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Hardie Grant Books

Fall 2020



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About Us

Hardie Grant Publishing is an independent, global publisher of non-fiction. With offices in Melbourne, Sydney, London and San Francisco, our books are sold all over the world.

We make beautiful books across a range of subjects including food and drink, humor, design, popular culture, travel and children's books—working with the best authors to create award-winning books that tell a story and reflect the way we live.

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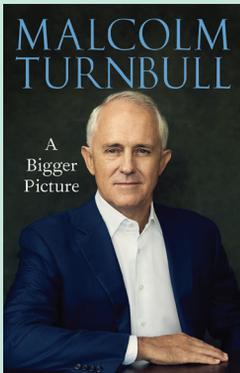
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A Bigger Picture

Malcolm Turnbull

April 2020

ISBN 9781743795637

BIO011000

\$45.00 | Hardcover

704 pages | 6 x 9.2 in

Text with full color

photography

Malcolm Turnbull, Australia's 29th prime minister, tells the remarkable story of his life in this lively political page-turner.

Exceptionally candid and compelling, *A Bigger Picture* is the definitive narrative of Malcolm Turnbull's prime ministership and extraordinary life to date. From his early years in Sydney, growing up with a single father, to defending 'Spycatcher' Peter Wright against the UK government; leading the Republican Movement and making millions in business; and becoming prime minister of Australia. For the first time he tells it all—in his own words, including what really happened on the infamous Trump phone call as well as insights into high-level diplomatic wrangling with the world's most famous leaders including Theresa May, Boris Johnson, Barack Obama, Angela Merkel, Emmanuel Macron, Shinzo Abe et al.

A Bigger Picture explores the strengths and vulnerabilities of one of Australia's best-known and most dynamic business and political leaders. Lyrically written in highly readable and entertaining prose, this is a genuine page-turner that's not just for political junkies.

- Never-before-revealed details on Brexit, David Cameron, Theresa May and the UK government, being a republican and working with the Royal family.
- Malcolm Turnbull has a very strong social media following with 984k Twitter followers, 401k Instagram followers and 174k Facebook followers.
- What really happened on the infamous Trump phone call and insights into high-level diplomatic wrangling with the world's most famous leaders.
- The inside story behind the same sex marriage plebiscite: the complex legal hurdles and gruelling Party Room juggling to ensure it happened against all odds.
- For the first time, Turnbull's reflections on the 2018 political coup.

ISBN: 978-174379563-7



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Pocket First Ladies Wisdom

Hardie Grant London
Wise Words from
America's First Ladies

September 2020
ISBN 9781784883805
BIO010000
\$9.99 | Hardcover
96 pages | 4.3 x 5.2 in
Full color illustrations
throughout



“Human rights are women’s rights, and women’s rights are human rights.” – Hillary Clinton

From Martha Washington to Jackie Kennedy, the First Ladies of the United States have often been as inspiring and influential as their husbands. They have been involved in political campaigns, championed social causes, been fashion role models and, undoubtedly, influenced many behind-closed-doors decisions. Including quotes from trailblazer Michelle Obama, pioneering Betty Ford, human rights activist Eleanor Roosevelt and many more, this is an inspirational collection of quotes from some of the world’s most remarkable women.

- Inspirational, insightful, eye-opening quotes from the First Ladies of the USA.
- Quotes to empower anyone and everyone from First Ladies ranging from Michelle Obama and Hillary Clinton to Jackie Kennedy and Eleanor Roosevelt plus many more!
- Over 700k of the *Pocket Wisdom* guides sold worldwide.

ISBN: 978-178488380-5



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Japan Map 500 Piece Puzzle

July 2020

ISBN 9781741177282

GAM007000

\$13.99 | Puzzle

500 pieces | 20 x 20 in puzzle

11 x 9.1 x 1.6 in box

Full color throughout



A beautiful illustrated puzzle just in time for the 2020 Summer Olympics.

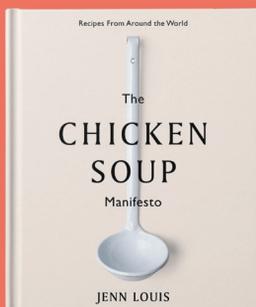
Brush up on your Japan knowledge while you zen out with some puzzling with the Japan Map Puzzle. This 500-piece square puzzle features a beautiful overview map of the country, accompanied by fun illustrations and facts. The perfect gift or keepsake for Japanophiles of all ages (5 years and up).

- Design aimed at the adult market with quite a sophisticated look featuring cool illustrations.
- Includes points for all major cities and landmarks such as Mount Fuji.
- Includes a couple of fact boxes to fill space in the ocean areas.
- With the Tokyo Olympics 2020 coming up, many retailers launching special Japan capsule collections.
- Puzzles for adults are the latest mindfulness trend.

ISBN: 978-174117728-2



Food & Drink



The Chicken Soup Manifesto

Recipes From Around the World
Jenn Louis

September 2020
ISBN 9781743795682
CKB045000
\$29.99 | Hardcover
240 pages | 8 × 9.6 in
Full color photography throughout

Celebrating the universal joy of chicken soup.

This is a celebration of one of the most widely interpreted, and beloved dishes the world over. With more than 100 recipes dedicated to this one special, often humble, meal, James Beard-nominee Jenn Louis shows readers how chicken soup is not only a source of heart-warming sustenance, but also a cure-all and the ultimate expression of love.

With chapters broken down by region and country, *The Chicken Soup Manifesto* includes everything from Algerian Chorba Bayda, Colombian and Panamanian Sancocho and Thai Kao Tom Gai to Spanish Sopa de Picadillo. Along with the recipes, Jenn also covers essential chicken know-how, from selecting and storing, to stock 101 and brining. The book is fully photographed with a design that establishes it as a collectible object as much as a hardworking guide to the world's favorite soup.

Jenn Louis has enjoyed a culinary career spanning more than two decades. She has owned several acclaimed Portland restaurants as well as a wildly successful full-service catering company. Jenn has competed on Bravo's *Top Chef Masters*, was named one of *Food & Wine's* Best New Chefs in 2012, and her simple, sophisticated cooking style, championing seasonal Pacific Northwest US ingredients, has earned her two nominations for the James Beard Foundation Award of Best Chef: Northwest. Her debut cookbook, *Pasta By Hand*, published in 2015, was nominated for an IACP International Association of Culinary Professionals award. Her second book, *The Book Of Greens*, won an IACP award in 2017.

- Portland, Oregon-based Jenn is an established author with 24k Instagram followers.
- Jenn's debut cookbook, *Pasta By Hand*, was nominated for an IACP award and her second book, *The Book Of Greens*, won an IACP award.
- Includes testimonials from Nancy Silverton, Ruth Reichl, Anita Lo and April Bloomfield, as well as a foreword by Andrew Zimmern.

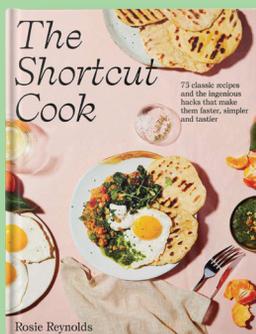
ISBN: 978-174379568-2



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FOOD & DRINK





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The Shortcut Cook

75 Classic Recipes and the Ingenious Hacks that Make Them Faster, Simpler and Tastier
Rosie Reynolds

August 2020
ISBN 9781784883515
CKB101000
\$22.99 | Hardcover
160 pages | 6.9 × 8.9 in
Full color photography throughout

How to cook your favorite dishes the easy way.

It's a myth that to make the very best versions of classic dishes, they have to be prepared from scratch. It's actually a well-known fact in the food industry that chefs have always used shortcuts to create great food. But home cooks have not always been allowed the same privilege, and are often made to feel guilty about taking the easy route.

From her extensive experience, Rosie has distilled 75 much-loved classic recipes, such as eggs Benedict, spaghetti and meatballs, and lemon meringue pie, and applied every smart, time-saving tip, flavor boost, and genius twist that she has learned along the way to produce fail-safe recipes with no compromises.

This book is here to make your life in the kitchen bolder, brighter, and a whole lot easier. And this food isn't trend-led: it's tried and tested, world-over favorites that people love to eat and aspire to cook—but ready in a flash.

As a trained chef, food stylist and author who has styled hundreds of books and written even more recipes, **Rosie Reynolds'** job depends on getting great food ready as fast as possible. She has authored five cookbooks: *Doughnuts Reinvented* (Pavillion), *Scone with the Wind* (Virgin Books), *The Kitchen Shelf* (Phaidon), *Posh Kebabs* (Quadrille), and *Posh Sandwiches* (Quadrille).

- With extensive experience as a cookbook author and food stylist, Rosie Reynolds has been privy to all the tricks of the trade when it comes to amazing flavor, fast, and how to make every plate of food radiate class and style.
- Recipes include a 'shortcut' that explains exactly why you need this hack, plus timings, allergen information, details of how to make ahead, batch cook, and freeze.

ISBN: 978-178488351-5



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Also available
Smith & Daughters
9781743792070
\$35.00 | 2017



Also available
Smith & Deli-cious
9781743793671
\$35.00 | 2018

Vegan Like Me

Masterclass On
A Budget
Shannon Martinez

October 2020
ISBN 9781743796245
CKB125000
\$24.99 | Hardcover
192 pages | 7.4 × 9.8 in
Full color photography

Luxurious, generous and delicious vegan food within everyone's reach—whatever their budget.

In *Vegan Like Me*, Shannon Martinez presents more than 60 thoughtful but easy meals with shopping tips and cheffy hacks that are guaranteed to take the meal beyond the meat-and-dairy-free predictable. It is all part of Shannon's mission to show readers that generous, delicious and environmentally sustainable food is entirely achievable—regardless of budget.

Alongside her recipes, Shannon shares her essential kitchen pantry, a did-you-know guide to ingredients that are not actually vegan (but that many cooks think are), plus advice on leftovers and cutting back on waste. There's also a chapter on condiments and sauces described by Shannon as the essential glue that brings her meals together.

Vegan Like Me is everything you wouldn't expect of a book presenting winning meals on a shoestring.

Chef **Shannon Martinez** has developed a following among fans and peers alike for her out-of-the-box thinking and try-anything approach to vegan cooking. As well as the fact that despite being the founder and owner of two of Australia's most acclaimed plant-based businesses, she is not actually vegan.

- Veganism shows no signs of abating, particularly among younger people mindful of the ethics and environmental impact of their food choices.
- Shannon is recognized as a leading voice on vegan food in Australia.
- Shannon's accessible recipes show readers that inexpensive meals can be environmentally sustainable, luxurious and generous too.
- Shannon's previous co-authored books *Smith & Daughters: A Cookbook (That Happens To Be Vegan)* and *Smith & DELicious: Food From Our Deli (That Happens To Be Vegan)* have together sold more than 50K copies.

ISBN: 978-174379624-5



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Also available
Vegan Goodness
9781784880477
\$24.99 | 2016



Also available
Vegan Goodness
Feasts
9781784881665
\$24.99 | 2019

Vegan Goodness: One-Pot Wonders

Easy, Effortless Vegan
Recipes, all Made in One
Pot, Pan or Tray!
Jessica Prescott

September 2020
ISBN 9781784883232
CKB125000
\$24.99 | Hardcover
160 pages | 8.1 × 8.1 in
Full color photography
throughout

Over 80 one-pot vegan recipes, from sheet-pan dinners to tray-bake desserts.

Cooking using just a single pot or pan is not only more efficient but is less expensive, and means less cleaning up to do. What's not to like? Whether you are looking for a quick, after-work dinner to feed the family or something fancy (but easy) to feast on with friends *Vegan Goodness: One-Pot Wonders* is the book for you.

Jessica Prescott's favorite way to cook is to throw ingredients into a pot or roasting tray and let the cooking process do the work. Her easy-going vegan recipes are vibrant and varied, with a focus on ease, affordability and, of course, flavor. With recipes for breakfast and brunch, light and hearty suppers and simple bakes, as well as an range of exciting sides, snacks and dips, *Vegan Goodness: One-Pot Wonders* contains a wide variety of ingenious but achievable plant-based recipes; perfect for anyone, any night of the week.

Jessica Prescott is the writer, stylist and photographer behind the wildly popular book *Vegan Goodness*. She grew up in Napier—the fruit bowl of New Zealand—and has spent the last 10+ years traveling and exploring different pockets of the world. She now lives in Melbourne with her little family, where she continues to food-style and write recipes, and is the co-founder of the plant-powered baby food brand, Mama Goodness.

- Perfect for time-poor cooks looking for easy, affordable vegan meals that require minimal effort and cleaning up.
- Jessica Prescott is an expert on making easy, tasty and fool-proof vegan meals for home cooks, with no fuss.
- Everything can be made or prepped ahead of time—ideal for busy families or those looking to meal plan or batch-cook.
- Includes recipes for breakfast, 15-minute meals, one-pot desserts, sweet and savory tray bakes, low and slow suppers, no-cook salads, wraps, and even things on toast.

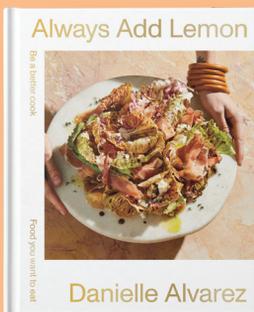
ISBN: 978-178488323-2



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Always Add Lemon

Be a Better Cook |
Food You Want to Eat
Danielle Alvarez

September 2020
ISBN 9781743795439
CKB000000
\$35.00 | Hardcover
256 pages | 7.9× 9.6 in
Full color photography
throughout

**Nourishing recipes and inspiring kitchen projects
destined for the aspirational home cook's repertoire.**

Always Add Lemon is the highly anticipated first book from American-born Danielle Alvarez—one of the most exciting young chefs cooking in Australia today. Taking the lessons, skills and tastes acquired working alongside some of the best chefs in America, Danielle translates formidable kitchen smarts into an inspiring collection of recipes and projects for nourishing, vegetable-forward, seasonal food.

With more than 100 recipes across six chapters (salads; fruits and vegetables; pasta, grains, and legumes; seafood; poultry and meat; and dessert) paired with creative projects for the more adventurous (pastry from scratch, bread, dairy, meat and pickles), *Always Add Lemon* will inspire anyone with a smidgen of kitchen ambition and a free afternoon.

Danielle Alvarez is a force. Born to a food-loving Cuban family in Miami, the lure of the kitchen took her to California to work with some of America's finest, first at The French Laundry, then Boulettes Larder and finally Chez Panisse. She moved to Sydney, Australia, in 2016 when the Merivale Group asked her to head up the kitchen in their strikingly beautiful new restaurant, Fred's. She and the restaurant won fast acclaim—and continue to be rated among the best in the country.

- In *Always Add Lemon*, Danielle combines wisdom learned over many years working in top restaurant kitchens with warmth, assurance, and recipes that readers will find both approachable and satisfying.
- The book combines striking, contemporary design and photography with a voice that is approachable and speaks to younger generations who understand that what they buy and cook and eat is a political act as much as it is a means of nourishing themselves and the people around them.
- *Always Add Lemon* includes testimonials from Samin Nosrat, Alice Waters, David Tanis, Skye Gyngell, Maggie Beer, and Jamie Oliver.

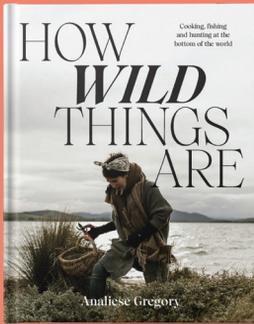
ISBN: 978-174379543-9



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How Wild Things Are

Cooking, Fishing and
Hunting at the Bottom
of the World
Analiese Gregory

November 2020
ISBN 9781743796023
CKB077000
\$29.99 | Hardcover
240 pages | 8.3 × 9.4 in
Full color photography
throughout

One young chef's ode in recipes and words to the isolated, Australian island-state at the bottom of the world.

How Wild Things Are celebrates nature and the slow food life on the rugged and sometimes wild island of Tasmania. When chef Analiese Gregory relocated after years of pushing through her anxiety and cooking in high-end restaurants, she found a new rhythm to the days she spent hunting, fishing, cooking, and foraging—a girl's own adventure at the bottom of the world.

With more than 50 recipes, including cheese making and charcuterie, interwoven with Analiese's thoughtful narrative and accompanied by stunning photography, it is a window into the joys of travel, freedom, vulnerability, and the perennial search for meaning in what we do. This is a blueprint for how to live, as much as how to cook.

Analiese Gregory is one of the most talked about young chefs in Australia today, with a string of enviable professional credits to her name, including The Ledbury, Michel Bras, Mugaritz, and Sydney's Quay. In 2017 she moved to Tasmania, where she heads up the state's most acclaimed restaurant, Franklin, in Hobart. Tasmania has given her a semblance of meaning and the life she craved, and she cherishes her time in nature connecting with the people whose life work it is to grow our food.

- Tasmania holds international appeal as a tourist destination and place of natural beauty.
- Stunning photography and compelling writing captures and celebrates the diversity of Tasmania's raw, natural beauty.
- Includes testimonials from Michel Bras, Peter Gilmore, Luke Burgess, and Ana Ros.
- Analiese's story is an aspirational tale that belongs to the genre of empowered women.

ISBN: 978-174379602-3



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Ikaria

Recipes from the
Aegean Island of
Longevity
Mary Valle

September 2020
ISBN 9781743796153
CKB055000
\$31.00 | Hardcover
224 pages | 7.5 × 9.8 in
Full color photography
throughout

A collection of recipes and stories from the Aegean island of longevity.

In the northern Aegean Sea lies the Greek island of Ikaria, where blue Mediterranean waters lap against a mountainous coastline and rocky trails lead to quaint villages, and where the locals seem to hold a secret.

Ikaria is known worldwide for its high life expectancies and low rates of chronic disease, much of which can be attributed to diet. Born to Greek parents, Mary Valle has always been fascinated by her family's traditions of cooking and eating. In *Ikaria*, Mary collects traditional recipes from across the island that encapsulate the best of Mediterranean food: vegetables, beans, whole grains, small amounts of meat, and fish, a couple of glasses of wine, and plenty of olive oil. But she has also collected the stories that make up Ikaria, where life is all about taking time: time to cook, to eat, to nap, to spend with family and friends, to enjoy and to appreciate.

With intimate glimpses of the island's festivals, markets, kitchens and people, *Ikaria* is a cookbook that will transport and transform readers.

When she is not writing cookbooks, **Mary Valle** shares her knowledge and passion for Mediterranean food through cooking classes and culinary tours to Greece and its neighboring countries, where she connects with locals and discovers new recipes.

