020



Oli and Basil 9781760507671 \$17.99 | 2021



Where is Claris in Paris 9781760504946 \$14.99 | 2020



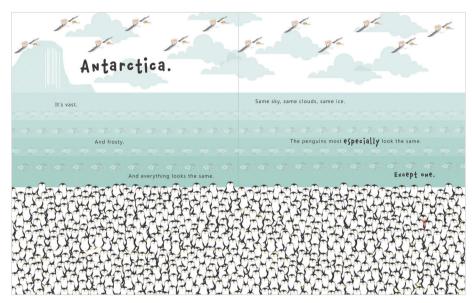
Where is Claris in New York 9781760504960 \$14.99 | 2021



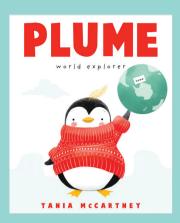
Claris: Book and Jigsaw Puzzle Set 9781760507817 \$17.99 | 2020



#### CHILDREN'S







draft cover

# Plume

# World Explorer Tania McCartney

September 2021 | HC | JUV068000 \$17.99 | 9781741177664 40pp | 9.1 x 11 in Full color illustrations throughout



#### A new children's book series for our times.

Hitch a ride on the Albatross Express and travel the globe with *Plume: World Explorer.* This exciting new series for little ones celebrates culture, diversity and the natural wonders of our world.

Plume is not your typical Antarctic penguin. He loves to cook, read, knit sweaters, and ice skate, and he sports a yellow plume on top of his head. Plume is bored of black and white, and of shuffling and snoozing on icebergs. He craves color, adventure, excitement! He wants to seize the world he's discovered between the pages of his fantastical Antarctic library.

Through his travels, children will engage with themes such as friendship, acceptance and the wellbeing of our planet.

Tania McCartney is a book creator. She has made well over 50 books for children and adults, and has illustrated, edited and designed many of them, too. Her works have reached the hands of children in 20 countries around the globe, and have been shortlisted for an array of awards.

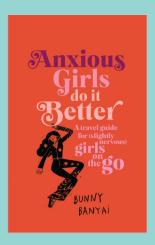
- Tania McCartney is an acclaimed children's book author and illustrator, having been nominated for the 2020 World Illustration Awards.
- At a time when world travel is restricted, this series encourages children to explore the world through the pages of this book.



Also available I Love the World 9781741177398 \$19.99 | 2020



# Travel



# **Anxious Girls** Do It Better

A Travel Guide for (Slightly Nervous) Girls on the Go **Bunny Banyai** 

December 2021 | HC | TRV026000 \$16.99 | 9781741177275 192pp | 5.4 x 8.5 in Full color throughout



Advice for women with any form of anxiety who are considering travel.

Anxious Girls Do It Better covers everything you need to know when travel designates anxiety as your (invisible) excess baggage.

You don't need an official diagnosis of anxiety to get something out of this book. Perhaps you're simply nervous at the idea of parting with a wad of cash in exchange for three weeks in the Mediterranean. Or maybe you're feeling rattled by the COVID-19 pandemic, which doesn't make you someone with an anxiety disorder, but rather, a normal human being. Visiting an unknown corner of the globe with only a wheelie bag for company could induce anxiety in a bar fridge. In spite of any worries, Anxious Girls Do It Better will help you to travel anyway.

Bunny Banyai lives in Melbourne, Australia with her two cats, three daughters, and one male companion. She contributes regularly to local and international publications and is the co-author of Sh\*t On My Hands: A Down and Dirty Companion to Early Parenthood.

- · While the writing is filled with wit and humour, the author has undertaken careful research and interviewed medical professionals to ensure all advice offered in the book is sound.
- · An accessible book featuring stunning illustrations, making it the ideal gift or self-purchase.



draft cover



A specially curated travel guide for Asian women,

How to Navigate the World as an Asian

Asian Girls are

**Going Places** 

November 2021 | HC | TRV026000

Woman Today

Michelle Law

\$16.99 | 9781741177121

Full color throughout

by Asian women.

192pp | 5.4 x 8.5 in

Asian Girls are Going Places is a travel companion with a difference. In this guidebook, writer and actor Michelle Law uses her signature offbeat, comedic style to offer sage and entertaining advice that targets the joys, fears, and obligations unique to Asian women traveling the world.

Covering both solo and family travel, Asian Girls are Going Places includes everything from the best places to celebrate Lunar New Year, to where to find good Asian food, to romance and relationships as well as safety and privilege. Each chapter includes anecdotes from Michelle, as well as interviews with other experienced Asian, female travelers, making this guide a handy, laugh-out-loud and deeply relatable travel companion for Asian women.

