



Integrative Wellness Rules:
A Simple G...

Jim Nicolai, Andrew Weil
Paperback | \$15.95
Self-Help
272 pages
Hay House
Jan 2, 2014
Ctn Qty: 24

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Learning to Silence the Mind: Wellness...

Osho
Paperback | \$18.50
Body, Mind & Spirit
192 pages
St. Martin's Press
Aug 21, 2012
Ctn Qty: 40

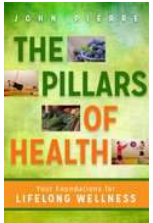
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One Spirit Medicine: Ancient Ways to U...

Alberto Villoldo
Hardcover | \$34.99
Body, Mind & Spirit
240 pages
Hay House
May 5, 2015
Ctn Qty: 12

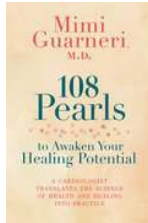
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The Pillars of Health: Your Foundation...

John Pierre
Hardcover | \$36.95
Health & Fitness
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Hay House
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Ctn Qty: 12

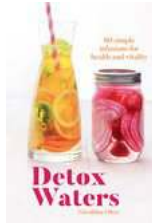
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108 Pearls to Awaken Your Healing Po...

Mimi Guarneri
Hardcover | \$36.99
Medical
264 pages
Hay House
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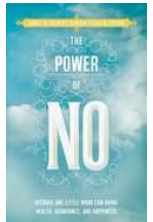
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Detox Waters: 80 Simple Infusions for ...

Geraldine Olivo
Paperback | \$16.99
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128 pages
Quadrille Publishing c/o Chronicle Books
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The Power of No: Because One Little Wo...

James Altucher, Claudia Azula
Altucher
Paperback | \$14.95
Body, Mind & Spirit
240 pages
Hay House
Jul 15, 2014
Ctn Qty: 24

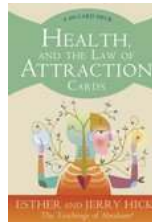
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Crazy Sexy Juice: 100+ Simple Juice, S...

Kris Carr
Hardcover | \$37.99
Health & Fitness
328 pages
Hay House
Oct 20, 2015
Ctn Qty: 12

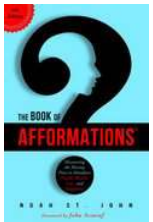
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Health, and the Law of Attraction Ca...

Esther Hicks, Jerry Hicks
Cards | \$15.95
Body, Mind & Spirit
Hay House
Apr 1, 2010
Ctn Qty: 40

9781401924201



The Book of Affirmations: Discovering ...

Noah St John, John Assaraf
Hardcover | \$27.95
Self-Help
264 pages
Hay House
Aug 27, 2013
Ctn Qty: 12

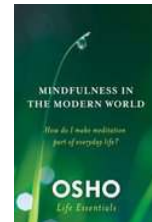
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Green Kitchen Smoothies: Healthy and C...

David Frenkiel, Luise Vindahl
Hardcover | \$27.99
Cooking
144 pages
Hardie Grant - Chronicle Books
Aug 22, 2016
Ctn Qty: 20

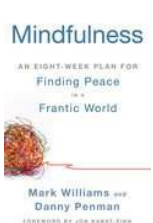
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Mindfulness in the Modern World: How D...

Osho Life Essentials
Osho
Paperback | \$18.99
Body, Mind & Spirit
272 pages
St. Martin's Press
Apr 8, 2014
Ctn Qty: 28

9780312595517



Mindfulness: An Eight-Week Plan for Fi...

Mark Williams, Danny Penman, Jon Kabat-Zinn
Paperback | \$19.50
Body, Mind & Spirit
288 pages
Rodale Books
Nov 13, 2012
Ctn Qty: 44

9781609618957



The Coloring Book of Mindfulness: 50 Q...

Quadrille Publishing, Holly MacDonald
Paperback | \$20.95
Games & Activities
96 pages
Quadrille Publishing c/o Chronicle Books
Jan 5, 2016
Ctn Qty: 30

9781849497305

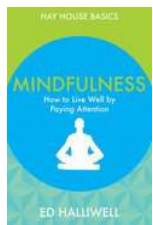


One-Minute Mindfulness: How to Live in...

Simon Parke
Paperback | \$20.99
Self-Help
222 pages
Hay House
Jun 1, 2015
Ctn Qty: 32

9781781804964





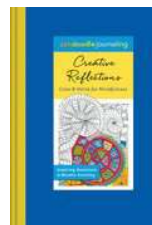
Mindfulness: How to Live Well by Payin...
Hay House Basics
 Ed Halliwell
 Paperback | \$22.50
Body, Mind & Spirit
 240 pages
 Hay House
 Jan 5, 2015
 Ctn Qty: 30

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The Little Book of Mindfulness: Focus...
 Tiddy Rowan
 Hardcover | \$13.99
Body, Mind & Spirit
 192 pages
 Quadrille Publishing c/o
 Chronicle Books
 Sep 1, 2015
 Ctn Qty: 80