- Ikaria is recognized as one of the world's seven 'Blue Zones' because of its low rates of chronic disease; one in three Ikarians live into their nineties.
- 'The Blue Zone' as an internet search topic is up 90 percent over the past 12 months, alongside 'longevity'.
- Author Mary Valle weaves simple, enticing recipes with the broader story of the lives of people on this rugged island: a place where slowing down, eating honestly, and nurturing community are prioritized over the western drugs of digital connectivity and busyness.

ISBN: 978-174379615-3



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The Whole Chicken

100 Easy but Innovative
Ways to Cook from
Beak to Tail
Carl Clarke

August 2020
ISBN 9781784883638
CKB067000
\$35.00 | Hardcover
160 pages | 7.5 × 9 in
Full color photography
throughout

Renowned chef Carl Clarke showcases his vast knowledge of all things poultry with step-by-step photography and straight forward but stunning recipes for every ability.

Carl Clarke has garnered the reputation from his industry peers and the general public alike as an authority and advocate on cooking ethically reared chicken. What he doesn't know about chicken isn't worth knowing, from brining and seasoning to poaching, grilling, and frying. *The Whole Chicken* is not only an homage to the world's most eaten meat, but also a demonstration of its versatility, from the pie that everyone wants to perfect, to the spicy and sour chicken thighs found on the hawker stalls on the streets of Seoul. With detailed, step-by-step photography showing exactly how to joint a chicken, the chapters that follow—whole bird, breast, wing, thigh, leg, skin, bone and offal—show exactly how to use every last scrap. This is in equal parts a cookbook, a compendium, and a love letter, with a whole lot of style and personality to frame it.

Carl Clarke, prior to being chef/proprietor of London's iconic—and arguably best—chicken restaurant, Chick'n'sours, has had both a widely revered and varied career. After accidentally stumbling into the restaurant trade as a 15-year-old runaway, he's been a cook in the Royal Marines, U2's head chef at The Clarence Hotel in Dublin, a private chef to a former US President, traveled the world, and worked in some of the world's leading restaurants, from The Fat Duck's development kitchen to Le Manoir. Among that, Carl was one of the UK's most highly regarded DJs in the 90s and early 2000s. In 2010, Carl met his now-business partner, David Wolanski, at a music festival; by 2015, after several highly successful pop ups, the pair opened Chick'n'sours in East London. By 2017, they had rolled out a Covent Garden branch, and in 2019, another site in Islington, as well as three fast food outlets, Cluck'n. This is his first book.

- Includes step-by-step photography of exactly how to butcher a chicken, with detailed instructions.
- Striking design-led finishes that highlight Clarke's notoriously vibrant style.
- Sides and drinks that can be mixed and matched by flavor profile.

ISBN: 978-178488363-8



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FOOD & DRINK





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Chasing Harvest

Kevin O'Connor

July 2020

ISBN 9781743796498

CKB040000

\$40.00 | Hardcover

256 pages | 8.3 × 11.4 in

Full color photography throughout

A chef's tale of love, loss, hopes, dreams, fears, fires & oil.

Who among us has the courage to keep chasing our dreams, even when those dreams shatter into a million pieces? In *Chasing Harvest*, culinary wunderkind Kevin O'Connor charts his remarkable journey from Californian hometown teen prodigy to globe-trotting Chef-at-Large for international olive oil producer Cobram Estate. Anchored around the company's olive harvests in both Northern and Southern Hemispheres, *Chasing Harvest* reveals the trials and tribulations that led to this anointment, and the incredible produce, places and passions that continue to stoke the fires of Kevin's love for food.

Part memoir and journal, part cookbook—all heart—it is a captivating and visually sumptuous meditation on oil and flame as well as a searingly honest, gloriously unrefined account of a chef's search for meaning, one plate of food at a time.

California-based chef **Kevin O'Connor** has been working in professional kitchens since the age of 14. Having worked at some of Sacramento's most well-known restaurants including Mason's and ELLA, in 2009 Kevin opened Tree House, Sacramento's first pop-up restaurant, to immediate success. Stints at Michelin-starred Coi and Saison in San Francisco followed before Kevin took the role of Cobram's Chef-at-Large in 2014. *Chasing Harvest* is his first book.

- The frank, honest narrative charting Kevin's journey and relationship with food and cooking is sure to inspire a new generation of chefs and food lovers.
- Includes over 30 irresistible recipes for open-fire cooking that value simplicity and celebrate sensational seasonal produce above all else.
- Features unique insights into cooking with olive oil from a top-class chef and certified olive oil sommelier.
- Stunning photography—shot on location in both Australia and California—and cutting-edge design make this a book to treasure and enjoy in equal measure.

ISBN: 978-174379649-8



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Sweet Vegan

Nicole Maree

August 2020

ISBN 9781743796467

CKB125000

\$14.99 | Flexicover

160 pages | 6.3 × 8.3 in

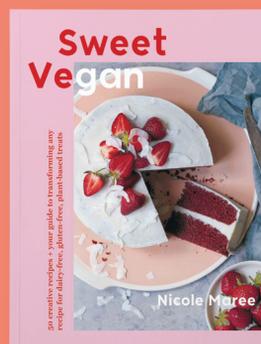
Full color photography throughout

Your guide to transforming any recipe for dairy-free, gluten-free, plant-based indulgence.

In this completely revised and updated edition of *The Healthy Convert*, allergy-friendly cook and cruelty-free advocate Nicole Maree guides you to transform your kitchen from the inside out. As well as showcasing nearly fifty recipes—six brand new—that ooze, crunch, crumble and melt just like the originals, *Sweet Vegan* is also your go-to guide to replacing dairy, gluten, refined sugar and nuts to suit any taste or dietary requirement. Encouraging you to become a creative and versatile cook, this book is all you need for easy, guilt-free indulgence.

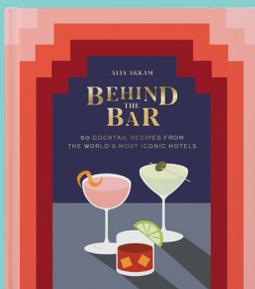
Nicole Maree is a home cook who enjoys developing and adapting recipes. At home on social media, she has 43k Instagram followers. Her first book was for Kayla Istines, the online fitness sensation, who has 11.8m Instagram followers. Nicole Maree has since found her own niche adapting favorite recipes to suit those with food intolerances

- Appeals to the huge number of people with food allergies and intolerances—and the even larger number who have friends with dietary preferences/restrictions.
- Includes a detailed and easy-to-follow guide to substituting refined sugar, flour, eggs, oil, dairy and nuts in any recipe, opening up a world of guilt-free sweets beyond those included in the book.
- Having struggled with her own food allergies, Nicole Maree is uniquely placed to guide readers with food intolerances and other dietary requirements.
- Nicole, aka The Healthy Convert, has a dedicated following, with 43k Instagram followers and 22k Facebook followers.



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Behind the Bar

50 Cocktail Recipes
from the World's Most
Iconic Hotels

Alia Akkam

September 2020
ISBN 9781784883324
CKB06000
\$19.99 | Hardcover
176 pages | 6.3 × 7.1 in
Full color illustrations
throughout

Recipes and stories from 50 of the most treasured hotel bars around the globe.

Today's traveler is always on the move. Their trips are frequent, they think globally, and they treat hotel lobbies and bars as social spaces, conducting meetings or hunkering down, for hours at a time, with their laptops. Drinking is part of these everyday rituals, and so in this context the hotel bar's role acquires an even greater significance.

Behind the Bar shines a light on 50 signature cocktails from the most iconic hotel bars across the world, appealing to tried-and-true cocktail lovers and design aficionados alike. Recipes from some of these storied properties will inspire enthusiasts to re-create timeless cocktails at home. Anecdotes supplied by barkeeps, hotel, and design personalities, will enliven the recipes that reveal why so many hotel bars have endured through the years or have made an impact on the modern world.

Alia Akkam is a former editor at *Hospitality Design*, *Organic Spa*, and *Beverage Media* magazines. She covers food, drink, travel, and design, and has written for outlets including *Thrillist*, *Taste*, *Architectural Digest*, *Four Seasons* magazine, and *Vogue.com*. A native New Yorker; she now lives in Budapest.

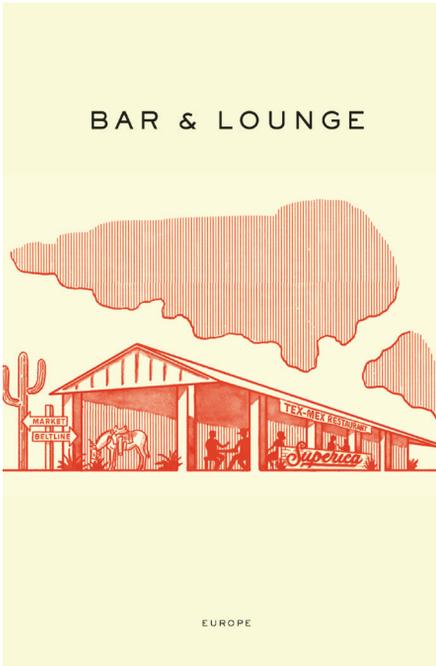
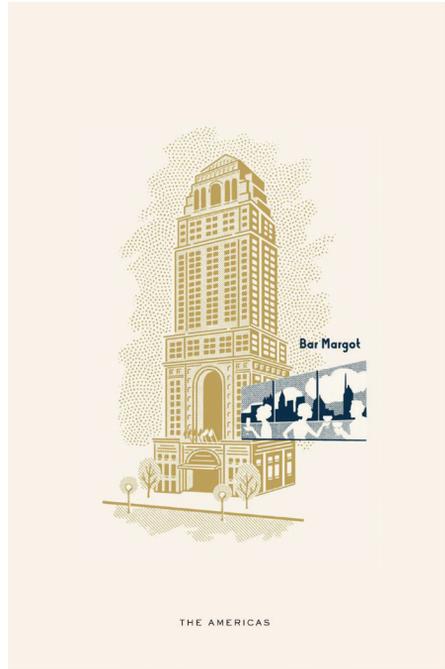
- Uncovers the history of hotel bars and their cocktails.
- Filled with stunning full-color illustrations throughout.
- Gorgeous, eye-catching package featuring foiling and a textured cover.

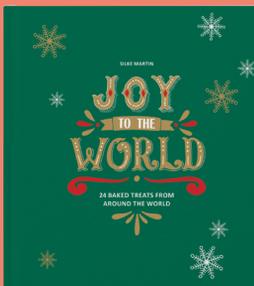
ISBN: 978-178488332-4



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FOOD & DRINK





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Joy to the World

24 Baked Treats From
All Over the World
**Silke Martin & Frauke
Antholz**

October 2020
ISBN 9781784883737
CKB042000
\$11.99 | Hardcover
64 pages | 6.4 × 7.3 in
Full color photography
throughout

Adorable and delicious Christmas cookie recipes from around the world.

There is nothing as cozy or relaxing as a day spent baking in the festive season. Freshly baked cookies are very much a part of the advent period—filling your home with the scent of warm, sweet dough that is sure to raise a smile before a single bite is taken out of them! *Joy to the World* lets you take a peek into the cookie jar and sweetens the lead-up to Christmas with 24 favorite recipes, including the famous sacherwürfel from Austria, Christmas cantucci from Italy, or millionaire's shortbread from Scotland. The recipes are simple, fun, and festive and are sure to impress all your family and friends during this special time of year.

Silke Martin is a freelance author and editor for several major publishers, with a focus on cookery, travel, and lifestyle.

Frauke Antholz is a freelance food photographer. She loves to get into the kitchen herself, cooking, baking, and styling before capturing the moment with a real eye for detail. Her photos are regularly published in magazines and books.

- The perfect little party gift for the pre-Christmas period.
- Great treats to serve up to friends, give as gifts or show off as your holiday centerpiece.
- 24 cookies from around the world.
- Experience the sweet taste of Christmas around the world.
- Features beautiful photography and opulent gold foil finishes.

ISBN: 978-178488373-7

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ZUTATEN

250 g Zartbitterschokolade • 250 g weiche Butter • etwas extra • 250 g Weißmehl
 7 Eier (M) • 1 Pck. Vanillezucker • 1 Prise Salz • 450 g Puderzucker • 325 g Mehl
 ½ Pck. Backpulver • 1 Pck. Lebkuchengewürz • 75 ml Milch • Puderzucker zum Bestreuen

LEBKUCHEN-BROWNIES

Den Backofen auf 175 °C vorheizen. Schokolade grob hacken, mit der Butter in einem kleinen Topf bei schwacher Hitze unter Rühren langsam schmelzen. Dann den Topf von der Herdplatte nehmen. Nüsse in einer Pfanne ohne Fett rösten, herausnehmen und grob hacken.

Eier, Vanillezucker, Salz und Puderzucker mit den Schneebesen des Handrührgeräts verquirlen. Die Schoko-Butteremasse in die Eiermasse rühren. Mehl, Backpulver und Lebkuchengewürz mischen und abwechselnd mit der Milch unterrühren. Dann die Nüsse unterheben.

Die Fettpfanne des Backofens mit Backpapier auslegen. Den Teig gleichmäßig darauf verteilen und 30–35 Minuten backen. Aus dem Ofen nehmen und auf einem Kuchengitter auskühlen lassen.

Aus einem Stück Papier eine sternförmige Schablone (Ø ca. 3 cm) schneiden. Den Kuchen in 45–50 Brownies schneiden und mithilfe der Schablone mit Puderzucker einen Stern auf jedes Stück streuen.



ERGIBT 45–50 STÜCK



USA



SÜDAFRIKA

ZUTATEN

250 g Mehl • etwas extra • ½ TL Natron • ½ TL Weizen-Bäckpulver • 1 TL Zimt
 ¾ TL gemahlener Ingwer • ¾ TL gemahlene Muskatnuss • ¾ TL gemahlene Gewürznelken
 200 g brauner Zucker • 200 g gehackte Mandeln • 120 g kalte Butter • 2 Eier
 60 ml Portwein (oder Sherry) • 1 Eiweiß

SOETKOOKIES

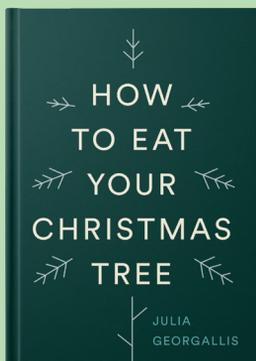
Mehl mit Natron, Weizen-Bäckpulver, den Gewürzen, braunem Zucker und 120 Gramm der gehackten Mandeln in einer großen Schüssel miteinander vermengen. Butter in Stücke hacken. Eier verquirlen, mit der Butter und dem Portwein zu der Mehl-Mandel-Mischung geben, alles gut miteinander vermischen und zu einer Kugel kneten. Kurz kalt stellen.

Den Backofen auf 180 °C vorheizen. Den Teig auf einer leicht bemehlten Arbeitsfläche ca. ½ cm dick ausrollen und mit einer runden Form oder einem Glas (Kreis Ø ca. 5 cm) ausstechen. Die Soetkookies mit genügend Abstand auf ein mit Backpapier ausgelegtes Backblech legen, mit verquirltem Eiweiß bestreuen und mit den restlichen Mandeln bestreuen. 12–15 Minuten backen, bis sie eine goldbraune Farbe angenommen haben.

Da sich der Teig gut ausstechen lässt, kann man hier auch andere Formen, z. B. runde Ausstecher mit Wellenrand oder Sonne, Mond und Sterne, wählen.



ERGIBT CA. 60 STÜCK



draft cover

How to Eat Your Christmas Tree

August 2020

ISBN 9781784883713

CKB042000

\$14.99 | Hardcover

176 pages | 5.3 × 7.3 in

Full color photography
throughout

Cooking with Christmas
Trees and their
Evergreen Friends
Julia Georgallis

Extend the life of your Christmas trees by eating them instead of throwing them out!

Evergreen trees are pillars of the winter—through extreme temperatures across the most bitter terrains, they stand tall and thriving, resilient in the face of adversity. However, as the festive season draws to a close, these comforting conifers can often be found lining the streets, cast off and disused with wilted branches dotted across dustbins. *How to Eat Your Christmas Tree* is a cookbook brought to you from the sold-out supper club of the same name, which explores the unsung edible heroes of our forests—the humble Christmas trees and their evergreen friends! As well as recipes for cooking with pine, fir and spruce, this book also encourages reflection around food waste and resourcefulness in an age of deforestation and climate crisis, and asks how we might be able to celebrate nature in an alternative way.

Julia Georgallis is an artisan baker who currently runs a nomadic microbakery called The Bread Companion, as well as being involved in a number of other food related projects. The *How to Eat Your Christmas Tree* project came about in 2015 as a collaboration between her and friend, Lauren Davies. Lauren and Julia were both interested in sustainability and wanted to encourage people to think about food waste and so they began to experiment with cooking with various Christmas trees and launched their first ever supper club series. Julia was born and raised in London, but now lives in Lisbon.

- Offers 22 recipes for reusing Christmas trees, be they spruce, pine, fir, or lesser known edible evergreens.
- Encourages much-needed reflection around food waste, and resourcefulness in an age of deforestation and climate crisis.
- Trees are commonly considered one of our best weapons in the fight against climate change—this book is a first step into re-thinking how we treat our Christmas trees and the planet.

ISBN: 978-178488371-3

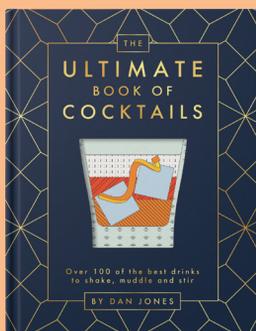
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FOOD & DRINK



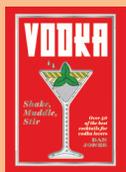


draft cover



Also available
The Big Book of
Gin

9781784881931
\$29.99 | 2019



Also available
Vodka: Shake,
Muddle, Stir

9781784882495
\$16.99 | 2019

The Ultimate Book of Cocktails

Over 100 of Best Drinks
to Shake, Muddle
and Stir
Dan Jones

October 2020
ISBN 9781784883478
CKB088000
\$27.50 | Hardcover
256 pages | 6.5 × 8.9 in
Full color illustrations
throughout

A comprehensive and stylish book on cocktails.

In *The Ultimate Book of Cocktails*, bestselling cocktail author Dan Jones shares over 100 of his best-loved drinks. Starting with the basics, Dan covers the essentials of a home bar, from equipment and glassware to spirits needed, also including his own recipes for syrups, sours and brines.