Michelle Law is a writer and actor working across print, theatre, film, and television. She wrote the smash-hit play Single Asian Female, which has sold out seasons and across Australia. Her screenwriting work includes the Australian TV show Homecoming Queens, which she co-created, cowrote, and stars in.

- · The third title in the Girls Guide to the World series, offering valuable travel and general life advice for women and girls of different minority or social groups.
- Michelle's interviews survey women from all parts of Asia including Japan, Singapore, India, and Korea.



Also available Black Girls Take World 9781741177022 \$16.99 | 2021



Also available Black Girls Take World 9781741177022 \$16.99 | 2021





Coasts, peaks and paths: mind-blowing hikes to get you moving



Our listed notion is a special place to equipore by foot. There are thousands of miles of retails and wailknowys, suited for any and all abilities, crise-rousing our charming countryside. Prom greeling treks that text year endormance to enapthere yearlib perfect for an afternoom money, we've selected the best of the banch. And if you're strapped for each of the property of the pr

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We almoot foreset the food Presure

We almost forgot the food! Prepare accordingly with provisions and plenty a high-energy snacks and water. A hike wi no treats just isn't a hike in our opinion. Get those Jammie Doders at the ready!

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For all that British seaside goodness. Similar to Brighton but with more space to enjught beautiful beach around you. It's been ranked as one of the sunniest places in all of the UK and a brilliant place to head out to for a lovely seaside holiday.

lakes, mountains and scenic overload that is the Lake ct. When you're here, though, by no means stick to re alone, the Lake District is vaste and beautiful so hear slore even more of it. A great spot to base yourself here Ultswater which is absoluted uperfect spot to enjou the

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Bysice the here course walls, careles, road trips, city justines and surprising sports across England, Scorland and Wales

Many Ond An - Alfer & Hoyd Griffiths

# Hand Luggage Only: Great Britain

Yaya Onalaja-Aliu and Lloyd Griffiths

August 2021 | FB | TRV009070 \$29.99 | 9781741177589 256pp | 7.4 x 9.8 in Full color photography throughout



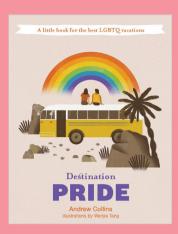
# See Great Britain in a whole new light and travel there like never before!

Hand Luggage Only: Great Britain is a celebration of the amazing places to be found throughout England, Scotland and Wales. Actually, scratch that—it's about so much more than a celebration of Britain's finest travel destinations! This book will actually help get you out there and explore the country yourself.

There's so much about the UK that even Brits don't know, so Yaya and Lloyd of the successful travel blog Hand Luggage Only are here to share all of their insider tips. Featuring stunning photos, their book covers everything from incredible hikes, amazing castles, beautiful road trips and even surprising spots in the UK, all based on Yaya and Lloyd's own tried-and-tested experiences.

Yaya Onalaja-Aliu and Lloyd Griffiths of Hand Luggage Only are the UK's foremost and most successful travel bloggers. The guys met at university and set up their blog in 2014 to share travel stories and photos with likeminded travelers. Their expertise in the travel space has led to multiple international awards from the likes of Pinterest and Vuelio.

- Extremely well-connected authors in the British travel space, with large social media following (over 1m followers across platforms) & engaged community through their successful travel website Hand Luggage Only.
- Luxe and covetable design filled with photographic inspiration throughout.





Also available Destination Wellness 9781741176896 \$12.99 | 2021



Also available
Destination Coffee
9781741176902
\$12.99 | 2021

# **Destination Pride**

A Little Book for the Best LGBTQ Vacations

Andrew Collins

September 2021 | HC | TRV026070 \$12.99 | 9781741176971 144pp | 4.7 x 6.1 in Full color illustrations throughout



Destination Pride offers colorful recommendations and practical tips to inspire your next LGBTQ travel adventure.

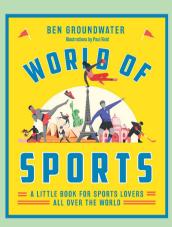
Over the past few decades, the LGBTQ travel landscape has undergone a sea change. From attending a queer film festival in Mumbai to watching a procession of Amsterdam canal boats during the world's only floating Pride Parade, award-winning LGBTQ author Andrew Collins recommends hundreds of both quirky and quintessential travel experiences.