9781849494205



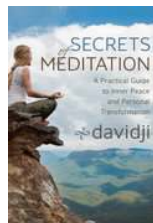
Zendoodle Journaling: Creative Reflect... Zendoodle Coloring
 Aimee Chase
 Hardcover | \$20.99
Self-Help
 128 pages
 St. Martin's Press
 Sep 27, 2016
 Ctn Qty: 44

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The Yoga Kitchen: Over 100 Vegetarian ...
 Kimberly Parsons, Lisa Cohen
 Hardcover | \$35.99
Cooking
 192 pages
 Quadrille Publishing c/o
 Chronicle Books
 Jan 3, 2017
 Ctn Qty: 12

9781849498999



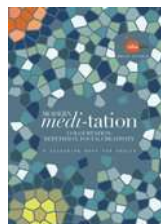
Secrets of Meditation: A Practical Gui...
 davidji
 Paperback | \$22.50
Body, Mind & Spirit
 221 pages
 Hay House
 Aug 31, 2012
 Ctn Qty: 24

9781401940300



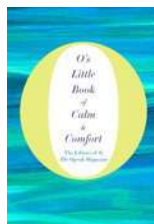
Invitation to Meditation: How to Find ...
 Howard Cohn, Jack Kornfield
 Hardcover | \$20.95
Self-Help
 120 pages
 Chronicle Books
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 Ctn Qty: 48

9781452144344



Modern Meditation: Coloring For Focus ...
 Stan Rodski
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Games & Activities
 96 pages
 Hardie Grant - Chronicle
 Books
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 Ctn Qty: 30

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O's Little Book of Calm & Comfort
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 The Oprah Magazine O
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 192 pages
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 Ctn Qty: 28

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Meditation: Coming to Know Your Mind
Hay House Basics
 Matteo Pistono
 Paperback | \$22.50
Body, Mind & Spirit
 200 pages
 Hay House
 Oct 3, 2017
 Ctn Qty: 24

9781781808627



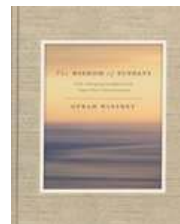
Mindfulness: Weekly Planner
 Holly MacDonald
 Other | \$18.99
Non-Classifiable
 104 pages
 Quadrille Publishing c/o
 Chronicle Books
 Aug 15, 2017
 Ctn Qty: 40

9781849499873



Mindfulness: Origami Set
 Holly MacDonald
 Other | \$18.99
Crafts & Hobbies
 Quadrille Publishing c/o
 Chronicle Books
 Aug 15, 2017
 Ctn Qty: 60

9781849499880



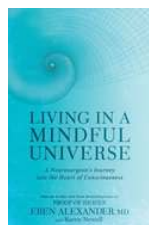
The Wisdom of Sundays: Life-Changing I...
 Oprah Winfrey
 Hardcover | \$38.99
Body, Mind & Spirit
 240 pages
 Flatiron Books
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Deep Listening: A Healing Practice to ...
 Jillian Pransky
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 288 pages
 Rodale Books
 Oct 10, 2017
 Ctn Qty: 20

9781623368562



Living in a Mindful Universe: A Neuro...
 Eben Alexander, Karen Newell
 Hardcover | \$24.99
Body, Mind & Spirit
 208 pages
 Rodale Books
 Oct 17, 2017
 Ctn Qty: 20

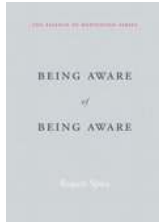
9781635650327



Breathe Like a Bear: Mindful Moment...
 Kira Willey, Anni Betts
 Paperback | \$17.50
Juvenile Nonfiction
 96 pages
 Rodale Books
 Dec 5, 2017
 Ctn Qty: 1

9781623368838





Being Aware of Being Aware
Sahaja Publications Essence of Meditation
 Rupert Spira
 Paperback | \$20.95
Self-Help
 128 pages
 Sahaja Publications
 Oct 1, 2017
 Ctn Qty: 20

9781626259966



Beyond Mindfulness: The Direct Approach...
 Stephan Bodian, John J Prendergast
 Paperback | \$23.95
Self-Help
 144 pages
 New Harbinger Publications
 Sep 1, 2017
 Ctn Qty: 20

9781626259720



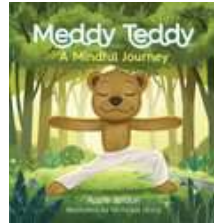
The Art of Stopping Time : Practical Mi...
 Pedram Shojai
 Hardcover | \$24.99
Self-Help
 224 pages
 Rodale Books
 Oct 24, 2017
 Ctn Qty: 48

9781623369095



O's Little Guide to the Big Question...
O's Little Books/Guides
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 Hardcover | \$23.50
Body, Mind & Spirit
 192 pages
 Flatiron Books
 Jan 2, 2018
 Ctn Qty: 28

9781250070128



Meddy Teddy: A Mindful Yoga Journey
 Apple Jordan, Nicholas Hong
 Hardcover | \$20.50
Juvenile Fiction
 32 pages
 Rodale Books
 Jan 16, 2018
 Ctn Qty: 1

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