The cocktail list will have you powering through that leftover vodka you've had gathering dust in the kitchen in no time! From classic tipples to batch drinks for a crowd, hair-of-the-dog hangover cures, inventive new drinks, seasonal hits, tropical tasters, and more, this is the bible of cocktails.

Written in Dan's witty, engaging style, *The Ultimate Book of Cocktails* is perfect for the hard drinker in your life.

Dan Jones is a writer and editor based in London. Formerly the shopping editor at *i-D*, *Time Out's* Shopping & Style editor, and most recently Senior Men's Editor at ASOS. He is the author of *The Mixer's Manual* and *Man Made*, and bestselling author of *Gin: Shake, Muddle, Stir* and *Tequila, Rum and Vodka* in the same series.

- Follow up to the bestselling *Shake, Muddle, Stir* series, which in total has sold 165k copies worldwide.
- Includes recipes on classics, re-inventions, and batch cocktails.
- Over 100 inventive cocktail recipes.

ISBN: 978-178488347-8



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THE HOT STUFF

HOT RUM TODDY

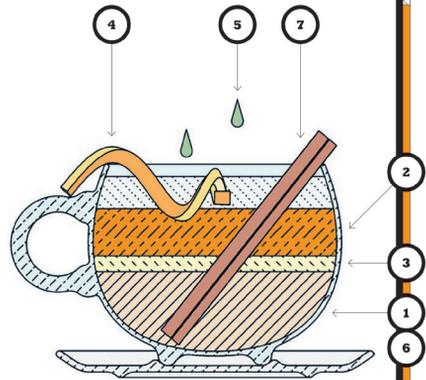
The kind of drink your grandpa makes you when you're sick as a child – but then your grandma catches him and bats it out of your hand. The mysterious cure-all properties of hot alcohol are perhaps a disputed fact, but it certainly tastes good. In the words of everyone's grandpa, 'This'll put hairs on your chest!'

INGREDIENTS

1	spiced rum	90 ml (3 oz)
2	liquid honey	4 tbsp
3	lemon juice, freshly squeezed	15 ml (½ oz)
4	large twist of orange peel	1
5	cardamom bitters	dash
6	fresh nutmeg	grating
7	cinnamon stick	to garnish

EQUIPMENT Bar spoon

METHOD Add the rum, honey, lemon juice, orange-peel twist, bitters and nutmeg to a heatproof glass. Top up with boiling water and stir until the honey dissolves. Add a cinnamon stick and serve.



TIP Add a dash of ginger liqueur if you're feeling particularly peaky.

THE CLASSICS

BEVERLY HILLS ICED TEA

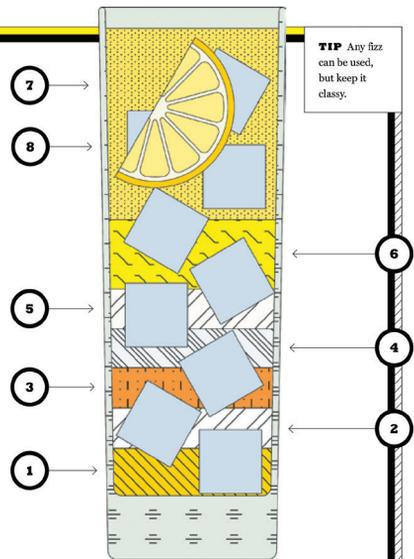
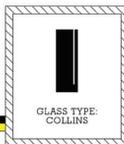
A luxury version of the classic Long Island Iced Tea, swapping the quaint fishing villages of the New York State coastline for the sunshine glamour of Beverly Hills. This version is powered by buttery gold tequila and topped with Champagne.

INGREDIENTS

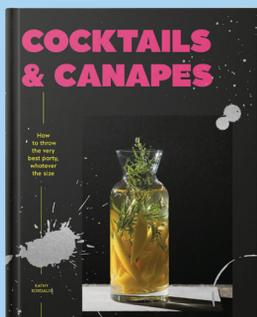
1	gold tequila	15 ml (½ oz)
2	vodka	15 ml (½ oz)
3	gold rum	15 ml (½ oz)
4	gin	15 ml (½ oz)
5	triple sec	15 ml (½ oz)
6	Sweet and Sour Mix (page 37)	30 ml (1 oz)
7	chilled Champagne	to top up
8	lemon wedge	to garnish

EQUIPMENT Shaker, strainer

METHOD Pour all of the ingredients (except the Champagne and lemon wedge) into a shaker filled with ice. Shake until cold and frothy, then strain into a chilled glass filled with ice. Top up with Champagne and drop a lemon wedge into the glass.



TIP Any fizz can be used, but keep it classy.



draft cover

Cocktails & Canapes

How to Throw the Very Best Party, Whatever the Size

Kathy Kordalis

August 2020

ISBN 9781784883744

CKB029000

\$19.99 | Hardcover

160 pages | 6.7 × 8.3 in

Full color photography throughout

The ultimate party food and drink cookbook.

A sleek and chic guide to party food and drinks, this book is filled with smart ways to make entertaining effortless. Divided into two sections, Cocktails and Canapes, the book will run the gamut of accessibility. You'll find everything from make-ahead alcohol infusions for a 'just add soda water' situation to big-batch versions of cocktail classics—think negroni-style punches and a serves-10 pisco sour. In the Canapes chapter, there will truly be something for everyone, with one-bite fig, maple, and pancetta pastries to flavor-packed, dairy- and gluten-free options such as bang bang noodle lettuce cups and quick snack ideas that are almost as fast as opening a packet. What's more, you'll find a list of simple menu planners, the dos and don'ts of party hosting that will make your life simple, and tips and symbols throughout that will indicate what can be made ahead, batch cooked, and frozen, as well as prep and cook times and allergen information.

Kathy Kordalis was born into a Greek family in Sydney, Australia but now currently resides in London, England with her English husband. With over ten years' experience in the food industry she currently works as a food stylist, recipe writer, recipe tester, and cookbook author. Her previous titles for Hardie Grant include *Pimp My Noodles* and *Infused Booze*.

- Canapes that cater for all diets, including dairy and gluten free, and vegan options.
- Planners based on everything from quick shortcuts to budget friendly menus, including details on how to plan your time on the day and ways to make ahead.
- Stunning photography that feels as fun and festive as your own gathering.

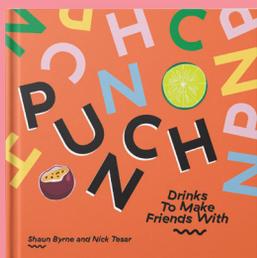
ISBN: 978-178488374-4



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FOOD & DRINK





draft cover



Also available
All Day Cocktails
9781743795248
\$24.99 | 2019

Punch

Drinks to Make
Friends With
**Shaun Byrne
and Nick Tesar**

August 2020

ISBN 9781743796078
CKB088000
\$17.99 | Hardcover
128 pages | 7.5 × 7.5 in
Full color illustrations
throughout

Spark friendships, conversations and joy at any gathering with fifty creative punches.

There is a punch for every occasion where people gather—from rowdy parties to refined celebrations—and drinks gurus Shaun Byrne and Nick Tesar are on a mission to share the love.

Designed to infuse color and conversation into your next gathering, *Punch* offers up fifty delicious and unexpected recipes that take inspiration from flavors and festivities around the globe. Travel via your tastebuds from the South Pole, with a hot piña colada in hand, to Rio for a Carnival-inspired slushie punch, before toasting to good fortune in China.

With low and no-alcohol punches and recipes that are easily scaled, *Punch* has something for you and all your friends—long-time or soon-to-be-made.

Shaun Byrne has been mixing drinks since he was legally allowed to—and has never really stopped. After spending four years working in restaurants and bars in Europe, he returned to Australia to become part of Melbourne's revered Gin Palace family.

Nick Tesar never sits still. He is at the helm of some of Melbourne's most respected venues (Lume, Bar Liberty) and, while many peers are focused on gin or whisky, Nick is looking to the future of drinking, and dominating parts of the industry that have been overlooked.

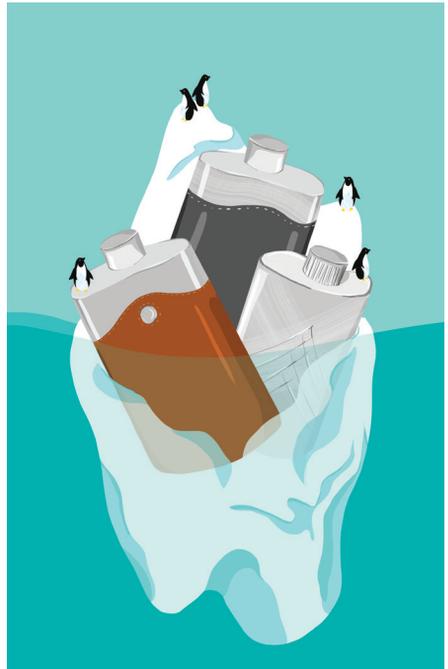
- *Punch* plays to the growing audience for low and no alcohol drinks, and people who want make-ahead options that can cater to a crowd. More than a third of the recipes are either low or no-alcohol options.
- This book is approachable and has a sense of humor, with colorful illustrations by Astred Hicks of Design Cherry. This beautiful package is perfect as a gift or self-purchase.
- It takes a global approach with drinks inspired from places and festivities around the world, as well as celebrating the communal aspects of drinking.

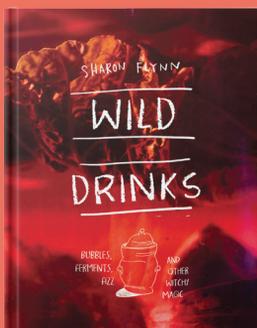
ISBN: 978-174379607-8



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FOOD & DRINK





draft cover



Also available
Ferment for Good
9781743792094
\$29.99 | 2017

Wild Drinks

Bubbles, Ferments, Fizz
and Other Witchy Magic
Sharon Flynn

December 2020

ISBN 9781743796115

CKB100000

\$24.99 | Hardcover

176 pages | 7.5 × 9.1 in

Full color illustrations and
photography throughout

Journey into the world of wild fermented drinks and magical brews.

Wild Drinks is the definitive book on infusing, brewing, and fermenting beverages, from mead to kombucha to cider to kvass. With the assuring hand of fermentation expert Sharon Flynn, this beautiful book is perfect for anyone ready to plunge into the witchy, magical world of DIY brews.

Playfully covering the history, traditions, and best ways to enjoy these drinks, *Wild Drinks* features 60 recipes with extra tips on storage and how to use by-products. The book is divided into four chapters: INFUSE (imparting flavor) including Nocino, Limoncello, Umeshu, Kumquat liquor, Flavored gins/vodkas, Syrups and Cordials. BREW (drinks from grain) including Doburoku, Makgeolli, Basic wild beers, Cider, Variations of Kvass, Pozol, Boza. FERMENT (drinks made with a mother) including Jun, Kombucha, Water Kefir, Milk Kefir, Filmolk, Vinegar, and, of course, the fun part—advice and recommendations on how to enjoy them, from cocktails with a twist to medicinal potions for better health.

Sharon Flynn is a foremost authority on fermentation and has made it her mission to bring the magic of fermented food and drinks into homes everywhere. Sharon immersed herself in various fermentation techniques during 20 years living abroad in Malaysia, Japan, the US, and Europe as an expat, experiencing the benefits of these foods on the microbiome first hand when her youngest daughter was ill. This led her back to Australia, and to the birth of her business, The Fermentary, in 2013. Her first book, *Ferment for Good*, has become a favorite among fermenters and continues to sell widely.

- *Wild Drinks* will appeal to anyone interested in fermentation. Drinks are often the best place to start the journey!
- With full color illustrations and photography, the book's striking package makes this a beautiful gift or self-purchase. It partners well with Sharon Flynn's first book, *Ferment for Good*.
- *Wild Drinks* is environmentally friendly with a low-waste ethos and creative ideas for how to use by-products. As well, it empowers people to understand the difference between the proliferation of supermarket imitations of these products and the real thing.

ISBN: 978-174379611-5



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FOOD & DRINK





draft cover

Halliday Wine Companion 2021

The Bestselling and Definitive Guide to Australian Wine
James Halliday

October 2020
ISBN 9781743796443
CKB126000
\$40.00 | Paperback
776 pages | 6 × 9.2 in
2-color text throughout

The annual bible for lovers of Australian wine, detailing the best wineries and vintages of the key regions.

For more than thirty years James Halliday has been Australia's most respected wine critic, and his *Halliday Wine Companion* is recognized as the industry benchmark for Australian wine. A bestselling annual, the *Halliday Wine Companion* is the go-to guide for wine ratings, regions, best varietals, winery reviews, and a curated selection of the best wines in Australia. The 2021 edition has been completely revised to bring readers up-to-the minute information. In his inimitable style, Halliday shares his extensive knowledge of wine through detailed tasting notes with points, price, value symbol, and advice on best-by drinking, as well as each wine's closure and alcohol content. He provides information about wineries and winemakers, including vineyard sizes, opening times, and contact details. The perfect self-purchase or gift for the wine lover in your life.

James Halliday is an unmatched authority on every aspect of the Australian wine industry and is the peer of experts including Hugh Johnson, Robert Parker, and Jancis Robinson. His winemaking has led him to sojourns in Bordeaux and Burgundy, and he has had a long career as an international wine judge. In 1995 he received the Australian wine industry's ultimate accolade, the Maurice O'Shea Award, and in 2010 he was made a Member of the Order of Australia.

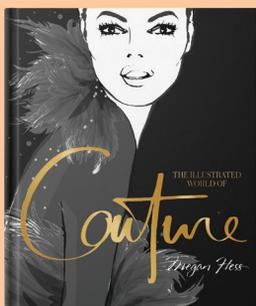
- *The Halliday Wine Companion* is the bible for lovers of Australian wine—it is highly anticipated by connoisseurs each year.
- Includes a comprehensive list of the best wines and wineries that Australia has to offer, listed alphabetically either by region or winery.
- Includes reviews, styles, prices, and the history of wineries reviewed by James Halliday using his signature 5-star rating system—wineries use his reviews in marketing for their wines.

ISBN: 978-174379644-3



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Home & Lifestyle



draft cover

The Illustrated World of Couture

Megan Hess

October 2020

ISBN 9781743794449

DES005000

\$45.00 | Hardcover

224 pages | 9.3 x 11 in

Full color illustrations

throughout

A stunning exploration of fashion's premier art form with internationally renowned illustrator Megan Hess.

Hundreds of hours, many expert hands, and unimaginable meters of fabric: couture is truly wearable art, where creativity and craftsmanship collide. Megan Hess has spent her career documenting fashion's most beautiful people, places, and pieces. In this unique collection, she brings to life its most important—and intriguing—art form, with fascinating insights and exceptional illustrations.

Worn by only a handful of people worldwide, couture still has incredible influence, even beyond the traditional boundaries of fashion. Follow Megan through the intricate details, multifaceted inspirations, and dramatic shows that define the couture experience. Let her introduce you to the new generation of creators who conceive and craft these fantastical garments, and the collectors who treasure them. And travel with her to the exclusive ateliers and glamorous events of the world's fashion capitals to see how couture is both designed and displayed.

Megan Hess invites you to discover *The Illustrated World of Couture* in this essential volume for all fashion devotees.

Megan Hess was destined to draw. An initial career in graphic design evolved into art direction for some of the world's leading design agencies. In 2008, Hess illustrated the *New York Times* number-one selling book *Sex and the City*, written by Candace Bushnell. Her other renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, *Vogue*, *Harpers Bazaar*, Prada, and Cartier.

- A completely new and covetable item for any Megan Hess fan: a larger format, fresh design, and even more beautiful illustrations.
- Includes behind-the-scenes information and interviews with the characters of couture, including high-profile designers, intensely private collectors, and masterful artisans who have dedicated their lives to this art form.
- Internationally, Megan has sold over 550,000 books across ten languages.
- Megan's profile continues to grow, with over 400k followers across social media platforms. Nearly 20% of her followers are located in the US.



Also available
Coco Chanel
9781743790663
\$24.99 | 2015

ISBN: 978-174379444-9



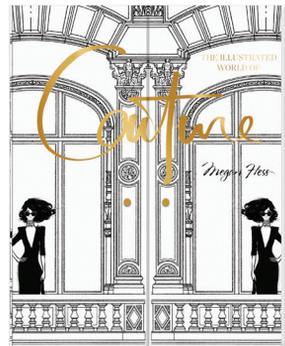
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**The Illustrated
World of
Couture: Special
Limited Edition**

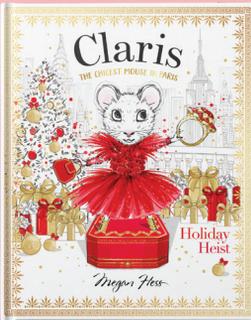
Megan Hess

October 2020
ISBN 9781743796092
DES005000
\$110.00
Hardback and deluxe box
224 pages | 9.3 x 11 in
Full color illustrations
throughout

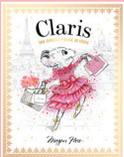


A larger-format special edition with unique cover design and finishes, deluxe box, exclusive print, and a note from Megan herself.





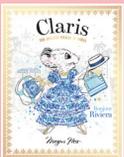
draft cover



Also available
Claris
9781760502591
\$17.99 | 2018



Also available
Claris: Fashion
Show Fiasco
9781760502874
\$17.99 | 2019



Also available
Claris: Bonjour
Riviera
9781760504939
\$17.99 | 2020

Claris: Holiday Heist

The Chicest Mouse
in Paris
Megan Hess

October 2020
ISBN 9781760504953
JUV039060
\$17.99 | Hardcover
48 pages | 9.4 x 11 in
Full color illustrations
throughout

A sweet little mouse takes on a cheeky cat burglar with holiday cheer! Can Claris and Monsieur save the day—the New York way?

The bestselling *Claris* series follows an adorable mouse who moves to Paris to follow her fashion dreams, for fans of *Eloise* and *Olivia*. Claris is destined to delight fashion-obsessed readers of all ages!

Megan Hess is an acclaimed fashion illustrator who works with some of the most prestigious fashion designers and luxury brands around the world, such as Chanel, Dior, Cartier, Montblanc, and Tiffany & Co. She is the official illustrator for Bloomingdales New York, and completed the cover artwork for all of *Sex and the City* author Candace Bushnell's books, as well as a private commission for Michelle Obama, and has collaborated with Gwyneth Paltrow for the 'Blo' Blow Dry Bar campaign. *Claris: The Chicest Mouse in Paris* is her first children's book series.