Chapters are organized by theme—epic road trips, romance vacations, foodie adventures—and include dozens of invaluable tips, from how to spice up your vacation by choosing the right LGBTQ dating app to planning your same-sex destination wedding.

As COVID-related travel restrictions gradually lift around the world, LGBTQ travelers will find that there's never been a better time to explore and be yourself.

Andrew Collins has written and edited dozens of travel guidebooks, including the first-ever LGBTQ travel guide published by a mainstream publisher, Fodor's Gay Guide to the USA, which earned the prestigious Society of American Travel Writers Lowell Thomas Award. He's contributed to an array of both LGBTQ and mainstream magazines and websites, from Travel + Leisure to Out magazine.

- · Includes tips on traveling safe as an LGBTQ person.
- Beautifully illustrated and a covetable pocketsized package.



draft cover

# **World of Sports**

A Book for Sports Fans All Over the Globe **Ben Groundwater** 

September 2021 | HC | TRV026080 \$12.99 | 9781741176919 144pp | 4.7 x 6.1 in Full color illustrations throughout



The ideal book for sport lovers no matter where you are in the world.

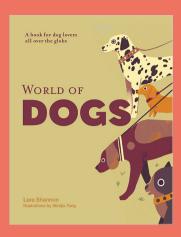
World of Sports is your guide to one of the world's great obsessions; to the teams, the matches, the venues, the histories and the personalities that all come together to form something amazing. You can't hope to understand a nation without understanding its pastimes and its passions, and that, so often, is sport.

Organized into sections by world region, *World of Sports* features a line-up of sports, events and sporting venues that are both familiar and obscure, from world-famous match-ups to little-known guirks.

Featuring illustrations by UK-based artist Paul Reid, this is the ideal book for sports lovers who want to understand the full gamut of sports around the world.

Ben Groundwater is an award-winning Australian travel writer and broadcaster, who has been playing and watching sport since he could first walk. He's since become obsessed with sporting events and sporting culture around the world, attending everything from a Boca Juniors football match at La Bombonera to a stone-lifting tournament in a Basque Country plaza.

- Bite-sized pieces of information to inspire future travel plans, or maybe just help organize your TVwatching schedule.
- All sports, events, and sporting venues featured are genuine objects of passion for the locals in each destination.



# **World of Dogs**

A Book for Dog Lovers All Over the Globe Lara Shannon

October 2021 | HC | TRV026040 \$12.99 | 9781741177725 144pp | 4.7 x 6.1 in Full color illustrations throughout



A gorgeous gift book or self-purchase for dog lovers.

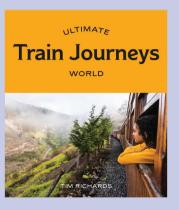
World of Dogs is a fun and quirky book that delves into the evolution and history of our canine companions, and also celebrates their roles in ancient and modern society across the globe.

An incredible and unique selection of dog breeds are featured, from Africa's Abyssinian Sand Terrier and the Peruvian Inca Orchid, to the New Guinea Singing Dog and India's pariah dog. You'll also discover how certain dogs became some of world's most popular breeds, as well as some of the most famous canine friends who became household names in popular culture.

Featuring illustrations by Wenjia Tang, World of Dogs is both an entertaining and educational look into the world of dogs.

A passionate animal welfare advocate, certified dog trainer and pet nutritionist, **Lara Shannon** has been a regular on Australian TV and radio stations for the past two decades. In 2016, Lara created and is the producer and host of Australian TV show, *Pooches at Play*.

- Dog ownership is booming! Over \$30 billion is spent on pet food and products in the US each year.
- This is a world tour of dog breeds in book form, offering a historical overview of dogs in society, dogs fin pop culture and dogs in sport.



draft cover

# **Ultimate Train Journeys: World**

**Tim Richards** 

November 2021 | FB | TRV035000 \$29.99 | 9781741177350 208pp | 8.3 x 9.4 in Full color photography throughout



#### A guide to 30 of the best train rides around the world.

Ultimate Train Journeys: World profiles 30 great train trips from every inhabited continent, selected by long-time rail fan and travel writer Tim Richards.

Tim's curated selection covers the full range of rail options, from the humble commuter train to long-distance night trains with sleeper berths and dining cars, and all journeys are blessed with great scenery. There's the Coast Starlight (Los Angeles to Seattle), the Darjeeling Himalayan Railway (New Jalpaiguri and Darjeeling) and The Orient Express (London via Paris to Venice), just to name a few. Each chapter includes a detailed itinerary, fast facts, photos and maps.