- Claris is going on her very first international trip! And where else would a fashion-obsessed mouse visit but the glamorous fashion wonderland of New York City?
- The next highly anticipated picture book in the bestselling *Claris* series from acclaimed fashion illustrator Megan Hess.
- Internationally, Megan has sold over 550k books across ten languages, with *Claris* alone selling over 70k units in its first year of release.
- A beautiful gift, this sumptuous hardback picture-book features gilt-edged pages and a foil finish alongside Megan's stunning illustrations.
- A story about courage, compassion, unexpected friendship, and a stylish little mouse.

ISBN: 978-176050495-3



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draft cover

Resident Dog Around the World

Incredible Homes from
Across the Globe and
the Dogs that Live There
Nicole England

November 2020
ISBN 9781784883508
ARC007000
\$50.00 | Hardcover
240 pages | 8.5 × 11 in
Full color photography
throughout

**Stylish, architecturally designed homes and the
four-legged heads of the house.**

As an architecture photographer, Nicole England found that the shoots she enjoyed the most were the ones where dogs were present—nothing lightens the mood like a nonchalant pup. However imposing the architecture, some doggy hijinks can immediately bring an element of sociability and fun. With this in mind, *Resident Dog Around the World*, showcases over 25 of the world's most amazing houses, and the dogs that live there.

Photographing dogs is not always straightforward, because they don't always cooperate! The result is that these images end up with a looser, more spontaneous style. Just as every home is different, so is every dog. The photographs showcase incredible architecture and capture the personality of the idiosyncratic personality of each canine. Take a wander around the world's most stunning homes, from Mexico to Sydney, London, New York, and LA, with the home pooch as your tour guide.

Nicole England is a Melbourne-based architecture and interiors photographer who has worked with many of the industry's top architects and designers, both in Australia and abroad. Her photography has been featured in *Architectural Digest*, *Vogue Living*, *Elle Decor*, *Wallpaper*, *Indesign*, *Inside*, *Artichoke*, and many other glossy magazines.

- Each home will feature several photographs, and an interview with the architect or homeowner.
- Homes of range from mid-century masterpieces to modern and minimal.
- Expect to find everything from friendly Frenchies to regal King Charles Spaniels.

ISBN: 978-178488350-8



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HOME & LIFESTYLE





draft cover

British Designers at Home

Jenny Rose-Innes

October 2020

ISBN 9781784883461

ARC007000

\$50.00 | Hardcover

320 pages | 8.5 × 11.4 in

Full color photography throughout

A stunning insight into the homes of some of Britain's most acclaimed interior designers.

For anyone interested in interiors, there is so much inspiration available online and in magazines these days of carefully curated spaces and contemporary homes. But what sort of spaces do interior designers themselves live in?

British Designers at Home is for anyone curious to find out more about designers, and glean ideas and practical information for their own homes. This engaging and visually enticing book profiles 26 of the most important names in British design and decoration in their own personal spaces.

Each designer has been profiled and photographed at home—alongside details of their working life and the story of how they became interested in design, they talk at length about the house itself and the thinking behind its design and decoration. From the unexpected to that classic British look, this is an exciting look at modern British interiors.

Jenny Rose-Innes is the author of *Australian Designers at Home* (Thames & Hudson). She was born in South Africa and has lived in Australia since 2005. Over the past 40 years, Jenny has built or renovated many houses in South Africa, Australia, and France.

- Profiles 26 of the most important names in British design and decoration in their own personal spaces.
- Exclusive access to the homes of some of Britain's most highly regarded interior designers.
- For anyone interested in interiors and curious to find out more about designers and their home space.
- Features profiles on Beata Heuman, Kit Kemp, Gavin Houghton, Nina Campbell, and many more.

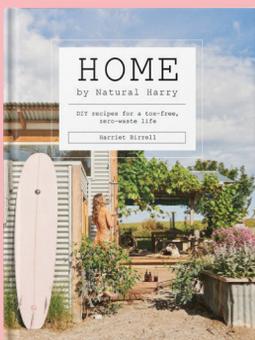
ISBN: 978-178488346-1



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HOME & LIFESTYLE





draft cover



Also available
Whole
9781743795163
\$35.00 | 2019

Home by Natural Harry

DIY recipes for a
tox-free zero-waste life
Harriet Birrell

November 2020
ISBN 9781743796207
HOM019000
\$29.99 | Hardcover
192 pages | 7.5 × 9.8 in
Full color illustrations
throughout

A down-to-earth compendium of DIY recipes, tips, tricks, and hacks for a calm, resourceful, and tox-free existence.

Home by Natural Harry is a modern reference for readers aspiring to ditch their joyless supermarket habit, reduce plastic waste, save money and the world. It considers every room of the house (stain remover for the laundry, shower cleaner in the bathroom, dish liquid in the kitchen) and presents alternatives to shop-bought cleaning products, as well as a comprehensive chapter on body care (from toothpaste to shampoo to foaming hand wash). Harriet also shares her favorite money-saving kitchen staples including oaty seed loaf, coconut yoghurt, and pickled veg. *Home by Natural Harry* celebrates a slower, more frugal and thoughtful life—the joys of which people the world over are learning to respect and embrace.

Harriet Birrell is an authentic and inspiring young woman on a mission to show people how easy (and fulfilling!) it can be to reduce waste and live a cleaner, tox-free life. Harriet started her food journey serving organic smoothies and raw desserts from a caravan on Australia's Bellarine Peninsula. This culminated in her first book, *Natural Harry*, the success of which led to *Whole* (driven by her equally passionate mission to celebrate the abundance of whole, colorful plant foods and recipes).

- *Home by Natural Harry* taps into people's ever-growing awareness of the consequences their buying choices have on the environment—and the fact that sometimes small steps can help drive significant change.
- It neither assumes knowledge nor talks down to readers who are not familiar with the small roster of ingredients that hold the key to an exciting new DIY world.
- With more than 60 recipes, chapters include: home; kitchen, bathroom; laundry; home; tools and rituals; and body.

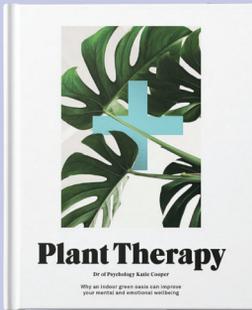
ISBN: 978-174379620-7



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HOME & LIFESTYLE





draft cover

Plant Therapy

Garden Your Way to
Happiness
Dr. Katie Cooper

August 2020

ISBN 9781784883522

GAR010000

\$24.99 | Hardcover

160 pages | 7.5 × 9 in

Full color photography
throughout

Explore the connection between house plants and better mental health.

Plant Therapy showcases the theory behind the recent surge in the 'self-care' approach to living with plants, no matter what your environment, and teaches you the simple, practical, and accessible way of picking the perfect plants to beat stress, get a better night's sleep, and revitalize your routine. We all know that being in or surrounded by nature is good for our health, but few of us take the time to understand why. As urbanization swallows up ecosystems, and humans move away from the environments they've adapted to, it has never been more important to understand the relationship between plants and people.

A stylish yet practical book, *Plant Therapy* brings together two major trends—house plants and mindfulness—and enhances the value of both through making clear their connection with one another. When research has shown that the presence of plants can decrease blood pressure, increase productivity, and calm anxiety, both at home and at work, why wouldn't you pick up this book and create your own calming oasis?

Dr. Katie Cooper is a Psychologist, plant enthusiast, and business owner. She now spends her days researching the benefits of plants and running her business, Bloombox Club, a plant subscription service that helps people to rediscover the joys and wellbeing benefits of living with plants.

- Case studies highlighting the links between gardening and mental wellbeing.
- Profiles of specific plants detailing their benefits, such as air purifying and those that follow circadian rhythms.
- Stunning photography of plants, with tips on how to style and pair them for maximum health benefits.

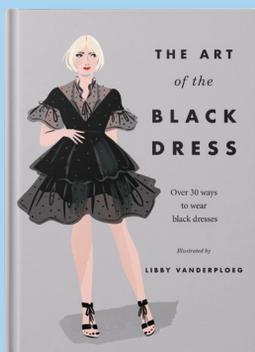
ISBN: 978-178488352-2



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HOME & LIFESTYLE





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Also available
The Art of Denim
9781784882358
\$14.99 | 2019



Also available
The Art of the Scarf
9781784880583
\$14.99 | 2016

The Art of the Black Dress

Over 30 Ways to Wear
a Fashion Staple
Libby VanderPloeg

September 2020
ISBN 9781784882785
SEL038000
\$14.99 | Hardcover
96 pages | 5.3 × 7.3 in
Full color illustrations
throughout

Master how to make the most of the ultimate wardrobe staple: the black dress.

The LBD—or ‘little black dress’—debuted over 70 years ago by legend Coco Chanel and is still a perennial fashion staple. *The Art of the Black Dress* celebrates this essential wardrobe item, offering ideas on how to maximize the wears of your best-loved piece, and cataloging the most iconic black dresses throughout fashion history.

From bodycon to maxi, this book offers ideas on how to transform your dress from office-worthy to special occasion with a few simple accessory tweaks. As well as this, hear the stories behind some of the most iconic black dresses in history, from Audrey Hepburn’s Givenchy number in *Breakfast at Tiffany’s* to Princess Diana’s 1996 ‘revenge dress’, you will see why every woman should have one in their arsenal.

Featuring stunning illustrations throughout by Libby VanderPloeg, this is the perfect read for anyone who loves fashion, and appreciates the power of the black dress.

Libby VanderPloeg is an illustrator based in Michigan.

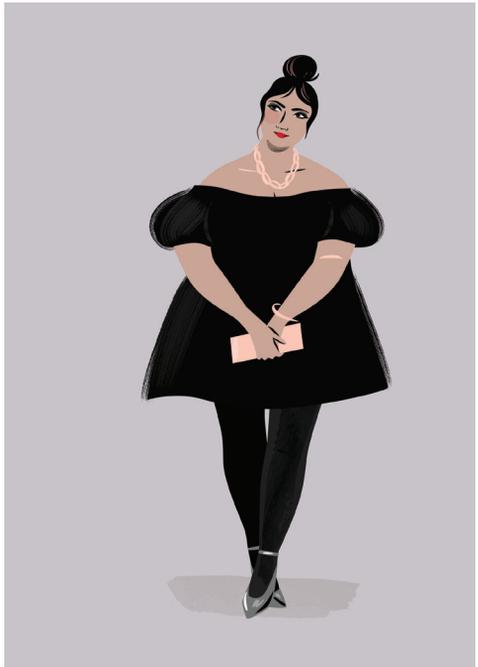
- Includes ideas on how to maximize the wears of the best-loved piece, and catalogs the most iconic dresses throughout history.
- Fabulous illustrations and some utterly ingenious fashion inspiration.
- The series has sold over 30,000 copies worldwide.

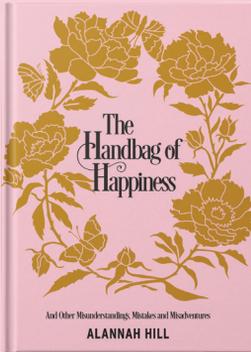
ISBN: 978-178488278-5



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HOME & LIFESTYLE





draft cover

The Handbag of Happiness

And Other
Misunderstandings,
Mistakes and
Misadventures
Alannah Hill

September 2020
ISBN 9781743796337
BIO022000
\$19.99 | Hardcover
240 pages | 5.5 × 7.7 in
Full color photography
throughout

Rollicking tales of fabulous fashion, hilarious misadventures, and hard-won life advice.

Hilarious, often outlandish and always profound, *The Handbag of Happiness* is a collection of essays celebrating one woman's journey through imperfection, disaster and occasional triumph. Evoking the classic humor of Nora Ephron with the modern sensibility of Sloane Crosley, author Alannah Hill shows us that perfection isn't all it's cracked up to be, and her hard-won life lessons in the fashion world will charm and delight even (and especially) the most jaded of readers.

Shaped around key wardrobe items, including *The Frock of Triumph* and *The Pink Jacket of Jealousy*, Alannah describes in her own absurd, philosophical way how she overcame adversity—and how she sometimes didn't, despite her best intentions. With her bold and completely singular voice, Alannah pairs her pathos with pantyhose and her joy with jewels in this honest, touching and decidedly unique collection of advice on how to survive being a modern woman.

Alannah Hill is a designer, author and stylist. For seventeen years she was the founder and creative director of the brand Alannah Hill, one of Australia's most trailblazing and iconic fashion houses. In 2013 Alannah left her eponymous brand and in 2015 launched her new fashion brand LOUISE LOVE. Alannah lives in Melbourne, Australia with her sixteen-year-old son and her beagle dog, Jack.

- Each chapter is shaped around a particular item of fashion and a hilarious misadventure involving it.
- *Handbag of Happiness* reaches beyond Alannah's fan base, with its giftable package and collection of always hilarious and (mostly) relatable stories.
- Gorgeous small hardback with full-color illustrations alongside the narrative.
- For readers who loved *How to be Parisian Wherever You Are* and *Love Style Life*.

ISBN: 978-174379633-7



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Wellness & Inspirational



draft cover

Fattily Ever After

A Black Fat Girl's
Guide to Living Life
Apologetically
Stephanie Yeboah

September 2020
ISBN 9781784883447
SEL014000
\$19.99 | Hardcover
240 pages | 5.4 × 8.5 in
Full color illustrations and
photography throughout

The ultimate guide to living life as a fat, black girl.

Stephanie Yeboah has been made to feel objectified and undesirable throughout her life. Her response to all this discrimination has been to change the narrative around what we see as beautiful through her work as a journalist, a fat acceptance advocate and a public speaker. In *Fattily Ever After*, Stephanie speaks openly about her own experience on navigating life as a black, plus-sized woman and how she has managed to find self-acceptance in a world where judgement and discrimination are rife.

From online dating, every day misogyny and being fetishized, to experiencing loneliness, performing femininity, and the portrayal of black, plus-sized women in the media—as well as drawing wisdom from other black fat liberation champions along the way—Stephanie provides practical tips, advice and guidance for her readers, giving them the tools and support they need to live their life openly, unapologetically and with confidence.

Stephanie Yeboah has been a part of the fat acceptance and body positive community since 2014, and since then, she has written many pieces on her blog, *Nerd About Town*, on social media platforms and in external publications. This has led her to speak on panels at events such as the Women of the World Festival, Africa Utopia, the Youth Select Committee, the London College of Fashion diversity panel and many others.

- One of the first book that focuses on the experiences of plus-sized black women.
- Stephanie gives a voice to a community who have been marginalized, but whose voices nevertheless demand to be heard.
- Stephanie Yeboah is a freelance writer, public speaker, fat acceptance advocate, and a multi-award nominated plus-size fashion blogger.
- Stephanie has 45k followers on Instagram.

ISBN: 978-178488344-7



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Chapter 3

**Navigating
the cesspit
that is...
dating**



Heavily Meditated

Your Down-to-Earth
Guide to Learning
Meditation and Getting
High on Life
Caitlin Cady

August 2020
ISBN 9781743796146
OCC010000
\$20.99 | Hardcover
240 pages | 6 × 9 in
Full color photography
throughout

A down-to-earth guide to meditation and getting high on life.

Heavily Meditated has everything you need to know to get hooked on meditation for good. Presented in a simple, friendly, accessible style that even the busiest of meditation-doubters can relate to, this book clearly outlines:

- What meditation is
- Five fundamental techniques (and which one is right for you)
- Where, when and how to sit
- How to deal with thoughts
- Why meditation is so damn good for you
- How to measure your meditation practice
- How to set goals and get hooked on meditation
- How to upgrade your practice from habit to ritual

Filled with exercises, worksheets, cheat sheets and other practical tools, as well as relatable personal stories to light your way, *Heavily Meditated* is your down-to-earth guide to meditation, and how to turn it into a habit that sticks and reap the benefits of a happier, calmer and more intentional life.

Caitlin Cady is a devoted yogi, entrepreneur, author, and speaker. American by birth, Caitlin now lives with her husband and three little wildlings in Byron Bay, Australia. With multiple businesses under her belt, Caitlin now channels her energy towards empowering others and pioneering meditation medicine.

- *Heavily Meditated* strikes a sweet spot in the wellness market for a one-stop guide that teaches beginners to meditate in a practical and articulate way.
- This striking package has been designed to traverse the market between gift and self purchase.
- Caitlin is hugely relatable, and shares her own story of years battling ill health, including depression and eating disorders.
- Meditation is now tied with yoga as the top two wellness practices in the US with around 40% of Americans saying they meditate at least weekly.

ISBN: 978-174379614-6



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WELLNESS & INSPIRATIONAL



1 Pick It
Commit to the time and technique (point of focus) for your meditation.
BREATH • SOUND • SENSATION • MANTRA • VISUALISATION

2 Take a Seat
Still body, straight spine, relaxed but alert.

3 Start
Set the three, press, stay, or ring the chakra. Whatever happens next is meditation.

GET SIT DONE
MEDITATION CHEAT SHEET

4 Focus
Train your attention to the technique.

Drift Happens
Getting distracted is normal, simply return to the technique whenever you notice your attention wandering.

5 Mind the Gap
Enjoy the space between thoughts.

High Fires & High Vibes
When it's over, don't judge. It doesn't matter if it wasn't perfect. You got sit done. So give yourself high fires and high vibes only.

1 Sit cross-legged on the floor with your sit bones on a folded blanket, firm cushion or bolster. The goal is to have your hips slightly above your knees. This keeps your spine straight and your energy moving upward, and creates plenty of space for the breath to move through the body. Rest your hands on your thighs or knees and keep your elbows soft and relaxed.
Hint: I like to place my meditation cushion on top of a blanket or sheepskin on the floor so my knees have a soft place to land.

2 Sit on the floor on your knees. Place a yoga block or bolster between your heels, then sit your hips back on the block or bolster. Place your hands on your thighs.

2 If you aren't down with sitting on the floor, pull up a chair. This is not an invitation to lounge and chillax in your dad's La-Z-Boy, so pick a chair with a straight back and a firm seat. Plant your feet flat on the floor and position your sit bones toward the front edge of the seat. Maintain an upright posture without slumping or leaning back in the chair. It's totally fine to place a pillow at your lower back for support as long as you sit up straight.





draft cover

Make it Happen

Sidestep the #hustle
and Build a Business
you Love
Fiona Killackey

September 2020
ISBN 9781743796184
BUS020000
\$20.99 | Flexibound
224 pages | 6.3 × 8.3 in
Full color throughout

The must-have book for anyone starting a business or looking to fall in love with their business again.

It's one thing to have a business idea, or even to start a creative business. It's quite another to scale it sustainably without increasing your financial and emotional stress. For most small business owners, what starts as something energizing quickly turns into something overwhelming and energy depleting. You spend so much time in your business, it's hard to find any time to work on your business.

In this practical guide, experienced business coach and creative consultant Fiona Killackey shows you how to scale the business without scaling the stress. From validating your business idea (whatever stage in its development), mapping out your money, and specifying your business goals, through to hiring staff and defining your marketing plan, *Make it Happen* provides you with a clear understanding of where you're going and exactly how you'll get there. Complete with step-by-step tips and templates, as well as case studies of successful creative business owners, *Make it Happen* will have you feeling empowered and excited about business again.

Fiona Killackey is a business consultant and coach and the founder of My Daily Business Coach, which provides business consulting, 1:1 coaching, e-tools, branding and marketing workshops, and creative ideation. Her clients include Audible, Etsy, and L'Oreal, as well as a host of creative small businesses in Australia, such as CULTIVER, The Design Files, So Frenchy So Chic, Mi Goals, OK Motels, The Planthunter, Timbermill, Anaca Studios, and many more.

- This book is not only for those looking to scale their business; it also gives budding business owners the tools they need to build something successful immediately, minus the stress.
- Includes tips and templates, as well as interviews with successful creative business owners.
- Fiona Killackey's diverse career has seen her grow businesses and brands across many industries. Her wealth of experience comes from two decades working in content marketing alongside leading creative businesses around the world.

ISBN: 978-174379618-4

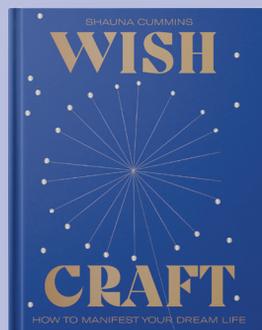


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Wishcraft

How to Manifest Your
Dream Life
Shauna Cummins

October 2020
ISBN 9781784883492
OCC010000
\$16.99 | Hardcover
160 pages | 5.5 × 7 in
Full color illustrations
throughout



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How to take control of your subconscious mind and make your wishes become a reality.

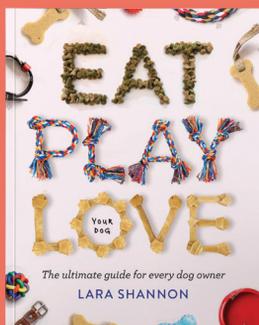
Humans have always loved to wish, and they love it even more when their wishes come true! In *Wishcraft*, Shauna Cummings uses her experience as a hypnotist to teach you how to take control of your subconscious mind and make your wishes become a reality. In Shauna's experience, we can empower our wishes with practice and intention, working with wishes as if they are a blessing/affirmation/meditation and prayer all in one.

Featuring detailed instructions for calming the mind, allowing your wishes to influence you on a deeper level, as well as information on how to create an ideal environment for manifesting, this book will help you to discover how to turn your fears, phobias and negative feelings into positive, empowering tools and to find your inner strengths and skills. When we learn the art, benefit and practice of well-wishing, our subconscious mind becomes a proverbial wishing well; an ideal place to plant our wishes. Wishes can act as a focusing lens for our desires and portal for divine intervention. So what are you waiting for? PERCEIVE. BELIEVE. ACHIEVE.

Shauna Cummins is a hypnosis practitioner and multi-disciplinary artist. She is the founder of The Wishcraft, a method of self-hypnosis that teaches the art of well-wishing as a practice of changing thought patterns and beliefs, turning wishes into action.

- A smart, fun and accessible book on modern manifestation.
- Wishes can act as a focusing lens for our desires and portal for divine intervention.
- Discover how to turn your fears and negative feelings into positive tools and discover your strengths and skills.
- Includes incantations, spells, prayers, meditations, and invitations as well as instructions for calming the mind, how to create an ideal environment for wishing and how to adopt daily practices that will help your wishes come true.





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Eat, Play, Love (Your Dog)

The Ultimate Guide for
Every Dog Owner
Lara Shannon

August 2020
ISBN 9781741177053
PET004000
\$24.99 | Paperback
224 pages | 6.7 × 8.3 in
Full color photography
throughout

***Eat, Play, Love (Your Dog)* is the book that every dog owner needs.**

Lara Shannon is a dog lover. Spending her days working (and playing) with dogs as a dog trainer, and as part of her TV show *Pooches at Play*, she knows just what a dog needs. In this go-to guide, Lara shares her expertise on how to help your dog live their life to the fullest, covering everything from puppyhood until the end of life across three easy chapters: Eat, Play, Love.

The 'Eat' chapter includes DIY healthy dog food recipes and information on dog health and diets. The 'Play' chapter covers tips on dog training, behavior, and lifestyle issues. And, finally, in the 'Love' chapter Lara talks about things to consider when getting a dog, through to traveling with dogs, and options when your dog becomes ill or passes away.

In *Eat, Play, Love (Your Dog)*, Lara will help you to understand why dogs do what they do, so you can enjoy a full and happy life together with your furry pals.

A passionate animal welfare advocate and certified dog trainer, **Lara Shannon** has been a regular on Australian TV and radio stations for the past two decades. As well as running *Pooches at Play*, a lifestyle TV show all about dogs, Lara also manages *PoochesatPlay.com* and runs her own dog training and boarding business.

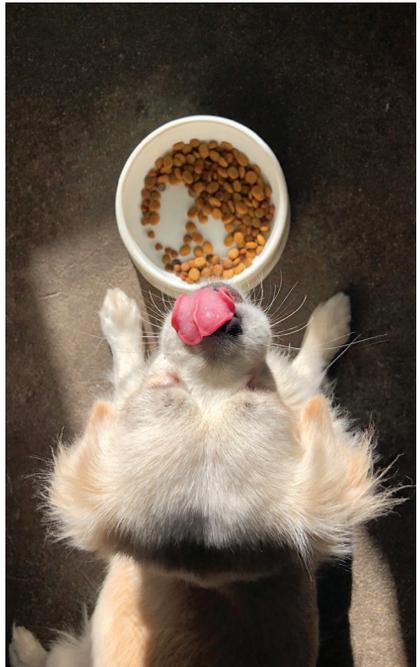
- Covers everything from nutrition, grooming, training, and tricks, to considerations when getting a dog, traveling with dogs, and end of life care.
- Around 60 million US households have pet dogs and \$30 billion is spent on pet food and products each year (more than cheese, milk or beer).
- The rise of pet parenting is led by millennials and baby boomers, who have the highest rates of pet ownership.

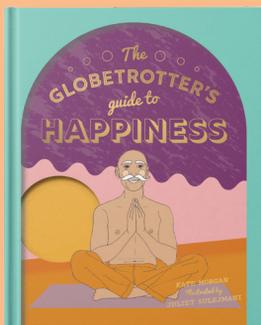
ISBN: 978-174117705-3



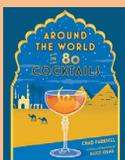
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WELLNESS & INSPIRATIONAL





draft cover



Also available
Around the World
in 80 Cocktails
9781741175189
\$19.99 | 2017

The Globetrotter's Guide to Happiness

Kate Morgan

December 2020
ISBN 9781741177091
TRV030000
\$19.99 | Hardcover
192 pages | 5.8 × 7.3 in
Full color illustrations
throughout

Sample ways to find happiness from around the world and discover tips on how to adopt these philosophies at home.

Wherever we are in the world, as humans we're all striving for happiness—a feeling of wellbeing and calm amidst the everyday struggles and chaos. What differs is how we pursue that happiness, and there are a range of philosophies on offer around the globe. From searching for *ikigai* (the 'meaning of life') in Japan or taking a *fika* coffee break in Sweden, to heading for the hills to clear the mind in Norway or appreciating the art of *gezellig* ('coziness') in the Netherlands, the world is a tapestry of happiness philosophies we can sample and learn from.

This book features 20 philosophies together with gorgeous illustrations by Juliet Sulejmani. Each chapter includes an overview of that philosophy, where it originates from, its meaning to that culture, and ways to implement the philosophy in your everyday life at home. There's also information on places you can travel to experience the philosophy a little deeper, and interviews with people who very much practice what they preach, all wrapped up in a beautiful package.

Kate Morgan is a freelance travel writer and editor. She has worked in-house at Lonely Planet as a commissioning editor, and also written for various travel guidebooks, online and in magazines for companies such as *Lonely Planet*, *BBC Travel*, *Condé Nast Traveler*, and *Tourism Australia*. Kate was also a contributor to Lonely Planet's *Wellness Escapes* guide.

- Includes an introduction to each wellness philosophy, some tips on how to practice the philosophy, and where to travel for a deeper immersive experience.
- Gorgeous small hardback with full-color illustrations for each wellness philosophy.
- Wellness tourism is on the rise, with the industry expected to be worth \$900 billion by 2022, with 1.2 billion wellness trips taken annually.

ISBN: 978-174117709-1



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The Art of Stillness in a Noisy World

Magnus Fridh

September 2020
ISBN 9781784883690
OCC010000
\$14.99 | Hardcover
176 pages | 4.7 × 6.9 in
Full color photography
throughout

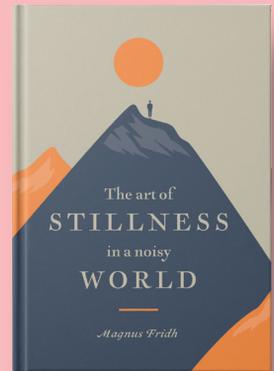
Find stillness in a world that seems to be moving faster and faster.

When life is moving at a breakneck pace or when at times we're confronted with almost unreasonable demands clogging up our calendars, it can seem as if we have no time left to simply do nothing. Spending more time surrounded by calmness, resting and recovering, gives us the space to really process experiences, make sense of what we're feeling, and put a good distance between us and all the things on our to do list.

In *The Art of Stillness in a Noisy World*, meditation and yoga expert, Magnus Fridh, will help you find the calmness amidst the stresses of everyday life, helping you to become more present in a world where we seem to be becoming ever more absent.

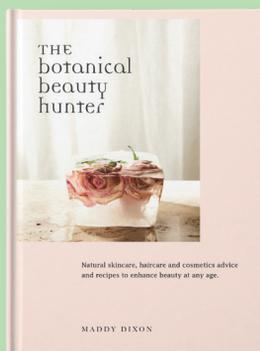
Magnus Fridh grew up in Karlshamn, Blekinge, in southern Sweden. Magnus discovered meditation in his teenage years, and through academic studies in Indology, specializing in Tibetan language and culture, he gained an in-depth knowledge of the subject. He regularly teaches group Ashtanga yoga, mindfulness and meditation classes. Magnus was also one of the founders of the Mindfulness app. The app has become wildly popular around the world, having been translated into 13 languages and involved in a number of ongoing research projects.

- This book is a wonderful meditation on the adventures of going nowhere and how we can improve our mental health by doing so.
- Perfect for those looking to take a 'digital detox' and investing in more quality 'self time' away from the screen
- Includes chapters on stillness in every day life, nature and meditation and is beautifully designed and illustrated.
- The perfect impulse purchase book in reaction to a growing trend.



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Also available
A Scented Life
9781743795958
\$19.99 | 2020

The Botanical Beauty Hunter

Natural Skincare,
Haircare and Cosmetics
Advice and Recipes
Maddy Dixon

September 2020
ISBN 9781743796429
OCC000000
\$19.99 | Hardcover
180 pages | 6.7 × 9.1 in
Full color photography
throughout

The *Botanical Beauty Hunter* addresses beauty from the inside out with sustainable, healthy, and natural choices for our skin-care and cosmetics that will enhance beauty at any age.

The Botanical Beauty Hunter is a practical guide filled with recipes, advice and the secrets behind everything natural beauty, from ancient Ayurvedic beauty rituals to superfoods to eat for healthy beautiful skin. Drawing on her knowledge as a natural beauty expert and her experience in the beauty industry, Maddy Dixon shares her practical natural beauty knowledge so that you too can avoid using toxic synthetic products on your skin. Including beautiful cleansers, balms, scrubs and moisturizers, these recipes for hair, face and body are accessible and easy to make. *The Botanical Beauty Hunter* allows us to be sustainable, healthy, and make natural botanical choices for our skin-care, haircare and cosmetics to enhance beauty at any age.

Maddy Dixon lives by the motto that beauty is wellness and wellness is beauty. This applies to every aspect of her life, from the food she eats, the way she lives, to the beauty products and rituals she incorporates into her life. She has seen beauty from all angles, having traveled the world and worked in the fashion industry. Her ethos is to find the most effective natural ingredients and treatments to enhance natural beauty and to replace toxic ingredients found in conventional beauty products.

- Maddy has 51.4k followers on Instagram and has her own natural beauty business, Flora Remedia.
- Demand for natural cosmetics and toiletries is booming due to the rise of ethical consumerism, and consumer concern over the effects of chemicals in their beauty products.
- Includes over 30 recipes for beautiful products for the whole body.

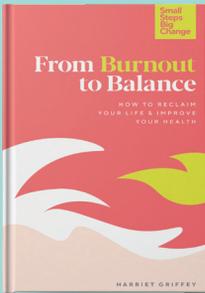
ISBN: 978-174379642-9



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WELLNESS & INSPIRATIONAL





draft cover

From Burnout to Balance

How to Reclaim your Life and Improve your Health

Harriet Griffey

August 2020

ISBN 9781784883621

SEL024000

\$14.99 | Hardcover

160 pages | 7.5 × 9 in

Full color photography throughout

If a high-performance car is driven relentlessly at full throttle and burnout occurs it doesn't just stop: all systems fail.

Burnout is now recognized as a real problem. Our 24/7 lifestyles promote the sense that we have to have-it-all and do-it-all immediately, encouraging behavior that leads to burnout. The warning signs are easy to miss once we get into long-term patterns of stress and adapt to these constant, over-elevated levels of stress hormones. In *From Burnout to Balance*, Harriet Griffey helps readers to reclaim their life by recognizing their own signs of stress, avoiding their escalation through positive lifestyle changes, and ensuring basic self-care measures every day—adequate sleep, regular nutritious meals, exercise, and relaxation—to keep body and mind resilient. Saying no to excessive demands on our time, asking for help when it's needed, creating a support system and relinquishing perfection, are all the attitudes of confident people who know that before you put on someone else's oxygen mask, you must first fit your own.

Harriet Griffey is a London-based health writer and author of the bestselling *I Want to...* series of books. *From Burnout to Balance* is an insightful, informative and easy to implement lifestyle plan to take you from (potential) burnout to balance.

- The World Health Organisation (WHO) predicts that work-related stress, burnout, and depression will together top the list of most prevalent diseases by 2020.
- Burnout is a globally-recognized medical condition as of 2020.
- Stats reveal that work-related issues contribute more to people's stress levels than difficulties regarding relationships, health, and finances combined.
- This book looks at various causes of burnout including social media addiction, commuting stress, work life, relationships, and even over-exercising, and how to go about remedying them.

ISBN: 978-178488362-1



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Humor & Gift



draft cover

365 Days of Art in Nature

Find Inspiration Every Day in the Natural World
Lorna Scobie

August 2020
ISBN 9781784883256
ART028000
\$20.99 | Flexibound
352 pages | 6.3 × 8.3 in
Full color illustrations throughout

Easy, accessible, fun, mindful art for every day of the year.

In *365 Days of Art in Nature*, Lorna Scobie, invites the reader to take a closer look at the natural world—whether that’s outside on location, or inside their own home—reminding us all that regardless of whether we live in the city or the countryside, wildlife is just on our doorstep.

Observe the slow, constant pace of the nature that surrounds you every day, and use it to inspire you in your art and creativity. Activities may include visiting a particular tree, four times in the year, and drawing it. How has it changed? Study the colors you find in autumn leaves. Explore drawing them in different materials.

Featuring nature-inspired quotes, breakaway activities to get you outdoors, and plenty of supportive prompts and tips, this book will spark your imagination and help you to open your eyes, and appreciate the natural beauty in our world.

Lorna Scobie grew up in the depths of the English countryside, climbing trees and taking her rabbit for walks in the fields. She is an illustrator and designer, now based in south London. This is the fourth book in Lorna’s bestselling 365 Days series, following on from *365 Days of Art*, *365 Days of Drawing*, and *365 Days of Creativity*.

- A follow-up to the internationally bestselling series, which has sold over 60,000 copies worldwide.
- *365 Days of Art in Nature* encourages go outdoors and explore a varied range of creative tasks inspired by nature.
- Rekindling our interest in nature has been a focus in the media as it’s been found to be helpful for people suffering with depression and stress.
- An easy gift for friends or relatives who love the natural world, or anyone who wants to get more in touch with nature.



Also available
365 Days of Creativity
9781784882792
\$20.99 | 2019



Also available
365 Days of Drawing
9781784881955
\$20.99 | 2018

ISBN: 978-178488325-6



52099

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5

Fill the page with different types of trees you can see outside. Notice the variety of colour and shapes. You could keep your drawing style very loose, and just suggest the shapes that you see. Or perhaps you could spend time adding in intricate details like leaves and texture onto the bark.



146

Find a subject outside that interests you. A simple scene, or an object which is part of the natural world. Draw the same subject three times, using different materials or approaches.

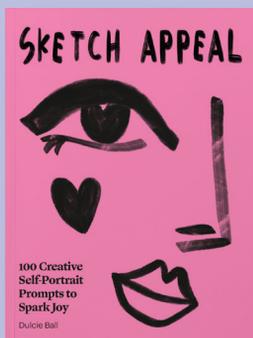
Reflect: There is no one way, or 'right' way, to draw something.



144

Add colourful plumage to this bird.





draft cover

Sketch Appeal

100 Creative Self-Portrait Prompts to Spark Joy
Dulcie Ball

September 2020
ISBN 9781784883539
ART010000
\$19.99 | Flexibound
208 pages | 6.7 × 8.3 in
Full color illustrations throughout

Get set to embrace your creativity, be your own muse, and celebrate the most important piece of artwork in your life—YOU!

Sketch Appeal invites you to switch off your phone, pick up a pencil and start sketching your selfies instead! Grounded on the firm and passionate belief that EVERYONE CAN DRAW, it's full of fun and easy activities that will ignite your creativity, build your self-esteem and enrich your life with the joy of SKETCH!

Through fun mood-boosting self-portraiture challenges and the mindfulness of drawing, you'll learn to silence your inner-critic, break through your creative barriers, and embrace the sketch goddess within! This isn't about mastering the 'perfect' portrait or getting 'good' at art—it's about exploring, drawing, and celebrating YOU!

Dulcie Ball is the founder of Sketch Appeal, a Community Interest Company which promotes everyday creativity and the joy of SKETCH! Through her magazine and events, she advocates creative play and art for all, and empower people with the inspiration, encouragement, and confidence they need to get creative—and get HAPPY!