With space to move and no road traffic to get snarled up in, these train adventures will immerse you in your shifting environment.

Tim Richards is an award-winning travel writer, specializing in rail travel, who will hop aboard any train at a moment's notice. His work has appeared in newspapers, magazines and websites around the world, and in Lonely Planet's guidebooks.

- The second in a new global guide series: the *Ultimate* series, featuring the best places around the world for different types of recreational travel.
- Travelers are increasingly turning to train travel as a great way to experience a country.
- Forbes has listed train travel as one of the top travel trends for 2020 and into 2021.



Also available Ultimate Cycling Trips: World 9781741176964 \$29.99 | 2021





I discovered so much about myself, while realising how little I knew about the world around me.





draft cover

# Rewild

Stories and Inspiration for the Modern Adventurer **Doron and Stephanie Francis** 

July 2021 | FB | TRV001000 \$19.99 | 9781741177596 192pp | 8.5 x 11.1 in Full color photography throughout



#### A beautiful and inspirational book for those seeking to reconnect with the natural world.

Now in a new format, Rewild is a beautiful collection of stories, images, and camping tips that will inspire you to rediscover the rejuvenating power of the outdoors.

This is a book that encourages you to leave behind the stress of the 9-to-5 grind, and embrace simple pleasure found in pounding waves, a roaring campfire and a sky full of stars. With compelling accounts from everyday adventurers, including a number of new stories for this edition. Rewild features stories from people all around the world who've embraced the outdoors on their terms. Some have gone on epic adventures and others have simply found new ways of seeing the world around them.

Doron and Stephanie Francis launched Homecamp in 2014, an outdoor lifestyle brand that aims to inspire people to get outside and experience nature as much as possible. The business has since built up a legion of loyal followers and customers who want to enjoy the outdoors equipped with products and skills that will last a lifetime.

- · New flexibound format of the bestselling 2018 edition.
- · Taps into the growing trend and market for glamping and specialized outdoor experiences.
- · The book also has a how-to guide with helpful tips and illustrations.





Also available Tent Life 9781741177213 \$19.99 | 2021









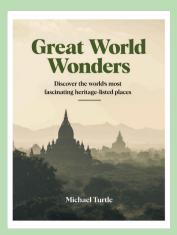
# History's Great Empires

From mighty Rome to the mysterious Maya, every empire that rises ultimately falls with the natural ebb and flow of history. But even when these epic civilisations recede, they leave behind a legacy that makes a permanent mark on the world.

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It's in the ancient imperial capitals, hulking temples, ornate tombs, and other konic monuments that we find the supremacy of these civilisations. How incredible it would've been to see them at their peak, full of pomp and people. At least through our travels to their remnants and ruins, we gain a view into the history-shaping empires of the world.





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# **Great World Wonders**

Discover the World's Most Fascinating Heritage-Listed Places Michael Turtle

August 2021 | HC | TRV016000 \$35.00 | 9781741177312 288pp | 7.9 x 10.2 in Full color photography throughout



# A beautiful collection and exploration of the best and most iconic landmarks in history.

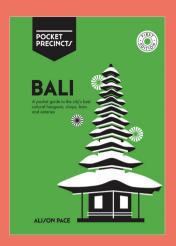
In *Great World Wonders*, travel enthusiast and writer Michael Turtle offers a curated guide to the best UNESCO World Heritage sites around the globe, each with a fascinating tale and insight into our shared humanity.

Opulent palaces let us peek into the lives of the rich and famous, while the centers of great empires show the evolution of civilizations. And through it all is the inescapable influence of human behavior, with many of the World Heritage Sites directly linked to important historical events and people.

From icons like the Egyptian Pyramids and the Taj Mahal, to undiscovered gems like gold mines and ancient rock paintings, *Great World Wonders* is not just a source of travel inspiration, it's an incredible journey through the amazing story of our world.

Travel writer **Michael Turtle** has visited more than 75 countries. His interest in culture and history inspired him to start seeking out World Heritage sites, and so far he's been to more than 320 of them. Michael runs the popular travel blog, Time Travel Turtle, and his articles and photos have won numerous awards.

- A curated guide to the best UNESCO World Heritage sites around the globe.
- Covers key information about each site as well as its fascinating history.
- · Fully photographic in a beautiful hardback package.



# **Bali Pocket Precincts**

A Pocket Guide to the Island's Best Cultural Hangouts, Shops, Bars and Eateries **Alison Pace** 

December 2021 | PB | TRV003060 \$14 99 | 9781741176797 208pp | 5.1 x 7.2 in Full color photography throughout



### A handy, pocket-sized guide to the best of Bali's holiday locations.

Bali Pocket Precincts is your curated guide to Bali's best cultural, shopping, spa, and dining experiences. Bali is known for its tumbling rice paddies, colorful culture, and world-class surf. But delve deeper and you'll discover that every area of the island has its own distinctive personality. Artistic Ubud is home to centuries-old temples, yoga shalas galore and some of the most inventive plant-based restaurants in the world. On the south coast, Seminyak is all about designer boutiques and vibey beach clubs with swim-up bars and sunset soundtracks. Head north and volcano bagging, rice-terrace trekking and exceptional scuba diving all become possibilities.

Slip this guide into your pocket and head off on an adventure, experiencing the most fascinating sights and surrounds like a local.

Writer and content creator Alison Pace has lived, worked and travelled extensively throughout Indonesia for the past 10 years. From her base in Bali, she has written for some of Asia-Pacific's top lifestyle publications and brands, including Design Anthology, Epicure and Potato Head.

- · A compact and light paperback, perfect for slipping into your back pocket.
- · Includes maps at the back and suggested 'field trips' encouraging you to venture throughout the whole island, including North Bali, and beyond to Lombok.
- · The latest book in the popular Pocket Precincts series.



# **Pocket Precincts Counterpack**

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The Pocket Precincts Counterpack is a bright and beautiful way to display your favorite titles in the Pocket Precincts series. The counterpack will fit well on all bookstore counters with the option to pick and mix up to 10 titles in this accessible and trendy guidebook series.

- Holds 10 units with spine out.
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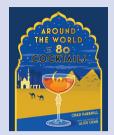




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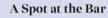




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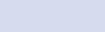
# Basque Mini

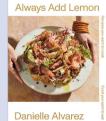
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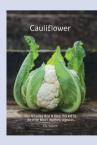
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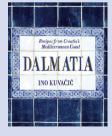




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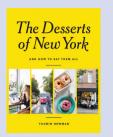
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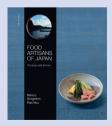
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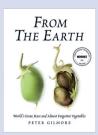




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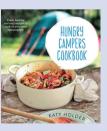




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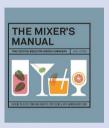




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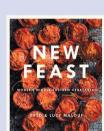




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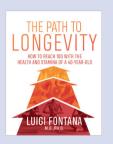




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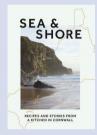




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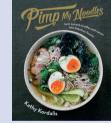




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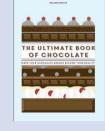


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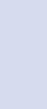
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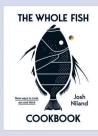




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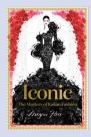




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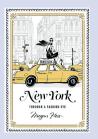
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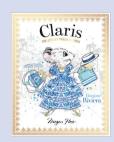
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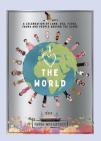




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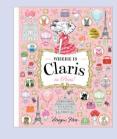
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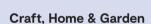


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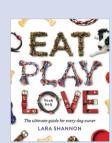
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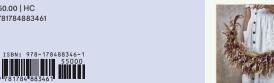
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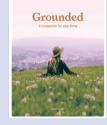




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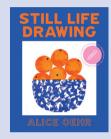
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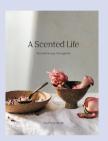
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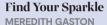
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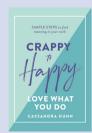
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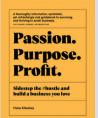




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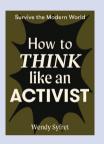




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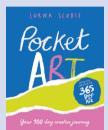




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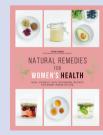




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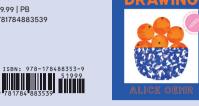
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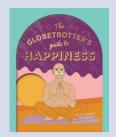
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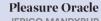




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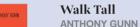
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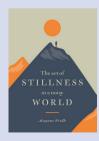
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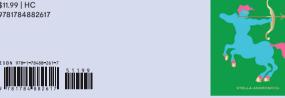
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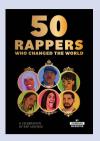
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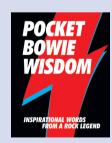




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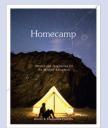




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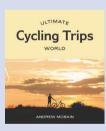




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