- A creative, fun, accessible, and empowering guidebook to help adults improve their mental health and wellbeing through creative play.
- This is a book that makes drawing faces fun and encourages people to disconnect from digital lives and get some face time IRL.
- Popularize drawing as a form of mindfulness and to bring DIY sketch therapy to the mainstream.
- Split into 12 sections, activities range from quick mood-boosters to week-long challenges, but are all simple, flexible, and designed to help you fit some regular creative 'me time' into a busy lifestyle.

ISBN: 978-178488353-9



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Pocket Single-Life Wisdom

A Celebration of the
Self-Partnered
Hardie Grant London

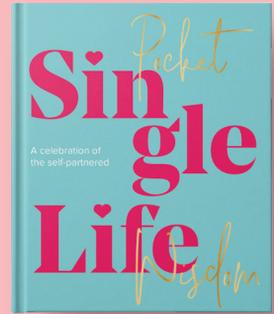
November 2020
ISBN 9781784883706
BIO005000
\$9.99 | Hardcover
96 pages | 4.3 x 5.2 in
Full color illustrations
throughout

“Your self-worth is determined by you. You don't have to depend on someone telling you who you are.” — Beyoncé.

From Emma Watson to Lizzo—the singer who puts the ‘sing in single’—more and more people are throwing off outdated stigmas and embracing a happy life on their own. *Pocket Single Life Wisdom* celebrates the power of being single with fun, wise, witty, and empowering quotes from inspiring female icons such as Michelle Obama and Lady Gaga to literary giants like Charlotte Brontë and Oscar Wilde.

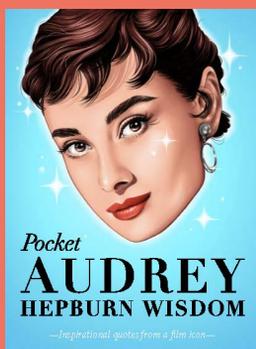
So let's reverse the brainwash and embrace the positivity of single happiness. Because ultimately, the only person who can make you happy is *you*.

- The *Pocket Wisdom* series has sold over 700k copies worldwide.
- Triggered by Emma Watson, the term ‘self-partnered’ is all about taking a stand about the stigma of being single.



draft cover





draft cover

Pocket Audrey Hepburn Wisdom

August 2020

ISBN 9781784883614

B10005000

\$9.99 | Hardcover

96 pages | 4.3 × 5.2 in

Full color illustrations
throughout

Inspirational Quotes
from a Film Icon

Hardie Grant London

An inspiring collection of quotes from the legendary
icon, Audrey Hepburn.

Audrey Hepburn is one of Hollywood's greatest icons, who is known to this day as being one of the world's best-known actresses. As well as her acting career, she is known for her timeless style, humanitarian ventures and poise.

Pocket Audrey Hepburn Wisdom is a collection of her most inspiring quotes on beauty and elegance, humanity and charity, fashion and style, and more. This tribute is the ultimate keepsake for fans and admirers alike.

- The latest in the bestselling *Pocket Wisdom* series.
- Audrey Hepburn is one of the greatest silver screen icons of the 20th century.
- Full of inspiring quotes and life lessons.



Also available

Pocket Coco
Chanel Wisdom

9781784881399

\$9.99 | 2018



Also available

Pocket Frida Kahlo
Wisdom

9781784881801

\$9.99 | 2018

ISBN: 978-178488361-4



9 781784 883614

50 Rappers Who Changed the World

A Celebration of
Hip-Hops Greatest Icons
Candace McDuffie

October 2020
ISBN 9781784883386
BIO004000
\$14.99 | Hardcover
112 pages | 5.3 × 7.3 in
Full color illustrations
throughout

A brief history of 50 of the most influential rappers throughout history.

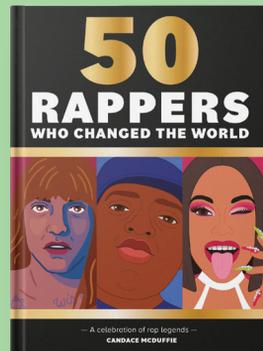
Arguably one of the most mainstream music styles today, rap was in fact born centuries ago in West Africa with historians or 'griots' who used to tell stories of the past over the beat of a drum. But it wasn't until the 1970s in New York that rapping as we know was born and began to flourish.

50 Rappers Who Changed the World profiles some of the genre's biggest influencers, from the 1970s until the present day. From Bronx-based legends Afrikaa Bambaataa and Grandmaster Flash in the 70s, to Run-DMC and Public Enemy in the 80s, Biggie, Tupac and Snoop in the 90s, and Eminem and Jay-Z in the 00s, this is a history of music for anyone who loves rap.

Filled with a stylish illustrations and short biography of each artist, this book is a celebration of the musicians who shaped the genre and changed the world.

Candace McDuffie is a journalist with more than a decade's worth of experience working for publications such as *Rolling Stone*, *MTV*, *Vice*, and more. Candace was nominated for Music Journalist of the Year by the 2019 Boston Music Awards. She currently works as a preschool teacher.

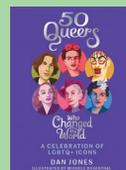
- Featuring beautifully illustrated profiles in a stylish package.
- Latest in the *50 People Who Changed the World* series.
- Celebrates the rich history of rap.



draft cover



Also available
**50 Drag Queens
Who Changed the
World**
9781784883225
\$14.99 | 2020



Also available
**50 Queens Who
Changed the World**
9781784881344
\$14.99 | 2017





Embrace the Magic of Life with Meredith Gaston

A positive and uplifting inspiration range from acclaimed artist and bestselling author Meredith Gaston.

Meredith Gaston is an internationally acclaimed Australian artist, bestselling author and passionate wellness advocate. Meredith's playfully sophisticated style and inspirational words bring comfort and joy to many. Her lovingly illustrated books have been translated into foreign languages, and her original artworks and limited edition prints collected worldwide.

- The note card set and inspiration cards feature Meredith's beautiful, signature watercolor illustrations.
- Meredith's books have sold over 70k worldwide.
- The perfect gift or self-purchase for anyone looking to send a thoughtful message of love, joy, encouragement and gratitude!



draft cover

The Art of Giving Note Card Set

August 2020

ISBN 9781743796221

ART016000

\$17.99 | Card and box set

16 cards and envelopes

6.5 x 4.9 x 1.3 in

Full color illustrations

16 beautifully illustrated note cards featuring messages of joy and inspiration

Meredith Gaston

Presented in a beautiful gift box, *The Art of Giving Note Card Set* includes 16 unique message cards and pretty envelopes featuring Meredith Gaston's enchanting illustrations and uplifting messages that encourage us to explore, nurture and nourish our inner wellbeing for happier, healthier and more magical living.

ISBN: 978-174379622-1

5 1799



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Find Your Sparkle Inspiration Cards

August 2020
ISBN 9781743796238
ART016000
\$17.99 | Card and box set
24 cards | 6.5 × 4.9 × 1.3 in
Full color illustrations

Embrace the magic of life with these 24 beautifully illustrated inspiration cards
Meredith Gaston

Featuring Meredith Gaston's whimsical artworks from her latest book Find Your Sparkle, these 24 individually designed inspirational cards presented in a beautiful gift-box package are the perfect gift or self-purchase for anyone ready to be inspired and embrace the wellspring of a bountiful life including gratitude, courage, open-heartedness and wellbeing.



Also Available



draft cover

ISBN: 978-174379623-8



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draft cover

Hoop n Loop

How to Embroider Your
Pet Dog's Portrait
Carol Tai

August 2020

ISBN 9781784883720

CRA008000

\$22.99 | Hardcover

160 pages | 8.1 x 8.1 in

Full color photography
throughout

An easy and fun step-by-step guide to hand embroidering your pet.

As we all know, pets are the best-loved members of the family; they are always there with a wagging tail, and, unless there's a sofa-scratching or shoe-chewing incident, we rarely have cause to argue with them. Such is people's love of their animals that accessories and clothing have become a booming business—think designer dog leads, personalized collars, rain coats, and even dog food cookbooks—but with *Hoop n Loop*, there's a difference: pets become the stars of their owners' wardrobes and homes. In 2017, after years spent as a professional pattern cutter in the fashion industry, animal lover Carol Tai decided to put her two passions together—illustration and dogs—to create personalized t-shirts, sweatshirts, jackets, cushions, and tote bags featuring people's pet portraits. This book, with a brief introduction explaining how to get started, easy tips for drawing dogs, and step-by-step projects showing you exactly how to illustrate and recreate the 20 most popular breeds in thread form, is perfect for the dog lover and fashion addict alike, showing just how easy it is to create your own homage.

Based in East London, Hoop n Loop was founded by **Carol Tai** in 2017. After completing a fashion design degree in Manchester and spending time living in Glasgow, Tai moved to London to study fabrics and garment-making, and became a creative pattern cutter for high street brands. After fifteen years in the industry, Tai was looking for a way to bring her own love of animals into her work, so she set up Hoop n Loop to create embroidered pet portraits—inspired by her own dog, Koko.

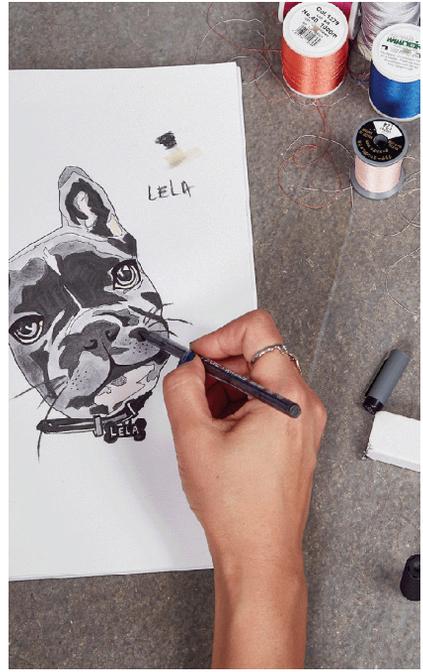
- Tear-out and downloadable templates of every breed.
- 20 of the most popular dog breeds around the world, from Pugs and Corgis to Dalmatians and Retrievers.
- Step-by-step instructions with accompanying photography.

ISBN: 978-178488372-0



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HUMOR & GIFT



Travel

Asian Girl's Guide to the World

Michelle Law

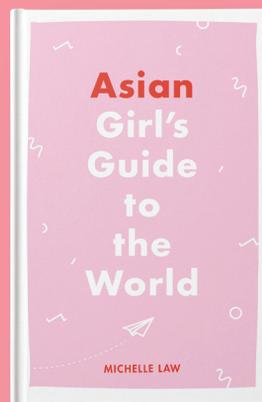
December 2020
ISBN 9781741177121
TRV026000
\$16.99 | Hardcover
192 pages | 5.4 × 8.5 in
Full color illustrations
throughout

A specially curated travel guide for Asian women, by Asian women.

Asian Girl's Guide to the World is a guide with a difference: it features practical advice (and more) from author Michelle Law, and her interviewees that specifically targets the joys, fears, and obligations unique to Asian women traveling the world. Separated into chapters that deal with solo travel, family travel, the best places to celebrate Lunar New Year, where to find good Asian food around the globe, romance or relationships, safety, and privilege, the sage, and entertaining advice is all told through Law's signature offbeat, comedic style, and accompanied by eye-popping illustrations by Hong Kong artist Joey Leung. Each chapter includes anecdotes from Law, interviews with other experienced Asian, female travelers, handy lists, designer postcards, and stickers, and more, making it either an impressive gift or a luxurious 'treat yourself' item. *Asian Girl's Guide to the World* is a handy, laugh-out-loud, and deeply relatable travel companion for Asian women that will be at the top of your packing list.

Michelle Law is a writer and actor working across print, theatre, film, and television. She wrote the smash-hit play *Single Asian Female*, which has sold out seasons and continues to tour across Australia. Her screenwriting work includes the Australian TV show *Homecoming Queens*, which she co-created, co-wrote, and stars in. She also co-wrote the comedy book *Sh*t Asian Mothers Say* with her brother Benjamin Law, and she regularly contributes to Australian publications and anthologies.

- This is the ideal gift or self-purchase for every 18+ Asian woman! Not only does the book include travel advice and destination tips throughout, it also offers a wealth of general life advice to help Asian women navigate the world today.
- Author is Chinese-Australian and her interviews survey women for all parts of Asia including Japan, Singapore, India, and Korea. Some women live in their home country, while others live in other parts of the world, ensuring the book considers a range of experiences.
- A fun contemporary design and package with beautiful, hand-drawn illustrations throughout.



draft cover





draft cover

Hello Sandwich Japan

Travel, Eat, Drink,
See, Do
Ebony Bizys

September 2020
ISBN 9781741176841
TRV003050
\$29.99 | Paperback
320 pages | 6.7 × 8.3 in
Full color photography
throughout

Discover the very best that Japan has to offer in this comprehensive guide from popular and stylish local blogger Hello Sandwich.

Japan may be one of the world's travel hotspots, but to get the most out of your vacation you'll need a local's insider tips. Design-minded blogger and Japanophile Ebony Bizys, aka Hello Sandwich, has been living in Tokyo since 2010 and has uncovered the very best places around this unique country. From bonsai gardens, contemporary galleries, stunning temples, peaceful ryokan retreats, 'kawaii' gift shops and top-notch coffee spots, to unbeatable izakayas, four-seater sashimi bars and ideal hiking destinations for 'forest bathing', this stunning tome is filled with travel tips galore along with language essentials and colorful images. All of the key destinations are covered, including Tokyo, Kyoto, Osaka, Hiroshima, Hakone, Sapporo, Okinawa, and Naoshima. *Hello Sandwich Japan* is for people who value good aesthetics, good food, and rich culture, and who will enjoy the craziness of Tokyo's neon playground just as much as the peaceful Buddhist getaway of Mount Koya.

Ebony Bizys is an Australian-Lithuanian artist, designer, photographer, and blogger based in Tokyo. Since moving to Tokyo, Ebony has art-directed books, hosted solo exhibitions, been commissioned by *Vogue Japan*, and has written and styled for various magazines. She has previously authored three books, including a guide to Tokyo and two craft books, which have been translated into six languages.

- An estimated 2.8 million overseas visitors to Japan are expected in 2019, with 177k expected from the US alone.
- Ebony runs personalized tours of Tokyo and has an excellent profile among the design community.
- Covers all parts of the country, focusing on popular destinations for western tourists, and includes breakout sections for specific interests, such as anime and manga, architecture, food and drink.
- Ebony has a strong social media platform with over 40k followers on Instagram @hellosandwich, 14% of whom are in the US.

ISBN: 978-174117684-1



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Wander

Hello Emilie's Guide to
Reconnecting with Our
Natural World
Emilie Ristevski

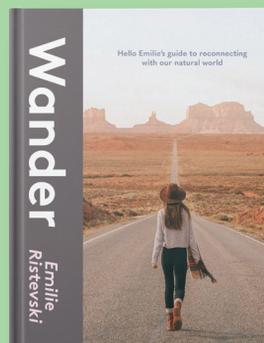
September 2020
ISBN 9781741177190
TRV019000
\$19.99 | Hardcover
224 pages | 6.3 × 8.3 in
Full color photography
throughout

Be dazzled by the natural world through Hello Emilie's dreamy lens in *Wander*.

Emilie Ristevski's (aka Hello Emilie) dreamy landscape photographs have seen her social media following rise into the millions. *Wander* is a collection of some of Emilie's most beautiful images, including a selection of never-before-seen snaps that showcase the dazzling beauty of the natural world. But beyond the exotic destinations, Emilie's photographs take the time to stop and be present in our surroundings, wherever that may be. Her images encourage us to be one with the wild—the air that we breathe, the vast expanses of the ocean and never-ending mountaintops. *Wander* tells a meaningful story of how we can find a deeper connection with our universe and ourselves through a selection of inspiring imagery and thoughtful words.

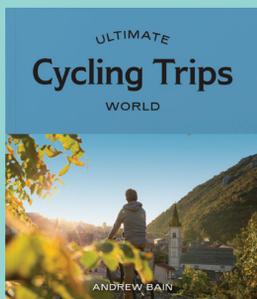
Emilie Ristevski's endless love for photography began nearly 10 years ago when she discovered black and white film photography in a tiny dark room in school. Since joining Instagram in 2010 as @helloemilie, Emilie has gained a worldwide audience of over one million followers. Emilie hopes to inspire and educate her community on the importance of the natural world and the fragility, which surrounds our planet earth.

- @helloemilie has 1.3 million followers on Instagram, of which over 220k are located in the US. She attracts 45k average likes per post.
- A great gift book full of stunning photographs, perfect for the armchair traveller, featuring never-before-seen photos from Emilie.
- Beautiful photographs from destinations around the world, including the United States, Canada, Australia, Scotland, Japan, Peru, Iceland, Namibia, South Africa, Greenland and more.



draft cover





draft cover

Ultimate Cycling Trips: World

Andrew Bain

October 2020
ISBN 9781741176964
TRV026100
\$29.99 | Flexibound
208 pages | 8.3 × 9.4 in
Full color photography
throughout

An inspirational and practical guide to 20 of the best touring routes around the world by bike.

In a world where we're all concerned about pollution, bike-riding vacations are one way to minimize your environmental impact—with the added benefits of improving your fitness and becoming more immersed in your surroundings. *Ultimate Cycling Trips: World* features author Andrew Bain's 20 hand-picked destinations for the best slow travel on two wheels. Each chapter includes a suggested itinerary, making the book a useful guide for planning your own cycling adventure, as well as detailed descriptions, maps and photos. There are trips to suit every fitness level, from riding through the Italian and French Riviera, to Arizona's Saguaro National Park, and the volcanic island of Jeju off the southern tip of South Korea. Also featuring inspiring interviews with world cyclists, there has never been a better time to see the world by bike.

Andrew Bain is an award-winning travel writer, specializing in outdoor adventure, who can usually be found cycling when he should be working. He's the author of several cycling books, and writes stories on cycling around the world for various publications including Lonely Planet's *Epic Bike Rides of the World*.

- The first global guide in the *Ultimate* series, featuring the best places around the world for different types of recreational travel, packaged in a cool and accessible package for travelers of all ages.
- Includes a suggested itinerary for each of the 20 cycling destinations (including routes in both the USA and Canada) as well as advice on the fitness level required, safety tips and photos.
- Not just for hard core cyclists—this book will inspire and guide those setting off on their first cycle holiday.

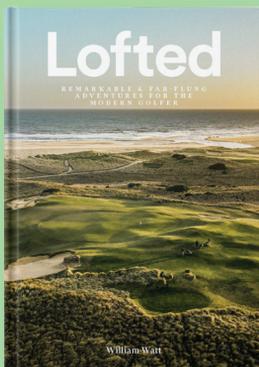
ISBN: 978-174117696-4



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TRAVEL





draft cover

Lofted

Remarkable & Far-flung
Adventures for the
Modern Golfer
William Watt

August 2020

ISBN 9781743796191

SPO016000

\$35.00 | Hardcover

224 pages | 8.5 × 11.1 in

Full color illustrations
throughout

Lofted puts a new spin on the widely played and loved game of golf—traversing the world in search of authentic golfing experiences.

A visual adventure for the modern golfer, *Lofted* will transport you far and wide through the world of golf.

Lofted takes you on a journey of discovery with stunning photography and words featuring golf experiences across the globe, including classic courses in Wisconsin, the remote islands of Scotland's Outer Hebrides, a magical Malaysian course in a tropical paradise, the foothills of the Himalayas and the windswept King Island in the Bass Strait off the coast of Australia.

From the design of the bunkers and doglegged tees to the art of mindfulness in the great outdoors—the unexpected stories and images in *Lofted* will challenge your perceptions of golf.

William Watt is a professional photographer and DP. Based for extended periods of time in the UK, Europe, North and South America, and Asia, he draws on a wealth of international experience and a lifelong passion for photojournalism. In 2016 William founded *Caddie Magazine*, an alternative to existing golf publications that combines his passion for the game with photography, design, and storytelling.

- *Lofted* reimagines the popular game of golf, focusing on the stories and visuals of incredible golf adventures.
- Golf is one of the few global games; it is cross-generational and has a reach to even the most unlikely of places. There are 24 million golfers in the US.
- *Lofted* features premium golf destinations, like Missouri's Big Cedar Lodge and Wisconsin's Sand Valley, as well as unconventional courses, such as Nepal's Himalayan Golf Course and Mongolia's The Longest Hole.
- *Lofted* brings together golf, photography and travel—three popular hobbies around the world.
- With stunning photography, *Lofted* works well as a coffee table book and gift for the golf enthusiast.

ISBN: 978-174379619-1



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TRAVEL

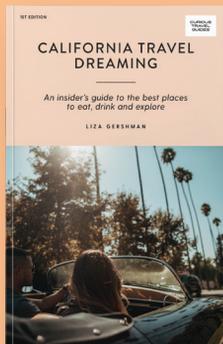


CURIOUS TRAVEL GUIDES

Curious Travel Guides Series

An insider's guide to the best places to eat, drink and explore.

- The Curious Travel Guides use an insider's perspective to highlight the best of these hot travel destinations.
- Sleek, contemporary design with beautiful images and a luxe cover make each book a beautiful keepsake.
- A curated selection of the best of the city or region including the best of coffee, culture, shopping and good food. Ideal for any globetrotter!
- These guides are aimed at 30+ discerning travelers, who may only have a weekend or longer to spend at their destination.



draft cover

ISBN: 978-174117715-2

52499



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California Travel Dreaming

Liza Gershman

December 2020

ISBN 9781741177152

TRV025130

\$24.99 | Paperback

232 pages | 5.9 x 9.1 in

Full color photography

throughout

California's vast coastline covers nearly 900 miles of scenic drives between the Mexican border to the south and Oregon to the north. *California Travel Dreaming* dives into California's beauty, exploring everything from sunny beaches and rocky outposts, to redwood forests and arid deserts. Find the very best places to visit in famed regions such as Silicon Valley, birthplace of the internet, and San Francisco, where you can leave your heart *and* view the iconic Golden Gate Bridge. There's also Hollywood's glamour mecca to the south, the Sierra Nevada Mountains and beautiful Yosemite National Park in the east, the vast Mojave Desert, the rich and charming small towns of Central Valley, and acclaimed wine regions, and it's all within one US state.

A fifth-generation California native, **Liza Gershman** is a travel writer, photographer and book author. Liza writes for many media outlets including *Travel + Leisure*, *National Geographic*, *Huffington Post* and *The San Francisco Chronicle*, for which she wrote a monthly column called '5 Places' in their travel section. She is the author of 12 books.

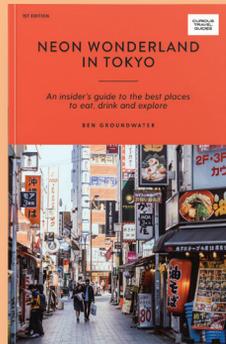
Neon Wonderland in Tokyo

Ben Groundwater

December 2020
ISBN 9781741177015
TRV003050
\$24.99 | Paperback
232 pages | 5.9 × 9.1 in
Full color photography
throughout

Tokyo is a city of almost 40 million people. A metropolis so densely packed with cultures and sub-cultures, with fashions and trends, with traditions and rituals and norms. Japan's capital is big, bold, and often highly intimidating to the uninitiated. But this needn't be the case. *Neon Wonderland in Tokyo* is your guide to navigating the colossal world within a world that is Tokyo, to discovering the village-like atmosphere of its smaller suburbs, to finding the best restaurants, the best bars, the best shops and the best attractions hidden within this urban jungle. This book is also a guiding hand through the intricacies of Tokyo culture and its residents' obsessions, from craft beer to coffee, baseball to ramen noodles. Tokyo is the most exciting city in the world—and it's time to dive in.

Ben Groundwater is an award-winning Australian travel writer and broadcaster, and the author of *Go Your Own Way*. Ben first visited Tokyo in 2005, and became immediately obsessed. He's since returned to the Japanese capital almost every year, drawn by a city that's always changing, and always amazing.

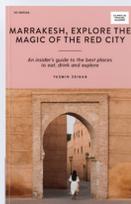
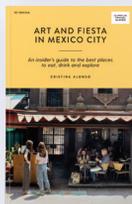


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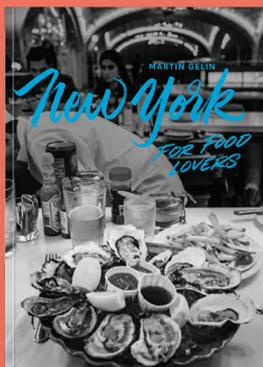
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Your new foodie guides to the best cities in the world, featuring a unique cross-section of budget friendly, classic and cool places to eat.

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- A grungy design and photography up each book's cool factor for the younger generations of food lovers. Most of the venues reviewed are also very affordable.
- A fun addition to the package is a removable jacket, which includes a map of the city on the inside, to take with you on your travels.
- Martin Gelin and Jonas Cramby are both well established food writers and have authored a number of highly praised books on cuisine and culture. Based respectively in New York and Stockholm, they are authorities on their local food scenes.



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New York for Food Lovers

Martin Gelin

August 2020

ISBN 9781741177138

TRV025050

\$19.99 | Paperback

208 pages | 6.3 × 8.7 in

Full color photography throughout

A new foodie guide to the Big Apple featuring a unique selection of places to eat at across Soho, Brooklyn and even Queens.

NYC is inhabited by 10 million immigrants, and the city's food culture has influences from around the world. You can find incredible seafood restaurants that recreate the atmosphere of fish markets along the Mediterranean coast, the most superb taquerias in Sunset Park, and the best dim sum in Chinatown sitting alongside delicious Eastern European Jewish foods. It's this food diversity and fusion of cuisines that make New York such an exciting place for foodies. *New York for Food Lovers* is the culmination of 18 years of research by author Martin Gelin, who has not only sought out the most interesting eateries around Manhattan, but also Brooklyn, Queens and the Bronx.

ISBN: 978-174117713-8

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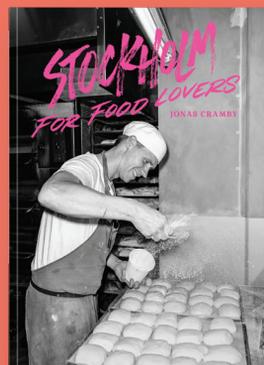
Stockholm for Food Lovers

Jonas Cramby

August 2020
ISBN 9781741177145
TRV009120
\$19.99 | Paperback
160 pages | 6.3 × 8.7 in
Full color photography throughout

A new foodie guide to Stockholm featuring diverse and affordable places to eat at in Sweden's capital.

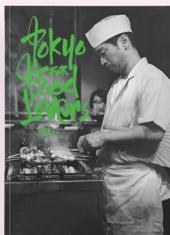
In the past, Stockholm's food scene didn't come close to rivaling the likes of nearby Copenhagen with its NOMA effect. In Stockholm, dining out was something mostly for the upper classes, while the city's pub or bar culture is affected by the high tariffs on alcohol. But Stockholm's food scene is changing—for the better. Almost every week a new wine bar, coffee roastery or craft bakery opens, and Stockholmers themselves are eating out much more. There are also more exciting and affordable cuisines on offer, with influences from all around the world. *Stockholm for Food Lovers* is a book featuring the very best of this emerging restaurant culture, which is being created right now, before our very eyes. The reviews cover street food like pizza and kebabs, wine bars and cocktails, as well as where to go for modern Swedish cuisine or fika—the Swedish concept of a coffee break.



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Berlin Pocket Precincts

Julian Tompkin

September 2020

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TRV009060

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Berlin is a city that's eternally evolving. As well as the urban precincts of Neukölln, Kreuzberg and Friedrichshain, there's the emerging and gritty cultural epicenters of Wedding and Moabit, stacked with retro Berliner eateries, fringe galleries and some of the city's most pulsing nightlife. *Berlin Pocket Precincts* is your curated guide to the city's best cultural, shopping, eating and drinking experiences, and its most accessible and budget-friendly choices. Each precinct takes in one or more of Berlin's traditional districts with insider reviews of both outstanding attractions and hidden gems, as well as easy-to-use maps. A selection of field trips also encourages you to venture further afield to Potsdam and Dresden.

Bali Pocket Precincts

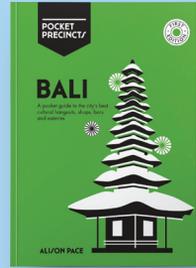
Alison Pace

September 2020
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208 pages | 5.1 x 7.2 in
Full color photography throughout

Bali is known for its tumbling rice paddies, colorful culture and world-class surf. But delve deeper and you'll discover that every area of the island has its own distinctive personality. Artistic Ubud is home to centuries-old temples, yoga shalas galore and some of the most inventive plant-based restaurants in the world. On the south coast, Seminyak is all about designer boutiques and vibey beach clubs with swim-up bars and sunset soundtracks. Head north and volcano bagging, rice-terrace trekking and exceptional scuba diving all become possibilities.

Yet on top of all this, Bali's popularity as a holiday destination is due, at least in part, to the remarkably warm nature of the locals. Their magical living culture is palpable around every corner, from the incense-infused offerings to the elaborate temple ceremonies. And tourists are welcomed with open arms. *Bali Pocket Precincts* is your curated guide to the island's best cultural, shopping, spa and dining experiences. As well as detailed reviews and maps for major attractions through to hidden gems, this guide includes a selection of field trips that encourage you to get off the beaten path and visit areas further afield including North Bali and the neighboring island of Lombok.

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ISBN: 978-174117679-7



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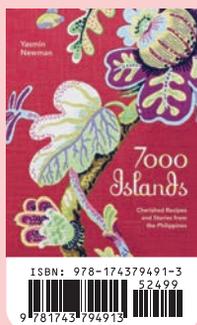
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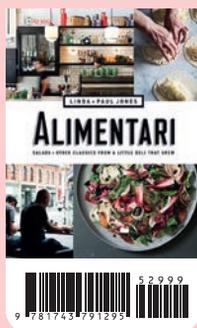
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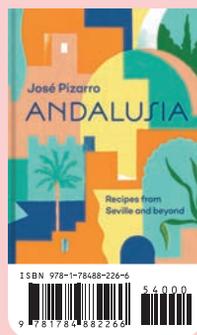
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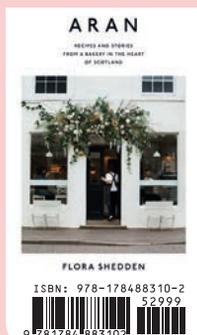
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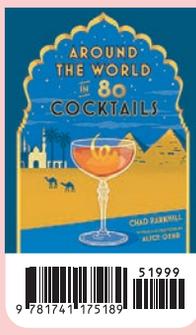
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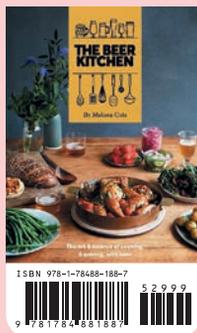
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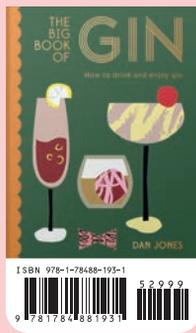
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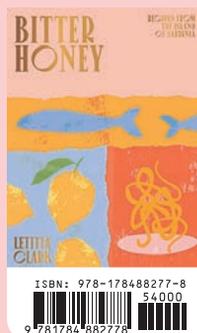
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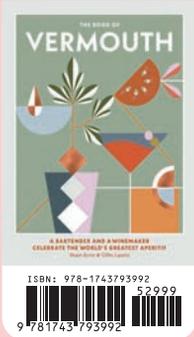
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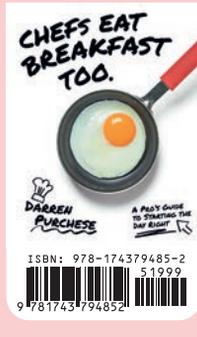
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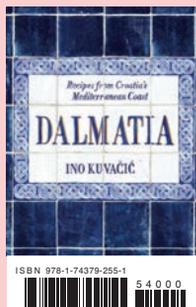
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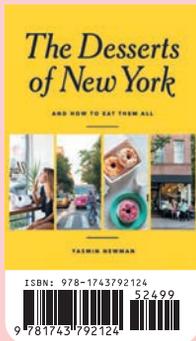
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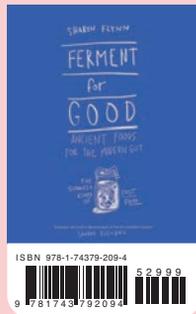
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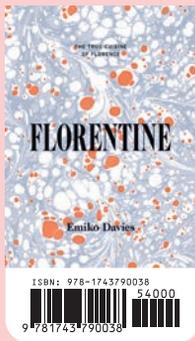
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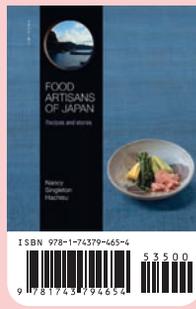
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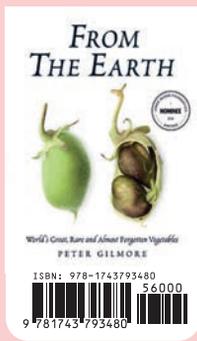
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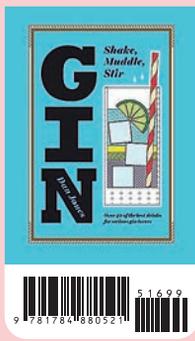
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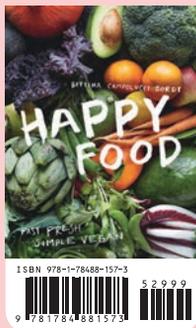
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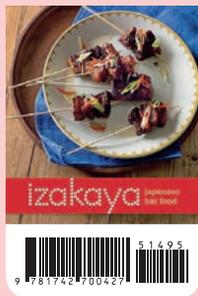
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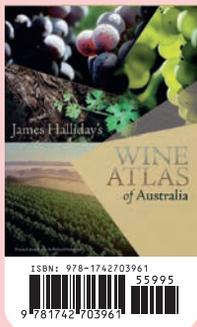
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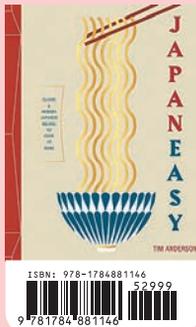
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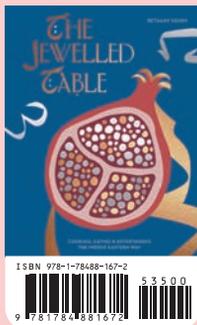
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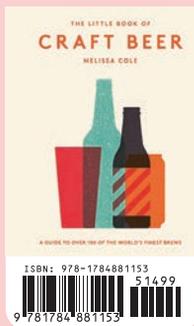
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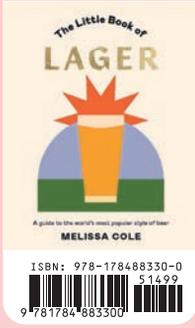
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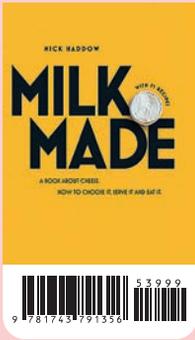
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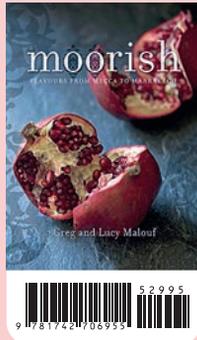
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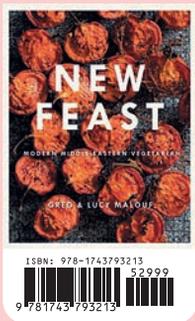
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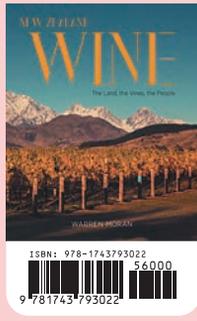
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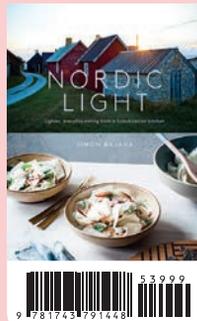
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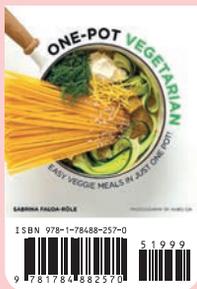
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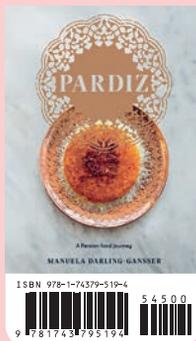
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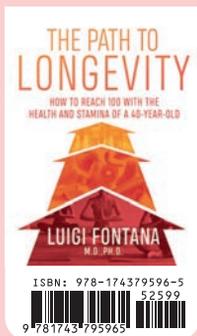
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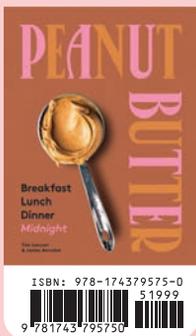
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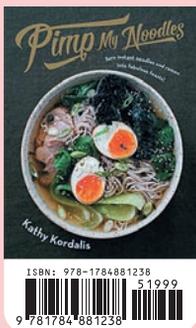
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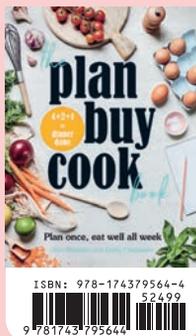
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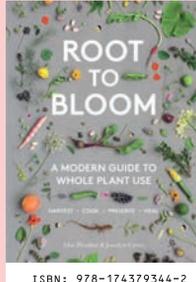
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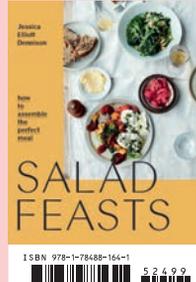
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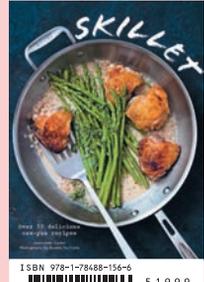
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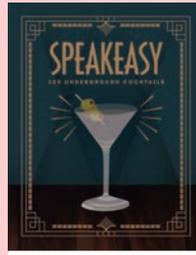
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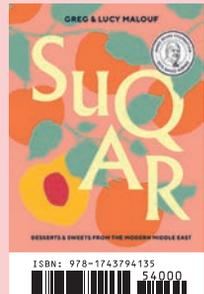
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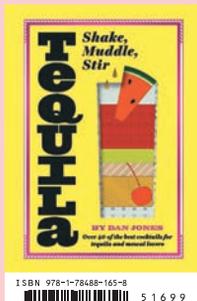
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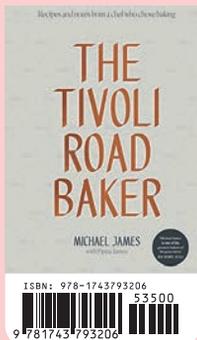
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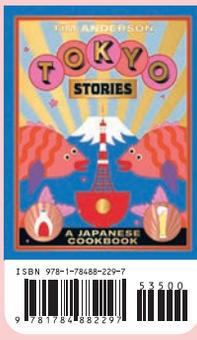
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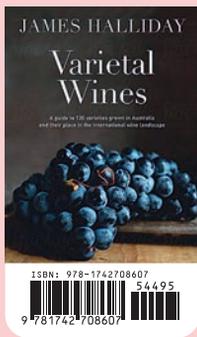
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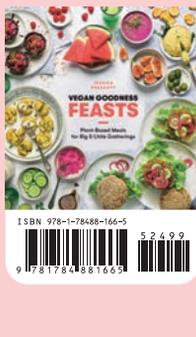
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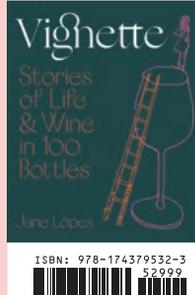
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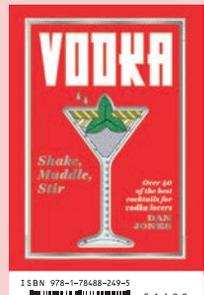
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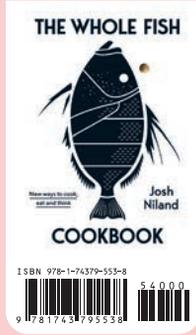
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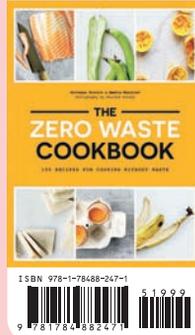
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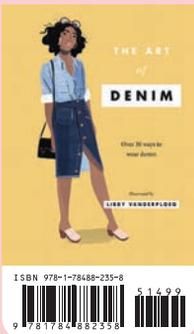
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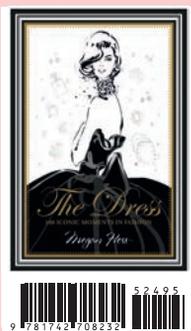
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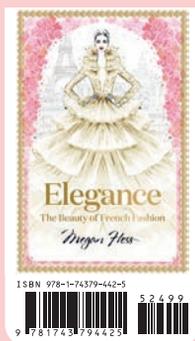
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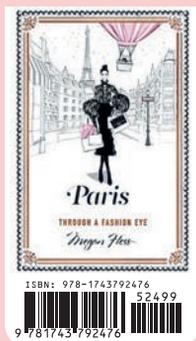
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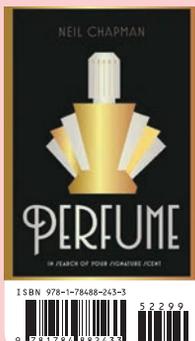
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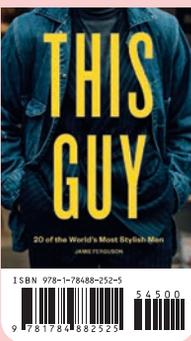
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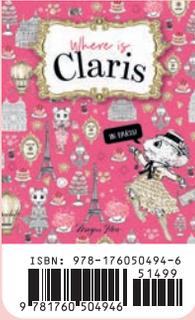
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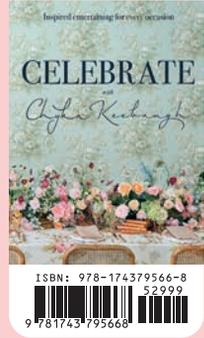
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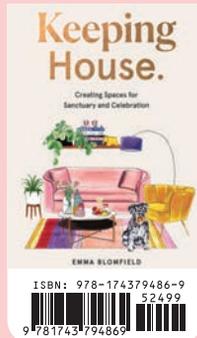
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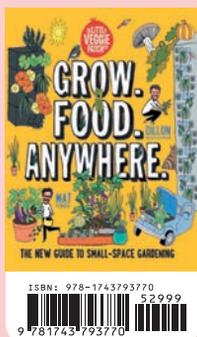
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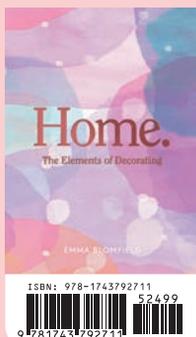
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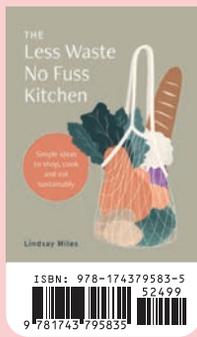
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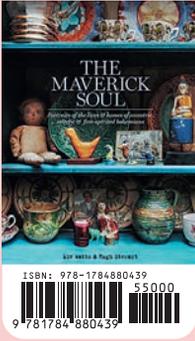
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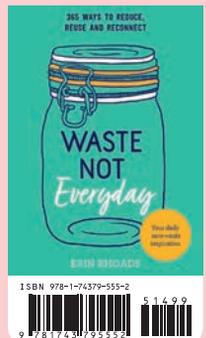
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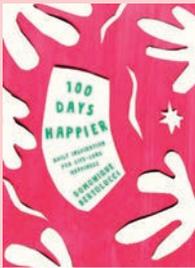
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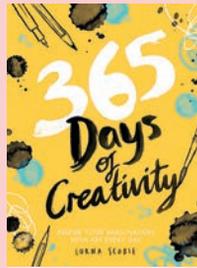
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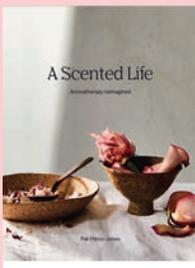
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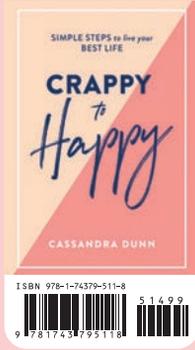
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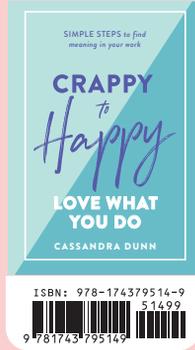
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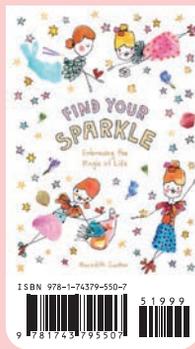
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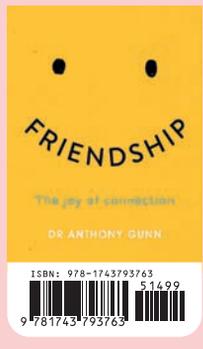
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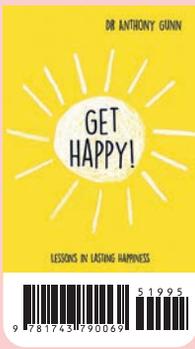
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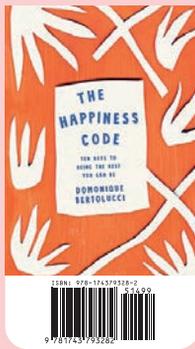
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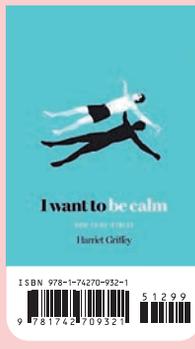
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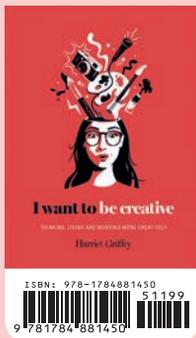
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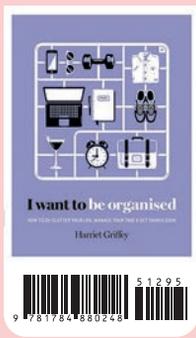
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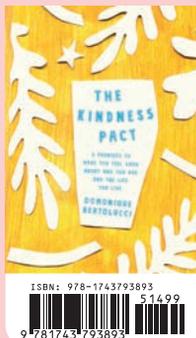
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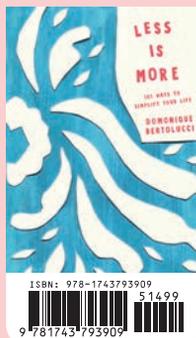
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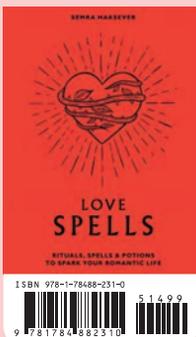
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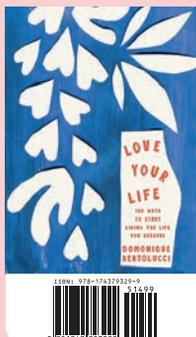
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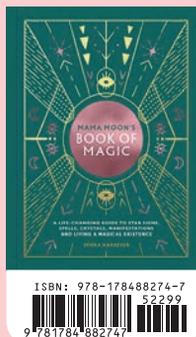
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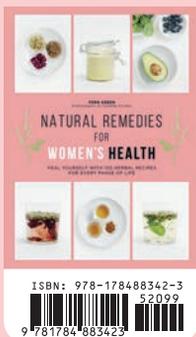
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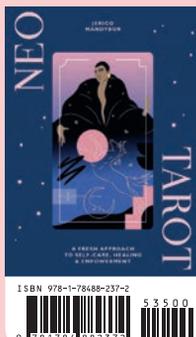
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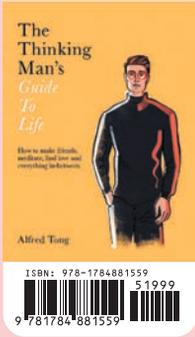
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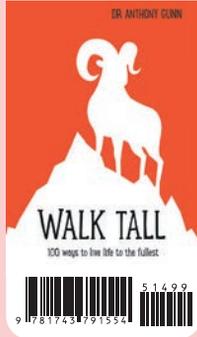


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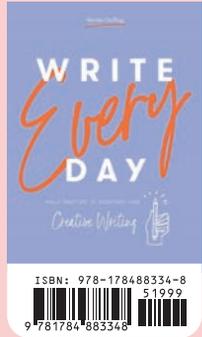


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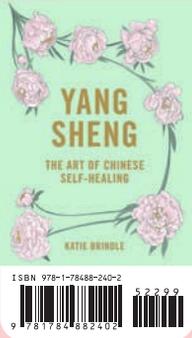


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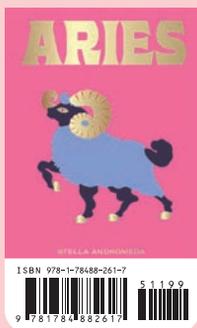
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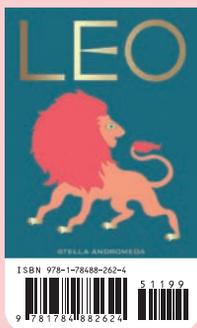
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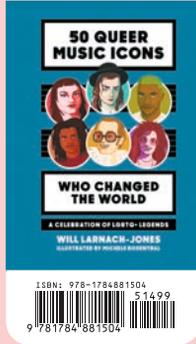
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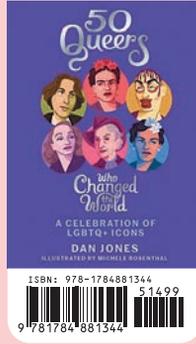
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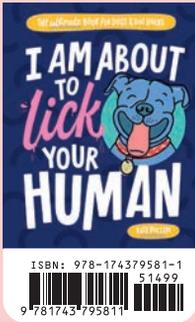
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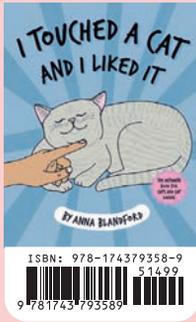
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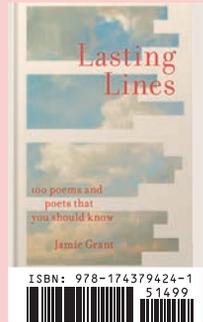
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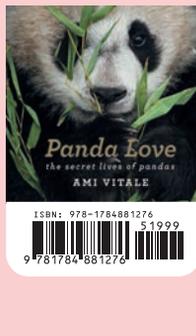
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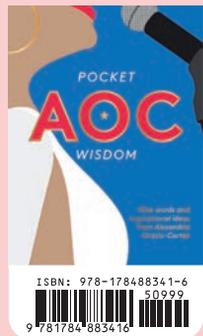
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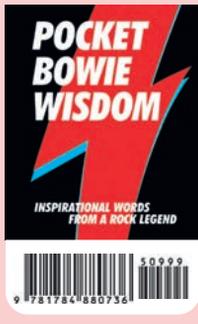
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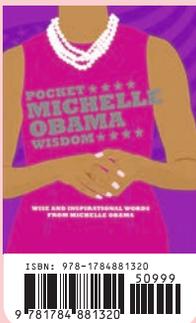
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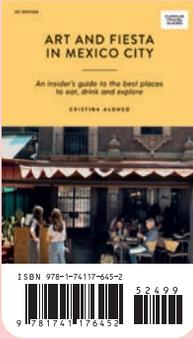
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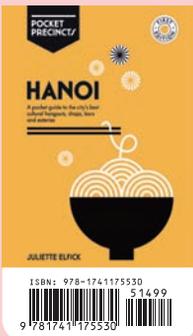
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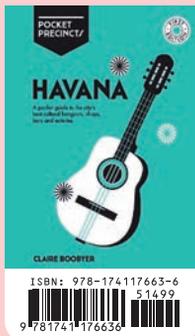
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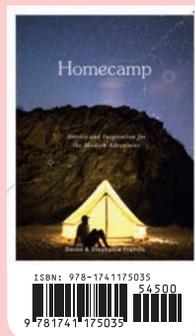
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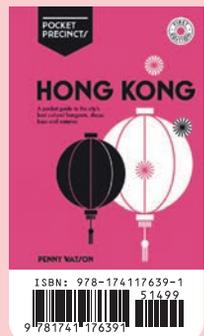
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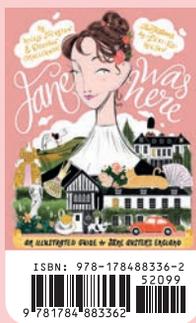
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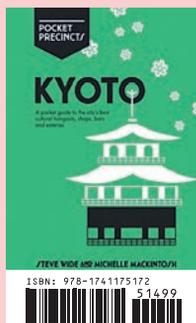
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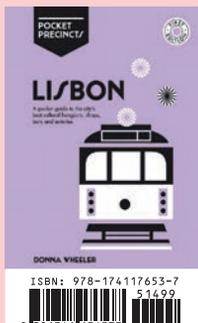
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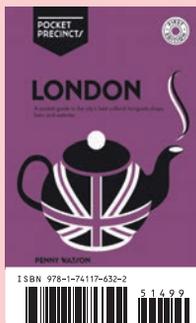
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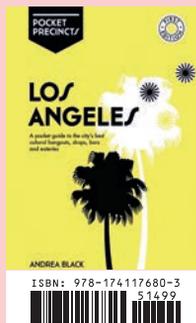
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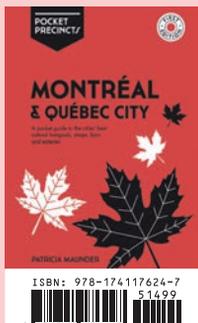
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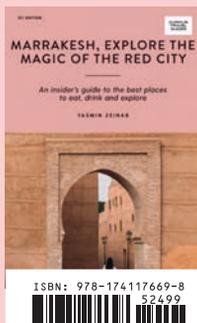
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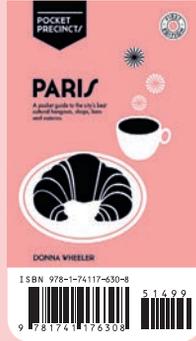
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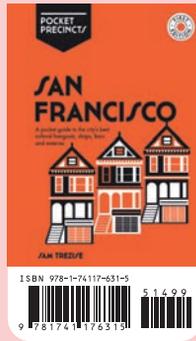
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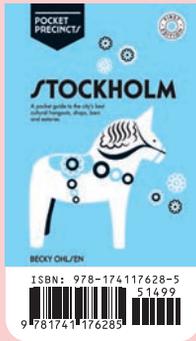
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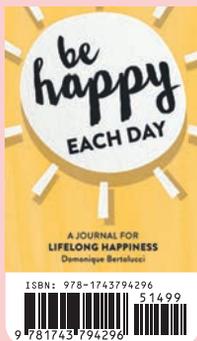
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